



Lanzarote

*Life*

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MARCH 2020

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March 2020

46-51

GAZETTE LIFE

Spring Forward

## Eds Letter

### MUM'S THE WORD!

For British Mothering Sunday this month we decided to chat to three British mums who've given birth on Lanzarote. Having a baby is daunting enough in the first place, but when you do it in a foreign country there are a whole new bunch of doubts and worries.

So it's fantastic to report that, while the Spanish system may be a little different from what you're used to back home, it's one of the safest and most thorough you could find. We hope this piece puts a few minds at rest, and we'd also welcome views from any other mums.

We'll be running similar health-related articles in the future, so keep an eye on our website and Facebook page, as we'll be hoping to get readers involved as much as possible.

Regular readers and clients will know that we've moved our office to Tias recently, but there have been other changes here. Rosemary Nightingale, who is responsible for giving Lanzarote the unique, quality product you're reading right now, and who steered this ship safely through several storms, is no longer part of the team running the magazine. We'd like to thank her for this opportunity, and our team is committed to keeping the flame burning.

There will be a few changes, and we'd love to know which ones you'd like to see most, but at heart the Gazette will still remain your Lanzarote magazine, waiting for you with fresh news, views and information at the start of every month. Doing this is not just a pleasure; it's a privilege.

Finally, we'd like to give a shout out to official Gazette baby Jayden, who recently blew out his first candle. Happy birthday, and don't forget Mother's Day, *chica*.

Enjoy the magazine, Shaun

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# CORONAVIRUS REACHES LA GOMERA



The first case of Coronavirus in Spain was reported in the Canaries last month, followed a fortnight later by a British resident on Mallorca testing positive for the illness.

*The German tourists were staying in La Gomera's Hermigua valley*

When six German tourists stepped off the ferry from Tenerife to La Gomera on 28th January they were looking forward to a walking holiday in the island's spectacular Garajonay National Park, not an extended stay in hospital.

However, the next day German authorities informed Spain that one of the tourists had been in contact with another German citizen who had caught coronavirus after attending a business talk given by a Chinese woman. This woman had met her parents from Wuhan, the source of the virus, shortly before flying to Germany.

Five of the Germans who displayed mild symptoms such as coughing were quarantined in La Gomera's hospital, and

one of them was later reported as testing positive. No specific treatment has been given to the patient, as there is no remedy for coronavirus, but anyone he contacted has been tested. Finally, the patient was given the all-clear and discharged. No new cases have been reported in the Canaries to date.

Spain's second case was reported on 9th February, and was a British expat who had just spent a skiing holiday in France where he been in close contact with another Briton who contracted the virus on a trip to Singapore.

The Canarian government has issued a message urging islanders to remain calm and has set up a free information line on 900 112 061.

## RISK FACTOR

At the time of writing, more than 80,000 cases of coronavirus have been reported, most in China. 2,250 people have died of the illness.

This is more than were killed by the SARS outbreak in 2003, but the coronavirus has a far lower fatality rate than that illness, at 2.1%. The problem is that, although the coronavirus is not as deadly as SARS, it appears to be far more infectious.

Initial analysis suggests that older people are most at risk, with relatively few child victims reported so far.



# LOCAL NEWS

## CRUISE BOOM



Arrecife welcomed more than 520,000 cruise passengers last year, making it the Canarian port with the highest growth rate. The figure improved on the 2018 total by almost 100,000.

Arrecife Mayor Astrid Pérez said the figures show “the strength of Arrecife on the cruise circuit and the need to keep improving the port’s infrastructure,” almost certainly referring to the planned extension of the cruise harbour at Lanzarote Marina.

## CLIPBOARD SCAMMERS ARE BACK

The clipboard scam is back with what seems to be an unpleasant new twist.

For more than 10 years, men and women, usually of Romanian nationality, have been approaching tourists all over Spain, claiming to be members of a Deaf and Dumb charity. They normally show a poorly-photocopied sheet on a clipboard and ask for your name and address in support. Then they reveal a column

which shows that the other names (all fake) have donated €10, €20 or €30, and ask you to make a donation as well.

So far so pathetic, but more worrying are recent reports that the scammers are once again active in Puerto del Carmen and Playa Blanca, and are now threatening, spitting or even throwing stones at those who refuse to sign or who try to warn others. Police have warned citizens not to fall for the scam, and we’d add that any threats should be immediately reported to police.

## DRY SPELL

The Canarian president has acknowledged the current drought on the Canary Islands, and pledged to take action to help farmers, including asking the national government for assistance.

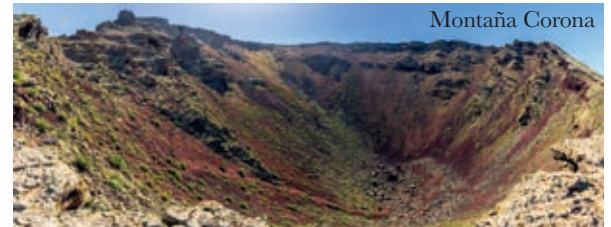
Ángel Víctor Torres said that “climate change also affects our islands” and said that, although none of the seven Canarian Cabildos had spoken of any risk to citizens, it was clear that farmers were having problems on the islands.

2019 was one of the years with least rainfall in this century, and 2020 hasn’t brought much more.

## BAD TRIP

A 73-year old woman was evacuated from Montaña Corona by helicopter after suffering from a fall last month.

The ascent from Ye to the lip of the crater of the Volcán de Corona is a short and popular walk, but one where the terrain gets progressively rougher. Last year a 77-year old man was evacuated by emergency services after falling on the path, and five more tourists had to be rescued from inside the crater after attempting this tricky descent. On this occasion, however, the ground was so rough that the GES (Grupo de Emergencias y Salvamento) helicopter had to be deployed from Arrecife’s fire station.



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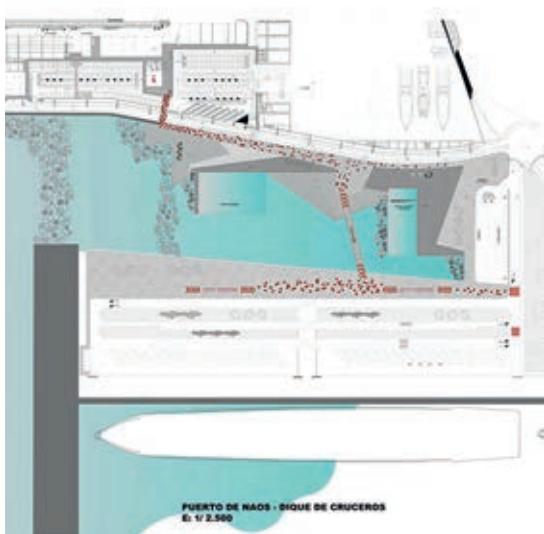
## ARRECIFE POOLS

The Mayor of Arrecife, Astrid Pérez, has stated that she expects the planned natural swimming pools at the capital's Marina/Cruiser pier to be ready by 2023.

Approved in 2018, the pools will be located between the Marina and an extension to the cruiser pier that is currently under construction. The extension will also permit larger cruisers to dock at the Marina, allowing passengers to reach the town centre much more quickly than they can from the original cruiser pier at Puerto de Los Mármoles.

Two pools are planned – an Olympic swimming pool and a leisure

pool with access for the disabled. A bridge will also span the space between the Marina and the pier, and there are plans to open up several other areas in Puerto Naos for public use.



San Bartolomé Mayor, Alexis Tejera.

## GOING UNDERGROUND?

The Mayor of San Bartolomé has spoken of plans to relieve congestion at Playa Honda by putting a stretch of the main LZ2 road underground.

70,000 vehicles use the main road through Playa Honda daily, most of which are passing through. Alexis Tejera said that “we support the idea of putting the main road underground, getting a technical report and, if

it's viable, seeking funds.”

The plan involves an underground stretch of the LZ2 road for traffic that is not destined for Playa Honda. Meanwhile, an urban street would be built above ground, with parks and open spaces. Pedestrians, who currently face a nightmare getting from one side of the main road to the other, would be granted “maximum convenience”.



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# ISLAND INFO

## HOSPITAL VISIT



Members of the Lanzarote Loyal Glasgow Rangers Supporters Club made their annual Christmas visit to the children's ward at the General Hospital José Molina Orosa in Arrecife. In addition to personal gifts for each of the children and following discussions with the hospital, the club was delighted to provide equipment for a play and rest room, to help make things more comfortable for both the children and their parents. This included tables & chairs,

as well as a writing board, toys and games.

Andy McDonald, club committee member who liaises with the hospital about their requirements said, "Our annual hospital visit is always a real pleasure, as well as a truly humbling experience. We are always more than happy to do what we can to help make life a little easier for the children and their families." In response, Dr. Pérez González, Head of Pediatrics at the hospital said "This year the club has exceeded our expectations. Groups of people like this, full of generosity, contribute to the well-being and health of the children and their families. Thank you."

*Photo: Members of hospital staff and of Lanzarote Loyal, club mascot Roxi Bear, staff from Bluebells Bar in Puerto Del Carmen and of course, the all important children and parents.*

## BOOKSWOP NEWS

Redevelopment and the retirement of owner Ted means that the closure of the Bookswop I on C/Timanfaya near the Fariones hotel is the end of an era. However, the Bookswop II shop in The CC Costa Luz opposite the Hotel San Antonio will remain open as usual. In fact, its opening hours are being extended from 9 am to 6 pm Mon-Fri, and

from 9.30 am to 2 pm on Saturdays.

Credit notes from Bookswop I will be perfectly valid at Bookswop II and a delivery service will be available for businesses, as well as the usual wide range of books, cards etc. And of course, you'll be able to pick your Gazette up there, too!

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*+ Gift Voucher Stop*

## RESCUED TREASURE!

Michael and Claudia responded to our appeal for rescue animal stories with the following letter:

"We live in Costa Tegui in a small apartment so we couldn't keep a dog. But we saw a Sara plea for help as they had so many cats. When we visited we didn't even get past the boxes in the vet's room as the kittens there were crying out for help. We wanted to take them all, but decided on one who kept reaching out through the cage. Rihanna is now called Daida.

There was one other little thing hiding in the back of her box who had been found in the sea and looked like a drowned rat. We thought "One's enough." But after three days with Daida jumping around the house my partner Claudia kept thinking about the other poor little cat. So we went back and got that, too. She's Raffaella now known as Elsa.



Daida



Elsa

They both seem very happy together and Elsa has gone from hiding under the bed to sitting on the couch and exploring outside.

If anyone can please rescue an animal or at least donate to Sara. They have a fantastic team up there."





## ST. GEORGE'S DIARY DATE

The mighty Skatoons are busy organising a St. Georges' Day Festival that will take place on Saturday 25th April from 2pm to 10 pm in the Plaza del Varadero, Old Town, Puerto del Carmen.

Entry will be free and funds will be raised for the UK charity, Homes for Heroes ([www.UKH4H.org.uk](http://www.UKH4H.org.uk)) and a local charity as yet to be announced. More details of the event will be published in next month's magazine and on The Skatoons' Facebook page.

## SARA TRIP FROM PLAYA BLANCA

The first Playa Blanca -Tahiche trip to Sara will take place on Tuesday 3rd March. The return trip - walking dogs between 10.30 and 13.00 - costs just €8 - seven seats left! Please book with Sue at the Galeria Bar, behind Banco Santander by the church, any day after 13.00 (after 14.00 Thursdays) - first come, first served!

The bus will leave at 9 am outside the church. The payment is non-refundable in the event of a cancellation/no show, as the bus hire still has to be paid. Roll up, The dogs are waiting!



## UNIVERSITY STUDIES ON LANZAROTE

Recent visits from the UK's largest awarding organisation, Pearsons, to the Colegio Hispano Británico in Puerto del Carmen, mean that the Colegio is confident of soon being able to offer a whole new array of qualifications. Already an official centre for Pearsons, the Colegio Hispano Británico would offer qualifications such as the Level Two BTEC qualification, which has the value of a GCSE pass; Level Three, which is equivalent to an A level, and Levels Four and Five: equivalent to the first two years of a university course.

This means a student would commence their university studies on Lanzarote then would only have to go to a British university for one year to be able to obtain a full degree. This would permit the school to officially extend itself in certain subjects at university level.

In the interim the school will be able to offer official international examinations in a wide variety of digital disciplines, and is contemplating other subjects such as sport and tourism.

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Ángel Víctor Torres



# LINES IN THE WATER

Canarian President Ángel Víctor Torres warned that Morocco will be confronted by the Spanish and Canarian governments if it “touches one millimetre of Canarian waters.” His statement was accompanied by a flight of F18 fighter jets that was widely interpreted as a show of force by Spain.

The warning follows a Moroccan government motion extending the nation’s sovereignty to waters reaching a maximum of 350 kilometres from the shores of Western Sahara; the disputed territory that has been occupied by Morocco since 1975.

This changes the situation from the state it has been since 2003, when Spain and Morocco reached an informal agreement that waters would be delineated at the half-way point between both countries. However, despite the unofficial existence of this sort of agreement, Morocco has never formally recognised Spain’s sovereignty over Canarian waters.

Currently the Spanish Economic Exclusion Zone extends for 200 miles around the

islands, except where distances between foreign territory are shorter. So, for example, it currently extends half-way between Lanzarote and Morocco to the east, and half-way between Tenerife and Portugal’s Selvagens Islands to the north.

Morocco’s claim to the waters is also exacerbated by the fact that Western Sahara remains a disputed territory. Morocco claim sovereignty over the ex-Spanish colony, but this has been rejected by the UN and the EU.

## TROPIC SEAMOUNT

The Canary Islands are just the visible tips of a series of scores of underwater mountains that were thrown up by volcanic action. They extend from Mount Essaouira north of Lanzarote to Tropic south of El Hierro.

And it’s Seamount Tropic that many

believe is the reason for Morocco’s claim – or counterclaim. In 2014 Spain petitioned the UN to extend it’s exclusion zone beyond 200 nautical miles in order to include Tropic. Two years later, a Spanish/British expedition to Tropic concluded that the underwater mountain is a rich source of the valuable minerals cobalt and tellurium.



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# INTERVIEW: JACKIE STEVENSON

British Vice-Consul in Las Palmas



**"EVERY DAY IS  
DIFFERENT"**

**With plenty of experience behind her in the Canarian tourist industry, Jackie Stevenson was an obvious choice to replace Esther Martín at the Vice Consulate in Las Palmas last summer. Shaun Addison headed over to meet her and her team.**

*Who works here at the Consul offices, Jackie?*

Currently it's myself and Consular Officials Caroline Sproule and Monica Matos. We're really missing Victoria Innes, who was Brexit Support officer until that role terminated at the start of the year.

*And what does the job involve?*

It's different every day. I can be visiting hospital or a prison, helping stranded families get back home or dealing with a sexual assault case. But helping vulnerable Britons takes priority now. Replacement documents are now done online and, while we still do some notarial work and citizenship ceremonies, it's not the main element of what we do.

*The collapse of Thomas Cook must have been the first big test of your new position. How was that for you?*

It was shocking, not least because I worked for the company for several years and knew many of the employees affected very well. I'd heard that there had been hard times in the company, but also that things were looking good, so it came out of the blue.

Suddenly we had 81 flights of holiday makers to repatriate. We were given emergency help, and the Civil Aviation Authority also laid on assistance, but it was hard work. Before that we'd had the forest fires in Gran Canaria, which caused horrific damage, so overall I was in at the deep end.



***What is your background, exactly, Jackie?***

I'm from Edinburgh and started as a tax officer originally, which didn't win me many friends. But one holiday I went to Ibiza and realised I wanted to seek a career in the sun. I started out with IAG, Sunworld and Airtours before ending up as Thomas Cook's group destination manager, overseeing operations that affect more than 23 million customers.

***You were on Lanzarote for a while, too.***

Yes. My mum loved it there and decided to move over. I warned her that I was going to be relocated to Gran Canaria, and that's what ended up happening the week she arrived.

***Do you get back often?***

I've visited about four times so far this year. It depends what cases arise, but I have thought that Lanzarote would be just as good a place to base the Vice Consulate. There are 1.3 million visitors a year which is a lot of people. But Las Palmas as the capital of the province is simply better for contact with key authorities and the serious hospitalisation cases we support. We are also very fortunate to have a great Honorary Consul Sue Thain who is based in Lanzarote. I can get around quickly, in any case.

***You're not the only Canarian Vice Consul. Do you have much contact with your Tenerife counterpart?***

All the time. Helen has been in the job for decades and knows it backwards, so I often ask her for advice and tips.

***How is Brexit affecting what you do?***

Well there are the outreach events for a start, such as the one that took place in Lanzarote last month. It's important that we get the message across that people living in Spain should get registered, sign on the padrón, get a health card if they're eligible and update their driving licence.

***Before the end of the year...***

Yes. I think a lot of people were hoping it wouldn't happen, but now it has, and there's no hope of a reverse, so it's time to prepare.

Another thing we're trying to publicise is the Support in Spain website ([www.supportinspain.info](http://www.supportinspain.info)), which offers detailed help and contacts for any British citizens in Spain with questions about benefits, healthcare, disability etc. It's mainly aimed at older expats, and while British communities on the Canaries are generally younger than those in Alicante, Murcia and similar places, the advice is still relevant to many.

For info go to [www.gov.uk/livinginspain](http://www.gov.uk/livinginspain)



***Rights have been guaranteed for those who are residents by the end of the transition period, but do you think it will affect the amount of people who arrive after that date?***

I think if you're thinking about moving to Spain, now's probably the time, but there's always a way. After all, this country has plenty of people who've arrived from third countries. It may be a bit more complicated, but it will be possible.

Also, there will be agreements. We just don't know what they'll be yet, but the Spanish authorities are being very collaborative and extremely open to work with. There's a good relationship there.



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# INTERVIEW: ÁNGEL VÁZQUEZ

Cabildo Councillor for Tourist Promotion

**"WE NEED TO  
BUILD ON WHAT  
WE'VE GOT."**



Ángel Vázquez has had a busy year. As the Cabildo's Councillor for Tourist Promotion he's expected to attend trade fairs throughout Europe and have meetings with all sorts of people related to the planning and management of tourism on Lanzarote. But last year his job suddenly became a lot more challenging, first with the withdrawal of Ryanair's Canarian bases, then with the shocking collapse of Thomas Cook, which devastated the winter schedules.

Nevertheless, despite these events Lanzarote was the only one of the Canary islands to increase its tourism figures in 2019, and hopes of fully recuperating the Thomas Cook share of the market are high. Much of this is due to firefighting work by Ángel and his team.

***How did the collapse of Thomas Cook affect your work?***

It hurts when a company fails, and especially when it's as important as Thomas Cook. We knew we had to react rapidly, and that's what we did. We've been in constant touch with airlines and tour operators, not just at the trade fairs, and it's been giving results.

***What kind of results?***

In the coming summer we've seen a 20% rise in flights from Spanish airline Vueling and a 22% rise in Jet2 routes from the UK. TUI UK have also increased their packages by 14%.

***There's lots of talk about the Canarian Government introducing a tourist tax. Does the Cabildo have a position on this issue?***

Not currently. Personally, I'm against it. I'm a member of the PP and we don't want any new taxes, but we'll have to wait and see what happens. It's not an issue right now, though.

***Some ascribed Ryanair's withdrawal to setbacks the airline suffered due to problems with the Boeing 737 Max. Is that true, and is there any chance that the company's base may return?***

I think there were many factors, but Ryanair relies on Boeings, and I'm confident that once its fleet is back to normal, we'll see more Ryanair flights to Lanzarote. I doubt the base will come back, though, and I don't think we really need it.



*Are there any particular nationalities you'll be focusing on in the future?*

No. We're seeing more and more tourists from France, Italy and other countries that haven't traditionally had a presence on Lanzarote. That's not because we're focusing on any nation in particular, though. The aim is to diversify our tourist market, as it's a bad idea to rely too much on any one group.

*Do different nationalities have different requirements?*

Yes, we have access to big data that shows us that the French value gastronomy, culture and heritage; Scandinavians are interested in ecological holidays; Italians come for fiestas and music and the Spanish like to eat out a lot, for example.

*Has Lanzarote been lucky to profit from the instability in rival destinations such as Turkey and Tunisia? How will we compete now these destinations are recovering?*

I don't think about that. What we cannot afford to do is wait for other destinations to fail. We need to build on what we've got, and promote what is unique about us. That includes the fact that we have a beautiful island, excellent products and maximum security. Let other places court cheap tourism – we'll focus on quality.



## NEW VISIONS FOR THE FUTURE

**Ángel Vázquez highlights six areas where Lanzarote will be focussing its promotional efforts in the near future.**

**SUN AND SEA:** Lanzarote's traditional appeal as a sun destination has not diminished.

**SPORT:** Now a well-established element of Lanzarote's international appeal.

**BUSINESS:** Lanzarote is positioning itself as a centre for national and international conferences.

**FILMS:** The island is keen to attract film makers and advertisers to shoot on the island, which has already become the backdrop for several feature films, music videos, fashion shoots and advertisements.

**FOOD AND DRINK:** The Saborea Lanzarote Food fair in November is the flagship event, but several other fairs and promotions are held each year.

**LANZAROTE FESTIVAL ISLAND:** A newer initiative aimed at promoting music festivals such as Sonidos Líquidos and Arrecife En Vivo.

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# RUNNING FOR DEAR LIFE

Spanish-Irish lawyer Mario Izquierdo Lawlor travelled to India once again this January for the Ultramarathon event that is fast becoming an annual tradition. And this year, as every year, there were new faces, new challenges.



Left and above: Mario with children from a community school funded by villagers.

Below left: Flowers and smiles are everywhere.



More than 2650 participants took part in the race, which finishes each year in Bathalapalli, where the tomb of Vicente

Ferrer, the ex-priest who established the Foundation that has transformed this part of the world, is located.

"I'll come back here as long as I can" said Mario, "These people are so open and friendly, always smiling. I've made friends here and this is the only race that really matters. I'll do it as long as my body allows me to."

The Ultramarathon easily raised its target of €185,000, which will be used to renovate and rebuild the remote villages of Daddanala and Billagondhipenta, where families currently live in basic huts or tents.

The 6th Anantapur Ultramarathon will take place from 20th to 26th January 2021, and you can find out more at [www.1km1vida.org](http://www.1km1vida.org).

