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ETERNALLY SURPRISING

Ed's letter

Some years ago when I started this job, an elderly lady called me to say that she'd been watering the plants at the bottom of her garden when she saw a gorilla in the shrubbery. "It scared the life out of me," she said.

I was doubtful – Lanzarote is not known for its great apes - but she seemed quite convinced, so I said I'd keep an eye out for further reports of any wild gorilla sightings. Later that day, the local news reported that a large male chimpanzee had been recaptured after escaping from a private house where it had been kept.

Lanzarote always has a surprise up its sleeve. I've seen an owl in Arrecife, sat in a bar full of lawyers dressed as vampires during carnival and met an old schoolmate on a volcano. Almost every week brings something new and unexpected.

This month we visited Costa Tegui for our special feature, and I was reminded of all the surprises I've had there – swimming with a turtle, seeing

dolphins leaping outside the reef, or seeing the hanging gardens in the Hotel Meliá Salinas for the first time. It may not have the tradition and history of other towns, but it has a beguiling, unique charm all of its own.

This month we also focus on Halloween. It's not a longstanding Lanzarote tradition, but chatting to Tegui's official historian a couple of years ago, I was told the Noche de Finaos (Night of the Deceased), at the same time of year, marks the beginning of a period of remembrance that lasts until after Christmas.

The clocks will go back at around the same time, and we'll be into the mellow, warmth of what passes for winter on Lanzarote, one of the few places in Europe that won't be worrying about its heating bills.

Enjoy October, and watch out for those gorillas.

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THE END OF AN ERA



LANZAROTE CHANGED A LITTLE ON THURSDAY, SEPTEMBER 8TH, AS NEWS OF THE DEATH OF QUEEN ELIZABETH II REACHED THE ISLAND. FOR BRITISH RESIDENTS AND MANY MORE ON THE ISLAND IT WAS, QUITE LITERALLY, THE END OF AN ERA.

Reports that the Queen was under medical supervision began to filter out at lunchtime, but it became clear that something unusually grave was happening when the BBC ceased normal programming to report non-stop on the 96-year-old monarch's condition.

At 6.30 pm, following an afternoon of concern and speculation, the official announcement was made of the Queen's death, and the news spread like wildfire via millions of WhatsApps, Tweets and text messages.

Spaniards and other nationalities on Lanzarote were as shocked by the news as British residents and tourists. Elizabeth II was, without any doubt, the most famous monarch in the world, a steady fixture in public life for over 70 years. Known officially as Isabel II in Spain, her life and that of her family have been staples of the country's celebrity press for decades.

The Cabildo of Lanzarote offered its condolences, issuing a communication in both Spanish and English and offering "our support to all the British residents on Lanzarote for this loss." Princess Alexia of Greece and Denmark, who lives on Lanzarote and

"THE WORLD WAS SHOCKED AND SADDENED."

spent her childhood in London, also offered her sympathies. In Las Palmas, the British Consulate opened a book of condolences.

The official proclamation of King Charles III took place on Saturday 10th of September, although the seamless nature of British succession means that he had been King for two hours before his country knew it – his "darling Mama" had passed away at 4.30 pm.

The Queen's death will mean few practical changes for British citizens on Lanzarote. Newly issued passports in the future will have a slightly different wording, and new coins and banknotes bearing the image of Charles III will come into circulation.

Instead, the main impact is likely to be emotional. Elizabeth II accompanied the UK through 70 years of constant change, a steady presence whose unflappable calm and steely sense of duty never wavered. Most Britons have never known another monarch, and many will take time to get used to her absence.

LOCAL NEWS

FUND OUR FERRY FARES

Teachers at La Graciosa's primary school have appealed for free ferry travel due to the fact that tourism has raised rents, leaving "no possibilities of living on the island."

"Any realistic possibilities of living on La Graciosa are extremely expensive," say the teachers "In addition to other factors, such as family situations, this means we

have to commute to the eighth island every day."

The teachers complain that, in addition to ferry fares, which have risen by 10% this year, they also have to pay for petrol to reach the ferry port at Órzola.

They have called for the Canarian Education Council and the Cabildo to subsidise teachers' ferry fares.



TORRES TO STAND AGAIN



Ángel Víctor Torres, the Canarian President, has announced that he intends to present himself as candidate for re-election in next May's elections.

Speaking in his capacity as the General Secretary of the Canarian PSOE (Spanish Socialist Party) in Tenerife, Torres announced that "In May 2019, the Socialists arrived in the government of the Canaries to start a change of cycle, to do things another way, to create a better Canaries than we took over."

With no majority, Torres came to power in 2019 as a result of the "Pact of the Flowers", a coalition between the Socialists and three smaller parties that removed the Coalición Canaria from power for the first time since the mid-90s.

TO MANCHA BLANCA!

Thousands of islanders converged on Mancha Blanca last month to celebrate the first pilgrimage in honour of the Virgen De Los Dolores for three years.

On a cool, cloudy morning that made the going a little easier, they set out from all directions, on foot, on donkeys, in wagons; and the church of "Our Lady of the Volcanoes" was waiting for them, surrounded by fairground rides, food stalls and the marquees of the craft fair.

Among the pilgrims was Canarian President Ángel Víctor Torres, dressed in Gran Canarian costume, and accompanied by the President of Lanzarote's Cabildo, María Dolores Corujo. All seven of the island's Mayors also attended the event.

At 7pm, the image of the virgin was taken from the church and paraded – a moving moment after which the partying began in earnest.

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ROSANA RECOGNISED



Arrecife singer/songwriter Rosana Arbelo was officially named as Favoured Daughter of Arrecife last month in an event at the recently-renovated Isote de la Fermina.

Rosana was born the youngest of eight children in Arrecife in 1963, later moving to Madrid where she performed in small venues until her breakthrough. Her debut album, Lunas Rotas, became a massive international hit, launching her as one of Spain's most popular singer/songwriters.

Rosana finished her speech saying "I am super-proud to be from this town. Of all my heartbeats, one in eight happened here."

EYECATCHING OVERHAUL

Playa Honda's Civic Centre has received a radical facelift, with a striking monochrome mural that covers the whole building.

The centre, on Calle Fragata, was previously white, but San Bartolomé Ayuntamiento's Culture Department hired the Lanzarote graffiti artist Matías Mata García, aka Sabotaje Al Montaje to paint the new mural.

The eye-catching abstract mural covers the whole facade of the building and has been painted in black, white and grey to reflect municipal rules in the town. Many of the shops in Playa Honda's industrial zone have also removed coloured signs and adopted the same monochrome colour scheme recently.



LOCAL POLICE AGAINST VIOLENCE

Arrecife's Local Police now has a Family and Children Unit that will specialise in cases of domestic and gender violence.

Specially-trained officers assigned to the unit will monitor cases of domestic and gender violence, and intervene to protect the victims.

The establishment of the unit follows an order

from Spain's Ministry of the Interior earlier this year, which incorporates Local Police into a comprehensive national strategy against domestic violence (National Police have had similar units for several years).

The officers in the unit attended a meeting in August, where strategies and tactics were planned with specialists from the National Police, the State Delegation and the sub-commissioner of Arrecife's Local police.

HARVEST HOME

Lanzarote's 2022 wine harvest has exceeded expectations, despite the lack of rain and the calimas on the island this year. The total of 1,900,000 kilos of grapes harvested almost matches last year's harvest.

Although the amount of grapes has been encouraging, the Council warned that their quality may have been affected by calimas, which cover plants in dust and prevent correct functioning of leaves.

"This can be seen in the grapes from Tinajo," said the council, "Which are smaller, with less juice. Those in La Geria have not been affected so much as there are fewer plants for every irrigated zone."

There has been huge demand for grapes this year, with growers able to ask as much as €3 per kilo for their crops. Meanwhile, wine growers have asked for special measures to water their plants this autumn, as severe drought conditions continue to affect Lanzarote.

BUS DISCOUNTS

In September, the Cabildo of Lanzarote launched a series of bus card discounts to encourage the use of public transport and save fuel in the face of increasing prices. The discounts will apply to card users – normal fares paid for on the bus will not be reduced. 50% discount will apply on Lanzarote bus cards for residents, young people,

students, the disabled, the unemployed, pensioners and members of large families. Discounts will automatically be applied to these cards.

Workers who can show they use the bus to get to their workplace 20 or more times a month will be entitled to free transport. This requires a special application at the central bus station in Arrecife or on www.arrecifebus.com.



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ISLAND INFO

ANNUAL ONLINE ADVENT CALENDAR COMING SOON...

Last Winter we organised our very own Online Advent Calendar in which we gave away daily presents to residents and tourists on Lanzarote during the month of December.

The response was amazing, and we had great fun seeing the winners

collect their stunning prizes.

The Advent Calendar will be making a return this year – you won't want to miss it.

Make sure to follow us at facebook.com/gazettelifelandarote this Winter to take part.

SPOOKTACULAR!



There'll be ghosts, zombies, witches; a fantastic Texas buffet, live music and performances and fancy-dress competitions.

It's such a popular night that Rancho Texas are running two of them; one on Friday October 28th and another on Halloween night itself, Monday the 31st.

Tickets are available now at €50 for adults (€41 residents), and children €30 (Residents €25). Book online at www.ranchotexaslanzarote.com

Rancho Texas's Halloween Evening is probably the most popular and well-known Halloween event on Lanzarote – an absolute must for anyone who fancies getting dressed up in something spine-chilling and having a splendidly spooky time.

DRIVING LICENCE UPDATE

At the time of writing (September 15th) there has been no further update on the progress of the agreement to permit resident drivers to use UK-issued driving licences on Spanish roads. The last update from the British Embassy was issued in late August.

The current situation is that an agreement has been reached and will be effective once the drafting and approval of the necessary laws is done. Until then, any resident of any nationality using a UK-issued driving licence is unable to circulate in Spain (tourists and visitors are permitted to do so).

For further information, go to the Brits In Spain Facebook page.

GIRL GUIDING EVENTS

Sally Sheriston has contacted us to announce that the Girl Guides will be holding a Halloween Minute to Win It contest on Friday 28th October 2022, 7pm at Bar Arena (next to Finchy Fitness gym in Playa Blanca). A fun-filled family evening based on a Halloween theme. €10 per team, teams of 4 - 6 people.

Also, make a note in your diaries for the Christmas Fair on 17th December 2022 from 12 -6pm. If anyone would like to book a stall, then please contact Sally on 670 690 085 Stalls are 10 Euros plus a donation towards a raffle prize. Limited tables available.

CLOCKS GO BACK

Just a reminder that the clocks go back one hour at 2 am on Sunday 30th October. This means you'll get an extra hour of sleep, but darkness will fall an hour earlier.

The Canary Islands remain on

the same time zones and seasonal adjustments as the United Kingdom and Ireland (although you may find your mobile jumping forward an hour after a flight over +1 time zones in mainland Europe).

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OCTOBER DISCOUNTS & GIVEWAYS!

In this issue for Gazette Life readers.

Inside front cover: Indian Delights
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Pg 9: FIA Discounts For Loyal Clients And New Customers.

Pg 20: Crossword prizes! La Gería wine & €10 Hankey Panky's voucher.

Pg 25: Txao Jewellery Shop
40% Off Festina Watches.

Pg 37: Indian Aroma 20% Discount On Food.

Pg 43: Hand Art Studio 20% Discount On All Hands Made Until The End Of December.

Pg 43: Property Of 30% Off Sale Products.

pg 50: Smile Vet Special Offers.

Pg 65: Muebles San Simón Special Offers.

Pg 73: Futuro Special Gazette Discount.

ANGLICAN CHURCH

Marilyn Forder, the new secretary of the Anglican Church in Lanzarote, has contacted us to confirm that services will continue as usual in October, every Sunday at 12.30 in Puerto del Carmen and in Playa Blanca at 5pm. Everyone is welcome.

DOG AND CAT OF THE MONTH

Luis is a lovable boy. This 20-month-old male Pastor-mix was found abandoned at the Arrecife dump, but this trauma hasn't affected his personality. He's friendly and inquisitive and loves going out for walks. Have you got a Luis-sized space in your home? Find out more about him at <http://saraprotectora.org> or book an appointment on 928 173 417 (English spoken). Dog walkers welcome from 10.30 13.00 Monday-Saturday (Saturday by appointment only). If it is your first visit, please bring ID.

Bomber is a charming, friendly male cat. He has been at SARA since he was a kitten and is now 16 months old. This handsome young chap needs a home and a family to call his own. He will make a wonderful feline companion. Bomber is available now from SARA. Find out



how to meet him and about adoptions at <http://saraprotectora.org>.

There are also limited places for people to help with socialising cats.

Email info@sara-lanzarote.eu.

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THE WATERWORKS

Lanzarote's water supplies found themselves at full stretch in late summer, and it's becoming increasingly clear that huge investment is required in the system.



Lanzarote's main desalination plant

In late August, a power cut at the desalination plant near Arrecife left most of the island without water for several hours. High consumption due to sweltering heat and the volume of tourists on the island meant that deposits were low and, although the problem was fixed rapidly, it showed just how vulnerable the system can be to technical problems.

Meanwhile, the island's water utility, Canal Gestión, had to import large containers of water to La Graciosa after leaks appeared in the water pipe supplying the island. The leaks were fixed, but Canal Gestión warn

that the pipe is on its last legs and must be replaced soon.

This pipe is not the only one that has sprung a leak. In 2021, Canal Gestión only issued invoices for 42% of the 27 million cubic metres of water produced on Lanzarote. The rest is accounted for by leakage or possible fraud.

The island's Water Consortium, an all-party committee of local politicians that sets water prices and is responsible for investment and infrastructure, estimates that at least €60 million is required to tackle the problem, and

it is unclear where this money will come from. The longer the delays, the older and more unfit for purpose the island's water supply becomes.

Meanwhile, Canal Gestión are persistently asking for the Consortium to increase water tariffs. Annual rises are included in the supply contract, but the Consortium has resisted applying them, incurring a debt of at least €3 million. With local elections taking place next May, an estimated price rise of 20% will be an unpopular move for politicians.

The issue is not helped by the increase in fuel prices. The desalination plants on the island account for a significant proportion of the energy used on the island, and because of Lanzarote's woeful record on renewables, over 90% of that energy is provided by burning fuel oil and diesel.

A SHAMEFUL HISTORY

Canal Gestión took on Lanzarote's water supply in 2013, after the public utility Inalsa had gone into receivership.

A court described the Water Consortium's management of Inalsa as "appalling" and ordered the members of the board to pay back losses from their own pocket.

The shocking prospect of politicians having to pay for their errors was resolved when Canal Gestión arrived to take over the existing debts. Ex-Cabildo President Pedro San Ginés described Canal's investment of €56 million in 2013 as a "blessing". However, the problems of Lanzarote's water supply continue, debts mount and the pipes continue to deteriorate.

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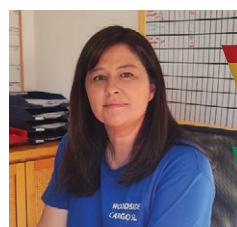


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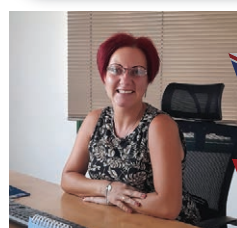
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CRAFT CELEBRATION

Lanzarote's crafters and artisans converged on Mancha Blanca last month for the biggest date in their calendar, and one of the most important craft events on the Canaries. We visited the Mancha Blanca Craft Fair and spoke to some of the stallholders there.



Gisela Serra's sample book

The Craft Fair is one of the main attractions during the Fiestas de Los Dolores – the most important of Lanzarote's summer festivals. For three years, Covid restrictions have put a stop to this huge event, but the crowds were back again this year.

The Craft Fair is held in a large marquee located next to the church in Mancha Blanca. On your way there you'll pass a statue of Doña Dorotea, the woman who revived pottery on Lanzarote and made the "Novios del Mojón" fertility symbols an emblem of the island.

Entering the marquee, you immediately find yourself in front of examples of Lanzarote's most famous traditional crafts- the pretty embroidered rosettes that decorate tables, walls, and costumes; the rough pottery made from clay from the cliffs of Famara; the palm-weaving that can create items as tough as a log basket and as fine as a delicate bonnet.

Montse Selva proudly shows off the gorgeous fabrics

that she weaves at her studio in Tinajo. Light, but sturdy, with beautiful geometric patterns that she calls a "universal language", the textiles have a subtle, rich beauty that perfectly matches Lanzarote's natural landscapes.

