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GOOD ENOUGH TO EAT



At the end of this month, Lanzarote will hold its annual food fair in Teguise. In nine years this gathering has turned into an unmissable event; a civilised weekend of grazing, sampling, chatting and sipping in the island's heart.

It's a place where you'll find anxious chefs premiering new creations; winemakers inviting you to try this year's vintage, local prawns sizzling on a grill, spectacular, mouth-watering morsels everywhere you turn and thousands of happy visitors discovering what's on offer.

We celebrate the island's commitment to cuisine in our special feature this month, and I have to say that it's been a pleasure to research, talking to people who are burning with enthusiasm for what they grow, what they make, what they transform in their kitchens, and what they serve.

Enjoying food here is not just about your stomach, your nose or your taste buds; the most important organ is your brain, and the most important accompaniment to any meal is not salt, pepper or wine, but other human beings. Lanzarote knows that there's nothing as serious as enjoying a good meal in good company.

Another pleasure was meeting Lanzarote's up-and-coming tenor Pancho Corujo, who grew up among a deeply musical Lanzarote family and suddenly found himself travelling the world and belting out classic arias for a living. He's a hugely appealing, down-to-earth guy who seems to be just as surprised and delighted by the immense voice that comes out of his lungs as everyone else is. Take a look at him singing *Nessun Dorma* with two Canarian colleagues on Youtube to get an idea of what I'm talking about.

Talking of opera, they say it ain't over till the fat lady sings, but at the time of going to press we still have no idea whether Boris Johnson will have put a frock on and warbled a Brexit tune on 31st October. Let's face it, even if he did, it wouldn't be much weirder than what's gone before, but we'll update you with the madness next month.

In the meantime, the nights are drawing in and Lanzarote's getting a little cooler, but there's also absolutely loads going on, whether it's music, culture, sport or a hundred other activities. Get outside and enjoy it!

The Ed

EDITOR'S LETTER

NOVEMBER 2019



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We celebrate Lanzarote's vibrant food culture.



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FIRST LOOK

Catalan 12 Sentenced



Carme Forcadell



Oriol Junqueras

Catalan politicians and separatist activists were handed down harsh sentences at the end of a trial that has divided Spain.

Ex-vice president Oriol Junqueras received a 13-year sentence, while ex-speaker of the Catalan parliament, Carme Forcadell, will serve 11.5 years. Seven other activists and politicians received sentences ranging from 9 to 12 years.

Judges acquitted all 12 of charges of violent rebellion, but convicted them of sedition and misuse of public funds for their roles in the organization and execution of the illegal Catalan independence referendum on 1st October, 2017.

Once the sentences had been announced, Spain issued an international arrest order against Carles Puigdemont, the ex-president of the Catalan assembly who fled to Belgium after the referendum.

Nevertheless, in Catalonia, both supporters and opponents of independence have criticised the harshness of the sentences. The current president of Catalonia's

parliament, Quim Torres, called for "massive non-violent protests" and thousands of protestors blocked access to Barcelona's El Prat airport.

Spain's acting president Pedro Sánchez said "Nobody is above the law. In a democracy like Spain, nobody is subject to trial for his or her ideas or politics but rather for criminal conduct as provided by the law." Sánchez will be hoping that subsequent protests don't derail his attempts to win the forthcoming general election on 10th November, and is likely to adopt a hard line in the short run.

Meanwhile, Nicola Sturgeon of the Scottish National party commented, "Any political system that leads to such a terrible outcome must be changed urgently." Many have supported a Scottish-style referendum in Catalonia, but the Spanish Constitution currently makes such a solution illegal, and cannot itself be changed without a referendum.

Back to the Ballot Box

Over 800,000 Spaniards have requested not to be sent electoral publicity in the run-up to the General Election on 10th November.

This is the second general election in a year - the fourth in four years - and the nation is fed up with instability and failure to form a new government. Many looked forward to a "government of the left" after April's election, but Pedro Sánchez's refusal to grant a cabinet seat to the far left allies in the UP group rendered this impossible.

Currently, Sánchez's Socialists are going down in the polls, but still look like winning. All indications point to another hung parliament and more wrangling.



Pedro Sánchez



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LOCAL NEWS

Out of the Swim



Emma Pallant



Frederic Funk

Adverse weather conditions led to the suspension of the swimming race between La Graciosa and Lanzarote on October 5th. The Travesía A Nado El Río was called off the day before, and all entrants will receive free entry to next year's competition.

The weather also led to the cancellation of the swimming phase of the Ironman 70.3 race at Playa Blanca on the same day. This, in turn, led to chaotic scenes as contestants all rushed at once to collect their cycling kit for the bike phase. Great Britain's Emma Pallant won the race just a week after winning the same title in Portugal, while German Frederic Funk took the men's title.

Union Confession

One of the key suspects in the Union corruption case, Luis Lleó, has submitted a confession to the court.

After several appeals and legal attempts to derail the trial, Lleó submitted the confession in an attempt to avoid a public hearing in which recordings of him attempting to bribe another businessman would be played.

After several other accused in the Union case were sentenced, and Lleó's attempts to have the trial abandoned were rejected, Lleó clearly saw the end of the line, and has requested a settlement, saying he would "face up to the financial liabilities."

Lleó is accused of having attempted to bribe Cabildo councillor Carlos Espino to unblock construction on the Costa Roja project in Playa Blanca.

Carpark Fail

A tender to convert the car depository in Puerto del Carmen into a 98-place carpark has been withdrawn by the Cabildo after no businesses applied for the €106,000 contract. The parking area, under the large shopping centre at the junction of C/Anzuelo and C/Rociega, has been used as the depository for towed cars for several years.

The works were requested by Tías Ayuntamiento as a means to tackle the lack of parking in the resort, but the tender will now have to be redrafted to attract interest.

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Pere
Navarro

Pavement Ban for Bikes and Scooters

“Pavements are for pedestrians, for wheelchair users and for parents with children in pushchairs”, said Pere Navarro, head of Spain's traffic department recently, as he laid out plans to outlaw the use of electric scooters and bicycles on pavements.

Navarro confirmed “the law we are drafting prohibits use on pavements, but will also disallow parking bikes and

scooters on pavements.” He suggested that street parking areas for cars should also be adapted for cycles and motorcycles.

Navarro said, “There are nine million citizens over the age of 65 in Spain. They walk a lot for all sorts of reasons and they need the pavements to be free of obstacles.”

There have been several complaints of scooter users colliding with or frightening pedestrians on Lanzarote recently, and the way the scooters are often left in the pavement has also attracted strong criticism.

Playa Honda Plan

The Cabildo and the Ayuntamiento of San Bartolomé have announced a “short term” plan to ease traffic congestion at the Playa Honda roundabouts and underpass.

The plan is to build a tunnel that will lead off from the left-hand lane of the Avenida Mamerto Cabrera (the three-lane road in front of Roper, Maxihogar etc), pass underneath the LZ2 main road and lead onto the two-lane road that heads towards Deiland.

The plan will provide a faster route for anyone coming from Arrecife, Costa Teguise etc and who wishes to reach Deiland, Playa Honda town or change direction. The underpass will also have a cycle path and a pedestrian walkway.

Alexis Tejera, Mayor of San Bartolomé, commented, “We know the long term solution is to build a run the main LZ2 road underground or redirect it around Playa Honda, but this is a short term plan that will divert 10,000 cars from the roundabout.”



200,000 plus

Lanzarote's annual statistical report for 2018 shows that there are 149,183 residents on Lanzarote, with an average of 55,011 tourists at any given time, leading to an overall average figure of more than 204,000 people.

22% of residents are foreign, with the British composing the largest foreign community, followed by Moroccans, Italians, Colombians and Germans.

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ISLAND INFO

Cakes and Charity



Hearts Lanzarote

Make a note in your diary to come to the Charity Cake Decoration Competition and Auction organised by Hearts Lanzarote. The event will take place on the 4th floor of the Biosfera Shopping Centre in Puerto del Carmen on Saturday 7th December from 10 am onwards, with live music and auctions starting at 5pm.

Over one hundred families depend on food donations in the Tías municipality, and money raised will go to the Social Service Dept to help them out at Christmas. Organisers would love to hear from anyone willing to sing, perform, enter the competition or just volunteer in any way. Contact tammyanzano@hotmail.com

Girl Guide Sale

Lanzarote's Girl Guides are raising funds to host an international guide camp here next summer, and will. Be holding a big Christmas sale at Lanzarote a Caballo on the 17th

November, from 9 am to 4 pm. There'll be cakes, face-painting, a chocolate tombola and, of course, plenty of stalls selling local crafts. To book stalls or find out more call Wendy on 681 124 323.

Tom hits a century!

Happy Birthday to Tom Metcalfe, who will turn 100 years old on 7th November. Tom lives in Puerto del Carmen where he moved with his dear departed wife Ivy several years ago. Until a few years ago, Tom could be seen swimming in the sea every morning. We hope to bring you pics of Tom's birthday party next month.



Hole in One!

Dr. María Marco of Hospiten had a hole-in-one at hole n°8 on the 7th October at Lanzarote Golf Club in Tías. It was witnessed by José the gardener, who took the photo below.

Well done María, the drinks are on you!



Dr. María

Bye, Bob

Here at G Life we were shocked to hear of the death of Bob Matthews, who had been popping in to clean our windows, chat and brighten up our days for several years.

Bob was just 63, and bore his final illness with courage and discretion. A popular member of the island's paddle tennis community, he'll be missed by many of us on the island.

Remember, remember

The Starlight Cinema in Puerto del Carmen's CC Biosfera will be screening a charity showing of Peter Jackson's stunning, deeply moving WWI documentary. They Shall Not Grow Old at 6.30 pm on Remembrance Sunday, 10th November. 50% of all money raised will go to Help For Heroes, and you're advised to book early to avoid disappointment.

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In memory of Mary

A fond goodbye to Mary Hewitt, who passed away in September this year aged 82 years. Mary came to the island with her husband Ralph over 35 years ago. After Ralph's death Mary got involved with many events on the island including line dancing and The Elderberries who used to meet up weekly to play bingo and go out for lunches at many of the restaurants on the island.

She was one of the most generous people you could ever meet, who supported all the charities on the island - none more than the animal charities that were very close to her heart.

Mary suffered with her health for many years but always had a smile for everyone she met. A kind, caring and loving person, she will be sadly missed. God bless you, Mary.

Sunset Cruise 2019

Niños del Tercer Mundo charity report: A big thank you to everyone who braved the elements and hopped on board regardless of choppy waters for our annual Sunset Cruise on Saturday 5th October.

We all had a windswept but wonderful time thanks to the hospitality of Líneas Romero and the crew and, of course the fabulous Diana, who donated her time and talent to keep us company with her lovely vocals. Thanks too go to the San Antonio bakery in Tias for donating the bread and to all of those who sent in their donations despite not being able to make the date itself.

The generosity and tenacity of NTM members and supporters helped raised a fantastic €620 which, together with the €86 from Christopher's traditional music evening in mid-September means €706 will be sent to Ethiopia for our ongoing educational projects there.

A special thanks goes to 5-year-old Anna who's been saving up her pocket money and has donated €100 to NTM because she feels passionate about helping children in Africa — what a big heart for someone so young!

Charity Auction Update

The Charity Auction we publicised last month now has a venue! It will be held at the Sociedad in Nazaret on Sat 9th November. Lots to be auctioned should be delivered for sale registration at 10am; viewing will take place from 12-3pm, and the auction will run from 3pm to 5pm.

Small items to be sold as seen, while photos of large items can be displayed on a board for buyers to bid and then arrange to collect from vendor. Proceeds will be split 50% to the donor and 50% to local charities including Calor y Café.

For further queries and registration please contact drearymac@gmail.com

A Very Special Celebration in Playa Blanca



Brian McHarg and his wife, Lesley, retired early 15 years ago and moved to Playa Blanca from Killaloe, Ireland, where Brian was the MD of an electronics company and Lesley was a restaurant owner and chef. 18 years of marriage, five children and no less than nine grandchildren later, Brian has just celebrated his 70th birthday in style.

Thanks to Lesley, he and some of their friends were treated to a wonderful Champagne evening and dinner at the Curry House in Punta Limones, which the couple believe is the best Indian restaurant in the area thanks to a genuine Bengali Chef. It was a double celebration because Brian's youngest son Jamie was also there with his wife Eve, whom he had just married in the UK. They chose to honeymoon here and join dad for his special birthday. Brian said it was the very best birthday he could remember.

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EUROPE NEWS

António Costa



Portugal Stays Left

Portugal re-elected its Socialist PM António Costa in last month's general election. Costa's Socialists increased their vote share and are likely to renew a coalition with the Left Bloc, which has been largely welcomed by Portuguese electors.

If current polls are correct and Pedro Sánchez is re-elected as Spain's PM in this month's general election, it will confirm the Iberian peninsula as a rare outpost of socialist government in a Europe which seems to be turning increasingly to right-wing populist parties.

However, Sánchez will almost certainly have to come to an agreement with far left parties, whose demands for representation in the cabinet he has so far turned a deaf ear towards.

Indieref II?

Nicola Sturgeon has announced that she will ask Westminster to transfer the powers allowing another Scottish independence referendum to be held in 2020.

However, Boris Johnson has insisted that the 2014 Indieref was a "once in a generation" vote, while Jeremy Corbyn has also said he would not support a vote in the early years of a potential Labour government.

The possibility of Scotland leaving the EU despite having voted to remain has energised the independence debate once again. Sturgeon said, "We will win our independence. But not the Brexit way. Not by undermining democracy, demonising those who disagree, and plastering lies on the side of a bus. We will win by inspiring and persuading."

Europe vs Trump

Spain has reacted angrily to Donald Trump's proposal to activate tariffs on Spanish products such as cheese, wine, ham and olive oil.

After the World Trade Organization ruled that the EU had broken rules in its Airbus production, the US slapped tariffs on several European products, including Scotch whisky, British knitwear and biscuits, German and French wine and Italian and Irish spirits.

However, Spain angrily summoned the US Ambassador in Madrid and informed him that if his country activated the tariffs, Spain would retaliate by imposing its own tariffs that resulted from a 2004 WTO judgement in favour of the EU.



Scotland joins Europe on Smacking



The Scottish parliament's decision to ban smacking last month caused strong criticism in the UK, but brings Scotland into line with most European countries, including Spain.

From now on, Scottish children will have the same protection against assault as any adult after the "reasonable chastisement" defence was abolished. Wales is debating a similar law, while England still applies a "reasonable punishment" rule. Spain banned smacking in 2007, although courts have so far tended to be lenient in cases of minor corporal punishment that is judged not to harm the child mentally or physically.

Writer Irvine Welsh used sarcasm to back the Scottish ban, saying "Disappointing. I was given the belt almost every week at school and it made me into a cruel, psychotic drug addict. Now our so-called elected representatives would deny future generations such opportunities. PC gone nuts."

However, opponents of the ban have claimed that the ban could lead to parents being criminalised. They point out that polls show that 55 – 70% of Scots are against a ban.



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TOURISM TACKLES

THE FUTURE

Ángel Vázquez



Lanzarote and the Canaries have pulled all the stops out to reduce the impact of two recent blows to tourism.

Reyes Maroto



Yaiza Castilla



Canarian Tourism Councillor Yaiza Castilla recently announced that the islands have already managed to recover 91% of the airline seats that were lost by the recent collapse of Thomas Cook.

This is the result of an increase of 168,000 seats from the British operator Jet2.com, many of which will be destined for Lanzarote. The Canaries will also host 12,600 extra visitors who will be brought by increased flights from the Hungarian budget operator Wizz Air, while the Scandinavian package operator Ving – an affiliate company of Thomas Cook, will continue to send up to 400,000 tourists to the islands.

The regional and island tourist authorities have been incredibly busy over the last months, first facing up to a reduction in Ryanair flights following the Irish airline's decision to close its bases and reduce flights on the Canaries. Ryanair has rejected a request to reconsider the decision, but may still be tempted back by emergency measures from the Spanish government.

Spain's government has shown huge willingness to tackle the Thomas Cook crisis – it offered to prop up the company before it collapsed, but the UK government refused to back this proposal for fear of “creating a precedent.”

“Faith in Lanzarote will help us overcome these setbacks”

Following the company's collapse, Spain announced a €300 million emergency package, much of which was destined to reduce airport taxes in the Canaries and the Balearics in an attempt to encourage other airlines to occupy the spaces left by Thomas Cook.

Reyes Maroto, Spain's acting Minister of Industry, Commerce and Tourism, has met with tourism authorities from the Canaries and intends to offer a “comprehensive response” to the problems that caused Thomas Cook's bankruptcy.

Measures will be aimed at four areas: re-establishing flights and routes; supporting hotels with credit lines to make up for unpaid invoices; maintaining employment and, finally, recovering tourism with new campaigns aimed at creating loyalty to the Canaries.

LANZAROTE IS ON IT!

Lanzarote's Councillor for Tourist Promotion, Ángel Vázquez, has stated that he trusts “the faith that the main airline companies place in Lanzarote as a solid, prestigious destination will do a great deal to help tackle the impact of the Ryanair withdrawal and Thomas Cook's collapse.”

Vázquez was speaking during a frantic round of

Lanzarote's newly renamed airport



talks in Barcelona, where Lanzarote's Tourist Board held at least three meetings with important airlines. Among those airlines was Volotea, which has been the main impetus behind the big increase in French tourism to the island recently, and who Vázquez claimed would shortly announce new routes.

Another two meetings, with representatives from the Spanish airlines Air Europa and Vueling, also ended up with promising results that augur well for an even greater increase in domestic Spanish tourism.

Lanzarote has also been busy broadening its tourist appeal in recent years to diversify from the sun and sea model of tourism that package operators such as Thomas Cook specialised in. The island's prominence as a sporting destination is now undisputed, and the food fair in Teguise at the end of this month will be evidence of another hugely successful initiative.

LOOKING AHEAD

The Thomas Cook collapse was undoubtedly a heavy blow for the Canaries, taking place at the start of the winter season when these islands are the only Spanish destinations to guarantee sunshine.

However, it was not entirely unexpected. Thomas Cook had come close to collapse in the past, and for some time it has become clear that Canarian authorities have been diversifying in order not to keep all their eggs in one basket.

There are still challenges ahead, but there are also reasons to be more optimistic about the future of tourism on the islands. These include:

A Soft Brexit

The probability of a no-deal Brexit has been reduced by the Benn Act, which makes it illegal. Whatever happens in the UK over the next month, it looks increasingly likely that we will have a transition period to adapt.



Return of the 737 Max

The crashes that linked to the global withdrawal of Boeing's new aircraft have been a large factor in Ryanair's decision to cut routes to the Canaries. The plane, however, is expected to be fully operational by the summer season.

Turkish Conflict

It may sound cynical, but instability in Lanzarote's competitors has proven to be good news for the Canary Islands in the recent past. Peace and stability are things these islands can always guarantee.

Thomas Cook Takeover

Sunderland's Hays Travel have agreed to reopen 186 of Thomas Cook's shops in the UK, saving the jobs of 2,000 staff. Other buyers are also said to be looking closely at the company.



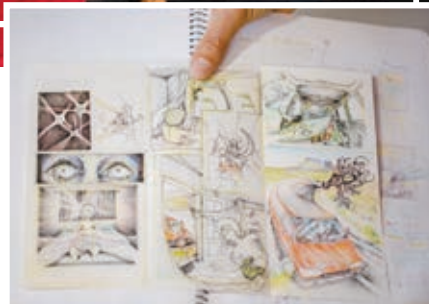
The Human Factor

Alex Dorta, artist and midsummer night's devil, is the latest subject of Lanzarote Tourism's Humans of Lanzarote project.



Alex Dorta is a young artist who lives and works in Tabayesco. Born the youngest of six in Arrecife, he studied at the island's Pancho Lasso art school, following in the footsteps of two of his elder brothers and thousands of other young islanders. The creative legacy of the school named after one of César Manrique's most important mentors has defined his career and his passion.

Alex works in all kinds of artistic work, designing murals, stage sets and floats for carnival parades. His gift for drawing is shared with and passed on by his two brothers. But each year, on the longest day of the year, Alex transforms into one of the Devils of Haría, a tradition invented by his older brothers Reinaldo, Ramón and friends in the 1990s. San Juan is Spain's bonfire night and its midsummer festival, when friends and family gather round a fire to eat, sing and have fun.



But on this occasion, the young artists planned to do something special. On the night in question, the usual speech was made but the fire was not lit.



fire while dancing wildly. The spectacle was so impressive it has become a regular San Juan event in Haría.

"I get goosebumps when I hear that dog-howling sound in the silent village," says Alex "It's like being the star of a really cool film."



Instead, shaggy horned devils emerged from the darkness, climbing down from roofs and palm trees or clambering out of holes carrying flares with which they lit the

Alex loves living in the north of Lanzarote "It's still a bit wild here," he says. "I've been away; I lived in Madrid for a while, and those journeys make you realise where you want to be."

The Humans of Lanzarote project can be found on Instagram, YouTube, website: www.turismolanzarote.com.



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Back to black (*and white*).



As Lanzarote reopens its seafront to traffic, we look at the history of a continuing controversy.

In August 2015, work began to renovate Arrecife's Avenida Marítima, closing off the capital's seafront to traffic. Previously, traffic had been able to pass in both directions, with parked cars arrayed by the roadside and several zebra crossings. It was common to see cars double-parked as passengers ran into the Post Office or shops, and pavements were narrow and damaged.