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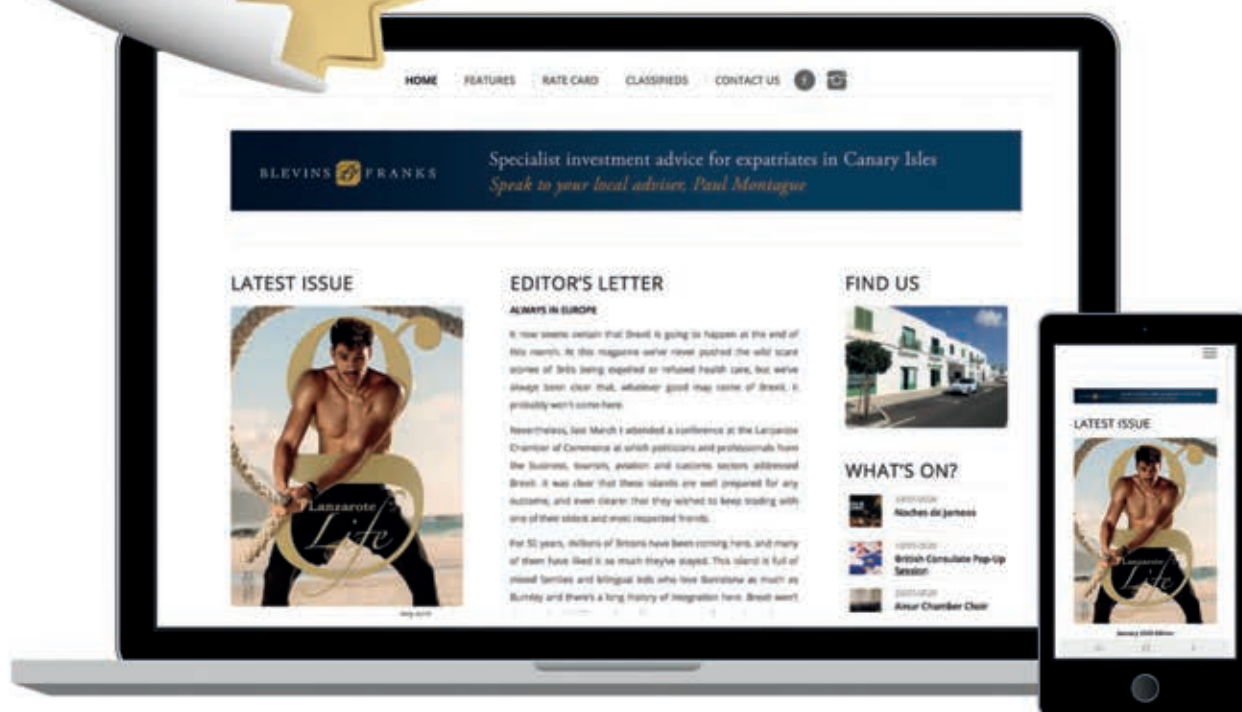
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# KEEP ON Partying!

Partying all night long is hard work but someone's got to do it, and there's plenty of carnival left before those feathers and drums get put away for another year. If you can't get enough of the excitement, here are the remaining places and times.

## Haría, 7th March. Grand Parade

Haría gets a weekend to itself this year. All the more reason to visit this unique and charming carnival. It leaves from the cemetery car park and ends up in the tree-lined main square. This year's theme is The 1920s, so get flappered up and off you go.

## Costa Teguise, 14th March. Grand Parade

Costa Teguise's parade travels uphill from Sands Beach to the Pueblo Marinero, and is always an intense and thrilling affair. This year's Bollywood theme will ensure things are even more over-the-top.

## Tinajo, 14th March. Grand Parade

The theme is Flavours of the East for Tinajo's parade.

## Playa Blanca, 21st March. Grand Parade

The last of the big resorts to parade, Playa Blanca's carnival starts at Playa Flamingo and proceeds to the Plaza de Nuestra Señora de Carmen. The theme is The Jungle.

## La Graciosa, 21st March. Grand Parade

On an island with no streets to parade down there are no floats, and the parade takes place on the beach. Unique and unforgettable, it also brings an end to Lanzarote's carnival season.

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# Your Captain speaking!

The Líneas Marítimas Romero ferry plies between the northern village of Órzola and La Graciosa's capital eight times a day in the winter, with extra trips in the summer months. The 25-minute voyage is usually divided into two sections – a dash to the north-east tip of Lanzarote in waters that are often choppy and rough before the ferry rounds the Punta Fariones into the calmer Río, where passengers are treated to spectacular views of the brooding cliffs of Famara.

*Text: Shaun Addison Photos: Sabrina Suppers*



Luis Romero



Pepe Toledo

On the day we step on board, our captain is Pepe Toledo who's more than happy to allow us into his cabin for photos. And when we alight at Caleta de Sebo, we have a date with another of the skippers who've sailed this route for decades: Luis Romero – who is also the grandson of the man who established the ferry company in the 1970s.

## **Don Luis, how many times do you think you've done this trip?**

Oh, many thousands. I still enjoy it, though. I'm 57, I feel young and have a long way to go before I retire.

## **And you're a Graciosero born and bred?**

I was born in Arrecife, but my family's from here, and I've lived here all my life.

## **What was it like here before tourism changed the island?**

In the 1960s it was hard. There was no electricity and no water. An army boat used to deliver water and everyone would carry it home in containers. In 1975 there were some generators and a desalination machine, and finally in the mid-90s we

were connected to the mainland for power and water.

## **When did you start sailing?**

It was all I ever wanted. When I was a small child the first dream I had was of having a toy boat, and a little tin boat made of an oil container was my first ever toy. Later, my first wage was when I went fishing.

The Gracioseros aren't fishermen originally. They bred livestock and would bring their goats and animals over here when the grazing was poor on Lanzarote. They settled permanently in 1885, and took up fishing afterwards, but there were also many animals.

## **When did the ferry start?**

My grandfather started it in 1970, and it would go once a day, mainly to pick up the post and supplies. Boats went before that, of course, but they sailed to Órzola, to Famara or just to the foot of the cliffs, where girls would climb up to exchange fish for potatoes and other groceries at

Haría market. You could also get fairly fresh water at the foot of the cliffs, which had filtered down from above.

## **When did you first captain the ferry?**

When I was 18. I also worked in a restaurant, so I'd take the ferry over in the morning, wait tables at lunchtime, take the ferry over again in the afternoon and back to the restaurant in the evening. It's a lot easier now – we get 15 days on and 15 days off.

## **How many of you are there?**

Five and a couple more who can step in if needed. We have three boats and a large yacht that takes excursions around the island.

## **Are there ever any serious problems on the seas?**

We have breakdowns every now and then, but that usually means we can't sail. But boats can be fixed and replaced; people can't, so we always place the utmost importance on passengers' safety, and if the weather is too rough, we won't go.



**But you still get a few cases of seasickness?**

Yes, the stretch from Órzola to the point is pure, open Atlantic Ocean and is often rough. Then there's the fact that the water is shallow at Órzola harbour, which causes big, breaking waves. But it's not a long journey and most days are fine.

**Do you think tourism is spoiling the island, as others have claimed?**

It's what we live off. It's true that it can get very crowded here in July and August, but the main complaints happened two years ago, when holiday makers were coming here instead of Egypt, Tunisia and Turkey. There was also a strike at the tourist centres on Lanzarote so everyone came here. It's been much more manageable recently.

**Does the company have any plans for the future?**

We'll be celebrating our 50th birthday shortly, and I'd like to do it with a typical old-style boat. As far as routes are concerned, we go from Playa Blanca to Corralejo and Puerto del Carmen, but we'd like to add more routes in the future. We need to change one of the boats for a newer one, too. The yacht for excursions was bought in La Rochelle in France two years ago, and it's a lovely craft.

*Thanks to Luis and Lindis at Líneas Marítimas Romero for their assistance, and thanks also to Cafeteria Elveril on the beach at Caleta de Sebo for a fine meal, and for returning a lost mobile phone.*

**The iconic sombrero**

The woven, bucket-shaped sombrero of La Graciosa is the defining icon of the island, worn by both men and women and an effective protection against the sun.

But they're not cheap or easy to find. The renowned Doña Enriqueta, who is pictured modelling her sombrero, tells us the sombreros take many days to weave from carefully selected palm fronds, and will cost around €200. At the El Bucio Canarian artisans shop in Arrecife, a lovely example was recently on offer for €130.



Haría market on a Saturday morning is a good place to look for the hats, too, although the sad death of 90 year-old Esther Romero last April has taken away one of the island's most celebrated craftswomen.



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# IT'S THE BOMB!



*Text: Shaun Addison Photos: Sabrina Suppers*

**An island as stunning as Lanzarote is full of photo opportunities, but there are some places that turn up again and again. If you want to combine a fascinating short walk with snaps of one of the island's most iconic volcanic marvels, then a trip to Montaña Colorada is in order.**

**"THIS VOLCANIC PLAIN IS A STRANGE AND CAPTIVATING LANDSCAPE."**

Colorada means "coloured", but in Spanish it's usually used to refer to red. And once you know that, it's not hard to see why this volcano is so-named. On its southern side it displays a rich, brick red colour that becomes even more intense as the light slants onto it at sunrise and sunset. Caused by oxidised iron in the earth's crust, it creates one of the most vividly coloured mountains on the island.



That means it's difficult to miss on the right about two kilometres onto the LZ56 after you've turned off the LZ30 road through La Geria's wine country. There's a parking area, and the circuit of the volcano is a short walk that should take you an hour at most.

Just walk up towards the volcano and start to skirt round the right-hand, most colourful side, and after about 15 minutes you'll end up on a plain that looks like it belongs on Mars rather than a Spanish holiday island. And plonked right in the middle of that plain is the biggest volcanic bomb in Spain.

A volcanic bomb is any stone over 2.5 inches big that has been formed by lava flying out of a volcano. The globs of liquid lava often





form rounded shapes in the air before solidifying and landing. Any walk in Timanfaya or the volcano regions surrounding it will reveal several bombs of different shapes, but very few of them reach a large size.

This bomb is roughly-dome or capsule shaped and at least five metres high. Embedded in the

**"THE LAVA BOMB HAS BECOME EVEN MORE FAMOUS ON INSTAGRAM."**

plain where it hurtled to the ground less than 300 years ago, it's appeared in hundreds of thousands of selfies and snaps because of its weird appearance, with the red volcano dotted with green pom-poms of aulaga plants in the background.

Near the bomb there's a rough pathway up the volcano's edge that can be scaled by the more adventurous walker. It leads to a strangely wild crater that's filled with jumbled, twisted striated rock. You can clamber across and descend on the far side of the volcano.

Otherwise it's an easy circular walk around the foot of the volcano, with great views of Lanzarote's central ridge of far more ancient volcanoes.

## DAVID'S DETOURS

Tour guide David Penney regularly takes groups to the iconic lava bomb next to the "blushing mountain".

The route to the lava bomb is fairly easy and non-challenging and is regularly visited by tourists and residents. One of the first things you can't fail to notice is that the majority of the volcanic rocks are covered in lichen (see photo).

This lichen is a very good indicator of clean air quality. If the air was polluted, like some large cities, then the lichen would not survive. The locals describe it as 'bearded moss' and stroke their chins when describing it. But, unlike the soft, green moss you may find in the UK, the lichen found on Lanzarote is stiff, dry and brittle from the wind and sun.

One side of Montaña Colorada is red, which is caused by iron oxidation. When the sun shines on it it can be seen very clearly from the roadside. The locals call it 'the blushing face of the mountain' and gently slap the side of their faces when describing it (to redden it).

Contact David on (0034) 649 389 888 or [lanza888@yahoo.com](mailto:lanza888@yahoo.com)



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# LANZAROTE IN THE RAIN

It doesn't rain often on Lanzarote, but this is the time of year when those showers are at their likeliest. Here's how to pass the time when the heavens open.



At the moment Lanzarote is undergoing an extended dry period, with no really heavy rainfall for well over a year. That great news for holiday makers, but the island's farmers will be praying for rain after last year's crops suffered from drought.

When it does rain on Lanzarote, it rarely does so for long. Light showers are the main type of rain, but much heavier downfalls can also happen. Whatever type of rain, you probably won't be spending much time on the beach or by the pool, so here are a few other bright ideas for a wet day.

## VISIT A MUSEUM OR GALLERY

A trip to either of César Manrique's homes in Tahiche or Haría will open your eyes to the creative mind of the "father of modern Lanzarote", but there are many more museums to discover on the island.

Find out about the island's piratical history at the Castillo de Santa Bárbara overlooking the old town of Teguise, or head into

Teguise itself and discover the impressive Palacio Spínola; check out aeronautical history at the Airport Museum, step back in time at the Tanit ethnological museum or learn about wine culture at El Grifo's Wine Museum. There's even a small museum on La Graciosa!

Arty types can admire a fine collection of modern art at the Castillo de San José or catch the exhibitions in the El Almacén arts centre in Arrecife, but there are several more galleries dotted all over the island from Playa Blanca to Haría.

## GO SHOPPING

There are covered shopping centres all over Lanzarote, and many others where you'll only ever have to scurry a few metres in the rain. A rainy day provides the perfect opportunity for a spot of retail therapy, allowing you to window-shop and try things on for ages.



It's dark, it's dramatic, it's a little bit claustrophobic - but if there one thing you can guarantee at Cuevas de los Verde, it's that you'll stay nice and dry!



**"On Lanzarote, there's usually a rainbow after every shower."**

### HEALTH AND SPORT

Have a swim in an indoor pool or book a long, luxurious spa session at one of the island's hotels. Once you're finished you'll be so blissed out you won't care about the rain!

More active types can book a squash court, work out at a gym, try the bowling alleys at Deiland or Costa Teguse or head to a Canarian wrestling tournament, a basketball game or a five-a-side football game.

### CHOOSE THE RIGHT EXCURSION

Some of Lanzarote's established tourist attractions are unaffected by the rain, or even enhanced by it. The Cueva de los Verdes, for example, is underground, where there's no rainfall at any time, so the only chance you'll get wet is on the short walk from the carpark.

Timanfaya is also well worth seeing in the rain, as the stark volcanic landscape is punctuated by plumes of steam from where the rainfall is vapourised by hotspots. Views from the Mirador del Rio can also be spectacular during showers.

### MAKE THE MOST OF IT

For photographers and sightseers, rainy, showery days offer much sharper, clearer views than fine days when there's usually a blurry haze on the horizon. However don't tackle anything too steep if there's a chance of a shower.

Swimming is also a sensual pleasure in the rain, an unforgettable experience as millions of raindrops splash into the sea around you. Once you're in the water, you're not likely to get any wetter, and it's something you'll remember for a long time. Don't take a dip during heavy rain, though – not only is it often accompanied by stormy weather; it also washes pollution into the water.

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- 2016 The Queen congratulates the school for its outstanding success.
- 2017 Pre-university summer programmes initiated to practise the extraction of DNA.
- 2019 Our promotion of young ladies in Science results in three ex students studying post graduate courses at Cambridge, two becoming Doctors in Biology and a third reading Nuclear Physics.
- 2019 Kim Salen becomes the first student to pass exams in a total of eighteen different IGCSE subjects.
- 2020 CHB initiates a programme to bring British university studies to Lanzarote.





## Computer Science

In education, we have the obligation to prepare children for the careers that will be available to them once they start looking for work. It is no good to interest them in subjects that will not be useful for a future employer.

Today, 85% of the students being accepted by universities are studying arts and language courses, but 85% of the job opportunities are in the sciences and technologies. In the Sciences, Biology, Chemistry and Physics are the graduates that are most in demand, with Physics and Engineering being the areas with the highest pay prospects.

The graduate that is most sought after in this year 2020, has studied Computer Science. With a requirement of 1.2 million Computer Science graduates worldwide, there will only 400,000 students leaving universities. All of them will be able to command an initial annual salary of \$75,000.

When all students have to suffer at least 18 years of study to reach degree level, it is obviously more valuable these days to have acquired an interest in the digital world. But schools have two grave difficulties in producing computer scientists. As there are so few graduates and as those that obtain degrees are paid so well in the private sector, rarely will you find teachers in this subject. Secondly, as it is an area that is developing so rapidly, it is immensely difficult to set standard exams, as by the time the exam has been developed and taught, the subject content will have advanced far beyond the exam content that was originally produced.

At the Hispano Británico we are fortunate to have truly experienced specialists to teach the subject. We have also just adopted the new BTEC highly demanding standards in qualifications that develop along with the exponential advances of the digital world.



To be assured of a brilliant and exciting life in an area where so very few others will have these abilities, your child will have to become comfortable working with

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# The Right Bowlful



Nowadays, pet food is as likely to come in a sack or a box as it is in a tin. Lanzarote vet Jane Burke offers some valuable information about feeding your favourite animals.

There are few (if any) veterinary consultations that don't require some consideration of your furry family member's diet. It is an accurate, if irritating, reminder of the truth of the saying that, "You are what you eat."

Diet has a massive impact on the health and longevity of ourselves and our pets. But their requirements are, at the same time, similar and disparate to our own. That's why an ongoing record of your pet's body weight is important for diagnosis, dosage of medications, and assessing the animal's response to treatment or

the progress of a disease. A regular weight check that is dated and recorded is extremely valuable to your pet.

The way pets are commonly fed has changed dramatically over the years I have been in practice. It is rare now to see a puppy with rickets from families that are feeding it on table scraps, just as it is now uncommon to see cats with diarrhea from drinking cows milk or spinal arthritis from being fed daily liver scraps.

I have never had clients who have knowingly underfed their pets but everyday I see animals suffering from excess. However, too much is just as dangerous to their wellbeing as too little.

I do see families who cook for their pets and this can, indeed, provide the best diet at the cheapest cost, PROVIDED it is prepared with knowledge and careful consideration of the different requirements of different species and ages.

Buying tinned cat food or dog food that's served with carbohydrate-based dog biscuits has now almost entirely been replaced by feeding complete dried food. The hygiene and convenience of dried diets are enormously attractive. And they are significantly cheaper than wet foods of similar quality, containing everything required in the diet for the intended species.

**BUT!:**

1) Dried food is often a cause of obesity because owners cannot grasp that one spoonful of dried food is equivalent to five spoonfuls of wet food. The correct serving doesn't look enough. And after it is swallowed your pet won't feel full for several hours, as this is how long it takes for the dried matter to soak up enough fluid to fill the tummy and become digestible. Until this happens your pet still feels both empty and hungry, and will let you know!

2) Dried food is often left to be eaten ad lib, which in itself will often contribute to clinical obesity, diabetes, premature arthritis and kidney disease. Snacking is the number one cause of type two diabetes.

3) Dried foods are unquestionably involved in FUS - a complex of problems with cats' waterworks that has only become evident since the use of dried diets.

4) Dried foods are also almost certainly the major culprit in the development of the now commonly-seen thyroid problems in older cats.

5) Expensive dried foods are better than cheaper ones. They're usually lower in salt with better quality protein and roughage. This is important especially if feeding immature or elderly animals and the difference is more significant when comparing dried food to wet!

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You have to remember, all cats are evolved from small desert-living creatures and therefore they thrive on small repetitive meals. They are classed as obligate carnivores, as they absolutely require certain amino acids (the building blocks of protein) that are only found in the muscles or meat of animals or fish.

Furthermore they rely heavily on proteins, not just as building and repair blocks for their own bodies but also (quite differently from dogs and people) to digest and metabolise into calories to burn for energy. Hence they need more high quality protein and less carbohydrate. Because they evolved to survive in the desert, they do not drink adequately to cope with highly concentrated food, which is why dried foods are implicated in the above serious kidney and bladder diseases.

Your dog may also not drink sufficiently or soon enough for the rehydration of a dried meal, and instead this water will be taken directly out of the bloodstream. This recurring temporary but significant dehydration can damage all the major organs over the years. Furthermore, because dried food takes hours to become rehydrated in the stomach it also causes ulcers from gastric acid concentrations over long periods, and increases the potential for bloat, a condition when the inflating stomach tears away from its support structures and turns through 180 degrees, sealing itself at either end. This means no air out, ever-reducing blood supply in, increasing pressure on the organs and a life-threatening situation in a very few minutes. So one large meal of dried food a day is a no no.

Nevertheless, having tried to outline the many reasons dried food is not a perfect solution, especially for cats and even more especially if you leave it available ad-lib, I do think it has a valid place in our modern world.

My hospitalised cats are allowed 30% dried food at best. My

clients are urged to never feed their cats more than 50% dried food.

In dogs, I think dried food of reasonable quality, fed in at least two well-separated meals a day, is perfectly safe, apart from for the very young and the very old.

I also feel that anyone who thinks their healthy pet requires supplementary vitamins, minerals or other additions, is either mistaken or feeding them a wrong diet.

Please, please look carefully at the contents of your pet treats, as these are often massively high, not just in calories, but in colouring and preservatives, etc.

Finally, I really would like to wish that everyone would consider simple weighing and recording their pets' weight every month or so; and asking advice about diet and body weight from those who have your pets' best interests at heart. That's not Facebook, Dr. Google, dog breeders or pet food retailers!

And never ever forget the luxury and health benefits of providing them with access to fresh clean water in a really clean bowl!!



## Dogs of the Month



Mia



Chloe

These two beautiful Labrador/Retriever mixes, a mother and daughter, arrived in Sara together, no longer wanted, last December. They have the wonderfully affectionate, laid-

back natures associated with these breeds. Mía will be 12 in June and her daughter Chloe, who misses her familiar surroundings and feels happier when Mía's around, will be eight in May. It is quite possible they would settle if homed separately but, at their ages, it would be so much better if they could stay together as they have known no other life.

With over 150 dogs in Sara at any time and only half a dozen employees caring for over 400 animals, volunteer dog walkers are desperately needed. Why not come along to Sara in Tahiche from 10.30-13.00 Monday-Saturday plus 16.00-18.00 on Tuesdays. The dogs would love to see you. Thank you.

# BUSINESS UPDATES

## COME AND MEET SOL Y SOMBRA!

All Gazette readers are invited to join Sol y Sombra for their Open Day on March 23rd between 10am to 8pm, where you can have a cup of coffee, try some tapas and meet the staff including Rob and Angelika Stone, who've just joined the Sol y Sombra team.

If you've got questions about sun, shade and wind protection on Lanzarote, Sol y Sombra will sort it out.

## CARAMELOS JOSEFINA

Caramelos Josefina is a brand new shop in Tías which sells a huge variety of Spanish and British sweets. If you yearn for Bon Bons, Pear Drops, Kola Cubes, Jelly Babies, Black Jacks, Fruit Salads, Sherbert Fountains, fudge, fresh popcorn or Mr Whippy soft ice cream, you'll find them all here, with much, much more.

Simon and Josefina also sell balloons, chocolate gifts, Slush drinks and everything you need to make any special day a little bit sweeter.



You'll find your new favourite sweetshop on C/Isote de Hilario 10, Tías (opposite Hiperdino).

## SEVEN UP FOR OPTI+VISION

It gives us great pleasure to congratulate Opti+ Vision at 72 Avenida de las Playas, Puerto del Carmen on completing seven years in business. However, it doesn't surprise us in the least – Alexandra at Opti+ has combined her qualifications, with hard work and a unique eye for what's fashionable to create an opticians that is the first choice for scores of tourists and islanders. Just pop in to find out more.



Alex and Patri

## BE KIND WITH BIOMEKO

Diana and Rui at Biomeco in San Bartolomé are celebrating their first year in business and the launch of their new online shop at [www.biomeco.es](http://www.biomeco.es). If you're interested in living a kinder, more ecologically-conscious lifestyle, Biomeco is the place for you – a friendly store containing all kinds of innovative and tempting products you never knew you could get on Lanzarote.

You'll find Biomeco just off the main road through San Bartolomé, opposite Lolita bakery.

## MUEBLES RUBICÓN: THE SOFA SPECIALISTS

Muebles Rubicón is a family-run business that's been operating for over 40 years on Lanzarote, and if you haven't discovered the biggest showroom display on Lanzarote at 42 Calle Rubicón in San Bartolomé, then now's the time...

Muebles Rubicón stocks all styles of furniture, from modern to rustic, and is a specialist in sofas. For unmatched service, experience, advice and tempting offers, it's your first stop.

