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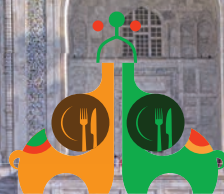
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Contents

May 2023

GAZETTE LIFE

VOTERS' FIESTA!

Ed's letter

Hundreds of people on Lanzarote will be looking for jobs this month, and whether they get them or not will be down to a panel of about 100,000 people, all of whom get the chance to vote on the 28th of May.

Elections on Lanzarote can't be missed – the island's laws on advertising are suspended as flags, banners and posters cover the island; there'll be barbecues and parties; cars driving around with megaphones and plenty more campaigning. It's not surprising that elections are often called “the fiesta of democracy.”

But, of course, it's much more than a fiesta. The results will define who's in charge of the island for the next four years.

I often hear expats say that they don't vote out of respect for the locals. They feel they are guests here, and have no right to influence the way things are done.

However, almost every local here tells a different story. They are puzzled and disappointed that so many people who have chosen to live here don't want to

participate in elections. Respect, for them, means understanding and taking an active role in your local community.

Part of that role involves complaining. I've spoken to politicians who welcome complaints, because then they know about problems and can try to fix them. But there's not much point in moaning if you're not going to do anything about it – and voting is just one of the things you can do.

With all that in mind, this issue is mainly devoted to the elections – how to vote and who's standing. There's more to it than that, of course. Politics here is so local that votes are won on issues as small as changing a streetlight, and there is no better time to get promises and support from local candidates.

Meanwhile, if you don't have a vote, just enjoy the fiesta. Elections are a busy, exciting time, and a fascinating expression of a democracy that may not be perfect, but is preferable to the alternative that many older islanders remember.

Regulars

- 06** Local News
- 08** Island Info
- 18** Crossword
- 21** Ed's Postbag
- 32** Recipe
- 44** Maps
- 52** Property
- 70** Sport
- 72** Marketplace
- 73** Classifieds
- 78** Tide Times/Weather Watch
- 79** Tel Numbers
- 81** Horoscopes

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EMAIL CONTACTS

EDITORIAL: editorial@gazettelife.com
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05

Canaries Celebrate

It's going to be a busy month of May...

10

Election special

Your guide to the elections of May 28th.

12

Meeting the Mayor

We speak to two of Lanzarote's Mayors.

16

The War that Never Was

Lanzarote's WWII defences.

28

Lady on a Camel

An Irish pioneer from 130 years ago.

Meet the Team

Every month, Gazette Life is put together by a small but dedicated team, working together to bring news, information and features in the form of a beautiful, glossy magazine as well as online.

EDITOR: SHAUN ADDISON

Shaun, from Leicester, has been reporting news and events on Lanzarote for over 20 years, as well as discovering every hidden corner of the island.

ACCOUNTS: ARLENE CONNOR

Cool, calm and collected, Glasgow lass Arlene keeps the books balanced and the financial side of things ticking over.

SALES: BEVERLEY FARLEY

Bev, from Blackpool, is the fiercely loyal sales star that many of our clients know and love. Out and about every month, Bev is the first point of contact for many.

SALES/ADMINISTRATION: JUDITH FLORES

Judith made her life on Lanzarote after arriving from Venezuela, and is our longest-serving member – the smile that has greeted thousands.

SALES: CÉSAR MÁRTINEZ

From an Arrecife family, César's open, friendly nature and skill at making contacts is one of the magazine's greatest assets.

DIGITAL: SHAY ROURKE

Shay started as a work experience boy and has gone on to become a vital part of our team, handling our ever-more popular website and social media accounts.

DESIGN: SABRINA SUPPERS

Sabrina's the Dutch design diva who makes our magazine look so wonderful. She also handles a camera like the professional she is.



Beverley

Shaun

César

Judith

Arlene

Shay

Sabrina



CANARIES VOTE AND CELEBRATE



"EVERY FOUR YEARS, LANZAROTE CELEBRATES ITS DEMOCRACY AND CULTURE."

May will finish with two huge events in the Canarian calendar – the regional and local elections on Sunday the 28th and Canary Day on the 30th.

All over Lanzarote you'll see political posters and banners – the red of the Socialists, the blue of the PP, the Canarian tricolours of the Coalición Canaria and many, many more - as hundreds of candidates campaign to win a seat on their local council, the Cabildo or in the Canarian Parliament.

These are local elections and local issues will dominate, from tourism to public transport, housing to education. Politicians who want to be re-elected will be judged on their performance during a four-year term that was derailed by the Covid pandemic and lockdowns, as well as the promises and pledges that they have fulfilled.

Campaigning will stop on Saturday the 27th – the “Day of Reflection” when voters make their minds up. Then, on Sunday 28th, the polling booths will open, seeing a steady stream of voters from dawn to dusk.

Results will start to come in shortly after the closure of the polling and shortly afterwards we'll see the start of negotiations for the various pacts and alliances that are inevitable under the Spanish proportional representation system.

But before that, the islands will take a day off to celebrate Canary Day. This public holiday is closely linked to the elections, as it celebrates the first day that the Canarian



Parliament sat, on 30th May 1983.

But, more importantly, it's a time to celebrate the unique Canarian culture, from music, dance and sport to food and drink. School children and shop assistants will dress in traditional Canarian costumes, and events will be held all over the island.

Details of events have still not been released, but look out for a craft fair at Mancha Blanca, celebrations at the Old Town Harbour in Puerto del Carmen, Canarian wrestling on Playa Blanca beach and more activity on Arrecife's seafront.

LOCAL NEWS

TOURISM FULLY RECOVERED

Almost 700,000 tourists had arrived at Lanzarote's César Manrique Airport by the end of March 2023, a 14% increase on last year and 3.6% more than in 2019, the last year before the pandemic.

Over 4.3 million arrivals were registered in the whole of the Canaries up to March, with the largest increases registered on Gran Canaria and Tenerife. 2.7 million of these were international arrivals, while 1.6 million were domestic Spanish arrivals.

The figures indicate that tourism on the islands has now made a full recovery after the pandemic.



SAFE LANDING!

A 38-year-old woman gave birth to a son in the carpark of Lanzarote's César Manrique Airport last month.

At approximately 4am on Thursday 13th April, emergency services received a call that a woman had gone into labour and given birth in the car park of the airport. Ambulance staff transported the mother and her newborn son to the Dr. Molina Orosa hospital in Arrecife.

They are both in good health.

LOST AND FOUND

A Guardia Civil officer found and returned a bag containing €5,000 in Costa Tegui last month.

On Saturday, April 8th, an off-duty Guardia Civil officer found a bag full of cash and jewellery on a street in Costa Tegui. Inside the officer found €5,000 Euros and £700 pounds in cash, various items of jewellery, and nappies.

The officer took the bag to the local police station in Costa Tegui. Luckily, the police found the owner's identification inside. The bag belonged to a local businessman who came to collect it after being contacted by the police.

POWER-SHARING PROJECT

The first shared self-sufficient solar panel installation has been presented at Lanzarote's Chamber of Commerce.

The 72 solar panels will provide power to the Chamber's Business Incubator, which supports 17 start-ups in a building next to the Chamber itself. This is the first time a shared installation has been created on Lanzarote, an important step forward in the implementation of renewable energy on an island where most people live and work in shared buildings.

José Valle, President of the Chamber of Commerce of



Lanzarote and La Graciosa, said "We want to show that this is possible, and also that it's profitable. This is an important achievement to demonstrate that it is possible to reduce emissions and offset the carbon footprint of the island and its economic activity".

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ELECTION ON A KNIFE-EDGE

An opinion poll has predicted a hung parliament following the Canarian Government elections in May. Opposing blocs of parties are predicted to tie, each winning 35 seats of the 70-seat legislature.

Electomania's survey indicates that the Socialist Party led by Ángel Víctor Torres will win the majority of votes with 29.8% of the vote, although this will be not be enough to gain an

absolute majority.

Votes for parties currently supporting Torres in the 2019 "Pact of the Flowers" will also not permit a majority, according to the poll.

However, the main opposition parties of the PP and the Coalición Canaria may also fall just short of winning enough seats to permit them to govern in a pact.

SURFER DIES

A 59-year-old Belgian resident of the island has died while surfing at Famara.

At 11.30 am on 29th March, lifesavers at Famara beach located a surfer whose board had been

broken and who had suffered a severe blow to the head.

Attempts to resuscitate the victim by lifesavers and paramedics were unsuccessful.

CACTS QUEUES

Hundreds of cars had to wait up to two hours to enter the Timanfaya Fire Mountains over the Easter holidays, while Jameos del Agua and the Cueva de los Verdes also saw car parks full and cars parked on the edge of approach roads.

Queues have been a continuing problem recently, although the numbers of tourists on the island is no greater than in previous years. One reason is thought to be the increased popularity of hire cars during

and after the pandemic.

The CACTs have advised visitors to the centres to plan their trips to avoid busy times – early in the morning and later in the afternoon. Opening hours are as follows:

Timanfaya Fire Mountains:
9.30 am to 3.45 pm

Cueva de los Verdes:
10 am to 4 pm

Jameos del Agua:
10 am to 5.15 pm



ADIÓS, DOÑA EFIGENIA



Efigenia Torres Martín, one of the most respected craftswomen on the island, has died at the age of 75.

Doña Efigenia was known throughout the Canaries for her mastery of rosette-making. This craft, similar to lace-making or crocheting doilies, can still be seen in the Monumento al Campesino and island craft fairs. The resulting rosettes are used as place mats, tablecloths or for a variety of decorative purposes, and were often used instead of currency in days gone by.

In 2013 Doña Efigenia was invited to open the Fiestas of Carmen in Tegui, an honour that was repeated for the Fiestas of Las Nieves in 2017. On both occasions she gave wonderful speeches recalling her early childhood in Máguez and her later life in La Villa de Tegui.

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(Opp. Lidl beside Hiperdino Express and Tias Land Registry Office)

ISLAND INFO

BEST IN SPAIN



Last month, the Colegio Hispano Británico presented the Cambridge Gold Awards to three outstanding students who have achieved the best grades in Spain in their chosen subjects.

The awards mark another astonishing performance by the Hispano Británico in the University of Cambridge International Exams – perhaps the most competitive international exams in the world.

The recipients of the awards were:

Silvia Izquierdo Hoffmann:
German AS Level

Charlotte Louise Agnew:
Spanish Language AS Level

Khushi Barchha Radia:
Environmental Sciences GCSE

Tobias López Jessen:
Chemistry and Physics A Level

Headmaster Roger Deign opened the ceremony, and each student was introduced by their teachers: Regina Lemm, Elixabete Arregui and David Andrews. Tías Mayor José Juan Cruz presented the certificates.

BILL SIMMONDS 1931 - 2023

Jenny Atkinson has contacted us with the following announcement about her uncle, Bill Simmonds:



"I am sad to announce the death of Billy who died on Thursday, 13th April at home in Reading, England. Many of you will remember Billy who lived at San Fran 2 in the old town of Puerto del Carmen. He visited the island all through the 90's and decided to stay and live from 1999 - 2011. In the early days he would be out walking every day frequently calling in The Queen Victoria and Loch Lomond and later making The Tapas Tree and Mario's his local for dinner most nights. Billy's disability never stopped him meeting people and enjoying his life in the sun.

Having to return to England for a little support and help in 2011 was heartbreaking for him, but he managed to get back to the island for holidays and to celebrate his birthdays up until 2016. He will be missed by all his family and friends. His framed photo is still on the wall in The Tapas Tree. One amazing man who was loved by so many."

LEO'S BURGERS BEST IN THE CANARIES!



Leo's Burgers in Costa Tegui has been awarded "the Best Burger in the Canaries" at the La Laguna Burger Fest in Tenerife.

The Burger Fest in Tenerife saw more than 25 restaurants from all over the Canaries show

off their finest burgers at market stalls. But it was Leo's who took home the coveted "Best Burger in the Canaries prize."

Why not head down to CC Los Charcos, Avenida Islas Canarias, Costa Tegui and try a winner!

BEST WISHES, SAN SIMÓN

Since 1985, Muebles San Simón in San Bartolomé has been a reference for Lanzarote, with its wide variety of furniture, bedding and decoration, always at competitive prices with unbeatable service. This month it's their anniversary, with great offers and free vouchers with purchases from €20 to €180. At Gazette Life we wish the Muebles San Simón team much success for the future.



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GREEN AS GRASS IS 17

Green as Grass is now in its 17th year of business, an astonishing achievement, and a testament to friendly, professional service and almost two decades of jobs well done. Congratulations to Lucy, and her team.

CAT & DOG OF THE MONTH



Kira is a pretty female two-year-old big mixed breed. She's a strong girl and would benefit from training, but is affectionate and fun loving. She would be a perfect dog for an active couple or family. Find out more about her at <http://saraprotectora.org> or book an appointment on 928 173 417 (English spoken). Dog walkers welcome from 10.30 13.00 Monday-Saturday (Saturday by appointment only). If it is your first visit, please bring ID.

Torrente is a gorgeous one-year-old male cat that is looking for his forever home. He is one of a number of one-eyed cats at the shelter. They are often overlooked because of local superstition and worries about disabilities. However, cats with one eye adapt

quickly to new environments and lead normal, happy lives. Hopefully someone will give this loving boy a second chance. Find out how to meet him and about adoptions at <http://saraprotectora.org>. There are also limited places for people to help with socialising cats. Email info@sara-lanzarote.eu.

SONGS FOR SARA 2023

Songs For SARA 2023 is a live benefit concert on Sunday May 28th from 12 noon to 6 pm. The event will be held at Marcos Bar, Los Pocillos, Puerto del Carmen.

Just like last year, when the event raised more than €3,000, all live performances will be held at Marcos Bar, and the event itself will be livestreamed on different platforms, including the Songs for Sara 2023 Facebook page.

The organizers are hoping to raise even more this year with donations being accepted at the event and online at the Songs for SARA 2023 page on [gofundme.com](https://www.gofundme.com)

Artists participating in this year's festival include Concrete Jungle, Cool For Cats, The Sane Patrick Band, Dan Trayers, Lou Hinds, Mick Bennett & Conor Sloane, Joey Bracken, Sergio de Jesús, Dave Timmons, Mick Garry, Dave Bandana, Max Santalucia, Ellen & Steve, Al Murphy, Francesca and the Wild Rose Duo, with international video participation from artists such as Lukas Horst (Germany), Paul Behan (California), Tommy Gunn (New York), Don Frank (Barcelona), Groove Machine (Ireland), and the Famara Project (UK).

For further information, please contact James Lynch at jplynch17@gmail.com or (+34) 650 139 836.


MAY THE 4TH BE WITH YOU!

Lanzability.com are holding a Virtual Race Night on May 4th, to raise funds to take one child and their carer for some Fun in the Lanzarote Sun. Find out more at www.LanzAbility.com/eXperience.

SCOTTY'S CELEBRATION!


Monster Radio's superbly professional daytime presenter Scotty Silver celebrated 20 years on air in Lanzarote last month. Gazette Life's Shaun Addison and Beverley Farley popped down to interview him, and a fantastic party followed.

Here's to many more years with Scotty on the airwaves. You can hear him every weekday from 10 am to midday on Monster Radio, 99.9 FM.



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LOCAL ELECTIONS: A USER'S GUIDE

This month, Lanzarote will be decked with posters, banners, flags and other political advertising. It's the only time public advertising of this kind is allowed on the island, and it is all part of a democratic process that will dictate the next four years of policy in Lanzarote and the Canaries – the local elections on Sunday, May 28th.

We believe that it's every resident's civic responsibility to vote, even if you are not Spanish or Canarian, and so we've prepared a brief guide to the process and the parties that will be competing in the main tourist municipalities of Lanzarote, where the vast majority of foreign residents live.

THE ELECTIONS

On May 28th elections will take place for the Canarian Government, the Cabildo (island government) and the Ayuntamientos (municipal councils).

EU nationals and British residents will be permitted to vote for their local municipal council only (the Spanish government granted special dispensation for British voters following Brexit). It is not ideal, and most local politicians support wider voting rights, but EU and UK residents are still more fortunate than other nationalities who have no voting rights at all.