The seafront remained closed until January 2018, as the company contracted by the Ayuntamiento of Arrecife failed to complete its duties and a replacement had to be sought.

When it opened, local businesses were angry to discover that the seafront from the Gran Hotel to the Ayuntamiento building would remain closed to all traffic apart from buses, taxis and residents. A campaign was mounted, with the island's Chamber of Commerce taking a prominent role.

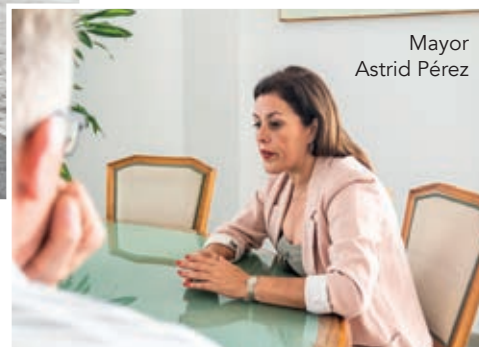
The target of their anger was the then-Mayor, Eva de Anta, who had committed to observing the original vision

of the seafront. As a result, the PP candidate for Mayor in this year's elections, Astrid Pérez, made a pledge to reopen the seafront a central element of her campaign.

Despite her party coming second in the elections, Pérez was appointed Mayor following a complicated pact with the Socialists and Somos, and has now decided to keep her promise. Seven zebra crossings were painted on the seafront road, and it was opened to traffic on 11th October.

However, many have criticised the decision as a backwards step. It's not just that they remember the noise, danger and chaotic atmosphere of five years ago; they also believe that a city that claims to be ecologically aware is once again taking refuge in the past.

And it's not just ecologists who oppose the return of traffic. Many Arrecife residents have grown to enjoy the broader pavements and the quieter, more relaxed atmosphere of the seafront.



Mayor
Astrid Pérez

3D Zebras

Among the seven zebra crossings along Arrecife's seafront are three 3D designs, the first to exist in the Canaries.

The 3D crossings have been located outside the Gran Hotel, the Sailing Club and the Agustín de la Hoz Cultural Centre, as these are areas where it is claimed that large concentrations of people often occur.

3D crossings are designed to give drivers the illusion that there are solid barriers in their way. As a result, they will slow down.

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You can check the qualifications of your adviser by visiting the following link; www.cii.co.uk/web/app/membersearch/MemberSearch.aspx

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At Logic, we are proud to have two fully qualified advisers, Ian and George, both of whom hold the Diploma in Regulated Financial Planning. Our other member Joe has commenced the rigorous examinations and is also on the way to becoming a fully

qualified adviser. Within our region in Spain, to have one fully qualified adviser is somewhat uncommon, but two advisers sets us apart.

Last month we were also invited to attend the European International Adviser Awards in London, which recognises some of the best advisory firms currently working in the EU. Although it wasn't our time to win one of the categories this year, we were extremely proud to be shortlisted by the organisation for our ongoing commitment to provide clients with the best advice and service possible. Not bad for a small family run business, competing against some multinational corporations!



Ian and George at the European International Adviser Awards

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Climate March



Thousands of people of all ages gathered at Lanzarote's Cabildo on Friday September 30th to join the global climate strike and march in protest.



The demonstration was called by the Lanzarote For The Climate platform, a union of 27 separate associations on the island, and was preceded by various workshops and information stalls in the Plazuela of Arrecife.

By 6pm, however, the space in front of the Cabildo was buzzing with protestors, many of whom were carrying placards or wearing costumes. An impressive sea monster, made entirely out of waste plastic and carried aloft by seven protestors, weaved about above the heads of the demonstrators.

The issue of climate change is highly relevant to Lanzarote. As an island where most inhabitants live close to sea level, it is vulnerable to rising ocean levels, and the issue of climate change is well known to all youngsters here. Led by young people, the march set off at 6 to drum beats and chants, making its way along the seafront to Reducto Beach, where the Arrecife En Vivo festival paused to allow organisers to speak.

With chants of "There's no Planet B", marchers continued to the Parque Ramírez Cerdá, where more speeches took place and song were sung.



NEWS EXTRA

Telamón tender

The Spanish Navy have announced that the contract for removal of the Telamón shipwreck will shortly be offered for tender. The contract will have to be completed in 365 days and 20% of the value of the scrap metal salvaged will go to state coffers.

During a storm on October 31st 1981, the Telamón was deliberately run aground between Costa Tegui and Arrecife to avoid its wreck blocking Arrecife's main harbour. In the 38 years since, the sight of the boat that was built in Dundee in 1955 as the Temple Hall has become an emblem of Lanzarote for hundreds of thousands of visitors. However, the rusting hulk has become increasingly unsafe.



Goodbye, Telamón



Butterfly blizzard

Lanzarote was blessed by millions of Painted Lady butterflies last month after Hurricane Lorenzo sucked air from the east, diverting millions of the insects from their traditional migration routes between Europe and Africa.

Although it looks frail, the Painted Lady (*Vanessa cardui*) has one of the longest migration routes in the world, extending from Scotland and Sweden in the north to Africa, with at least six generations taking part in the journey.

Petrol tax to be scrapped

Lanzarote's Cabildo has abolished the petrol tax of 2 cents on a litre that has been applied on all fuel sales on the island since 2013.

Cabildo Vice President Jacobo Medina announced that the measure would be put into practice as soon as possible, as it was an election pledge that his party, the PP, had campaigned on. He expected the President, Dolores Corujo, to support the measure.

The tax was introduced during Pedro San Ginés's first legislature to help fund new road projects.



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THE Voice OF LANZAROTE

*P*ancho Corujo is late for our interview, partly because he's been stopped a few times on the way. Arrecife locals recognise the young tenor from TV and his popular Facebook page, where he often posts funny videos, and they want a chat and maybe a selfie.

His popularity is no mystery – he's an open, friendly character with a touch of that swagger that every good tenor needs. He's also great company, full of fascinating opinions and humour, and one of the undisputed rising stars of Canarian music.

By Shaun Addison.

What brings you back home, Pancho?

There have been plenty of celebrations of the centenary of César Manrique's birth this year, but yesterday was the 27th anniversary of his death. I was invited to sing at a service in his memory at Haría graveyard and was honoured to do so. It was very moving.

Do you have any public performances lined up?

Yes. I'll be performing the role of Faust alongside Simón Orfila and Miren Urbieto at the Cueva de los Verdes on the 8th and 9th of November. It's a work based on Gounod's Faust opera and Boito's Mephistopheles, and the cave is the perfect venue.

Where were you brought up?

In Masdache. My earliest musical memories involve my mother getting me to read poetry and sing at celebrations in the Teleclub.

Why do you think Lanzarote has such a rich musical heritage?

There's always been a rich folk music heritage in the Canaries, and that means that music is widely accepted. It's not strange to have musicians in the family here.

Especially not your family. You come from one of Lanzarote's most famous musical dynasties – the grandchild of Domingo Corujo, whose music school is famous on the island, with several other relatives such as Antonio, Toñín and your brother Ciro who are deeply



linked to the island's folk scene.

Yes, my grandfather taught Lanzarote stars such as Benito Cabrera and Rosana (Arbelo), and I was surrounded by music from an early age. I showed some talent, and went to the conservatory in Tenerife after school. It was there that a teacher told me I could be an operatic tenor if I worked at it.

After conservatory I studied at the Queen Sofía Academy in Madrid, where I live now, and under Carlo Bergonzi at the Verdi Academy in Busseto, Italy.

The great Canarian tenor Alfredo Kraus lived on Lanzarote in his final years. What is his legacy for Spanish opera?

Alfredo Kraus is one of the reference points for any lyrical singer, a man who took his career seriously and deserved all of his success. He was hugely educated about music, and that's something I've learned from him – I'm a committed record collector and I read books about opera all the time. For me, Kraus is the paradigm of a serious opera singer.

How did you train your voice to sing the way you do?

If you look at an orchestra, there isn't an instrument that's the same as it was originally. A saxophone, a violin, a piano: they've all been improved with new materials. The voice is different, and the only way it can be improved is through technique.

And that technique also helps with

amplification – remember that we don't use microphones, and have to produce a voice strong enough to break the wall of the orchestra beneath the stage.

It's an incredibly powerful sound. Do you ever feel surprised at what's coming out of your mouth?

I still do, yes. A baritone sounds natural, but a tenor has that sharp, piercing quality. It's not natural.

Did you need acting training, too?

Yes, that's part of the training at the conservatory. Opera is drama – look at Faust. He sells his soul to the Devil in return for anything that he desires and what does he do? Falls madly in love and ruins everything.

Do you have any ambitions?

I'm restless. There are many challenges ahead of me and I'm looking forward to meeting them, but I've been a professional singer since 2006, with a career that's taken me around the world, and I still think that's a miracle. I have the greatest respect for anyone who makes a living at music, whether they're a singer in a bar or a rock star. I know that it always takes discipline and hard work, and that it can be lonely.

Do you have a favourite role?

I love singing Rodolfo in La Bohème. That's my favourite. More recently I played Don Octavio in Mozart's Don Giovanni for a project by the Spanish director Carlos Saura. It was a very satisfying experience and I felt comfortable in the role.



Thanks Pancho, and we'll see you in November.
Cont. on p.22 >>>



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THE

Maestro

>>> Cont. from p.21

Alfredo Kraus, widely regarded as the best lyrical, bel canto opera singer of all time, was born in 1927 in Las Palmas de Gran Canaria to a Canarian mother and an Austrian father. At the age of 30 he sang alongside the legendary Maria Callas in a production of La Traviata in Lisbon, and went on to appear in the world's greatest theatres.

From the 1960s onwards, Kraus holidayed regularly in Lanzarote. His relatives have said that something about the island's stark beauty appealed



The Alfredo Kraus Auditorium in Las Palmas de Gran Canaria



Alfredo Kraus

strongly to the great tenor, and although he originally stayed at the Hotel Fariones, he later had a magnificent house built by the Barranco del Quíquere, on the gorgeous cliffs between Puerto del Carmen and Puerto Calero.

Kraus loved to explore Lanzarote, and his guide and companion on several excursions was his fellow artist César Manrique.

After the death of his beloved wife Rosa in 1997 Kraus gave up singing for eight months. After resuming he said, "I don't have the will for singing, but it is a way of admitting I am alive."

Kraus died in 1999, two years after the iconic auditorium named after him opened on Playa de las Canteras.

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IN-HAND, AND ON A
SMALL ISLAND SUCH
AS LANZAROTE THAT'S
TRUER THAN EVER. OVER
THE NEXT PAGES WE OFFER
A LIST OF MANY OF THE MOST
IMPORTANT ISLAND-BASED
CHARITIES, EVERY ONE OF WHICH
IS TRYING TO MAKE THE WORLD A
BETTER PLACE.**

Charities display the human spirit at its best. At their most simple, they are about a group of like-minded people getting together to deal with a problem. Know how and expertise is pooled, and charities are able to respond rapidly and flexibly to new realities.

Lanzarote may look like paradise, but like anywhere else in the world it has its share of problems, and many of the island's charities are dedicated to tackling these. These associations can prove to be hugely rewarding places to spend a little voluntary time. They also provide an essential helping hand for people from all backgrounds who find themselves in situations they never predicted.

Then there are the animal charities – always looking for more funds and more volunteers to deal with a constant tide of miserable, confused, abandoned animals.

Over the next two pages we publish a list of some of the major charities on Lanzarote. This is by no means a comprehensive list – we haven't included island branches of British or other overseas charities, and the national Spanish charities included are those with a noticeable presence on the island. If you're looking for a support group or charity that isn't listed, it's still worth researching, as there are many smaller groups dotted around.

Every single one of the associations listed overleaf, however, will be more than happy to talk to you and accept whatever help you can offer. Even though, in a few cases, there may be language problems, it seems that the universal language of compassion and kindness prevails.

STRENGTH IN NUMBERS

At this magazine we know exactly how generous Lanzarote can be. Month after month we print announcements and reports of charity events, and we're more than happy to share stories or photos that will help promote your cause, too.


There are endless examples of ex-pats banding together for a good cause, and local charity organisations work tirelessly throughout the year to make the island a better place. Best, and most effective of all, is when all communities on the island pull together, forming unbreakable social bonds as well as positive change.

We've seen it happen time and time again, and we've always been keen to play our part.

That's why our G Island pages 8 and 9 are there for all your charity announcements - and we'll print them free of charge. All you need to do is get in touch. You can also share with us on our Facebook page or on Instagram.

And if you do wish to take out advertising space in our magazine, we'll offer a 50 % discount to all registered charities.

CHARITY ROUNDUP



SOME OF THE FOLLOWING ORGANISATIONS WILL WELCOME DONATIONS OF FOOD, CLOTHES, FURNITURE; OTHERS ARE MORE INTERESTED IN VOLUNTARY WORK OR OTHER TYPES OF PERSONAL INVOLVEMENT; ALL OF THEM WILL WELCOME FINANCIAL AID, AND ALL OF THEM ARE CERTAIN TO BE DELIGHTED THAT YOU HAVE EXPRESSED AN INTEREST IN THEIR WORK.

Health

ADILA

The Lanzarote Diabetics Association offers help and support to those with this increasingly prevalent disease. **Call 620 949 62 or visit their Facebook page.**

AFA

The Alzheimers Family Association continues to provide support for families and sufferers of this debilitating illness.

Go to AFA Lanzarote on Facebook or call 928 806 529.

AFIBROLAN

The association for sufferers from fibromyalgia on the island. **Visit www.afibrolan.org, email: info@afibrolan.com or call 928 597 011.**

AFOL

The main charity organisation for cancer sufferers and their families on Lanzarote. AFOL has carried out many hugely valuable works and has strengthened links with the ex-pat community in recent years. **www.afol.info, Tel: 928 816 960.**

ASPERCAN

Association for Aspergers Syndrome sufferers and families. **Search for Aspercan on Facebook or call 667 908 205.**

EL CRIBO

A campaign to improve the rights and offer support to sufferers of mental illness and their families. **www.elcribo.org Tel 928 804 545.**

PERPETUARTE

An innovative charity bringing the island's artists together to raise funds for cancer research. **Contact via Perpetuarte's Facebook page.**

Social Issues

ADISLAN

A disabled association with an impressive centre located in Tahiche for both physically and mentally disabled people on the island.

www.adislan.com. Tel: 928 811 421.

ASOCIACIÓN CANARIA POR UN SOLO MUNDO

Charity working with extremely poor countries. e.g Guinea Bissau and Nepal. **Visit www.porunsolomundo.org or call 645 506 169.**

AUNAR

Association offering support for recovering drug addicts.

Call 928 805 422 or visit their regular stall at the Tegui market.

CALORY CAFÉ

Sor (Sister) Ana and her team of dedicated volunteers continue to provide food, support and hygiene for Arrecife's homeless.

Call 928 813 070 or visit the drop-in centre in Arrecife after 7pm.

CARITAS LANZAROTE

The local branch of a national organisation providing food, shelter and support for the homeless. Their centre can be found in Arrecife, in San Ginés square, located in the convent, but there are also smaller centres around the island.

Tel: 928 816 197 or visit Asociacion Caritas Lanzarote on Facebook.

CRECIENDO YAIZA

Non-profit organisation for children with physical and mental disabilities in Yaiza municipality. The aim is to set up local facilities meaning that children don't have to travel 80 kms daily to Arrecife and back.

Email: creciendoyaiza@gmail.com or visit

www.creciendoyaiza.es or Creciendo Yaiza on Facebook.

CRUZ ROJA

Lanzarote's branch of the international Red Cross movement provides invaluable help via emergency services and social work with the disadvantaged.

www.cruzroja.es, email: lanzarote@cruzroja.es or call 928 814 866.

KIKI'S CHILDREN'S HOME

Lanzarote resident Kiki Kirk has set up and runs a home for desperately poor street children in Nepal.

Email: kiki047@hotmail.com

LANZAROTE ACOGE

Immigrant care, literacy and legal advice centre that offers a vitally important service for new arrivals on the island. **Call 928 807 630.**

LANZAROTE HELP

Local charity that has established a hospital in Cameroon. **www.lanzarotehelp.org**

MARARÍA

Collective dedicated to the rights of women and combatting domestic abuse on Lanzarote. An effective and highly visible organisation for all nationalities. **www.mararialanzarote.es**

NIÑOS DEL TERCER MUNDO

Lanzarote-based charity helping children in third world countries such as Peru and Kenya. **www.ntmlanzarote.org. Tel: 638 765 646.**

REMAR

National organisation that provides support and re-entry for recovering drug addicts and other marginalised persons. **Call 928 803 585 or visit their furniture shop near the General Hospital.**

SENDEROS SIN BARRERAS

Association that provides expeditions and all-terrain wheelchairs for the disabled. **Visit senderossinbarreras.com**

TIEMAR

Women's association based in Playa Honda, devoted to promoting equality, education and assistance in cases of domestic abuse.

Tel 928 81 90 75. Email: info@tiemar.org

Web: www.tiemar.org

Animals & Environment

FREDDY'S CATHOUSE

Freddy Leon and his team have tirelessly helped the feral cats of Playa Blanca, setting up feeding post and neutering campaigns.

https://freddyscathouse.org email freddyleon@gmx.de

SARA PROTECTORA

Lanzarote's main centre for unwanted and abandoned animals.

www.saraprotectora.org (click on English or German language flags).

THE KENNEL KLUB


A new animal charity devoted to rescuing injured and abandoned dogs on the island.

Call 646 479 284/ 649 811 150, visit their Facebook page or email: thekennelklub@outlook.com.

ORIGINAL PALS

Starting out as an animal charity, Original PALS now raises funds and campaigns for social and health causes, as well as bringing other charities on the island together. Animal aid organisation.

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NEVER STOP EXPLORING!

A Bridge Too Far

The idea of a bridge linking Lanzarote to Fuerteventura has been revived by Fuerteventura's Cabildo.

Fuerteventura's Cabildo have published a preliminary study into the possibility of constructing a 15 kilometre bridge connecting Playa Blanca and Corralejo. The technicians involved claim the structure would cost 742 million Euros, but insist that it would need to be technically viable, and that the bridge would be worthwhile in terms of economic development.

The study revives the idea of an "Eastern axis" in the Canaries, linking the two oriental islands to create an entity that is better placed to compete with the principal islands of Tenerife and Gran Canaria.

The main attraction of such a union would be for tourism, allowing visitors to access everywhere from Órzola to Jandia by car or coach. The team

in charge of the study stated that the bridge would make the two islands the "principal focus of Canarian tourism."

The bridge would also instantly become the longest in Spain, far outmeasuring the three kilometre record holder in Cádiz. Only the 18 km Crimean Bridge in Russia will be longer in Europe.

The Drawbacks

The main drawback of the plan is, of course, the visual and environmental impact. There would almost certainly be a huge outcry about such a huge project that would be visible from all points in northern Fuerteventura and southern Lanzarote. The study takes this into account but also suggests that the bridge will offer new viewpoints and may become a tourist attraction in itself.

Another drawback for residents is that it will be a toll bridge, charging at least as much for

crossings as the existing ferries. This is how the study foresees that the bridge would start paying for itself within 40 years.

Meanwhile, on Lanzarote, the study has so far been met with a resounding silence from official quarters.

G Comment

Let's face it, no one wants a bridge to Fuerteventura apart from the constructors and engineering firms who'll get to build it. The calm, peaceful, uninterrupted views of distant volcanoes are the main attraction of hundreds of restaurants and hotels in both Playa Blanca and Corralejo, and no-one is going to welcome the addition of a huge concrete span and a string of headlights after dark.

We're still extending the harbour at Playa Blanca, for goodness sake, and the existing ferries not only do a fine job but offer tourists a much more adventurous crossing than a bridge.



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ED'S POSTBAG

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Send your letters to Facebook @Gazettelifelanzarote or our email editorial@gazettelife.com

Bag it up!

Hi guys

Following on from David Lamb's letter in the October issue: I was greeted on my return from a morning walk to Papagayo beach by a large deposit right outside our villa. A search for a suitable bag and bin started me thinking,

and then David's post encouraged me to suggest more readily-available "poo bags" on sale - but most importantly, an introduction/increase in poop bag bins. If they are there, surely more folks will use them?

Regards Lynne Gray

PR problems

Dear Editor

As home-owners and long time visitors and lovers of PDC, we feel very concerned by our worsening experiences on the promenade with the PR restaurant promoters.

It has become a nuisance, bordering on harassment, especially if the group are female as happened to me with my cousins when our way was blocked.

On the complex where we live a German lady, who was visiting for the first time on

her own, commented that she loved the island, but felt "intimidated" when walking down the promenade.

None of this reflects well on this beautiful island of warm, generous people.

Surely in 2019, as with the now outlawed timeshare promoters, the time has come to ban restaurant PR on the strip?

Let people enjoy the beautiful views in peace and eat where they choose.

Kind regards Mr & Mrs W, via email

Thanks for your Patience

Dear G Life

I'd just like to thank the passengers who shared the recent Jet2.com flight from Newcastle with me and my baby Katie. I don't know why she was crying so badly - it could have been the pressure hurting her ears - but she doesn't usually cry like that.

It's mortifying to have a baby screaming the place down - the stress of having a distressed baby is multiplied by embarrassment at the disturbance you're causing, so I'm really grateful that everyone was so patient and the couple on the seats in front were so supportive, trying to cheer Katie up.