## NEW GANJAROTE SHOP

Ganjarote, the bio-hemp shop specialising in cannabis-based cosmetics and oils, is pleased to announce that it will be opening a new shop in the old town of Tegüise, located on the Plaza 18 de Julio. This shop will only be open on Sunday market days in Tegüise, while the main shop at Playa Honda on Calle Bajamar 50, will be open from 10am to 10pm on weekdays, Saturdays: from 5pm to 10pm on Sundays.



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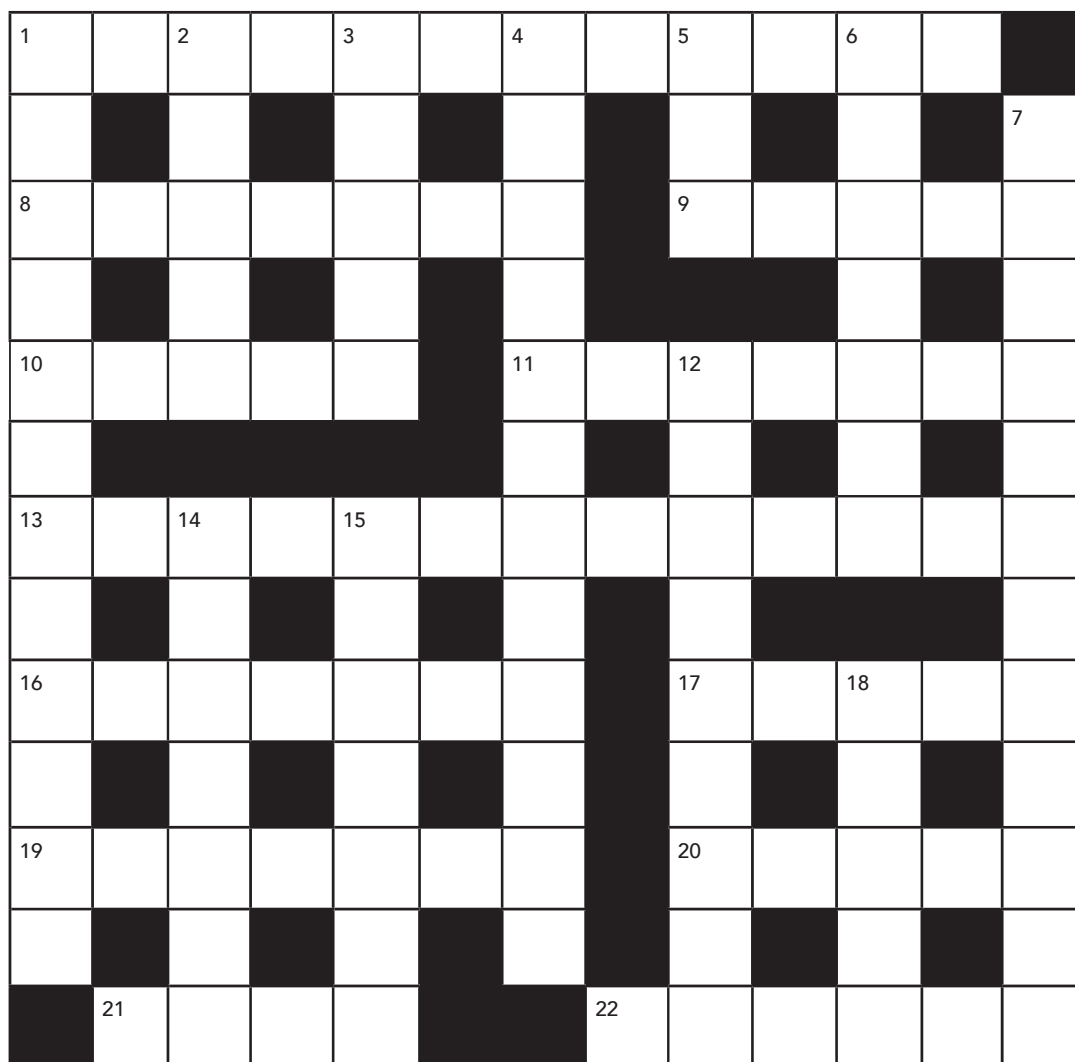
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# Brain Teasers

For Mothering Sunday, this month's crossword has a maternal flavour, so before you sit down and start solving, why not give the old girl a call? Send your solutions to us by email or post, and you could win a delicious bottle of Lanzarote wine. Winner of last month's Oscar-themed puzzle was (opens envelope).... Jackie Tollow! Well done, Jackie!

Please send your entries to: [editorial@gazettelife.com](mailto:editorial@gazettelife.com). See our addresses on pg 3.

## CROSSWORD

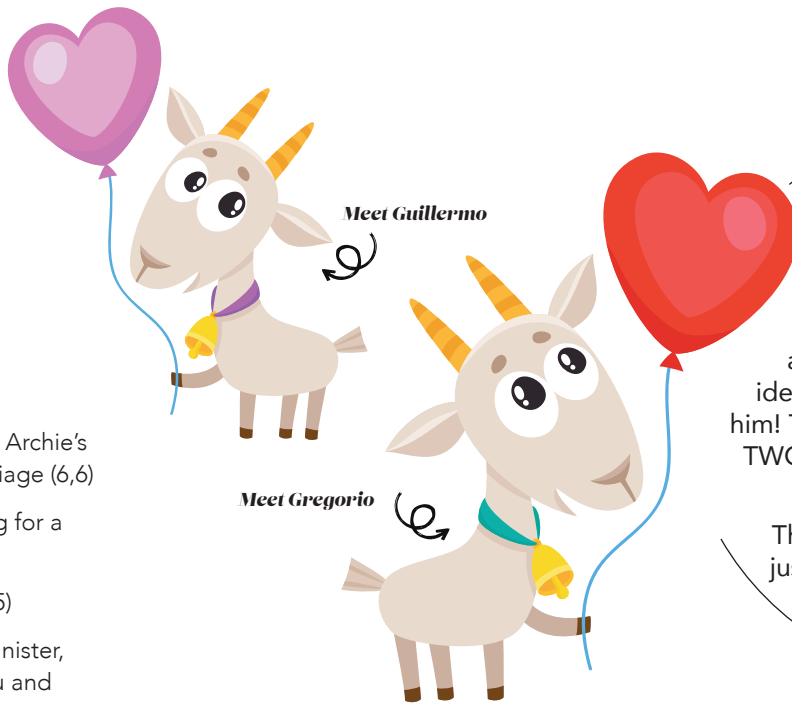


### ACROSS

- 1. Mother of Bart, Lisa and Maggie (5,7)
- 8. Judy ....., mother of Liza (7)
- 9. Same again (5)
- 10. Singer Lennox, writer Proulx or sharpshooter Oakley (5)
- 11. To acquire, to take possession (7)
- 13. Someone who's at their best in the early part of the day (7,6)
- 16. Matushka and Mamochka are both ways of saying "mother" in this language (7)
- 17. Royal mother of Luke and Leia (5)
- 19. London borough containing Herne Hill, Clapham and Stockwell (7)
- 20. Diadem, or jewelled headgear (5)
- 21. As soon as possible (1.1.1.1)
- 22. Middle Eastern market or shop selling all sorts (6)

**Last month's answers.** Across: 1. Saint George 9. Assoc 10. Matilda 11. Barcelona 12. E.C.B. 13. Overrated 14. Tar 15. Watcher 17. Ringo 18. Rider 20. Network 23. Icon 24. Smaug. Down: 2. Absorbent 3. Nuclear 4. Game Of Thrones 5. Outlander 6. Galveston 7. Lambton Worm 8 Jabberwocky 16. Heron 19. Doc 21. Tea 22. Org





## Where's Gregorio?

Kids can really drive you crazy! That young goat Gregorio's off again, and this time he's taken his identical twin brother Guillermo with him! This month we need you to find the TWO runaway goats and send us both page numbers.

The winner will get a special prize, just like Terri Gibbs did last month for finding Gregorio on page 56.

## DOWN

1. Royal mother of Archie's name before marriage (6,6)
2. Second showing for a TV series (5)
3. Dodge, avoid (5)
4. Indian Prime Minister, daughter of Nehru and mother of Rajiv (6,6)
5. A group of whales or a pea container (3)
6. Deceives, wins through superior intelligence (7)
7. Actress who played the fictional mother of Darlene, Becky, D.J. And Jerry Connor (8,4)
12. Royal Egyptian mother of the pharaoh Caesarion, and wife of Mark Antony (9)
14. Starts again, or C.Vs (7)
15. "I don't know. Tell me the answer" (1,4,2)
18. Royal mother of Wills and Harry (5)

## FIND THE TOWN

Solve the six clues below, take the first letter of each answer and rearrange them to make the name of a town or village in Lanzarote.

1. Spanish clothes shop in CC Biosfera, part of the largest fashion retailer in the world.
2. Wednesday in Spanish.
3. Waterpark in Lanzarote.
4. Camel-breeding town near Yaiza.
5. Malvasia, Listán Negro and Moscatel are all types of...
6. Julio Iglesias's famous son.



Answers last month to Find The Town: 1. Zumba 2. Arrecife 3. Ironman 4. Angelina 5. Yellow. Town: YAIZA



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# ED'S POSTBAG

Readers are reminded that views and comments expressed within the Ed's Postbag page are those of the contributors and may not necessarily reflect the opinions or standpoint of our staff. It should also be noted that we are an independent publication free from political persuasion or governmental censorship.

Send your letters to Facebook @Gazettelifelanzarote or our email editorial@gazettelife.com

## CLEANING UP

*Dear Ed*

I am intrigued by the statement on the Canary Cleaners piece: 'Half a capful of your favourite scented fabric conditioner in the hot water will disinfect.' I can't find this claim backed up anywhere. Shine yes, disinfect, no.

*Best wishes, Jilly Simmons*

*Ed: You're right, Jilly. If you want to disinfect your floor, you'll probably need something a little stronger. If any readers have any cleaning tips they couldn't live without on Lanzarote, please share them with us!*

## CLIPBOARD CON

*Dear Editor,*

It seems not a day goes by without some comment on social media regarding the so called "clipboard scammers" who seem to be blighting Lanzarote in ever-increasing numbers.

I have seen stories about people being spat at, having rocks thrown at them, being threatened with a belt and verbally assaulted for refusing to sign their fake form or advising others not to do the same.

This is not good enough. Visitors pay hard-earned money to come to this island and are being conned out of €20-30 at a time by these thieves, and thieves they are! What is being done?

How about plain clothes police officers patrolling the seafront? How about the police showing more enthusiasm about ridding us of this menace?

We tourists and residents would like to walk around the island without the threat of being assaulted.

*Regards, Fonz Walker*

*Ed: This scam has been going on for several years all over Spain, Fonz, and it's certainly not the first report we've heard of the scam on Lanzarote. We can only strongly advise anyone who is approached by anyone with a clipboard to walk on and inform the police if they suspect that a con trick is being perpetrated. Verbal or physical threats should be reported immediately.*

## GETTING DONE BY BREXIT

*Dear Sir/Madam,*

I have discovered a "side effect" of Brexit which no-one seems to know about.

The information can be found on the website of a company called Property Tax International. They are tax advisers with over 1,100 employees. (ptireturns.com)

In a nutshell, they are claiming that as of 1st January 2021, British people letting property in Spain will no longer be EU residents. At present they pay a discounted tax rate of 19% after deduction of expenses, but in future they will have to pay 24% with no allowance for expenses.

This means that if someone has a gross letting income of €50,000 p/a and expenses for cleaners etc of €8,000 they currently pay 19% of €42,000 = €7,980.

After 1st January 2021 the tax take will be 24% of €50,000 = €12,000. This will not affect anyone who is an EU resident, Irish, Spanish, German etc.

*Yours, Terry Culligan*

*Ed: This has been reported by several sources, Terry and appears to be an inevitable result of the UK's imminent third country status. However, industry insiders are hoping that a unilateral agreement benefitting British rental owners will be reached.*

## CLEANING UP II

*Dear Ed,*

I have recently read your article "Canary Cleaners" on page 89 of your February issue. I was pleasantly surprised to read about the use of vinegar and baking soda.

Could you please tell me where I can purchase a large pack of baking soda for cleaning, as the supermarkets only sell tiny packs for baking.

*Kind regards, Fiona Skett.*

*Ed: Mercadona do a kilo bag for aprox. 1.05€, Fiona.*



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Opinions and tips from three women who've had babies on Lanzarote.

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Island to Ireland links on St. Patrick's Day





Lydia, Carla and Georgina with Darian and Amelie

## HEALTH MATTERS

# Mothers' Meeting

**F**ortunately, Spain is one of the safest places in the world to give birth. In the first of a new series addressing health issues on Lanzarote, Shaun Addison speaks to three mums who recently got to know the inside of Arrecife's maternity department about their experiences, opinions and tips.

Carla Sylvester had her first child Jayden (1) last February in Arrecife's Doctor José Molina Orosa Hospital just a few weeks after Lydia Duxbury gave birth to her first baby Darian there. Georgina Blake, meanwhile, has had four children in the UK and

Having a baby is stressful at the best of times, but when you're pregnant in a foreign country the worries can multiply.

two in Arrecife - most recently three-month old Amelie.

*Georgina, as a woman with experience of giving birth in both countries, how would you compare the experiences?*

**Georgina:** I wouldn't say either was better or worse, and it depends

on the hospital. But even the hospital changes – I was offered Gas and Air when I had Amelie, but it wasn't available when I had Evan here three years ago.

**Carla:** I think they introduced it during the week when I had Jayden.

*The Spanish system has a reputation for being extremely safe and efficient but perhaps a little no-frills.*

**Georgina:** My last birth in Britain was a home birth, and it was such a good experience that I asked about it for my first child here. They told me that it was possible only if I went private, and at a cost of over €1,000. I decided against that.

*How did the fact that you don't speak much Spanish affect the birth?*

**Georgina:** I was worried, but it turned out better than I imagined. Some of the staff spoke some English, and my partner also helped. But I'd also had children before, so I knew the ropes, really, and that helped a lot.



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## "EVERY DAY IS DIFFERENT"

*Lydia, Darian was your first baby, which adds a new level of worry. How did it go?*

**Lydia:** I turned down Gas and Air because I'd heard reports that it "knocks you out", and I didn't want that.

**Georgina:** I didn't find that. I loved it!

**Lydia:** My initial problem was with the male midwife. When I arrived and told him my waters had broken he said "No they haven't". Then he showed me a list of the costs of each visit, as if he was telling me off. Later, he discovered I was telling the truth, and he turned out to be really nice and helpful.

*Did you have an epidural?*

Yes, but that was another issue. I was very restless and couldn't sit still, and they told me they wouldn't give the epidural unless I kept calm. I felt I was being made to earn it somehow, and that made me nervous. Finally, the midwife came in, looked at me and said "That's the face I want to see."



*What are the best things about the Spanish system?*

**Georgina:** The prenatal care is wonderful. They carry out all types of tests and scans.

**Carla:** Yes. I worried a lot while I was pregnant, and went to the hospital several times. But they always had time for me, never made me feel I was wasting their time. I also found the prenatal exercise classes very useful.

*And the worst things?*

**Georgina:** Postnatal care. In the UK

you'll get home visits from a midwife, but that's not normal here. You have to go to them, and when you've just given birth that can be a pain.

**Lydia:** I agree. I saw a midwife who told me I was breast feeding wrong. I was a first time mother, and felt very insecure, so I don't need to be told off. Again, the relationship improved but I didn't need that.

**Carla:** Paperwork is also a pain. You have to register the child pretty quickly, which means you have to go out at a time when you'd just rather be staying in and recovering. This is a particular problem for foreign residents, as babies with a Spanish parent can be registered right at the hospital.

*Finally. If you were pregnant again, would you choose to have the baby here or go back home?*

**Georgina:** I've already made that choice once. I'm a little worried that the standard of care in the UK is going down and I'd have no trouble choosing to stay here.

**Carla:** Safety-wise, here is fine. If you want your child to be British, it's going to be easier in the UK, though. It also depends on your support network – I really missed my mum.

**Lydia:** I'd have no problem having another baby here.



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## Tips for Mums-to-be

**Birth partner:** Arrecife hospital permits one birth partner to be present during the delivery, while several hospitals in the UK allow two. Carla says “If you speak no Spanish, it may be worth considering a birth partner who can translate and calm you.” Georgina says “Learning a few Spanish words, such as ‘pain’ or ‘push’ could be helpful.”

**Prenatal hospital visit:** Carla says “Be sure to ask for the visit to the maternity ward that is offered to all pregnant women. That really helped me, as I had a better idea of what to expect.”

**Supplies:** Lydia says “It’s great that they give you a kit of nappies, formula milk

and sanitary pads. You don’t have to bring much, but I was glad I’d brought my own pillow”. Carla agrees with the pillow tip and says “Bring a squeeze bottle of water to wash yourself and some big pants.” Georgina, meanwhile, was grateful that her partner smuggled a McDonalds in for her afterwards. “It’s not recommended, but they turn a blind eye”.

**Social media:** All three mums are members of Facebook and Whatsapp groups, both locally and internationally. “If you know what to expect, it’s a lot easier, says Carla, “Having a close link with mum groups on the island helps you not to feel isolated.” Georgina adds “Things change quickly, so its good to stay up-to-date.”

**Epidural:** If you decide that you may want an epidural, ask to sign the consent form before your birth.

## Strep B Safety First

Spain has the lowest maternal mortality rate in Western Europe, and a lower infant mortality rate than the UK. These statistics are also improving every year, thanks to a rigid focus on what is safest for mother and child. Spain’s approach to Strep B screening highlights that focus.

Streptococcus B bacteria are present in one in four pregnant women and, although chances of infection

are rare, unborn and new-born babies are at risk of infection because of their undeveloped immune system.

In the UK, Strep B tests are not available on the NHS and women who want one are advised to book a private test. The NHS has taken this decision to avoid prescribing antibiotics to the 25% of women who test positive.

In Spain, however, the Strep B test is standard during the third trimester of pregnancy. If positive, the mother will be encouraged to enter hospital as early as possible once labour starts, and will given antibiotics.

It’s an example of the comprehensive care given in Spain, which may not always be touchy-feely (home and “natural” births are discouraged), but guarantees maximum safety for baby and mother.

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## Dear Guests

We opened in 1999 and are still around, trying to preach the gospel that there really is no food as wonderful as Indian food.

Now, twenty years later we have converted several connoisseurs; some forcefully, but mostly by offering our seductive cuisine. The critics themselves think we are great and have even given us awards now and then. Some guests have even invited us over to feed their friends, which we do with pleasure.

Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations.

We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We'll cater it and it will be the talk of the town for quite a while.

Food has always been a passionate subject for us.

### We love it here -

Lanzarote is really our home away from home - but most of all we love you, our dear guests. So enjoy, and if there is anything we can do to make your experience more pleasurable, do not hesitate to ask.



**VEGAN  
option**

**WE SERVE WHAT WE EAT,  
HEALTHY FOOD**

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ST.  
PATRICK'S  
DAY**

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Near the Biosfera Commercial Center

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Open daily 11.30am - 11.30pm

**20% OFF**  
ONLY ON FOOD  
FOR RESIDENTS & FOR THOSE SUBMITTING  
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# BEANS & PULSES



In the second of our guides to local ingredients we focus on the healthy beans and pulses that can be found on Lanzarote.

In Spain, beans and pulses are essential elements of the national cuisine. They're found in revered dishes such as the Asturian *fabada*, but also play a part in the most basic of peasant fare in the form of lentils and chickpeas.

## Dried Pulses

Most supermarkets will have a selection of half a dozen or more dried pulses sold in plastic half-kilo bags. They will include lentils, which come in *pardo* (small and dark brown) or Lanzarote (paler and flatter) styles, and both are equally delicious. Look around and you may also find black caviar lentils.

Chickpeas come in several varieties, with *lechoso* (large and milky) and *pedrosillano* (smaller and firmer) standing out. They're an essential ingredient in several Canarian *potajes* and stews, and most homes will have a pressure cooker to prepare them quickly and cheaply.

Other dried beans include *alubias* – white, kidney-shaped beans that become deliciously buttery when cooked; mottled pinto beans and the classic red kidney beans used for *chilli con carne*. Some grocers shops stock a bewildering variety of loose, dried pulses.

However, it may not be easy to find popular British pulses in Spanish shops. For red lentils and split peas visit a British supplier or an Indian shop, while it's possible to find mung beans, black-eyed peas and other pulses at many health food shops.

**TripAdvisor recommended**

- Fish Friday
- Traditional Sunday Lunch
- Steak Saturday
- Daily Specials

**ONLY 9.95€**

## Mother's Day Lunch

22<sup>ND</sup> MARCH

**STARTERS** - PRAWN SALAD OR BUTTERNUT & CARROT SOUP

**MAIN COURSE** - ROAST BEEF, PORK OR CHICKEN WITH ALL THE HOMEMADE TRIMMINGS

**DESSERT** - SPOTTED DICK WITH CREAM OR CUSTARD

FROM 13:30 - BOOKING ADVISABLE! CALL OR SEE FACEBOOK FOR RESERVATIONS

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# THE GRANDFATHER

SINCE 2010

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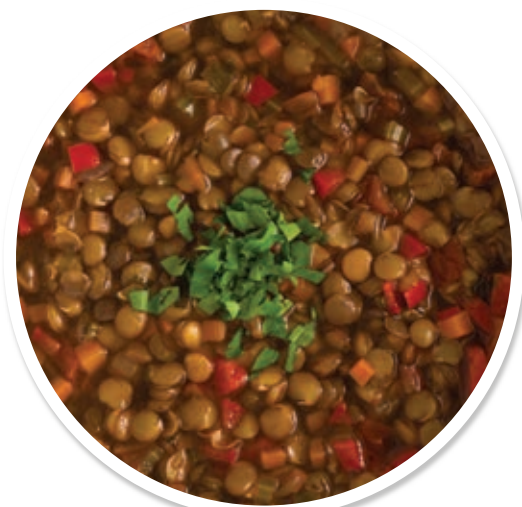
## Preserved Pulses

Spanish shoppers prefer to buy their ready-cooked pulses in jars rather than tin cans, and these tall jars can be found in every shop – the perfect last-minute store cupboard ingredient for a fast, nourishing meal. Chickpeas, lentils, alubias and pinto beans are widely available, and are always perfectly cooked and delicious.

Tins may also be available, and if you're a fan of good old British baked beans,

you'll find those in most stores, as well. Hunt down a Chinese supermarket and you'll find a wide variety of black and red beans, dried, fermented, in jars or frozen edamame beans (all soya variants).

The snack aisle is another place to find legumes. The Spanish are hugely fond of peanuts, but also like *habas fritas* (fried broad beans) and chickpea snacks. Finally, the freezers will contain freshly frozen peas, broad beans and runner beans.



## Fresh Beans

Fresh beans are often found in the vegetable section, with the most popular by far being *habichuelas* (runner beans). The high price reflects the value that Spanish cooks place on these vegetables, rather than scarcity.

You may also find flat varieties of runner beans and fresh peas on sale, depending on the season.



## Super Lupins

One local product that you won't find in the UK is *altramuces*, the seeds of the lupin flower, also known here as *chochos*.