Gisela Serra's fabrics also reflect the gentle beauty of Lanzarote's rural interior. She uses natural dyes from cochineal, onion, fleabane, carrots, and other natural products to create lovely delicate silk, linen, and cotton garments.

Altogether more substantial are the glossy wooden carvings of Ángel Ossorio, a woodworker who has come to Lanzarote from his home in the beautiful valley of Herminia in La Gomera. He specializes in percussion instruments, and his wife shows the chacaras that he has made – heavy castanet-style clackers. He also creates mortars, pestles and chopping boards, all as practical as they are beautiful.

There are some flashes of real innovation and



The statue of ceramicist Doña Dorotea



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'REJOICE IN THE LORD'

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Montse Selva displays a shawl



Palm-woven hats by María Luisa Guillén



Felip Martín's wooden loudspeakers

brilliance on display at the Craft Fair. Felip Martín, for example, is a young luthier who started out making unique guitars and timples, before using his knowledge of acoustics to create natural wood loudspeakers for mobile phones. Just drop your phone in the slot and the sound is amplified – it's an idea that won his company Estow Studios a place as finalist in the NY Now gift fair in New York City last year.

Another stall displays amazing lampshades created entirely from the sort of plain cardboard that packaging boxes are made of. The contours of the corrugations are cut to create beguiling, fluid patterns, and the only materials are recycled cardboard, glue, and a little paint.

Recycling is a common theme throughout the fair, with several stallholders using waste or found materials to create works of art.

There are also familiar faces here, too Las Chuchis is a fashion business started by La Graciosa resident María Jesús Páez. The La Graciosa fisherman's shirt is a well-known garment that was often worn by César Manrique, but María Jesús has given it a twist by making it out of vivid patchwork. The resulting garments are unmistakable and are rapidly becoming a symbol of the island.

María Luisa Guillén is one of the younger crafters keeping island traditions alive. Her hand-woven hats are genuine items of beauty, and she explains how the shapes vary from the more traditional broad-brimmed Lanzarote style to the bucket-shaped hat that is a symbol of La Graciosa. She turns over one hat to display the delicate frame she has created from wheat stalks. Hats like this aren't cheap – you'll pay almost €200 for a good one – but they are unique in the world – each one the product of almost two-weeks of skilled handiwork.

Then there are the stalls where sheer beauty halts you in your tracks and captivates you – Sibisse Fayna, a jeweller from Tenerife, learnt filigree work in Mexico, and now creates intricate treasures of silver and treated copper.

The Craft Fair attracted hundreds of visitors this year, but if you missed it there are several other places where you can discover the skill and ingenuity of Lanzarote on display.

CRAFTS ON LANZAROTE

To discover crafts on Lanzarote, three places are indispensable. First, the Tegüise Market on Sundays is home to several artisans, and you'll find several more studios and workshops in the winding backstreets of the old town.

A trip to Haría on a Saturday morning will also reveal several local craftsmen and women selling their creations in the lovely, tree-lined central square. It's also worth checking Haría's Taller de Artesanía while you're there, situated next to the town food market on C/ La Longuera.

The Monumento del Campesino not only has shops selling craftworks, but several studios and workshops where you can sign up to learn various crafts.

These are by no means the only places – the Cabildo has offered active support to artisans, and Lanzarote is the sort of place where you can bump into beauty and skill by pure accident.

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PLAYA BLANCA SPORT



Ángel Lago

We get a sneak peek at Playa Blanca's impressive new leisure centre, a project which will transform sport and fitness in the southern resort.



The main hall



The pools



The entrance area

Ángel Lago is excited. Yaiza's Councillor for Sports meets me at the back entrance of Playa Blanca's sports pavilion, which is still being constructed.

"This will be the most modern sporting pavilion on the island," he tells me.

Inside, the main elements of the pavilion have already been constructed. It's now just a question of finishing off the works and decorating.

The first room we walk into is the biggest - the main hall - which will have one large court for major events, which can be sectioned off into three smaller courts for basketball, futsal, volleyball, or handball; or one large one. The baskets are already waiting for the thousands of

balls that are due to come their way, and rows of blue seats offer a thousand places for spectators.

There's a large gymnasium, unequipped yet, but that's because the machines will be installed by the company that wins the contract to operate the centre. "We've already had interest, and the successful bidder will be the one who shows that they're not just going to do the minimum." One company has already mentioned installing spa facilities if awarded the contract.

"Swimming pools aren't easy," say Ángel, as we look over the 25-metre adult pool, the kids' pool, and a rehabilitation pool, already tiled and marked. He explains the maintenance costs for pools have seen several pools close in Spain recently, but he's confident the Playa Blanca one will be a success.

The pools will be overlooked by a cardio zone with exercise bikes and rowing machines.

There are several dressing rooms, smaller ones already marked for referees, doping control and sports massage; and larger ones for whole teams.

"We expect construction to be finished in December," says Ángel. "After which the tender for operating the centre will be published. Once the contract is awarded, the winning company will have a few weeks to install equipment."

So, when will the pavilion finally be open to the public? "In May," says Ángel. "Of course, that's when the elections are, too, but the timing is coincidental, not on purpose. We've been waiting for this for years."

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THE WITCH OF Haría

J. Méndez Fotografía

The “Witch of Haría” at nightfall



Lanzarote has a history of witchcraft, but it has little to do with black cats and broomsticks. Instead, the sad case of Lucía de Cabrera highlights a superstitious and fearful past.



The “Witch of Haría” is famous among locals on Lanzarote. Seen from above at night, the town's lights clearly pick out the outline of a witch in pointed hat riding a broomstick.

While the illusion is coincidental, Haría is just one of the Lanzarote towns with a connection to witchcraft. It was the home of Lucía de Cabrera, a 16-year-old black girl who was the victim of a 16th century hunt “against the witches of Lanzarote.”

On the Canaries, witchcraft was usually associated with *curanderas* – women who would claim to heal illnesses and injuries with herbal remedies. The practice was especially associated with single women such as widows, who had no alternative income. Sometimes, remedies claimed to be love potions or to protect against the evil eye, and there was also a strong tradition of fortune telling.

Writer Francisco Fajardo claims that these quasi-



magical practices gave the healers a certain power and influence that could not be tolerated by priests and other clergy, which resulted in the witch hunts. Others, however, claim that the inquisition was the first-time legal processes such as trials were used to stop outbreaks of “witch fever”, when communities would take matters into their own hands.

Witchcraft was often blamed on those on the margins of society– 89% of those accused on the Canaries were poor women and over 50% were black or mixed-race, direct descendants of the slave trade on the island.

Lucía de Cabrera fit the bill perfectly. In 1577 a suspected witch was tortured and gave the names of several other women including 16-year-old Lucía, also rumoured to be a witch, and blamed by various Haría women for the death of their babies.

The teenager was tortured by crushing, using heavy weights, and confessed to making a pact with the devil, sucking the life from newborns and poisoning crops. She later retracted her confession,



claiming she had made it out of fear of further torture, and that she had been drunk on wine she had been forced to consume.

She was taken to the Inquisition's tribunal on Las Palmas and maintained her innocence but died there from the injuries she received in Lanzarote.

HALLOWEEN ON LANZAROTE



Halloween is not a traditional celebration on Lanzarote. In the Canaries, 31st October was the Noche de los Finaos (Night of the Deceased). This ancient tradition is now only found in rural areas and old towns such as Teguise, where a Rancho de Ánimas may parade, playing music on drums, timples, guitars and slithery swords. Traditionally, families would roast chestnuts and older women would tell younger relatives about the bygone generations.



The next day, All Saints Day on November 1st, is a public holiday when families traditionally visit cemeteries.

Pumpkins, trick & treating and other customs are a Scottish/Irish tradition that was exported to the USA, where it took on a life of its own. However, the influence of American culture means that Halloween is celebrated more and more on the island, and you'll soon start to see pumpkins for carving in the supermarkets and scary costumes in the shops.

Canarians love an opportunity to put on fancy dress, so it's a good idea to lay in a supply of sweets (chuches), in case any bands of children knock on your door.

In the resorts, there'll also be Halloween celebrations in several pubs and bars, while the Halloween evening at Rancho Texas Theme Park is probably the most famous Halloween event on the island – get your tickets now!



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ASSSA SEGUROS

*Montaña Tinaguache
overlooks Costa Teguise*

TINAGUACHE ASCENT



Montaña Tinaguache is the closest volcano to Costa Teguise – millions of tourists have seen it, but far fewer have climbed it. That's a shame, because it's an interesting hike that offers incredible views.

You can walk out to the mountain easily from Costa Teguise, and there's also plenty of parking space on C/La Atalaya (for the south-eastern ascent) or the LZ14 (south-western).

The route you choose to ascend will depend on the weather. On windy days (and it can get windy here), we'd advise sticking to the south-western side for protection. On hotter days, you may be glad of a bit of breeze and can take the south-eastern ascent, for which you have to take the path near the sharp bend in C/ La Atalaya and skirt around the base of the

volcano a little. The paths up the mountain are fairly clear.

The climb is steep and rough, and there are stretches where you'll have to scramble over rocks, but you'll also see quite clearly how the volcano has been formed, with areas of clinker and larger rocks, and a paler, harder cap of spatter towards the top.

Once you've reached the peak, stop and enjoy the views, have a drink of water and plan your next step. Sure-footed hikers can walk around the C-shaped ridge of the volcano, descending into the crater at the far end, but we



wouldn't recommend doing this on your own, nor on a very windy day. On the way, you'll get great views of the corrugated flank of Montaña Tájida to the north, and are also likely to see kestrels and perhaps the odd rabbit down below. Springtime will offer the sight of local plants putting forth their greenery.

If you just want to climb back down, go ahead – a fully-fit hiker can be up and down the mountain in less than 30 minutes.

Once you're back on the LZ14, we'd recommend a detour to the Barranco del Hurón, a ravine running on the other side of the road from the volcano. This fascinating place is full of strange caves and rock formations – a strange, little known corner of Lanzarote.



Readers are reminded that views and comments expressed within the Ed's Postbag page are those of the contributors and may not necessarily reflect the opinions or standpoint of our staff. It should also be noted that we are an independent publication free from political persuasion or governmental censorship.

WE SALUTE YOU QUEEN ELIZABETH

We salute you, Queen Elizabeth,
For all the great things you have done
One woman of such greatness
All the barriers you've overcome.
She reigns in our hearts
Even though she's gone,
Memories of sweet memories
Of a woman so bold and strong.
Matching hats that go with her clothes
Oh, what a blessing! Everyone knows
She visited so many counties in the UK
Street parties, celebrations,
What more can we say?
Four Jubilees and 70 years on the throne
What an achievement, everyone knows.
We salute you Queen Elizabeth
For all the great things you have done,
Rest in sweet peace
Your work on Earth is done.

Patricia Jones C,
www.patpoems.com

PLAYA CHICA PARKING

Hola Editor,

I enjoy a snorkel at Playa Chica early in the morning and have until now always been able to park on the waste ground near where the divers prepare, providing I got there before 8.15am!

This morning a guy told me it was not now possible to park there and if I did so I would risk a 100€ fine. No notice in place. I thought I would draw this to your attention.

Many thanks for your excellent magazine.

Robin Wardle,
Puerto Del Carmen

Ed: It's not that parking has been banned, Robin. It's that the entire lower end of Calle Bajamar is now only open to "authorised vehicles" and a No Entry sign has been erected further up the road. Opposition CC members on Tias Council have called for the measure to be reversed and any fines issued to be annulled. Like you, we'll also miss nipping down for a dip there.

FOOD FAIR FAILURE

Dear Gazette,

Can you tell us when the Lanzarote Food Festival 2022 will take place?

William Ransom.

Ed: Sadly, the Saborea Lanzarote Fair does not seem to be taking place this year, William, although it usually happened in November. We believe there was a dispute about the venue, with Tegüise wishing to continue to host the event while the Cabildo wanted to move it elsewhere. We hope a solution is reached by next year, as it's a terrific event.

LOST PEACE?

Dear Gazette,

It's great to see the resorts busy again, but does anyone else miss the peace and solitude of the island in the months after lockdown?

The effects of the pandemic were terrible for the economy and many people's livelihoods, as we know, but they also seemed to give Lanzarote a chance to breathe. I, for one, managed to discover parts of the island I'd never known about, and enjoy them calmly, on my own, without the usual masses.

Regards,

Jan C.

Send your letters to Facebook @Gazettelifelanzarote
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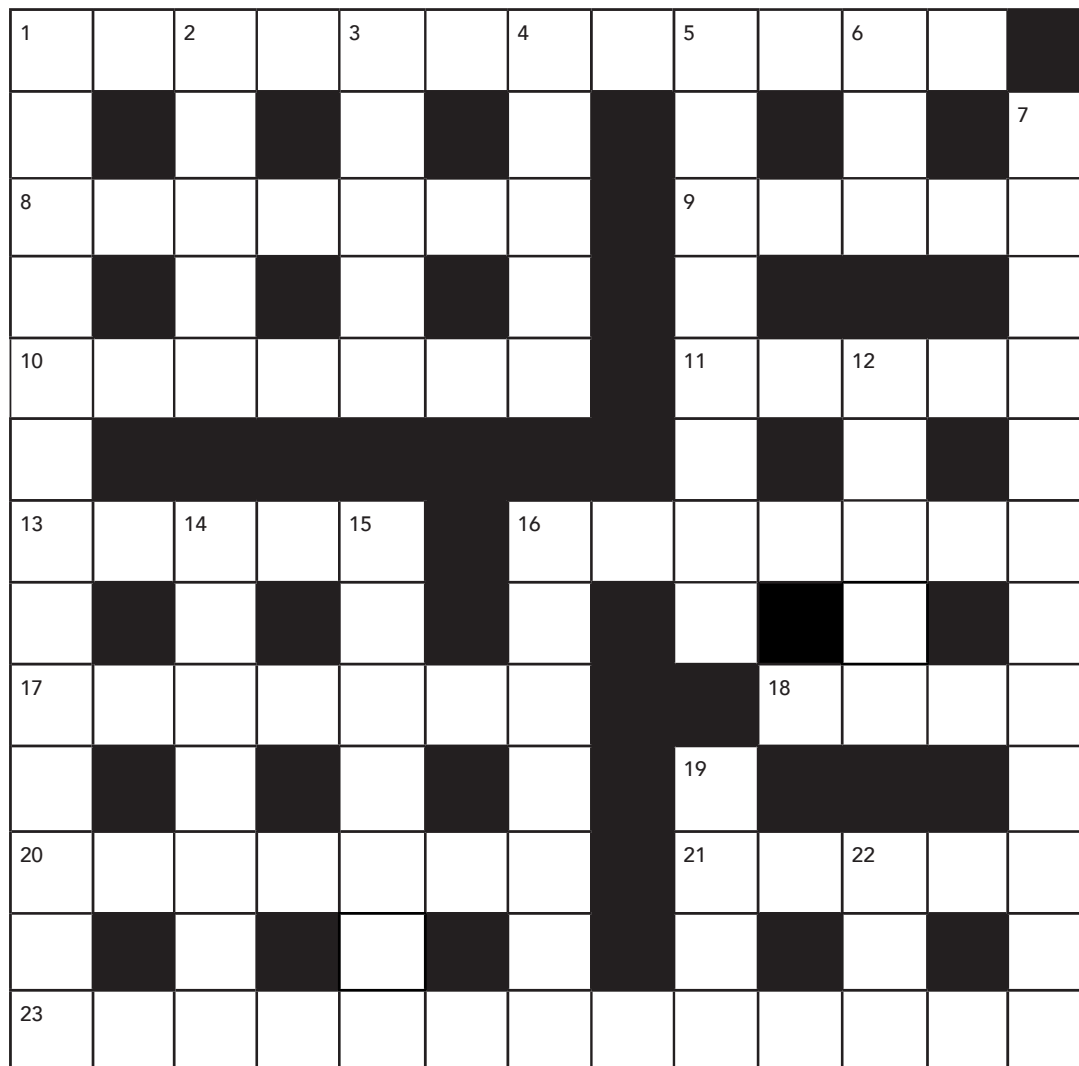
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Prize Crossword



LANZAROTE
DENOMINACIÓN DE ORIGEN



ACROSS

1. Spanish coffee with half steamed milk (4,3,5)
8. Paper cones used for straining coffee (7)
9. Follower of a non-standard religion (5)
10. Extreme `pleasure
11. Run away together to marry (5)
13. Coffee/chocolate drink, or warm brown colour (5)
16. Hoffs, singer and guitarist with The Bangles (7)
17. Welsh melted cheese delicacies (8)
18. Portishead and Gossip singers shared this name (4)
20. Persian (after 1979) (7)
21. Pointed missile fired with a bow (5)
23. Actor who advertised Nespresso pods (6,7)

It's World Coffee Day on October 1st, so order a barraquito and get solving to win a bottle of La Geria's finest wine or a €10 voucher for Hankey Panky's diner in CC Montaña Tropical, PDC.