I don't mind if they go and moan on Facebook afterwards - there was a time when I might have done it myself. But it's good to know that people are basically nice.

Donna Keyes via email

Crime Rhyme

Dear Ed,

Barely a day passes when you don't read or hear about some type of scam. Much of this is done by manipulating computer technology to fraudulent ends, but there are still many people out there who could sell refrigerators to eskimos.

The old saying comes to mind, 'If it seems too good to be true, it probably isn't true'.

I've written the following about one of the culprits. I call him...

Mr Smiles

I guess we've all met Mr Smiles,
Whose seductive message so beguiles,
That for a moment we suspend belief,
Not thinking he's really a thief.

He will sell insurance, old used cars,
Dodgy holidays in seedy bars,
Anything to part you from your cash,
That at first doesn't seem too rash.

But be wary the moment that he beams,
Whatever he says is not all it seems,
Keep a healthy distance from his smiles,
Treat him like sharks or crocodiles.

John Leppard, Las Villas, PDC

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No Fleas Navidad!

Christmas is a time to welcome guests, but there are some uninvited visitors all pet owners can live without. Lanzarote vet Jane Burke gives us the lowdown on fleas.

What a long, hot summer and autumn we've experienced this year. Long, hot - and itchy for a great many of our pets.

The medical word for 'itchy' is 'pruritic'. And pruritic pets and infected ears have been the price our furry families have paid for endless heat and calima smog. The main reason for this is the effect of higher temperatures on fungal growth and insect life cycles.

Fleas, for instance, take 40 days in a temperate climate to develop from an egg

to an adult egg-laying flea. Each flea can survive up to a year and lay over 2,000 eggs. But here, in the temperatures we have had for most of the summer, they can develop from egg to adult in 10 days, and lay 2,000 eggs in the next week. Do the maths - one flea that hopped onto your pet while out walking will produce 2,000 fleas in ten days and those will produce 4,000,000 in the next ten.



“ If you haven't found fleas on an itchy animal, you're not looking hard enough.”

Adverse Reaction

There are very many allergies that can make your pet itchy. Food allergies, contrary to common belief, are incredibly rare, though high-protein diets are thought to exacerbate itching. I have no doubts that most pet treats contain dangerous amounts of salt, preservatives and colourings that don't help.

Allergic reactions to inhaled allergens are more common in dogs. These include pollens, dust mites, human scurf, and contaminants that arrive with calima winds. Whilst similar allergies in humans are seen as hay fever and asthma; in pets it is most often seen as 'atopy', i.e. itchy skin. I also see cases of salt and or sand sensitivity, and very occasionally contact allergies. These tend to be easy to spot as they only affect areas with no fur (tummies, arm pits, groin and inside the ear).

There are no cures for allergies and most will require lifelong medication to control them and give your pet relief from the resulting scratching and biting.

But by far and away the most common allergy is an allergy to fleabites. Whatever the cause of the itch the presence of fleas will make matters worse. So in every case you need to seek help in controlling them. You need to understand that flea eggs fall off your pet wherever they are and the microscopic larvae thrive in soft furnishings, rugs, and pet baskets. Your best weapon for the house is a bag-less Hoover, emptied everyday!

Your pets will need relentless anti-flea treatment. Please discuss the options with your vet, (and if you can buy the same thing they recommend cheaper on line, be aware that the internet is flush with fake medications). Please be careful not to use dog treatments on cats and do not assume that fumigation floor treatments are safe for either of them.

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The skin is the biggest organ of the body and if its defence mechanisms are compromised it can be life threatening. Itching can be due to bacterial, viral, fungal or parasitic conditions or a combination of any of the above. Skin problems can be a sign of underlying liver, kidney, digestive, neoplastic (cancer), dental, auto immune, allergic or infectious conditions.

But it is most likely to be fleas! Vets have a saying that in cases of itchy animals, if you can't find fleas you haven't looked hard enough.

I am seriously allergic to fleabites and I have the deepest sympathies with you and your pets in the constant battle to avoid a quality-of-life destroying infestation. But it can be done and recent developments in treatments make it entirely possible.



I have just washed and filled my furry family's bowls and we all raise a toast to winning the battle against the bugs in life, and sleeping soundly.

I would like you to wish you all a lovely Christmas and hope that maybe you can make this years celebrations a chance to give food to the hungry instead of eating to access, to give time to animals with no home of their own, to find people without family and invite them into yours for a few hours of company and kindness, to fill the painful ache of lost loved ones with the joy of sharing your blessing, and to show your children what kindness is and that generosity has nothing to do with expensive gifts.

SARA Dog of the Month

Corona, born in June 2017, is a pretty Podenca mix who arrived in Sara this July. Her walkers say she's a really beautiful girl, gentle, very affectionate and a pleasure to walk. She is not remotely aggressive with other dogs, makes great eye contact and is as smart as a whip. Corona's a gorgeous girl who'd be the perfect addition to an active household.

With around 150 dogs in Sara at any one time and only half a dozen employees caring for around 400 animals, volunteer dogwalkers are desperately needed. Why not come along to Sara in Tahiche from 10.30-13.00 Monday-Saturday plus 17.00-19.00 on Tuesdays summertime (16.00-18.00 when the clocks change). The dogs would love to see you.





Dr. Nicoleta Iancu

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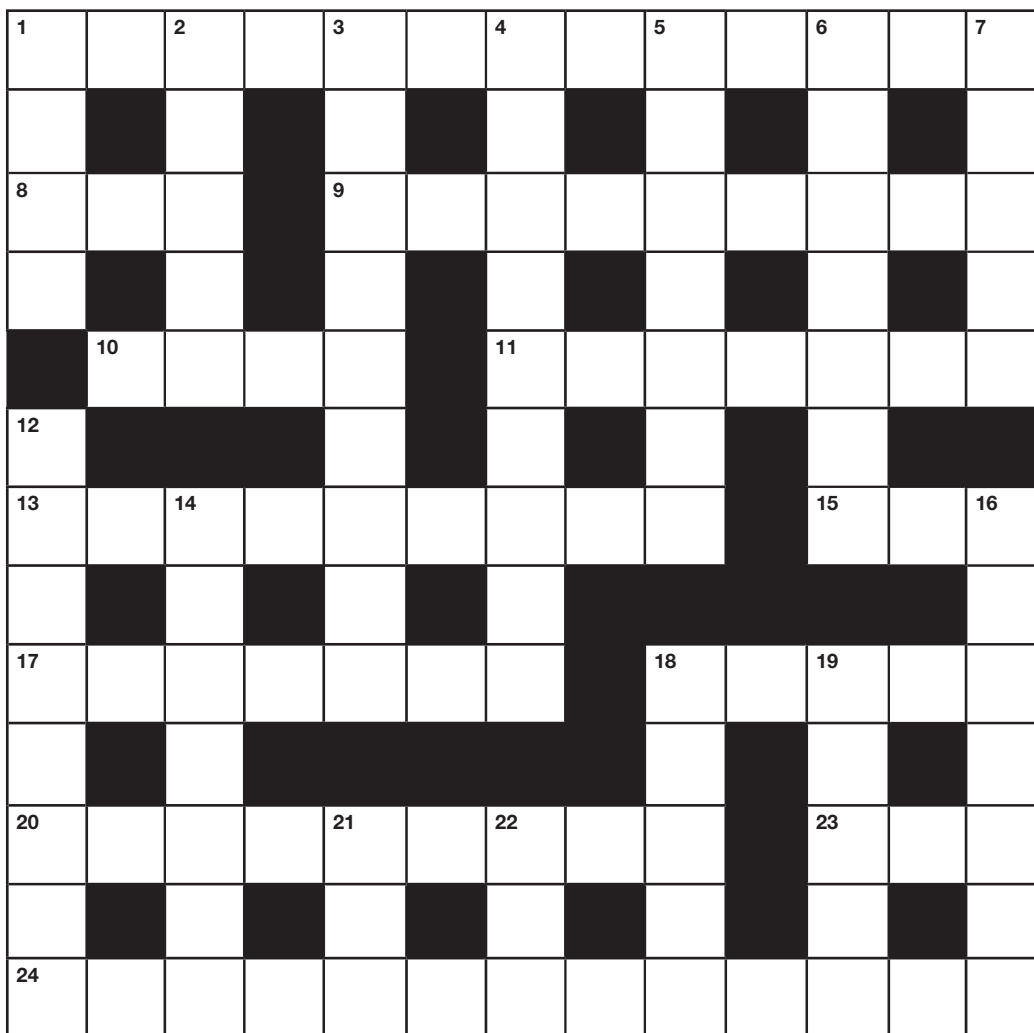
Monday - Friday 10am - 2pm & 5pm - 8pm | Saturday 10am - 1pm



To celebrate this month's big Food Fair in Teguse, this month's crossword is related to food and drink on Lanzarote. Fill the clues in and you could win a bottle of island wine.

Last month's winner was Ruth Ravenhill of Costa Teguse, Well done, Ruth!

Please send your entries to: editorial@gazettelife.com. See our addresses on pg 5.



Across

1. Main variety of fruit grown in Lanzarote's vineyards (8,5)
8. Product made by Bernardo's Mermeladas, for example (3)
9. A strategist (9)
10. Morecambe, Clapton or Cantona (4)
11. Small, neat beards (7)
13. Small, salty preserved fish (9)
15. A faulty item, or Mr Moore (3)
17. Below freezing (in centigrade) (3-4)
18. Footballer from Hull City, or rugby player from Leicester (5)
20. Ingredient used for most Lanzarote cheeses (5,4)
23. A short-lived craze (3)
24. Starchy tubers grown on Lanzarote with yellow or deep orange flesh (5,8)

Down

1. Tangy Canarian sauce that comes in red or green varieties (4)
2. Type of primate that only lives on Madagascar (5)
3. Large thistle flower whose edible heart is eaten after boiling (9)
4. With a hidden identity (9)
5. Stringed instruments (7)
6. Seed that flavours Pernod, ouzo, and Lanzarote's matalauva bread (7)
7. British heptathlete Jessica (5)
12. Vital ingredient of local fast food salchipapas (8)
14. Basic ingredient of kimchi, coleslaw and sauerkraut (7)
16. Gilthead breams that are caught and served in Lanzarote (7)
18. Chicken masala, the UK's favourite dish (5)
19. Toasted, ground cereal that is a Canarian staple food (5)
21. Best of six games in tennis (3)
22. What you say when you get married (1,2)

Last months answers: Across: 1. Mancha Blanca 8. Reverse 9. Parma 10. Ted 11. Ascension 12. Old Age 14. Stamp 16. Annual 18. Resit 20. Ironman 21. Iraqi 23. Awe 24. Theme Park Down: 1. Marathon 2. Navidad 3. Haria 4. Bleach 5. Aspen 6. Carnivals 7. Saint Patrick 13. Gourmet 14. Sardine 15. Plunge 17. Noose 19. Misa 22. AKA

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BUSINESS UPDATES



Villa Check In: Get it Sorted!

All tourists aged 16+ who are staying in holiday lets must provide their details to the police or risk fines from €900 to €30,000. It's a hassle, but it's something you can't afford to ignore. So why not call Villa Check In on 681 124 323, and they'll do it for you for €25 each booking (regardless of size of party). It's simple, it's easy and it's professional.

Macassar: The Christmas Boutique

Christmas is always extra special at Macassar, and the showroom at C/ Néstor de la Torre is the biggest Christmas showcase on the island, with heaps of ideas for gifts and decorations. But in case that's not enough for you, keep your eyes peeled for the HoHoHo pop-up shop now open Tuesdays to Saturdays from 10:30 to 14:30 and Sundays from 9:15 to 14:15 inside Stephanie Fraselle and Matula's Bakery in the Villa de Teguiuse. There'll be another HoHoHo store from 1st November on the first floor of the Biosfera Shopping Centre.



Pablo Ramos for Christmas

Christmas is on the way, and whether you're thinking of unique gifts or fantastic decorations, you need to visit Pablo Ramos's studio at C/ Rubicón 160, in San Bartolomé. If you've already visited Pablo's shop, you'll know the score – if not, prepare to be charmed, enchanted and inspired.



LCT Response

A representative of LCT has contacted us in response to last month's letter from Mrs Glynis Edwards to say that there is no discrimination against people with mobility issues by either LCT or Amanda buses. In the incident described by Mrs Edwards the problem was not the size of the scooter, but the weight, which exceeded the maximum that is made clear at all sales points. Another bus driver may have attempted to transport the scooter in any case, but in this case the driver was recovering from a back injury and could not take that risk.

The Boys from Futuro

One's called Lloyd; the other's called Rob, and what they lack in flowing locks they make up for in personality, professionalism and reliability. If you haven't got your roof waterproofed, now's the time of year to get it sorted and Futuro Roofs are the lads who'll do a perfect job with a 20-year guarantee. Call 683 335 147 or 659 179 792 to find out more.

Wedding Fair in San Bart

Designer Oswaldo Machín will be one of several creators to join the 4th annual "Si, Quiero" ("Yes, I Do") Wedding Fair in San Bartolomé.

The fair will be held in the Parque Félix Rodríguez de la Fuente on the 8th, 9th and 10th of November and will feature stalls from over 50 exhibitors from all over Spain. There'll also be catwalk shows, a kissing room and several other events.

This year entry is €1, which will go straight to SARA Animal shelter.

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Meaty Issue

Barbecue fans will have been heartened by the recent announcement by a group of scientists who claim that there is no strong evidence that red meat is bad for you.

The findings have proved controversial, and it should be stressed that they don't actually say that red meat is good for you – just that the evidence that it's bad for you isn't as strong as claimed. And the findings only apply to meat itself, not the way it's cooked or ingredients that are added. For example, frying or grilling meat increases cancer risks, and salt and unsaturated fats are still harmful.

Also, the findings don't change the evidence that increasing consumption of fruit, vegetables and pulses can improve your health. It is also unlikely to convince vegetarians who have given up meat for ethical or ecological reasons to change their minds.

Health BITES

The Future is Bionic

A paralysed man has managed to move all four limbs thanks to a Robocop-style exoskeleton developed by a French laboratory.

Thibault, 30, was paralysed from the neck down after a fall at a nightclub. After agreeing to test the exoskeleton, he was fitted with brain

implants and practiced controlling computer avatars before being fitted with the suit.

The technology is far from perfect, but it's an important step in the field of transhumanism, a movement that believes that human potential can be improved by technology.

US Vape Backlash

The benefits of vaping have been questioned after US authorities have confirmed eight vape-related deaths and over 800 cases of lung disease. President Trump has pledged to ban flavoured e-cigarette products to protect youngsters, and American health experts are warning vapers to give up until more information is available.

However, in the UK no vaping deaths have been detected and many health authorities recommend vaping as path to giving up tobacco. Experts agree that, whatever the risks of vaping, it is far safer than smoking tobacco.



In Spain, vaping is less widespread following a health scare in 2015. The downside of this is that smoking remains popular, with more Spaniards smoking now than they did in 2005.

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Mr Tickle Returns

Once again, thousands of blokes will be letting their upper lip sprout freely as Movember returns once more. The event, in which sponsored moustaches are cultivated for men's health charities, has proved a massive success in the 15 years since it started in Australia.

There are now several health awareness months, including Veganuary, FebruHairy (a body positive initiative encouraging women not to shave body hair), September (promoting 10,000 steps a day) and Drytober (giving up alcohol).



Early to Bed, Early to Rise...

New research shows that we are not naturally "early birds" or "night owls" and can be trained into new sleeping patterns in just three weeks.

Australian scientists encouraged a group of night owls, who habitually went to bed after 2 am, to hit the hay two or three hours earlier. They were also advised to get plenty of sunshine, to eat breakfast after waking up,

to eat lunch at the same time every day and to eat dinner no later than 7pm.

The results showed a marked improvement in both mental and physical performance, with subjects rising at least two hours earlier than usual and feeling less tired throughout the day. Measurements for how healthy, wealthy and wise they were were not provided.



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and cheer and song above
hoarded gold, it would be a
merrier world.”*

J.R.R. Tolkien

ue Rico...

FRESH FLAVOURS

At the end of this month, Lanzarote will once again host the most important food event on the Canary Islands – the Saborea Lanzarote Food and Wine Fair in Teguise. Now an unmissable annual fixture, it confirms that the island is a real hotspot for dining.

Some of us have known this for years, of course. Lanzarote is an island with a rich local cuisine, spectacular fresh ingredients, over 50 years of high quality experience in catering and a competitive restaurant sector where only the best survive. It's the birthplace of talented chefs who have been joined by fresh faces and ideas from all over the world.

In the following pages we celebrate Lanzarote's cuisine – the food, the wine, the producers, the chefs, the waiters, the restaurants and, of course, the diners. Take a seat - there's always something new to discover.





Lanzarote ON A PLATE

On the last weekend in November, the old town of Teguise will host what has become one of the most popular events of the year for both foodies and general visitors – a food fair where all of Lanzarote is served up on a plate or in a glass.

Festival Enogastrómico doesn't translate very well - it roughly means food and wine festival – but thankfully the name of the island's most important food event of the year isn't the only mouthful on offer. This fair is an event that is rapidly becoming one of the island's most popular and unmissable dates.

Organised by Saborea Lanzarote, the local branch of the Saborea España initiative which was launched in 2010 to develop food tourism in various regions of Spain, the fair has become bigger and better every year, taking over the old town of Teguise for a

long weekend during which thousands of visitors are able to sample the very best of Lanzarote's produce and its restaurants.

Stalls will offer products from wine to goats' cheese, pastries to seafood, and much, much more. Guests simply buy strips of €1 tokens which they can exchange for a sample of food or wine at any stall they like. Larger morsels may cost a couple of tokens, but the best advice is to move around like a hummingbird, taking a bit of whatever you fancy.

And it's not just Lanzarote on display. Over



"It's a weekend that shows that Lanzarote loves learning about food and drink almost as much as it loves dining."



the years an increasing amount of guests from the other Canary islands and further afield have attended the festival, which has hosted several popular Spanish TV chefs.

It's a hugely exciting event in a country that has been at the forefront of global cookery trends for almost two decades now. That worldwide status was underlined two months ago when Lanzarote's El Grifo bodega hosted an inspirational talk by the most influential living chef in the world, Ferran Adrià, as a taster event for the food fair.

This year will bring a space dedicated to all eight Canary islands, as well as a new zone showcasing the cuisine of the mid-Atlantic, offering little known dishes from Lanzarote's ocean-going neighbours such as the Azores, Madeira, Cape Verde and the classic dishes of Galicia.

The Timple Museum in Teguise will become a Canarian Produce House, with several local cheeses and wines, and in the centre of the fair there'll be a seafood



Chef Luis León will be at the Festival as usual, sharing his wisdom and showing off his skills.



stall where giant tuna are professionally cut up and auctioned for charity. There'll also be cookery classes, kids' cookery events and a keenly contested competition for local amateur cooks.

Lanzarote food fairs have proved to be popular events all over the island, but this is undoubtedly the daddy of them all - a place where you'll end up snacking, sipping, exploring and discovering - and also where you always seem to end up chatting - to stall owners, restaurant owners, farmers, fellow visitors. It's the essence of Lanzarote's social, civilized attitude to good living.

FOUNDING FATHER

Luis León is one of the elder statesman of Lanzarote cooking. His Toro restaurant was a reference for quality on the island, and that reputation has been carried on to exciting new projects such as Arena in Puerto del Carmen and Cala, at Arrecife's Charco.

Originally from Andalusia, Luis arrived on Lanzarote more than 30 years ago and has since become one of the most famous and widely-recognised chefs on the island, as well as a figurehead for Lanzarote's culinary renaissance.

A founding member of Lanzarote Cocina, a TV chef on local channels for several years and a familiar face at the Teguise food fair, Don Luis says, "At this event we can show visitors the love and the detail that goes into the cuisine of Lanzarote, which is intimately interlinked with its surroundings".



3 Key Canarian INGREDIENTS

The Canary Islands lie between three continents that have shaped their cuisine. African goats have provided milk and meat since prehistory, while the discovery of the New World brought potatoes, tomatoes, peppers, tobacco and much more. Meanwhile, European cooking techniques and styles have always dominated.

Nowadays, these islands have welcomed people from over 200 nations, many of whom have arrived for good. They have brought their own products and dishes to these unique islands, and much more arrives every week on cargo ships.

Nevertheless, there are still some local ingredients that you could travel the world for a lifetime and never find an improvement on. Here are just four of them.



Sweet Potato

Perhaps the Lanzarote ingredient par excellence, grown with skill and care in the sandy Jable desert region.

The world's biggest sweet potato was grown by Manuel Pérez in Güime, Lanzarote in 2004. It weighed 37 kgs.

Sweet potatoes were one of the most important ingredients brought back from the New World, and Lanzarote has treasured them ever since. With two main varieties – one with red skin and yellow flesh, and one with yellow skin and deep orange flesh, they are both essential to several Canarian dishes, such as *pucheros* or *sancochos*.



Tomatoes

You won't find a better tomato than a ripe, tangy Canarian tomato whose flavour has been intensified by hot sunshine.

For decades, British shoppers looked forward to ripe winter tomatoes from the Canaries – the only place in Europe they were in season.

Tomatoes are another ingredient that Lanzarote and the Canaries have seized upon. However, while they form the basis of countless sauces in Spain, Italy and France, here they seem to be valued mostly when raw.