In Britain, lupins are strictly ornamental, but in the Mediterranean and South America their nourishing seeds are a perennially popular snack. After being soaked in brine for several days, the seeds are packed and sold. They are eaten by tearing the skin and popping the seed into the mouth.

Also known in Italian as *lupini*, *altramuces* have recently been hailed as a new superfood and are one of the most on-trend new power snacks in parts of the world where that sort of things is important. We say give them a go, but don't expect too much.



La  
TopGa  
La.

Restaurant

Snack Bar - Terrace  
Panoramic views

## Canarian Dishes with Elegance



RE-OPENING VERY  
SOON UNDER THE  
ORIGINAL MANAGEMENT

Bookings: 928 524 524  
Main Road Tías - Yaiza, No.60, Mácher.

# RECIPE OF THE MONTH

## GREEN MASHED POTATOES

Get mashed potatoes right, and give them an attractive appearance with your own home-made natural green food colouring, which separates chlorophyll (the natural green pigment) from spinach.

### INGREDIENTS

#### Mashed potatoes

1 kilo of potatoes

120 ml of milk

3 tbsps of cream

3 tbsps of butter, diced

A pinch of salt and pepper

#### Natural green colouring

0,3 kilos of spinach

100 ml of water

### METHOD

First prepare your natural food colouring: Use a blender to combine the spinach and water (2 mins). Use a fine, 100% cotton tea towel to strain

the liquid into a bowl. This liquid will contain all the chlorophyll proteins. Discard what remains in the tea towel.

Place your green liquid into a saucepan and heat it up. The chlorophyll will solidify on top of your liquid. DON'T let this liquid boil or it'll destroy the chlorophyll.

Turn the heat off and strain your liquid again, using a fresh cotton tea towel. This time the chlorophyll will remain in the tea towel (discard the strained liquid). Put the green colouring to one side.

Boil the potatoes (if you leave the skin on at this stage you'll have more potato taste and find the spuds easier to peel after boiling) until they are cooked, at least 20 min.

Once they are cooked, peel them and put them into a saucepan. Use a masher or a ricer to mash them, adding the cream, the milk and the diced butter as you do so (Never use

### ANTONIO'S TIP:

You can use the green colouring to add 100% natural green colour to your cakes, pasta or even beer!



a stick blender to mash potatoes or you'll end up with glue).

Add chopped parsley and a teaspoon of your chlorophyll paste to your mashed potato to have a perfect dish for St. Patrick's Day!

## LOOKING FOR THE PERFECT VENUE?



COOK IN LANZAROTE  
IS A SPECTACULAR LOCATION  
IN UGA WITH SPACIOUS TERRACES,  
GARDENS & FULLY EQUIPPED  
KITCHEN AREAS

AN OUTSTANDING & UNIQUE  
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*Princesa* **YAIZA**  
SUITE HOTEL RESORT \*\*\*\*\*

**KM0**

COME AND ENJOY THE GASTRONOMIC  
SHOW KM CERO!

**LAST SATURDAY** OF THE MONTH

A unique gastronomic experience which includes a guided tour with our Isla de Lobos Restaurant Chef at our Uga-based farm, as well as an exquisite menu at Isla de Lobos produce from Lanzarote and traditional homemade recipes which are transformed into innovative, mouthwatering dishes.

# Saint Patrick's Day Festival



## Día de San Patricio 2020

LIVE MUSIC, FOOD, HURLING ON THE BEACH AND MORE...  
**From the 15<sup>th</sup> to 17<sup>th</sup> of March - Del 15 al 17 de marzo**  
**Puerto del Carmen - Lanzarote**



### Domingo 15

- 12:00 h - **Hurling** en el área de juego de Playa Grande de Puerto del Carmen.

### Lunes 16

- 17:00 h - **Exhibición de música y bailes irlandeses** en los alrededores de la Oficina de Información de Turismo de la Avenida de las Playas en Puerto del Carmen.

### Martes 17

- 11:00 h - **Misa** en la Parroquia Nuestra Señora de Lourdes.

- 12:30 h - **Apertura del recinto y acto protocolario** en la Plaza del Varadero.

- De 13:30 a 22:00 h - **Música en directo:** Dessie Hynes, Conor Sloane, Jordan Kennerally, The Mad Yoke's, Celtic Roots, Gayle O'Donovan & Theo, Mick Garry, Dave Johnny Grogan, The Electric Island Band, Ellen & Steve Lanzarote Band, The Roaring Donkey's.

- 17:30 h - **Desfile de St. Patrick's** desde la intersección de c/Anzuelo con la Avenida las Playas hasta llegar a la Plaza del Varadero.

### Sunday 15<sup>th</sup>

- 12:00 pm. - **Hurling** in the play area of Playa Grande in Puerto del Carmen.

### Monday 16<sup>th</sup>

- 5:00 pm. - **Exhibition of Irish Music and dances** in the vicinity of the Tourist Information Office of Avenida de las Playas. (Puerto del Carmen).

### Tuesday 17<sup>th</sup>

- 11:00 am. - **Mass** in "La Parroquia de Nuestra Señora de Lourdes" (Old Town).

- 12:30 pm. **Opening of the enclosure and Protocol Act** in the Varadero Square.

- From 1:30 pm to 10:00 pm. - **Live Music:** Dessie Hynes, Conor Sloane, Jordan Kennerally, The Mad Yoke's, Celtic Roots, Gayle O'Donovan & Theo, Mick Garry, Dave Johnny Grogan, The Electric Island Band, Ellen & Steve Lanzarote Band, The Roaring Donkey's.

- 5:30 p.m. **St. Patrick's Parade** from the intersection of Anzuelo Street with Avenida de las Playas until reaching Varadero Square.







St. Patrick's Day is a big event here. That's because the Irish have left their own unmistakeable mark on the Canary Islands, changing their history and becoming Lanzarote's most loyal and faithful market.

LANZAROTE HAS WON THE IRISH TRAVEL AWARDS BEST SUN AND BEST WINTER SUN DESTINATION YEAR AFTER YEAR.

It's surprising how many Canarians have a bit of Irish in them. In times gone by, Irish merchants set up on the islands and many

of them soon went native, marrying locals and forming small dynasties. The elegant main shopping street in La Palma's capital Santa Cruz is called Calle O'Daly, while at least two streets in Arrecife are named after descendants of the Topham family.

One of the Canaries' greatest footballers was Luis Molowny, who played for and later managed Real Madrid during their glory years, while the Canarian anthem *Arrorro* is a local island lullaby orchestrated by the Irish-Canarian composer Teobaldo Power.

More recently, Ireland has developed a special relationship

Open every day from 1pm till late!

the  
**Bodhrán**  
- IRISH BAR -

Live music nightly with Johnny and Guests

On behalf of Johnny & Josie  
wishing all our customers  
and friends a very  
happy St. Patrick's Day

/The Bodhran Bar Lanzarote  
Calle Anzuelo 5, Puerto del Carmen Lanzarote

All Sports  
Shown daily!





Teobaldo Power

## THE ELEGANT MAIN SHOPPING STREET IN LA PALMA'S CAPITAL SANTA CRUZ IS CALLED CALLE O'DALY.



with Lanzarote, the island that has won the Irish Travel Awards Best Sun and Best Winter Sun Destination year after year after year. Almost 300,000 Irish people flew to Lanzarote in 2019 – not many compared to the amount of British who come, but an immense amount when you consider that the population of the republic is less than 5 million. That means that one in sixteen Irish citizens came to Lanzarote last year.

Those figures are rising. Irish tourists have no Brexit worries and don't even have to change their money. You'll see a lot of Euros with harps on them in Lanzarote.

Each resort offers loads of lively Irish bars and there are all sorts of strong links between the sandy island in the sun and the green one in the rain.

And those links are particularly strong in March, starting with the Cheltenham festival – four days of racing that attract a huge Irish following and are shown in all the resorts.

On Saturday 14th, bars will be packed once again as France host Ireland in the final match of this year's Six Nations Rugby Tournament. There's a carnival parade in Costa Teguise on the same evening for those who really want to celebrate.

Then Tuesday, March 17th is the day when locals, residents and tourists of all nationalities come together to wear the green, celebrate the Ireland - Lanzarote connection and lift a glass to San Patricio.

There'll be celebrations all over the island, but the main event is in Lanzarote's biggest resort, Puerto del Carmen, where the Old Town is the cradle of the Irish community here.



Luis Molowny

# Craic n' Ceol

*Come and celebrate St. Patrick's day with Ryan and his staff at the Craic n' Ceol the most authentic and longest running Irish bar on the island.*

*Live Music from 10pm till 1am*  
*Mick Bennett and Jon Gold.*

**Opening times:**  
 Mon. - Fri.: 6pm - 2am  
 Sat. & Sun.: 12pm - 2am

Calle Jameos no7, Old town (next to biosfera shopping center) Pto del Carmen, 35510  
 Craic n' Ceol Puerto del Carmen





# Shamrock

## WEEK



St. Patrick's Day is just the culmination of several days of Irish-related events and activity in Lanzarote's resorts. As usual, the biggest gatherings will be in Puerto del Carmen – the cradle of the island's Irish community – but you're sure to find something special happening wherever you are.

### TUESDAY 10TH TO FRIDAY 13TH MARCH

#### CHELTENHAM FESTIVAL

The Cheltenham Gold Cup, the Champion Hurdle, The Queen Mother Champion Chase and The Stayers' Hurdle are among the races that will bring on the "Cheltenham roar".

### SATURDAY 14TH MARCH

#### 8 PM: GUINNESS SIX NATIONS RUGBY. FRANCE VS IRELAND.

At Stade de France, Paris (and every Irish bar in Puerto del Carmen).

### SUNDAY 15TH

#### 12 NOON: HURLING ON THE BEACH.

Area de juego (playing zone), Playa Grande behind Fariones Hotel, Puerto del Carmen.

### MONDAY 16TH

#### 5 PM: EXHIBITION OF IRISH MUSIC & DANCING.

In the vicinity of the Tourist Information Office on Avenida de las Playas, Puerto del Carmen.

### TUESDAY 17TH, ST. PATRICK'S DAY

#### 11 AM: MASS IN THE PARROQUIA DE NUESTRA SEÑORA DE LOURDES

(Parish Church of Our Lady of Lourdes).

#### 12.30PM: OPENING OF THE CELEBRATION AREA

and Official Speeches in the Varadero Square, Old Town.

#### 1.30PM TO 10.00 PM: LIVE MUSIC

Dessie Hynes, Conor Sloane, Jordan Kennerally, The Mad Yokes, Celtic Roots, Gayle O'Donovan & Theo, Mick Garry, Dave Johnny Grogan, The Electric Island Band, Ellen & Steve Lanzarote Band, The Roaring Donkeys.

#### 5.30PM: ST. PATRICK'S PARADE

From the intersection of Calle Anzuelo with the Avenida de las Playas to the Varadero Square in the Old Town.



**HAPPY Saint PATRICK'S DAY**

**Dicey Reilly's**

**IRISH LIVE MUSIC AND SPORTS BAR**

**LIVE MUSIC 7 DAYS A WEEK**

OPENING HOURS: MON - FRI 4PM TILL 4AM. SAT & SUN 12 NOON TILL 4AM.

**DICEY REILLY'S PUERTO DEL CARMEN**

**NEXT TO THE BIOSFERA SHOPPING CENTRE IN THE OLD TOWN**



Gerry & All in Nelly's Irish Bar wish you all a very happy St. Patrick's Day!

**nelly's irish bar**

**Free Cabbage & Bacon from 5 till 7pm on St. Patrick's Day**

**Live Music every night from 10pm & on St. Patrick's Day All day long**

**Live horse racing every day**

Open every day 12 noon till 4am **Nellys Irish Bar**

# Art & Culture

## Exhibition: Sincretismo

UNTIL 25TH APRIL  
CIC EL ALMACÉN, ARRECIFE



Rigoberto Camacho is a sculptor from Lanzarote, and his latest exhibition has been inspired by local objects and the cultural traditions. With an anthropological focus on the links between the people of Lanzarote and the island's landscape, he has used materials and techniques including plaster, carving and 3D printing to create 'Sincretismo'.

Born in Tegui, Rigoberto did a degree in Fine Arts and then a Masters

in Art & Creation Research at the Complutense University of Madrid. He currently lives in Madrid, but works between there and Lanzarote. He has won awards for his sculptures, and there are a number of them around the island that pay homage to traditions or cultural groups such as 'Los Diabletes'.

It is free entry to the exhibition and El Almacén is open on Mondays to Fridays from 10am to 9pm, and from 10am – 2pm on Saturdays.

## Sonidos Líquidos

22ND MARCH, FROM 1PM  
BODEGAS EL GRIFO

Sonidos Líquidos is a fantastic music festival that takes place over a number of months. The first event is on 22nd March at the El Grifo Wine Bodegas, and 'Técanela' are the featured band.

The next event is on 19th April at the Casa-Museo El Campesino, and 'The Levitants' are the stars of the show. On 17th May, 'Robert Jon and The Wreck' headline the festival, which takes place at the Vega de Yuco Bodegas.



On the 5th and 6th June, Sonidos Líquidos host the Malvasía Volcánica Weekend Music Festival, which will also bring some fantastic groups to the island, but we'll tell you more about that nearer the time.

Tickets start at €18 and are available from [www.sonidosliquidos.com](http://www.sonidosliquidos.com), but they sell out really fast. You can choose to just pay for entry to the concert, or can pay €25 which includes some wine and tapas.



## AMOUR

28TH MARCH AT 8PM & 29TH MARCH AT 12:30PM  
JAMEOS DEL AGUA



Part of the Escena Lanzarote Festival of Performing Arts, AMOUR is a masked performance by the Maria de Jongh Company, done entirely through mime and gestures. It's suitable for children over the age of 7, and as there's no speaking, it is perfect for any nationality.

The 55 minute play starts with the characters as children who are discovering the world around them by learning through imitating their elders, falling out and making up with each other, but not understanding the concept of time. Then 60 years pass and we see how they have changed due to their life experiences. The underlying message of the play is, 'Love can always give us an opportunity' and it has been designed to be an adult's play for children, and a children's play for adults.

In 2017, AMOUR won the Max Award for Best Show for children and family audiences.

To see a short video featuring elements of the performance, visit <https://mariedejongh.com/en/amour/>

**Tickets cost from €14.50 for children (aged 7-12) and from €29 for adults. They are available from [www.cactlanzarote.com](http://www.cactlanzarote.com)**

## Luis Fernando Pérez Piano Recital



21ST MARCH, 8PM  
CUEVA DE LOS VERDES MUSIC FESTIVAL

Spanish Classical Pianist, Luis Fernando Pérez will be performing a piano recital as part of the Cueva de los Verdes Music Festival.

Praised for his virtuosity and colourful playing, Luis Fernando Pérez is considered to be one of the most exceptional artists of his generation. He has collaborated with numerous orchestras including the Spanish National Orchestra, the National Orchestra of Brazil, Kanazawa Ensemble (Japan) and the National Ensemble in Paris.

Luis Fernando regularly tours internationally and is often invited to play in festivals such as this one. He has played in concert halls in New York, Budapest, Warsaw, to name but a few, and has upcoming tours in Japan and China.

The programme that he will play at this concert includes combining romantic and impressionist works by Chopin, Debussy, Mompou, Albéniz and Falla.

An incredible musical talent that will take your breath away; this is a concert not to be missed.

**Tickets cost €22 and are available from [www.cactlanzarote.com](http://www.cactlanzarote.com)**

# What's On...

## MUSIC

### GERIE B CHARITY CONCERT

6th March, 8pm

Izaro Club Hotel, Puerto del Carmen



Concert to celebrate 20 years of Gerie B performing on Lanzarote. Gerie will be joined by a number of wonderful artists, and it's guaranteed to be a fantastic evening. Money raised will go to PerpetuArte, Niños del Tercer Mundo and UNICEF.

### FLAMENCO NIGHT

6th March, 9.30pm

Restaurante Italica, Puerto del Carmen.

### THE GATHERING

14th March, 4.30pm

Mulligans, Old Town, Puerto del Carmen. Entry: €5.

### TENERIFE BAROQUE ORCHESTRA CONCERT

14th March, 8.30pm

El Salinero Theatre, Arrecife. Tickets €10. [www.culturalanzarote.com](http://www.culturalanzarote.com)

### CHUCHO VALDÉS CONCERT

20th March, 8.30pm

El Salinero Theatre, Arrecife. Tickets from €25. [www.culturalanzarote.com](http://www.culturalanzarote.com)

### LUIS FERNANDO PÉREZ PIANO RECITAL

21st March, 8pm

Cueva de los Verdes. Tickets are €22 from [www.cactlanzarote.com](http://www.cactlanzarote.com).

### MARIOLA MEMBRIVES CONCERT

26th March, 8.30pm

El Almacén, Arrecife.

### FLAMENCO JAZZ ALL STARS CONCERT

27th March, 8.30pm

El Salinero Theatre, Arrecife. Tickets from €20. [www.culturalanzarote.com](http://www.culturalanzarote.com)

### THE SKA DUO

29th March, 5pm

Ancla 2, Puerto del Carmen.

## THEATRE AND SHOWS

### BABY BOOM IN PARADISE

6th March, 8.30pm

El Salinero Theatre, Arrecife. Tickets €10 from [www.entrees.es](http://www.entrees.es)

### INMUJERABLES

7th March, 8.30pm



El Salinero Theatre, Arrecife. Tickets €10 from [www.entrees.es](http://www.entrees.es)

### ESTRENO PENDIENTE

13th March, 8.30pm

14th March, 9.40pm

El Salinero Theatre, Arrecife. Tickets €10 from [www.entrees.es](http://www.entrees.es)

### EL SUEÑO DE CÉSAR

21st March, 6pm

Tías Municipal Theatre.

Tickets €6 from [www.culturalanzarote.com](http://www.culturalanzarote.com)



### AMOUR

28th March, 8pm

29th March, 12.30pm

Jameos del Agua.

A masked theatre production that is performed entirely through mime and gestures. Suitable for children over 7 years old.

Tickets from €14.50 for children (aged 7-12) and from €29 for adults. [www.cactlanzarote.com](http://www.cactlanzarote.com)

## EXHIBITIONS

### GUIDED VISIT TO SEE THE EXHIBITIONS 'INSULARIA' AND 'GRABADO EN LINEA'

21st March

Cabilido, Arrecife [www.cabilidodelanzarote.com](http://www.cabilidodelanzarote.com)

### SOMBRERERA

Until 31st March

Homage to the rural and coastal women of Lanzarote.

Casa Amarilla, Calle León y Castillo, Arrecife.

### EXLIBRIS

Until 31st March

An artistic project aiming to steer people away from objects towards experiences.

Museum of International Contemporary Art (MIAC), Castillo de San José, Arrecife.

Open daily from 10am – 8pm.

### MALPAÍS

Until 30th March

MIAC, Castillo de San José, Arrecife.

Open daily from 10am – 8pm.

### SINCRETISMO

Until 25th April

Exhibition by Rigoberto Camacho.

CIC El Almacén, Arrecife. Free entry.

### IT'S A PLEASURE (ES UN PLACER)

Until 26th April

Exhibition by César Manrique.

César Manrique Foundation, Tahiche.

Entry from €1 for residents, €8 for non-residents.



## HERENCIA – BY RAQUEL PLANS

Until 3rd May

Exhibition in 'The Cabin' by Raquel Plans.

MIAC, Castillo de San José, Arrecife.

Open daily from 10am – 8pm.

## OTHERS

### VOLUNTARY BEACH CLEAN

First Saturday of every month

Playa Blanca. For more information, call 620 28 19 00.

### JAMEOS FOOD AND MUSIC NIGHTS

Tuesdays and Saturdays from 7pm

Entry: Dinner and concert from €55. Vegan option also available. Concert only: €11.50. Jameos del Agua.

Reserve your table through [www.cactlanzarote.com](http://www.cactlanzarote.com)

### MUSEUM NIGHTS – NOUVELLE CUISINE

Fridays and Saturdays from 7pm

MIAC, Castillo de San José, Arrecife.

Reserve your table through [www.cactlanzarote.com](http://www.cactlanzarote.com)

### TRADITIONAL CRAFT & FOOD WORKSHOPS

Open daily from 10am-5:45pm.

Casa-Museo del Campesino. €3 per person.



## REGULAR MARKETS AND SALES

### ...MONDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

### ...TUESDAY...

9am - 2pm: Farmers Market

Pueblo Marinero, Costa Teguise

9am - 2pm: Market Puerto Calero

9am - 2pm: Market

Caleta de Sebo, La Graciosa

### ...WEDNESDAY...

9am - 2pm: Market

Marina Rubicón, Playa Blanca

9am - 2pm: Market

Caleta de Sebo, La Graciosa

6pm - 10pm: Handicraft Market

Pueblo Marinero, Costa Teguise

### ...THURSDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

### ...FRIDAY...

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9am - 2pm: Market, Puerto Calero

10am - 2pm: Market, Old Town

Harbour, Puerto del Carmen

5pm - 10pm: Market

Pueblo Marinero, Costa Teguise

### ...SATURDAY...

9am - 2pm: Market

Marina Rubicón, Playa Blanca

9am - 2pm: Market

Plaza Iglesia de San Ginés, Arrecife

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9:30am - 1:30pm: Market

Calle Joaquín Rodríguez, Uga

10am - 2:30pm: Market & Handicraft

Market, Plaza León y Castillo, Haría

7th March 10am - 2pm:

First Saturday of every month

Great Kennel Klub Sale

Calle Las Puntas 6, El Cable, Arrecife

14th March

Second Saturday of every month

9:30am - 12:30pm:

Car Boot sale in aid of SARA Animal

Centre, Tahiche Garden Centre

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or to volunteer.

### ...SUNDAY...

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9am - 2pm: Original PALS Car Boots

Sale. Lanzarote A Caballo. Sellers

arrive 8-8:30am. No booking required.

Price per stall: €10

9am - 2pm: Farmers and Handicraft

Market. Mancha Blanca, Tinajo

9am - 2pm: Market

Caleta de Sebo, La Graciosa

9:30am - 1:30pm: Market

Calle Joaquín Rodríguez, Uga

1st March - 9am - 2pm:

First Sunday of every month

Farmers and Art Market,

Plaza León y Castillo, San Bartolomé

# Gin & Burger

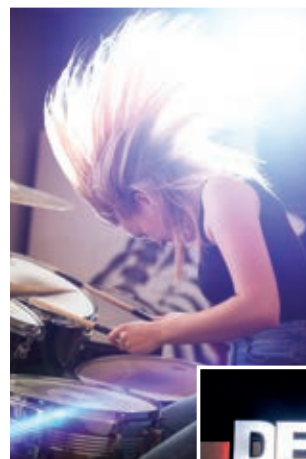
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## Julie's Live Music Guide

Whether this is your first visit to Lanzarote, or you've lived here for years, there's always a new band, singer or live music act to discover! You might even come across a style of music you've never listened to before. This guide is divided by area and day. It's growing all the time, but is just a starting point, rather than a definitive list. Gigs are subject to change, so please double-check the Facebook page of the bar or artist.

To include your event or poster in the next edition (in print and online), please contact Julie Helliwell via Facebook.