Send a photo of the completed puzzle to editorial@gazettelive.com, WhatsApp to +34 628 628 083 or just drop the page off at our office in Tías.

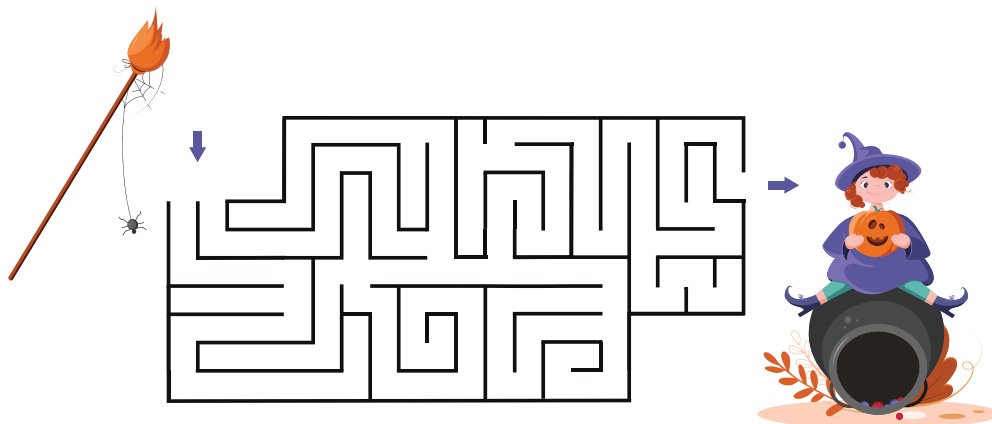
Well done to last month's winners, Lisa Michaels (bottle of wine) and Vic Mayall Hankey Pankey's voucher. Contact us to pick up your prizes.



DOWN

1. Pre-lunch social event usually held in the home, often to raise money (6,7)
2. They contain documents and computer data (5)
3. Creamy dark froth on a 5 down (5)
4. Unpleasant, malicious (5)
5. A shot of Italian black coffee (8)
6. Embrace (3)
7. Actress in the picture above(4,8)
12. Unit of weight abbreviated to oz. (5)
14. A Spanish coffee with a dash of steamed milk (7)
15. Walking easily without purpose (7)
16. Rushdie's Verses? (7)
19. Light around the head of a saint (4)
22. Scoring unit in cricket (3)

Last month's answers Across: 1. Gabriel 5. Sharp 8. Rhino 9. Charlie 10. Lift Off 11. Farce 12. Yes 14. Earphones 16. Vietnam 19. Nylon 21. Cuter 22. Di Maria 23. Aretha 24. **Down:** 1. Gormley 2. Brief 3. Isotope 4. Lucifer 5. Scarf 6. Aileron 7. Pre-Season Game 13. Spectre 15. Hangman 16. Vecna 17. Norah 18. Mods 20. Lords.



WORD SEARCH

A M O C H A S A M E R I C A N O F A
C V C M R B C B T D Q S V A D M Z N
A C A F O B X A R V L A T T E A M B
F O F G B W A F P E O Y R T K C T I
F R E I U G A R R P W I Y A P C A T
E T T P S S E I I O U X P H B H J T
I A E B T J U X B S T C T E O I Y E
N D R B A A J R Q E T H C D F A C R
E O I I H N M W U C A A X I R T J A
H Z A N A M E R I C A N O V N O K C
N G Z D Q V F L A T W H I T E O X S
X W U F E S P R E S S O O F A V A D

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AMERICANO	BARISTA	BREW
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HALLOWEEN LA NOCHE DE BRUJAS



Ever wondered if Halloween is celebrated in Spain? Well, the answer is YES. Spain has developed its own unique ways to celebrate what has now become an international holiday.

Most Spanish-speaking people celebrate Día de Todos Santos (All Saints Day) or sometimes known as The Day of the Dead on 2nd November, finalizing a 3-day celebration that begins on 31 October. Families create altars with flowers and photos to remember and celebrate the lives of their deceased loved ones.

On the evening of 31 October, to start the celebrations, families dress up (desfrazar) and go door-to-door to 'Trick or Treat' (Truco o Trato) - the treat is usually some form of sweets (caramelos/chuches) and the trick refers to a threat, usually idle, to perform some form of mischief if the treat isn't given.

Some homeowners signal that they are willing to hand out treats by putting up decorations outside their doors.

So, let's take a look at some Spanish Vocabulary spookiness!

Spider - *araña* (ah-RAN-ya)

Cobweb - *tela de araña* (TEL-ah day ah-RAN-ya)

Witch - *bruja* (BREW-ha)

Broom - *escoba* (es-CO-ba)

Vampire - *vampiro* (bam-PIER-oh)

Ghost - *fantasma* (fan-TAS-ma)

Skull - *calavera* (ca-la-BEAR-ah)

Monster - *monstruo* (mon-STREW-oh)

Skeleton - *esqueleto* (es-ke-LET-oh)

Bat - *murciélago* (mur-thi-AY-la-go)

Black cat - *gato negro* (GA-toe NEG-row)

Haunted - *embrujado* (em-brew-HA-doh)

Make-up - *maquillaje* (ma-key-JA-hey)

Pumpkin - *calabaza* (ca-la-BA-tha)

Here on the island many bars and restaurants enter the Halloween theme with spooky decorations and even special cocktails or dining menus. Would you be tempted by Huesos de Santo? (Saint's Bones) – a traditional Spanish Halloween snack - marzipan tube filled with a sweet mix of beaten egg and sugar.



If all this talk of spooks and Spanish has made you think you would like to start or continue learning Spanish through the Autumn and Winter months – why not subscribe to my Spanish Coach Newsletter. With learning hints and tips, activities to practice your learning, language hacks to boost your confidence and start 'talking', and loads more.

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House of Stars



LA CASA DE LAS ESTRELLAS LIES IN THE ARID, DESERT REGION TO THE NORTH OF COSTA TEGUISE, OVERLOOKED BY MONTAÑA TINAGUACHE. IT'S A PEACEFUL PLACE, WHERE HUBARA BUSTARDS' NEST AND KESTRELS HOVER SILENTLY IN THE WIND, AND ITS NAME COMES FROM THE IMMENSE CANOPY OF STARS THAT COVER THE PLAIN AT NIGHT.

As I arrive, several dogs rush to the gate to greet us, milling around excitedly. "That one looks like a sheep" I say, pointing to a woolly-coated dog. "It is a sheep," says Liala Miliardi, "But Maya spends all her time with dogs and thinks she is one."

Liala has lived at the Casa for two years. "It all came about by accident," she says. "My original plan was to hire it out for holiday rentals, but then I started rescuing animals." She carried on rescuing them, and is now in charge of

fifteen dogs, a small herd of goats, two donkeys, cats, ducks, chickens, guinea pigs, rabbits, a parrot, and an attention-seeking goose called Napoleon.

Located 15 minutes down a rough, dirt track, the house has no mains electricity nor running water. A solar panel provides energy while a truck delivers water each week. Liala works with volunteers who donate their time for food and lodging and makes a little money with goat treks - heading out into the wilds with some of the goats at the Casa.

Liala has lost count of the total amount of animals at the Casa, but she knows all their names down to the tiniest quail chick. They come from all sorts of backgrounds - many of the dogs were waiting to be euthanised in Gran Canaria, other animals have been found by tourists or taken from abusive owners. The donkeys Nelo and Nela are a good example - the eight-year-old male rescued from an alcoholic owner who beat him daily; the elderly 32-year-old female seeing out her days calmly after a lifetime of neglect and malnutrition.

Liala has also raised several abandoned baby animals herself. Maya the sheep was one, and she lovingly feeds a ferret from a milk bottle while we visit. All animals are neutered to avoid further breeding and given the necessary vaccines.

This means that vet's costs are one of Liala's main outgoings, as well as the food for dozens of creatures. She currently receives no help from the authorities and survives on donations from supporters and is happy to accept anything "Money, food, cleaning products, anything that could be useful."

Liala works closely with other animal associations on the island, but the Casa de las Estrellas is a full-time job. When I ask about her plans for the future of the sanctuary, she laughs "I never make plans," she says. For now, this unique sanctuary is a refuge, a place where humans and animals can find a little peace under the stars.



To find out more about the Casa de Las Estrellas, go to the Casa De Las Estrellas Facebook page, or contact +34 695 84 02 45, email liala.miliardi1981@gmail.com.

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Quality looks

On Lanzarote, sunglasses are a must, and those in the know always go for quality – an investment in style as well as top-level protection. That focus on quality also pays off when choosing jewellery items.

On Lanzarote, a little jewellery goes a long way. This is an island where sunshine will always guarantee that gleam, where the glittering sea will set off a sparkle.

Too much jewellery can cause discomfort in hot conditions, so it's a much better move to choose a few perfect items of jewellery that will complement the simple, laid-back style of the island.

Quality is always a winner, and something subtle and understated yet exquisite, precious, and stylish will give you a lifetime

of pleasure. Gold, silver, and precious stones make their own statement, and it's nothing to do with wealth or quantity. A string of pearls is fine for a special occasion, but a single, softly lambent pearl can make just as strong a statement.

Lanzarote, of course, is full of cheap and cheerful jewellery – fun items for fun times – but you'll also find local artisan jewellers who create



CAROLINA HERRERA
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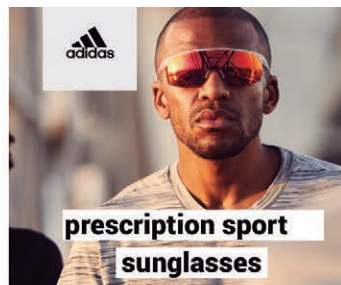
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Active life

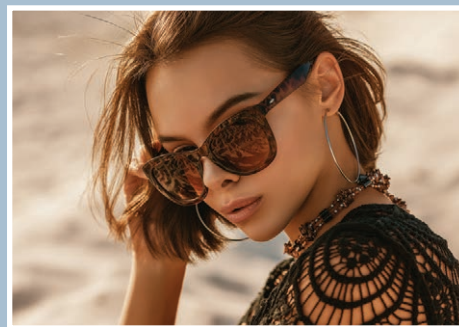
Lanzarote's an active, sporting destination, and that needs to be considered when choosing jewellery. While it obviously makes sense not to go scuba diving in dangly earrings; taking your studs and earrings out can be a pain, and cause damage to your ears. But cheaper metals can also be discoloured and tarnished in salt water, so consider silver and gold – a swim cap will help keep them in place if you're worried.

Lanzarote opticians are well-used to athletes asking them about the best sunglasses to wear while practicing their sport. It depends on the activity, of course, but they'll need to be light, close fitting and durable. Polarised lenses are great for reducing glare, while photochromatic lenses are useful if you do sports at different times of the day.

Take time and ask for advice before choosing a pair of sunglasses for sports. This is something you shouldn't try and save pennies on, and you'll want to be sure those shades stay firmly in place, cut out all the light and glare and don't cramp your style in any way.

BOLD AND SIMPLE

Hoops are the perfect choice to combine simplicity with effect. They can look austere classically, but also team well with ethnic styles. Just make sure you're not doing anything too overactive.



DO WHAT YOU LIKE

Simple, pretty sunglasses team with imaginative artisan earrings – there are no rules on laid-back Lanzarote.

CHILLED AND CHEAP

You can have a lot of fun with inexpensive jewellery on Lanzarote. It's brilliant for an island with a chilled, bohemian vibe where all the beaches belong to everybody.



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SECRETS OF LIFE

Spain has one of the highest life expectancies in Europe, and studies suggest that Spaniards will live longer than anyone else in the world by 2040. But what is behind this impressive figure, and can more recent arrivals benefit from the situation?

Spanish longevity is a mystery to many: “But they smoke and drink all the time”, is one of the first responses to the news that they live longer than most nationalities.

It's certainly true that Spaniards smoke more – twice as much per head as the British, according to El País; but their alcohol consumption has more than halved from 40 years ago. A Spaniard will now consume a litre less of pure alcohol each year than a Briton.

But longevity in a population depends on several factors, and Spain has interesting advantages in many of them.

EXERCISE

Before sunset in most Spanish towns, you'll usually see dozens of older Spaniards heading out for a paseo – a walk. This is more of a social habit than a healthy one, and one of the reasons for Spain's strict Covid lockdown a couple of years ago was this habit of mingling, chatting, and greeting with kisses.

This social aspect may be one of the most important keys to long life. Older Spaniards love to get out and natter, and



if you've ever been to one of the bowls tournaments on Lanzarote, you'll see them chatting, arguing, laughing, and exercising happily.

THE DIET

The Spanish diet is believed to be one of the main causes for longevity. This is a country where fish is hugely valued

as a symbol of good living, and where pulses such as chickpeas, lentils and fabas (butterbeans) are a staple in many diets. In Spain, and especially in the Canaries, fresh fruit and vegetables are also a way of life.

The cooking medium of choice is unsaturated olive oil, and meals are often accompanied with a little red wine.



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Another contributing factor is the act of cooking itself. A glance at any supermarket will show that Spaniards are far less interested in ready-cooked meals and, although consumption of highly processed foods such as breakfast cereals, baked goods and snacks is on the increase, it's still way behind most countries.

This also involves exercise - many Spaniards still walk to the shops for fresh food every day or so, rather than do a weekly shop in a car.

ATTITUDE

Mental health is important in later life, and Spain offers many positive examples to learn from.

First, there's the relaxed attitude that seems to prevail. It's a country that, while full of minor annoyances, is not prone to pent-up anger and frustration. Pensioners mingle with little kids in bars and cafes.

Then there are the rhythms of life - while a British Bank Holiday is often as dull as it sounds, Spain has fiestas and carnivals, where celebration is always on the cards. Then, of course, there's the weather - that glorious sunshine that greets you each morning and beckons you to make the most of the day ahead.

STATE SUPPORT

There are good and bad aspects about how the Spanish state treats its elderly. Traditionally tight-knit families mean that many older people live with their families, and as with childcare, the state has taken advantage of this to some extent. Care homes and home carers could use a lot more support.

On the plus side, the health service is excellent, and actively addresses elderly issues in a country which is ageing rapidly. Pensions are also more generous than in other countries, something that allows them to live those active social lives more easily and must also reduce stress.

EXPATS AND AGEING

Expat pensioners face problems, of which isolation is one of the most common. Living far from one's family can be tough and is especially difficult when there is illness or death of a partner. Language barriers can also cause greater feelings of isolation.

Age In Spain is a charity that aims to help British residents in Spain. It offers various help sheets addressing common problems, and runs a "friendline", where you can speak to sympathetic volunteers. Find out more at www.ageinspain.org



SENIOR PLAYGROUNDS

Playa Honda last month announced the installation of "senior playground" - installations that allow older people to exercise gently, maintaining strength, flexibility, and co-ordination.

"Parks for the Third Age", as they are known in Spain, have been a familiar sight on Lanzarote for some time now, and it's certainly not an odd sight to see old people using them.

The installations make sense at a time when "social prescribing" is one of the hot topics among doctors. This involves doctors prescribing non-medical activities, such as walking, cycling etc, to maintain physical health. This preventive approach is likely to reduce illness and save the health service money.

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CATCHING THE *Sun*

The magnificent photograph on our front cover this month was taken by Lanzarote photographer Juan Méndez. We chatted to him about his passion.



J. Méndez. Fotografía

When did you take up photography, Juan?

I was always taking photos when I was a kid, and my friends used to tease me about how much time I spent snapping photos on my mobile. But it was only four years ago when I bought a decent camera and started learning in earnest. Since then, my photos have appeared in Spain's National Geographic magazine six times – five of Lanzarote, one of La Palma.

How long did it take you to get our cover shot?

Nine months. I had to keep going back to make sure the sun was in the right place at the right time, and that the conditions were perfect. In summertime the sun is at a different angle than it is in the winter, so I needed to take that into account, too.

How do you manage focus on a shot like that?