A drizzle of good olive oil and a few flakes of salt, and you have something that is impossible to improve.



Goat Cheese

From sweet, mild fresh cheeses to deeply-complex mature cheeses, Canarian goats cheese is regularly voted the best in the world.

We recommend teaming 'queso fresco' with 'dulce de membrillo' (quince preserve) or a sharp, tangy 'semi-curado' cheese with raspberry jam.

Canarian goats roam wild, grazing in specially grown alfalfa meadows or foraging on mountainsides. The result is a creamy, easily-digested milk that is a staple ingredient on the islands. At a day or two old it's called queso fresco (fresh cheese). Later it's semi-curado or curado (semi-mature or mature). If your view of goat's cheese has been shaped by pongy French cheeses, prepare to be surprised.

The Very BEST



Finca Machinda is a magnificent, fascinating example of Lanzarote's agricultural rebirth.

One of the most important aspects of Lanzarote's recent food revolution is the revival of Lanzarote's farming tradition. Finca Machinda, which produces delicious, locally grown, organic fruit and vegetables, is one of the most impressive new projects on the island.

Matuli Rodríguez is full of belief in the Finca Machinda project. At the gorgeous Óleo Tapas Bar in Puerto del Carmen's C/ Doramas, she shows me a perfectly ripe tomato and invites me to listen to the crunch of a lettuce leaf. Picked just a few hours ago at the Finca, this is the sort of fresh, seasonal produce that the best chefs really get excited about.

Finca Machinda actually consists of a number of plots dotted around the island, "Each one is perfect for a different product," says Matuli. However, the main plot is in Tao, right in the heart of Lanzarote's agricultural heartland.

The finca produces organic pumpkins, onions, spinach, sweet potatoes, kale,

salad greens, herbs, leeks, courgettes, tomatoes and much, much more, depending on the season and demand. A new idea is boxes of selected produce, which will be sold at the finca and the Magma Innovation Hub in Arrecife, and will be available to individual buyers shortly.

"Our aim is to produce genuine quality produce on Lanzarote," explains Matuli. "The Finca Machinda project is a tribute to the farmers of the island, who deserve this commitment; and it's a way of preserving the island's landscape and agricultural traditions for future generations."

Finca Machinda arrives at a time when all of us are becoming increasingly aware of environmental issues, and its Zero Kilometre ethos and anti-plastic policies chime with current trends. It also accompanies a move towards quality tourism that celebrates the unique landscapes and products of destinations.



PRODUCT

Fresh, organic vegetables and fruit.



LOCATION

The sandy, arable soils of Tao.



ON OFFER

Guided tours of the finca.



VERDICT

An inspiring project rooted in quality and tradition.

"This is a matter of pride. Pride in our island, in what we can produce ourselves, and pride in our future."

The Finca supplies six restaurants on the island, including Óleo, and its products can be bought at the Los Molinos frutería in Costa Teguise. It's also open daily to visitors who can buy freshly picked produce and, if they reserve in advance, take a tour of the beautiful farm area, based in the heart of Lanzarote's El Jable corridor, with stunning views of the landscape and the Chinijo archipelago.

"This is a matter of pride," says Matuli. "Pride in our island, in what we can produce ourselves, and pride in the future."

Contact Finca Machinda on 645 301 937, fincamachinda@gmail.com or Instagram [@fincamachinda](https://www.instagram.com/fincamachinda)



"Some are already almost booked up, so make that call."

veganism are perfectly normal and respectable lifestyle choices, while others are conscious of their consumption of gluten and dairy. Even allergies and intolerances are on the rise globally.

If you're planning a meal with several guests, make sure you find out their dietary restrictions early and chat to the restaurant in advance. This way, you'll find that most will bend over backwards to accommodate you.

SPECIAL RESERVE

Now's the time to start thinking about end of year meals; those special occasions that mark the festive season and live in the memory forever.

The Long Holiday

Christmas in Spain isn't the frantic affair it is in the UK. It's a long, languid, relaxed two-week season of celebrations and good living that you can take at your own pace. But it's also a time when the Spanish indulge their fondness for eating out and spending a long, social mealtime together. As a

result, restaurants will be full and the best ones will fill up early. Some are already almost booked up, so make that call.

Talk, Talk, Talk

Mealtimes are getting more complicated every year, it seems. Nowadays, vegetarianism and



An Island on your Plate

Office parties, Christmas dinners, romantic meals for two, fun with kids, seafood lunches, that delicious post-Christmas curry – there are so many fantastic ways to dine on Lanzarote over the Christmas holiday. All you need to do is make sure you plan a little in advance and, if you're out and about, make sure that someone with a driving licence stays sober.



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Recipe of the Month

BAOFEL

Chef's Tip:

Antonio says "A lot of care and love has gone into this recipe, and I hope you enjoy it. If you want to try the original, come to the Cook In Lanzarote stall at the Feria Enogastronomica in Teguise on 23rd-24th November, present a voucher for one baofel and this page from g Life magazine for an extra one! See you there!"



The Day Before

Soak the dried fava beans and chickpeas in water the day before. Add 5 grams of Sodium bicarbonate to avoid gases.



The Cooking Day

Blend garlic and onion with a food processor or blender.

Add chickpeas, fava beans, salt, coriander, cumin, parsley and blend everything. Important: the fava beans and chickpeas must not be cooked (only soaked)!

Let this mixture rest for one hour in your fridge.

Heat your oil over a medium heat. Form small balls with the mixture and roll them in the sesame seeds until well covered. Deep fry them for 2-3 minutes or until the white sesame seeds change to a darker colour.

To serve as Baofel, heat your Bao bread, stuff it with one falafel ball, add some Kimchi

You can also add some deep fried aubergine slices and add some acidity with a lime mayonnaise.



Ingredients

2 cups of dried fava beans (alubias)

2 cups of dried chickpeas (garbanzos)

A half-cup of mixed black and white sesame seeds, toasted lightly

A large onion, finely chopped

1 tbsp garlic, finely chopped

1 bunch of coriander (cilantro), chopped

1 bunch of parsley, chopped

1 tspn cumin (comino)

1 tspn salt

Vegetable oil to fry

This month, Antonio Chicón will be at the Teguise Food Fair on the 23rd-24th of November, and he'll be showcasing a recipe of his own creation which he calls Baofel.

A meeting of the Middle and Far East, it consists of a falafel in a steamed Chinese bao bun, with a dash of spicy Korean kimchi to liven it up. Bao buns can be bought in Chinese supermarkets or frozen goods supermarkets.

Here's Antonio's recipe for falafels, the delicious, vegan snacks that form the basis of this dish, and which are a staple dish all over the Middle East. This variation is based on a recipe from Jordan.



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Lanzarote's REBIRTH

Lanzarote's food culture has transformed itself this century: Now, the temptations of the island's products and cuisine are becoming an increasingly important aspect of its tourist appeal.



The Roots

Once upon a time Lanzarote was the Canaries' granary; it milled gofio, tinned fish, exported tomatoes and cochineal, and most of the people here worked in farming, fishing or on the vines. Then came tourism, bringing wealth and more attractive opportunities. The island never fully lost its traditional cuisine, but for many years it became increasingly difficult to find - markets closed down, fields lay fallow and the supermarkets ruled supreme.

The Revival

New trends in food and health urged a new generation of farmers to return to the land, often adopting organic cultivation methods, and these suppliers also attracted the attention of chefs and restaurant owners. Inspired by Spain's sudden reputation as a global leader in cuisine, new establishments started to appear, serving dishes of a standard that had rarely been seen on the island before. Meanwhile, groups such as Lanzarote Cocina formed to share ideas, and initiatives such as Saborea Lanzarote were set up to support them.

Towards the Future

Currently, the restaurant scene on Lanzarote is as exciting as it's ever been, with young, ambitious chefs carving out names for themselves all over the island, while older ones provide some of the most reliable experiences you can find. There's a hunger for new ideas and new flavours and a keenness to turn Lanzarote into something special - a place where humans and nature come together to create beauty and art, where landscape, social life and celebration are at one, and where food and wine is an essential element of that.

Que Rico...



Dailos Perdomo

At 28, Dailos Perdomo is one of the brightest and youngest hopes in Lanzarote cooking. A graduate of the Cordon Bleu school in Madrid, where he also worked under Diego Guerrero at his two Michelin-starred DSTAgE restaurant, he has now returned to Lanzarote as the head chef and manager at Liken at the Marina Rubicon in Playa Blanca.

"I love the sea, and the products of the sea, and the possibilities here excite me," says the young chef, who also counts fresh local produce and excellent service as the essentials of his philosophy.

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CHEFS' SUMMIT

Lanzarote's restaurant sector is always changing, always adapting. We invited five of the island's most promising and innovative young chefs to talk about the sector at Uga's Cook In Lanzarote.

THE CHEFS



**Antonio Chicón,
Cook In Lanzarote**

A new, exciting idea in the field of experience tourism, Antonio Chicón's cooking classes are held in stunning premises in Uga, where the trained chef will show you the secrets of Spanish, Thai, vegan, pasta, Canarian and Spanish dishes. The rave reviews on Tripadvisor show there's a new must-do on Lanzarote.



**Jon Pérez Barreto,
Nakai**

Jon Pérez trained in Malta and Madrid, working under the two-star Michelin chef Ramón Freixa at Ático, before returning to Lanzarote to begin the Nakai project on Playa Honda's seafront. But it was in Vancouver, with its 40% Far Eastern population, that really shaped his passion for Thai, Vietnamese and Korean techniques.



**David Pérez,
Esencia**

Bilbao is one of Spain's cooking hotspots, and David Pérez from the Basque capital represents the best of Spain's neoclassical cooking style. His restaurant, Esencia, in the wonderful La Tegala building in Mácher, is a reference point for fine dining on Lanzarote and a showcase for quality at every level, with a special focus on service.

How has the culinary scene changed on the island of Lanzarote in recent years?

Jon: Completely. There are new suppliers, a new interest in cookery.

Rubén: Places such as the Charco have become dining hotspots.

David: This is a global movement, though. It's not just here.

Have the internet and social media changed things?

David: Absolutely, it's a partner that you never planned to have. It's something you have to take care of but it can also help in many ways.

João: Yes. In one respect

everyone's a critic nowadays, but that can be useful. You can get a view of your work that you'd otherwise miss.

Is Lanzarote ahead of the rest of the Canaries in terms of cooking?

Jon: It's not a competition.

João: No, other islands are way ahead of us in some aspects. The food fair is great, though, and it offers us the chance to meet chefs from all over.

What advantages does Lanzarote offer?

Rubén: The climate!

João: The range of products



here is great, and the island is small enough so that what you do do is visible. But there's a trade off for chefs - in somewhere like Madrid you can really make a name for yourself - there are millions of people, press, so much opportunity. But there's also

much more competition. It's a little easier here, but that also gives you the chance to improve in your own time.

Lanzarote's economy is based around the resorts, but there are plenty of dining hotspots elsewhere? Is location a factor?

Jon: Lanzarote's 60 kms long. It's not too hard to go anywhere to dine.

João: I get a lot of French customers, just because the hotel nearby has many French guests, so it can affect your clientele in that way. But I also get locals and foreign residents here.

Antonio: The foreign residents are great customers. They really value what we're doing.

Running a kitchen is tough, demanding, high pressure work. What gives you satisfaction at the end of the day?

Rubén: People coming up to me, giving me a hug, saying they've enjoyed themselves.

João: I like to watch their faces. A cook doesn't get a chance to do that too often, but when you see someone taste that first mouthful and see them nod, that makes it all worthwhile.

Antonio: I know what kitchen work involves, and when I had a young child I decided to try a different model. I love my work, but I love my family time, too. Making that work is satisfying.



João Faraco,
Coentro

From São Paulo, Brazil, João Faraco brings an entirely new aspect to cooking on the Canaries, and it's this refreshing attitude that has led to him winning the title Best Cook in the Canaries last year. Serious, talkative and deeply committed to his calling, João has combined skill and vision to make Coentro an exciting proposition for Lanzarote diners.



Rubén Dario Rivera,
Citurna Casual Food

Rubén Dario Rivera is a Colombian chef with several years experience under his apron - most recently at the Princesa Yaiza hotel. His brand new solo project, Citurna Casual Food in Playa Blanca, offers an exciting, inspiring take on the street food revolution and has already received rave reviews.



PIPING HOT!

Food trends are always changing, and if you think they don't matter, look how pulled pork ended up everywhere after the craze for long, slow cooking. Here are few of the currents that will influence what you get served up in the near future.

Street food

When 70-year-old Jay Fai won a Michelin star for her Bangkok stall selling crab omelettes, street food hit the big time. Ever since pizza took off, ready-to-eat food has always been huge, but now

it's been taken to a new level. From Venezuelan arepas, Polish bagels, Indian pakora, German bratwurst, Greek gyros and, of course, good old fish and chips - street food's having a real moment.



Fermentation

Arising from an increased awareness of gut health, as well as the search for pungent, exciting new flavours, fermented foods are all the rage today. Health fanatics are already familiar with kefir and kombucha, while in the kitchen familiar fermented products such as yoghurt and sauerkraut have been joined by exotic imports such as Korean kimchi or Japanese miso.

Vegan foods

Whether you're vegan, vegetarian or omnivorous, it's becoming clear that we're going to have to adopt a more environmentally-friendly diet sooner or later, and that's a choice that also makes sense health-wise. Watch vegan protein sources such as tofu, pulses, nuts and seeds really take off in the next few years, as well as a focus on naturally vegan ethnic dishes such as samosas, falafels - even Spanish favourites such as gazpacho.

Instafood

Once upon a time no-one photographed their food. Now it's a full time job for many people. Instagram simply can't be ignored by new restaurants, snack bars and cocktail bars, and it's more than just a question of immaculate and innovative presentation - you need to offer ingredients and cooking methods that inspire, too.



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you've chosen the right place.

Adventurous British tastes are also responsible for the Indian and Chinese restaurants you'll find in the resorts.

Hotel Dining

Lanzarote's hotels are what brought classic cuisine to the island, and they're still hugely important culinary centres where chefs can make a name for themselves. Names like Princesa Yaiza, for example, will pop up on the CVs of the island's best cooks time and time again. Forget the all-inclusive buffet and focus on the premier restaurants that are found in most hotels – they're open to everyone, and guarantee a memorable experience.

Fast Food

Fast food on Lanzarote ranges from *hamburgueserías* where you'll always find a burger with everything on named after the establishment, Colombian *areperas*, *asadores* offering roast chicken to take away, and hundreds of bars where you can grab a quick plate of tapas, a fish sandwich or a slice of tortilla. The big chains are here, too, but they've always faced an uphill task.

LANZA FOOD

While Lanzarote has a marvellous traditional cuisine, there's a lot more to the food you'll eat here than old ladies toasting maize and stewing goat meat. Here are some of the main influences on Lanzarote's cuisine.

British Food

Lanzarote's popularity with British and Irish holiday makers means that it's not hard to get a Full English/

Scottish/Irish breakfast a Sunday roast and even a Christmas dinner with all the trimmings, and if you sometimes prefer a cuppa to a *café con leche*, then



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Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations.

We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We'll cater it and it will be the talk of the town for quite a while.

Food has always been a passionate subject for us.

We love it here -

Lanzarote is really our home away from home - but most of all we love you, our dear guests. So enjoy, and if there is anything we can do to make your experience more pleasurable, do not hesitate to ask.



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A GLASS OF JOY

Lanzarote's is a wine culture but that doesn't mean you won't find all sorts of alternatives to fill your glass with and enjoy alongside that perfect meal.

Malvasía

The malvasía volcánica grape is the island's star – the starting point for wines that are young, fresh and utterly

drinkable. These wines are the fuel that power a thousand parties and celebrations, the elixir that turn meals



into memories and the reason for enchanting landscapes that are utterly unique in the world. Lanzarote's wines also include other whites, sparkling festive vintages, rich dessert wines, refreshing rosés and reds that are just starting to get really good.

Craft beer

Once upon a time there was Dorada, Tropical and a handful of brands from mainland Spain – Cruzcampo, San Miguel, Mahou, and Estrellas Galicia and Damm. Now there are at least three microbreweries producing a range of fascinating local beers on Lanzarote, as well as several more from the rest of the Canary Islands. Even the big brewers have worked out that special reserves, dark and wheat beers and other brews are in demand.

Juice it up

Non-alcoholic cocktails and drinks are one of the strongest trends in catering right now, and Lanzarote is right on board with its love for fresh, zingingly healthy juices. From oranges and coconuts that taste of instant sunshine to exotic mangos, guayabas and passion fruit, with plenty of delicious nut milks added, this is an island where it's never hard to quench the most parching thirst. The only rule is to enjoy yourself...



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A close-up, high-angle photograph of a Black man with a beard, wearing a white dress shirt and a blue tie, playing a gold saxophone. He is looking down at the instrument. The background is a soft, out-of-focus green and yellow.

Feel the Beat

- 62 What's On
- 64 Art & Culture
- 66 Spotlight On
- 68 Music, Maestro!

Welcome to the new-look entertainment and nightlife section of the magazine!

Within the following pages, you can find a Live Music Guide to help you decide which of the hundreds of bars to visit in order to see some fabulous regular music gigs whilst you're here, plus a What's On guide which has more specific events that are taking place this month.

The Art & Culture pages give you more information about some of the cultural events in November and there is also an interview with a local familiar face from the Lanzarote music scene, so you can learn more about their lives here and what brought them to the island.



Ellen and John:
all smiles at Jesters

Jesters in Costa Teguse does one thing, and it does it brilliantly. Currently celebrating 10 years in business, we visited Ellen and John at Costa Teguse's – and Lanzarote's - No. 1 karaoke bar.

“We must have heard Sweet Caroline 10,000 times!,” laughs John (karaoke pick: Billy Idol's White Wedding) and Ellen (Abba - Does Your Mother Know?) as they sit in a snug at Jesters bar. But the couple didn't plan on opening a karaoke bar when they moved to Lanzarote - that's just how things turned out.

Ellen says, “This wasn't the location I wanted - but we decided to go for it anyway.” John agrees, saying “We found out what worked and what didn't work through trial and error - and it turned out to be much simpler than we thought, due to a great team that have been with us since the start.”

Sing it Out...

And it seems that what people want after a long day on the beach or at work is a place where they can laugh and belt out some of their favourite songs in a welcoming social atmosphere with a few drinks and maybe a bite to eat.

Part of Jesters' success is down to Ellen, who has become almost a mother-figure for guests. “It's true - I've watched families growing up and returning year after year,” she smiles, “People know that they'll get looked after with me in charge - but they also know they'll get a telling off if they don't behave. It's all about running the place well.”

“It's true - I've watched families growing up and returning year after year,”

somewhere else to go instead. They'll usually be back, so it's a win-win.”

John and Ellen are also committed to their local resort, running coach trips to St Georges Day celebrations and carnival parades. “We're very community-oriented,” says Ellen, “It's our job to sell the island.”

One of Jesters secrets is that it is reliably open until late – until 4am every night. This guarantees that it's not just tourists who can be found there, there's also a good blend of locals and workers who've finished their shift elsewhere in the resort. With daily happy hours from 8-11pm and Ellen's free buffets, Jesters simply does things right.

“We know how important it is for people to enjoy themselves, not just for our sake, but for Costa Teguse's sake” says John, “So if someone comes here earlier on when it's a bit quiet, I'll recommend them

Social media has been vital to Jesters' success, with lively Facebook pages where loads of photos are uploaded every night so everyone can see themselves performing their favourite songs.



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What's on

MUSIC



AINARA LEGARDON
22nd November, 9pm
CIC El Almacén, Arrecife. Tickets €5.

LANZAROTE ENSEMBLE
1st November, 8.30pm
El Salinero Theatre, Arrecife. Tickets €10.
www.entrees.es.

FLAMENCO NIGHT
1st November, 9.30pm
Restaurante Italica, Puerto del Carmen.

LOS PANCHOS TRIO
75TH ANNIVERSARY TOUR
16th November, 8pm
Theatre in Atlántida Cinema, Arrecife.
Tickets from €30. www.tomaticket.es.



BIG BAND CANARIAS
WITH GERARDO NÚÑEZ
21st November, 8.30pm
El Salinero Theatre, Arrecife.
Tickets from €10. www.entrees.es.

THE GATHERING
23rd November, 4.30pm
Mulligans, Old Town, Puerto del Carmen. Entry: €5.

THE SKA DUO
24th November, 5pm
Ancla 2, Puerto del Carmen.

THE SKATOONS & LOW ISLAND
REFUGEE GROUP (TENERIFE)
29th November, 10pm
La Grulla Bar de Cosas, Arrecife Marina. Free entry.

LATONIUS GOSPEL CHOIR
30th November, 8.30pm
El Salinero Theatre, Arrecife. Tickets €20.

DAAHOUD SALIM QUINTET
23rd November, 8pm
Music Festival, Cueva de los Verdes.
Tickets €22. www.cactlanzarote.com.

EXHIBITIONS



PINTOR DE LA VIDA
Until 30th November
Exhibition of paintings by Vicente Verdú.
Lanzarote Art Gallery, Costa Tegui.

ANTHROPOLOGY OF A MURDER
Until 2nd November
Exhibition by Pepe Betencort.
Casa de la Cultura Agustín de la Hoz, Arrecife.