There are three municipalities on Lanzarote where their votes could have a significant effect.

TÍAS

For the last four years, Tías has been ruled by a coalition led by Socialist Mayor José Juan Cruz. His main rival will be Francisco Aparicio, the candidate for the conservative Popular Party (PP).

Cruz had already ruled Tías for several years before being ousted by the PP's

Francisco Hernández in 2011.

Although the PP won the most votes in 2019, Cruz's Socialists were able to form a majority ruling pact that has survived for the last four years.

Around one in four Tías residents are from the UK or an EU country, meaning that their votes could be an important factor in the make-up of the council.

TEGUISE

Mayor Oswaldo Betancort of the Coalición Canaria has ruled Teguiuse with an absolute majority since 2019. An ambitious politician, he will step aside as Mayor and stand for the Cabildo this year, with Olivia Duque taking his place as mayoral candidate. Meanwhile, their main rivals the Socialists, led by Marcos Bergaz, are mounting a strong campaign in the municipality, and popular PP councillor Rita Hernández is also likely to attract support.

YAIZA

Yaiza's Mayor, Óscar Noda, will stand once again for the UPY (Unidos Por Yaiza) party. On the evidence of previous elections his main challenge is likely to come from the Coalición Canaria's Emilio Machín.

Yaiza is one of the municipalities where the main national parties have never performed well, but they, and other parties, will present candidates and may win a few seats.

Óscar Noda



José Juan Cruz



Olivia Duque



THE PARTIES

On Lanzarote, parties can be split between national organisations and regional ones.

Of the national parties, the centre-left Socialists (PSOE) have historically been strongest, followed by the conservative Partido Popular (PP).

Smaller national parties, such as the left-wing Podemos/Equo alliance, which holds one seat in Tías. Tegui and Yaiza, have been influential in forming coalitions, while the centre-right Ciudadanos party has a seat in Yaiza. The hard-right Vox party will also be on the lists but has so far failed to win any seats in any of the island's institutions.

Regional parties are devoted to gaining more power and representation for the islands, and none currently advocate Canarian independence. The strongest regional party is the Coalición Canaria (CC) which ruled the Canaries in various coalitions since the mid-90s before a campaign by opposition parties removed them in 2019. While it's harder to classify regional parties, CC are now generally agreed to be on the centre-right. Nueva Canarias is a centre-left regional



party with a limited presence on Lanzarote, but which is influential at Canarian level.

Other, smaller, local parties and platforms are also likely to be seen on the lists.

HOW TO VOTE

To vote in the municipal elections in May, you must be registered on your local padrón (electoral roll). If you have voted in elections previously, you are eligible to do so again. If you have not, you may still be able to do so if you are on the padrón, and should check at your local Ayuntamiento.

Once you've registered, you should receive a voting card before the elections in May, and can vote at your local polling station with an ID card or passport. However, even if you don't receive the

voting card, you may still be allowed to vote using your ID.

Your local polling station will be publicized in advance, and is usually a public building such as a school or social centre.

To vote, simply present your ID to the election officials, who will give you an envelope. Tables will be present with piles of each party's electoral lists. Make sure you find the lists for the municipal election, and choose the list for your preferred party. You can enter a booth where lists are also found and do this in secret, if you wish.

Place the list in the envelope and deposit it in the perspex voting box. Congratulations! You've just voted in a Spanish municipal election!

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Interview: José Juan Cruz, Mayor of Tías

TALKING TÍAS

We spoke to the Socialist Mayor of Tías, José Juan Cruz - known to most locals as “Pepe Juan” - to ask about his government's achievements and future plans if he continues as Mayor after May 28th.

How have the last four years been?

Well they weren't normal, obviously. The pandemic was a catastrophe which paralysed things for almost two years. There were a huge amount of local people on furlough schemes, Puerto del Carmen was closed and the Avenida empty. We quickly diverted funds from areas such as sport and culture to social services to deal with the real problems people were suffering.

In Tías we were surprised to discover that many of the people in most need were foreign residents in Puerto del Carmen. Locals tend to have support networks of family, but these people had nothing to fall back on.



Is it important for residents to vote?

Yes. A third of Tías residents come from abroad, and we want them to feel at home here, and take part in politics and local activities. British residents don't do this as much as other nationalities.

Why do you think that is?

I'm not sure. Many younger people and families do integrate – they're running businesses and get involved in activities like sport - but maybe older, retired residents don't need to do that as much.

What do you regard as the main achievements of the last four years?

We've carried out 77 public works since 2019, and



full details are listed on our website www.ayuntamientodetias.es. Among those works are €4.5 million worth of improvements on the Avenida de las Playas, the creation of 900 parking places in the resort and the new roundabout at Macher.

We've also improved the Fondateiro social centre, established a 24-hour emergency service at Tías health centre and made many more improvements that make life easier for Tías residents.

What are your priorities if you're re-elected?

I want to keep working to look after Tías and the island which has Biosphere status. We still need to improve a lot of things, public transport and energy efficiency, and we need to continue

to look after our tourism, focusing on higher quality and experiences.

Big plans include getting 500 more children involved in sport, removing

the big concrete wall at the Old Town harbour, extending the health centre in Puerto del Carmen and improving the sewage system throughout Tías.

Housing is another issue we need to look at – we're losing our residents to Arrecife

because rent and prices are so high.

So why should we vote for you?

I'm leading a young capable team who have already shown that we can govern Tías responsibly. With a sufficient mandate we can do so without confrontation and problems.

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Interview: Óscar Noda, Mayor of Yaiza

"WE NEVER STOPPED"

Óscar Noda was a councillor in Yaiza for several years until he stepped up to the Mayor's position in 2018, and was elected to the post in the 2019 elections. This month he'll be standing for re-election as Mayor, as well as a seat in the Cabildo.

His party, Unidos Por Yaiza (United For Yaiza), is a local platform, and will be standing as part of an agreement with Nueva Canarias, a Canarian regional party.

The pandemic arrived a few months after you were elected. How did it affect your plans?

The economy halted, but at the Ayuntamiento we never stopped. I'd say that in Yaiza, only the first two weeks of lockdown saw complete paralysis. After that, we channelled funds into social assistance and we also took advantage of the situation to invest and build.



We were the first municipality on the island to hold a major sporting event and open sports facilities, and we got a lot of improvements done.

What have you achieved in the last four years?

We've re-surfaced 90 roads, opened eight children's playgrounds with shaded areas, invested in several sporting facilities including the new Sports pavilion, which was delayed by increased costs last year but will be ready by summer.

We have no debts, we pay our creditors faster and invest more than any other Ayuntamiento on the island. We've invested €2.8 million in a new rubbish collection service.

We also commissioned the reports that removed fish farms from Playa Quemada. We're not against this industry,

but it has to be done correctly, and these installations were causing serious pollution.

"A LOT OF PEOPLE WANT CRUISERS IN PLAYA BLANCA."

Future projects?

We're planning a Family Relief Centre in Playa Blanca, a new library, more parks and leisure zones, including a skate park in Playa Blanca. We want to see the main road to Playa Blanca widened to a double carriageway.

Will there be cruisers at the new harbour?

We're currently working with the Canarian Port authorities to be included in the next season's schedules, and if that goes well I hope to see small to-medium cruisers arriving before the end of the year. A lot of people, including tourists and cruise operators, want this to happen.



The Cabildo president recently claimed the island was "saturated". How does the opening of the biggest hotel on the island, the Barcelo in Playa Blanca, fit with that?

I don't agree with the use of the word "saturation". What we need to focus on is sustainable, quality tourism, and hotels can be an important part of that. Things are changing – all-inclusive holidays seem to be losing popularity, and we're seeing more and more tourists getting out and about, spending money with local businesses.

You're standing for the Cabildo too. Can you handle two high-level jobs?

I'm doing it for Yaiza. Currently, my party is not represented in the Cabildo, which means we don't have a say in many of the issues that affect us such as water, public transport or island planning.

Why should Yaiza residents give you their vote?

We've shown firmness and confidence in our decisions, with a clear project for the municipality, and we've had real results. It's a work ethic that applies in Yaiza, but which we'd also like to bring to the island as a whole.



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We're also currently working on something huge and hope to bring more news to you next month!

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-Andrea Wood **Murcia**



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-Maureen London **Tenerife**



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-Per B Gasseholm **Alicante**



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SCAN ME





Olivia Stone at the Charco de San Ginés in Arrecife.

LANZAROTE TIME MACHINE

EACH MONTH WE LOOK AT... THE STORY BEHIND PHOTOS OF LANZAROTE.

El Charco San Ginés de Arrecife de Lanzarote



LADY ON A CAMEL

Before tourism arrived on Lanzarote, British and Irish visitors were few and far between. However, many left a lasting mark on the island.

One of those visitors was Olivia Stone, an Irish gentlewoman who arrived with her husband on Tenerife 140 years ago, with the intention of writing the first English-language travel guide to the Canaries.

The resulting book, *Tenerife and its Six Satellites*, would become one of the most important foreign accounts of 19th century life in the Canaries. Over three years, Stone visited all seven islands, and explored each one carefully. Arriving in Lanzarote in January 1885 she wrote “very few visitors come to Lanzarote, it and Fuerteventura being considered quite beyond the pale of civilization.”

During her stay on the island she travelled on a camel for the first time, and journeyed all over the island from top to bottom. Looking at La Graciosa and the other islands from the viewpoint where the

Mirador del Río is now located, she wrote “Seldom have I seen anything more beautiful than these rugged, grey, red and brown rocks dressed in blue... set as if precious gems in a turquoise sea.”

“LANZAROTE IS QUITE BEYOND THE PALE OF CIVILISATION.”

Timanfaya impressed her in a different way, and showed that it wasn't just César Manrique who associated the “burning mountains” with hell. “It is an awful as well as an impressive sight – infernally suggestive,” she wrote.

Stone could be blunt: “Tegüise is disappointing”, she wrote, and her descriptions of islanders can be patronising. However, she describes Conejeros (Lanzarote islanders) as “civil and polite,” and “particularly smart and bright ... by contrast with the Canarios (natives of Gran Canaria), who are unpardonably stupid.”

Nevertheless, her account of Lanzarote is full of curiosity and her fascinated descriptions of small details such as the head of the camel she is riding or a hoopoe that a guide shoots for her, are vivid and lively.

Although unconfirmed, this photo is widely believed to show Stone and her husband at the Charco de San Ginés in Arrecife, accompanied by local dignitaries. This was probably one of her first camel rides.

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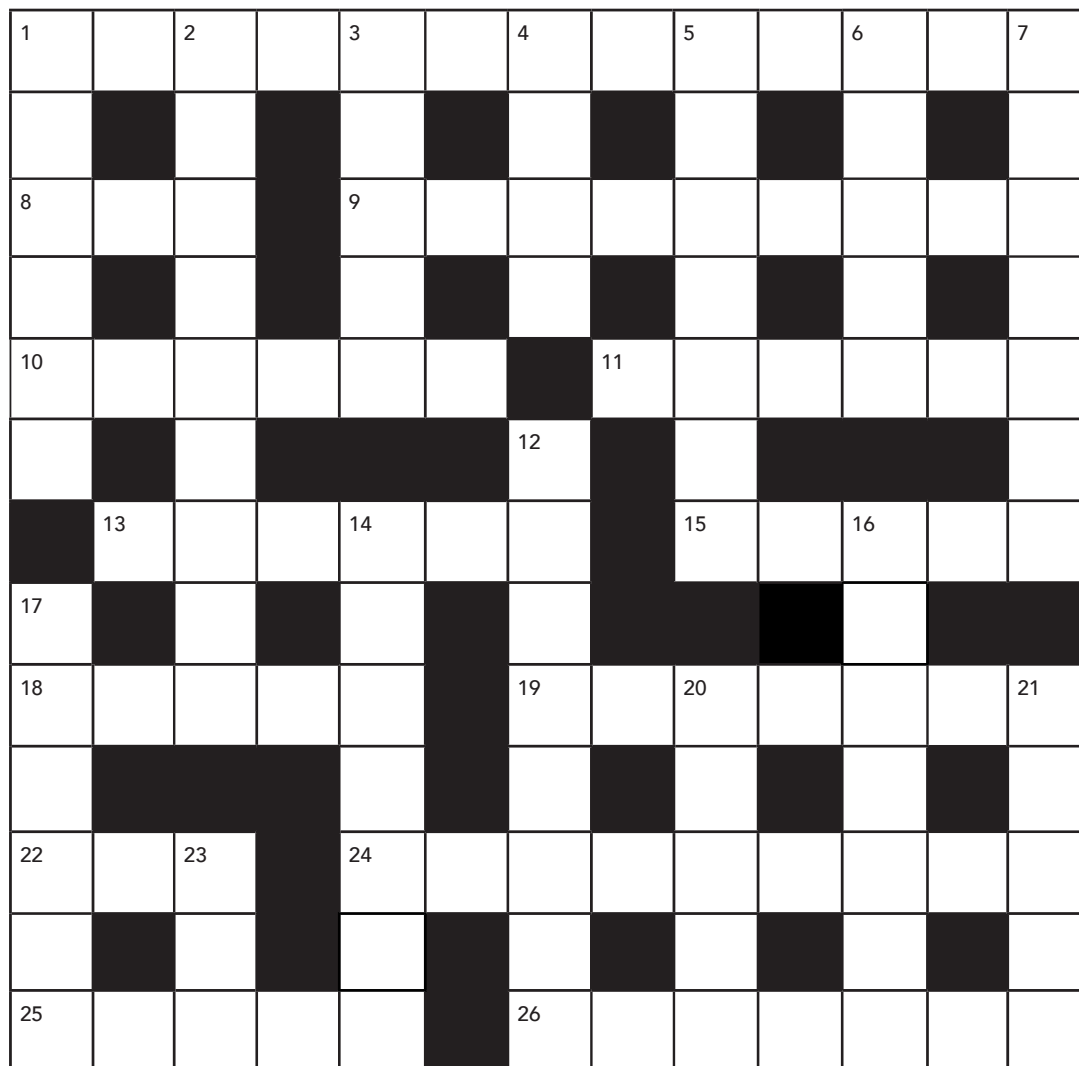
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ACROSS

1. Largest bird on Lanzarote (6,7)
8. See 4 down
9. A story or account (9)
10. The fish eagle (6)
11. Friends, or WWII victors? (6)
13. Runner's up medal (6)
15. It cleans your windscreen (5)
18. Up to a certain point in time (5)
19. Capital of Iran (7)
22. Soft, high tennis shot (3)
24. Without disagreement (9)
25. Dancer Sleep, jazzman Shorter or footballer Rooney (5)
26. Small falcon, common on Lanzarote (7)

It's nearly summer but before you get out into that sunshine, there's a crossword to be done. This month's prize crossword has an avian theme, so stop tweeting and pick up your pens. Send your answers to us at editorial@gazettelife.com (mark email "Crossword", WhatsApp to 628628083 or post/deliver to our address on pg 3. The winners gets a bottle of La Geria wine, and a €10 voucher for Hankey Pankys in CC Montaña Tropical in Puerto del Carmen.

There was a huge response to last month's crossword. Well done to everyone, but there can only be two winners. They are Sue Spode, who wins a bottle of La Geria's legendary Lanzarote wine; and David Bell from Tías, who gets to sit down at a table at Hankey Pankys. Well done, you two.

DOWN

1. Crested bird, Latin name Upupa epops (6)
2. Biro-type pen (9)
3. Group of mountains (5)
- 4 & 8 across: Tyto alba, nocturnal predatory bird (4,3)
5. Migratory bird called golondrina in Spanish (7)
6. "I was elsewhere" criminal defence (5)
7. Welsh, large piece of kitchen furniture(7)
12. Name for group of young 80s actors who starred in John Hughes films, e.g Rob Lowe, Emilio Estevez, Molly Ringwald and Demi Moore (4,4)
14. The Egyptian, largest bird of prey on Lanzarote (7)
16. Urban running and jumping sport (7)
17. Zarapito – wading bird with long, curved bill (6)
20. Descendants, inheritors (5)
21. Relating to the nose (5)
23. U2's first album in 1980 (3)

Last month's answers Across: 1. Hot Cross Buns 8. Rambler 9. Skoda 10. Soo 11. Complaint 12. Orange Liqueur 16. Limited 18. Adieu 19. Eel 20. Right Hand 21. Laser Surgery
Down: 1. Hard Shoulder 2. Tombola 3. Relic 4. Scrambled eggs 5. Basil 6. Naomi 7. Easter Sunday 13. Guthrie 14. Quarter 15. Emirate 17. Malta

Wordsearch: Canary Day

Find the 18 Canarian place names in the grid.