## Bars with Resident Bands / Live Music:

**The Big Easy** - Concrete Jungle from 9.30pm (Monday to Friday) The Answers at weekends.  
**Tequila Lounge** - Question from 10pm (The Answers on Tuesdays)  
**American Indian Café** - Perfect Circus from 10pm

**The Dubliner** - Dave & Johnny from 10pm every night  
**Decades Bar, Costa Teguiise** - Band of Gypsies (Wed, Thurs, Sat & Sun) from 9.30pm  
**Maguires Bar, Africa Bar and O'Reillys** all have live music every night from 10pm

## Regular Live Music Around the Island

### Arrecife

**Thursdays at 8.30pm**  
 Flamenco music at Arrecife Vintage  
**Thursdays at 10.30pm**  
 Live music at Mojitos Lounge Bar  
**Sundays at 7.30pm**  
 Cuban and Dance music at Arrecife Marina

### Teguiise

**Sundays from 11am**  
 Flamenco at La Palmera  
**Sundays from 12pm**  
 Cuban Music at El Patio Creperie

### Sundays from 1pm

EMMiEL, Guitar Duo at Cantina Restaurant  
**Sundays at 4pm**  
 Spanish Guitar at Barbazul  
**Sundays at 6pm**  
 Rock Afro Blues at La Palmera

### Other Areas

**Fridays at 8pm**  
 Live music, Don Quijote, Mala  
**Saturdays from 10pm**  
 Int. Music, Mompas Duet, Asadero Macher  
**Sundays at 7.30pm**  
 Eclectic Live Music, El Chupadero, La Geria

All information was correct at time of printing, but is subject to change. Please check the Facebook page of the artist or venue to verify. To stand out from the crowd, please contact the sales department: [advertising@gazettelife.com](mailto:advertising@gazettelife.com)



## Monday

## COSTA TEGUISE

**7.30pm:** *Liam Davies*, The Shamrock  
**8.30pm:** *Martin McCormack*, Club Tahiti  
**9pm:** *Nik Rivers*, The Mill  
*Elvis show then Carlos Lopez*, The Venue (2nd, 16th & 30th)  
**9.30pm:** *Kactus Jam*, Tekkers Bar & Restaurant  
*Rikki Ryan*, The Venue (9th & 23rd)  
*Raggle Taggle Gypsies*, Irish Bailey  
**10.00pm:** *John Alan Pick*, Cactus Jacks

## PUERTO DEL CARMEN

**8pm:** *Mick Garry*, Hangovers  
*Pete Worthy*, Goofy's Burger Bar  
**8.30pm:** *Ricky Lee*, Little Royal Cocktail Bar  
*Andy Reynolds*, Sol y Mar, Los Pocillos  
*The Ska Duo*, BlueSea Lanzarote Palm (2nd & 16th)  
**9pm:** *Nolita James*, The Good Old Days  
*Gerie B*, BlueSea Lanzarote Palm (9th & 23rd)  
*Andy King*, Marco's Tapas Cocktail Bar  
**9.30pm:** *Marcus Rose*, Scotch Corner  
*Gerie B*, Izaro Club (2nd, 16th & 30th)  
*Billy Cusack*, The Irish Rover  
**10pm:** *Collie Farrell*, Mulligans Bar  
*Tommy Heffernan*, Nelly's Bar, Old Town  
*Vanilla Soul*, The Irish Viking  
*Pete Scott*, Slattery's  
*Adrian Bambrough*, Ned Kelly's Bar  
*Billy Cusack*, Peggy's Snug, C.C. Matagorda

## PLAYA BLANCA

**8pm:** *Aaron Brynning*, Iberostar Lanzarote Park  
**8.30pm:** *Don Parker*, Beruga Bar, Marina Rubicón  
**9pm:** *Colleen Meje*, Atlantic Gardens  
**9.30pm:** *Gerry Cassidy*, The Old Mill  
**9.45pm:** *Spice*, The Tavern Bar  
**10pm:** *Caz Davies*, The Flagship Bar, Marina Rubicón

## Tuesday

## COSTA TEGUISE

**5.30pm:** *The Ska Duo*, The Venue  
**7pm:** *Colleen Meje*, Hotel Beatriz  
**7.30pm:** *Ricky Lee*, The Shamrock  
**8pm:** *Acoustic Spanish Guitar*, La Bohemia  
**9pm:** *Ryan M*, Abbey Road  
**9.30pm:** *Man in Black*, The Venue  
*Scott McQ*, Tekkers Bar & Restaurant  
*Liam Davies*, The Highlander  
*Gerie B*, The Shamrock

## PUERTO DEL CARMEN

**8.30pm:** *Adrian Bambrough*, Little Royal Cocktail Bar  
**9pm:** *Dave Bandana*, Rocas Blancas  
*Chris Green*, The Good Old Days  
**9.30pm:** *Billy Cusack*, PJ's Bar, Old Town  
*Marcus Rose*, Scotch Corner, Old Town  
**10pm:** *Tommy Heffernan*, O'Briens  
*Siobhan*, The Irish Viking  
*Seanie*, Peggy's Snug, C.C. Matagorda  
**10.30pm:** *Comedy Drag & Cabaret Show*, Betty Boops  
**Midnight:** *Collie Farrell*, Electric Island Bar

## PLAYA BLANCA

**8.30pm:** *Collie Farrell and Zsolt Kovacs*, Blue Note  
**9.30pm:** *Martin McCormack*, Old Mill  
*The Millsy Brothers*, Timanfaya Palace Hotel  
*Ellen and Steve*, The Irish Anvil Bar  
*Andy King*, Las Brisas  
**10pm:** *Don Parker*, The Flagship Bar, Marina Rubicón

## Wednesday

## COSTA TEGUISE

**7.15pm:** *Gary Mac*, The Shamrock  
**9pm:** *Steve Amis*, The Mill  
**9.30pm:** *Band of Gypsies*, Decades  
*John Alan Pick*, Galeon Playa (5th & 19th)  
*Paul Goodman*, Tekkers Bar & Restaurant  
*Jill T*, The Shamrock  
*Starman Show*, The Venue  
*Spice*, Abbey Road  
**10pm:** *Raggle Taggle Gypsies*, Irelands Eye  
*Gerie B*, The Crown

## PUERTO DEL CARMEN

**2pm:** *Mick Garry*, Highlander Too, Old Town  
**3pm:** *Connor James*, Billy's Pool Bar  
**4pm:** *Fiddlestix and jam session*, Bar Rock-Ola, C.C. Matagorda  
**8pm:** *Pete Worthy*, Goofy's Burger Bar  
**8.30pm:** *Colleen Meje*, Lava Beach Hotel  
*Andy Reynolds*, The White Lion  
*Graham Jacques*, Mario's Restaurant, Old Town  
**9pm:** *Dave Bandana*, Rocas Blancas  
*Scott McQ*, BlueSea Lanzarote Palm  
*Ross O'Sullivan*, Finnegans Wake  
**9.30pm:** *Billy Cusack*, The Irish Rover  
*Sax & Songs with Anthony*, Maguires  
*The Roaring Donkeys*, Dickey Reilly's  
*Marcus Rose*, Scotch Corner, Old Town  
**10pm:** *Collie Farrell*, Mulligans Bar, Old Town  
*Pete Scott*, Slattery's



**CONTACT US VIA FACEBOOK**

*Seanie*, Ned Kelly's Bar  
*Vanilla Soul*, The Irish Viking  
*Ryan M*, Spinnakers

## PLAYA BLANCA

**10pm:** *Martin McCormack*, The Flagship Bar, Marina Rubicón

## Thursday

## COSTA TEGUISE

**9.30pm:** *Sax & Songs with Anthony*, The Venue  
*John Alan Pick*, Tekkers Bar & Restaurant  
*Band of Gypsies*, Decades Bar  
*Kactus Jam plus jam session*, The Highlander

## PUERTO DEL CARMEN

**5.30pm:** *The Ska Duo*, Bar Rock-Ola  
**9pm:** *Mick Garry*, The Good Old Days  
*Mark Fenton*, Paddy's Point  
**9.30pm:** *Ellen & Steve*, Dickey Reilly's, Old Town  
*Ross O'Sullivan*, Scotch Corner, Old Town  
*Billy Cusack*, PJ's Bar, Old Town  
**10pm:** *Collie Farrell*, The Irish Viking  
*Vanilla Soul*, Mulligans Bar, Old Town  
**10.30pm:** *Comedy Drag & Cabaret Show*, Betty Boops

## PLAYA BLANCA

**4pm:** *Sarah Müller*, Café Terraza  
**9.30pm:** *Gerry Cassidy*, Barney's  
*The Millsy Brothers*, H10 White Suites Hotel  
**10pm:** *Don Parker & Seanie Boy*, Irish Anvil  
*Ricky Lee*, The Flagship Bar, Marina Rubicón

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## Friday

### COSTA TEGUISE

**3pm:** *Smokin Barrels*, Abbey Road  
**5pm:** Jam session hosted by *Kactus Jam*, Tekkers Bar & Restaurant  
*The Ska Duo*, The Venue  
**7.15pm:** *Gary Mac*, The Shamrock  
**8.30pm:** *Martin McCormack*, Club Tahiti  
**9.30pm:** *Rikki Ryan*, The Venue  
**10pm:** *The Millsy Brothers*, Four Seasons Bar  
*John Alan Pick*, The Crown (13th & 27th)

### PUERTO DEL CARMEN

**8pm:** *Hair of the Dog*, Bar Rock-Ola  
*Pete Worthly*, Mister Tavin's Family Restaurant  
**8.30pm:** *Andy Reynolds*, Sol y Mar, Los Pocillos  
**9pm:** *Dave Bandana*, Rocas Blancas  
*Nolita James*, The Good Old Days  
*Mick Garry*, Marco's Tapas Cocktail Bar  
*Scott McQ*, Costa Sal  
*Connor James*, The White Lion  
**9.30pm:** *Marcus Rose*, Scotch Corner  
*Billy Cusack*, Peggy's Snug, Matagorda  
*Ellen and Steve*, Dicey Reilly's, Old Town  
*Gerry Cassidy*, Las Calas  
*John Alan Pick*, Izaro Club (6th & 20th)  
*Colleen Meje*, La Isla y El Mar Hotel (6th & 20th)  
*Spice*, Paddy's Point  
*Siobhan*, The Irish Viking  
**10pm:** *Seanie*, Ned Kelly's Bar  
*Mark Fenton*, Spinnakers Bar

### PLAYA BLANCA

**9pm:** *Don Parker*, Paulos Bar, Las Coloradas  
*Sarah Müller*, Marea Terraza Lounge Bar  
**10pm:** *Ricky Lee*, Irish Anvil  
*Adrian Bambrough*, The Flagship Bar

## Saturday

### COSTA TEGUISE

**7.30pm:** *Billy Cusack*, The Shamrock  
**8pm:** *Trio Caribe*, Mi Piacere  
**9pm:** *Mike Cuddy*, The Mill  
*The Ska Duo*, Hollywood Cafe  
**9.30pm:** *Jill T*, The Shamrock  
*Band of Gypsies*, Decades Bar  
*Scott McQ*, Tekkers Bar & Restaurant  
*Soul Motown*, The Venue  
**10pm:** *Billy Cusack*, Hennessy's

### PUERTO DEL CARMEN

**1pm:** *Mick Garry*, Highlander Too  
**8pm:** *Pete Worthly*, Goofy's Burger Bar  
**8.30pm:** *Mick Garry*, Little Royal Cocktail Bar  
*Graham Jacques*, Mario's Restaurant  
*Saxophone Jazz & Blues*, Restaurante Italica  
*Aaron Bruynning*, Lava Beach Hotel  
**9pm:** *Ross O'Sullivan*, Finnegans Wake  
*John Alan Pick*, Aqua Suites (7th & 21st)  
*John Alan Pick*, Costa Sal (14th & 28th)  
*Genie B*, The Good Old Days  
*Mark Fenton*, Rocas Blancas  
*Dave Bandana*, Marco's Tapas Cocktail Bar, Los Pocillos  
**9.30pm:** *The Roaring Donkeys*, Dicey Reilly's  
*Marcus Rose*, Scotch Corner, Old Town  
*Andy Reynolds*, Las Calas  
**10pm:** *Pete Scott*, Slattery's  
*Spice*, The Auld Triangle  
**10.30pm:** *Comedy Drag & Cabaret Show*, Betty Boops

### PLAYA BLANCA

**9pm:** *Sarah Müller*, Marea Terraza Lounge Bar  
**9.30pm:** *Ricky Lee*, Barney's  
**9.45pm:** *Ellen and Steve*, The Irish Anvil Bar  
**10pm:** *Martin McCormack*, The Flagship Bar

## Sunday

### COSTA TEGUISE

**7.30pm:** *Ricky Lee*, The Shamrock  
**8.30pm:** *Ryan M*, Club Tahiti  
**8.45pm:** *Marc Piano*, Los Zocos  
**9pm:** *Colleen Meje*, Meliá Salinas  
**9.30pm:** *Band of Gypsies*, Decades Bar  
*Edvard Bisof*, Tekkers Bar & Restaurant  
*Spice*, Abbey Road  
*Starman Show*, The Venue  
*John Alan Pick*, El Trebol (1st, 15th & 29th)  
**10pm:** *Tommy Heffenan*, Irelands Eye

### PUERTO DEL CARMEN

**1pm:** *Sax on the Roof with Anthony Cummins*, Biosfera Shopping Centre  
**4pm:** Jazz session with *Intrinsic*, Sassi's Bar & Bistro, Old Town  
*Mick Garry*, Heineken Bar, Old Town  
**8pm:** *The Ska Duo*, Bar Rock-Ola  
*Pete Worthly*, Mister Tavin's Family Restaurant  
**8.30pm:** *Aaron Bruynning*, Hotel Jameos Playa  
*Graham Jacques*, La Avenida Restaurant  
*Seanie*, Finnegan's Wake  
**9pm:** *Dave Bandana*, Rocas Blancas  
*Pete Worthly*, Little Royal Cocktail Lounge  
*Andy Reynolds*, Marco's Tapas Cocktail Bar  
**9.30pm:** *Jill T*, Las Calas  
*Billy Cusack*, PJ's Bar, Old Town  
*Ross O'Sullivan*, Scotch Corner, Old Town  
*Ellen and Steve*, Dicey Reilly's, Old Town  
**10pm:** *Siobhan*, Mulligans  
*Ryan M*, De Barras  
*Collie Farrell*, The Irish Viking

### PLAYA BLANCA

**8pm:** *Gerry Cassidy*, The Harp  
**9pm:** *Sarah Müller*, Marea Terraza Lounge Bar  
**9.30pm:** *Martin McCormack*, Old Mill  
*Andy King*, The Irish Anvil  
**10pm:** *Craig Andrews*, The Flagship Bar



# Spotlight On...

## CONNOR JAMES



Connor James is an incredibly talented singer, guitarist and songwriter. Julie Helliwell chatted with him about his musical background and what the future holds.

### How long have you lived on Lanzarote?

I've lived here for 17 years. I was born in Kent but we moved here when I was three because my parents were getting into property management and decided to do it here.

### How did you get into music?

I got my first guitar when I was eight. It was a really bad one and didn't stay in tune, but I taught myself to play Wonderwall, as everyone does! When I was ten, I saw Ed Sheeran and I wanted to do what he did. My Dad bought me a €50 guitar and I played that for about three years. It just shows that you don't have to

spend lots of money to get started.

I started writing songs at a really early age too. I think it's a really expressive art. You can get your emotions out, and I think words are the purest way of doing that. I write in English and Spanish. I find that rhyming makes more sense in English, but the words sound more romantic in Spanish.

### Are you working on anything now?

I'm writing and producing my own stuff in my studio and I'm almost ready to release an EP of 5 songs called 'The Island'. I'm a bit of a perfectionist though, and I keep tweaking the songs. It's sometimes a

case of "you stare at your art until you hate it". I just need to master them and get the balance right, but I'm holding myself back as it's a bit daunting to share personal lyrics. I have played some of my own songs at gigs though, and the crowds have enjoyed them.

### How many songs can you sing?

I've got about 450 songs on my tablet. I love improvising, and when people ask me to play something new, if I know the song, I'll look up the chords and have a go. I use a guitar and loop pedal. I can produce a bass drum and snare sound on the guitar, loop them and play and sing over the top. I don't have a fixed set list – it depends on what I think the audience will like, or what I enjoy playing. No-one can guess what I'll do next and I really like that.

### When and where was your first gig?

My first gig was in a bar called La Avenida in Puerto del Carmen three years ago. I was very nervous and it was quite formal as it was in a restaurant. I prefer bar gigs because I'm loud and have high energy.

In the beginning I had anxiety and my family have really pushed and supported me. My brother said, "If you don't do it now, you'll always regret it",

and I'm really glad I continued, as music is my passion. I missed opportunities due to anxiety in the past, and a simple message I'd give to anyone starting out would be, "Push yourself and go for it". I'm proud of myself as I never thought I'd get over it, but you have to adapt. It might take a while, but you do.

### What's been the best musical experience you've ever had?

For my 18th birthday, my mum took me on holiday. One night, we stayed in the Hard Rock Hotel. My mum secretly spoke with the entertainment manager to ask if I could play. They called me down, gave me a guitar and told me to get on with it! They didn't even introduce me!

I can remember exactly what songs I played and the biggest compliment afterwards was when the bar staff said that they thought I was the new entertainer!

### What does the future hold?

I'm going to release my music. I don't want to be rich; I just want to make a living. By March, I will definitely have a track out, and I will continue writing songs. I plan to stay here for the foreseeable future, but I might use it as a base and travel around Spain, playing in bars and meeting people.

*To see where Connor James is performing, check out the Live Music Guide, like him on Facebook or follow him on Instagram: @official\_animo.*



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# Tourist Guide

## Timanfaya: The Fire Mountains

In his novel “Lanzarote” the French writer Michel Houellebecq described Timanfaya as “what the end of the world looks like”. He was wrong, though. This is the closest you’ll get to seeing the birth of our planet.

Lanzarote’s most famous tourist excursion has lost none of its awesome impact. Located on an “island” in a violent, twisted volcanic landscape that is less than 300 years old, you’ll see rangers creating powerful whooshing geysers and burning branches in the fierce heat of the lava that lies underfoot. You can buy a steak cooked on the heat of the earth’s crust, and you can take an unforgettable coach trip through valleys, peaks and craters that seem to belong to another planet.

Tips: In high season, try and arrive before 10am or after 3pm to avoid queues. We reckon it’s best to sit on the right during the coach trip, but it’s a very close call.

[www.cactlanzarote.com](http://www.cactlanzarote.com)

## Centres of Art, Culture and Tourism

### Mirador del Río

Manrique’s spectacular viewpoint set into the Famara cliffs looks out over La Graciosa and the rest of the islands of the Chinijo Archipelago.

### Cueva de los Verdes

The oldest of Lanzarote’s tourist centres is a marvelously lit tour through a volcanic cave system. The optical illusion towards the end is genuinely stunning.

### Jameos del Agua

Manrique’s space age party venue is located in a lava bubble, where a legendary lake filled with unique blind crabs is flanked by restaurants, cafés, a volcano museum and a natural concert auditorium.

### MIAC: Castillo de San José

This 250-year old fortress overlooks Arrecife’s commercial port and is home to an art gallery featuring works by Picasso, Tàpies, Miró and other modern artists. With a famous restaurant and attractive gardens, it’s a glimpse of the island’s past and future.

### Cactus Garden

Manrique’s favourite of his creations, this charming garden features over 1,400 different types of cactus and is set in a disused quarry in the heart of Lanzarote’s cochineal country. A traditional windmill overlooks the scene.

### La Casa Amarilla

The “yellow house”, located at the foot of Arrecife’s main shopping street, is the old seat of the island’s government, and is now an art gallery and information centre.

### Timanfaya: The Fire Mountains

Lanzarote’s most popular outing offers pure, breathtaking spectacle at one of the newest landscapes in the world. Take an unforgettable coach trip through the volcanoes and see the power and heat of the earth’s inner crust.

### Casa-Museo del Campesino

This complex of buildings in the very centre of Lanzarote is overlooked by Manrique’s 15m high monument to the Farm Worker. Visitors can buy unique souvenirs, see exhibitions and take part in traditional activities.



## Other outings

### César Manrique Foundation, Tahiche

Built in a lava bubble, Manrique's first island home is utterly fascinating. Solid lava flows into a lounge, trees grow out of underground caves, magnificent gardens flourish at every turn and the whole creation is inspirational.

### Casa-Museo César Manrique, Haría

Manrique's second home in Haría has been recreated as if the artist had never left us, and gives us a glimpse of the man behind the legend. See his living room, his wardrobe, his record collection and visit the studio where he created many of his works.

### LagOmar, Nazaret

Built by Manrique's associate, Jesús Soto, LagOmar is an amazing gallery, museum and restaurant set in a mountainside. Once the property of Omar Sharif, it's a magical, unforgettable place.

### Museo del Timple, Tegui

The timple museum is devoted to the small guitar that is the sound of Canarian folk music, but you'll also be amazed by the Palacio Spinola, the island's grandest colonial home.

### Mancha Blanca Volcano Visitors Centre

Often overlooked by visitors, this terrific little museum will teach you all you need to know about Lanzarote's dramatic volcano country.

### Pirate Museum, Tegui

Located in a hilltop castle where locals used to hide from raiding pirates, this museum revisits the island's lawless and often tragic past.

### Aeronautical Museum, Lanzarote Airport

Set in the island's first terminal building, this great little museum gives you a glimpse of bygone days when one plane a week landed here.

### Museo Agrícola El Patio

Step back in time at this charming and fascinating farm museum on one of Lanzarote's largest estates. Clucking chickens, windmills, living history and a gorgeous location.

### Casa José Saramago, Tías

Visit the "house built with books" where 1998 Nobel Prize winner José Saramaago spent the last 17 years his life and wrote famous works such as *Blindness* and *Death With Interruptions*.

## Fun

### Rancho Texas

Lanzarote's theme park just outside Puerto del Carmen is full of animals, kids activities and fun.

### Aquapark

The island's biggest waterpark in Costa Tegui is open during the summer months.

### Aqualava

A smaller, cosier waterpark in Playa Blanca with real sea water warmed by the earth's crust.

### Submarine Safaris

A perennial favourite outing under the waves from Puerto Calero.

## Close up on: Casa-Museo César Manrique

If you're interested in Lanzarote's most influential artist, César Manrique, then this is an outing you'll love – a fascinating glimpse of the man behind the artist.

Manrique spent his final years in this large sprawling property before he died in 1993, but here it's as if he's just popped out for a minute. There are magazines on the table, you can see his shirts in the wardrobe or the records he brought to the island from New York.

Outside, you can visit his studio and get a first-hand idea of his energy and inspired artistic chaos. Take your time wandering around the house and its surroundings, and at the end you'll almost certainly know and like César Manrique better.

Casa Museo César Manrique



## Beaches

*Each of the resorts offers fantastic, clean beaches with lifesavers and nearby facilities, but there are also a number of unmissable beaches elsewhere. Here are a few:*

### El Reducto

Arrecife's broad crescent sweep of golden sand is the island's largest city beach.

### La Garita

Little known by tourists, Arrieta's family beach is simply great fun for all the family, young and old.

Fanara Beach



### Papagayo

A must-visit, Papagayo is a series of utterly gorgeous beaches at the island's southernmost tip. Crystal clear waters, golden sand and wonderful views await, but go prepared – there are few facilities here.