EDDA REENTS
From 5th - 28th November
Exhibition launch event at 7pm on 5th November.
Casa de la Cultura, Yaiza.

WRITING A BODY
Until 31st December
Exhibition by Patrick Germanier.
Casa de la Cultura Agustín de la Hoz, Arrecife.

INSULARIA EXHIBITION
AND GRABADO EN LÍNEA
Until 31st December
Cabildo de Lanzarote, Arrecife. Free entry.

FROM THE BEGINNING
Until 31st December
Exhibition by Fernando Higuera.
International Museum of Contemporary Art (MIAC),
Castillo de San José, Arrecife. Entry from €2.

QUE NOS ZURZAN
Until 11th January
Exhibition by Sandra March. CIC El Almacén, Arrecife.
Free entry. www.culturalanzarote.com

THE INDEX FINGER
Until 11th January
Exhibition by Pepe Vera. CIC El Almacén, Arrecife.
Free entry. www.culturalanzarote.com.

THEATRE & SHOWS

FESTIVAL OF PERFORMING ARTS:
OPERA FAUST VS MEPHISTOPHELES
8th and 9th November, 8pm
Cueva de los Verdes.
Tickets from €25 from www.cactlanzarote.com.

**DANCE PERFORMANCE:
THE END OF THINGS**

23rd November, 8.30pm

El Salinero Theatre, Arrecife. Tickets €12.

**FESTIVAL OF PERFORMING ARTS:
BHAkti - DINNER & SHOW**

30th November, 8pm

Casa-Museo del Campesino.

Tickets from €50 from www.cactlanzarote.com.

OTHERS

VOLUNTARY BEACH CLEAN

First Saturday of every month

Playa Blanca. For more information, call 620 281 900.

JAMEOS FOOD AND MUSIC NIGHTS

Tuesdays and Saturdays from 7pm

Entry: Dinner and concert from €39.90. Vegan option also available. Concert only: €11.50. Jameos del Agua

MUSEUM NIGHTS - NOUVELLE CUISINE

Fridays and Saturdays from 7pm

Castillo de San José, MIAC, Arrecife.

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**Open daily
from 10am-5:45pm.**

Workshops occur
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Casa-Museo del
Campesino.
€3 per person.



REGULAR MARKETS AND SALES

...MONDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

...TUESDAY...

9am - 2pm: Farmers Market

Pueblo Marinero, Costa Teguise

9am - 2pm: Market Puerto Calero

9am - 2pm: Market

Caleta de Sebo, La Graciosa

...WEDNESDAY...

9am - 2pm: Market

Marina Rubicón, Playa Blanca

9am - 2pm: Market

Caleta de Sebo, La Graciosa

10am - 3.30pm &

4.30pm - 10pm: Artisan Fayre,
C.C Biosfera, Puerto del Carmen

6pm - 10pm: Handicraft Market
Pueblo Marinero, Costa Teguise

...THURSDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

...FRIDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9am - 2pm: Market, Puerto Calero

10am - 2pm: Market, Old Town
Harbour, Puerto del Carmen

5pm - 10pm: Market

Pueblo Marinero, Costa Teguise

...SATURDAY...

9am - 2pm: Market

Marina Rubicón, Playa Blanca

9am - 2pm: Market

Plaza Iglesia de San Ginés, Arrecife

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9:30am - 1:30pm: Market

Calle Joaquín Rodríguez, Uga

10am - 3.30pm & 4.30pm - 10pm:

Artisan Fayre,

C.C Biosfera, Puerto del Carmen

10am - 2:30pm: Market &

Handicraft Market, Plaza León y
Castillo, Haría

2nd November 10am - 2pm:

First Saturday of every month

Great Kennel Klub Sale

Calle Las Puntas 6, El Cable, Arrecife

9th November -

Second Saturday of every month

9:30am - 12:30pm:

Car Boot sale in aid of SARA Animal

Centre, Tahiche Garden Centre

Call 646 838 749 for more

information or to volunteer.

...SUNDAY...

9am - 2pm: Market Teguise

9am - 2pm: Original PALS Car

Boots Sale. Lanzarote A Caballo.

Sellers arrive 8-8:30am. No booking
required. Price per stall: €10

9am - 2pm: Farmers and Handicraft

Market. Mancha Blanca, Tinajo

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9:30am - 1:30pm: Market

Calle Joaquín Rodríguez, Uga

3rd November 9am - 2pm:

First Sunday of every month

Farmers and Art Market,

Plaza León y Castillo, San Bartolomé

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Art & Culture

Opera, Faust vs Mephistopheles

8th & 9th November, 8pm Cueva de los Verdes



Part of the Lanzarote Performing Arts Festival, this operatic production combines fragments of "Faust", by

Charles Gounod and "Mephistopheles" by Arrigo Boito. It takes the audience on a journey through a universal myth and is set in the stunning Cueva de los Verdes which plays its own role as an underworld cave.

Pancho Corujo, an award-winning singer from Lanzarote, plays the role of Faust and is deemed to be one of the most promising current Spanish tenors.

Tickets cost €25 and are available from www.cactlanzarote.com.

Edda Reents Exhibition

5th - 28th November
Casa de Cultura, Yaiza

Edda Reents is in love with the people, colour and natural beauty of Lanzarote. She has lived here for over 25 years and her art is inspired by the stunning landscapes, sea life and residents or visitors to the island and their interactions with both it and each other.

The official exhibition launch is at 7pm on 5th November and the general opening times are from 9am - 2pm, Monday to Friday and 11am - 2pm on Saturdays.



To view Edda's art online, visit www.lanzarote-online.com.



Bhakti

30th November, 8pm
Casa-Museo del Campesino

Bhakti features the dancer, Mónica de la Fuente with musicians Ravi Prasad and Subrata De. It's an expressive and visually stunning performance that connects with the audience through the seductive sounds of traditional Indian music played on a sitar and drums, accompanying the Bharata Natyam dance. This is one of the oldest existing Indian dances dating back to the times of the religious texts and when music and dance were considered sacred.

This incredible evening comes to Lanzarote as part of the Performing Arts Festival, and will last approximately three hours.

Ticket prices start from €50 which includes dinner, drinks and the show. Premium seats with the best viewpoint are also available from www.cactlanzarote.com.



Fernando Higuera's Exhibition

Until 31st December, International Museum of Contemporary Art (MIAC), Arrecife

"From the beginning" is an exhibition based on the architectural work of Fernando Higuera, a Madrilénian visionary, painter, musician, photographer and dazzling genius who developed a deep, mutually appreciative friendship and with César Manrique after becoming captivated by his passion for Lanzarote, its colours, land and people. They met in the 60s when Higuera and worked together on projects such as Las Salinas Hotel in 1973. Mirador del Río

was inspired by a sketch that Higuera did for an idea called 'The City of Seagulls' which was never constructed. Higuera's project for the urbanization of Lanzarote is located in the Museum of Modern Art in New York.

Entry costs €2 for residents and €4 for non-residents. The museum is situated in the Castillo de San José and is open Monday to Friday from 10am-8pm and Saturday from 10am-4pm.

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San Bartolomé

Spotlight On...

ADRIAN BAMBROUGH



How long have you been here?

I've been coming to Lanzarote on holiday since I was a child. My Dad bought a villa in Nazaret in the 70s and when he retired, we came every year. I had my first gig in 1989 at The Sussex Tavern in Centro Atlantico. I should have stayed then, but I sailed a boat back to Falmouth, and got on with life in England.

When my Dad died in 2007, I decided to give the island another go. I started with karaoke nights and then got involved in a duo. It stemmed from there and I've been in several bands over the years, plus played solo. I've also always written songs and have sold the rights to two of my original songs.

What can people expect from your gigs?

I don't use backing tracks, so I am completely acoustic. I change my act all the time and play what the audience want, plus I'm always learning new songs. I pride myself on the fact that I can play any genre, and there's always something to float your boat because I can play 2,400 songs.

How did you get involved in the music scene in America?

My aunt was a Hollywood agent involved

in George Lazenby being cast as James Bond. She's the matriarch of the family and we visit her every year in Palm Springs. When we first started going over, I had one gig, then two the following year etc. I now do a tour every February around San Diego, San Pedro, Morro Bay, Pismo Beach and Monterey.

This year I've also been invited to play at the October Songwriters Festival in Dripping Springs in Austin. I've been rehearsing my own songs, as you can't play covers, use reverb, an iPad: it's totally raw. I will be writing a blog about the trip on www.adrianbambrough.com.

Tell us about your recent fundraising concert.

After my daughter Clare died suddenly from cancer last year, I couldn't write anything. I'd lost my creativity and I had to do something to move on after losing the big love of my life. I wanted something good to come out of it, so I contacted the hospital that she died in (and had previously worked in) – Wexham Park Hospital, Slough. Palliative Care isn't funded by the NHS, so I decided to hold an event in Clare's memory to raise money for the hospital that looked after her so well. I did a concert on 2nd October and



we raised £1,000 to go towards staff training and a tranquil hospital garden.

What's your song writing process?

Sometimes I write lyrics and music at the same time, other times it's the melody first. I might be driving or talking to someone and I think, "that would be a brilliant lyric" so I'll write it down. It can take as little as 3 minutes to write a song. Those ones are the best, and the ones that you have to keep working at, I'm often not happy with in the end. I'm looking forward to writing some new songs when Liz and I go on holiday in January.

I have two albums out at the moment that I sell at my gigs and via my website. One is called "Short Stories", and the other is "Pieces of my Heart. I'm ready to start making another CD because I love Lanzarote and love what I do. I consider myself very lucky and after a diving accident in June where Liz saved my life, I live every day like it's my last. It's given me the impetus to carry on after what's been a very difficult year. Music has always lifted me and got me through things and I'm so grateful that I have it in my life.

To see where Adrian is performing, check out the Live Music Guide.



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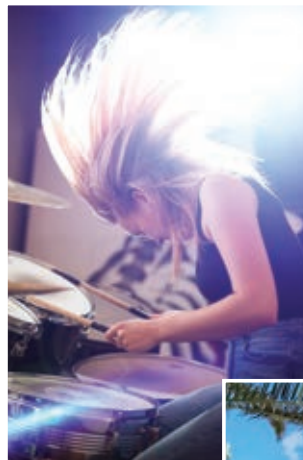
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Julie's Live Music Guide

For a small island, there really is an incredible amount of talent on Lanzarote!

If you want to know where your favourite singer or band are playing, or to get an idea of which bars to visit so you can experience something new, this guide is for you. We're also now including posters which, with one click in the online magazine, can take you straight to the artist or band's Facebook page so that you can contact them if you want to hire them for an event or simply check where they're next performing live.

It's a work in progress and is growing each month. To include your event or poster in the next edition (in print and online), please contact Julie Helliwell via Facebook.

Bars with Resident Bands / Live Music:

The Big Easy – Concrete Jungle from 9.30pm (Monday to Friday) The Barflys at weekend.

Tequila Lounge – Question from 10pm (The Barflys on Tuesdays)

American Indian Café – Perfect Circus from 10pm

The Dubliner – Dave & Johnny from 10pm every night

Decades Bar, Costa Teguiise – Band of Gypsies (Wed, Thurs, Sat & Sun) from 9.30pm

Maguires Bar, Africa Bar and O'Reillys all have live music every night from 10pm

Regular Live Music Around the Island

Arrecife

Thursdays at 8.30pm

Flamenco music at Arrecife Vintage

Thursdays at 10.30pm

Live music at Mojitos Lounge Bar

Sundays at 7.30pm

Cuban and Dance music at Arrecife Marina

Teguiise

Sundays from 12pm

Cuban Music at El Patio Creperie

Sundays from 1pm

EMMiEL, Guitar Duo at Cantina Restaurant

Sundays at 4pm

Spanish Guitar at Barbazul

Sundays at 6pm

Rock Afro Blues at La Palmera

Other Areas

Fridays at 8pm

Spanish & Fusion Music, Don Quixote, Mala

Saturdays from 10pm

International Music, Mompas Duet,

Asadero Macher

Sundays at 7.30pm

Eclectic Live Music, El Chupadero, La Geria

All information was correct at time of printing, but is subject to change. Please check the Facebook page of the artist or venue to verify. To stand out from the crowd, please contact the sales department: advertising@gazettelife.com

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Monday

COSTA TEGUISE

7.30pm: *Liam Davies*, The Shamrock
9pm: *Nik Rivers*, The Mill
9.30pm: *Kactus Jam*, Tekkers Bar & Restaurant
Rikki Ryan, The Venue
Raggle Taggle Gypsies, Irish Bailey
Paul Goodman, The Highlander
Beaux & Belles, Decades
10.30pm: *John Alan Pick*, Cactus Jacks

PUERTO DEL CARMEN

8pm: *Mick Garry*, Hangovers
8.30pm: *Ricky Lee*, Little Royal Cocktail Bar
9pm: *Nolita James*, The Good Old Days
9.30pm: *Ryan M*, Bassey's Showbar
Marcus Rose, Scotch Corner, Old Town
Gerie B, Hotel Gloria Izaro Club (11th & 25th)
10pm: *Collie Farrell*, Mulligans Bar, Old Town
Vanilla Soul, The Irish Viking
Jill T, The Phoenix
Pete Scott, Slattery's
Adrian Bambrough, Ned Kelly's Bar
Billy Cusack, Peggy's Snug, C.C Matagorda

PLAYA BLANCA

5.30pm: *Alice Manville*, Café Terraza
8.30pm: *Don Parker*, Beruga Bar, Marina Rubicón
9pm: *Colleen Meje*, Atlantic Gardens
9.30pm: *Gerry Cassidy*, The Old Mill
9.45pm: *Spice*, The Tavern Bar
10pm: *Caz Davies*, The Flagship Bar, Marina Rubicón

Tuesday

COSTA TEGUISE

5.30pm: *The Ska Duo*, The Venue
7pm: *Colleen Meje*, Beatriz Costa Manila
8pm: *Acoustic Spanish Guitar*, La Bohemia
8.30pm: *Ricky Lee*, Club Tahiti
9pm: *Ryan M*, Abbey Road
Ska & Reggae DJ request night, Decades
9.30pm: *Man in Black*, The Venue
Vanilla Soul, The Lighthouse
Scott McQ, Tekkers Bar & Restaurant
Liam Davies, The Highlander
Adrian Bambrough, The Cavern
Gerie B, The Shamrock

PUERTO DEL CARMEN

8.30pm: *Mick Garry*, Little Royal Cocktail Bar
9pm: *Dave Bandana*, Rocas Blancas
Chris Green, The Good Old Days
9.30pm: *Marcus Rose*, Scotch Corner, Old Town
10pm: *Gayle Donovan*, The Phoenix
Tommy Heffernan, O'Briens
Seanie, Peggy's Snug, C.C. Matagorda
Midnight: *Collie Farrell*, Electric Island Bar, Old Town

PLAYA BLANCA

8.30pm: *Collie Farrell and Zsolt Kovacs*, Blue Note
9.15pm: *Alice Manville*, Iberostar Selection Lanzarote Park
9.30pm: *Martin McCormack*, Old Mill
10pm: *Don Parker*, The Flagship Bar, Marina Rubicón

Wednesday

COSTA TEGUISE

7pm: *Kactus Jam*, Jam Session & Open Mic, The Cavern
9.30pm: *John Alan Pick*, Galeon Playa (13th & 27th)
Band of Gypsies, Decades
Paul Goodman, Tekkers Bar & Restaurant
Jill T, The Shamrock
Starman Show, The Venue
Spice, Abbey Road
10pm: *Raggle Taggle Gypsies*, Irelands Eye
Gerie B, The Crown
10.30pm: *John Alan Pick*, Cactus Jacks (6th & 20th)

PUERTO DEL CARMEN

2pm: *Mick Garry*, Billy's Pool Bar
8pm: *Pete Worthy*, NoStress Italian Restaurant, Old Town
8.30pm: *Graham Jacques*, Mario's Restaurant, C.C.Montaña Tropical, Old Town
9pm: *Dave Bandana*, Rocas Blancas
Ross O'Sullivan, Finnegans Wake
Liam Davies, The Good Old Days
9.30pm: *Marcus Rose*, Scotch Corner, Old Town
10pm: *Collie Farrell*, Mulligans Bar, Old Town
Andy King, The Phoenix
Pete Scott, Slattery's
Seanie, Ned Kelly's Bar

Rikki Ryan, The Auld Triangle, C.C. Matagorda

PLAYA BLANCA

8.30pm: *Graham Jacques*, Jardines del Sol Apartments
9.30pm: *Alice Manville and Sarah Müller*, Marea Terraza Lounge Bar
10pm: *Martin McCormack*, The Flagship Bar, Marina Rubicón

Thursday

COSTA TEGUISE

9.30pm: *Sax & Songs with Anthony*, The Venue
Band of Gypsies, Decades
John Alan Pick, Tekkers Bar & Restaurant
Kactus Jam plus jam session, The Highlander

PUERTO DEL CARMEN

4pm: *Ricky Lee*, Highlander Too, C.C.Montaña Tropical, Old Town
5.30pm: *The Ska Duo*, Bar Rock-Ola, C.C. Matagorda
9pm: *Pete Worthy*, Little Royal Cocktail Lounge
Charlie Chapman, The Good Old Days
9.30pm: *Ross O'Sullivan*, Scotch Corner, Old Town
10pm: *Collie Farrell*, The Irish Viking
Liam Davies, The Phoenix

PLAYA BLANCA

5.30pm: *Sarah Müller*, Café Terraza
9.30pm: *Gerry Cassidy*, Barney's
10pm: *Ricky Lee*, The Flagship Bar, Marina Rubicón
Don Parker & Seanie Boy, Irish Anvil

Friday

COSTA TEGUISE

3pm: *Smokin Barrels*, Abbey Road
5pm: *Jam session hosted by Kactus Jam*, Tekkers Bar & Restaurant
7.15pm: *Jill T*, The Shamrock
9.30pm: *Rikki Ryan*, The Venue
Beaux & Belles, Decades

PUERTO DEL CARMEN

9pm: *Dave Bandana*, Rocas Blancas
Nolita James, The Good Old Days
Mick Garry, Marco Aless Tapas Cocktail Bar, Los Pocillos



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Scott McQ (Venue alternates between Costa Sal or Aqua Suites)

9.30pm: Marcus Rose, Scotch Corner, Old Town

Ryan M, Bassey's Showbar

Gerry Cassidy, Las Calas

John Alan Pick, Hotel Gloria Izaro Club

(1st 15th & 29th)

Colleen Meje, La Isla y El Mar Hotel (1st & 15th)

10pm: Seanie, Ned Kelly's Bar

Pete Scott, Peggy's Snug, C.C. Matagorda

PLAYA BLANCA

9pm: Don Parker, Paulos Bar, Las Coloradas

9.30pm: Alice Manville and Sarah Müller, Marea Terraza Lounge Bar

10pm: Ricky Lee, Irish Anvil

Adrian Bambrough, The Flagship Bar, Marina Rubicón

Saturday

COSTA TEGUISE

7.15pm: Jill T, The Shamrock

8pm: Trio Caribe, Mi Place

9pm: Mike Cuddy, The Mill

9.30pm: Gerie B, The Shamrock

Band of Gypsies, Decades

Paul Goodman, Tekkers Bar & Restaurant

Soul Motown, The Venue

PUERTO DEL CARMEN

8.30pm: Mick Garry, Little Royal Cocktail Bar
Graham Jacques, Mario's Restaurant,



C.C. Montaña Tropical, Old Town

Saxophone Jazz & Blues, Restaurante Italica

9pm: John Alan Pick, Aqua Suites (9th & 23rd)

Ross O'Sullivan, Finnegan's Wake

Charlie Chapman, The Good Old Days

John Alan Pick, Costa Sal (2nd 16th & 30th)

Scott McQ (Venue alternates between Costa Sal or Aqua Suites)

Dave Bandana, Marco Aless Tapas Cocktail Bar, Los Pocillos

9.30pm: Marcus Rose, Scotch Corner, Old Town

Aaron Bruyning, Lava Beach Hotel

10pm: Ryan M, The Phoenix

Pete Scott, Slattery's

The Ska Duo, Wall Street Music Bar

PLAYA BLANCA

9.15pm: Colleen Meje, Iberostar Selection Lanzarote Park (2nd & 16th)

9.30pm: Ricky Lee, Barney's

10pm: Martin McCormack, The Flagship Bar, Marina Rubicón

Sunday

COSTA TEGUISE

7.30pm: Ricky Lee, The Shamrock

8.30pm: Ryan M, Club Tahiti

8.45pm: Marc Piano, Los Zocos

9.30pm: Kactus Jam, The Cavern

Band of Gypsies, Decades

Scott McQ, Tekkers Bar

Spice, Abbey Road



Starman Show, The Venue

John Alan Pick, El Trebol (10th & 24th)