D	O	J	E	L	A	S	P	A	L	M	A	S	X	L	L	K	N	P	C	C	A	Y
I	J	H	J	C	S	A	N	T	A	C	R	U	Z	I	M	V	O	L	F	X	J	A
X	B	Z	X	R	H	K	S	Y	A	H	W	O	F	O	X	I	Q	Z	H	A	T	H
D	E	T	F	A	R	R	E	C	I	F	E	F	I	K	U	L	L	L	A	L	E	K
T	G	O	I	R	A	S	O	R	L	E	D	O	T	R	E	U	P	D	R	A	I	I
L	L	A	B	R	A	X	L	L	A	G	R	A	C	I	O	S	A	A	U	N	D	N
M	A	R	R	T	E	N	E	R	I	F	E	L	B	E	W	K	B	Z	T	Z	E	R
J	P	E	J	O	R	R	E	I	H	L	E	G	Z	X	F	O	X	N	N	A	Z	O
I	A	M	M	K	F	I	S	L	A	D	E	L	O	B	O	S	O	A	E	R	Y	J
L	L	O	K	S	D	C	G	U	T	G	F	N	K	G	K	A	Q	R	V	O	J	E
V	M	G	O	J	S	C	A	Z	V	B	A	A	X	H	G	D	V	G	E	T	N	L
H	A	A	G	C	I	Q	P	T	Y	M	V	A	L	V	E	R	D	E	T	E	T	A
Q	C	L	N	O	A	I	R	A	N	A	C	N	A	R	G	I	O	L	R	L	Y	R
K	Q	D	M	I	S	V	V	V	J	C	D	N	T	D	X	F	X	A	E	E	B	R
S	T	L	P	B	Q	S	R	R	G	K	O	E	J	E	D	A	B	R	U	O	Y	O
V	A	X	G	U	N	L	T	B	B	Q	C	T	D	M	G	C	K	C	F	W	P	C

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ALEGRANZA
ARRECIFE
CORRALEJO
EL HIERRO
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GRAN CANARIA
ISLA DE LOBOS
LA GOMERA
LA GRACIOSA
LANZAROTE
LA PALMA

LAS PALMAS
PUERTO DEL ROSARIO
SANTA CRUZ
TEIDE
TENERIFE
VALVERDE

Quick Quiz

1. What does Arrecife mean in Spanish?
a. Fortress
b. Horizon
c. Reef
2. What colour is Lanzarote's flag?
a. Red and blue
b. Blue, white and yellow
c. Green and white
3. On Lanzarote, what is a sarantontón?
a. A guitar
b. A ladybird
c. A type of hat
4. Which Puerto del Carmen street is known as "Cardiac Hill"?
a. Calle Anzuelo
b. Calle Guanapay
c. Calle Doramas
5. Which Lanzarote town lies furthest north?
a. El Golfo
b. Arrecife
c. Tías

Answers: c,a,b,b,a

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Lanzarote FAQ

USEFUL TIPS FOR LIVING ON THE ISLAND.



Can I get a bus from the airport to my resort?

Yes. The No 161 bus goes to Puerto del Carmen and Playa Blanca directly from the airport.

It runs every half hour on weekdays, every hour on Saturday and every two hours on Sundays and public holidays.

To get to Costa Teguise, you'll need to catch the 22 or 23 bus to the Intercambiador

(Interchange) in Arrecife, and hop onto a No 1 or No 3 once you get there. Don't forget to hold onto your ticket.

The bus stop for all destinations is outside, on the right-hand side of the lower floor of the airport.

Do I have to change the time on my watch/phone?

Not if you're travelling from the UK nor Ireland. Lanzarote observes exactly the same time as those countries in both summer and winter.

It is worth checking the time on your mobile after arriving by plane, though. Sometimes it automatically jumps forward an hour while you're crossing French or mainland Spanish airspace.

Visitors from mainland Europe will generally have to wind their watches back an hour.

How do I complain about a shop or business?

We still receive the odd complaint about electrical shops in the resorts, although many have cleaned up their act.

If you think you've been ripped off in any shop or business that deals with the public, you are entitled to ask for an official complaints form (hoja de reclamación), which all establishments are legally required to issue. If they refuse to issue one, contact the local police.

Often, the threat of an official complaint will be enough to settle the matter. If not, the form will be sent to Lanzarote's Consumer Department and dealt with.

The address to send the form is OIICU de Lanzarote, Avenida Fred Olsen s/n, 35500 Arrecife, Lanzarote. Or email a copy to consumo@cabildodelanzarote.com.



Ed's Postbag



Readers are reminded that views and comments expressed within the Ed's Postbag page are those of the contributors and may not necessarily reflect the opinions or standpoint of our staff. It should also be noted that we are an independent publication free from political persuasion or governmental censorship.

WASTING WIND

Dear Ed,

One of the two large wind turbines at the desalination plant which was barely turning in January now seems to be completely broken. Must be wasting a lot of electricity generation capacity?

Bob Folwell

Ed: Maintenance of wind turbines usually requires equipment and specialists from the mainland and takes quite a while, Bob. Nevertheless, some of them have been laying idle for far too long.

A LITTLE RESPECT...

Dear Editor,

I've just seen photos on Facebook of someone climbing the walls at Las Grietas. Having been there myself I know that the rocks there are soft and crumbly, and could easily be damaged. Is it too much to expect people to respect these special places, and are there any plans to protect them? I'd hate to see them fenced off, but a guard might do the job.

Lia Andrews

Ed: No plans yet, Lia. A guard would be far more expensive than a fence but, yes, it would be sad to see them fenced off the way other attractions such as El Golfo have been.

"QUALITY" TOURISTS

Hi Gazette,

I'm currently in Puerto De Calero; the quality of bars and restaurants are all superb. No graffiti, no litter, polite serving staff who appreciate respect from customers, we're very happy. Age group firmly middle-aged, and plenty of Spaniards holidaying here too. Yes, you get the occasional British idiots, but we've encountered badly-behaved Germans on Gran Canaria, so be careful what you wish for...

Kevin Armstrong

DOGGIE DOS AND DON'TS

As a responsible dog owner who picks up our dog's waste, is there anything ever mentioned or done about the dog waste that covers our paths and on the picón outside houses and along the pathway edges. There seems to be a general lack of respect by irresponsible dog owners to the general public. Is it against the law, if so are people ever dealt with? We have made a beautiful garden outside our home and I have placed signs up asking people not to let their dogs do waste on it, but this still fails to make them comply.

Kind regards, John & Val Hodgkinson

Ed: It's against the law, but we've rarely heard of any action being taken – probably because it's so difficult to prove. Short of lying in wait and tackling the dog owners directly, it's difficult to know what to suggest.

Send your letters to Facebook @Gazettelifelanzarote or our email editorial@gazettelife.com

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DAVID'S DETOURS PLAYA QUEMADA TO PLAYA DEL POZO

WALK INFO

Distance: 4-5 kms.

Time: 2 hours.

Terrain: Well-trodden dirt path.

Public transport: None.

If you fancy going a little further than usual walks to the west of Puerto del Carmen, let tour guide David Penney lead the way...

Many visitors will have done the short walk from Puerto del Carmen to Puerto Calero which takes about 45 minutes each way, unless you take the water taxi back to PDC.

More ambitious walkers may have extended the walk on to Playa Quemada, which is about another 50 minutes and a non-challenging walk each way.

But if you are even more adventurous then the next section is for you.

We leave Playa Quemada at the far end of the village. To the left of the very last property you will see a signpost and the start of a track.

The well at Playa del Pozo.





Here you start the gradual walk up the hill away from civilisation. Continue a bit further and you will see the zig-zag track ahead of you.

Slowly ascend up the zig zag. It is not a race and feel free to stop for a wee rest if you want.

The track is now at its highest point. Continue along the track keeping an eye open for volcanic rocks which are embedded in the path.

After a short while we see the black sand beach of Playa del Pozo lying ahead of us at the bottom of the Barranco de la Higuera. We now descend down the track to the bed of the barranco, which is very wide and you will see evidence of the water channels on the dry river bed. This is where rain water follows a natural path down from the Ajache Mountains, a protected Natural Park area and the second-highest point on Lanzarote.

As you head down the barranco towards the ocean tread you may see a wild melon which grows on the bed of the barranco. This is sometimes called death apple, or poison yellow apple. Whatever it's real name is don't pick it or eat it.

I have heard stories of ramblers eating this and being rushed to hospital, and also wiping their eyes or mouth after handling it and getting skin infections. *(Ed: I've tasted one of these wild melons. It did me no harm, but it's the bitterest thing I've ever tried.)*

We arrive at an abandoned settlement where some of the first inhabitants made their base by building a chapel and a few homes

to live off the land. It proved to be a good location due to the natural water source from the well which was replenished from the rain water which ran down the barranco.

The well and a nearby shelter were renovated several years ago and are very much part of Lanzarote's history.

On the front of one old ruin you will see the famous symbol of the Majo tribe, it is a spiral cut into the stonework. The symbol was used to represent the spiral of life where the early settlers worshipped the sun and moon by walking the spiral of life to cleanse their spirit and meditate or make a wish at the centre.

After some of us enjoyed a wee swim in the ocean, we start our walk back by crossing the barranco again and climbing back up the path. There is an alternative track which takes you a little further inland if you don't fancy the walk back down the zig zag.

The village of Playa Quemada now awaits us with a nice cold drink.

For further information about walks around Lanzarote please contact, DAVID Penney via **email lanza888@yahoo.com** OR via **WhatsApp message 0034 649389888**

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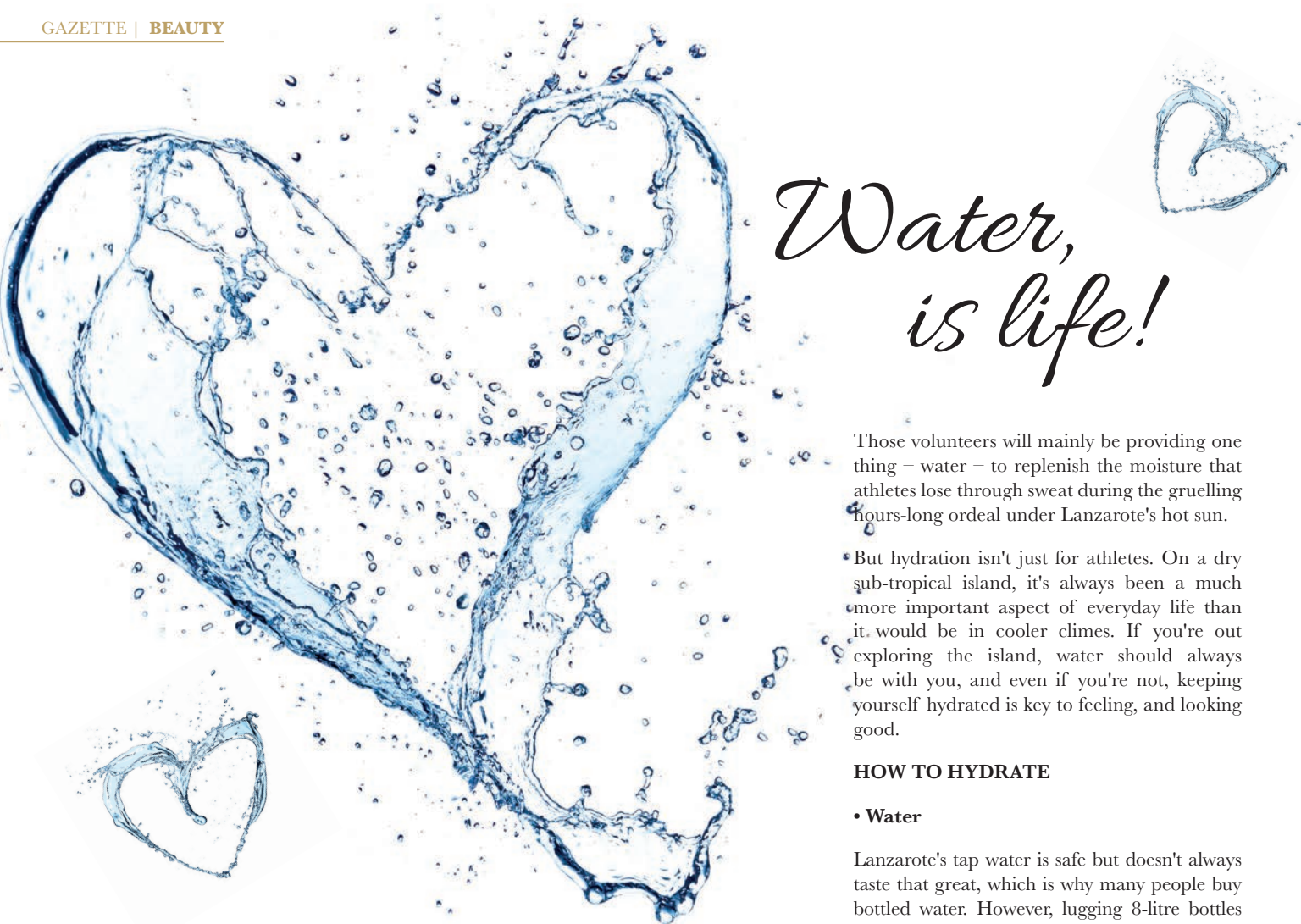
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Water, is life!

Those volunteers will mainly be providing one thing – water – to replenish the moisture that athletes lose through sweat during the gruelling hours-long ordeal under Lanzarote's hot sun.

But hydration isn't just for athletes. On a dry sub-tropical island, it's always been a much more important aspect of everyday life than it would be in cooler climes. If you're out exploring the island, water should always be with you, and even if you're not, keeping yourself hydrated is key to feeling, and looking good.

HOW TO HYDRATE

• Water

Lanzarote's tap water is safe but doesn't always taste that great, which is why many people buy bottled water. However, lugging 8-litre bottles into your home is no fun, and water is a major source of single-use plastic waste.

Installing a water filter in your home will bring you cold, clean, refreshing water at any time, and you can refill personal water bottles for outdoor use, instead of paying more money for small, wasteful plastic bottles.

Later this month the Lanzarote Ironman competition will transform the island, taking over the seafront at Puerto del Carmen for the day and bringing roadside stands manned by volunteers to every corner of the island.



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Sparkling water is also very popular on Lanzarote, as are "gourmet" table waters such as Solan de Cabras and the sparkling Vichy Catalan.

• Tea and coffee

British and Irish folk will be pleased to hear that tea counts as hydration. True, tea and coffee make you pee more often, but not to the point of dehydration. If you take milk and sugar, then you'll have to take the calories into account, but the water's all good.

• Alcohol

Many of the symptoms of a hangover are simply dehydration, and alcohol can seriously reduce your moisture levels. Stay off the booze if you're planning activities, and if you do drink, try to match amounts with water or juice.

• Other drinks

Soft drinks and milk are also good sources of hydration, but they obviously bring the added elements of sugar, fat and stimulants, which may affect you in other ways. Hydration-wise, they're all good, but water is best.

• Fruit and vegetables

On Lanzarote you're spoiled for choice when it comes to tasty fresh produce that will hydrate

you – delicious watermelons, oranges, grapes cucumbers, crunchy salads and a wide range of smoothies and juices. Some people are surprised at the hearty winter-style soups and stews that are often served on this summery island, but they too were once a vital way of getting clean water into your body.

HOW MUCH?