It's like those joke photos you see where people on a beach are the same size as a Coke can – you have to make sure all elements are in focus. I was also shooting from a distance so that the devil in the foreground is smaller than the sun in the background, so it takes a lot of preparation and precise positioning.

Your Instagram page is full of wonderful images of the sun and the moon. Are they something that appeal to you particularly?

It was seeing another photo of the moon that urged me to take up photography seriously. I love working with them both.

The sun is there almost all the time on Lanzarote, but you still need the right conditions. I recently spent ages trying to get a shot of the sun in Tías and it was always cloudy at the time I wanted. So I decided to go elsewhere and, when I did, it was cloudy there and clear at the original location. It's Murphy's Law.

And the moon?

The moon can be a pain in the neck. You get one full moon every month, and if it's cloudy you can forget about it. I still love night-time photography more than anything else, though.



*La Palma's
canopy of stars*



What was it like photographing on La Palma?

Amazing. I went over for four days and headed up to the Roque de los Muchachos, the peak that lies above a carpet of clouds that block light pollution from below. It's completely dark, so the stars are brighter than anywhere else, a few people asked what I was doing up there on my own – they probably thought I was crazy – but I loved it.

Did you photograph last year's volcano on La Palma?

I'd have loved to, but I couldn't get the time off work.

Do you ever go with assistants or friends?

No, because then you end up chatting and you'll end up missing the shot.

Are there any shots you regret having missed?

Once I was waiting for a plane to pass in front of the full moon, and when it finally did I clicked the off switch instead of the shutter!

I'd love to have another camera that I'd adjust for closer shots, as well. I'll be out waiting to take a photo when an animal approaches, and by the time I've changed the settings on my camera it's long gone.

How many cameras do you use?

Just the one. Most equipment in my bag is from Visanta, but I always want more. I've never done drone photography, for example – not because it doesn't interest me, but because I have other priorities to spend money on.

Is there anything you want to photograph on Lanzarote that you haven't managed to yet?

Yes, but I'm not going to say what it is. I want to be the first.

Outside Lanzarote, I'd really like to photograph lightning storms, but Lanzarote isn't the right place for that as we hardly get any.

Are there any places you'd like to visit?

Yes, I'd love to go to Italy and the USA.

You can find more of Juan's photos at his [Instagram account J.Méndez.fotografia](#). Juan is also available for commissions and can provide prints of his amazing photos.

THE GOLDEN COAST

Costa Teguisse was created with one purpose in mind – to give millions of tourists a wonderful holiday.

Almost everything in the resort exists for that purpose, from the calm, sheltered beaches to the hotel pleasure palaces, from rows of bars and restaurants.

Nature has done its part, too, of course. Costa Teguisse has a fresh, sparkling atmosphere that the island's other resorts can't quite match. That's why it's a natural magnet for families, as well as athletes.

Then there's that ocean. Look out to sea and the only things you're likely to see are windsurfers or a few seabirds winging their way along the coast. Everything else is pure, glittering sea, sky, and sun.

Over the years, the resort has also become a home to thousands of residents, many of whom have played their part in turning the resort into the busy yet utterly relaxing place it is.

At the Gazette, we love Costa Teguisse. We know its bars, shops, and restaurants, we've swam in its crystal waters and basked on its beaches, we've sought out its fascinating corners and talked to hundreds of its residents, holiday makers, businessmen and representatives.

This month we celebrate Costa Teguisse.



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LIFE'S A BEACH

Costa Tegui's magnificent beaches are the reason for the resort's existence, beautiful places where millions of holidaymakers have basked, relaxed, paddled and swam.

Playa de Jablillo

Here's your guide to each one:

PLAYA DE LAS CUCHARAS

Playa de las Cucharas is Costa Tegui's biggest beach, a sweeping crescent of golden sand in a large natural bay. On any day it'll usually be filled with tourists on sunbeds, and the water is warm, sheltered, and safe. If it's breezy, look out to sea and you'll see Cucharas's other claim to fame - it is one of Europe's most popular windsurfing beaches.

This Blue Flagged beach has everything you could need and is probably the best beach in the resort for disabled access. You'll find plenty more facilities in the bars and shops that line the promenade.

If you're wondering about the name, which means "Spoons Beach", it refers to limpet shells, which are called spoons by locals, and were once used as eating utensils, as well as castanet-style musical instruments.

PLAYA DEL JABLILLO

Playa del Jablillo is one of the best family beaches on the island, with golden sand, fantastic snorkelling, rockpools and plenty of facilities nearby. There's always a good mixed crowd at Jablillo – local youngsters basking on the rocks, tourists splashing in the shallows. It can get a little windy at times, but that adds to its fresh, breezy appeal.

Some attempts have been made to improve disabled access, but it's still far from perfect.

The name "Jablillo" means fine sand, but most of the sand on this beach has been transported from sand dunes in the north of the island.

PLAYA BASTIÁN

The most natural beach in Costa Tegui is Playa Bastián, overlooked by an old watchtower. The beach is open to the sea, making bathing difficult on rough days, but they're few and far between, and there are no nasty currents off this shore. The beach is naturally occurring warm sand that's a deep toasted colour. Locals like to gather here for beach parties, and the local council has signposted the beach as a "Natural Spa".

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Playa de las Cucharas



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Playa las Salinas



There's disabled access to the beach, although the deep sand makes further progress difficult.

High tide is best for swimming here, as low tides expose slippery rocks.

PLAYA LAS SALINAS

This small, golden beach is at the far end of Cucharas and is named after the Melia Salinas hotel behind it. Many people regard this beach as an extension of Cucharas, but it remains popular because of its sheltered location, brilliant white sand, and superb views.

It also benefits from its proximity to the island's first five-star hotel, with several stately palm trees just behind the beach.

Swimming, protected by one arm of the breakwater is safe.

PLAYA LOS CHARCOS

A long beach located in a lagoon enclosed by artificial breakwaters, this beach lies between the Melia Salinas Hotel and the Sands Beach Resort but is open to everyone.

With white sands and turquoise waters, it's a beautiful place, and swimming is safe if you stay within the lagoon.

The brisk winds outside the lagoon mean that this beach is another favourite among windsurfers.

PLAYA EL ANCLA

Tucked behind the Occidental Lanzarote Playa hotel is this gorgeous little lagoon, protected by two breakwaters, upon which you'll often see fishermen trying their luck.

This beach is short on sand, and many people who go there prefer to bask on the flat rocks. Access to the beach is down some steep stairs or a rough incline and is out of the question for anyone with limited mobility. Getting into the sea can also be a little tricky, usually over shingle or off slippery rocks. Nevertheless, it's still a favourite with those who love the beauty of the place.

Parking is limited since the expansion of the cycle path.




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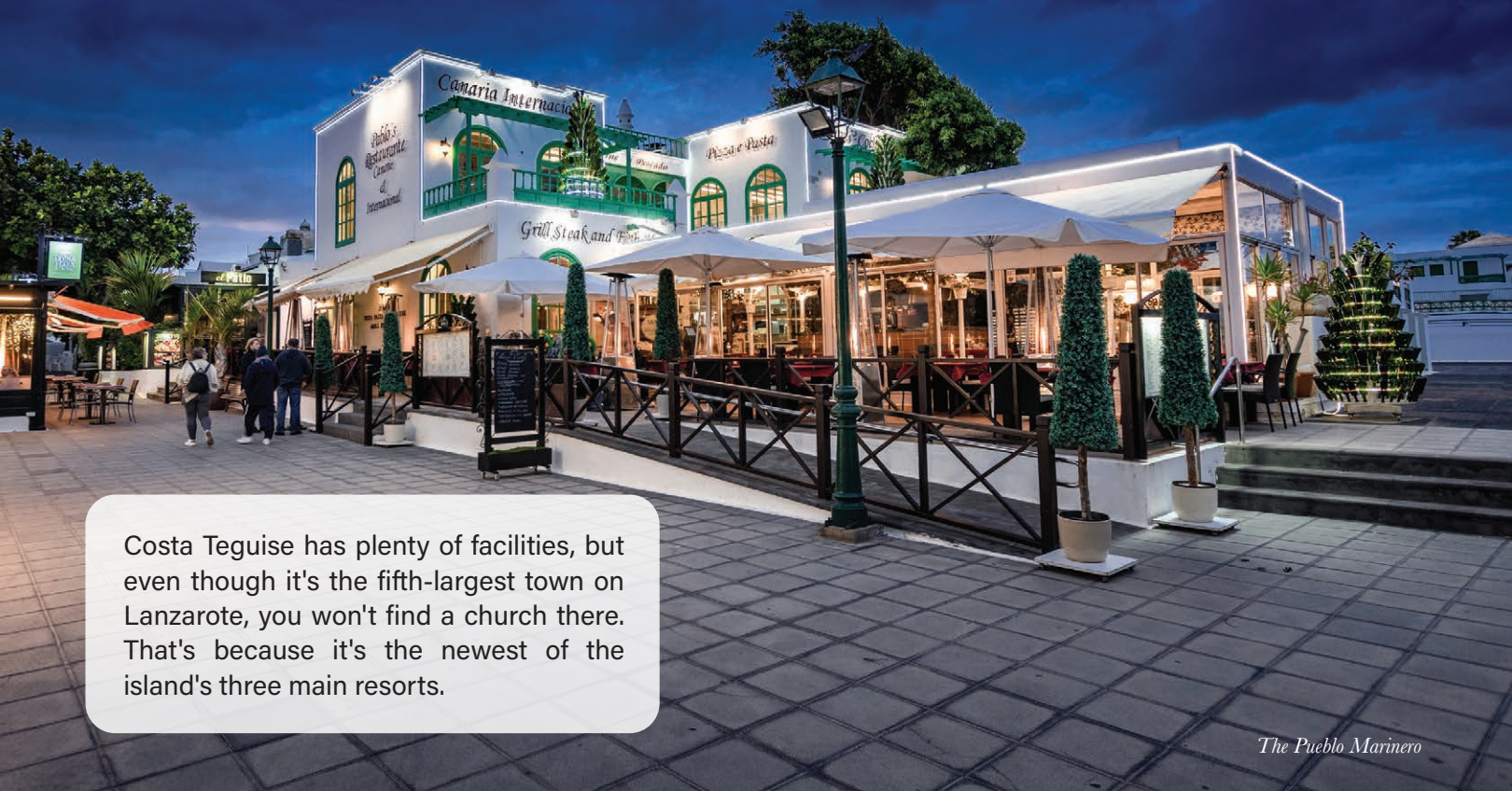
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NEW AND IMPROVED!



Costa TeguiSe has plenty of facilities, but even though it's the fifth-largest town on Lanzarote, you won't find a church there. That's because it's the newest of the island's three main resorts.

The Pueblo Marinero

Before 1970, it didn't even have a name. It was simply an area of Lanzarote where the soil was too poor to grow anything, and the coastline was too exposed to fish for anything. That changed when the Río Tinto Explosives group decided to build a tourist resort.

but the name of the project “Urbanización de la Costa de TeguiSe” eventually gave its name to a resort, which began with the Hotel Meliá Salinas, the Los Molinos apartments, and the breakwaters of Playa de las Cucharas, all featuring designs by César Manrique.

bringing three more enclosed beaches, and in the 90s Costa TeguiSe finally took its current shape

Perhaps the heart of the resort is the Pueblo Marinero, a complex of single-storey buildings that was designed by César Manrique in 1981, inspired by traditional Lanzarote fishing villages. It's now a busy, buzzing square full of

Older locals still call the town “Río Tinto”,

The 1980's saw huge development in the resort,

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restaurants and bars, just a short stroll away from the seafront promenade of Playa de las Cucharas.

Other popular centres are Calle Las Acacias, with several bars and restaurants and the town's Aquarium; while a little further down you'll find the Cucharas Shopping Centre, with its broad terraces.

Then there's the headland of Jablillo, another favourite place to stroll and choose a place to dine, perhaps in the Plaza shopping centre, where you can stop for a snack or a meal at the Plaza Bar.

Two main roads, the Avenida de las Islas Canarias, and the Avenida del Mar, are also lined with bars, restaurants, hotels and tourist apartments, and there are several areas of parkland filled with palms and cactuses which connect the various parts of the resort.

A PLACE TO LIVE

While its main business is tourism, Costa Tegui has become increasingly residential over the years, and those facilities that older towns have always counted on have gradually appeared. The resort now has a primary and secondary school, a private college, a health centre and a civic centre, and there are many more facilities, such as a sports ground, in the works.

Businesses such Sue Cox Estate Agents and Vet Los Charcos have discovered that the buzzing resort is a great place to do business.

Costa Tegui is one of Lanzarote's most multinational places, home to Spanish, British, Irish, French, Italian, German, and many other nationalities. All these communities have left their mark, and there are some established institutions, such as The New Mill, bar and restaurant, now under new ownership, set near the beautiful Los Molinos resort.

HOTEL MELIÁ SALINAS

César Manrique never completed his architecture studies, so official architects were required for all his buildings.

In the early 60s he met an architect called Fernando Higuera in an art supplies shop, and hired him to work on his Madrid home, Las Camorritas. It launched Higuera's career as Spain's wildest, most inventive architect and cemented a lifelong friendship.

When Manrique was consulted on the design of the Meliá Salinas hotel in Costa Tegui, he invited his friend to work with him. The result is an architectural wonder, a blend of the brutalism that dominated architecture at the time, but which manages to work perfectly with the local environment.

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GARLIC PRAWNS

Gambas al ajillo is probably the most popular tapas dish or starter in Spain, a delightful blend of flavour and texture. Here's how to prepare it at home.

First, get hold of the small earthenware dishes that the prawns are usually prepared in. If they're new, you'll need to soak them in water overnight to "temper" them. Place them in a hot oven – it's important that this dish is piping hot.

Ingredients for 2:

- 100 mls extra virgin olive oil
- 4 cloves garlic (finely sliced)
- 300 gms raw prawns
- 1/2 tspn chilli flakes or four whole dried chillis
- A half lemon
- 1/ tspn pimentón (dulce)
- chopped parsley

Directions:

1. Add olive oil to a pan, heat and fry the garlic. The moment it starts to turn golden, remove it with a slotted spatula and set aside in a saucer. This prevents burning.
2. Add chili and the prawns to the hot oil and cook on high heat, again until golden. Season with paprika, salt and pepper.
3. Quickly transfer the prawns and oil to the hot earthenware dishes, add the garlic, a squeeze of lemon juice, a little chopped parsley and serve immediately.

Cook's tips:

Serve with chilled *fino* or *manzanilla* sherry and warm, crusty bread to mop up the excess oil.



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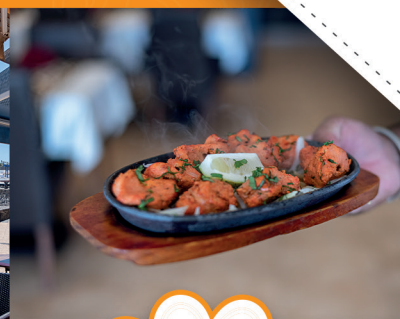
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Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations. We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our

social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We'll cater it and it will be the talk of the town for quite a while. Food has always been a passionate subject for us.

We love it here - Lanzarote is really our home away from home - but most of all we love you, our dear guests. So enjoy, and if there is anything we can do to make your experience more pleasurable, do not hesitate to ask.

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Pizza rules

Pizzas are amazing – they fuelled the Teenage Mutant Ninja Turtles and won the league for Leicester City. And they're every bit as popular on Lanzarote, but what are the local laws on pizza?



HANDS OR CUTLERY?

The original pizza is a Neapolitan street food, eaten in the street after being folded in four. This is only possible with very thin pizzas with basic toppings, though, and most street pizza is served in slices.

In a restaurant, Italians will generally eat a pizza with a serrated knife and fork, and this convention is also widespread in Spain and Lanzarote. Each diner will usually get their own pizza, although sharing is fine.

Nevertheless, pizzas are usually served sliced into portions, allowing those who want to eat with their hands to do so.

Takeaway pizzas, of course, can be eaten however you like. Straight from the box; off your tummy; cold the next morning – just close the curtains and get stuck in.

SIT-DOWN OR TAKE OUT?

On Lanzarote, eating out is a way of life, and while take-out pizzas are available, most people would prefer to head out and enjoy a bit of life and company, then tuck into a pizza that's straight from the oven.

Pizzas are often ordered by workplaces, and it's here that the two-pizza rule comes into play. Developed in America, it basically says that if a business meeting requires more than two pizzas, there are too many people there.