10pm: Tommy Heffenan, Irelands Eye

PUERTO DEL CARMEN

1pm: Sax on the Roof with Anthony Cummins, Biosfera Shopping Centre

2pm: Marcus Rose, Scotch Corner, Old Town

3pm: Mick Garry, Heineken Bar, Old Town

4pm: Jazz session with Intrinsic, Sassi's Bar & Bistro, Old Town

6pm: Live Music, Mrs Murphy's

6.30pm: Colleen Meje, Lani's Suites De Luxe

8.30pm: Graham Jacques, La Avenida Restaurant, Los Pocillos

Aaron Bruyning, Hotel Jameos

Seanie, Finnegan's Wake

9pm: Dave Bandana, Rocas Blancas

Pete Worthy, Little Royal Cocktail Lounge

Gerie B, The Good Old Days

Colleen Meje, Lava Beach Hotel, Matagorda

9.30pm: Jill T, Las Calas

Ross O'Sullivan, Scotch Corner, Old Town

10pm: Collie Farrell, The Irish Viking

Liam Davies, The Phoenix

Pete Scott, Slattery's

PLAYA BLANCA

7.30pm: Alice Manville,

Iberostar Selection Lanzarote Park

9.30pm: Martin McCormack, Old Mill

10pm: Max Patini, The Flagship Bar, Marina Rubicón

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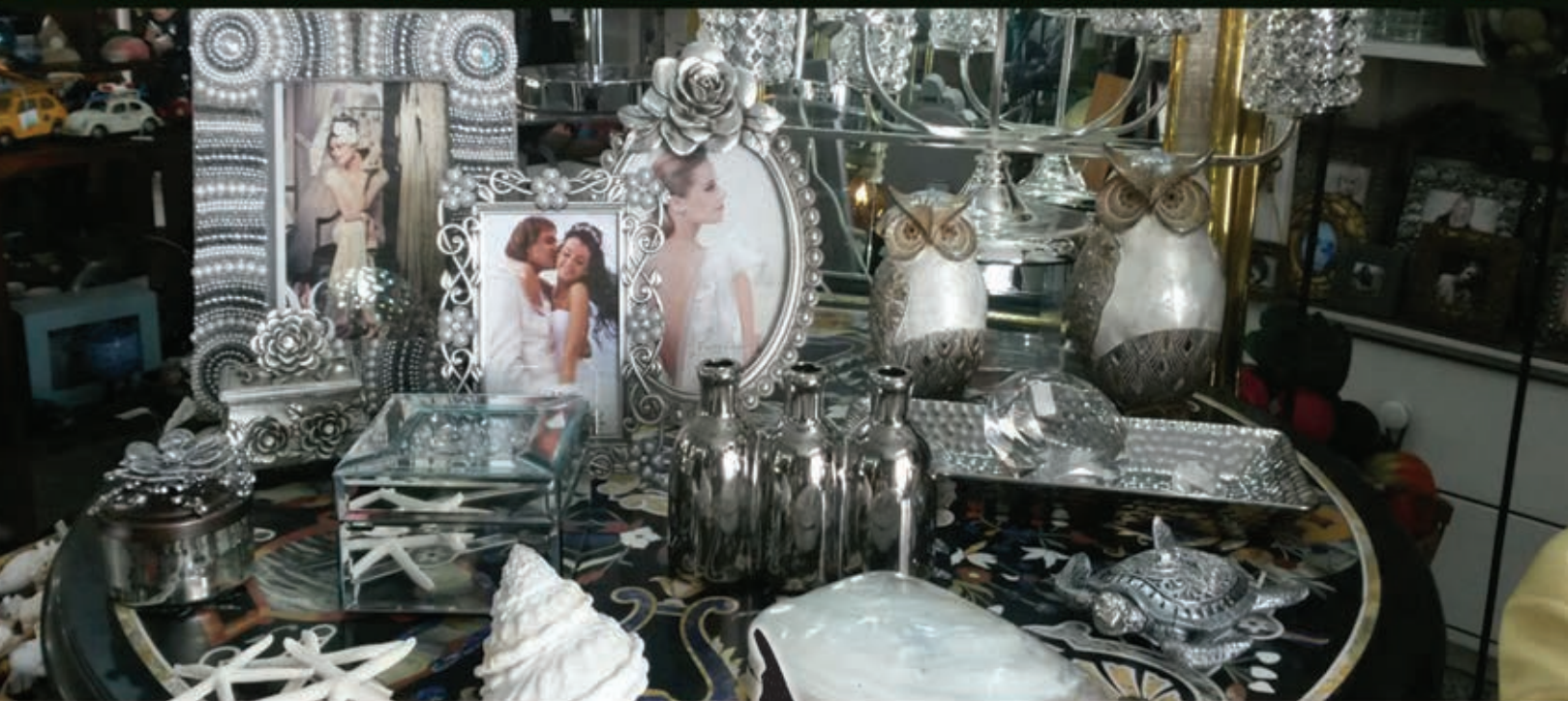
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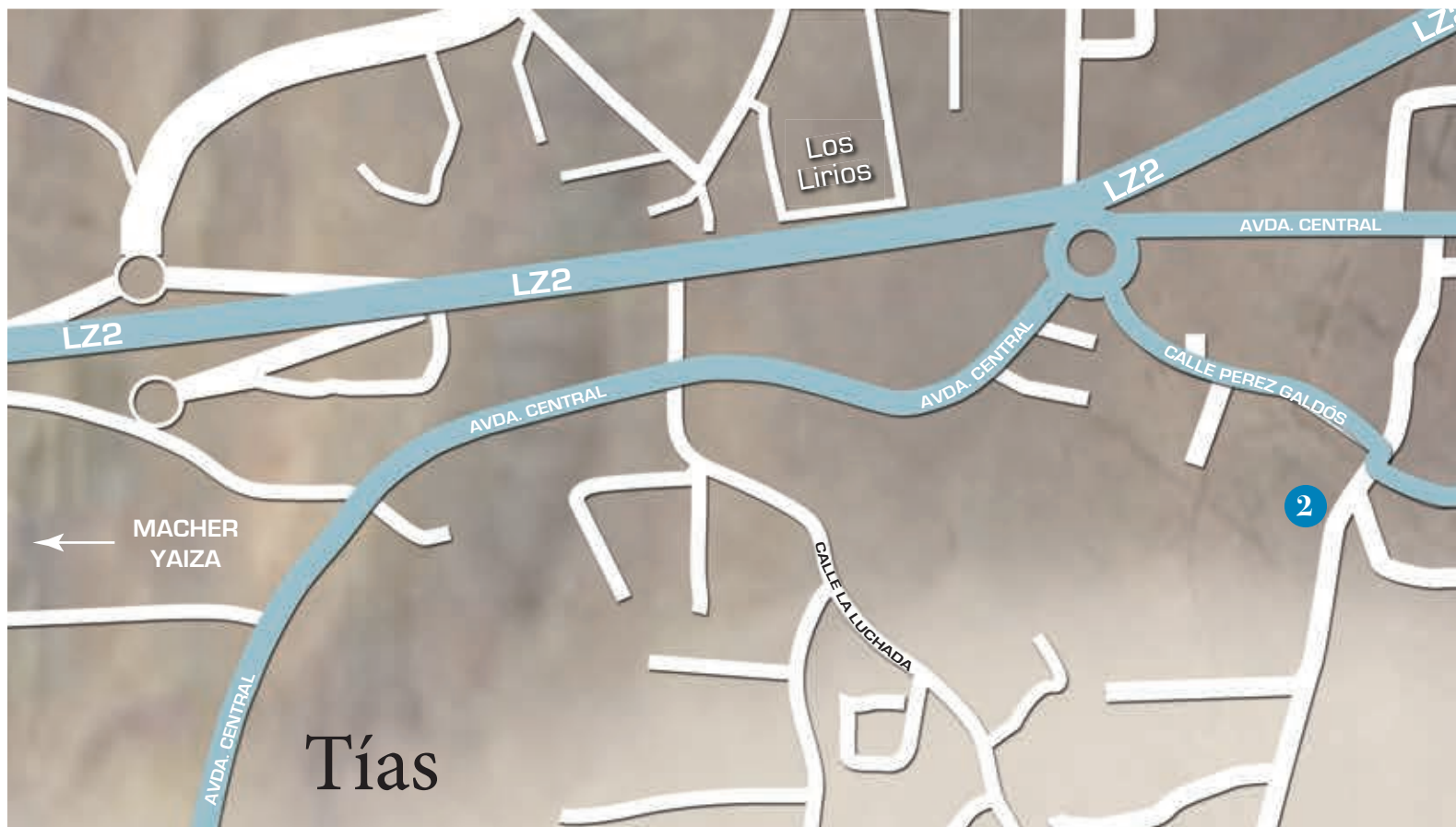
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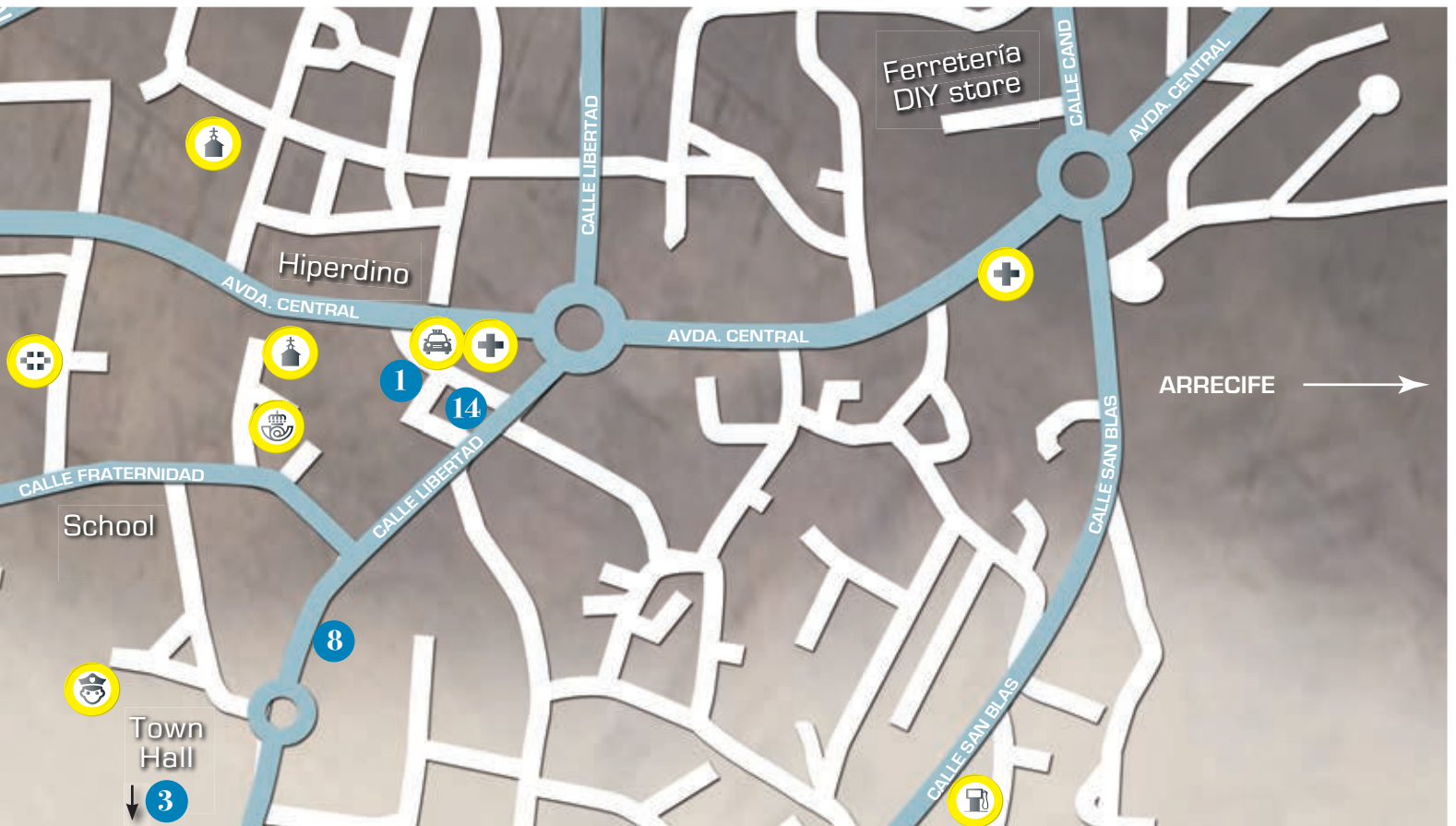
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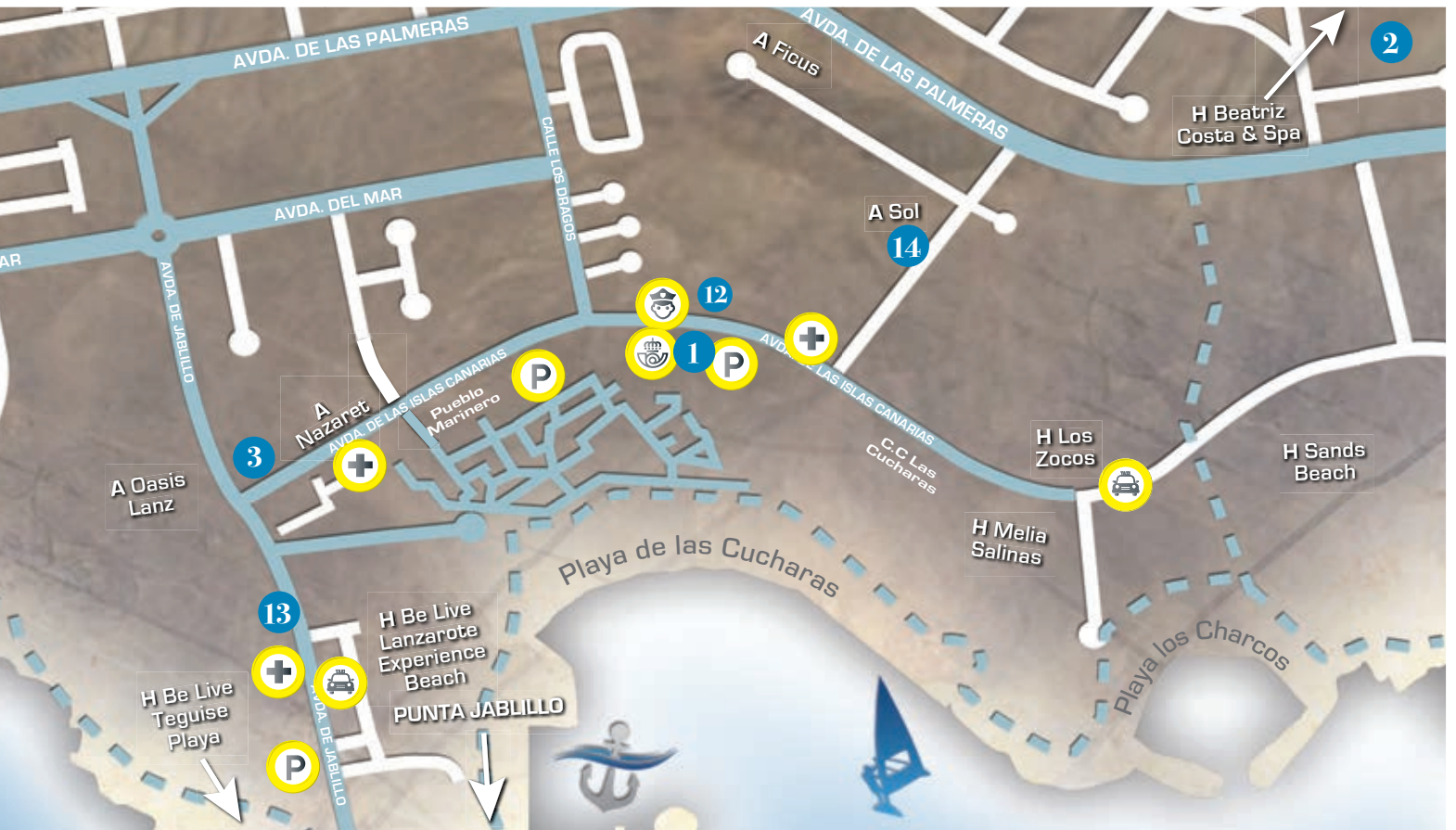
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A woman with voluminous, curly reddish-brown hair is looking down at a baby she is holding. She is wearing a white lace-trimmed top. The baby is wearing a blue onesie and is looking up at the woman. The background is a plain, light-colored wall.

My HOME

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PROPERTY SHORTS



ELECTION PROMISES

Pedro Sánchez has promised to raise pensions one month after the general election on 10th November.

The measure is a clear attempt to win votes by Sánchez, who has twice called general elections recently because of his inability to agree with other parties on the left. However, with little change in the polls, Sánchez is likely to find himself involved in yet more bitter negotiations, although he is clearly hoping to find more common ground with the newly-formed Más País party than with Unidas Podemos, who failed to support him when he refused to allow them a cabinet seat.

The instability caused by Sánchez's failure to form a viable government has frustrated investors and been reflected in the property market.

17 YEARS OF STOCK

A national study estimates that the Canaries will take another 17 years before it "digests" excess housing stock from the boom.

The Study of the Spanish Market for Construction Materials and Housing Stock estimates that 28,000 properties which were built during the housing boom are still without buyers. Since the market recovery began in 2015, an average of 2,000 properties have been sold every year.

The figure also takes into account new construction, which is taking place in areas which are more popular with buyers.



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Measures may be taken to prevent homeowners and tenants from displaying flags on their balconies, after the recent polarisation of society caused by the Catalan separatist crisis.

In Catalonia, many flats have displayed the *senyera* in support of Catalan independence, a move which has caused opponents to display the Spanish flag throughout Spain. However, rental contracts have started to prohibit any such displays and owner's communities also have the right to act against them.

In Spanish law the exterior facade of a property is part of the common ownership, and, "neither a tenant nor a homeowner can decide what to display on the exterior part of their balcony" said a law expert.



PRICES LEVELLING OFF

Most recent indicators show that house price rises are slowing down a little, but are still at their highest level since the boom of 12 years ago.

Prices rose in the second quarter of 2019 according to the Ministry of Development, the National Institute of Statistics and the Registrars Association, while Tinsa and Idealista indexes also showed rises in August and September

respectively. Only the notaries association saw a small decrease in prices in July.

However, it's clear that the curve is levelling off a little, leading to something that looks a lot like the "plateau" that Spanish government sources predicted just before the crash of 2007.

While prices are variable depending on the area, the Canaries and Las Palmas are traditionally among the most popular regions.



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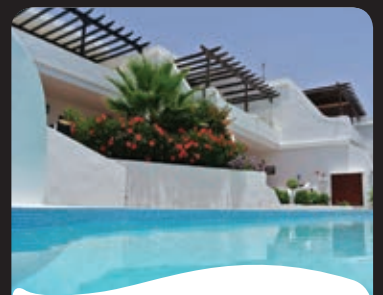
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Spain has the longest life expectancy in Europe – if you're a woman, the second longest in the world. It also treats its older population well, with pensioners forming an important part of society. However, it's also an ageing society and this is placing pressure on social services and pensions provision.

One solution that has emerged in recent years is the concept of bare ownership. Put simply, this allows older people to sell their homes while they're actually living in them, on one simple condition – they're allowed to live there until they die.

THE BARE EFFECTS

Bare ownership is a recent Spanish property development that gives older people the chance to live out their lives in their own homes and enjoy a cash windfall.

Legally, the idea takes the form of a simple sale with the retention of a right, and the right in question is the right to enjoy use of the property.

The sale allows owners to raise funds which may help them enjoy their twilight years. Of course, once they die, the property changes hands and will not be left to family in a will, so this choice is more attractive to those who either don't have heirs or whose dependents aren't expecting a legacy.

It's also a more attractive opportunity the older you are. To put it in plain language, the sooner you're likely to pop your clogs, the more money you're likely to get. This is because the right of continued use has a value, too, and the longer it lasts, the less attractive it will be to buyers.

Advantages for sellers include the possibility of receiving a lump sum, living rent free and leaving balances of funds to family members on death. However, the disadvantages are that upkeep and maintenance of the property, as well as community fees and utility bills remain your liability.

The main advantage for the buyer is financial. They'll get ownership of a property for a heavy reduction in the asking price – up to 50% in some cases. However, it's also the sort of arrangement that estate agents aren't keen on unless it's worth their while.

If you're considering bare ownership as a seller or buyer, it's worth asking a reputable estate agent first, then getting a second and third opinion.

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REF: 1132 - € 210.000



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REF: 1123 - € 128.000



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ONTO THE PLATEAU

Eurostat's latest statistics on the housing prices throughout Europe paint a fairly stable picture overall, with a slowdown in Spain while Hungary's housing bubble could be reaching popping point. Meanwhile, an influential bank claims we are reaching a plateau.

Italy is the only European country to have experienced consistent price decreases, with a fall of 0.2%. Italy has seen falls in price rises since 2012, and the volume of house sales has been declining since 2006 – a result of deteriorating housing stock, low wages and massive inequality between poorer rural areas and the cities and tourist regions. Italy's worrying level of public debt is also encouraging caution.

Hungary, Poland, Croatia, Czech Republic, Slovakia and Slovenia have all seen consistent, substantial price rises of over 5% each trimester, while Portugal is currently outperforming all other nations in Western Europe.

Spain has also performed well above the European average, and remains above the 5% mark, despite a slowdown in recent months.



The reason why prices have continued to rise throughout Europe is generally agreed to be the persistent low interest rates. The Euribor continues to run in negative figures and is making borrowing money cheaper for longer than ever before.

Another surprise was the poor performance of the United Kingdom, where price rises have slowed down considerably, mainly owing to uncertainty about Brexit. London, for example, has seen property prices fall

by 13.6% since the EU referendum and over 20% since the peak of 2014.