### Famara

Regularly voted tourists' favourite place, Famara is a surfers' paradise and a magnificent beach set against cliffs and distant isles. Bathing is not recommended but you must experience this place's spiritual beauty.

### Caletón Blanco

Pure white sand and a warm, shallow lagoon are the main attractions of this wonderful beach just south of Órzola.

### Janubio

Another place where swimming is a very bad idea, but the stark black strand separating the sea from the saltworks is astonishingly beautiful.

## Set sail

### La Graciosa

Take the ferry from Órzola to a charming island where time stands still; where the streets are paved with sand and where you can find peace on gorgeous beaches.

### Marina Rubicon

Playa Blanca's swish leisure marina is a great place to stroll, see and be seen, but also a popular and buzzing sports marina.

### Puerto Calero

Lanzarote's first marina is small but perfectly-formed, a relaxing, luxurious place to stroll, shop, dine and mess around on the water.

## Events

*There's always something happening on Lanzarote, but here are some of the big dates that attract tourists...*

### Carnival

The islands carnival parades in February and March are spread over four or five weekends and are explosions of colour, noise and rhythm.

### Ironman

Late May brings the island's biggest sporting event, a world-class triathlon based in Puerto del Carmen.

### Romeria de los Dolores

The weekend closest to September 15th sees the island converge on Mancha Blanca in traditional dress to celebrate the island's only official miracle.

### Navidades

Christmas on Lanzarote is low-key and charming, a relaxed, rural celebration that stretches over two weeks.

### Fiestas

Every town on Lanzarote has a fiesta in honour of its patron. Usually occurring in summer, they feature plenty of activities, concerts and processions.

### Sport

Almost every weekend sees a special sporting event on Lanzarote, from trail running to marathons, triathlons to football.

*Check our sports diary for more info.*

# Lanzarote

## Wines:

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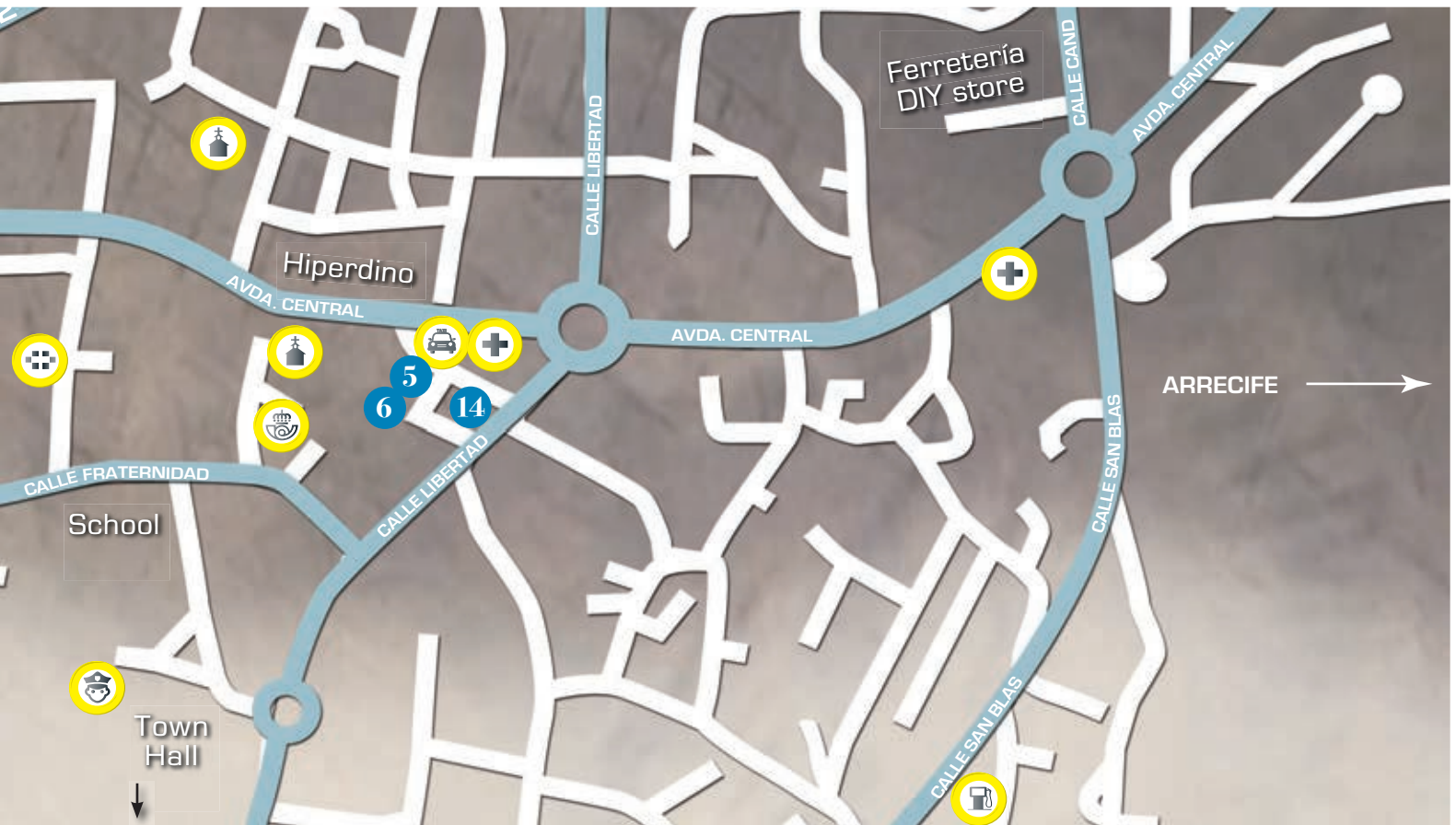






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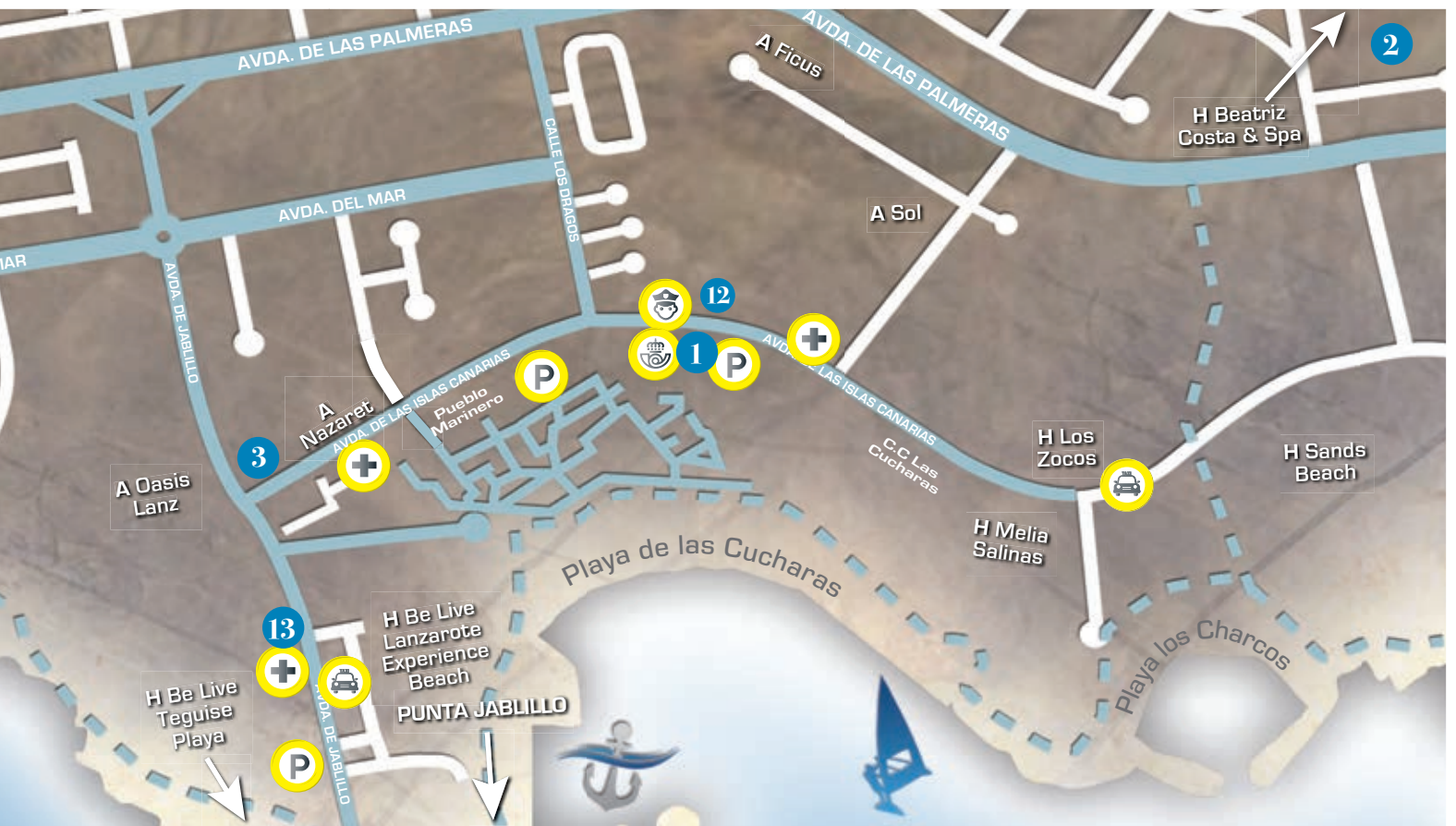
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# PROPERTY SHORTS



## NOW'S THE TIME?

The pound rose to a three-year high against the Euro immediately following Boris Johnson's victory in the UK General election.

Every Briton under the age of 65 now knows what it's like to be an adult citizen of a non-EU country.

And at the moment, it doesn't feel very different, as the transition period lasts until the end of this

year. During that time little will change.

However, lots will change afterwards, and many British people who've always dreamed of moving to Spain are taking advantage of the fact that they can still move and register abroad and have their rights respected as long as they do so before the end of the year.

It'll be possible to buy property afterwards, of course – plenty of third country nationals do so – but your situation in regard to immigration law, tax and healthcare remains uncertain unless you get here before December.

## CANARIES STILL LEAD PRICE RISES

The Fotocasa estate agency has reported that the Canaries still leads Spain in terms of price increases on resold properties, with a rise of 1% in January.

Spain as whole saw a fall of 0.3% in the first month of 2020, with the Balearics leading the decrease with a -1.5% growth.

However, how long this will last is another matter. Sales in the Canaries have fallen in recent months, as they have done in most popular tourist areas, and prices are a strong factor in this. While sales are increasing in traditionally sluggish rural areas of Spain such as Extremadura, several external factors appear to indicate that the Spanish recovery seems to have slowed down.



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## TOURIST CIRCLE



Doris Borrego

A new business association named the Canarian Tourist Circle has been set up to represent the interests of smaller rental owners, in contrast to the larger hotel federations.

The Circle is headed by Doris Borrego, who is also the President of ASCAV, the long-standing Association of Canarian Holiday Rental

Owners, but also represents estate agents, construction firms and tourist businesses.

The Circle has presented more than 100 proposals, including measures to make it easier for owners of single properties to rent them out to tourists. They also hope to disincentivise or regulate all-inclusive establishments, which they claim “kidnap” tourists and discourage them from spending locally.

## RENT CAP REPORT

The Bank of Spain has come down against rent controls in large cities after analysing the effect of such measures in Berlin, Paris and other European cities.

Rent controls in the overheated urban areas of Madrid and Barcelona are very much on the agenda, as they are one of the main demands of the Socialists’ coalition partners, Podemos, whose young voter base has been affected by the 30% rise in rents in half of Spain’s large cities.

However, free market advocates have strongly resisted the idea. The Bank of Spain’s report claimed that, although it may bring benefits in the short term, rent caps ultimately lead to neglect of rental properties and the rise of “ghettos” of low-quality housing.



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# SCAM BUSTING!



Every now and then we hear reports of property buyers being cheated out of deposits or rental customers losing money or discovering accommodation doesn't exist. Spain's Office of Online Security has released a guide to help customers spot and avoid scammers in the property sector. Their tips are as follows:

## TOO-GOOD-TO-BE-TRUE OFFERS

A few years ago several British holiday makers fell for seemingly brilliant rental offers in luxury properties. They transferred deposits to the agent but turned up to discover the place didn't exist.

Remember that if an offer looks too good to be true, then it usually is. At the very least, be extra cautious when dealing with such an offer and don't part with any money or information if you're not 100% sure it is safe.

## CHECK PHOTOS

Look for watermarks from other websites on photographs of properties on offer. Even better, learn to use the Image Search function on Google to see if the same photos are being used elsewhere. This trick has also been known to work with photos of "estate agents" which are stolen photos of innocent students.

## OFF-ISLAND SUSPICIONS

Does the landlord/owner live off the island, using this as an excuse not to show you the property in person? Watch out.

Do back up checks on any agent or company you're dealing with. Ask them for references if need be. You need to know you're dealing with a real person and an existing company, and this should not be difficult for trustworthy dealers to establish.

## TOO GENERIC

Scammers often use mobile phones or fixed lines in foreign countries. Treat both with a modicum of suspicion. Similarly, a generic email address ending in gmail.com is not the most trustworthy of contacts. They may be legit, but just take a little more time to be sure.

## DODGY MIDDLE MEN

Are you being asked to pick up keys/ deliver contracts etc to an intermediary? Then think twice. Scammers are understandably unwilling to be spotted.

## NO HURRY

Always be suspicious of unreasonable hurry. Scammers are keen to do their dirty work as quickly as possible, and know that the more time and care you take, the less likely you are to be fooled.

## DODGY MESSAGES

Phishing is when scammers try to get your bank details, after which they'll clean you out. NEVER supply bank details online to someone you're not entirely sure of. Look out for messages with spelling mistakes and poor grammar – in short, not of the standard you'd expect from a professional.

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# BREXIT BOOST?

Newspapers reported a rapid increase in property sales enquiries following the UK's exit from the EU on 31st January, but what effects is Brexit really likely to have over the next couple of years?



An increase in house sales following Brexit was not really surprising. While there's plenty left to do, Boris Johnson at least got the leaving bit done. Like Caesar crossing the Rubicón, the die is now cast and we're beyond the point of no return. What that means is that a good deal of the uncertainty that has existed for three and half years is now over.

But by no means all of it is. There is still a lot to negotiate before the end of the year, and that's why, although the increase in house sales has been

welcomed by estate agents, it's still nowhere near pre-Brexit levels.

The main reason uncertainty has diminished is because the UK is leaving with a withdrawal agreement in place. British people find themselves in a transition period that lasts until the end of the year, and during that time they will enjoy all the rights of EU membership. That means that, for the average person, very little will change for ten months.

However, once the transition period is over, things will change and right now we have very little idea of how, exactly.

Millions of Britons still dream of moving or retiring to Spain, and while that is likely to remain possible

in the future, it is generally agreed that it will be more difficult for those who don't make the leap before the end of this year.

Anyone planning to take the plunge is advised to get professional advice, as there are already conflicting reports about paperwork. Appointments for residency papers have been full for several months, and in Tenerife they are being cancelled altogether in anticipation of the new non-EU ID card that Britons will require.

**“THE BOOST CAME NOT BECAUSE OF BREXIT, BUT DESPITE IT.”**

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10

# PROPERTY BUYERS GUIDE

This article is a general guide to buying real estate in The Canary Islands. It has been compiled from the knowledge and experience of a number of professionals involved in the selling, buying and conveyancing of property in Spain, but it should not be taken as a substitute for proper legal advice.

## LOCATION

Is your property intended for holiday use, longer term visits, or do you intend to live here all year round? Your choice of location should take your needs into account, such as schools, medical services and recreational outlets.

## RESEARCH

You need to know a great deal more about your property than you would if you were just spending a couple of weeks there. If there is a community association, ask your neighbours if it is well run. Ask about the community fees - don't forget that if you are in a Community you are legally obliged to pay these.

## BUYING THE PROPERTY

First, make sure that the person selling you the property is entitled to do so. Your agent will be able to supply you with a list of suitable lawyers to act on your behalf, or the British Consulate in Las Palmas can provide a suitable list on request. Your lawyer needs to check out your intended property thoroughly.

A check of legal title will be made through a search in the local Land Registry Office, which will also indicate if there are any mortgages or charges against the property. If you are buying a plot of land, the lawyer will also check if you can obtain permission to build on the land, and what size and type of property you can build. Once you have been assured by your lawyer that all is in order, you will need to sign a Contract of Purchase raised by a lawyer, and pay a deposit which is usually 10% of the intended purchase price; this deposit is normally held by the lawyer who has been appointed to arrange the signing of the Title Deed.

The contract will state the terms and conditions of the sale and will state a specific time for completion. If you decide, up to this completion time, that you cannot proceed with the purchase, you will forfeit the deposit paid, but if the seller changes his mind, he must return the deposit to you in full, plus a compensation payment for damages.

The next step is to complete the transaction by making the outstanding balance of payment and signing the title deed, which is known in Spain as the Escritura. This must be done in the Notary's Office. The Notary's task is to ensure that all of the legal documentation is correct. He will also carry out a search in the Land Registry Office on the day of signing to check the current status of the property or land (and will require the last annual rates receipt from the council in which the property

is situated), that this is up to date as well. It is essential to ensure that your lawyer has current receipts for all other payments such as water, electric and community charges, as debts such as these in Spain are levied against the property and not the owner. Notaries now also demand an Energy Performance Certificate. When in the Notary's Office, you will be asked to produce your passport as evidence of identification. You will also be advised to obtain a NIF number, which your lawyer can arrange for you.

## MONEY MATTERS

If you are not resident in Spain and are buying property or land it is advisable to bring money from abroad to complete the purchase. It is simple to open a non-resident account in a local bank, and your estate agent will normally help you with this. You can then transfer your funds from your own bank in the UK to this new account. On the signing of the new Title Deed your cheques for payment will be shown to the Notary and included as part of the documentation of the deed.

They must be inscribed with details of the property of land to be purchased, or have an investment certificate from the issuing bank attached. The Notary will also require you to sign a Spanish ministry form, declaring that the investment has been made. It is also possible when purchasing from a non-Spanish resident to pay the completion funds abroad in any currency. In this case, the deed will state an equivalent amount in Euros, as this gives the value in which the transmission tax (stamp duty) is calculated. You will have to produce more than one cheque as you will be liable for capital gains tax. In this situation, a sum of 3% calculated against the value declared in the title deed will need to be retained and paid to the Spanish Tax Authorities.

Estate Agent's fees are normally paid by the vendor and the details of the specific percentage to be paid will normally be noted in the Purchase Contract.

Some unscrupulous illegal agents have been known to charge the purchaser as well as the vendor for their fees, so ensure this is not the case. You may well also find that the price of your title deed is not exactly the same as the cost of the purchase, as some sellers prefer to treat the furnishings and fittings, if they are included, as a separate item.

## REGISTERING THE PURCHASE

To complete the transaction you must register the deeds at the Registro de la Propiedad (Property Registry). When the deeds are taken to the Registro, the purchase tax of 6.5% of the value of the property must be paid.

Later the Registro will request a second payment to cover their charges. In addition, a tax to the Local Authority, based on the increase of values of land in

## THE COMMUNITY OF OWNERS

The Community of Owners is a Spanish institution affecting any property owners who enjoy shared facilities and services, such as lifts, swimming pools, gardens and communal garages.

Information about your Association must be freely available to you, as should the accounts which have to be published to the members every year. You should check before you buy that your Community Association is functioning well, how much the monthly payment is, and whether the payments for your intended property are up to date.

their area since the property last changed hands (known as 'Plus Valia') is payable.

This is often negotiated between the vendor and purchaser. Your Lawyer can get an estimate in advance of the purchase, so that you have the funds ready. At the same time, a form should be entered to the local authority, advising them of the change of ownership. You should remind whoever is doing your paperwork about this, as it is often forgotten.

Residents must also be tax registered in order to sell property and avoid retentions, even if they pay no tax.

## OTHER COSTS

Other costs include the Transmission Tax, the Notary's bill, the fees from the Registro and your lawyer's fee, which will probably come to about 10% of the purchase price.

Your Lawyer will ask for these funds to be placed with them before the work is done as clients have often disappeared leaving these bills unpaid.

Non-residents will be liable for property tax, while residents will pay the IBI assessed by the local council.

## OUTSTANDING BILLS

When you buy a property you become liable for any outstanding bills for water, electricity, local rates and community fees. Both the Electricity Board (UNELCO) and the Water Company (CANAL GESTION) have forms which you and the seller must sign, to transfer the bills into your name. When you go to do this check that all payments are up to date.

Local rates are payable at the Town Hall. You or your representative will need to visit the 'Oficina de Recaudacion' at the Town Hall to complete the form changing the rates into your name, and again, checking that all payments are up to date. As bills are not sent out for the rates, property owners often forget to pay them, and they can soon mount up.



## COME AND MEET THE Sun and Shade Experts!



The Sol y Sombra team with Rob & Angelike (Centre)

Sol y Sombra Blinds, in Tías would like to welcome Rob and Angelika Stone to their team. The Canadian couple recently arrived on the island and are really looking forward to getting to know Sol y Sombra's customers and assisting clients in finding exactly the right Sun, Shade or Wind products that they need for life here in Lanzarote.

Among these products are Sol Y Sombra's new generation of awnings and pergolas, a perfect combination of high quality manufacturing with an integrated, minimalist design.

The new UBARI structure is the perfect solution for sun protection in busy, open spaces. This structure boasts an inclination which not only makes it ideal for the Lanzarote look, but



UBARI structure

also optimises maximum hours of shade.

The UBARI structure can be combined in unique ways, making it possible to cover large areas. This pergola is highly

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resistant to Lanzarote's elements, and delivers great strength and longevity.

Other modern pergolas include the FULVIA and BIOCLIMATIC systems, which are great for creating outdoor sun and shade areas around homes and businesses.

The FULVIA is designed to cover large areas, giving extensive shade. It is also rain-proof and diverts rain water via a channel inside the support structure. This maintains a shaded and dry external area.

The BIOCLIMATIC is a structure that allows the user to adjust louvre slats providing exactly the right amount of shade needed while in full sun at any time during the day. It's not only very stylish, but incredibly practical at the same time.



At Sol y Sombra we can offer the most diverse range of solutions for your home, business, hotel or shop. Our team's experience, combined with highly professional installation, will provide a perfectly-tailored solution to fit your individual needs.

### COME AND MEET US!

Please join us for our Open Day on March 23rd between 10am to 8pm, where you can have a cup of coffee or tapas.

Big thanks to **Mi Mascota Pet Shop** for special collaboration!



Sol y Sombra is at C/Isote de Hilario No 8 (look for the awning opposite Hiperdino) and is open from Monday - Friday, 8am to 2pm, as well as Monday afternoons.

Find out more:

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# Lived-in Looks



**“Lived-in  
isn’t a bad  
thing –  
it’s much  
better  
than the  
opposite,  
for a start.”**

Have you ever wondered why those photos of perfect interiors in magazines or on the internet often seem so cold and uninviting? It’s simple – as most of them have been knocked up by stylists, none of them have the most important element of a home – human beings.

It’s strange how interior designers don’t seem to be interested in people. Fashion designers couldn’t show off their clothes without models, and a room without people is as interesting as a dress on a hanger.