The NHS recommends a daily intake of around 1.5 to 2 litres of water a day. That's around 6-8 glasses. There have been recent recommendations from the USA for drinking almost double that amount – it won't do you any harm, but you'll probably not want to get too far from a toilet.

This doesn't mean you have to neck 8 glasses in one go. Get into the habit of drinking water with meals and taking your bottle out with you. Remember, also, that other drinks and food also count towards the total.



ARE YOU DEHYDRATED?

Signs of dehydration include:

Urine: If your pee is dark and strong-smelling, it's usually a good sign that you're not getting enough water. It should be a light straw colour.

Skin: Papery dry skin that has lost elasticity is often caused by dehydration – that's why supermodels drink so much water. Pinch the skin on your forearm or belly and see how long it takes to return to its original position. - this will vary with age, but is also affected by dehydration.

Headaches: It's not clear why dehydration causes headaches, but they are a common symptom of the condition that can disappear with sufficient hydration.

Thirst: Obvious, but a dry mouth and strong thirst means your body is trying to tell you something. Pay attention to it.

Mental state: Dehydration can cause tiredness, loss of concentration and irritability.

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You don't need to learn too many words to enjoy eating and drinking on Lanzarote, but *enyesque* (en-yes-keh) is one you should definitely look out for.

Enyesque is a word from the eastern Canaries that means a tasty small dish that accompanies a drink, usually wine. It's similar to tapas, but not quite the same, as tapas can include cheese, olives or slices of ham, while an enyesque is more elaborate.

More recently the name has been given to the mouth-watering open sandwiches known as pintxos in Spain. These involve tasty ingredients piled high on a small slice of bread or pastry, and held in place with a wooden cocktail stick.

A typical enyesque of this type would involve a small slice of baguette style bread, dressed with olive oil. Then a slice of goat's cheese, tomato, rocket leaves and ham may be piled on top, all held in place by a toothpick.

Seafood is a hugely popular ingredient for enyesques, and some of the most spectacular examples will include raw tuna or an octopus tentacle. Olives, capers, anchovies,

roast peppers, ham and a dizzying variety of sauces and dressings can also be found.

But it's not just about ingredients and flavour; it's also about creativity and presentation, and the best chefs will invent creations that you could barely have imagined would exist before they're set in front of you.

Last month, Lanzarote hosted its second Miniature Enyesque Congress in Jameos del Agua, with the winning chefs qualifying for the Pintxos Congress in Vitoria-Gasteiz later this year.

But you can find enyesques all over the island, and especially at the food fairs that are becoming a more frequent occurrence on the island. This month, for example, you're likely to find them on offer at the Feria Agrocanarias in San Bartolomé from the 5th to the 7th of May, along with plenty of other examples of Lanzarote produce and cuisine.

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Bursting with *Flavour*



As your plane descends over Lanzarote for its landing, you may look out of your window at the rocky brown island below and wonder whether anything can be produced in such heat and aridity.

However, once you land and start to explore the island's restaurants, bars, shops and markets you'll discover a surprising wealth of products that is always expanding. Here are just a few of the products that Lanzarote does as well, if not better, than anywhere else in the world.



TUNA

Tuna migration means that the fishermen of Lanzarote start to bring these fish back to port at this time of year. Overfishing devastated the industry several years ago, but stocks are now returning. Catches and quotas are strictly limited, with bluefin tuna fetching the best prices; but yellowfin and albacore can often be surprisingly cheap.

Fresh tuna is a Lanzarote favourite, usually served as grilled or seared steaks, but also included in stews and more increasingly seen raw in Japanese-style sashimi dishes.



CHEESE

While cheeses from Gran Canaria and Fuerteventura are perhaps more famous, Lanzarote's goats-milk cheeses more than hold their own and have often won prestigious awards in global cheese contests.

There are five varieties of cheese depending on how long they have been matured, and all are different. Fresh, mild, sweet-tasting queso fresco is perfect for salads and a light breakfast; queso tierno is slightly firmer; semi-curado has developed a delicious tart tang, while curado and queso viejo are mature, complex and deep-flavoured. We recommend starting with the younger cheeses.



SWEET POTATOES

There are few other places in the world where the sweet potato has become such an essential staple, and not only does Lanzarote grow the best, in the sandy fields of the El Jable region near Soo; it also holds the world record for the biggest sweet potato.

Two varieties can be found – the reddish coloured ones with white flesh that most people will be familiar with, and a golden one with yellow flesh that's slightly more expensive.

Sweet potatoes are not a substitute for normal spuds – they're a delicious, healthy ingredient in themselves, and a real discovery for vegetarians and vegans. Lanzarote even produces popular sweet potato crisps.



TOMATOES

While shortages of tomatoes hit the British headlines earlier in the year, Lanzarote had no such problem. In fact, the Canaries supplied the UK with winter tomatoes for decades last century.

Lanzarote tomatoes are delicious, tangy and packed with sunshine flavour, but buying them highlights one difference in local shopping habits – appearance.

Tomatoes here don't always look like the perfect, uniform spheres that are sold in northern Europe. They may be partially green, or oddly shaped. In locally-grown ones, you may also find a dark spot where a tomato moth has laid its egg, which needs to be cut out.



WINE

Wine is Lanzarote's most famous product, an industry that has transformed the island's landscape and which is becoming more innovative and exciting each year.

While Lanzarote's range of wines is extending and improving, it still excels in the young whites made from the malvasía volcánica grape, which are sold in dry, semi-sweet and sweet varieties.

Last summer's vintages are now on the market, and dry, white wines from the bodegas of Arráez Bravo in Arrecife and Martínón in Masdache have already won prestigious international prizes.



ONIONS

At this time of year you'll often find locally-grown onions in the shops alongside imported red, yellow and white ones. The local onions are unmistakable – paler than usual with papery skin, and they are a real discovery for chefs who have worked with onions all their lives.

They're strong – chopping them will set the tears flowing – but they're also sweet and delicious when cooked long and slow. They're sold in all sizes, and if you're lucky enough to find smaller ones at a market, you can make your own pickled onions easily.



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STAR CAF ☕

THE BIG BREAKFAST

Breakfast at the StarCaf on the Rooftop of Puerto del Carmen's Biosfera is a treat you'll want to discover as soon as possible. Relax, take your time, enjoy...

So many of us are used to grabbing a quick bite in the morning that perhaps we've forgotten what a splendidly enjoyable experience breakfast can be when you have the time to enjoy it in the perfect place.

And if you want to find out how to do it right, head up to the StarCaf on the top floor of the Biosfera shopping Centre from 8.30 am, where the perfect start to the day awaits you.

We decided to have a breakfast meeting there last month and, after a friendly greeting, we took our seats at a table with a view of the vast blue Atlantic Ocean, shimmering as the sun climbed in the east and warmed the morning.

Surrounded by beautifully kept local plants, we enjoyed the first coffee of the day to the sound of chilled-out jazzy background music as we looked at the menu.

The three of us decided to try the English breakfast, the American breakfast, the vegan breakfast option, and we greedily agreed to plates of fresh pancakes.

Free WiFi allowed us to get a little work done while

we waited, but it wasn't long before our feast was laid out in front of us. The phones were put away so we could devote all our attention to tempting platters of freshly fried food and two heaped piles of warm pancakes – Golosa pancakes topped with nutella, bananas and walnuts; and Rooftop Pancakes bright with fresh strawberries, kiwis and banana, and both with plenty of fresh cream.

The sign of a really good meal is when it all goes quiet for a while as everyone gets stuck in, and that's exactly what happened at our table. Later, the chat started again, our attentive and friendly waiter refilled our cups and we did exactly what you're supposed to do in a place like this on a day like this – just enjoyed every moment.

The StarCaf doesn't just offer breakfasts, of course. Many of you will already have visited later in the day or for the nightly film showings at the Rooftop Cinema, and you can order everything from wraps, paninis, gourmet burgers and hot dogs to cocktails, smoothies or an irresistible Canarian barraquito (the delightful liqueur-infused coffee that no Lanzarote visitor should miss). There's live music on Sunday lunchtimes and, of course, the Lost World mini-golf course, the thrilling 6D cinema and the Escape Room are just next door.

But breakfast at the StarCaf is still unknown to many – a perfect discovery whether you're a tourist with all the time in the world or a local resident looking for the ideal start to the day.

The StarCaf is open from 8.30 am on the top floor of the Biosfera Shopping Centre, Puerto del Carmen. Check www.rooftopbiosfera.com for full details & menu.





Albóndigas with rice

Albóndigas (meatballs) are a classic Spanish home recipe and a famous tapas dish, tasty and comforting.

INGREDIENTS

- 500 g minced meat (pork, beef or mixture)
- Parsley
- 3 garlic cloves
- 1 egg
- 2 onions
- 50g breadcrumbs
- 1 carrot
- 100ml milk
- 500 mls chicken stock
- 200 mls white wine
- 1 tbspn white flour

METHOD

Soak the breadcrumbs in the milk. In a bowl, mix well with the meat, the egg, one chopped garlic clove, a tablespoon of

finely chopped parsley and a pinch of salt and pepper.

Form meatballs and fry them in olive oil until browned all over. Set aside.

Chop the onions, carrot and two garlic cloves and fry gently in olive oil for ten minutes, add garlic towards the end. Add flour and wine, stir and reduce a little. Add the chicken stock and cook for 20 minutes.

Whizz the sauce with a blender and add to a casserole dish with the meatballs. Cook for ten minutes, cover and allow to rest for a few minutes before serving.

EASY RICE

- 1 cup short grain Spanish rice
- 2 cups water
- Garlic
- Lemon
- A bayleaf

A heavy-bottomed saucepan is best for the rice. Chop the garlic and fry very briefly in a glug of olive oil on a medium heat. Add the rice and fry until it's coated. Add the water and the bay leaf, bring to a simmer and cover. After 15 minutes, the rice should be cooked and fluffy. Sprinkle with a little lemon juice and serve.

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What's On...

MUSIC

EMEC FESTIVAL

15th May, 3pm.

International DJs Melanie Ribbe and wAFF headline at Lanzarote's first EMEC Festival., bring electronic music to an ancient fortress.

The nine-hour festival will begin at 3pm, with a Local Heroes stage for Lanzarote DJs, and there'll be exhibitions of paintings by local artists and local food on offer, too.

Castillo de San José, Arrecife. Tickets €25 www.emecfestival.com

ATLANTIC JAZZ LAB ORCHESTRA

May 5th, 8pm

Get ready to enjoy the swing of the Atlantic Jazz Lab Orchestra with their new show "Kansas City Tour". The band will take you through a journey with Benny Carter compositions.

El Salinero Theatre, Arrecife. Tickets €10, to be bought online at www.culturalanzarote.com



LANZAROTE URBAN FEST

May 13th, 6pm

Lanzarote's new urban music festival is a unique opportunity to enjoy an extraordinary musical experience. Six hours of music headlined by singer, freestyle rapper and composer Sara Socas.

Playa Honda. Info: www.culturalanzarote.com



QUENTIN GAS

May 26th, 8pm

A concert from musical chameleon Quentin Gas, focusing on electronic music through his flamenco roots.

El Almacén, Arrecife.

Tickets €5, at www.culturalanzarote.com



FAIRS

FERIA AGROCANARIAS

May 5th – 7th

An event that aims to bring the population closer to local produce and promote the islands' gastronomic potential.



Visitors can expect to find tasting stalls with cheeses, wines, meats and fish, as well as live music, educational events, children's workshops and more.

Parque Félix Rodríguez de la Fuente, San Bartolomé. For more information see www.sanbartolome.es

CÉSAR MANRIQUE: THE MUSICAL

11th, 12th, 13th & 14th May

A 90 minute spectacle devoted to Lanzarote's favourite son, with 40 actors performing in one of Manrique's most wonderful creations.

Jameos del Agua. Tickets: €30 www.caclanzarote.com



SONIDOS LÍQUIDOS: BIZNAGA

May 7th, 12pm

Punk rock band Biznaga will be performing at Bodega La Geria. Visitors can also enjoy wine and food.

La Geria. Info: www.sonidostliquidos.com



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EXHIBITIONS

MEMENTO MORI - DEATH IN THE CANARIES

We recently attended this fascinating and moving exhibition devoted to funeral customs in the Canaries. In Spanish and English, you'll learn about all aspects of death on the islands, from mourning dress to the British and Irish influence on graveyards. Highly recommended *Casa Amarilla, Arrecife*. Open 10- 6 Mon-Fri, 10-2 Sat. Free entry

SPORT

SAILFISH LANZAROTE OPEN WATER 2023

May 13th

The Sailfish Lanzarote Open Water is a swimming race starting from Playa Chica in Puerto del Carmen. The event is divided into categories, Masters (5km), Juniors (3.8km) and Infants (1.9km).

Playa Chica, Puerto del Carmen.
Info: www.lanzaroteopenwater.com



LANZAROTE IRONMAN

May 20th, 7 am

The largest and most anticipated sporting event in the Lanzarote calendar. The IRONMAN will see athletes compete in a gruelling race that will test their endurance and stamina to the highest level.

Playa Grande, Puerto del Carmen. www.info:ironman.com/im-lanzarote

YAIZA EXTREMO SUR 2023

May 14th

The Yaiza Extremo Sur will see athletes compete in a trail running and mountain biking race with distances ranging from 8km to 27km on the trail and 35km to 58km for the mountain biking.

Yaiza. Info: www.yaizaextremosur.es



TÍAS HIKING TRAIL

May 21st, 10am

Tias Ayuntamiento's monthly hiking trail in both English and Spanish will start at the Iglesia Candelaria. The trail is 6km and not difficult.

Register at turismo@ayuntamientodetias.es

MARKETS & FLEA MARKETS

MAY 13TH

SARA car boot sale

at SARA animal shelter starts
10am ends 12pm.

EVERY TUESDAY & FRIDAY:

Puerto Calero Market

(starts 9am ends 1pm).

EVERY FRIDAY

Craft and Artesan Food Market.

Marina Lanzarote, Arrecife.

12pm - 4pm.

EVERY SATURDAY

Haria Artesanal (crafts and food),

Plaza de Haría. 10am to 2.30pm.

Arrecife market,

Plaza de San Ginés

(farmers market). Morning.

EVERY SUNDAY

Teguise Market

(everything) 9am to 2pm.

Original PALS car boot sale

Lanzarote A Caballo. 9am to 12pm.

Mancha Blanca

(food) Mornings.

WEDNESDAY AND SATURDAYS

Marina Rubicon Market

(Souvenirs and gifts)

Playa Blanca. 10am to 2pm.

PLAYA HONDA MARKET

Third Saturday of the month

Calle Mayor. 10am to 2pm

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Tlf: 928 591 472

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MANRIQUE

the Musical

If there's one thing you can be almost sure of, it's that the first person in the queue to see the César Manrique musical at Jameos del Agua this month would have been the artist himself.



Manrique loved music, dance and spectacle. He was a keen carnival-goer and the diaries from his time in New York show an endless parade of nights out, from Broadway to Greenwich Village and the Harlem Apollo.

César Manrique: The Musical was developed to celebrate the artist's centenary four years ago, but the pandemic put a damper on proceedings.

This month, 40 actors will present the spectacular at Manrique's space-age party

venue, Jameos del Agua. Leading the cast will be Mingo Ruano, as the artist himself, and the acclaimed Canarian singer Olga Cerpa will also be one of the highlights of the show.

The musical, directed by Israel Reyes, follows Manrique's life from his childhood in Arrecife and the long summers he spent on Famara beach, through his time as a promising artist in Madrid after the war and his years in New York City in the 1960s, before his return to transform his native island in the 60s.



A local child will be selected to play the young César, and the large cast will feature Diabletes from Tegüise, Manrique's flags and costumes and much, much more – with a “unique special surprise” promised.

César Manrique: El Musical will be showing for four days from the 11th to the 14th of May, at 8 pm at Jameos del Agua. Tickets are available at €30 from cactlanzarote.com

Music, Maestro!



Julie's Live Music Guide

Things are hotting up in May! After spending a day on the beach or around the pool, why not spend the evening listening to some fabulous live music? And if you are bored of sunbathing, check out the daytime gigs around the island!