London does not feature in the list of cities at risk of a property crash recently released by the UBS bank. The bank said that Paris, Munich, Amsterdam and Frankfurt were the four European urban areas that were most at risk of popping their bubble. UBS also warned that property in Madrid was "very overpriced", and predicts a slowdown and stabilisation of prices in the near future.

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Please see Playa Blanca
Map for location **10**

PROPERTY BUYERS GUIDE

This article is a general guide to buying real estate in The Canary Islands. It has been compiled from the knowledge and experience of a number of professionals involved in the selling, buying and conveyancing of property in Spain, but it should not be taken as a substitute for proper legal advice.

LOCATION

Is your property intended for holiday use, longer term visits, or do you intend to live here all year round? Your choice of location should take your needs into account, such as schools, medical services and recreational outlets.

RESEARCH

You need to know a great deal more about your property than you would if you were just spending a couple of weeks there. If there is a community association, ask your neighbours if it is well run. Ask about the community fees - don't forget that if you are in a Community you are legally obliged to pay these.

BUYING THE PROPERTY

First, make sure that the person selling you the property is entitled to do so. Your agent will be able to supply you with a list of suitable lawyers to act on your behalf, or the British Consulate in Las Palmas can provide a suitable list on request. Your lawyer needs to check out your intended property thoroughly.

A check of legal title will be made through a search in the local Land Registry Office, which will also indicate if there are any mortgages or charges against the property. If you are buying a plot of land, the lawyer will also check if you can obtain permission to build on the land, and what size and type of property you can build. Once you have been assured by your lawyer that all is in order, you will need to sign a Contract of Purchase raised by a lawyer, and pay a deposit which is usually 10% of the intended purchase price; this deposit is normally held by the lawyer who has been appointed to arrange the signing of the Title Deed.

The contract will state the terms and conditions of the sale and will state a specific time for completion. If you decide, up to this completion time, that you cannot proceed with the purchase, you will forfeit the deposit paid, but if the seller changes his mind, he must return the deposit to you in full, plus a compensation payment for damages.

The next step is to complete the transaction by making the outstanding balance of payment and signing the title deed, which is known in Spain as the Escritura. This must be done in the Notary's Office. The Notary's task is to ensure that all of the legal documentation is correct. He will also carry out a search in the Land Registry Office on the day of signing to check the current status of the property or land (and will require the last annual rates receipt from the council in which the property is situated), that this is up to

date as well. It is essential to ensure that your lawyer has current receipts for all other payments such as water, electric and community charges, as debts such as these in Spain are levied against the property and not the owner. Notaries now also demand an Energy Performance Certificate. When in the Notary's Office, you will be asked to produce your passport as evidence of identification. You will also be advised to obtain a NIF number, which your lawyer can arrange for you.

MONEY MATTERS

If you are not resident in Spain and are buying property or land it is advisable to bring money from abroad to complete the purchase. It is simple to open a non-resident account in a local bank, and your estate agent will normally help you with this. You can then transfer your funds from your own bank in the UK to this new account. On the signing of the new Title Deed your cheques for payment will be shown to the Notary and included as part of the documentation of the deed.

They must be inscribed with details of the property of land to be purchased, or have an investment certificate from the issuing bank attached. The Notary will also require you to sign a Spanish ministry form, declaring that the investment has been made. It is also possible when purchasing from a non-Spanish resident to pay the completion funds abroad in any currency. In this case, the deed will state an equivalent amount in Euros, as this gives the value in which the transmission tax (stamp duty) is calculated. You will have to produce more than one cheque as you will be liable for capital gains tax. In this situation, a sum of 3% calculated against the value declared in the title deed will need to be retained and paid to the Spanish Tax Authorities.

Estate Agent's fees are normally paid by the vendor and the details of the specific percentage to be paid will normally be noted in the Purchase Contract.

Some unscrupulous illegal agents have been known to charge the purchaser as well as the vendor for their fees, so ensure this is not the case. You may well also find that the price of your title deed is not exactly the same as the cost of the purchase, as some sellers prefer to treat the furnishings and fittings, if they are included, as a separate item.

REGISTERING THE PURCHASE

To complete the transaction you must register the deeds at the Registro de la Propiedad (Property Registry). When the deeds are taken to the Registro, the purchase tax of 6.5% of the value of the property must be paid.

Later the Registro will request a second payment to

THE COMMUNITY OF OWNERS

The Community of Owners is a Spanish institution affecting any property owners who enjoy shared facilities and services, such as lifts, swimming pools, gardens and communal garages.

Information about your Association must be freely available to you, as should the accounts which have to be published to the members every year. You should check before you buy that your Community Association is functioning well, how much the monthly payment is, and whether the payments for your intended property are up to date.

cover their charges. In addition, a tax to the Local Authority, based on the increase of values of land in their area since the property last changed hands (known as 'Plus Valia') is payable.

This is often negotiated between the vendor and purchaser. Your Lawyer can get an estimate in advance of the purchase, so that you have the funds ready. At the same time, a form should be entered to the local authority, advising them of the change of ownership. You should remind whoever is doing your paperwork about this, as it is often forgotten.

Residents must also be tax registered in order to sell property and avoid retentions, even if they pay no tax.

OTHER COSTS

Other costs include the Transmission Tax, the Notary's bill, the fees from the Registro and your lawyer's fee, which will probably come to about 10% of the purchase price.

Your Lawyer will ask for these funds to be placed with them before the work is done as clients have often disappeared leaving these bills unpaid.

Non-residents will be liable for property tax, while residents will pay the IBI assessed by the local council.

OUTSTANDING BILLS

When you buy a property you become liable for any outstanding bills for water, electricity, local rates and community fees. Both the Electricity Board (UNELCO) and the Water Company (CANAL GESTION) have forms which you and the seller must sign, to transfer the bills into your name. When you go to do this check that all payments are up to date.

Local rates are payable at the Town Hall. You or your representative will need to visit the 'Oficina de Recaudacion' at the Town Hall to complete the form changing the rates into your name, and again, checking that all payments are up to date. As bills are not sent out for the rates, property owners often forget to pay them, and they can soon mount up.

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SPANISH *Style*



Spain's contribution to interior design is bold, uniquely appealing, and it's never been as on-trend as it is at the moment.

When you mention Spanish style, the first thing that comes to mind is the Mediterranean – pretty, rustic houses with wooden shutters and doors, terracotta and olive trees. There are also ancient Arab influences reflected in abstract patterns and arches. Ornate painted tiles nod to neighbouring Portugal, and gardens bloom in

central courtyards. Outside of the country, the distinctive colonial elements of balconies, wrought iron and simple, wooden beams.

But there's much more to Spanish design than that, and the modern image of the country is one that has a unique, slightly surreal, quirky attitude to design. This reflects the

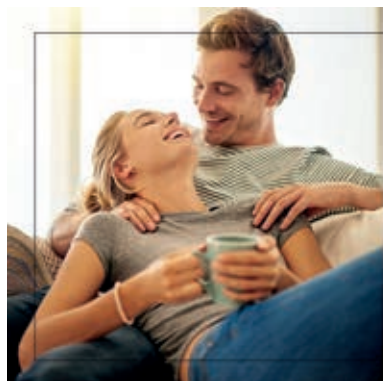
popularity of famous artists such as Dalí, Miró and Picasso, and a hungry appetite for modernity that was only sharpened by a military dictatorship.

It's that word quirky that's key – in the UK, it's a word with oddball associations, but in Spain it's simply a way of life. This is a country where the landscape is so vivid and in-your-face; the weather so extreme and the contrasts so pronounced, that making a bold statement is the only way to be noticed.

Spain does do things to extremes

- look at Balenciaga's worship of pure, deep black and exquisite cut, or think of Paco Rabanne's still-thrilling space age metal dresses.

However, more recently there has been one Spanish influence that has dominated the world of design, and he's a film maker. Pedro Almodóvar's films are world famous for their vivid, sumptuous use of colour and style and an exquisite sense of interior design. Always with a deep, rich sense of humour, Pedro's vision of life is sensual, seductive and delightful.



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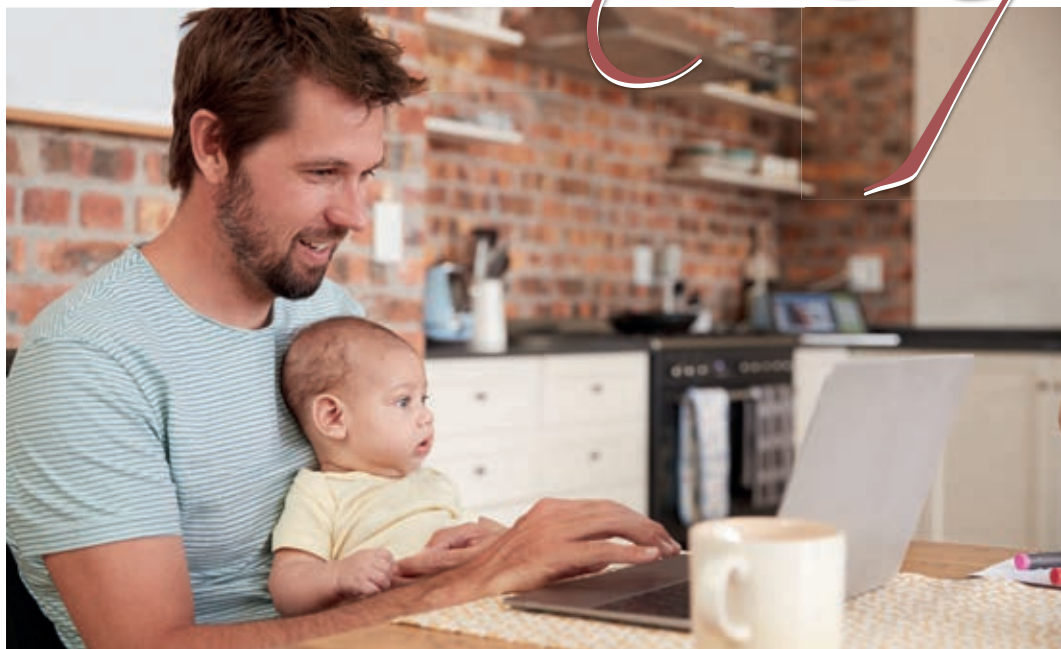
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Flex^{IT}Up



In fact, if you do, you probably don't need a flex room, which is a continuously functional area where the functions simply change according to needs.

Those needs can change over years, such as when children grow up and leave home; they can change throughout the year as the seasons take turns, and they can even change over the course of a day, because we don't do the same things at night-time.

LET'S LOOK AT A FEW EXAMPLES:

Long term flex room: At first, this was a bedroom shared by a small brother and sister. Later, when privacy became more important, the brother moved out leaving it as the girl's room. Finally, when she left home, mum placed her computer and equipment for her small design business in the room, although the daughter's bed remains in place for her visits.

Cont. on p.98 >>>

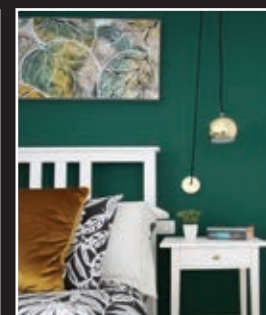
The idea of the Flex Room has taken off to reflect our new lifestyles. But what is a Flex Room and how can you create your own on Lanzarote?

Flex simply stands for flexibility and refers to the fact that a room can have several different uses. Before you sneer and say, "That's what we call a spare room",

there's a bit more to it than that – and much of it arises from the fact that many of us don't have a spare room in the first place.



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Flex^{IT}Up

>>> Cont. from p.97



Seasonal flex room: Designed as the small living room of a holiday apartment, with a balcony and leisure area designed for relaxing and watching TV, this serves as a dining area for guests during the summer and Christmas holidays. A futon mattresses is also sometimes required if the house is really full.

Daily flex room: This is a light, open kitchen where food is prepared in the morning and evenings. It's also the primary social area of the home, where two children chat with their mother and her partner, who lives in another flat. During school hours it's also the preferred working space of the mother, who only needs a laptop and an internet connection to get cracking.

To create a flex room, you need to bear certain factors in mind:

SPACE REVOLUTION

Adapting rooms for more than one purpose requires some serious thinking about your lifestyle and the space you live in. If you have a large living room area, for example, you may want to zone areas off – an increasingly popular choice now that we rarely gather round the TV. But what will you use the space for? A study? An exercise area? A smaller TV area? It's up to you.

"If you've ever cleaned the dining table before firing your laptop up on it, you know what a flex room is."

FUNCTIONAL FURNITURE

Furniture should always serve multiple uses in a flex room, allowing you to get as much use out of the space as you can. For instance, an ottoman or sofa could have storage space inside of it, or a daybed can double as a place for guests to sleep at night and a lounging area during the day.

VERSATILE MATERIALS

Materials used in a flex room should be inviting and adaptable, but they also need to be durable. Flexibility means a lot of movement and materials should be tough and preferably light. Wood is perfect; while modern plastics and man-made materials offer real versatility. We're also looking at a practical, minimal style here, so go easy on ornaments and knick-knacks.

LET THE LIGHT IN

Take advantage of natural light, which makes a room feel more spacious. Monochromatic colour schemes and mirrors allow you to bounce that light around into even the darkest corners of the room. Make sure the light and heat can be blocked off though – this is Lanzarote and you are not a hothouse tomato!

PROFESSIONAL KNOW-HOW

If you're really stuck as to how to go about designing your flex room, ask an expert for help. They'll take your needs into account and bring extensive skill and professional knowledge to bear on the task. A good designer will come up with ideas you've never even thought about.

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LOOK *East*



CHINA HAS
INFLUENCED
OUR INTERIORS
FOR HUNDREDS
OF YEARS

Far Eastern interior design has influenced us here in the West for much longer than you think. First came the wealth of ideas and materials that were revealed to Europe by explorers such as Marco Polo, which made materials such as silk and jade hugely popular and sought after, while standard Chinese elements such as lacquer finishes and a reliance on highly-skilled use of woodworking joints, rather than nails or glue, also left their mark on Western designers.

Later, Joseph Chippendale incorporated the slats and bars of Chinese furnishings into his famous chair designs, and the Victorian period saw a huge boom of interest in Chinoiserie

of which the blue and white willow pattern used on millions of dinner plates remains the most famous example. Wallpaper is another Chinese invention that swept the entire world.

More recently, focus has moved to the minimal, beautiful and functional designs of Japan, with futons, tatami mats, bonsai trees and decorated screens becoming commonplace in our homes. These are combined with Japanese innovation and genius in every room from the kitchen to the bathroom – an aesthetic that perfectly suits modern lifestyles that are seeking simplicity and fulfilment.

Even more recently, trends have moved back to China, which has shipped large amounts of vintage, wooden furniture to Europe. Valued because of its utility, its attractive simplicity, and for the way it shows up the excesses of Western furniture, China offers a glimpse at the more frugal, sustainable lifestyles we are realising that we must adapt to.

Lanzarote is the perfect place for both Chinese and Japanese designs. This is an island of simple, stark contrast; where nature and natural materials are immensely valued and where function and aesthetic have always been interlinked.



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FLAT IS

Beautiful

All around you on Lanzarote you'll find flat roofed buildings, so why not celebrate the 100th anniversary of the German design school that made them world famous?

The history of the flat roof doesn't go back that far. Before the 20th century, most homes had tilted or gabled roofs, which were perfect for draining off rainfall. But in 1904, the German architect Adolf Loos, whose motto was "ornament is a crime", built a stark, cubic, flat-roofed building that looks like it could be found anywhere on modern Lanzarote.

Precisely 100 years ago, in 1919, the Bauhaus school was founded in Weimar, Germany. Probably the most influential architectural group of the century, Bauhaus included Gropius, Mies Van Der Rohe and Le Corbusier, who famously said, "houses are machines for living in."

The Bauhaus architect's choice of flat roofs was



"ADOLF LOOS'S 1904
HOUSE WAS THE FIRST
'WHITE CUBE'."

purely aesthetic – they simply loved the clean, simple economical lines of cubes. In reality, however, the materials used at the time meant that they were still more likely to leak. The flat roof also outraged

traditionalists. In 1933, Hitler sent a team of workers to put "German" roofs on a group of flat-roofed modern buildings in Stuttgart.

Bauhaus helped define International Style – the most popular architectural movement until 1970 – and a house in this style almost always has a flat roof. Corbusier also saw the uses of flat roofs as extra horizontal space, and built houses in France, where land was scarce, with flat roof spaces that could be used as gardens.

Even César Manrique on Lanzarote was influenced by the International Style. His designs for the Foundation building at Tahiche and his Casa Museo in Haría combine flat roofs with the strange local minaret-style chimneys.

Improved material and waterproofing, as well as the technique of slightly tilting "flat" roofs, has meant that they are now as practical as ever, cheaper and far more adaptable than gabled roofs. On Lanzarote, where there is little rainfall, flat roofs are standard on new builds, and an increasing number of householders are realising that a watertight, white roof can be perfect for all sorts of purposes.



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For centuries, carpenters were primarily associated with wood. The word "wright" described the workers who shaped and built

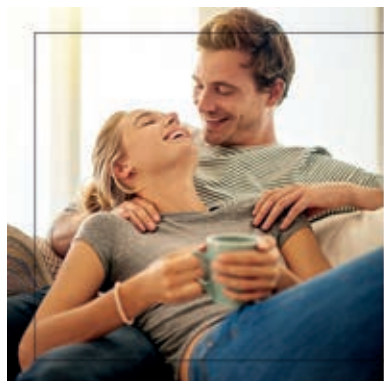
the wooden frames for every building, from floorboards to roofbeams, and was used by specialist carpenters such as wheelwrights and shipwrights. From Germany to China, carpenters were vitally important members of society, with their own guilds and traditions.

Later, wood was joined by metals such as steel and aluminium, glass, and brand-new materials such as PVC. They still need shaping, cutting and constructing though, and have given rise to specialised modern branches of carpentry.

Wherever you are on Lanzarote, a brief look around will reveal the work of hundreds of skilled carpenters, whether it's a faded blue set of traditional shutters or a sleek modern hotel made of metal and glass.

The credit crunch of 2008 led to many skilled workers leaving the island, but the carpenters and carpentry businesses that have survived have done so through sheer good reputation – an unshaking commitment to a professional job at a reasonable price.

And, despite the rise of DIY, millions of hamfisted handymen have discovered through bitter experience why carpentry is a skilled trade with an apprenticeship lasting several years. If you have a project that needs to be done well, call the professionals.



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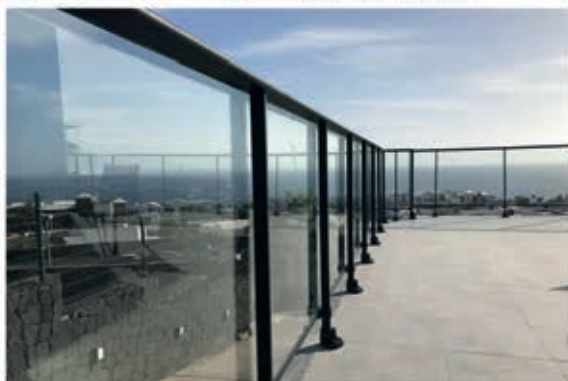
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GARDEN *Snips*



LOCAL HERO

The handsome, pink-edged rosette of *Aeonium lancerottense* is one of the emblems of Lanzarote. Succulent aeonium plants rank alongside margarita daisies as the most popular Canarian natives, and this particular variety is only found wild on Lanzarote, in the malpais of the north of the island and around the volcano country of La Geria.

It is also a popular garden plant here, with its fleshy, green leaves supported on a woody stalk, often in tight bunches. Flowers appear in summer, and are perhaps the most spectacular that the aeoniums offer – cone-shaped spikes of small pink flowers that attract bees.

STAY SAFE

Lanzarote gardening can be risky business, bringing you into close contact with cacti, agaves, palms and several other plants with spikes, thorns and serrated leaves.

Eye protection is vital if you're trimming palms, but is also advisable if you're doing anything that will bring you into contact with spiky leaves. If you wear glasses, then keep them on – if not, get a set of goggles or a pair of large sunglasses. You'll also need a pair of really tough thorn-proof gloves, and if you're working with prickly customers, get some long-sleeved trousers and shirts prepared.

And don't forget to keep the sun off your head, too!



GROW GARLIC

Garlic is used in all sorts of Canarian recipes, and as a result it's also a popular garden resident. Garlic seeds are available at most garden centres, and autumn is a great time to plant them. You can harvest the young spring-onion like shoots for *ajetes*; use fresh garlic in salads or set the mature bulbs aside to dry.

Ornamental garlic is also an increasingly popular garden choice, with beautiful pom-pom flowers that offer a unique touch to any border.



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Every show has a star, and your Lanzarote garden is no exception. Here are a few of the main attractions you might choose to top the bill.

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Tough, reliable, adaptable, low-maintenance and gorgeous, geraniums or pelargoniums are a garden staple you can absolutely rely on to provide intense colour and greenery all year round.

The flowers we call geraniums are actually a variety

of pelargonium that Dutch traders brought back from South Africa, since when they have been bred in thousands of varieties.

Perfect in window-boxes, geraniums are also the border plant par excellence, while locally occurring varieties such as *Geranium reuteri* and *palmense* offer larger, woodier shrublike plants.

THE BEST HANGING PLANT

Spider plants, with their elegant, grass-like green and white leaves, are one of the easiest and most popular houseplants to own. Often associated with the 1970s, when they were seen tumbling out of macrame hangers in millions of homes, they're still

worth owning, and if you keep them well you'll reap the benefits in the shape of several spider babies. A life-enhancing plant, it's all about the colour, shape and dynamic cascading.