Models are occasionally used, but they’re never doing anything natural or interesting. They’re always anodyne and inoffensive, well-scrubbed, pretty people who are never scratching themselves, yawning or just slobbering out in a bra and pants like normal people.

They even get rid of photos of people, when these are mementoes that almost all of us have. As for pets, you may see one or two, but you’ll never spot a stain on a carpet or hairs on a sofa.

Maybe it’s our fault. Maybe we want to see a glimpse of perfection that we know, deep down, that we can never achieve. Let’s face it, we’d always rather look at new furniture than shabby older items, but that doesn’t mean we have to pretend that a home is as sterile as a laboratory.

Many designers have already realised this. Movements such as the shabby chic look or the classical Bohemian arty style accept that living spaces are for living in, and the increase of video content means that interior design is soon going to have to use a lot more movement.

But the important thing to remember is that “lived-in” isn’t a bad thing. That’s what homes are for, after all, and a room that’s been lived in is always better than one that hasn’t.





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# THE FUTURE'S

# Green

While it's fun to fill your home with colourful flowers, there's always a place for a subtle, understated symphony of green. It's the shade that immediately transports you back to nature, calms your mind and soothes your soul. Here are a few favourites that anyone can keep.

## Spider Plant

Such a cliché that it's right back in fashion, the spider plant is a wonder, requiring minimal care yet thriving in the most unpromising surroundings. As happy hanging from a wall as sitting on a table, it'll also raise your spirits with its variegated greenery and its habit of creating little spider plants.

## Figs

The ficus family contains some of the most popular houseplants, such as the rubber plant, the fiddle-leaf fig and the creeping fig. All of them offer deep green, glossy leaves of varying sizes, and all of them are relatively easy to look after. They're the perfect standalone plant for a living room.

## Ferns

Delicate ferns naturally live in shady areas and are thus perfect for places that don't get much light, such as bathrooms or perhaps bedrooms. With gorgeously vivid colours and strangely seductive leaves, ferns such as the maidenhair have become global favourites.

## Aeoniums

These intriguing plants are Canarian through and through, available in local garden centres but not on local volcanoes (they're protected). They like a bit of sun, but not too much, and thrive once you get the conditions right. They also offer lovely, fresh greens as well as colours that range from red to deep purple. Careful, though – aeoniums can become an obsession!

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# The secrets of spring

Lanzarote's famous for its year-round mild climate, and it's certainly lived up to it recently, with one of the warmest, driest years for ages. Yet the seasons still exist here, albeit in a much less obvious form. Here's the way to bring springtime into your Canarian home.

## HEAD FOR THE HILLS

Volcano craters and the clifftops of Famara are among the greenest, freshest places on Lanzarote. At this time of year you'll find pretty wild flowers, and lots of local plants with fresh, vivid green colouring that screams springtime. The refreshing colours and shapes will inspire you at home.

## ALL CHANGE

Spring is the time of year to change your arrangements and room lay-out. Be bold – you can always move it back – and combine the project with a trip to buy some fresh items, which will absolutely shine out in their spanking new surroundings.

## GREEN YOUR INDOORS

Spring is all about new growth, so now's a brilliant time to fill your home with plants and flowers. Whether it's poetic, tumbling ivy or glossy, in-your-face rubber plants. Springtime is also a wonderful time to invest in cut flowers, the perfect centrepiece for any room.

## DOUBLE YOUR SPACE AND LIGHT

If you want to increase the feeling of space and light in any room, get a mirror. It's one of the oldest magic tricks in the interior decorator's book, but it still has astonishing effects. On Lanzarote you may have had your windows open all winter, but a couple of mirrors will still bring light flooding in.

## CALM NEUTRALS

Spring isn't about vivid, saturated colours – we're looking at a subtler, more demure colour scheme that includes pale pastels and light yellows, pinks and baby blues. These colours really do need the right neutral to set them off, so look into those cool sober greys, sky blues and natural, creamy whites.

## GO MODERN

The fathers of modernism worshipped spring – T.S Eliot's *The Wasteland* and Stravinsky's *Rite of Spring* both celebrated the harshness and beauty of a season where everything changes, where life twists overground again. Look for exciting avant-garde shapes and ornaments to stimulate your mind.





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# What the papers say

If you've never considered wallpaper in your Lanzarote home, why not think again? It could provide the perfect touch you never knew you needed.

Wallpaper originated as an imitation of the tapestries that wealthy families would hang on their walls for decoration and insulation, but it wasn't until cheap colour printing made wallpaper widely available in the 19th century that it really caught on.

Industrial Britain became one of the world leaders in the wallpaper trade, and its printing trade papered the walls of millions of homes. It was an easy way to brighten up drab, dingy interiors and wallpaper could be seen

in private homes throughout the country, although public buildings rarely used it.

This flourishing trade allowed creative designers such as Owen Jones and, especially, William Morris, to produce gorgeous designs and patterns, many of which are still available today. Morris taught "Have nothing in your house that you do not know to be useful, or believe to be beautiful", and his wallpaper designs fulfilled the second criteria magnificently.

Nowadays, patterned wallpaper seems to have fallen out of favour a little. The fashion for minimal interiors or no-frills Scandinavian functionality leaves little room for flowery, ornate motifs, and plain expanses of colour are generally preferred to subtler patterns. When patterned wallpaper is seen, it's often as a deliberately retro statement – the films of Pedro Almodóvar are a fine example of this.



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But while wallpaper isn't widespread on Lanzarote – even a genius of colour and form such as César Manrique seems to have lived his life without seeing much need for it – it can still make a real difference to your interior. The secret is using it correctly.

The first, golden rule is not to overdo it. Papering an entire room with patterns or a strong colour will immediately cause a claustrophobic feeling. Instead, focus on just one wall, or one section of your interior, perhaps echoing the pattern elsewhere. The principles of colour blocking can be used to advantage

here, and geometric patterns can really give a stand-out effect.

Limited use of wallpaper also helps you address one of its main drawbacks – the price. If you're only papering a small area, you can afford the best. In fact, some trendsetters have even been spotted framing a sheet of particularly stunning wallpaper and using it as a bold artistic statement.

Secondly, forget William Morris. Those heavy, woodland and floral-inspired prints have absolutely nothing to do with Lanzarote,

and are about as appropriate here as wearing tartan to the beach. Look for something lighter and subtler, or express yourself with vivid colours and bold, simple shapes.

Finally, check your walls. Lanzarote is a dry place, but the absence of damp courses in buildings and lack of ventilation can lead to damp areas, which are fatal to wallpaper.

## Modern motifs

Wallpaper patterns, like textiles, are one of the easiest ways to make a room look dated. Chintzy florals hark back to the 50s and the Laura Ashley 80s. Want a 70s effect? Go for mind-bending optics in burnt orange and brown.

At the moment, florals have seen a resurgence, and art-deco geometrics are also having yet another moment, but there are also trends for soft, blurred abstract papers resembling the marbled endpapers on old books. Ethnic designs from North Africa, and the elegant chinoiserie that was so popular in the 19th century, is another strong look. It's also worth remembering that modern printing techniques have made single pattern sets of wallpapers far more accessible.



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# The Light Stuff

Lighting is one of those things that interior decorators need to get perfectly right. No other element can transform a room quite so drastically. So it helps to know as much as possible about the technical side of it. You don't have to be an electrician, but if you know what you're doing, you'll get stunning results fast.

Donald Trump recently stood up for old, incandescent light bulbs. "The light's no good" he said, of new energy-efficient CFL bulbs, "I always look orange. And so do you!" It's not true, of course, but it boosted the incandescent bulb industry in the USA.

In Europe, of course, we all look orange because incandescent bulbs have been phased out and there are three main types of light bulb available: CFL's or compact fluorescent lamps – those chunky energy-saving bulbs that replaced incandescent bulbs; halogen lights and LEDs.

Of these three, LEDs are the most energy efficient, saving up to 90% of the

energy of an incandescent bulb. CFL's save from 60-80%, while halogen bulbs save just 20-30%.

LEDs are undoubtedly the real game-changers and are almost certain to be the lighting of the future. They're incredibly versatile, offering bulbs that change colour and brightness, and can be installed indoors and outdoors in almost any area you can think of.

They can be expensive, sure, but they last for years and save loads of energy. And they're getting cheaper - IKEA's standard Ryet bulb lasts for 15,000 hours, uses 85% less energy than an incandescent and costs €1.25.

The bad news for old stick-in-the-muds



*Tom Dixon lighting design*

**"In the LED-lit future we all need to learn about lumens."**

is that we're going to have to forget about wattage and learn lumens. This is easy, though, and all you have to do is apply the formula  $P(W) = \Phi_v(lm) / \eta(lm/W)$ . OK, then, maybe not so easy. Let's just start with the fact that a 450 lumen bulb is equivalent to a 40 watt bulb; a 1,000 lumen standard bulb such as the Ryet is around 75 watts and a 2,600 lumen bulb will give 150 watts.



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# Future-proof YOUR HOME



**“SHAG CARPETS  
AND FUTONS HAD  
THEIR DAY BUT  
ARE MODERN  
DAY NO-NOS.**



You can keep wind and water out, make pets stay outside and ban kids, but you can't protect your home against the passage of time. If you own or rent a property, you'll want it to look good for as long as possible.

Future-proofing your home involves two aspects – the practical and the aesthetic. Practical matters are both the easiest and the hardest to prepare for: easiest because we should all know that it's worth

investing in long-lasting, durable features, rather than endlessly having to replace poor quality, cheap furniture; hardest because the future can surprise us in unpredictable ways, meaning that a property may suddenly find itself without wifi.

Some practical aspects will be impossible to plan for; just as certain wear and tear and breakages are unavoidable, but a smart homeowner will always allow for the possibility of change. Making homes “smarter”, with options for internet access everywhere; and greener, with new, eco-tested products, are trends that everyone should be preparing for.

Aesthetics is another matter, and highlights the existence of a two-track fashion system. First, there are those trendy items that bring joy and pleasure but which go out of style very quickly. Granite worktops, avocado bathrooms, shag carpets, futons and pastel furniture are all examples of looks that have had their heyday but are currently on the naughty step.

The other track is the classic one, and that's the way to go. Here on Lanzarote take your cue from Spanish colonial style, and its simple functionality; or look at more modern adaptations of the Scandinavian style such as modern Dutch interior design, which is just as devoted to letting the light in, but brings a more personal, social vibe blended with understated subtlety.

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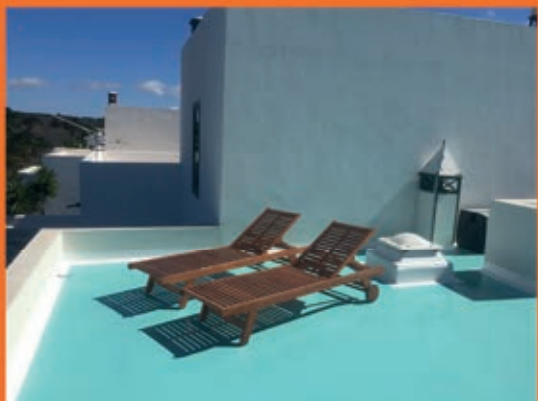


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# Style & Glass



Above: Hamburg's Elbphilharmonie.  
Left: Mirador del Río and Aarhus Art Museum



Glass is one of the most spectacular materials that architects and builders can use, but it requires careful planning – especially in a warm climate.

When we look at the most stunning architectural creations of recent years, glass is a common factor. The incredible Elbphilharmonie gallery in Hamburg is famous for its innovative use of curved glass while ARoS Aarhus Art Museum in Denmark has a walkway made of multicoloured glass.

On Lanzarote, César Manrique has used glass brilliantly to create spaces where indoors and outdoors, art and nature, seem to meld into one another. A look at the specially created windows at the Mirador Del Río shows exactly how glass can liberate a building.

But glass can also cause problems. They don't make greenhouses out of it for nothing – it


allows radiated heat through while stopping heated air from escaping. In New York, glass skyscrapers have now been banned due to worries about the way they heat the city.

In Lanzarote in winter, of course, glass's heating properties can be very welcome – allowing you to enjoy a warm home without paying for heating. When summer comes, however, things can get uncomfortable.

Air conditioning is usually used to cool glass buildings, but this in itself uses power and causes an increase in emissions, so modern architects are now looking at different solutions. These involve solar panels that can be incorporated with glass to aesthetic effect, or new types of tinted glass that adapt to sunlight.

Fortunately, Lanzarote offers an older and far simpler answer in the form of shutters and/or heavy curtains. These allow you to shut out sunlight from your home, and both are available in adjustable venetian blind styles, which permit you to reach exactly the right balance of light and heat.





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# TRADITIONAL & Modern



Lanzarote's current building style is firmly rooted in the traditional past, thanks to the vision of the island's most famous modernist.

Lanzarote's wealthy would build their homes from stone cut from local quarries around Guatiza. Poorer people would build their own walls with stones found in the fields, a practice that dates back to the pre-conquest. Walls would be thick – around 60-70 cms, and the stones would be held in place by small amounts of mortar.

The exterior was traditionally painted with limewash, a product of the island's 19th century alkali industry. This white facade reflected sunlight, which kept interiors slightly cooler in hot weather.

The traditional green and blue doors and window frames were often a result of paint that was left over from boats.

---

**Lanzarote's traditional style dovetails with modern minimalism.**

---

Many buildings were constructed in an L or U shape around a central patio that was often used for socialising. These homes always faced south, with the back of the house oriented towards the prevailing wind and the cooler, damper weather.

Decorative elements are derived from Spanish colonial style, with unadorned wooden doors and shutters and wooden or wrought iron balconies. It's also possible to see typically North African chimneys in many towns, while the Portuguese tradition of tiling has also been adopted widely.

This traditional style is what César Manrique based his breathtaking modern designs on, using materials such as steel, iron and glass to



bring new possibilities to the island's architecture.

Nowadays, there are plenty of more modern buildings in the capital of Arrecife and the three main tourist resorts, which are dominated by immense pleasure palaces built for tourist use. Nevertheless, Lanzarote has managed to retain most of its original charm. Just visit the southern resorts in Tenerife or Gran Canaria to get a idea of what Lanzarote might have looked like without his influence.



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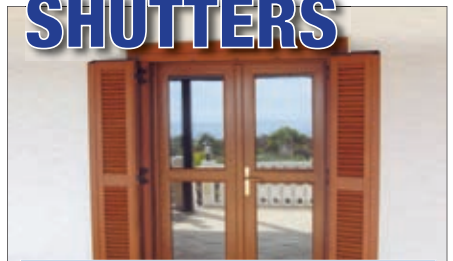
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**Palomar, Playa Blanca**



I would just like to pass on my thanks to Richard for such a fantastic job in fitting my new windows. The quality of both the product and the speed at which they were made and installed was amazing.

The workmen who installed the windows were all really nice chaps, who were so obliging and couldn't seem to do enough for me. They worked really hard and were very careful to clean up what little mess and dust was made during the installation.

I would be more than happy to recommend you to anyone considering new windows. I can't stress enough what a refreshing change it has been for a company to keep their word and leave a top quality finish.

Just a few words to thank you and your staff for the professional and friendly manner with regards to the supply and fitting of our new windows, patio doors and polycarbonate roof. Your superb products are the highest quality and have enhanced our property tremendously. We would have no hesitation in recommending your company and take this opportunity of wishing you continued success and our best wishes for the future.

**Solanza, Playa Blanca**



**Faro Park, Playa Blanca**

When we decided a few years ago to erect a conservatory at our house we had the good luck to choose Milnrow to carry out the work. To say we were delighted with the end result would be an understatement as the whole project was done efficiently and speedily. So later when we decided to increase the amount of natural light to our kitchen we, of course, got in touch with your company again. Once again, with the minimum of disruption, the job was completed to our satisfaction.

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# DO IT *Lanza* Style

Gardeners on Lanzarote can learn a lot just by looking around them, and the cultivation techniques on this island offer all sorts of possibilities. Here are a few bright ideas you could easily borrow.

## Zoco Technique

The unique landscape of La Geria is the result of a style of vine cultivation that is unique in the world; it's an ingenious, sustainable, gardening style that has the added plus of being hugely attractive.

The main elements of this technique are a pit in the ground; volcanic picón (gravel) and a horseshoe-shaped wall. The pit allows the plant to access deep mineral rich soil and provides shelter from the scorching wind. It also means that morning dew and any rainfall trickle down to reach the plant. Every grain of picón is covered in tiny pores which preserve

moisture and protect the roots of the plant. Finally, the wall provides even more valuable wind protection and allows more moisture to trickle down.

Just study La Geria and you'll see how it works. The wall must protect plants from prevailing NE winds, and the pit will need regular weeding. A bit of fertiliser does no harm, either. In a normal garden it's probably worth scaling down this technique for smaller plants – you probably won't need quite such a deep pit, and can get away with more than the solitary occupants that you find in the wine fields.



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Terraced hillside fields in China.



## Jable Technique

Jable is the sand that is washed up at Famara and gradually blown down the island to form southern beaches. In Soo and other villages located in the jable corridor, another unique method has been developed.

The sand is hugely nutritious, and full of minerals, and it also maintains moisture and regulates the temperature of anything beneath. Jable farmers create long furrows that are perpendicular to the wind, planting their crops in the troughs to give them protection from breezes and wind-blown sand.

It's a technique suited to potatoes and sweet potatoes, which are dropped into separate holes with some guano or fishmeal, but it is also used to grow Lanzarote's famous pumpkins and melons.

## Terraza Technique

This cultivation method known as terracing has been developed all over the world, from China to Peru, simply because it is brilliant for farming on hillsides. Almost anywhere in rural Lanzarote, you can also see the ruins of terraces that once fed families.

Terrace gardening, basically, involves turning slopes into steps, which provide the flat beds that plants can grow in. Water and nutrients naturally make their way down the terrace, feeding all plants.

If there's any kind of steep gradient in your garden it's well worth considering the time and effort that setting up a terrace will take. Usually this will involve building up terraces with wooden boards or stone walls. Even if you don't have a hillside in your garden, you can adapt the principles of terracing to smaller rockeries or artifical vertical gardens.



## Island Expert

It's not just farmers who can offer useful tips on growing plants on Lanzarote. There's also a small army of council gardeners whose job is to brighten up the roadsides, squares and parks of the island. This is a job they've been doing year in, year out, and although some areas have been adversely affected by poor outsourcing decisions, the public greenery is generally a credit to the island.

The other experts to consult are hotel gardeners. The island's hotels contain some stunning gardens, and the people who look after them know exactly what they're doing.

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# BATTLING FOR SURVIVAL IN THE SUNSHINE



Fans at the Sports Bar

**It's been a strange season for Los Rojillos (The Reds). They have only lost six of their 25 matches but, incredibly, have drawn 15 games which leaves them in 16th spot; just four points clear of the relegation positions in the Tercera División (Fourth Tier).**

A super 2-0 home win on the 2nd February against Fuerteventura side CD Unión Puerto was a huge morale-boosting victory but again this was followed up by two consecutive 1-1 draws.

The atmosphere at the home matches has been excellent this season with tourists enjoying the antics by the local fan club Trifulka. This group of lads and girls sing their hearts out and bang their drums from the first until the last whistle.

The new club President and the board of directors are delighted and humbled by the support shown by people who are on their holidays, as well the many British and Irish supporters who call Lanzarote home.

Prior to the match against fourth-placed side UD Tamaraceite on the 16th February, I visited the Sports Bar 100 yards up the road from the stadium. It was heaving with local and tourist fans all enjoying a pre-match drink.

Whilst Britain was getting battered by floods and gales and concerned phone calls headed north, there weren't too many people worrying about Lanzarote's plight. Instead of Storm Dennis, Sunburn Steve was the main enemy here, with temperatures in the mid 20's and no respite from a cloudless blue sky. I have to say those fans coped well, even though they were forced to cool down with several ice cold beers.

There's no doubt that watching football in the sunshine whilst drinking a cool beer and walking to your shaded seat wearing your flip flops is becoming more and more popular.

There are seven home matches remaining this season. All are in Arrecife which is simple to get to on the local bus. The entry fee is a fraction of Britain with children 18 years and under admitted free of charge. Always check website or Facebook page (details below) for confirmation of kick off time etc.

*For all the information please go to:*

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*Official club shirts and merchandise are on sale with lan at the club's stall at Tegui market every Sunday (near the public toilets) and also at the Puerto Del Carmen Old Town market every Friday. At Playa Blanca on the Rubicón Wednesday and Saturday market. All markets are from 10am to 2pm. Club shop now open in Costa Tegui Monday to Friday 10am to 1pm at CC Nautical, local 25, (opposite Pueblo Marinero and behind Café Bonjour)*

## UPCOMING HOME MATCHES

**1st March** Lanzarote v UD Ibarra

**15th March** Lanzarote v Club Atlético Tacoronte

**29th March** Lanzarote v CD Mensajero



# RUGBY REPORT

After almost a year without a game, Lanzarote Seniors were back in action against La Laguna at the beginning of February, and were hoping to emulate the success of the Juniors this season.

And it wasn't long before the Conejeros were back in the groove again, using their expansive game plan well to stretch the opposition's defence and score a superb try in the opening minutes through Diego Pirata. The superior handling and power of the home side proved too much for La Laguna, and by half time two further tries had been



notched up, with dynamic flanker Juan particularly impressing.

The younger, fitter La Laguna side managed to score three excellent second half tries to give the scoreline some a fairer reflection of the action, but it was Lanzarote, with further scores from Juan, Pol

and Mati, who ran out comfortable winners Final score: 44-18

Meanwhile, the youngsters of the Lanzarote rugby school were once again on the road in February, attending the Las Palmas tournament with some 25 participants making a very

early start. Our youngsters, aged from 6 to 18, produced some quality rugby, noted by the other teams present. Many thanks to all involved, whom we look forward to hosting on Saturday April 25th here in Lanzarote at our own junior tournament!



# GOLF NEWS

A record number of golfers took part in The Flintstones Rock Café Trophy, a Medal Play tournament which took place on 7th February 2020. The winner was Jean-Francois Crinquand, with an excellent 72 points. Jean-Francois lives in Mácher Bajo with his wife Nicola and their 3 rescued dogs. He's also the secretary of Las Palmeras Golf Society.

11 days later, The Rest of the World beat England 7 – 3 in The Inter Nations Cup. It was a very tight affair in this Singles Match Play format played on Tuesday 18th February and the overall score doesn't reflect how close the individual games were. Team Rest of the World will defend their title in February next year.



*Gill Hewitt and Scott Proudfoot, owners of Flintstones, present the trophy and prizes to the Winner Jean-Francois Crinquand and runner-up Tim Weston.*

Team England: Ken Kirkup, Dave Bennett, Sonia Bennett, Geoff Rayner, Annie Rayner, Keith Miller, Ian Oxley, Bernard Hayes, Jeff Harris, Tom Kitchen

Team Rest of the World: Roger Noack (USA), Ray Howell (Ireland), Herbert Krapf (Switzerland), JF Crinquand (France),

Reinhard Schaffer (Germany), Philip Imhof (Switzerland), Gill Hewitt (Scotland), Charles Stewart (Ireland), Paul Kelly (Ireland), Peter Steadman (Ireland)

The Las Palmeras Golf Society plays every Tuesdays and Fridays and we welcome visitors. More information is on our website: [www.laspalmerasgolfociety.blogspot.com](http://www.laspalmerasgolfociety.blogspot.com) or by email: [lpgs2016@gmail.com](mailto:lpgs2016@gmail.com).