This guide is divided by area and day. It is a starting point rather than a definitive list. Gigs are subject to change, so please double-check the Facebook page of the bar or artist/group.

Please contact Julie Helliwell at events@gazettelife.com or via Facebook to add or confirm your event in the next edition (in print and online).

— REGULAR GIGS —

Monday

COSTA TEGUISE

5pm: Nigel Fredricks, Kitty's
7.30pm: Julie H Music, The Shamrock
8.30pm: John Alan Pick, Four Seasons Rock Café
9.30pm: Carl White, The Shamrock
Band of Gypsies, Decades Bar

PUERTO DEL CARMEN

8pm: Live music, Waves
8.30pm: Dave Bandanna, Rocas Blancas
9pm: Mick Garry, The Good Old Days
Andy King, Marco's Bar, Los Pocillos
9.30pm: Elvis, Maguire's
Adrian Bambrough, Finnegan's Wake
10pm: Collie Farrell, Mulligans Bar, Old Town
Gayle O'Donovan, Murphy's Irish Pub
Vanilla Soul, The Irish Viking

Tuesday

COSTA TEGUISE

5pm: Julie H Music, Kitty's Bar
9.30pm: Band of Gypsies, Decades Bar
John Alan Pick, Tekkers Bar & Restaurant

PUERTO DEL CARMEN

2pm: David Truran, Waves
8pm: Live music, Waves
9pm: Max Santalucia, The Good Old Days
Adrian Bambrough, Golden Corner
9.30pm: Mary Gray, Maguire's
10pm: Raggle Taggle Gypsies, Bar 67
Gayle O'Donovan, Murphy's Irish Pub

Wednesday

COSTA TEGUISE

4pm: Jam Session, Kitty's
6pm: Smokin' Barrels, Decades Bar
9.30pm: John Alan Pick, Cactus Jacks
Raggle Taggle Gypsies, Irelands Eye

PUERTO DEL CARMEN

2pm: David Truran, Waves
8pm: Live music, Waves
9pm: Nolita, The Good Old Days
9.30pm: Mick Garry, Maguires
10pm: Collie Farrell, Mulligans Bar, Old Town
Gayle O'Donovan, Murphy's Irish Pub
Vanilla Soul, The Irish Viking

PLAYA BLANCA

9.30pm: Andy King, Las Casitas

Thursday

COSTA TEGUISE

5pm: Andy Walton, Kitty's
5.30pm: The Ska Duo, Decades Bar
9.30pm: John Alan Pick, Decades B

PUERTO DEL CARMEN

2pm: David Truran, Waves
7pm: Collie and Deanne, Sassi's
8pm: Live music, Waves
8.30pm: Dave Bandanna, Rocas Blancas
9pm: Adrian Bambrough, Golden Corner
Ryan McArthur, The Good Old Days
9.15pm: Vanilla Soul, Sassi's
9.30pm: Mad Mick, Maguire's
10pm: Collie Farrell, The Irish Viking
Andy King & The Gas Tank Dogs, Tequila Bar
Jon Gold, Murphy's Irish Pub

Friday

COSTA TEGUISE

5pm: Smokin' Barrels, Kitty's
8pm: Anthony on Sax, The Clock
9.30pm: Brian John, Lively Lady Cabaret Lounge

PUERTO DEL CARMEN

2pm: David Truran, Waves
8pm: Live music, Waves
8.30pm: Cool for Cats, San Antonio Hotel
Dave Bandanna, Rocas Blancas
9pm: Nolita, The Good Old Days
9.30pm: Elvis, Maguire's
10pm: Collie and Deanne, Mulligans, Old Town
Gayle O'Donovan, Murphy's Irish Pub

PLAYA BLANCA

9.30pm: Andy King & Lorraine McLaughlan, The Old Mill

Saturday

COSTA TEGUISE

9.30pm: The Ska Duo, Decades Bar

PLAYA BLANCA

9pm: Cool for Cats, Natura Palace

PUERTO DEL CARMEN

2pm: David Truran, Waves
3pm: The Ska Duo, Hankey Panky's
8pm: Live music, Waves
9pm: Gerie B, The Good Old Days
Dave Bandanna, Marco's Bar, Los Pocillos
9.30pm: Mary Gray, Maguire's
10pm: Gayle O'Donovan, Murphy's Irish Pub
Jon Gold, Spinnakers Bar

MALA, HARÍA

8pm: La Noche en Mala, Don Quijote

Sunday

COSTA TEGUISE

9.30pm: John Alan Pick, The Venue
Anthony on Sax, Decades Bar

PUERTO DEL CARMEN

1pm: Collie Farrell, Rooftop Bar, Biosfera
2pm: David Truran, Waves
8pm: Live music, Waves
8.30pm: Dave Bandanna, Rocas Blancas
9pm: Pedro Ruiz, The Good Old Days
9.30pm: Gary Mac, Scotch Corner
Anton, Maguire's
10pm: Collie Farrell, The Irish Viking
Deanne Farrell, Mulligan's, Old Town
10pm: Jon Gold, Murphy's Irish Pub

PLAYA BLANCA

9pm: Don Parker, The Irish Anvil
9.30pm: Andy King, The Old Mill






All information was correct when printed but is subject to change. Please check the Facebook page of the artist or venue to verify. To stand out from the crowd, please contact the sales department: advertising@gazettelife.com

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Municipio de Tías 2023

Hiking Trails in the municipality of Tías 2023

ENERO/JANUARY

-  **Domingo 22, 10 h.**
 **Baja, 6 km.**
 **Camino Bilbao** (CSC La Asomada)
 Sunday 22, 10 A.M.
 Difficulty: Low. 6 km.




ABRIL/APRIL

-  **Domingo 23, 10 h.**
 **Media, 6 km.**
 **Barranco Tegoyo** (Albergue Tegoyo)
 Sunday 23, 10 A.M.
 Difficulty: Medium. 6 km.


JULIO/JULY

-  **Domingo 23, 9 h.**
 **Baja, 8 km.**
 **El Cabezo** (Plaza del Varadero)
 Sunday 23, 9 A.M.
 Difficulty: Low. 8 km.

OCTUBRE/OCTOBER

-  **Domingo 22, 9 h.**
 **Baja, 6 km.**
 **Mácher · Historia** (CSC Mácher)
 Sunday 22, 9 A.M.
 Difficulty: Low. 6 km.

FEBRERO/FEBRUARY

-  **Domingo 19, 10 h.**
 **Baja, 6 km.**
 **La Tegala** (Campo fútbol Tías)
 Sunday 19, 10 A.M.
 Difficulty: Low. 6 km.

MAYO/MAY

-  **Domingo 21, 10 h.**
 **Baja, 6 km.**
 **Maretas M Blanca** (Iglesia Candelaria)
 Sunday 21, 10:00 A.M.
 Difficulty: Low. 6 km.

AGOSTO/AUGUST

-  **Domingo 20, 9 h.**
 **Baja, 6 km.**
 **Lomo Tesa** (Iglesia Candelaria)
 Sunday 20, 9 A.M.
 Difficulty: Low. 6 km.

NOVIEMBRE/NOVEMBER

-  **Domingo 19, 9 h.**
 **Baja, 8 km.**
 **El Cabezo** (CSC Masdache)
 Sunday 19, 9 A.M.
 Difficulty: Baja. 8 km.



MARZO/MARCH

-  **Domingo 19, 10 h.**
 **Baja, 6 km.**
 **Peñas del Asiento** (CSC Conil)
 Sunday 19, 10 A.M.
 Difficulty: Low. 6 km.

JUNIO/JUNE

-  **Domingo 18, 9 h.**
 **Baja, 7 km.**
 **El Caletón**
 Sunday 18, 9:00 A.M.
 Difficulty: Low. 7 km.

SEPTIEMBRE/SEPTEMBER

-  **Domingo 17, 9 h.**
 **Media, 8 km.**
 **Montaña Gaida** (CSC La Asomada)
 Sunday 17, 9:00 A.M.
 Difficulty: Medium. 8 km.

DICIEMBRE/DECEMBER

-  **Domingo 18, 9 h.**
 **Media, 9 km.**
 **Guágaro** (CSC Conil)
 Sunday 18, 9 A.M.
 Difficulty: Medium. 9 km.



OPERATION IRONMAN

The Ironman contest is Lanzarote's biggest sporting event, and tourists will have plenty of opportunities to catch this amazing spectacle all over the island.

The race begins at 7 am on Saturday 20th of May, on Playa Grande in Puerto del Carmen. It's well worth setting your alarm for this, as it's one of the strangest and most impressive spectacles of the day, as hundreds of swimmers in black wetsuits, helmets and goggles plunge into the ocean for a thrashing, wild 3.8 km swim.

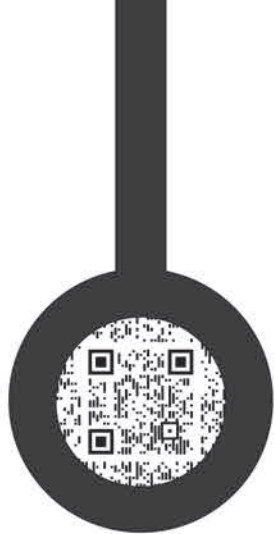
Later, the athletes will emerge, jump onto their bikes and start pedalling. They head down to Playa Blanca via Uga and Yaiza first, then through Timanfaya and down to the wine country of La Geria.

Then it's straight on through Teguise as they head for the hills, climbing to Lanzarote's highest points on the Famara clifftop before whizzing back down the east coast and returning to Puerto del Carmen.



If you want to catch them on the cycle route, check the Lanzarote Ironman website for road closures and get to your vantage point early. There are some stunning photo opportunities, and well-wishers turn out to cheer riders all over the island.

Finally, there's a full marathon along the seafront from Puerto del Carmen to Arrecife and back. This is when crowds line the sides of the Avenida de las Playas, cheering the exhausted runners home until well after nightfall.



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Tourist Guide



Centres of Art, Culture and Tourism

Mirador del Río

Manrique's spectacular viewpoint set into the Famara cliffs looks out over La Graciosa and the rest of the islands of the Chinijo Archipelago.

Cueva de los Verdes

The oldest of Lanzarote's tourist centres is a marvelously lit tour through a volcanic cave system. The optical illusion towards the end is genuinely stunning.

Jameos del Agua

Manrique's space age party venue is located in a lava bubble, where a legendary lake filled with unique blind crabs is flanked by restaurants, cafés, a volcano museum and a natural concert auditorium.

MIAC: Castillo de San Juan

This 250-year old fortress overlooks Arrecife's commercial port and is home to an art gallery featuring works by Picasso, Tapies, Miró and other modern artists. With a famous restaurant and attractive gardens, it's a glimpse of the island's past and future.

Cactus Garden

Manrique's favourite of his creations, this charming garden features over 1,400 different types of cactus and is set in a disused quarry in the heart of Lanzarote's cochineal country. A traditional windmill overlooks the scene.

La Casa Amarilla

The "yellow house", located at the foot of Arrecife's main shopping street, is the old seat of the island's government, and is now an art gallery and information centre.

Timanfaya: The Fire Mountains

Lanzarote's most popular outing offers a pure, breathtaking spectacle at one of the newest landscapes in the world. Take an unforgettable coach trip through the volcanoes and see the power and heat of the earth's inner crust.

Casa-Museo del Campesino

This complex of buildings in the very centre of Lanzarote is overlooked by Manrique's 15m high monument to the Farm Worker. Visitors can buy unique souvenirs, see exhibitions and take part in traditional activities.

Other outings

Museo Agrícola El Patio

Step back in time at this charming and fascinating farm museum on one of Lanzarote's largest estates. Clucking chickens, windmills, living history and a gorgeous location.

Museo del Timple, Tegui

The timple museum is devoted to the small guitar that is the sound of Canarian folk music, but you'll also be amazed by the Palacio Spinola, the island's grandest colonial home.

Mancha Blanca Volcano Visitors Centre

Often overlooked by visitors, this terrific little museum will teach you all you need to know about Lanzarote's dramatic volcano country.

César Manrique Foundation, Tahiche

Built in a lava bubble, Manrique's first island home is utterly fascinating. Solid lava flows into a lounge, trees grow out of underground caves, magnificent gardens flourish at every turn and the whole creation is inspirational.



Casa-Museo César Manrique, Haría

Manrique's second home in Haría has been recreated as if the artist had never left us, and gives us a glimpse of the man behind the legend. See his living room, his wardrobe, his record collection and visit the studio where he created many of his works.

Aeronautical Museum, Lanzarote Airport

Set in the island's first terminal building, this great little museum gives you a glimpse of bygone days when one plane a week landed here.

LagOmar, Nazaret

Built by Manrique's associate, Jesús Soto, LagOmar is an amazing gallery, museum and restaurant set in a mountainside. It's a magical, unforgettable place.

Pirate Museum, Tegui

Located in a hilltop castle where locals used to hide from raiding pirates, this museum revisits the island's lawless and often tragic past.

Museo Tanit, San Bartolomé

A lovely little museum that offers a fascinating glimpse of bygone Lanzarote and the tough, resilient and gloriously creative islanders who lived there.

Close up on: Chalet de Arrieta

Chalet de Arrieta (or Casa Juanita) is a tourist attraction in Arrieta, as you can probably see why from the photo. However, this strange looking house has a devastating story behind it.

The man who constructed the house, Don Juan de León Perdomo, was born on Lanzarote but moved to Argentina where he would find his fortune, go onto marry his wife Doña Juana Alemana, and have a daughter called Juanita.

Juanita unfortunately fell ill with tuberculosis and, on doctors' orders, was recommended to move near the sea where she would benefit from iodine from the sea.

Don Juan, with his wife and daughter, returned to Lanzarote. He constructed the house in Arrieta in 1916 (modelled after his daughter's doll house) to allow his family to live on the coast. Hoping that it would improve his daughter's condition.

His daughter, Jaunita, enjoyed five years in Arrieta before passing away from the

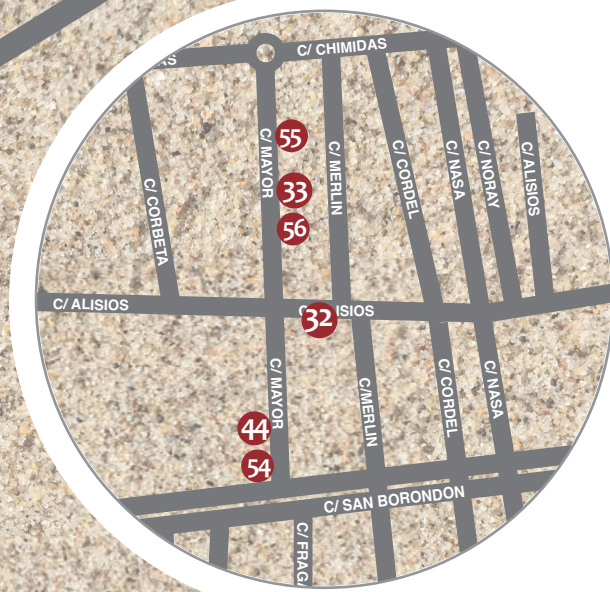


disease in 1921. Juanita's grave can be found at the Haría cemetery to this day.

The house fell into disrepair for some time after Don Juan and Doña Juana passed away, but it was eventually restored in the early 2000s.