THE PINEAPPLE PROBLEM

The Hawaiian pizza with a ham and pineapple topping is an American invention from the 60s, when all things Hawaiian were the height of fashion. However, many Italians often tend to go on a war footing if you even mention the idea.

Few Italian pizzerias offer pineapple on pizza, and the ones that do tend to cater to tourists. Still, there are no rules, so it's up to you. Just don't mention the fact that Swedes put bananas on theirs near any Italians.

THICK OR THIN?

Italy and Spain tend to prefer thin pizzas, and the deep pan / deep dish variations that originated in the USA and became popular in the UK are almost unheard of. If you like a thick pizza, you'll probably need to find a British restaurant or supermarket.



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What's On...

PERFORMING ARTS

TITIRITÍAS

Sep 30th, Oct 1st & 2nd

Tías's festival of puppetry and stagecraft returns, with puppets, clowns, acrobats, street theatre and more.

Find out more at www.titiritias.com

Teatro de Tías

MASDANZA

Fri 25 October

Masdanza is one of our favourite regular events on Lanzarote, a night showcasing the best of contemporary dance that forms part of a larger festival in Gran Canaria. This year you'll be able to see performers from China, Italy, the Netherlands and Spain.

Teatro El Salinero, Arrecife

MUSIC

YAMANDU COSTA

Wed 5th October, 8pm

The Brazilian guitarist is joined by Canarian timple virtuosos.

Teatro El Salinero, Arrecife



VICTOR MANUEL

29th October, 8pm

Spanish singer whose protest songs marked the Spanish transition of the 70s and 80s.

Teatro El Salinero



FESTIVALS

ARRECIFE EN VIVO

Fri 7th & 14th October

The beat goes on in Arrecife, with the final two Fridays of the Arrecife En Vivo festival – a merry odyssey involving four venues, four bands, street performers and Elvis. Each night will begin with a show at the Islote de Fermina, move to the Parque Islas Canarias, then to the Parque Ramírez Cerda, before ending up at the Marina with the last band and a DJ session.

7th October: Las Ratas, Hermana Furia, Zurych and Zahara

14th October: Abisal, La Perra Blanco, Belako, Benavente & Serial Killerz

FESTIVAL OF AUDIOVISUAL ART

11th Oct, 8 pm

Iván Vilella

El Almacén (Arrecife) Tickets 5€

11th Oct 9.15 pm

Nico Hernández & Simone Marin

El Almacén (Arrecife). Tickets 5€

Thursday 13th Oct, 8pm

O-Janá & Michelle Rabbia: Inland Images

Jameos del Agua. Tickets: 15€

15th October, 8pm

Aurora Bauza & Pere Jou: We are (T)Here

Convento de Santo Domingo (Teguise). €10

20th Oct, 8pm

Javier Infante & North Sea String Quartet:

Electric Amazigh

Jameos del Agua. Tickets €15

Sat, 22 Oct, 8pm

Eivind Aarset

Jameos del Agua. Tickets €20



EXHIBITIONS

TAYO: PLAYING BETWEEN THE LINES

Until 5th November

The colourful, playful works of Lanzarote artist Tayo return to El Almacén in Arrecife for the first time in 25 years.

CIC el Almacén

MONUMENT TO DARKNESS: EUGENIO MERINO & MIGUEL GONZÁLES

Until 15th October

A moving look at Canarians who disappeared during the Civil War.

La Ermita, Tías



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What's On...

MARKETS & FLEA MARKETS

8TH OF OCTOBER
SARA car boot sale
 at SARA animal shelter starts
 10am ends 12pm.

**EVERY TUESDAY &
 FRIDAY:**

Puerto Calero Market
 (starts 9am ends 1pm).

EVERY SATURDAY

Haría Artesanal (crafts and
 food),
 Plaza de Haría. 10am to 2.30pm.

Arrecife market,
 Plaza de San Ginés
 (farmers market). Morning.

EVERY SUNDAY
Teguise Market
 (everything) 9am to 2pm.

Original PALS car boot sale
 Lanzarote A Caballo. 9am to
 12pm.

Mancha Blanca
 (food) Mornings.

**WEDNESDAY AND
 SATURDAYS**

Marina Rubicon Market
 (Souvenirs and gifts)
 Playa Blanca. 10am to 2pm.

PLAYA HONDA MARKET
 Third Saturday of the month
 Calle Mayor. 10am to 2pm

SPORTS

TRAVESIA A NADO DEL RIO
16th October.

This edition of the legendary 2.2km swim from
 Lanzarote to La Graciosa is the first to take place
 for four years.

La Graciosa



OCEAN LAVA LANZAROTE
21st & 22nd October

Lanzarote's biggest resort hosts one of the
 most important and joyful sporting events of
 the year. Registration closes on 12th October,
 so don't miss it!

Puerto del Carmen

DIWALI (SEE INSIDE FRONT COVER)



Indian Delights will be bringing authentic
 5-day Diwali celebrations to Playa Blanca
 for the third time since their opening in
 August 2020.

The restaurant will be starting the

celebrations in style on the 24th October.
 You are welcomed by Ramesh and Saraswati
 to enjoy the delicious food and watch the
 opening Diwali fireworks display at 8:30 to
 9:00 in the restaurant.

Indian Delights will, of course, be fully
 decorated with hundreds of Diyas (candles),
 Rangoli patterns, flowers and staff wearing
 traditional clothing.

Throughout the 5-day celebration traditional
 sweets will be given for free to customers, as
 they would be shared in Indian households.

If you want to come along to see how Diwali
 is done, Indian Delights traditional style,
 booking is highly recommended (call in to
 book before 6pm), which can be done via
 the restaurant's Facebook page at 'Indian
 Delights Lanzarote', or by telephoning
 directly on: +34 686 010 125.

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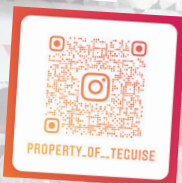
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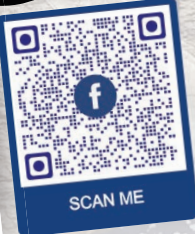
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SPORTING SPIRIT



*Kenneth Gasque (right) with
race organiser Chico Careño.*

Photo by Sabrina Suppers.

It's always a pleasure to meet Kenneth Gasque, the man who changed the face of tourism on Lanzarote, and that's even more the case when he invites you to breakfast with his lovely wife Anna Lis.

On October 22nd, Kenneth will be waiting to greet finishers at the Lanzarote Ocean Lava race for the 12th time, just as he's been there waiting for countless other athletes in the island's Marathons Ironman races and Wine Runs.

Kenneth no longer takes part in the races, but age has done absolutely nothing to extinguish his playful sense of humour and his visionary nature – he's an inspirational presence, bursting with projects and plans.

"THE OCEAN LAVA RACE ARRIVES HOME ON OCTOBER 21-22"

He's also bursting with pride, after being awarded the Danish Medal of Honour by Prince Frederik of Denmark earlier this year.

Kenneth introduces us to Chico Careño, who's in charge of organising Lanzarote's Ocean Lava race, and a keen athlete himself. He tells us that this year's Ocean Lava race offers Half-Triathlon and Olympic events, and there's also an Olympic relay



event in which teams can share the running, cycling, and swimming stages. In addition, there's an "Aquathlon" sprint race as well as several Duathlon (running and cycling) events for children of varying ages.

Ocean Lava races now take place in 14 countries, from Montenegro and Poland to Ireland and Wales, but the Lanzarote event has a sense of homecoming about it. Kenneth speaks of the athletes who return year after year, saying "they've become good friends."

Ocean Lava is also central to the idea of "quality tourism" that Lanzarote has

been promoting. "The athletes stay in hotels and spend a lot of money here," says Chico. He estimates that the race brings around €1.6 million to the island.

"Support the race, support your island, come and see the start – there are so many feelings on these days," says Kenneth.

Few people have done as much as Kenneth to change Lanzarote, now one of the premier sporting destinations in Europe. You'd think he might want to take a rest and reflect on his achievements, but no – "We have just scratched the surface," he says. "We need to do something else. No other island in the world is like this".

IT WAS MEANT TO BE

Kenneth organised the very first Lanzarote Ocean Lava Triathlon in 2010. He wanted to offer athletes something different to the existing triathlon events. The idea to host triathlons in Lanzarote was a hit with athletes all over the world – the rest is history.

The Ocean Lava Triathlon wasn't the first sporting event that Kenneth had organised, though. In fact, he is the organiser and inventor of eight sporting events.

THE OLDEST INTERNATIONAL TRIATHLON RACE IN SPAIN.

Kenneth organised his very first sporting event in 1984, the Volcano Triathlon. It is the oldest international Triathlon Race in Spain. Every year this classic event attracts many World Champions who wish to claim first place.

Music, Maestro!



Julie's Live Music Guide

October may mean that the nights are drawing in, but you can still enjoy some fabulous musical entertainment every night of the week!

This guide is divided by area and day. It's growing all the time, so it is a starting point rather than a definitive list. Gigs are subject to change, so please double-check the Facebook page of the bar or artist/group.

Please confirm your gigs with Julie Helliwell via Facebook to include your event in the next edition (in print and online).

— REGULAR GIGS —

Monday

COSTA TEGUISE

7.30pm: Julie H Music, The Shamrock
8.30pm: John Alan Pick, Four Seasons Rock Cafe
9pm: Scott McQ, Tekkers
9.30pm: Carl White, The Shamrock
 Band of Gypsies, Decades
 Wayne Harrison, Abbey Road
10pm: Darren Morgan, The Lighthouse

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola
7pm: Collie and Deanne, Lava Bar
8.30pm: Live music, The Dubliner
8.45pm: Dave Bandanna, Rocas Blancas
9pm: Andy King, Marco's Bar, Los Pocillos
 Graham Jacques, Stars Café
10pm: Collie Farrell, Mulligans Bar, Old Town
 Mick Bennett & Connor Sloane, Craic n Ceol
 Gayle O'Donovan, Murphy's Irish Pub

PLAYA BLANCA

5pm: Alexander Lammers van Toorenburg, Paulo Bar
9.30pm: Don Parker, Portobello
 Good Intentions, Bikers Beach Club

Tuesday

COSTA TEGUISE

9.30pm: The Ska Duo, The Venue
 Gerie B, The Shamrock
 Brian John, The Cavern
 John Alan Pick, Tekkers Bar & Restaurant
10pm: Scott McQ, Saxos

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola
8.30pm: Live music, The Dubliner
9pm: Pete Worthy, Spoons
10pm: Raggle Taggle Gypsies, Bar 67
 Connor Sloane & Jordan Kenneally, Craic n Ceol

PLAYA BLANCA

9.30pm: Boulevard, Bikers Beach Club
10pm: Don Parker, The Flagship Bar

Wednesday

COSTA TEGUISE

9.30pm: John Alan Pick, Cactus Jacks
 Tara C, The Shamrock
 Scott McQ, The Venue
 Raggle Taggle Gypsies, Irelands Eye
 Bradley Bromley, Abbey Road

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola
8.30pm: Live music, The Dubliner
9pm: Graham Jacques, Stars Café
9.30pm: Gary Mac, The Pub
10pm: Collie Farrell, Mulligans Bar, Old Town
 Cabaret & Comedy Drag Show, Betty Boop's
 Mick Bennett & Jordan Kenneally, Craic n Ceol

PLAYA BLANCA

2pm: Johnny Black, Treat Bar, Punto Limones
8pm: Pete Worthy, Berrugo Tapas Bar
9.30pm: Don Parker, Portobello
 The Millsy Brothers, The Harp Bar
 JäGerBone, Bikers Beach Club

Thursday

COSTA TEGUISE

7pm: The Ska Duo, Decades Bar
9pm: John Alan Pick, The Boatyard
9.30pm: Gerie B, The Cavern
 John Alan Pick, Decades Bar
 Wayne Harrison, Abbey Road
10pm: Darren Morgan, The Lighthouse

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola

8.30pm: Live music, The Dubliner
8.45pm: Dave Bandanna, Rocas Blancas
9.30pm: Gary Mac, Brian Boru
10pm: Collie Farrell, The Irish Viking
 Andy King & The Gas Tank Dogs, Tequila Bar
 Alan Murphy & Jordan Kenneally, Craic n Ceol

PLAYA BLANCA

9.30pm: JäGerBone, Bikers Beach Club

Friday

COSTA TEGUISE

9.30pm: The Ska Duo, The Venue
 John Alan Pick, Cactus Jacks

PUERTO DEL CARMEN

9pm: Graham Jacques, Stars Café
10pm: Collie and Deanne, Mulligans, Old Town

PLAYA BLANCA

9.30pm: Andy King, The Old Mill
 Gary Mac, Portobello
 Boulevard, Bikers Beach Club

Saturday

COSTA TEGUISE

9.30pm: Brian John, The Cavern
 The Ska Duo, Decades Bar

HARIA

8pm: La Noche en Mala, Don Quijote

PLAYA BLANCA

9.30pm: JäGerBone, Bikers Beach Club

PUERTO DEL CARMEN

3pm: The Ska Duo, Hankey Panky's (Alternate Saturdays)
9pm: Graham Jacques, Stars Café
 Gerie B, The Good Old Days

Sunday

COSTA TEGUISE

8.30pm: Darren Morgan, Four Seasons Rock Cafe
9.30pm: Anthony on Sax, Decades Bar
 Brian John, The Venue

PUERTO DEL CARMEN

1pm: Sax on the Roof with Anthony, Biosfera
8.30pm: Live music, The Dubliner
8.45pm: Dave Bandanna, Rocas Blancas
9pm: Graham Jacques, La Avenida Restaurante
9.30pm: Gary Mac, Scotch Corner
10pm: Collie Farrell, The Irish Viking
 Comedy Drag & Cabaret Show, Betty Boops
 Mick Bennett & Connor Sloane, Craic n Ceol
 John Gold, Murphy's Irish Pub

PUERTO CALERO

4.30pm: Adrian Bambrough, The Pelicano Restaurant

PLAYA BLANCA

9.00pm: The Jam Brothers, Portobello
9.30pm: Andy King, The Old Mill

All information was correct when printed but is subject to change. Please check the Facebook page of the artist or venue to verify. To stand out from the crowd, please contact the sales department: advertising@gazettelife.com

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Mirador del Río

Manrique's spectacular viewpoint set into the Famara cliffs looks out over La Graciosa and the rest of the islands of the Chinijo Archipelago.

Cueva de los Verdes

The oldest of Lanzarote's tourist centres is a marvelously lit tour through a volcanic cave system. The optical illusion towards the end is genuinely stunning.

Jameos del Agua

Manrique's space age party venue is located in a lava bubble, where a legendary lake filled with unique blind crabs is flanked by restaurants, cafés, a volcano museum and a natural concert auditorium.

MIAC: Castillo de San Juan

This 250-year old fortress overlooks Arrecife's commercial port and is home to an art gallery featuring works by Picasso, Tapies, Miró and other modern artists. With a famous restaurant and attractive gardens, it's a glimpse of the island's past and future.

Cactus Garden

Manrique's favourite of his creations, this charming garden features over 1,400 different types of cactus and is set in a disused quarry in the heart of Lanzarote's cochineal country. A traditional windmill overlooks the scene.

La Casa Amarilla

The "yellow house", located at the foot of Arrecife's main shopping street, is the old seat of the island's government, and is now an art gallery and information centre.

Timanfaya: The Fire Mountains

Lanzarote's most popular outing offers a pure, breathtaking spectacle at one of the newest landscapes in the world. Take an unforgettable coach trip through the volcanoes and see the power and heat of the earth's inner crust.

Casa-Museo del Campesino

This complex of buildings in the very centre of Lanzarote is overlooked by Manrique's 15m high monument to the Farm Worker. Visitors can buy unique souvenirs, see exhibitions and take part in traditional activities.

Other outings

Museo Agrícola El Patio

Step back in time at this charming and fascinating farm museum on one of Lanzarote's largest estates. Clucking chickens, windmills, living history and a gorgeous location.

Museo del Timple, Tegui

The timple museum is devoted to the small guitar that is the sound of Canarian folk music, but you'll also be amazed by the Palacio Spinola, the island's grandest colonial home.

Mancha Blanca Volcano Visitors Centre

Often overlooked by visitors, this terrific little museum will teach you all you need to know about Lanzarote's dramatic volcano country.

César Manrique Foundation, Tahiche

Built in a lava bubble, Manrique's first island home is utterly fascinating. Solid lava flows into a lounge, trees grow out of underground caves, magnificent gardens flourish at every turn and the whole creation is inspirational.