MOST EXOTIC STUNNER

The Hibiscus is the sensual, outrageously beautiful flower you'll usually see behind the ear of a Hawaiian dancing girl, but that can also be grown easily in Lanzarote's subtropical climate. There are several varieties and strains of hibiscus, and it's a species that's every bit as absorbing and varied as roses. And every time you see that fantastic flower it knocks you out.

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Olive trees are perfect for Lanzarote

THE BEST LOCAL HERO

The glorious Parisian daisy is a French favourite that can be found in flower beds all over the world and is the reason why thousands of girls have been called Marguerite or Daisy. A small shrub with large, tough white and yellow flowers, it's a native of the Canary Islands originally, but like the Canarian palm and the the rosette-shaped succulent Aeoniums, it's found fans worldwide.

Lay of the land

November is a great time to get some landscaping work done in your Lanzarote garden. It's finally cool enough to get down to some serious work - and you'll have enough time to get it done before the holidays, when you can focus on planting and more sedate, activities.

Think in three dimensions, consider geometry and shade as well as colour, remember that the limitations of your space can also offer opportunities and don't rule out anything.



THE FUTURE FAVOURITE

Gnarled, twisted olive trees, with their white trunks and silvery green leaves, are a link to ancient times in Greece and Spain. But on Lanzarote, they've only recently started to be cultivated for their fruit, and rows of them are increasingly visible around the island.

Whether Lanzarote will build an olive oil industry is debatable, but olive trees are likely to become more popular as a result - this is one of the most characterful residents of any garden.

THE SCENTED WONDER

Lavender and balsam, honeysuckle and jasmine, heady fig trees and fragrant citrus leaves - they're all a sensual delight, but a pepper tree takes things to another level. This aroma is the essence of why wars have been fought over spice - pungent, evocative and tantalising, lingering on your skin after you stroke the leaves. The pretty trees also provide vital shade, giving you the opportunity for the perfect hideaway under a shady scented branch.



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November keeps up the pace with a varied range of events, from a tough trail race in Haría to a classic challenge at La Santa. The winds are fair, the sun is out – time to get sporty!

Our monthly Sport Diary will be a regular feature of the magazine from now on, and is open to all events. If you have a sporting event you'd like to publicise FREE get in touch with us: editorial@gazettelife.com

HARÍA EXTREME

Haría, 14th - 16th November

Murderous trail race located in and around the beautiful northern town of Haría. With four distances ranging from 13 kms to a gruelling 95 km Ultra challenge, as well as shorter kids' races, it's a big day out in the north.



RORC TRANSATLANTIC RACE

Marina Lanzarote, Arrecife, Saturday 23rd November

The first race of the Royal Ocean Racing Challenge's 2020 season departs from Arrecife's marina at midday on Saturday 23rd. Ahead of the contestants are 2,995 miles of open sea before the finishing line in Grenada.



SWIMRUN 2019

Centro Deportivo Fariones, Puerto del Carmen, 23rd November

Paired contestants run and swim while tied together. Starts 8 am.

LANZAROTE INTERNATIONAL RUNNING CHALLENGE

La Santa Sport, 24th - 27th November,

One of the most unique events on the island, which has attracted an almost cult following, the International Running challenge offers four races over four days on varying terrains ranging including sand, dirt trails and asphalt.



GAMBITO GOLF PREMIUM CIRCUIT GRAND FINAL

Lanzarote Golf, Costa Tegui, 28th November

Costa Tegui's Lanzarote Golf Club welcomes the contestants in one of the biggest tournaments of the year.

LANZAROTE INTERNATIONAL MARATHON

Costa Tegui, Saturday 7th December

Heads-up for Lanzarote's oldest and still one of its most fun endurance events.

QUEMAO CLASS,

La Santa, Sometime before December 31

Keep watching the Quemao Class Facebook page to find out when wind and ocean swells combine to hone the legendary El Quemao break is at its awesome best, which is when this brilliant surfing and body-boarding event will be announced.

UD LANZAROTE VS. VERO PUERTO DE LA CRUZ

Ciudad Deportivo, Arrecife, 3rd November, 12 noon

Los Rojillos take on the team from the spa resort in northern Tenerife.

UD LANZAROTE VS. PANADERIA PULIDO

Ciudad Deportivo, Arrecife, 17th November, 12 noon (check in advance)

Lanzarote's main team take on the bakery boys from San Mateo in central Gran Canaria.



DRAWING UP A PLAN



The fans go wild!



After eight matches the Rojillos (The Reds) have lost just once, but with five draws they are only in eighth position, four points off the playoff zone and a further point off the league leaders CD Marino. Ian Lane reports.

Lanzarote started the season in the Tercera Division (Spain's fourth tier) with three draws but then a 2-3 away win and superb 5-0 home win briefly moved the Rojillos into top spot.

A shock 0-1 home defeat then brought the players back down to earth with a bump, but with 30 matches remaining in the season, Lanzarote's sole goal is to qualify in the top four so that, come May, they will have the opportunity for promotion to Spain's third league Segunda B.

The support from all the tourists and expat fans has been superb again this season, and if you're on the island and want to come along, join in and see a game it's simple via local transport. From Costa Tegui or Puerto Del Carmen just jump on the local bus number 3 and get off at the central

bus station in Arrecife and walk the 100 yards to the stadium.

It couldn't be easier. Buses go back and forth every 30 minutes. Playa Blanca local bus number 60 leaves at 9.55am and returns at 2 and 3pm or better still contact Bill's Sports Bar at Faro Park as they organise a very affordable excursion.

If you come by car you can park within 100 metres of the ground on Sundays. Pay entrance to match at the gate.

Lanzarote will play their second and final away match in Fuerteventura this season on the 24th November and the club, as always, will be organising the popular away trip including bus, ferry, beer and bocadillo (roll) for (usually) €25 residents and €50 non-residents. Get in touch if interested.



For all the information please go to:

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📘 Lanzarote Football Club

☎ +34 649963943 (Ian)

✉ info@mercancianlanzarote.com

Official club shirts and merchandise are on sale with Ian at the clubs stall at Tegui market every Sunday (near the public toilets) and also at the Puerto Del Carmen Old Town market every Friday. At Playa Blanca on the Rubicón Wednesday and Saturday market. All markets are from 10am to 2pm. Club shop now open in Costa Tegui Monday to Friday 10am to 1pm at CC Nautical, local 25, (opposite Pueblo Marinero and behind Café Bonjour)

UPCOMING HOME MATCHES

3rd Nov Lanzarote v CD Vera

17th Nov Lanzarote v CF Pulido San Mateo




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Mii Too



Lanzarote is perfectly suited for a smaller electric car. On an island where you'll rarely have a journey above 50 kms, where the warm weather favours longer intervals between charging, where off-roading isn't usually necessary and where measures are being taken to support renewable energy sources, you could do a lot worse than a supermini like the SEAT Mii.

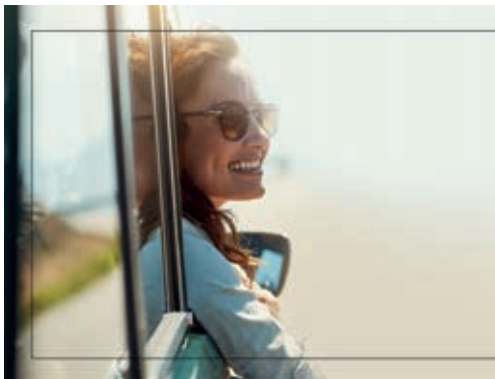
The Mii shows SEAT finally offering something

affordable to a nation full of younger, environmentally-conscious drivers and is likely to be a big success in a fast-growing market for electric motors. Based strongly on the VW Up, with design deriving from the old Arosa, its main rival will be the Skoda Citigo, but here in Spain there's likely to be no contest.

Like most SEATs it's a lot of fun to drive, with a sprightly, lithe steering and a good bit of oomph provided by a 36.8 kWh engine. It also has an

idiosyncratic design which reflects the fact that SEAT's design takes place in Germany, but also nods to the boxy 70s and 80s SEATs that defined Spain.

In short, the Mii is a great little addition to the city car market, and is likely to help boost the electric revolution in Spain. Abroad, it'll face tough competition in a sector that's getting overcrowded, but this car is likely to be a fixture of urban Spain for some time.



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Motor News



Electric Increase

After a slow start, Spain is now the fastest growing market for electric cars in Europe, according to the European Automobile Constructors' Association. Registrations rocketed by 88.5% in the first six months of this year, representing 166,900 cars, and the trend continues from similar encouraging figures in 2018.

For many years, Spain was outstripped by northern European countries when it came to buying electric vehicles; but things have now changed so that the country is one of the most important markets.

Sales of petrol vehicles have fallen by 3.5% throughout Europe, and hybrid vehicles have also seen a significant drop – the pace throughout Europe is now being made by increased interest in 100% electric vehicles.

State of Distraction

A campaign by traffic police in September saw 5,749 official complaints registered out of 350,000 cars checked.

Over a third of the fines were issued for driving while using a mobile phone in a car without a hands-free system, while 384 drivers were also fined for driving with headphones on. Other drivers were fined for reading texts and chatting to passengers.

372 drivers were fined for putting their seat belts on while the car was in motion, and in a new development six drivers were fined for being distracted while smoking. Smoking while driving is not illegal in Spain, but using a lighter or looking for cigarettes may be classed as a distraction.

Road Rankings

Spain ranked 16th in a World Economic Forum's recent ranking of road quality in 137 countries. The survey, which rated each country's road infrastructure in terms of extensiveness and condition, saw Spain win 5.5 point out of 7, the same as Denmark, Sweden, Germany and Qatar. The UAE and Singapore topped the list, while Switzerland (3) and the Netherlands (5) were the highest European entries.

The United Kingdom ranked 27th, equal with Ecuador and Israel, while Ireland came 41st. Bottom of the list was Mauritania.

The study also included information about whether the trend was towards improvement or decline in each country, with Spain showing a plateau after a small decrease.



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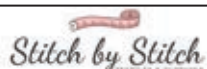
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Costa Teguiise (Islas Canarias)	928 590423

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Faults	1002
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International Directories	11825

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Need to Know



Post Early

If you're posting cards and gifts home for Christmas, now's the time to get organised.

Despite the rise of various competitors, Spain's Correos remains the most popular way of sending "snail mail". It's improved over the years, but you should still allow at least a week for letters to arrive and longer for parcels, depending on their weight and content.

The rise of digital communication has hit mail services hard, and now you'll find they're far too expensive for anything other than occasional parcels and the odd letter or card. On Lanzarote, the British custom of sending Christmas cards is what most people will worry about, and they'll still find it much cheaper to get a friend who's flying home to mail their cards when they get back.

The average Christmas card weighs about 30g, which will cost you €1.70 to post to the UK or anywhere else in Europe from the Canaries. If you're sending several cards, get them weighed first – smaller ones under 20g will be €1.40 each. It's a good idea to write your name and address on anything you send off, but if you want it certified it'll cost you over €5 a letter. Certifying your mail is only really advised if the item is of importance or value.

Parcels are now almost prohibitively expensive to send, with anything over a kilo in weight costing well over €20 and sometimes much, much more. If you have to send stuff, shop around – international couriers may offer a slightly better deal – but in reality, most people are now sending gifts via online suppliers.

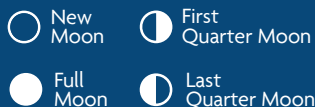
Parcels may also require a customs declaration to be signed, depending on contents.



Tide Tables for Arrecife, Lanzarote. Height are in metres.
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	H: 03:25 L: 09:44 H: 15:52 L: 21:57	2.7 0.6 2.4 0.9	17	H: 03:39 L: 10:02 H: 16:11 L: 22:17	2.6 0.7 2.3 0.9
2	H: 04:10 L: 10:34 H: 16:43 L: 22:47	2.5 0.9 2.2 1.1	18	H: 04:32 L: 11:02 H: 17:14 L: 23:21	2.5 0.9 2.2 1.1
3	H: 05:03 L: 11:36 H: 17:49 L: 23:52	2.3 1.1 2.0 1.3	19	H: 05:40 L: 12:16 H: 18:34	2.3 1.0 2.1
4	H: 06:13 L: 12:56 H: 19:16	2.1 1.2 1.9	20	L: 00:42 H: 07:02 L: 13:40 H: 20:00	1.1 2.3 0.9 2.2
5	L: 01:19 H: 07:40 L: 14:22 H: 20:42	1.4 2.1 1.2 1.9	21	L: 02:07 H: 08:22 L: 14:55 H: 21:12	1.1 2.4 0.8 2.3
6	L: 02:44 H: 08:57 L: 15:30 H: 21:44	1.3 2.1 1.1 2.1	22	L: 03:19 H: 09:31 L: 15:56 H: 22:11	0.9 2.6 0.6 2.5
7	L: 03:46 H: 09:54 L: 16:18 H: 22:28	1.2 2.3 0.9 2.2	23	L: 04:18 H: 10:28 L: 16:48 H: 23:00	0.7 2.7 0.5 2.7
8	L: 04:32 H: 10:38 L: 16:56 H: 23:05	1.0 2.4 0.8 2.4	24	L: 05:09 H: 11:17 L: 17:34 H: 23:44	0.5 2.9 0.3 2.9
9	L: 05:10 H: 11:15 L: 17:30 H: 23:37	0.8 2.6 0.7 2.6	25	L: 05:55 H: 12:03 L: 18:16	0.4 2.9 0.3
10	L: 05:44 H: 11:49 L: 18:01	0.7 2.7 0.6	26	H: 00:26 L: 06:38 H: 12:45 L: 18:56	3.0 0.3 2.9 0.3
11	H: 00:08 L: 06:16 H: 12:21 L: 18:32	2.7 0.6 2.7 0.5	27	H: 01:06 L: 07:20 H: 13:27 L: 19:35	3.0 0.3 2.9 0.4
12	H: 00:39 L: 06:48 H: 12:54 L: 19:03	2.8 0.5 2.8 0.5	28	H: 01:45 L: 8:02 H: 14:07 L: 20:13	3.0 0.3 2.8 0.5
13	H: 01:10 L: 07:21 H: 13:26 L: 19:35	2.8 0.5 2.8 0.5	29	H: 02:24 L: 08:43 H: 14:48 L: 20:52	2.9 0.5 2.6 0.6
14	H: 01:42 L: 07:56 H: 14:01 L: 20:09	2.8 0.5 2.7 0.5	30	H: 03:03 L: 09:25 H: 15:30 L: 21:32	2.7 0.6 2.4 0.8
15	H: 02:17 L: 08:33 H: 14:39 L: 20:45	2.8 0.5 2.6 0.6			
16	H: 02:55 L: 09:14 H: 15:21 L: 21:27	2.7 0.6 2.5 0.8			

H=High Tide L=Low Tide



With the clock change behind us, November sees the nights fall below 20 degrees and the sun setting just after 6pm, although there are still 11 hours of daylight to be seen and most days are bright and sunny if a little cooler at night.

Officially we are into winter, although with the consistent temperatures and the UV still at 6 and 7 you could be fooled into thinking it is a beautiful spring day. Usually November still offers plenty of sunny days, and in the last 10 years there have only been two years when rain fell on more than a few days, namely 2014 and 2018.

Notably in November the last 20 years have seen the International Running Challenge at La Santa where participants run four races over four consecutive days, not something that would be scheduled if bad weather prevailed. That said, it is worth bringing an extra layer for the next few months, the evenings are when you are more likely to wear a hoodie or fleece - as well as on the flight home too!



Follow @TerrieWeatherLanzarote on Facebook for Weekly weather videos and daily posts!

What to expect in November



Day Time Temps

24°C (Ranges from 22 to 27°C)



Night Time Temps

17°C (Ranges from 15 to 20°C)



Sunshine Hours

7 hours



Sea Temp

21°C



Rain

2 days. Approx 14mm in total



Wind

15kph

By Clairvoyant Shona Langholm

Horoscopes

NOVEMBER



21 March to 19 April

Aries



You're back to your charming, confident best this month, Aries, so make the most of it. This is a month when you can afford to be absolutely fearless, go for what you want and take the world by storm. Just don't forget your friends.

20 April to 20 May

Taurus



You're feeling a little disappointed that you've been left with little to show for your recent troubles, but you should be thankful you're still in a good place. Things will be easier from now on, and the benefits will soon come.

21 May to 20 June

Gemini



You're curious about all sorts of things, Gemini, and now's the time to explore further. Find some time to disappear down some fascinating rabbit holes, and let fulfillment flow. You may even end up with a like-minded companion.

21 Jun to 22 July

Cancer



You're full of energy, Cancer, but don't forget you can invest as well as spend. A new exercise routine or a change of diet will help you feel active and give you even more energy to burn - you're going to need it soon.

23 July to 22 Aug

Leo



You'll find great pleasure getting lost in the past this month, Leo. Google some old friends' names; dig out some old photos or browse online posts. You'll get an idea of how you've changed and how you've changed others, and you may relight an old flame.

23 Aug to 22 Sept

Virgo



Stay in your lane, Virgo. There are side roads you'd like to explore but there'll be time for that later. Right now you need to focus on what's right in front of you and keep moving steadily on without treading on anyone else's toes. You're almost there...

23 Sept to 22 Oct

Libra



You've made an important decision in family matters, but you're still torn between two paths in your own private life. The solution isn't clear yet, but the important thing is not to let things get on top of you, Libra. No one said it was going to be easy, but you can afford to have a bit of fun.

23 Oct to 21 Nov

Scorpio



You are absolutely bonkers this month, Scorpio, full of a weird, mad energy that'll take you to some strange and fascinating places if you allow it to. Friends are sure to join you, as the charm and fun is coming off you in waves.

22 Nov to 21 Dec

Sagittarius



It's a good job the clocks have gone back, Sag, because you'll be in a night-time mood this month. Get out and about after sunset, and whether you're hitting the bright lights or starlit natural sights, you'll find real joy in nocturnal living.

22 Dec to 19 Jan

Capricorn



There'll be some unhappy family news this month, but it'll be resolved quickly and you and those around you are in a good situation to deal with it. Once it's over, enjoy those powerful family bonds to the full, build some memories, have some fun.

20 Jan to 18 Feb

Aquarius



You've made a big choice recently, and you're still worrying whether it was the right one. Don't. It's too late to change now, and you are absolutely pointed in the right direction. Now it's time to get fit, smarten up and enjoy the journey ahead of you.

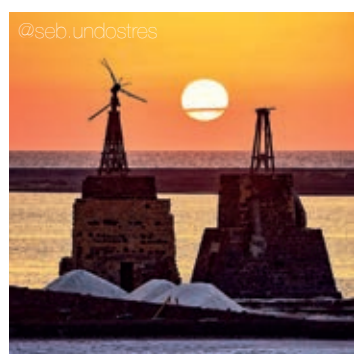
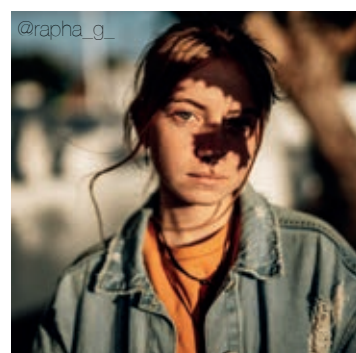
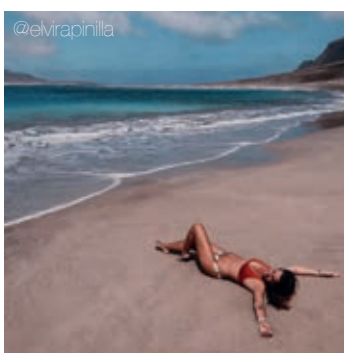
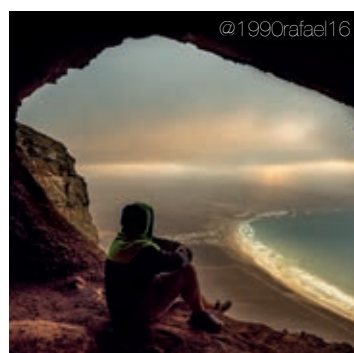
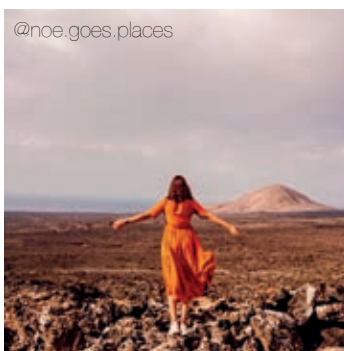
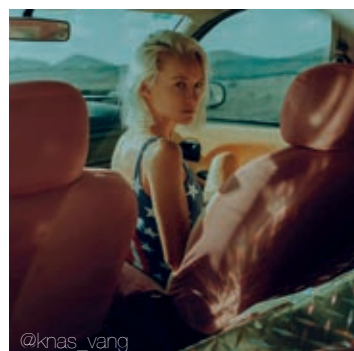
19 Feb to 20 Mar

Pisces



You're juggling lots of things at the same time this month, Pisces, and you can't afford to let one ball drop. Just make sure you look after yourself - get some decent sleep, and lay off the bad habits - and you'll be certain to finish the show to a huge round of applause.

Instagram of the Month



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SATURDAY

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SUNDAY

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