M Island Maps





- 1 Deportes Yajova
- 2 Sándalo moda y hoga
- 3 Boutique Elvira
- 4 Endulza2
- 5 Aura Novias y fiesta
- 6 Frambuesa
- 7 Oswaldo Machín
- 8 Uniformes Tile
- 9 El remendón

- 10 Pizzería La Valentina
- 11 Bar La Plaza
- 12 Bar restaurante La Barraca
- 13 Pizzería El Callejón

- 14 Llévatelo
- 15 Café Barreto
- 16 Mimos Pastelería
- 17 Capi Blas San Bartolomé

- 19 Bar Avenida
- 20 Autoservicio Raquel y Samuel
- 21 Los postres de Noni
- 22 Autoservicio Calderetas
- 23 Vaya Vaya

24 Librería Juncar
25 Color Plus

- 26 Estética Anaga
- 27 Estética Marga
- 28 Barber Canario
- 29 Peluqueria Sagri
- 30 IR Barber
- 31 Isaura Conde Peluqueria
- 32 Elite peluqueros
- 33 Manoli peluqueros

- 34 Fisiosan
- 35 Optica San Bartolomé
- 36 Clínica Invale
- 37 Centro Multidisciplinar
Tagoror
- 38 Adrián Martin Nutrición

39 Biomeco

- 40 Más deporte
- 41 Centro deportivo Alma y Cuerpo
- 42 Celia Medina Estudio danza Emocional
- 43 Cosquillitas en la panza
- 44 Yoga con Amba

45 Farmacia San Bartolomé
46 Farmacia Reyes

47 Ferretería San Bartolomé

- 48 Estudio Rufina Santana
- 49 Muebles San Simón
- 50 Muebles Rubicón
- 51 Pablo Ramos Baldi Shop & Art
- 52 Muebles Machin

53 Cordovés y Morales

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55 Viajes Playa Honda

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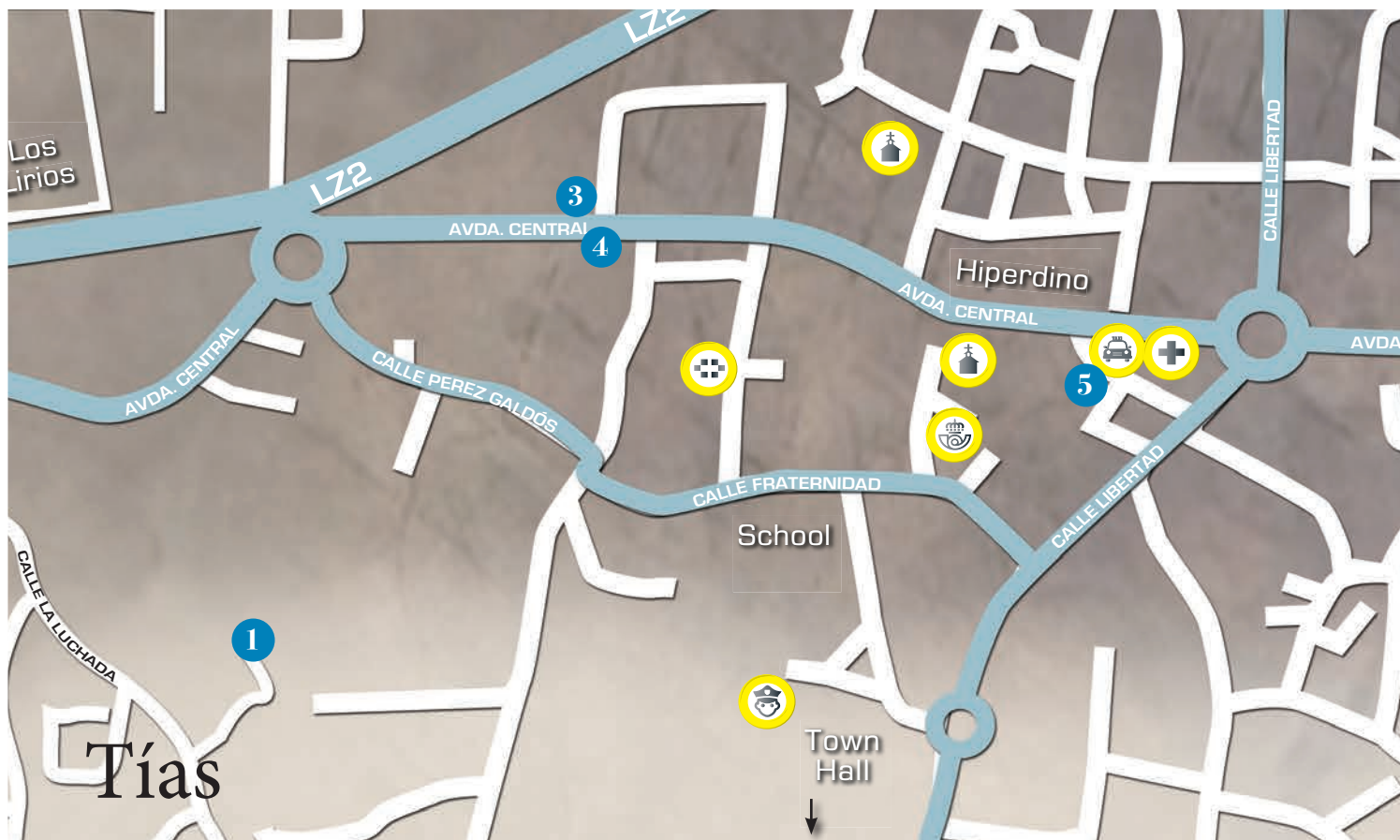
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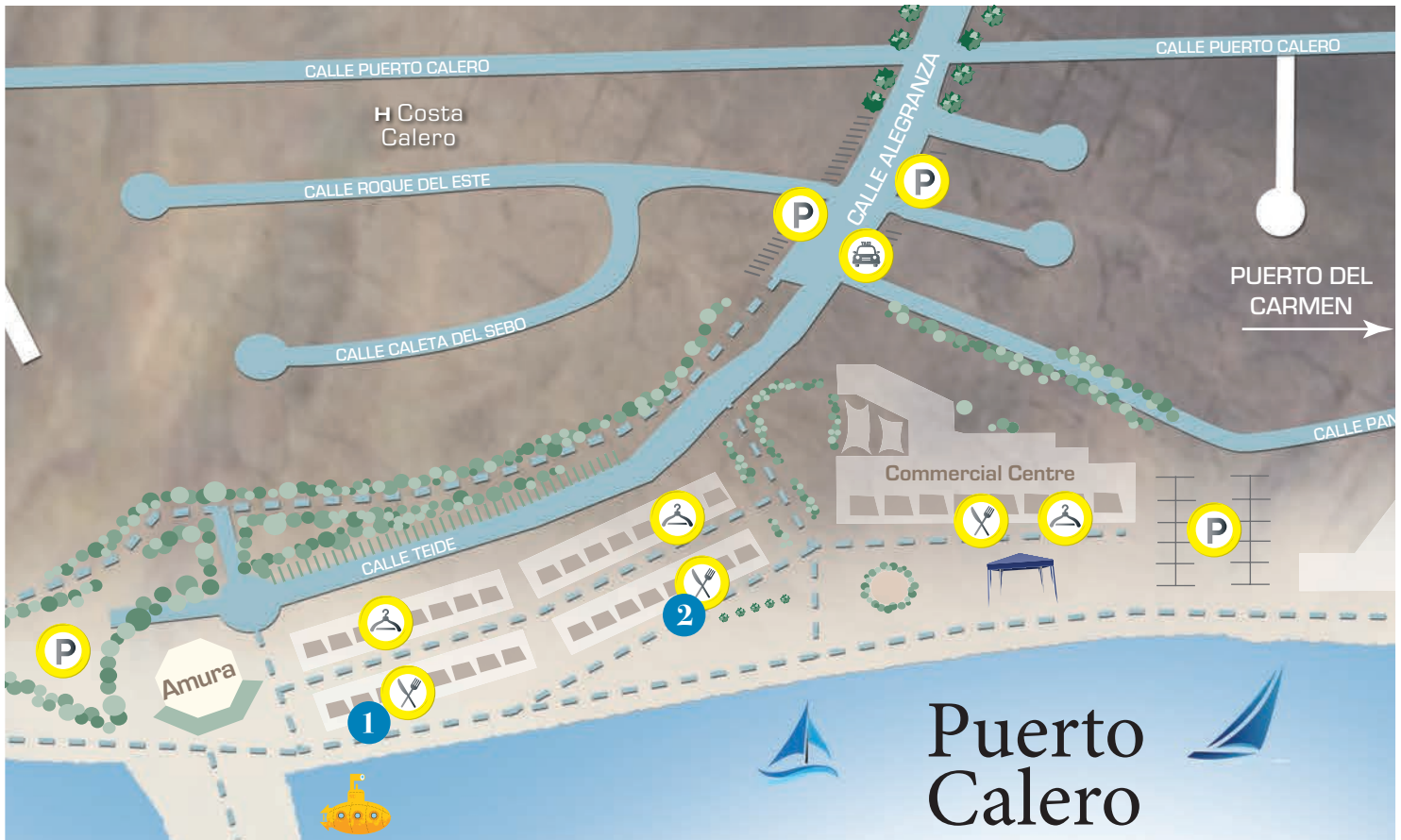
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ENERGY OUTLOOK

Ten years ago, Spain introduced a legal requirement that all house sales and long-term rentals must be supported by an Energy Performance Certificate (EPC).

However, the energy efficiency of buildings is likely to remain an issue, as the EU attempts to reach the objective of making all homes zero-emission by 2050.

On Lanzarote, over 14,000 buildings already have an EPC document, and 12.3% of them use renewable energy to some extent. Renewables are more widely used on the western islands of La Palma, La Gomera and El Hierro, while the largest Canary Islands, Tenerife and Gran Canaria, are the least reliant on renewables – almost certainly because of their larger, older urban areas.

Nevertheless, more than half of the 167,000 buildings with energy certificates in the Canaries are rated at the lowest

‘G’ grade, and almost 150,000 are in the bottom three grades of E, F and G.

This could pose a problem by the end of the decade. The European Union’s Directive on Energy Efficiency, which is currently under consideration and may be approved by 2025, may require all properties to have a minimum grade of E by the year 2030, and a minimum of D by 2033. Currently, only 17% of energy certificates issued on the Canaries meet the E grade or above.

It is not yet clear whether the directive will apply only to new builds or include sales of used properties, but if the latter is the case it would be likely to impose heavy costs on owners seeking to sell their



properties as they would have to undertake the necessary improvements to reach a minimum rating. Older properties are the most likely to be affected.

RENEWABLE REVOLUTION



The unique climate of the Canaries, which are warm all year round without suffering the stifling summer heat of southern and central Spain, means that the islands are bottom of the table for energy usage in Spain, which is mainly accounted for by winter heating and air-conditioning in the summer months.

Nevertheless, private take-up of renewable energy sources is increasing all the time on the islands, especially since the present government repealed the 2015 “Sunshine Tax”, which forced renewable energy users to pay high prices for back-up mains supply.

While the Canarian Government and Lanzarote's Cabildo are widely regarded as dragging their feet on renewable energy, private businesses are forging ahead, and solar panels and wind turbines are an increasingly visible fixture in hotels, farms and other enterprises.



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NON-RESIDENT BUYERS' BAN REJECTED

Mairead McGuinness



"THE HOUSING CRISIS IS INCREASING CALLS FOR BANS."

Plans to limit the sale of properties to non-residents were last month declared as illegal under EU law.

A Canarian Government commission on population and demographics has been considering proposals to limit the sale of houses and other properties to non-residents, in an attempt to tackle the housing crisis on the islands.

Such a restriction would be likely to have a significant effect in the Canaries, where 29% of all property sales are currently registered to resident and non-resident buyers from overseas.

No Canarian legislation is expected for some time, but the issue is also being discussed in other Spanish territories where foreign buyers are perceived as pricing locals out of the housing market.

With this in mind, EU commissioner Mairead McGuinness last month responded to a question from Spanish MEP Rosa Estarás, declaring that Article 63 of the Treaty on the Functioning of the European Union (TFEU) bans restrictions on the movement of capital related to the acquisition of properties by non-resident EU nationals.

Exceptions are only permitted in cases of overriding general interest or national security, and in the instances of certain EU member states, such as Finland, Denmark, Malta and Croatia, which included these restrictions among their conditions for entry into the EU.

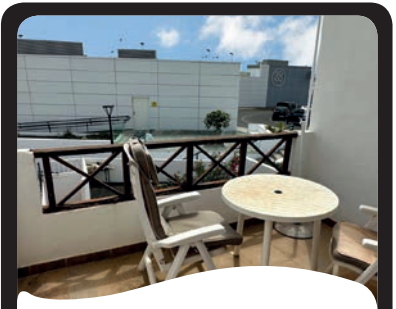
The housing crisis is an issue that is exercising Spanish politicians in several tourist areas. Rosa Estarás's question was in response to the Balearic Government's attempts to restrict foreign ownership and reflects a split in Spanish between the left, who seek to control and improve access to housing, and the right, who support free enterprise.

In the Canaries, the left-wing Podemos party have already stated that inclusion in the Canarian Government's housing programme will be one of the red lines for any pact it agrees after the elections in May. Podemos hopes to establish that the Canaries, as an EU ultra-peripheral zone, qualifies for the general interest exception to Article 63.



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<i>Hola</i>	Hello

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<i>Señor/Caballero</i>	Gentleman/Sir
<i>Mi Niño/Niña</i>	My son/daughter

A shop assistant may call you *Señora* or *Caballero* – a formal way of address. *Mi Niño/Niña* is a very fond Canarian term, like "luv" or "my duck" in English.

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<i>En efectivo</i>	In cash
<i>Cambio/vuelta</i>	Change

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QUESTIONS

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--------------------	-----------------

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<i>Buenas noches</i>	Good night
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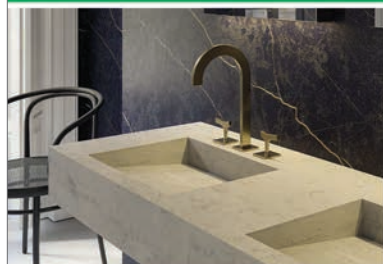
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Road plans

LANZAROTE WILL SEE BIG CHANGES TO ITS BUSIEST STRETCH OF ROAD OVER THE COMING YEARS.



The contract to draw up a plan for a new motorway that will connect the airport to the hospital was awarded to the joint business venture Grusamar-GIPIC-HSIA last month.

The new road will, according to the Canarian Government “solve problems of connectivity and capacity on the route of the LZ-2 that connects the Arrecife ring road with the LZ-40 and access to the airport.”

65,000 vehicles per day use the Arrecife-Airport road, making it “the busiest in Lanzarote”. The Canarian Government claims this pressure is causing deficiencies. The new road will also reduce pressure on the roundabout that currently serves the hospital and the residential

and commercial areas of Argana Alta, where back-ups and delays often occur.

The current access route to Arrecife will also be affected by the new road, reducing the concentration of vehicles that currently enter the capital via the roundabout next to the Cabildo building. This, in turn, is likely to fit in with separate plans to pedestrianise the Arrecife seafront at Playa El Reducto. The project will also allow the current main road that splits Playa Honda to be turned into “a traffic-calmed boulevard with cycle paths and wide promenade areas with spaces for outdoor sports and leisure”.

The project has been strongly criticized by

environmentalists who claim that the new road will use more land, and that simply shifting the road behind the Playa Honda industrial area is not solving the problem.

They point out that Playa Honda was never split by a main road in the way that Tías or Argana Alta was, but that the warehouses, supermarkets and cash and carries that currently exist there only arrived as a result of the existing road.

A plan to bury the stretch of the road through Playa Honda was rejected as too expensive by the Canarian Government, although such projects have been recently carried out on Tenerife and Gran Canaria.

THE WAREHOUSE SCENE

ON THE 22ND FEBRUARY 1974, FOUR CANARIAN ARTISTS - LUIS IBÁÑEZ, PEPE DÁMASO, GERARDO FONTES AND CÉSAR MANRIQUE – OPENED THE DOORS OF A “POLYDIMENSIONAL ARTS CENTRE” IN THE HEART OF ARRECIFE.

By this time, Manrique was already well on his way to recreating his native island, having worked tirelessly since his return from New York in 1966. During his time in New York he had attended an exhibition “Architecture Without Architects” in the Manhattan’s MoMA, which was hugely influential on his thinking, and had attended events with Andy Warhol.

The name El Almacén (The Warehouse) reflects the influence of Warhol’s Factory. But while the Factory was a studio where art was created, El Almacén was a place where art was kept and preserved.



Pepe Dámaso told Atlantic magazine “Everything just seemed to come together at the right time. We were able to bring life back to a nineteenth-century mansion... It was a laboratory of ideas and cultural activity.”