Casa-Museo César Manrique, Haría

Manrique's second home in Haría has been recreated as if the artist had never left us, and gives us a glimpse of the man behind the legend. See his living room, his wardrobe, his record collection and visit the studio where he created many of his works.

Aeronautical Museum, Lanzarote Airport

Set in the island's first terminal building, this great little museum gives you a glimpse of bygone days when one plane a week landed here.

LagOmar, Nazaret

Built by Manrique's associate, Jesús Soto, LagOmar is an amazing gallery, museum and restaurant set in a mountainside. It's a magical, unforgettable place.

Pirate Museum, Tegüise

Located in a hilltop castle where locals used to hide from raiding pirates, this museum revisits the island's lawless and often tragic past.

Museo Tanit, San Bartolomé

A lovely little museum that offers a fascinating glimpse of bygone Lanzarote and the tough, resilient and gloriously creative islanders who lived there.

Close up on: Volcán del Cuervo

The Timanfaya excursion is jaw-dropping, but many tourists are unaware that many volcanoes are also open to the public.



The Volcán del Cuervo is one of the most spectacular. It was the first volcano to emerge during the eruptions of 300 years ago, and its jagged, shark-fin shaped rim is unmistakable.

You'll need a car to get to the parking lot on the LZ 56 road, then just head over the path through the wild volcanic landscape. Soon you'll be skirting the slopes of ash on the side of the volcano, and on the right you'll be able

to descend through bonfire-toffee coloured rocks into the crater of the volcano itself.

It's an easy walk, just over two kilometres there and back (four if walk round the volcano) and will give you an amazing feeling of the peace and mystical beauty of this wild, lunar landscape.

Follow all instructions on signs, and do not leave the recently renovated pathway.

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THE PARENT TRAP



Only 16% of Spanish young people under the age of 30 live independently of their parents, it was announced last month by Spain's Emancipation Observatory.

The situation has been worsened by the Covid pandemic, before which the figure of young people living away from their family home was close to 20%, but even this is still a shockingly low figure.

The average age at which a Spaniard leaves the family home is currently 29.7 years, compared to 24 in France and 17.5 in Sweden. While some attribute this to social reasons such as tighter-knit family units, the main reasons are economic.

Rising house prices, spiralling rents and low wages have made living independently difficult or impossible for millions of Spanish young people. A recent article in El País newspaper described how the concept of the "mileurista" - a person who earned €1,000 a month or less - has stopped being an emblem of low wages and precarious employment and is now an aspiration for many young Spaniards.

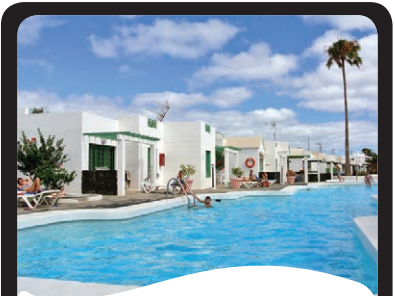
The problem is worse in tourist regions, where foreign buyers have helped to raise property prices well beyond the scope of most young people. The results can be seen on Lanzarote, for example, where cheaper areas such as Arrecife and Playa Honda have a significantly younger local population than the resorts.

There is also a clear difference between the sexes. Although more women than men leave home before the age of 30, only 14% of them do so on their own, compared to 27% of men. The Emancipation Observatory blames this figure on the fact that women are more likely than men to be in precarious jobs.

The average price of a deposit on a property is 3.5 times the average annual salary of under-30s, and the average rent of €850 is more than double what the average young Spaniard can afford. For this reason, flat sharing is on the increase - 35% of young people who move out of their parents' home go into shared accommodation.



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SQUATTERS: THE LOOPHOLE



The Spanish Supreme Court in Madrid

Erardo Ferrer, of Lanzarote Abogados, talks about a ruling that can protect many home owners from the threat of squatters.

According to Article 202.1 of Spain's Penal Code: "the individual who, without inhabiting it, enters another's dwelling or remains in it against the will of its inhabitant, will be punished with a prison sentence of six months to two years".

The protection of people's habitual residence is perfectly guaranteed by the courts and the police, who are able to expel illegal occupants in a matter of hours or days.

The key words here are "habitual residence", meaning the primary property in which people and families live. However, squatting can be a very serious problem for owners of second homes, who may spend long periods outside of Spain.

However, something has changed recently in Spain regarding the second

residences used by people as their vacation home. A new doctrine established by the Supreme Court in a November 2020 ruling now recognizes the second residence as a residence, for legal purposes.

To do this, a series of habitability conditions must be met, without the need for it to actually be a habitual residence. According to the ruling, they will be considered dwellings "even if such dwellings are not the habitual residence of the victim, provided that they are furnished, contain personal belongings (clothes, photos, etc...), electricity and water are connected and the owner has essential services that prove that it is not unoccupied."

This implies that these second homes, as long as they contain personal belongings of the owners, can now be recovered in a matter of days or weeks. This development vastly improves the property rights of residents and non-residents owners.

Nevertheless, properties that are neither a habitual residence nor a second residence - for example, those that the owner rents to third parties, whether on vacation or permanently - remain unprotected in the short term against illegal occupation. In these cases, the process to remove the occupants is much longer, between 8 months and approximately two years, depending on the astuteness and expertise of the lawyer.

We are one of the first law firms in Lanzarote that have applied the new doctrine of the Supreme Court and we have recovered several homes for our clients in very acceptable periods.



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After the pandemic

We were all forced to stay at home for weeks during the pandemic, but two years on, how did that confinement affect the way we see our living space?



For many of us, the lockdown turned our homes into workplaces; into safe havens where we could cocoon and, for many, into virtual prisons. On Lanzarote the experience was particularly surreal, as many were unable to enjoy the brilliant sunshine and gorgeous weather outside.

The experience has had a profound effect on interior design. Here are just a few of the trends that have resulted from this unforgettable period in all our lives.

THE HOME OFFICE

The Spanish government recently recommended working from home once again – this time to save fuel – but the “remote working” revolution has failed to occur, as most employees drifted back to the workplace.

Yet some have realised that working from home is ideal and have adapted accordingly. Many started by turning their kitchen or living room into

a work area, but it later became clear that it's important to have a clear border between workspace and living space.

Working from home requires clear planning, an investment in technology and a large degree of flexibility.

CREATIVE CRAFTS

With hours of enforced idleness, it's no wonder that art and handicrafts took off so much. In some households, any item of furniture that didn't find itself stripped, repainted, or otherwise up-cycled could count itself lucky. Why? Well, we were bored, for a start, but the influence of the internet and social media was also profound. If you want to re-upholster a chair, you'll find that there are hundreds of online tutors telling you how.



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A PLACE OF REFUGE

Comfort became a priority during a time that was genuinely alarming for many people. While there was the risk of becoming couch-bound and sedentary (sales of snacks and booze soared), it also meant that more value was placed on the home as a safe place.

The outcome was warm colours, curves and rounded edges, richly nostalgic patterns and textures and a focus on the sort of jumbled, slightly chaotic existence that the likes of Marie Kondo have been trying to lecture us out of for years.

Of course, others reacted the other way, using their free time to ruthlessly declutter and gain space. But they were the minority.

SPACE TO BREATHE

In Spanish, “lockdown” is *confinamiento* – confinement. For those with gardens

things were a little more tolerable, but many in smaller homes and apartments discovered just how confined their living quarters were.

One result was people moving into larger homes, aware that their living space was no longer allowing them to live. Others adapted by seeking space, converting their homes into flexible areas that serve several functions, and seeking space to do something as simple as a few sit-ups.

NATURAL YEARNINGS

Nature came indoors during the lockdown in a big way, with an increase in sales of house plants, and a shift towards natural materials such as wood, wicker, and sisal.

This satisfied the need to feel in touch with a natural world that was just beyond our windows, but it also sparked a huge interest in these sustainable, recyclable materials.



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Hang it up

What to hang on a white Lanzarote wall? The answer is: pretty much anything you like.

Lanzarote doesn't like to play by established conventions. Politely framed paintings are fine in their place, but there's so much more you can do with a wall space.

However, on Lanzarote the key concepts are contrast and impact. Modern houses are normally full of blinding white walls, and unless you're a fan of severe minimalism, you'll be wanting something to break that blank expanse up.

The ideal way is to do this with one or two impact pieces that immediately draw the eye. A well-chosen wall-hanging can define a room and personalise it in a way that few other items can do.

César Manrique's paintings attempted to burst out of their frames all the time, and his incredibly broad approach to art meant that almost anything could be seen as a decoration. Visit his home in Haría and you'll see animal skulls, pottery, old bottles and a bow and arrow mounted on the walls.

Then there are Lanzarote's decorative arts. The pretty rosettes that were traditionally made by women are the perfect wall decoration and can be found at the Monumento del Campesino. You'll also find examples of basketry, embroidery, and several other handicrafts in Haría and Teguise.

Teguise is the perfect place to look for unique and



"LOSE THE SHARP EDGES AND GO FRAMELESS."

attractive art and decor. Ethnic rugs and throws make wonderfully colourful wall hangings and can easily be moved around to adapt to tastes.

HOW'S IT HANGING?

One of the reasons we use frames so much is that we know exactly how to hang them. Once you're out of the frame, the options become a little more confusing.

Lighter wall hangings can be supported with velcro, nails or pushpins, always taking care not to damage the material. Then there is a wide range of hooks, hangers

and screws that will depend on the item you're hanging.

Before filling your walls with holes, make sure you know how to fill and mask them adequately once you change your mind. This can be more difficult than you think with textured surfaces such as *gotelé* (Spanish Artex).

Heavier ones may require tapestry clamps, and a rod and sleeve combo can be useful for maintaining the shape of a heavy fabric wall hanging, although you'll need to get busy with needle and thread to attach the sleeve to the hanging.

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Sofa, so good



Sofas, settees, couches... they're all the same thing, but the idea behind them has always been changing gradually, and it still is.

The word “sofa” is older than you might think. It comes from the Turkish word “soffah”, which means a raised part of the floor furnished with cushions and was first used in English 400 years ago.

“Settee” is also old, a version of the old English word “settle”, for a seating place. Meanwhile, “couch” comes from French and originally referred to a place for lying down, not sitting.

For centuries, these items of furniture were rather formal – upright, stiff, and very decorative.

Even a chaise-longue, which was designed for ladies to recline on, looks distinctly uncomfortable to modern eyes.

The comfy sofa that you can sink into is a recent development. It's an item of furniture whose popularity increased along with the spread of television, and any episode of Goggle Box, The Royle Family or Beavis and Butthead will show how this pairing has dominated our leisure time. In fact, one place where you'll rarely see sofas is TV soap operas, where characters rarely ever watch TV.

But the old sofa in front of the TV set-up is now dying off, as families tend to be more and more occupied by various smaller screens. Comfortable, saggy old sofas have also fallen out of favour in the world of interior decor, where there is an increased focus on smart, attractive furniture, as well as a strong

backlash against the sedentary lifestyle that sofas represent.

On Lanzarote, where family, friends and guests are always keen to visit, sofa beds are also hugely popular, offering extra accommodation in a flexible way. These long sofas also offer a great place for a siesta on a hot afternoon.

All this means that buying a sofa is something that requires a lot of forethought. You'll need to think about exactly what you need it for, where to place it and how practical it will be for all the people or animals you live with – scratchy dogs, messy cats and chaotic children have shattered the elegant dreams of many sofa-owners.

But when you find the right one, you'll soon know – and a moment thinking about sofas you remember from your childhood will show how vital the right one can be.



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Let there be light!



As the nights gradually draw in on Lanzarote and the clocks go back at the end of this month, it may be time to rethink your lighting.



Cueva de los Verde

There are three types of lighting to consider when designing your living space. They are:

GENERAL LIGHTING

This is what you usually want when you hit the switch on entering a room – light that immediately illuminates the whole space. The main aim of general lighting is to imitate daylight, allowing you to see as much as possible as clearly as possible.

However, bright general lighting can quickly become tiring on the eye, and most people will want to soften it with other forms of lighting. A dimmer switch can make a big difference here, turning a brightly lit room into a more intimate place, where softly lit areas act as a neutral background for other lights.

ACCENT LIGHTING

Accent lighting is mainly aesthetic, used to highlight features. If you want an amazing example of how effective accent lighting can be, take a trip to the Cueva de los Verde in northern Lanzarote, where electrician Jesús Soto's imagination and skill turned a long-abandoned cave into a magically beautiful place, which inspired Lanzarote's unique tourist centres.

There are countless ways of accent lighting, from uplighters to spots, and this task deserves plenty of thought and planning to get the best results.

TASK LIGHTING

This gives light for activities. Task lighting, for example, is almost always present in kitchens and bathrooms, where good light is needed for grooming, making up and food preparation, but it also encompasses items such as reading lights or the illumination you choose around your laptop or computer.

To get some ideas about accent and task lighting in your room, experiment by trying to light your room with candles or tea lights for a couple of hours. Make sure you move them around and experiment, and you'll soon get some strong ideas of where your accents should be placed, and where you're going to need something a little stronger for specific tasks.

The established furniture shops and lighting specialists on the island are another source of ideas – they've lit thousands of interiors and will almost certainly have knowledge you never suspected you needed.

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Put simply, security is important and there's no point in taking any risks that can be eliminated. When you buy a home, you have no idea who still has access to the keys. In a second-hand home several copies could have been made and remain in circulation. Even in a new build, you still have no guarantee that yours are the only keys.

In Spain, tenants are permitted to change the locks without their landlord's permission. It's obviously better if you reach agreement firsthand, and you should replace the original lock on moving out, but if it gives you a stronger sense of security, don't hold back.

The situation becomes genuinely concerning if you're renting out a property for holidays, in which case there's likely to be a long string of people who have had access to keys for long enough to cut as many copies as they like.

Of course, in most cases nothing illegal will probably happen, but good security always involves changing probably into certainly. That's why changing locks is advised whenever people

enter a new house.

Nowadays, of course, there are smart options that will eliminate a lot of these problems immediately. Instead of calling a locksmith and or wasting your own time and money, imagine how easy it would be to just change a pin code rather than the locks every time you feel worried about security.

With recent smart locks you can do exactly this, controlling access to your home completely.

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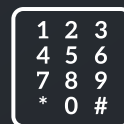
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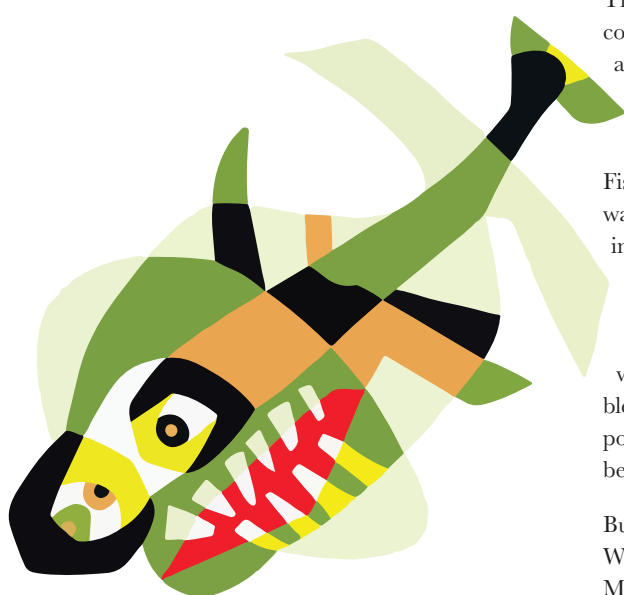


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MANRIQUE'S FISH

Among César Manrique's most popular works are the series of fish he created in the mid-80s, a project that reflected a lifelong fascination with the marine world.

Fish have a special place in Canarian art. They are a recurrent motif in the works of the great Canarian symbolist, Nestor de la Torre, who in turn inspired Salvador Dalí. And they also fascinated Manrique.

In Puerto del Carmen, his recently restored "wind toy" Robálo depicts dozens of sea bass, formed from triangular pieces of metal painted in bright primary colours. The gyrating sculpture represents the constant, unified motion of a shoal of fish, and shows how Manrique was inspired by the movement of wind and water throughout his career.

Fish inspired Manrique from the start. He was born and grew up near the Charco in Arrecife, the heart of the fishing barrio of Valterra. Remembering his long childhood summers at Famara, Manrique wrote "Always before my eyes were salty water, sand, rockpools with blennies, boats in dry dock supported by poles, boats coming and going under sail, being rowed...".