At the time, El Almacén was described as an “oasis”. Dámaso remembers “Dance, music, painting, sculpture, photography, cinema and theatre; food, drink, clothes and flowers; books and furniture, beautiful and precise

objects form the simple, direct and sparse machinery of El Almacén”

The centre was originally two large houses owned by wealthy Arrecife families, which were later united to combine the island’s art school, where one of Manrique’s mentors, Pancho Lasso, gave classes. When the art school found new premises in the late 60s, a space was free for Manrique to pursue one of his dreams.

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*Stairs lead up to the
Cinema Buñuel.*

El Almacén was described as a “Cultural, Artistic and Commercial Centre”, and the commercial element was important to Manrique, who firmly believed that art should not make money, but at least be able to pay for itself. When it opened, the centre had a bookshop, a florist, a record shop, a boutique and a bar, and most events charged an entrance fee – something that continues in Manrique’s tourist centres.

Manrique himself would often head down into Arrecife from his home in Tahiche and hold court at El Almacén. The centre became a magnet for Lanzarote culture vultures, and was also visited by off-island celebrities such as David Bowie’s mentor Lindsay Kemp, director Pedro Almodóvar and actor John Malkovich.

After seven years of closure, El Almacén re-opened in 2016 and, apart from a pause during the Covid pandemic, has been open ever since. The Pablo Ruíz Picasso Bar remains open, and is a must-visit for

anyone interested in Manrique’s impact on the island.

Elsewhere, large galleries continue to exhibit works by mainly Canarian artists, and the Cinema Buñuel – the only arthouse cinema on the island – offers regular showings of recent critically-acclaimed films, shown in their original language with Spanish subtitles.

The square just a few metres away from the front door of the centre has been converted from an ugly carpark to a public space where concerts are often held.



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Building an Island



This month's elections mean that many building projects are coming to a finish on Lanzarote. This is not only because local politicians like to show voters what they've achieved, but also has to do with spending the allocated budgets for their terms of office.

The pandemic briefly paralysed construction on the island, but it also gave an opportunity for works to be completed, most of all in private hotels and tourist establishments which were lying empty for several months.

Here are a few of the important projects that have been completed in the last four years.

TOURISM

The long awaited opening of the Islote de la Fermina in Arrecife has opened another of César Manrique's works to public view.

White floors, blue pools, black lava, green native plants and huge picture windows are just a few of the familiar Manrique touches.

The Mirador de Haría was also reopened, offering stunning views of the Valley of a Thousand Palms.

Several hotels have also been completed, renovated or are under construction. The iconic Fariones and Meliá Salinas hotels are perhaps the most well-known of these, while the new Barceló in Playa Blanca will be the largest hotel on the island.

"TOURIST ATTRACTIONS, BUT NO NEW HOUSES!"

TRANSPORT

Road projects have involved new roundabouts at Mácher, Nazaret and Arrecife's Marina, and the renovation of routes such as Nazaret to San Bartolomé and the Tabayesco road. There have also been resurfacing projects and the installation of new lighting throughout the islands, although this is an incomplete and ongoing project.

The completion of the Playa Blanca Harbour also opens the possibility of the south to cruise tourism in the future.

SHOPPING

Arrecife's Open Mall was the largest shopping centre to open on the island in recent years, and

we've also seen new Hiperdino and Mercadona supermarkets open, as well as the island's first Aldi.

SPORT

The football pitch at Tegui and the Sports pavilion at Yaiza (as yet uncompleted) are perhaps the biggest sporting projects, although many smaller projects have been carried out.

WHAT'S NOT BEEN BUILT

The housing crisis on the island has only been made worse by the lack of house-building projects. The island has also been slow to develop alternative energy sources such as wind farms and, especially, solar energy facilities. Massive investment is also required in the island's water system.



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ARRECIFE

The island's capital is full of large and smaller shops that specialise in furnishings and household goods. From small boutique style shops to larger showrooms, a good wander around Arrecife's streets is sure to pay dividends.

The industrial zone up on the hill overlooking the port is home to Ikea, of course, but there are several other shops there, such as NortySur Hogar, that are worth your time and attention.

The same goes for the main road leading out of Arrecife towards San Bartolomé. Another industrial and commercial zone lines both sides of the main road, with some furniture stores such as the Milano Home Factory that are well worth visiting

SAN BARTOLOMÉ

San Bartolomé is where those in the know head to. This pretty little hilltop town contains island institutions such as Muebles San Simón, which has furnished homes and apartments on the island for decades. Then there's

Muebles Machín, another great store with an excellently-selected range.

Finally, there's Pablo Ramos Baldi's design studio and shop, where you're almost certain to find that perfect piece. Pablo spends months of each year selecting the most beautiful and original items, and the results are a shop that will inspire you.

ELSEWHERE

Playa Honda's industrial zone is another area devoted to large shops, and there are a few essential places for furniture fans to check out.

In Tegui, you'll find smaller boutique shops and island institutions such as the unique Emporium.





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Pool genius



THE WHITE POOL IS ONE OF CESAR MANRIQUE'S TRADEMARKS, THE PERFECT EXAMPLE OF HOW HE BLENDED NATURE AND ART.

The most famous of Manrique's white pools is at Jameos del Agua, which will stage a musical in his honour this month. It's a vision from paradise – a pure white, abstract shape with tempting aquamarine water – overlooked by an elegant palm tree.

Manrique liked the idea so much that a similar pool can be seen at his old home in the César Manrique Foundation at Tahiche.

It's much smaller, but viewed from above may perhaps be the most beautiful of all these pools.

The recently-opened Islote de Fermina in Arrecife has similar, even larger pools which will be opened to bathers later in the year, and the new Open Mall Lanzarote shopping centre has now installed more Manrique-style white pools with fountains.

Manrique also took the idea to Tenerife, transforming the pool complex in Puerto de la Cruz where the Beatles once bathed to an astonishing series of white pools and weird and wonderful constructions.

The colour schemes of all these pools are similar – brilliant white lining that reflects Lanzarote's traditional architecture; vivid blue water that reflects the natural pools dotted around the island; outcrops of black volcanic rock, and greenery in the form of cacti, palms or other species that thrive on the island.

But the ingredient that makes all these amazing places work so perfectly had nothing to do with Manrique. It is the sun that he worshipped, the sun that he included in Lanzarote's famous tourist logo and which brings millions to the island each year.

These pools come to shimmering, stunning life under Lanzarote's blinding sunlight; their colours change as the sun passes overhead, and it's the sun that also makes the bathing pools so temptingly warm.

The sun is free for everyone here. It's an essential part of any pool, and if you're planning one, seek inspiration from Manrique.

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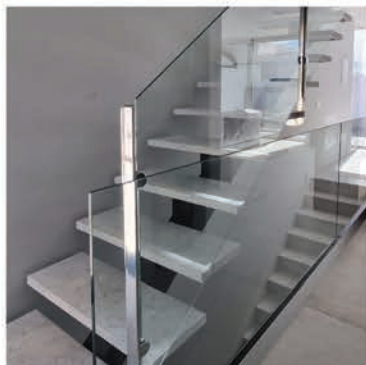
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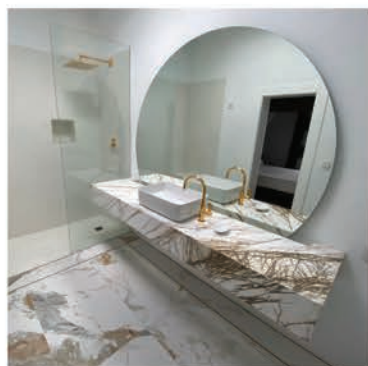
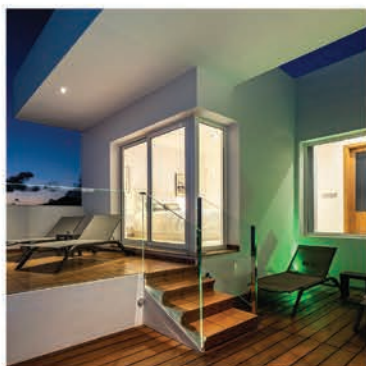
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Tiny Dinosaurs

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There are no wild snakes on Lanzarote, and most locals will only ever see two of the three species of land reptiles that can be found here, all of which are perfectly harmless.

THE ATLANTIC LIZARD

Gallotia atlantica is the most common lizard on the island, present almost everywhere apart from the far north, where a larger, darker coloured sub-species has evolved.

Easily recognised by its classic lizard shape and the green markings on its flanks, it's also easy to spot. Just sit in a sunny spot near rocks and undergrowth and you'll probably see one of these tiny dinosaurs sooner or later.

EAST CANARY GECKO

The charming gecko, or perinquén as it's known locally, is a nocturnal animal that lives under rocks or leaf litter during the day. Famous for its ability to scale walls, windows and any other vertical surfaces, it is widely distributed on Lanzarote.

EAST CANARIAN SKINK

One of the rarest creatures on the island, the beautiful burnished scales of this skink and its tiny, rudimentary legs are its most distinctive features. It is only found in certain areas of the north of the island, and like other lizards, its existence is threatened by cats, shrikes, hawks and loss of its natural habitat.



The Atlantic Lizard



East Canary Gecko



East Canarian Skink

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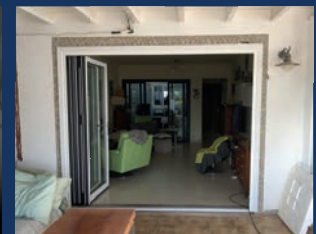
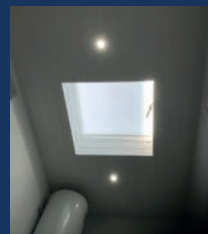


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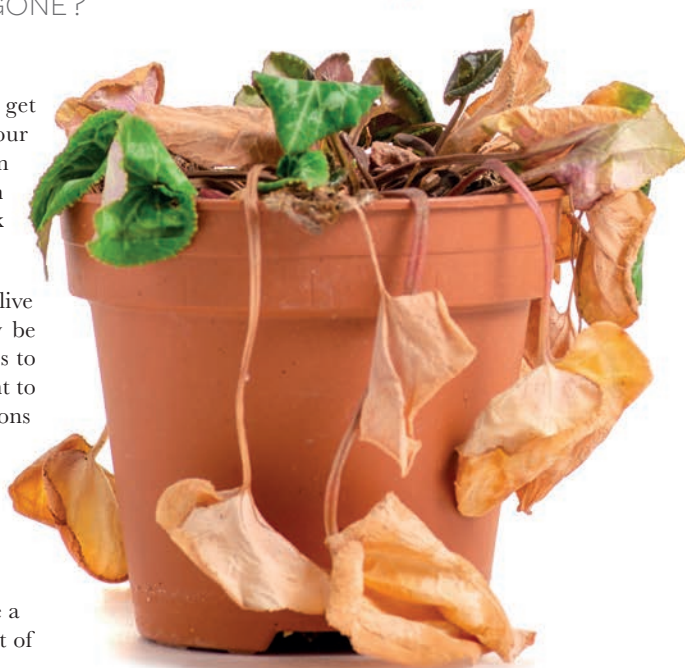
Home Alone

ON LANZAROTE IT'S COMMON FOR PEOPLE TO HEAD OFF THE ISLAND FOR DAYS, WEEKS OR EVEN MONTHS. SO WHO'S GOING TO LOOK AFTER YOUR BELOVED PLANTS WHILE YOU'RE GONE?

The easiest solution is, of course, to get a friend to pop around and water your plants while you're away. You can either offer to return the favour when they make a trip, or you can thank them with a gift or a meal.

But it isn't always that easy. You may live too far away from a friend, you may be uncomfortable with giving them access to your home or you may simply not want to place any responsibilities or expectations upon them. If that's the case, you'll need a different plan.

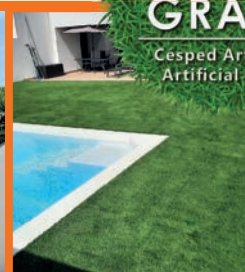
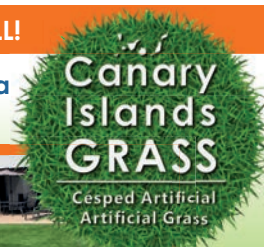
Garden management companies can and do look after hundreds of gardens on Lanzarote, and the services they provide are first- rate. If you have a large plot, and plants that require a bit of care, it's probably worth the outlay.



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Otherwise, you can just leave your plants home alone...

OUTDOORS

The cheap and easy way to look after your garden if you're leaving for a couple of weeks is to give it a really good soaking. You might want to place some mulch around the stems of more fragile plants.

The more expensive and time-consuming way is to instal an automatic watering system that can be programmed to water your plants daily. This is hard work, but it works, and once you've done it your watering duties are reduced. That's why it's the method used by many local councils to care for plants in public places, as well as for the lush gardens found in hotels.

INDOORS

Sunlight makes houseplants thirsty, so before you leave move them to a shadier place. Make sure it's not too dark – most plants still need some light –



but keep them away from direct sunlight.

Pulling a blind can also help, and really tough plants such as cacti or succulents may not need to be moved at all. A good rule of thumb is: if it needs watering more than once a week, move it.

If you're gone for a week, most plants will just require a good soak before you leave. Water well by leaving them in a saucer of water for a few hours, but make sure they are drained before you leave, as you'll want to avoid rot.

If you're away for longer, you'll need to make sure your plants maintain moisture. You can do this by adding a layer of volcanic gravel or woodchip mulch to the surface of the watered soil; placing the plants in a transparent "greenhouse" made of a plastic bag with a couple of slits cut into it for air; or making a pebble tray.

Don't fertilise your plants before you leave. They need to use as little energy on growth as possible while you're away.

Make a Pebble Tray

A pebble tray is a great way to keep plants in a humid atmosphere, and on Lanzarote it can be a really useful way to stop the leaves of houseplants browning.

The clue is in the name – you'll need a tray, or a large, flat bowl; and plenty of pebbles of a roughly similar size. Arrange the pebbles in the tray, balance your houseplant on top of them and then fill the tray with water, making sure it does not reach the base of the pot.

The pebbles aren't just there to support the plant – they also absorb water, evaporating and increasing the humidity in the atmosphere.





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LANZAROTE SOAR INTO THE PLAY-OFFS!



The Rojillos salute their fans



Young supporters celebrate.

SEVEN WINS AND THREE DRAWS IN THEIR LAST 10 MATCHES HAVE GUARANTEED THE ROJILLOS (THE REDS) A PLAY-OFF SPOT FOR PROMOTION TO RFEF 2 (ROYAL SPANISH FOOTBALL FEDERATION – FOURTH TIER) WITH ONE MATCH TO SPARE.

These last 26 points out of a possible 30 have propelled Lanzarote up to second position, and if they win their final league match away they will remain in second and gain the advantage of playing the second leg at home in the play-offs.

Four straight losses mid January to mid February looked to have ended any hope of a play-off finish but then everything suddenly began to click into place. The defence tightened up; the midfield - especially the Brazilian magician Fabricio - created, and striker Gonzalo Di Renzo began scoring just for fun. His 18 strikes (no penalties) has put him way out in front as the league's top scorer and has given his side a real belief that promotion is possible.

There are four Canarian teams in the playoffs and only one of those sides will go on to get the chance to play the winner of a mainland club over two legs. Only then

will the team who comes out on top be promoted to RFEF 2. It's a tough six-game journey, but Lanzarote couldn't be going into it in higher spirits and better form, and the brilliant support they've been receiving has been a major factor.

Lanzarote should be playing their first playoff match away on the 30th April with the return leg at home on the 7th May. If they get through this then the next round is at home on the 14th May with the return leg on the 21st May. Should Lanzarote be the one Canarian side left standing they will then play a mainland club in the Grand Final over two legs on the 28th May and 5th June, with the winner promoted to the fourth tier.



Fabricio: Brazilians do it better

Please check these playoff dates stated below on Facebook Page or website (details below) as this was written before confirmation from the Spanish Federation.

If you are on the island during the playoffs it isn't necessary to buy tickets before the match as you can simply turn up and pay on the gate. Check those dates, bring your mates and see you there!