But Manrique was always an artist first. When we interviewed his brother Carlos Manrique a few years ago, the old man told us of how, in their childhood, their father had given them two rods to go fishing with. Carlos set off to fish, but when he looked back his older brother was using his rod to draw in the sand.

An early sketch from 1945 finds Manrique depicting the unmistakable bright colours of a parrotfish (known locally as the *vieja*), and an untitled painting from the early 50s also shows two, already abstracted *viejas* lying next to a fishing boat. He described them later: "Viejas with red, brown and blue markings that fascinated my infant eyes like a wonderful toy."

These influences inspired one of his most popular series of art, the *Fauna Atlántica* of 1985/86. In these works, he created several different fish. The originals appear to be untitled, but many have acquired names, since the fish they represent are recognisable. These include the Hammerhead Shark, the

Flying Fish, the Puffer Fish and the Sole.

The fish are not realistic. They are described as "abstractions", and each one is a jumble of eyes, teeth, scales, and fins, all depicted with bold blocks of colour. Manrique had been painting fossilized animals buried in volcanic lava or sand for several years since 1973 – for example, "Trapped in the Sand" ("Charred Insect") of 1975, which sold for €27,000 in 2018 shows a fly; another jumble of wings, eyes and legs, trapped in the sandy, volcanic soil of Lanzarote.

But in the *Fauna Atlántica* series, these flattened, crushed creatures are not contained by any frame, nor crushed by any element. They exist independently, engaging, strange and unique creatures.

The fish are Manrique at his most playful and joyous, equally popular with adults and children. One of the most popular books sold by the César Manrique Foundation's shops is the colouring book in which you can paint the fish in whichever colours you like. The fish have also appeared on jigsaws, mugs, T-shirts, and a designer-wear collection by Robert Verino.

Once you've noticed the fish, you'll start seeing them everywhere. One wooden depiction, still perched on top of an abandoned fish-canning factory, overlooks the road into Arrecife from the Castillo de San José. The walls of the playgrounds of the Nieves Toledo primary school in the fishing barrio of Valterra are decorated with bright murals of the fish, and mosaic-tiled versions can also be found in and around the Real Club Náutico – Arrecife's seafront sailing club.

The Suite Hotel Fariones has three of the original sculptures, large works that Manrique has created from various found materials. Meanwhile, in Tenerife's capital, Santa Cruz, a large mural of the Flying Fish overlooks a children's playground in the town centre. However, instead of the bright colours of the original, Manrique has chosen the warm terracotta, cream and brown colours that can be seen in the architecture of Tenerife.

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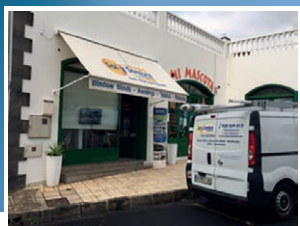
This shutting-up often seems strange to those from northern Europe, where light, airy open-plan living is designed to make the most of all sunshine, but there are also social reasons behind the different living arrangements, too.

Spanish building and architecture remain strongly influenced by Arab design, where people live towards the centre of the home, and maintain strong privacy. Pretty central courtyards and patios are a common element. These attitudes continued after the Catholic reconquest of the country, with shame attached to those who carried on their private activities in view of outsiders.

Meanwhile, Protestant countries in Europe, such as the Netherlands, Northern Germany and even parts of Scotland, have a tradition of keeping their houses open to the gaze of outsiders. This was intended to display your honesty, and that you had nothing to hide or be ashamed of.

Nowadays, things are changing, and modern technology means it's easier to allow sunlight into your home without overheating, but shutters still make sense. One of their most useful functions is security – a well-shuttered window is a lot more difficult for an intruder to enter, especially when made of modern materials rather than the old wooden slats.

Modern shutters are also flexible, with adjustable slats that can let plenty of light and air in or be shut right down for protection. High winds and storms are rare on Lanzarote, but they do happen, and when they do, you'll be thankful for your ability to batten down the hatches.



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Black and white and other colours

Last month, San Bartolomé council officially “unveiled” Playa Honda’s newly decorated Civic Centre, a previously all-white building that has been decorated entirely with a black, white and grey mural by Lanzarote graffiti artist Matías Mata García aka Sabotaje Al Montaje.



It’s by no means the first work Matías has done on the island, but it differs from most of the other commissions he’s recently carried on the Canaries in one notable way. Matías’s other murals are remarkable for their use of bright colours – one he did recently in Agüimes, Gran Canaria is an explosion of vivid, abstract shapes.

The Playa Honda mural, however, was created in accordance with the town’s new colour scheme, which recommends that all buildings be decorated only in black, white, and grey.

The law was introduced in 2020 under Mayor Alexis Tejera, who sadly died at the age of 39 last year, and was originally intended for the industrial zone of Playa Honda that occupies the space on the northern side of the main



road stretching from the airport to Deiland.

This row of shops and cash-and-carries is one of the first sights many tourists arriving on the island encounter, and its chaotic development led to a jumble of colours and styles that hardly reflected the strict aesthetic rules that apply in other parts of the island.

The aim of the rules is to harmonise the buildings, which will be complemented by trees and other vegetation, and the decision to paint the Civic Centre in matching style means that the colour scheme is likely to apply elsewhere in the town.

HiperDino was the first to switch its trademark green-

and-yellow logo for black-and-white, and most other businesses in the zone have since followed. At the time, Tejera said “It’s important that we recover the aesthetic value of our shops, and the value they give to the island, with our colours, our shades and our whites.”

Arrecife, meanwhile, is aiming at more colourful public art. A mural on the wall of the cities sports ground was recently unveiled in tribute to Lanzarote film maker Roberto Pérez Toledo, who died earlier this year aged 47. The mural depicts Roberto in his wheelchair against the rainbow flag of the LGBT movement and was created by the Back-to-Back collective.



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Go, Greens!

If you've got a garden, now's the perfect time to get those winter greens planted.

Greens are so-called because of those large, green leaves that provide healthy nourishment all year round. But those big leaves are also vulnerable to drought and scorching, which means that the winter months on Lanzarote are the best time to cultivate them.

They'll still need plenty of care and protection, though. Greens are easy to grow, but they do require regular watering and fertilising.

Here are a few of the local favourites and a couple of more exotic species.




Chard

Acelgas is the Spanish name for chard, the leafy vegetable with fleshy stalks.

Chard comes in various varieties, including ones with reddish or golden tints. What they all have in common is tasty green leaves and thick, fleshy stalks.

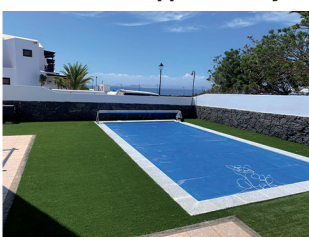
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Spinach

Espinacas are an essential element of Spanish cuisine, and probably the most popular cooked green.

Kale

Kale is a lot easier to find on Lanzarote now than it was a few years ago. Those strongly flavoured, chewy leaves may still divide opinion, but there are enough who love the taste and texture to make it a profitable crop.



Lettuce

The big romaine lettuces known locally as “oreja de burro” (donkey’s ear) are the basis of most local green salads, and a miniature version called cogollos is also popular.

It’s also possible to grow lettuces such as oak leaf, lollo rosso, and batavia. Iceberg is a little trickier, and its popularity is mainly based on its crunchy texture and the fact that it keeps much longer than other lettuces.

Cabbage

The three main types of cabbage grown on the Canaries are white, red and the crinkly-leaved Savoy.



Ornamental cabbages are also available and make a beautiful adornment for any garden.



The Canaries has also perfected the art of making walking sticks from Jersey cabbages, which grow on a long stalk from which leaves can be regularly stripped.

Other greens

Turnip tops are known as grelos in Spanish and are a hugely popular part of Galician cuisine. It’s also worth remembering that beetroot and radishes provide delicious greens as well their famous roots.

Chinese greens are also available in local Asian stores, but we haven’t seen seeds for mustard greens, pak choi or Chinese cabbage on sale. It’s worth keeping your eyes peeled, though.

Growing

All the above green vegetables will benefit from being germinated indoors and planted outside once they’re strong enough. They’ll need good soil with adequate drainage, and a protected place where wind is not too strong.

Watering should be frequent, and a good fertiliser will help your greens get the nutrients they require – guano type fertilisers are perfect.

Keep an eye out for pests, and depending on where you live on the island, rabbits could also pose a problem. Nets may be helpful to protect your crop.



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Garden safety

Scorching sunshine, spikes, blistering sap and sharp edges, gardening on Lanzarote can sometimes resemble an extreme sport. Here's how to stay safe out there...

SUN PROTECTION

Sunburn is a risk for most gardeners in summer, but on Lanzarote it's a year-round consideration, and those odd dull and cloudy days may be a real godsend.

Otherwise, try to garden early in the morning or later in the evening when the sun is at its least powerful. Apply sunblock, wear floppy hats, long sleeves, and long trousers, and, above all, never underestimate Lanzarote's sun – even a hazy day can burn you badly. Stay as pale and interesting as you can and

save sunbathing for another time.

Sunburn isn't the only risk here, either – sunstroke is more common than you think. On hot days drink plenty of fluids and if you're having trouble cooling down, stop and rest in the shade immediately.

TOOLS

Cutting yourself with secateurs, saws or other sharp garden tools is no joke.

One tip is to keep them sharp – this means that you'll need less force to cut the plant,

and it's also less likely to shear away and cut you instead.

The other tip is protection – use tough gardening gloves and try to cut away from yourself.

Power tools are another hazard, although the most common type – lawnmower injuries – are unheard of on the island for obvious reasons. Keep power tools in good condition, and use the recommended protective gear, including earmuffs if necessary.



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SPIKES AND THORNS

Cacti, agaves, palms- all these, and several other plants can give you a nasty jab. In some cases, the fine tip of the spine may break off in your flesh causing a painful wound that last for weeks.

Gloves and strong footwear are an obvious way to avoid this, but they won't help you when you back into a spiky agave. Full protective gear is only used by professionals, so the best option is to take care and, if a plant offers a high risk, take some time to clip the sharp tips of the leaves off with secateurs. These are normally hard and woody, and the plant is unlikely to suffer too much, although its appearance will be affected.

"IT'S BETTER TO KNOW THE HAZARDS INVOLVED BEFORE TACKLING A BIG GARDEN JOB."

EYE INJURIES

Eye injuries are one of the worst things that can be suffered in a Lanzarote garden, and something you should take every step to avoid.

They're usually caused by the spiky fronds of palms at eye height, rather than cactuses; but they can also be caused by bending down to work with shorter plants. Bamboo canes can also be surprisingly invisible and give a nasty poke.

If you wear glasses or sunglasses, you'll have some protection, but goggles or strong gardening glasses are better. Put empty yoghurt pots on canes to keep them visible, as well as deter birds.



SAP

Euphorbias are one of the most common native plants on Lanzarote, and many other varieties have been imported. These, and others, have a particularly unpleasant sap that can cause rashes and inflammation.

Again, keep yourself protected, but if you do get some of this stuff on your skin, wash it off immediately.

FALLS

These are the most common type of garden injury. Avoid them by keeping equipment tidy and lighting up paths

at night. Take special care in areas with varying levels, and never go up a ladder alone.

BACK PAIN

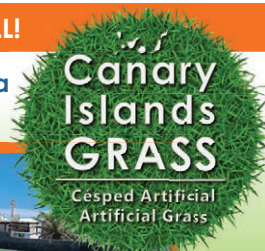
If it's too heavy to lift or move easily, get help. If you do lift heavy items, bend from the knees, and keep your back straight.

Buy hoes, rakes and other tools that allow you to do weeding and other chores from a standing-up position.

Squat or kneel, (use an old towel to kneel on), rather than bending when you must get down low.

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TASTY START TO THE SEASON

THE ROJILLOS BEGAN THEIR SEASON ON SATURDAY 10TH SEPTEMBER WITH A TASTY AWAY TRIP TO DERBY RIVALS U.S. YAIZA.



Lanzarote began the match playing some of the best football that they have played in years and after only 11 minutes found themselves unlucky to be only 0-2 up, both goals coming from winger Ismael Traoré.

Unfortunately, they could not add to that score before halftime, despite being completely dominant. Anyone who has played football at any level will know that if a team pulls a goal back from 0-2 down, their energy levels return, and a second goal is on the cards.

As it happened three minutes into the second half Lanzarote helped their neighbours with striker Di Renzo seeing red, so the Rojillos were down to 10 men. On the hour, ex-Rojillo Miguel Gómez made it 1-2 from the spot and 10 minutes later a super header from Carlos Rosa levelled at 2-2, and what looked like an opening day win ended up with holding on for a draw.

All Lanzarote fans will be happy in the knowledge that their side can produce high quality football the way they did in the first 45 minutes if they learn from those few errors.

This season, UD Lanzarote are playing in

the Tercera Division RFEF (5th Tier). With 16 teams in the league, the league winners will be promoted and the next four will fight it out in the playoffs. Three teams will be relegated.

Season tickets (Adults €60 Euros and Pensioners €35) are available from the shop in Costa Tegui, which is open Monday to Friday, 10am to 1pm and Wednesdays 5-7pm at CC Nautical, Local 25 (up from Decades Bar and behind

Café Bonjour) and in Puerto Del Carmen WhatsApp Brendan on 609583650 and arrange collection from his bar Dicey Reillys in the Old Town.

If you are here on holiday, you just pay at the gate Adults 8 Euros (Residents 6 Euros) and Pensioners 6 Euros (Residents 4 Euros). Children under 16 years of age are admitted free of charge.

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MAKING THE SWITCH



SWITCHING TO DRIVING ON THE RIGHT IS NOT DIFFICULT, BUT IT CAN BE DISCONCERTING, AND IT REQUIRES YOU TO BE AWARE AND THOUGHTFUL WHEN YOU DRIVE.

The UK, Ireland, Channel Islands, Malta, and Cyprus are the only places in Europe where cars drive on the left. Any drivers arriving on Lanzarote from those places, or going there from here, will need to adjust.

Many drivers realise how strange driving on the other side can be very early, when they try and climb into the passenger seat of the car. Once they've got past that obstacle, they may find it strange to discover that everything they habitually do with one hand, such as changing gear or opening a window, is now performed with the other.

Fortunately, pedal layouts don't change. The clutch remains on the left with the brake and accelerator on the right. Driving on the other side would be a lot more challenging if this wasn't the case.

At first, driving on the "wrong" side of the road can be disconcerting. You'll find yourself changing gears

and doing other operations with the hand you're not used to; and you'll also find cars moving swiftly past you on the other side to which you're accustomed. Even little things like leaning your arm on the window or glancing at a mirror which isn't there may surprise you.

However, the most important aspect is road safety, and this is where you need to always stay vigilant and conscious. Driving on the right-hand-side is not particularly challenging, but difficulties can start when you need to perform manoeuvres such as entering roundabouts, switching lanes or turning into side streets. This is when you need to be extra vigilant and observant and think what you're about to do before you do it.

Once you return to driving on your normal routes, you may also need to stay extra-aware of what you're doing for a few days.

SWITCHING TIPS

- Use the Google Street View function to practice "driving" on the right. We'd recommend this for Lanzarote visitors who hire a car at the airport, as you're plunged very quickly onto a main road where you need to choose lanes early.
- Follow other traffic and stay with the flow when you can.
- Stay alert. The most dangerous mistakes can happen once you think you've got used to driving on the other side.
- Indicator awareness. Using your indicators means you're about to perform a manoeuvre. Remind yourself that you're on the other side and plan your next move every time you switch them on.

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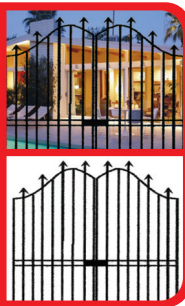
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Tide Times October 2022

Tide Tables for Arrecife, Lanzarote. Height is in metres.
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	H: 05:08	2.5	17	L: 00:11	1.3
	L: 11:26	0.8		H: 06:33	2.0
	H: 17:37	2.3		L: 13:16	1.3
	L: 23:49	1.0		H: 19:36	1.8
2	H: 06:04	2.3	18	L: 01:39	1.5
	L: 12:31	1.0		H: 08:07	1.9
	H: 18:48	2.1		L: 15:00	1.3
				H: 21:25	1.8
3	L: 01:00	1.2	19	L: 03:26	1.4
	H: 07:24	2.2		H: 09:44	2.0
	L: 14:04	1.1		L: 16:21	1.2
	H: 20:29	2.0		H: 22:37	2.0
4	L: 02:41	1.3	20	L: 04:38	1.3
	H: 09:05	2.2		H: 10:48	2.2
	L: 15:47	1.0		L: 17:13	1.0
	H: 22:08	2.1		H: 23:24	2.2
5	L: 04:15	1.1	21	L: 05:25	1.1
	H: 10:31	2.4		H: 11:32	2.4
	L: 17:03	0.8		H: 17:52	0.8
	H: 23:18	2.3			
6	L: 05:22	0.9	22	H: 00:00	2.4
	H: 11:33	2.6		L: 06:03	0.8
	L: 17:58	0.6		H: 12:10	2.6
				L: 18:27	0.6
7	H: 00:09	2.5	23	H: 00:33	2.6
	L: 06:12	0.7		L: 06:37	0.6
	H: 12:21	2.8		H: 12:44	2.8
	L: 18:42	0.4		L: 18:59	0.5
8	H: 00:51	2.7	24	H: 01:05	2.7
	L: 06:55	0.5		L: 07:11	0.5
	H: 13:03	3.0		H: 13:18	2.9
	L: 19:22	0.3		L: 19:31	0.4
9	H: 01:28	2.8	25	H: 01:38	2.9
	L: 07:33	0.4		L: 07:46	0.4
	H: 13:41	3.1		H: 13:53	3.0
	L: 19:57	0.2		L: 20:05	0.3
10	H: 02:03	2.9	26	H: 02:11	3.0
	L: 08:10	0.3		L: 08:21	0.3
	H: 14:17	3.0		H: 14:28	3.0
	L: 20:31	0.3		L: 20:40	0.3
11	H: 02:37	2.9	27	H: 02:47	3.0
	L: 08:45	0.3		L: 08:59	0.3
	H: 14:52	3.0		H: 15:06	2.9
	L: 21:03	0.4		L: 21:16	0.4
12	H: 03:09	2.8	28	H: 03:25	2.9
	L: 09:19	0.4		L: 09:40	0.4
	H: 15:25	2.8		H: 15:48	2.7
	L: 21:35	0.5		L: 21:57	0.5
13	H: 03:41	2.7	29	H: 04:07	2.8
	L: 09:53	0.6		L: 10:26	0.6
	H: 15:59	2.6		H: 16:35	2.5
	L: 22:07	0.7		L: 22:42	0.8
14	H: 04:14	2.6	30	H: 03:55	2.6
	L: 10:29	0.8		L: 10:20	0.8
	H: 16:35	2.4		H: 16:32	2.3
	L: 22:40	0.9		L: 22:39	1.0
15	H: 04:50	2.4	31	H: 04:56	2.4
	L: 11:10	1.0		L: 11:31	0.9
	H: 17:15	2.1		H: 17:48	2.1
	L: 23:19	1.1		L: 23:54	1.2
16	H: 05:33	2.2	☉ New Moon	☾ First Quarter Moon	
	L: 12:00	1.2			
	H: 18:09	1.9			
H=High Tide, L=Low Tide			☾ Full Moon	☾ Last Quarter Moon	

H=High Tide L=Low Tide



October 2022

Weather Watch

The Goldilocks month

October is a favourite amongst many Lanzaroteños and holiday-makers. Why? Because it is the perfect mix of Lanzarote's climate - not too hot, not too cool, but just right.

While northern Europe starts to batten down the hatches and wrap itself up in scarves and coats, Lanzarote still enjoys the fading summer temperatures. It's warm, sunny and brings with it the most delightful evenings before the clocks go back at the end of the month.

Now is the perfect time for you to take full advantage of Lanzarote, as children will be back at school, the tourist centres and resorts will be less crowded than they usually are in peak times. That means that all of your favourite bars, restaurants and other local businesses could use your custom.

You won't find a better time to give them your support.

What to Expect in October



Day Time Temps

24°C (ranges from 20°C to 29°C).



Night Time Temps

Average 21°C (ranges from 19°C to 24°C).



Sunshine Hours

12 hours (7 hours full sun).



Sea Temp

22°C degrees.



Rain

2 days (10 mms average)



Wind

N/NE average 15 kph

Telephone Numbers



AIRPORT

Iberia General Info	901 111500
Aena General Info	928 846000
Flight Information	928 846001

AYUNTAMIENTOS

Arrecife	928 812750
Haria	928 835251
San Bartolome	928 520657
Teguise	928 845001
Tias	928 833619
Tinajo	928 840021
Yaiza	928 836220
Lanzarote Cabildo	928 810100

BRITISH SCHOOLS

British School of Lanzarote	928 810085
Colegio Europeo Daos	928 515818
Colegio Hispano Británico	928 173066
Colegio Arenas	928 590835

CHEMIST

Puerto del Carmen	928 513207
Puerto del Carmen (Old Town)	928 512282
Playa Blanca	928 518942
Costa Teguise (CC Jablillo)	928 826628
Costa Teguise (Islas Canarias)	928 590423

CHURCHES

Anglican Chaplain	928 514241
Family Church	618 186755
Christian Worship Centre	620 309684
Sunday Worship	630 175810
Pastor Norwegian Church	616 407693

CONSULATES

Britain	928 262508
Ireland	928 815262
Germany	928 491880

CREDIT CARDS - LOST OR STOLEN?

4B	902 114400
AMEX	900 814500
Visa International	900 991124

EMERGENCY SERVICES

Police, Fire, Ambulances	112
Spanish Emergency Services	061
Red Cross (Ambulance)	928 812222

FERRIES

Naviera Armas	902 220225
Fred Olsen	928 517266
Líneas Romero	928 842055

FUNERAL SERVICES

Atlantic (Alianza Canaria) 24h..	928 800013
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GAZETTE LIFE OFFICES

Reception	928 093823
Mobile	621 274473
Website	www.gazettelife.com

MEDICAL AND HEALTH

British Surgery Lanzarote	928 514274
OR FREEPHONE	900 811555
Hospital Arrecife	928 595000
Alcoholics Anonymous	653 840440
Dr. Mager Clinic	928 512611
Hospiten Lanzarote	928 596100
Overeaters Anonymous	662 116415

POLICE

Arrecife	928 811317
Haria	928 835252
San Bartolome	928 520712
Teguise	928 845252
Tias	928 834101
Yaiza	928 830107

POST OFFICES

Costa Teguise	928 827268
Playa Blanca	928 518389
Puerto del Carmen	928 510381

TAXI RANKS

Airport	928 520176
Arrecife	928 800806
Haria	620 315350
Teguise/Costa Teguise	928 524223
Puerto del Carmen/Tias	928 524220
San Bartolomé	928 520176
Tinajo	928 840049
Yaiza/Playa Blanca	928 524222

TELEPHONE (MOVISTAR)

Faults	1002
Directory Enquiries	11811
International Directories	11825

TOURIST INFORMATION - LANZAROTE

Arrecife	928 813174
Costa Teguise	928 592542
Puerto del Carmen	928 513351
Playa Blanca	928 518150

TOURIST INFORMATION - 7 ISLANDS

Lanzarote	928 820704
El Hierro	922 550302
Fuerteventura	928 860604
Gran Canaria	928 771550
La Gomera	922 870281
La Palma	922 423340
Tenerife	928 635192

TRANSPORT

ITV Station (MOT)	928 582555
Intercity Bus	928 811522

UTILITIES

Endesa (Electricity)	800 760909
Canal Gestión (Water)	928 814400
Iberdrola	900 225235

VETS

Jane Burke	928 513895 or 649 910784
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Need to Know

ORDERING COFFEE

Coffee is big-business, and coffee chains such as Starbucks have taken over the world – all apart from the Canaries, where local bars are still far more popular than the big multinationals. Here's how to buy and order coffee on Lanzarote.

BUYING COFFEE

Most of the ground coffees you see on sale will be marked mezcla (blend) or natural. Coffee lovers need to know that a mezcla is likely to contain torrefacto coffee – the proportion will be indicated on the packet.

The torrefaction process was developed in the 19th century and involves roasting lower-quality robusta beans with sugar to produce a glossy, caramelised glaze. Cheap and long-lasting, the harsh, assertive burnt-sugar flavour became an acquired taste during the hard years of the Civil War and its aftermath. Many older Spaniards still believe the resulting dark, bitter, strong coffee is best.

Torrefacto, however, is widely disliked by modern coffee buffs, who will always choose a natural, 100% Arabica, and are more than happy to pay the extra.

ORDERING AT BARS

Classic zinc-counter Spanish bars often use a commercial blend containing torrefacto coffee, while more upmarket joints may offer various types of coffee. Don't be afraid to ask. Here's what to ask for:

Café solo; Small, espresso-sized coffee

Café cortado; Café solo with a dash of steamed or cold milk. This is not the same as a macchiato, which uses frothy milk. Served in a glass or a cup.

Café con leche; Darker than a café latte, this is a normal milky coffee that millions of Spaniards take with breakfast.

Leche Leche; Canarian speciality with hot milk and a slug of sweetened condensed milk. If that's not sweet enough for you, it often comes with sugar.

Manchado; Leche manchado is a glass of hot milk "stained" with a drop of coffee for flavour.

Carajillo; A café solo with a shot of brandy or rum added.

Barraquito; A Canarian specialty - originated in Tenerife. A layered glass of coffee with condensed milk, liqueur, coffee and foamed milk. Often served with a sprinkling of cinnamon.

The Ally Shop

Find us
in the
Tias Map
No. 1

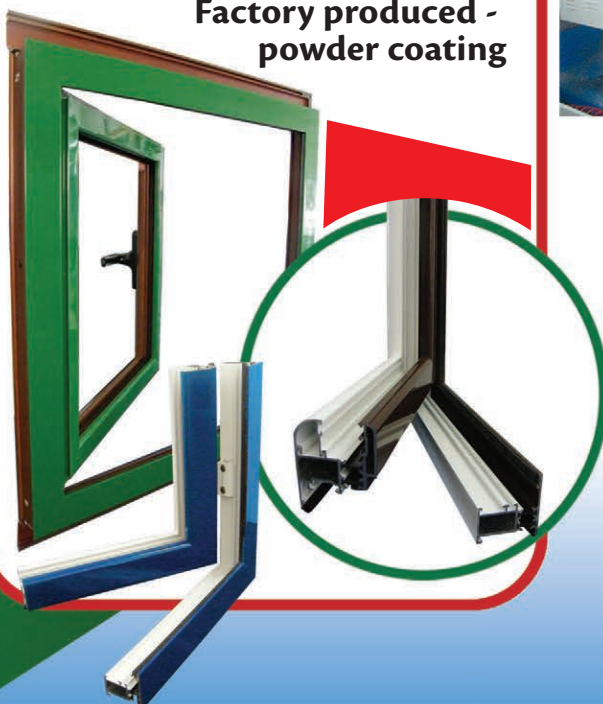
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Horoscopes

BY CLAIRVOYANT SHONA LANGHOLM



Aries

(21 MAR - 19 APR)

It's time to create something, Aries. It may take a bit of time and thought, but the activity will energise and inspire you in life-changing ways. And when you've finished, make sure you share it, then create something else.

Taurus

(20 APRIL - 20 MAY)

Devote a bit of time to your appearance and your self-image this month, Taurus. You don't have to get a portrait painted, but a fresh look, a new hairstyle and a few well-planned selfies will make you feel a whole lot better about yourself. It's not vanity; it's self-respect.



Gemini

(21 MAY TO 20 JUNE)

Money's still a bit tight, but you're starting to see some ways to get the income flowing again. Focus on these, and don't delay. It'll be tempting to enjoy the social opportunities that are also coming your way, but you really need to balance work with pleasure now.

Cancer

(21 JUNE TO 22 JULY)

Sunrises and sunsets inspire you this month, Cancer, so make sure you're up with the lark and out and about at twilight. The days may seem long at times, but these times of change show that nothing is permanent, and change can be beautiful.



Leo

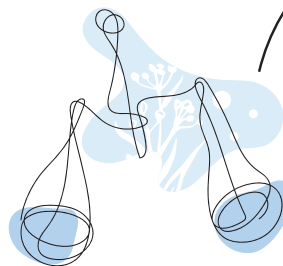
(23 JULY TO 22 AUG)

You've worked hard, Leo – now's the time to play hard, too. Take your leisure time seriously and throw yourself into it 100%. You'll find yourself filled with energy and fulfilment, and that old Leo charm will soon start to sparkle again.

Virgo

(23 AUG TO 22 SEPT)

Old faces make a reappearance this month, Virgo, and they'll bring welcome news. There are also new faces on the way in your own family. This will be a big deal in months to come, so make sure you get off on the right footing. Be warm and supportive.



Libra

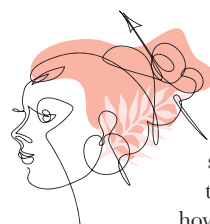
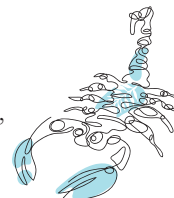
(23 SEPT TO 22 OCT)

Keep an eye on the little details this month, Libra. Things could get out of hand quickly if you don't watch closely. It shouldn't be difficult, as you're focused, motivated and pin-sharp now, and your attitude is about to attract influential admirers.

Scorpio

(23 OCT TO 21 NOV)

You're in snuggly, cosy mode at the start of the month, Scorpio. There's work to do, but you also need to enjoy some time with those you love the most. Later, it's time to take those good feelings outside and share them about a bit.



Sagittarius

(22 NOV TO 21 DEC)

You've been feeling a little sorry for yourself recently, Sagittarius, and no wonder. But now's the time to swallow your pride and share your problems. Once things are out there, you'll know better what to do and how to get back on the right track.

Capricorn

(22 DEC TO 19 JAN)

This month you need to move it, move it, Capricorn. Turn the music up and sing and dance until you've let it out. Friends will help, of course, and a great night out will be even better. But you need to express yourself to function at full capacity.



Aquarius

(20 JAN - 18 FEB)

Keep secrets close to your chest this month, Aquarius, and don't let anyone outside your closest most trusted circle in on the action. There'll be time to announce your plans with a big fanfare later, but right now you need to keep things under wraps.



Pisces

(19 FEB - 20 MAR)

You have a right to privacy, Pisces, so if someone is trying to control you, remind them that simple respect is the very least that you demand. You'll get that respect and more at work, where you're really making a change for the better.



Instagram

of the month



@rosagvnocturnas



@giada_mlspirit



@adinaa.crisan



@ipedrakos



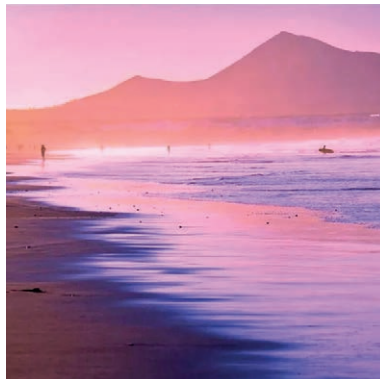
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use #lovinglanzarote and we will print your pictures

International Day
of Rural Women

RURAL

Saturday 15th
October 2022





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VENTA DE
ENTRADAS

festivaldemusicavisualdelanzarote.com



FESTIVAL DE MÚSICA VISUAL LANZAROTE 2022

11 | 22 OCT

CONCIERTOS

**IVÁN VILELLA |
Ucronías**

Sala Buñuel | CIC El Almacén
11 OCT | 20.00h

**NICO HERNÁNDEZ &
SIMONE MARIN**

Sala Buñuel | CIC El Almacén
11 OCT | 21.15h

**O-JANÀ + MICHELE
RABBIA | Inland Images**

Auditorio Jameos del Agua
13 OCT | 20.00h

**AURORA BAUZÀ Y PERE
JOU | We Are (T)here**

Convento de Santo Domingo (Teguise)
15 OCT | 20.00h

**JAVIER INFANTE & NORTH SEA
STRING QUARTET | Electric Amazigh**

Auditorio Jameos del Agua
20 OCT | 20.00h

**EIVIND AARSET | Phantasmagoria,
or A Different Kind of Journey**

Auditorio Jameos del Agua
22 OCT | 20.00h

CINE

**MAX RICHTER'S
SLEEP | de Natalie Johns**

Sala Buñuel | CIC El Almacén
2019 | Reino Unido | 99 min
12 OCT | 20.00h

**ENNIO: EL MAESTRO |
de Giuseppe Tornatore**

Sala Buñuel | CIC El Almacén
2021 | Italia | 156 min
19 OCT | 20.00h



Cabildo de
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Centros de Arte,
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Cabildo de Lanzarote



Ayuntamiento
de Teguise