Go to **Lanzarote Football Club (Facebook page)** or **www.mercancialanzarote.com** for info, season ticket & membership details etc. All shirts and other merchandise can be bought at the Teguisse market stall on Sundays; online at **www.mercancialanzarote.com/shop/** or at the shop in Costa Teguisse which is based at Centro Comercial Nautical, local 25 (up from Decades bar and behind Café Bonjour). **The shop is open Mon to Fri 10am to 1pm.**

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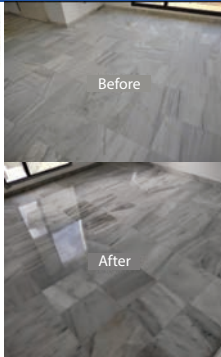
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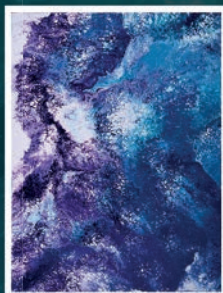
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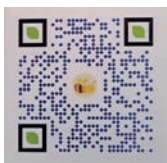
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TOOLS WANTED

for cash All trades working or not
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B-05.23



Tide Times May 2023

Tide Tables for Arrecife, Lanzarote. Height is in metres.
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	L: 05:34 H: 11:43 L: 17:45 H: 23:53	0.7 2.1 0.8 2.3	17	H: 00:12 L: 06:30 H: 12:40 L: 18:48	2.6 0.3 2.5 0.4
2	L: 06:11 H: 12:17 L: 18:22	0.6 2.3 0.6	18	H: 00:55 L: 07:09 H: 13:18 L: 19:29	2.6 0.3 2.6 0.3
3	H: 00:29 L: 06:44 H: 12:50 L: 18:57	2.4 0.4 2.4 0.5	19	H: 01:35 L: 07:46 H: 13:55 L: 20:08	2.6 0.3 2.7 0.3
4	H: 01:03 L: 07:16 H: 13:23 L: 19:31	2.6 0.3 2.6 0.3	20	H: 02:13 L: 08:21 H: 14:30 L: 20:46	2.6 0.3 2.7 0.3
5	H: 01:37 L: 07:49 H: 13:56 L: 20:06	2.6 0.3 2.7 0.3	21	H: 02:50 L: 08:55 H: 15:05 L: 21:23	2.5 0.4 2.6 0.4
6	H: 02:13 L: 08:22 H: 14:30 L: 20:43	2.7 0.2 2.7 0.2	22	H: 03:27 L: 09:30 H: 15:41 L: 22:02	2.3 0.6 2.5 0.5
7	H: 02:50 L: 08:58 H: 15:07 L: 21:23	2.6 0.3 2.7 0.3	23	H: 04:06 L: 10:07 H: 16:19 L: 22:43	2.2 0.7 2.4 0.7
8	H: 03:30 L: 09:37 H: 15:48 L: 22:07	2.5 0.4 2.6 0.4	24	H: 04:48 L: 10:47 H: 17:01 L: 23:30	2.0 0.9 2.2 0.8
9	H: 04:14 L: 10:20 H: 16:33 L: 22:57	2.4 0.5 2.5 0.5	25	H: 05:36 L: 11:34 H: 17:51	1.9 1.0 2.1
10	H: 05:07 L: 11:11 H: 17:27 L: 23:58	2.2 0.7 2.3 0.6	26	L: 00:25 H: 06:34 L: 12:32 H: 18:52	0.9 1.8 1.1 2.0
11	H: 06:11 L: 12:15 H: 18:35	2.0 0.9 2.2	27	L: 01:31 H: 07:44 L: 13:43 H: 20:03	1.0 1.7 1.2 1.9
12	L: 01:13 H: 07:32 L: 13:36 H: 19:57	0.8 1.9 1.0 2.1	28	L: 02:41 H: 08:56 L: 14:56 H: 21:12	1.0 1.8 1.1 2.0
13	L: 02:38 H: 08:59 L: 15:03 H: 21:19	0.8 1.9 1.0 2.2	29	L: 03:44 H: 09:58 L: 16:00 H: 22:11	0.9 1.9 1.0 2.1
14	L: 03:55 H: 10:12 L: 16:16 H: 22:28	0.7 2.1 0.8 2.3	30	L: 04:36 H: 10:48 L: 16:53 H: 23:01	0.8 2.0 0.9 2.2
15	L: 04:56 H: 11:10 L: 17:15 H: 23:24	0.5 2.2 0.7 2.5	31	L: 05:21 H: 11:31 L: 17:39	0.7 2.2 0.7
16	L: 05:47 H: 11:58 L: 18:04	0.4 2.4 0.5	<div><div>○ New Moon</div><div>○ First Quarter Moon</div><div>● Full Moon</div><div>○ Last Quarter Moon</div></div>		

H=High Tide L=Low Tide



May 2023

Weather Watch

Magnificent May

May is a transitional month on Lanzarote, when the fresh springtime climate gives way to the long, hot summer ahead. There's no longer much chance of rain, but it's one of the months when calimas are most likely. These dust clouds are impossible to predict accurately, vary in intensity and are usually accompanied by high temperatures.

It's also a month when the summer breezes start to get a little stronger, reaching their peak in June and July. The sea is also warming up, and the island's swimming competitions start to get under way.

The Ironman race always takes place towards the end of May, and is usually marked by typical weather for the month – a cloudy start to the day, giving way to strong sunshine and heat, with fresh winds often posing a challenge to the cyclists as they hit the heights.

The month starts with a public holiday on May Day, and the Canaries celebrate their own day of celebration on the 30th, with plenty of outdoor activities and events. There's a lot to enjoy and great weather to take advantage of.

What to Expect in May



Day Time Temps

22°C - 25°C.



Night Time Temps

18°C - 21°C.



Sunshine Hours

13 hours daylight, 9 hours full sun.



Sea Temp

19-21°C.



Rain

0mm.



Wind

N/NE, average 15-20 kph, but gusts.

Telephone Numbers



AIRPORT

Iberia General Info	901 111500
Aena General Info	928 846000
Flight Information	928 846001

AYUNTAMIENTOS

Arrecife	928 812750
Haria	928 835251
San Bartolome	928 520657
Teguise	928 845001
Tías	928 833619
Tinajo	928 840021
Yaiza	928 836220
Lanzarote Cabildo	928 810100

BRITISH SCHOOLS

British School of Lanzarote	928 810085
Colegio Europeo Daos	928 515818
Colegio Hispano Británico	928 173066
Colegio Arenas	928 590835

CHEMIST

Puerto del Carmen	928 513207
Puerto del Carmen (Old Town) ..	928 512282
Playa Blanca	928 518942
Costa Teguise (CC Jablillo)	928 826628
Costa Teguise (Islas Canarias) ...	928 590423

CHURCHES

Anglican Chaplain	928 514241
Family Church	618 186755
Christian Worship Centre	620 309684
Sunday Worship	630 175810
Pastor Norwegian Church	616 407693

CONSULATES

Britain	928 262508
Ireland	928 815262
Germany	928 491880

CREDIT CARDS - LOST OR STOLEN?

4B	902 114400
AMEX	900 814500
Visa International	900 991124

EMERGENCY SERVICES

Police, Fire, Ambulances	112
Spanish Emergency Services	061
Red Cross (Ambulance)	928 812222

FERRIES

Naviera Armas	902 220225
Fred Olsen	928 517266
Líneas Romero	928 842055

FUNERAL SERVICES

Atlantic (Alianza Canaria) 24h....	928 800013
Funeraria Arroyo	658 753 941

GAZETTE LIFE

Reception	928 093823
Mobile	621 274473
Website	www.gazettelife.com

MEDICAL AND HEALTH

British Surgery Lanzarote	928 514274
OR FREEPHONE	900 811555
Hospital Arrecife	928 595000
Alcoholics Anonymous	653 840440
Dr. Mager Clinic	928 512611
Hospiten Lanzarote	928 596100
Overeaters Anonymous	662 116415

POLICE

Arrecife	928 811317
Haria	928 835252
San Bartolome	928 520712
Teguise	928 845252
Tías	928 834101
Yaiza	928 830107

POST OFFICES

Costa Teguise	928 827268
Playa Blanca	928 518389
Puerto del Carmen	928 510381

TAXI RANKS

Airport	928 520176
Arrecife	928 800806
Haria	620 315350
Teguise/Costa Teguise	928 524223
Puerto del Carmen/Tías	928 524220
San Bartolomé	928 520176
Tinajo	928 840049
Yaiza/Playa Blanca	928 524222

TELEPHONE (MOVISTAR)

Faults	1002
Directory Enquiries	11811
International Directories	11825

TOURIST INFORMATION - LANZAROTE

Arrecife	928 813174
Costa Teguise	928 592542
Puerto del Carmen	928 513351
Playa Blanca	928 518150

TOURIST INFORMATION - 7 ISLANDS

Lanzarote	928 820704
El Hierro	922 550302
Fuerteventura	928 860604
Gran Canaria	928 771550
La Gomera	922 870281
La Palma	922 423340
Tenerife	928 635192

TRANSPORT

ITV Station (MOT)	928 582555
Intercity Bus	928 811522

UTILITIES

Endesa (Electricity)	800 760909
Canal Gestión (Water)	928 814400
Iberdrola	900 225235

VETS

Jane Burke	928 513895 or 649 910784
------------------	--------------------------

Need to Know

LA SIESTA

The siesta is a Spanish tradition that is falling out of fashion, but it's still something you'll need to be aware of - and may even wish to take advantage of.



The siesta is an afternoon break that was originally introduced for farm workers who needed to get out of the scorching midday sun, eat, rest and return to the fields later.

It also gave the opportunity to digest the large midday meal that is usual in Spain, often accompanied by wine. A light doze would recharge the batteries for the evening shift.

Siestas are also useful if you're planning a night out – Spain parties late, and an afternoon nap can ensure you won't flag.

Nowadays, air-conditioning and office work means that more and more modern workplaces have adopted the 9 to 5 routine.

On Lanzarote, you'll find that most shops and businesses in the resorts open for "normal" hours, while shift working means that the larger shopping centres are open for 11 or 12 hours.

Head to Arrecife, San Bartolomé, Haría or other smaller towns, however, and you'll find that siesta rules still apply widely, with most shops opening from between 9 or 10 am to 1 or 2pm, then closing before re-opening from 4pm or 5pm to 7pm or 8pm.

The custom is changing slowly, and many Spaniards enjoy the extra leisure opportunities that leaving work at 5 offers, but old habits can die hard.

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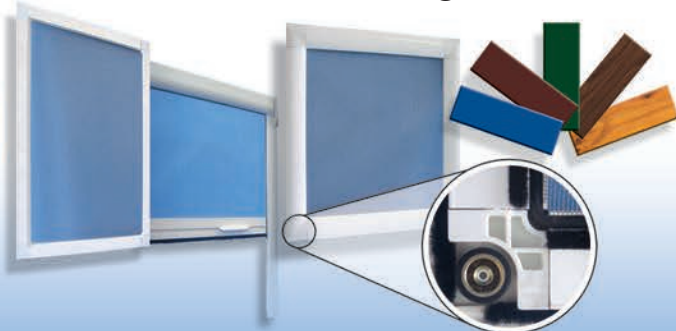


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Horoscopes

BY CLAIRVOYANT SHONA LANGHOLM

Aries

(21 MAR - 19 APR)

Stop locking horns with other members of your flock. Aries, and try and remember when you were a carefree lamb frolicking in the fields. It's springtime so get out there and enjoy it, because conflict is going to get you absolutely nowhere.



Gemini

(21 MAY TO 20 JUNE)

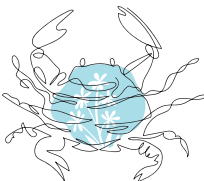
Charm can get you a long way, as you know very well, Gemini; but hard work and application will take you further. You're brimming with both this month, so use them wisely to make some real progress in your life.



Cancer

(21 JUNE TO 22 JULY)

Your home life is a refuge from the outside world this month, Cancer. Take some time to improve a living space that will bring you peace and calm during a month that will be busy, hectic, sometimes frustrating and sometimes thrilling.



Leo

(23 JULY TO 22 AUG)

You'll receive good news that you've been waiting for for quite a while, Leo, but don't head out to celebrate straight away. Make sure you're prepared for the change in your life, think hard about the consequences, talk to your loved ones and then off you go!



Virgo

(23 AUG TO 22 SEPT)

Spend a little time with those old photos and mementos, Virgo, or just read a few old text threads back. Looking back will console you, make you feel valued and help you gain the perspective you need to look forward.



Libra

(23 SEPT TO 22 OCT)

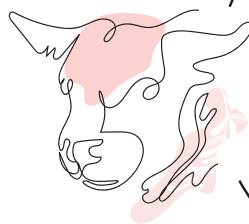
This month will be a welcome change for someone who's usually used to losing things, Libra. Instead, you'll make some welcome finds that will stimulate your enthusiasm and perhaps make you a bit of money.



Taurus

(20 APRIL - 20 MAY)

Your capacity for deep commitment will be recognised this month, Taurus. It's not just that you're reliable, it's that you take other people seriously. You may sometimes question your own patience, but be in no doubt that it's a shining virtue.



Scorpio

(23 OCT TO 21 NOV)

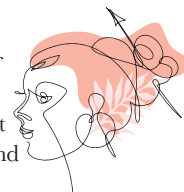
You're feeling more rounded as a person, Scorpio, and you're attracting admirers and interest from all directions. This is a good time for you, and it will last for a while. Don't ask questions, just enjoy and take advantage of a rewarding time of life.



Sagittarius

(22 NOV TO 21 DEC)

A hobby or interest you've had for years will pay off this month, Sagittarius, filling you with excitement and energy. Enjoy it – you absolutely deserve it – but don't let it distract from the everyday life things you have to do, and which will also pay off this month.



Capricorn

(22 DEC TO 19 JAN)

The pleasures of life will occupy you this month, Capricorn. Good food, family and friends, music and beauty will enrich your life if you make time for them. Don't feel guilty – this is what makes life worth living.



Aquarius

(20 JAN - 18 FEB)

It's time to get your head down and put some hard work in, Aquarius. Once you're engaged, you'll find it more satisfying than you thought, and you'll soon be able to enjoy to step back and enjoy the rewards that start to come in a result.



Pisces

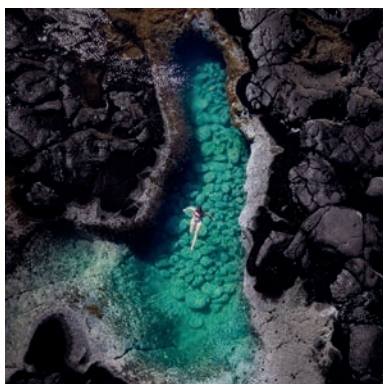
(19 FEB - 20 MAR)

It feels like one step forward, two steps back this month, Pisces, as delays and setbacks that are none of your fault cause frustration. On the plus side, love and romance will offer you support, excitement and a hugely satisfying escape valve.



Instagram

of the month



@pedroborges7



@lanzaroteliebe



@ipedrakos



@eomat7007



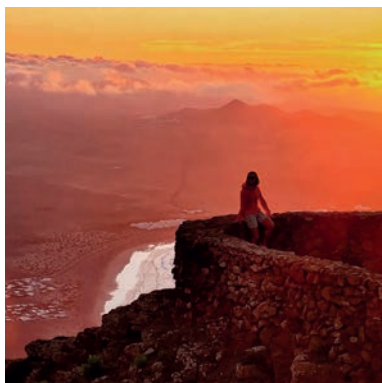
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in education



Photo: Inna Belousova



Photo: Lancet Television

Nick Mazur (Senior Manager of Cambridge International in Europe):

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Roger Deign (Headmaster of the Colegio Hispano Británico):

"I am immensely proud of the success of these students and I must also congratulate the teachers who have made it all possible. These youngsters will be able access any university in the world and they can all look forward to an unsurpassable life-style in their adult years."



Photo: Lancelot Televisión.

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