*Team Rest of the World: winners of the Inter-Nations Cup.*



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## THE YEAR AHEAD

Sports are usually fairly thin on the ground as the island saves its energy for carnival, but there are still some interesting events going on. Why not discover the Masked Run at Tinajo or the island's surprisingly healthy chess scene?

**Our monthly Sport Diary is a regular feature of the magazine, and is open to all events. If you have a sporting event you'd like to publicise FREE get in touch with us: [editorial@gazettelife.com](mailto:editorial@gazettelife.com)**

### UD LANZAROTE VS IBARRA

**1st March. Arrecife, Ciudad Deportiva Stadium. 12 noon (tbc)**

The Reds will be wanting to pick up plenty of points in March, as they face a series of opponents who are jostling shoulders with them in the lower half of the table. First up are the lads from Ibarra in southern Tenerife.

### MOUNTAIN BIKE SCHOOLS CUP

**7th March. San Bartolomé**

The second of four off-road events for school-age cyclists, with competitors from all over the Canaries.



### MASKED RUN

**Sunday 15th March. Plaza de San Roque, Tinajo**

This 5km Parkrun-style event features runners in masks or carnival outfits. Anyone can sign up, but trophy hunters may want to know that it's the first of the five-event People's Races Cup.

### U-14 & U-16 CHESS CHAMPIONSHIP

**Friday, 20th March. Sociedad La Democracia, Arrecife. 5pm**

Three-round finals for qualification for the Canarian Championships.

Chess is having a moment in the Canaries right now, with 32-year-old Woman Grandmaster Sabrina Vega leading the way while upcoming talents like 15-year-old Adhara Rodríguez give hope for the future.



Sabrina Vega

### UD LANZAROTE VS MENSAJERO

**29th March. Ciudad Deportiva Stadium, Arrecife. 12 noon (tbc)**

Mensajero arrive from La Palma's capital, Santa Cruz.

### UD LANZAROTE VS ATLETICO TACARONTE

**15th March. Ciudad Deportiva Stadium, Arrecife. 12 noon (tbc)**

The rural north-east of Tenerife brings the next guests to Lanzarote.



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There are all sorts of petrol stations on this island, from basic roadside stops where you can fill your tank and little else, to massive retail operations with carwashes, bars and cafés attached where you can also buy groceries, butane gas, motoring supplies and much, much more.

But the main difference you'll find in many of the island's petrol stations is that, although self-service pumps are more frequent, forecourt service is still very much a reality. Foreigners who don't speak Spanish shouldn't worry too much, as the pump attendants usually have enough English to serve most people, but it may help to learn a few basic sentences.

You don't have to tip petrol pump attendants, although if the same one serves you month after month, a Christmas tenner may be a nice gesture. If you want to pay by card or use a loyalty card you'll probably have to get out of the car anyway.

In self-service stations just tap in the amount of fuel you want, insert the nozzle and pull the handle. It'll cut out automatically. You can also simply fill up, and the pump will cut off when it senses the tank is full. In the daytime you'll then go to the counter to pay, but at nighttime you may have to pay for the petrol before filling up.

Most stations offer diesel (gasoil) or petrol (gasolina), and there's usually a standard and premium version of both available.

Larger stations often offer air and water, allowing you to check tyre pressure and fill your radiator; you can also find self-service carwashes and vacuum cleaning posts.

Then there are famous stations such as the one at Arrieta where you can seemingly buy anything from fishing tackle to freshly-baked bread, or the family-run Pcan at Tías where a mechanic will fix your car and change your tyres while you enjoy a decent coffee.

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## ONLINE DOCUMENTS

Every vehicle in Spain must carry a *permiso de circulación* – a green document certifying that the vehicle has the right to use roads. This, along with the driver's licence and the vehicle technical inspection sheet, are compulsory in every vehicle.

In the past, if you lost your *permiso de circulación*, you would have had to attend the Tráfico office in Arrecife to request a replacement. Now, however, this can be done online at [www.sede.dgt.gob.es](http://www.sede.dgt.gob.es). As is usual, you'll need to set up an electronic DNI or key to access government services, just as you do with your tax returns, but the process is simple. If you're replacing a lost document, it'll cost you €20.20; if you're just updating details, it's free.



## CAFE SOCIETY

A Guardia Civil tweet warning pedestrians to stay off cycle paths caused a furious response last month thanks to the photo chosen to illustrate the message.

The photo showed two pedestrians walking on a cycle path, with the message "Pedestrian, this pretty red pathway that you walk along so happily is for cyclists. Avoid frights – use the pavement."

However, hundreds of readers were quick to point out that the pavement in the photo was almost completely blocked by the chairs and tables of two restaurants, while another stretch of pavement near the road was interrupted by trees.

**“Pavements are not meant to be dining rooms!”**



## PLEASE FASTEN YOUR HELMET...

The American Association of Clinical Neurology has called for helmets to be obligatory for car drivers, after a study has shown it could cut road deaths and serious injuries by 50%.

The helmet has already saved the lives of thousands of cyclists and motorcyclists, and a study by Adelaide University has claimed that almost 50,000 European road users die of cranial injuries each year.

Any law making helmet use compulsory would be likely to receive an avalanche of criticism from motorists who claim it will limit their freedom. However, similar arguments were used by British motorcyclists before helmets were made obligatory in 1973 while the safety belt, which has saved millions of lives, was also widely rejected at first.



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## ELECTRICIAN UK QUALIFIED

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## ELECTRICIAN

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**info@lanzarotelawyers.com**  
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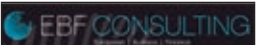
## LANZAROTE ABOGADOS

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 \*Mortgages "floor clauses"  
 \*Refund mortgage costs  
 \*Family law  
 \*Criminal law  
 \*Conveyancing  
 \*Official translations  
 \*Spanish wills  
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**928 816 513**  
**erardo@lanzaroteabogados.com**  
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**634 706 748**  
**George Whitby:**  
**965 020 444**  
**Email:**  
**info@logicfc.com**  
**www.logicfinancialconsultants.com**  
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## ROSENOV & QUINTERO

Tax, accounting, social security and legal advisors.  
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 \*Sole traders and Limited Companies  
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 \*Accounting analysis  
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 After 2.00 pm  
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B-03.20

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**insurance**

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or Peter on  
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or visit our Instagram or

**Facebook:**  
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[www.houselanzarote.com](http://www.houselanzarote.com)  
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80 sqm  
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 Treatments  
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 Microchips  
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**www.bikesensations.com**  
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## PUERTO DEL CARMEN

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- Smartie Pants
- Tourist Office
- Post Office
- Overseas Supermarket
- First Choice / Tui
- Casino
- Roper Properties
- Colegio Hispano Británico
- Gee Gee's
- Lanis Suites
- Las Calas
- Real Estate Lanzarote
- Mucky Duck
- White Lion
- The Tavern
- The Galeb
- Finnegans Wake
- E.B.F.
- Clásicos Café
- Hospiten
- Old Town Sports Bar
- Chemists
- Lanzarote Investments
- Sculpture
- The Nags Head
- Iberoservice
- Health Centre
- Hotel Lanza Playa
- Rancho Texas
- Mario's Restaurant
- Lolita
- Tapas Tree
- Viajes Caravana
- Indelasa
- Golf Club
- Lineas Romero
- Music Hall Tavern
- The Codfather
- The Hot Spot
- The Cavern
- House Lanzarote
- Opti+ Vision

## DEILAND

- Lolita
- Liquid
- Worten
- Chemist

## COSTA TEGUISE

- Newsagent & Bookshop
- La Caixa Bank
- Tourist Office
- Location
- Dr Mager
- Shamrock Irish Bar
- Red Lion
- The Mill
- Moonlight
- Hotel Coronas Playa
- Black Bull
- Motown
- Dolphin Inn
- The Swan Inn
- Sunset Sport Bar
- British Cafe
- Cactus Jacks
- Golf Course
- La Esquina
- Chemists
- Coronas Apartments
- Lottery shop
- Post office
- Playa Bastián Apartments
- Los Amigos Restaurant
- Nazaret Hotels
- Hollywood Bar
- Vet Los Charcos
- Ferreteria Costa Tegui
- Tegui Broker
- The Grandfather
- Highlander Bar
- Abbey Road Bar
- Decades

## PUERTO CALERO

- Pappardella
- Parafarmacia
- La Parisienne
- Sol y Arte
- Amura
- Puerto Calero Offices
- Submarine Safaris

## PLAYA HONDA

- Overseas Supermarket
- Imprenta Minerva
- Chemist
- Lolita
- Erik.it
- Terraza Concorde
- ITV Playa Honda
- Nakai Bar
- Gigabyte

## PLAYA BLANCA

- Bookswop III
- C.C. Rubicon - Shop & Fun
- Chemist
- Aqualava
- The Big Blue Sea
- Tourist Office
- La Caixa Bank
- Irish Anvil
- Kirsty Hairdresser
- Optima Estates
- Walk - Fundgrube
- Jon W. Olsen
- Viajes Caravana
- Snug Bar
- Home Zentrum
- Port of Call
- Café 34
- Lanzasur
- Ursula Falcón
- Sandra's Cafe
- Freedom Properties
- Dr. Mager
- Las Brisas
- Las Casitas
- Casas del Sol
- Milano Home Factory
- Property Solutions
- Lanzarote Investments
- Santo Zumo
- Plaice in the Sun
- Post Office
- Imagine India
- C.C. El Pueblo
- Mioptica
- La Rústica Pizzeria
- Overseas Supermarket
- Eco NATURALLY
- Arena Bar
- Bari Vets

## TÍAS

- Gazette Life Office
- Tias Fruits
- Chemists
- Kuchen Kitchens
- Zafiro Tours
- La Caixa
- Galerías Laura
- Chacón
- Colorworks
- Town Hall
- Tienda Verde
- Cuco
- Health Centre
- A Little Bit Bazar
- Veterinaria Tías

## OUTLYING AREAS

### ARRECIFE

- Tourist Office
- Nortysur
- Arrecife Gran Hotel
- Ensueños

### FAMARA

- Tertulia
- Las Bajas Restaurant

### HARIA

- Chemist
- Rest. El Mirador de Haría

### LA GERIA

- Bodega El Grifo
- Bodega El Campesino

### LA SANTA

- Club La Santa
- Los Dolores Cafe

### MÁCHER

- Flower Power
- Sociedad Mácher

### MALA

- Chemist
- Health Centre

### SAN BARTOLOMÉ

- San Simón
- Chemist
- Health Centre
- Biomeco

### TAHICHE

- British School
- Bakery
- Chemist

### TEGUISE

- Chemist
- Bankia
- Emporium
- Tourist Office
- La Cantina
- Bakery
- Hotel Palacio Ico

### TINAJO

- Bakery
- Chemist

### UGA

- Cook in Lanzarote

### YAIZA

- Town Hall
- Chemist

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Find us  
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No. 1

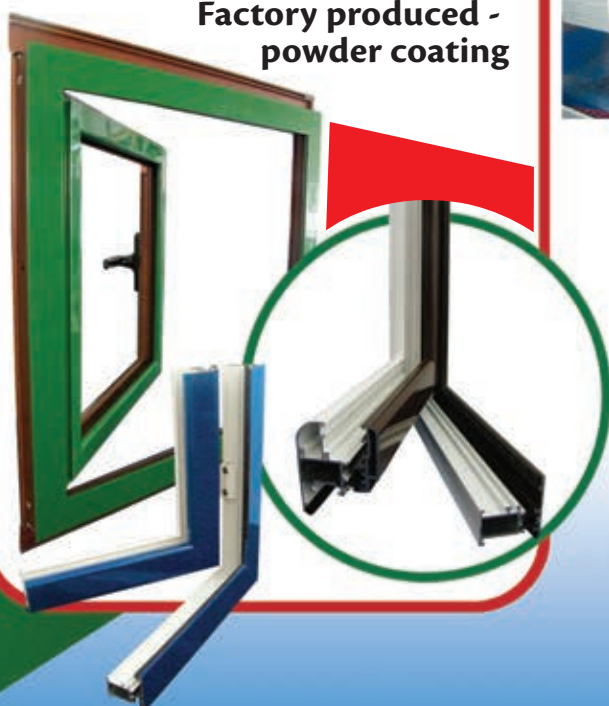
We manufacture, supply & install  
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and mosquito nets

Up to date machinery for manufacturing  
and construction of aluminium products



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powder coating



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Aena General Info .....	928 846000
Flight Information .....	928 846001
Thomson .....	928 516930

## AYUNTAMIENTOS

Arrecife .....	928 812750
Haría .....	928 835251
San Bartolome .....	928 520657
Teguiuse .....	928 845001
Tías .....	928 833619
Tinajo .....	928 840021
Yaiza .....	928 836220
Lanzarote Cabildo .....	928 810100

## BRITISH SCHOOLS

British School of Lanzarote .....	928 810085
Colegio Europeo Daos .....	928 515818
Colegio Hispano Británico .....	928 173066
Colegio Arenas .....	928 590835
Queen's School (Playa Blanca) .....	928 518899

## CHEMIST

Puerto del Carmen .....	928 513207
Puerto del Carmen (Old Town) .....	928 512282
Playa Blanca .....	928 518942
Costa Teguiuse (CC Jablillo) .....	928 826628
Costa Teguiuse (Islas Canarias) .....	928 590423

## CHURCHES

Anglican Chaplain .....	928 514241
Family Church .....	618 186755
Christian Worship Centre .....	620 309684
Sunday Worship .....	630 175810
Pastor Norwegian Church .....	616 407693

## CONSULATES

Britain .....	928 262508
Ireland .....	928 815262
Germany .....	928 491880

## CREDIT CARDS - LOST OR STOLEN?

4B .....	902 114400
AMEX .....	900 814500
Visa International .....	900 991124

## EMERGENCY SERVICES

Police, Fire, Ambulances .....	112
Spanish Emergency Services .....	061
Red Cross (Ambulance) .....	928 812222

## FERRIES

Naviera Armas .....	902 220225
Fred Olsen .....	928 517266
Líneas Romero .....	928 842055

## GAZETTE LIFE OFFICES

Reception .....	928 093823
Mobile .....	621 274473
Website .....	www.gazettelife.com

## MEDICAL SERVICES

British Surgery Lanzarote .....	928 514274
OR FREEPHONE .....	900 811555
Hospital Arrecife .....	928 595000
Alcoholics Anonymous .....	638 484113
Dr. Mager Clinic .....	928 512611
Hospiten Lanzarote .....	928 596100
Overeaters Anonymous .....	662 116415

## POLICE

Arrecife .....	928 811317
Haría .....	928 835252
San Bartolome .....	928 520712
Teguiuse .....	928 845252
Tías .....	928 834101
Yaiza .....	928 830107

## POST OFFICES

Costa Teguiuse .....	928 827268
Playa Blanca .....	928 518389
Puerto del Carmen .....	928 510381

## TAXI RANKS

Airport .....	928 520176
Arrecife .....	928 800806
Haría .....	620 315350
Teguiuse/Costa Teguiuse .....	928 524223
Puerto del Carmen/Tías .....	928 524220
San Bartolomé .....	928 520176
Tinajo .....	928 840049
Yaiza/Playa Blanca .....	928 524222

## TELEPHONE (MOVISTAR)

Faults .....	1002
Directory Enquiries .....	11811
International Directories .....	11825

## TOURIST INFORMATION - LANZAROTE

Arrecife .....	928 813174
Costa Teguiuse .....	928 592542
Puerto del Carmen .....	928 513351
Playa Blanca .....	928 518150

## TOURIST INFORMATION - 7 ISLANDS

Lanzarote .....	928 820704
El Hierro .....	922 550302
Fuerteventura .....	928 860604
Gran Canaria .....	928 771550
La Gomera .....	922 870281
La Palma .....	922 423340
Tenerife .....	928 635192

## TRANSPORT

ITV Station (MOT) .....	928 582555
Intercity Bus .....	928 811522

## UTILITIES

Endesa (Electricity) .....	800 760909
Canal Gestión (Water) .....	928 814400
Iberdrola .....	900 225235

## VETS

Jane Burke .....	928 513895 or 649 910784
------------------	--------------------------

# Need to Know



## DUAL NATIONALITY

**FOLLOWING BREXIT, AN INCREASING NUMBER OF BRITISH CITIZENS HAVE BEEN CONSIDERING APPLYING FOR NATIONALITY OF ANOTHER EU COUNTRY, WHICH WILL GUARANTEE THE CONTINUANCE OF RIGHTS THAT MAY BE LOST TO UK NATIONALS AT THE END OF THIS YEAR.**

The two most popular nationalities are Irish and, of course Spanish. Irish nationality depends on having a parent or grandparent who was born on the island of Ireland (including Northern Ireland) and, as Ireland recognises dual nationality, there will be no problem holding two passports. Go to [www.irishimmigration.ie/citizenship/](http://www.irishimmigration.ie/citizenship/) for full details.

Spanish nationality is different. Any British citizen who has lived in Spain continuously for more than 10 years can apply for Spanish nationality, which involves a fairly easy language and general knowledge test. However, Spain does not recognise dual nationality for British citizens and, in theory, requires them to renounce their British nationality. In practice, few do this, because the UK recognises dual nationality, and will continue to issue you with a British passport regardless of whether you've taken Spanish nationality or not.

It's important to remember that, if you take Spanish nationality, you will be regarded as Spanish for the purposes of taxation, will making and other legal matters. Be certain to consult a professional before taking this step.



# Tide Times

## March 2020

Tide Tables for Arrecife, Lanzarote. Height are in metres.  
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	H: 04:49 L: 11:04 H: 17:13 L: 23:26	2.2 0.9 2.1 1.0	17	L: 01:21 H: 07:42 L: 13:57 H: 20:22	1.0 1.8 1.1 1.9
2	H: 05:38 L: 11:55 H: 18:11	2.0 1.0 1.9	18	L: 03:01 H: 09:22 L: 15:30 H: 21:48	1.0 1.8 1.1 2.0
3	L: 00:33 H: 06:50 L: 13:10 H: 19:34	1.1 1.9 1.1 1.9	19	L: 04:21 H: 10:35 L: 16:38 H: 22:49	0.9 2.0 1.0 2.2
4	L: 02:06 H: 08:26 L: 14:44 H: 21:05	1.1 1.8 1.1 2.0	20	L: 05:14 H: 11:23 L: 17:25 H: 23:33	0.7 2.1 0.8 2.3
5	L: 03:36 H: 09:51 L: 16:02 H: 22:17	1.0 2.0 1.0 2.2	21	L: 05:54 H: 12:00 L: 18:02	0.6 2.3 0.6
6	L: 04:42 H: 10:53 L: 17:01 H: 23:12	0.7 2.2 0.7 2.5	22	H: 00:09 L: 06:27 H: 12:32 L: 18:34	2.5 0.5 2.4 0.5
7	L: 05:33 H: 11:43 L: 17:49 H: 23:59	0.4 2.5 0.5 2.8	23	H: 00:41 L: 06:57 H: 13:01 L: 19:04	2.6 0.4 2.5 0.4
8	L: 06:19 H: 12:27 L: 18:33	0.2 2.7 0.2	24	H: 01:11 L: 07:25 H: 13:28 L: 19:33	2.7 0.3 2.6 0.3
9	H: 00:43 L: 07:02 H: 13:08 L: 19:15	3.0 0.0 2.8 0.1	25	H: 01:40 L: 07:53 H: 13:56 L: 20:02	2.7 0.3 2.6 0.3
10	H: 01:25 L: 07:43 H: 13:49 L: 19:56	3.1 -0.1 2.9 -0.0	26	H: 02:09 L: 08:21 H: 14:24 L: 20:31	2.7 0.3 2.6 0.4
11	H: 02:06 L: 08:24 H: 14:31 L: 20:38	3.2 -0.1 2.9 0.0	27	H: 02:38 L: 08:48 H: 14:52 L: 21:01	2.6 0.4 2.5 0.4
12	H: 02:48 L: 09:05 H: 15:12 L: 21:21	3.1 -0.0 2.8 0.1	28	H: 03:07 L: 09:18 H: 15:23 L: 21:33	2.5 0.5 2.4 0.6
13	H: 03:31 L: 09:48 H: 15:55 L: 22:06	2.9 0.2 2.7 0.3	29	H: 04:40 L: 10:49 H: 16:56 L: 23:10	2.3 0.7 2.3 0.7
14	H: 04:17 L: 10:32 H: 16:42 L: 22:56	2.6 0.4 2.4 0.6	30	H: 05:18 L: 11:27 H: 17:37 L: 23:56	2.2 0.8 2.1 0.9
15	H: 05:08 L: 11:23 H: 17:36 L: 23:57	2.3 0.7 2.2 0.8	31	H: 06:07 L: 12:17 H: 18:33	2.0 1.0 2.0
16	H: 06:12 L: 12:28 H: 18:48	2.0 1.0 2.0	<div> <div>○ New Moon</div> <div>◐ First Quarter Moon</div> <div>● Full Moon</div> <div>◑ Last Quarter Moon</div> </div>		

H=High Tide L=Low Tide



# Weather Watch

## with Terrie Weather

### March 2020



The weather last year in March was just beautiful with lots of sunny skies and temperatures consistently around 24 degrees in the daytime, falling to 15 overnight.

Mid-month, following a slightly overcast week, a calima helped pushed the temperatures up to a real high of 30 degrees and we were

seeing around 10 hours of sunshine a day making temperatures above average all round.

Lanzarote has lots of celebrations in March with carnival parades and festivities and also the St Patricks Day parade. Dressing up is all part of that fun, although please remember to stay sun safe as the UV this time of the month is already high at 7 or more.

The end of the month 29th March sees the clocks change and the official arrival of spring. The sea temperature will begin to rise a little as the days become longer.

Follow @TerrieWeatherLanzarote on Facebook for  
Weekly weather videos and daily posts!

## What to expect in March



### Day Time Temps

Average 22°C (Ranges from 21°C to 25°C)



### Night Time Temps

Average 14°C (ranges from 12°C to 16°C)



### Sunshine Hours

7 hours



### Sea Temp

18°C



### Rain

2 days showers, heavy but not long lasting



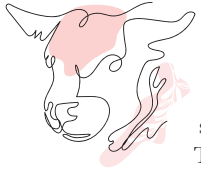
### Wind

Trade winds NE dominate up to 15kph



# Horoscopes

BY CLAIRVOYANT SHONA LANGHOLM



## Taurus

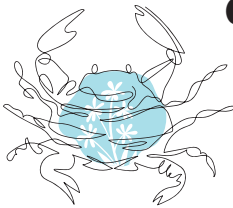
(20 APRIL – 20 MAY)

You feel a warm satisfaction in knowing someone will give you unconditional support, Taurus, but make sure you offer them what warms them up in return. You've got a lot of fans this month, but don't ignore those who've been with you from the start.

## Gemini

(21 MAY TO 20 JUNE)

The food on your friend's plate always looks tastier than your own, Gemini, but that doesn't give you the right to help yourself. Be respectful and think carefully about others this month - it'll save you a lot of embarrassment.



## Cancer

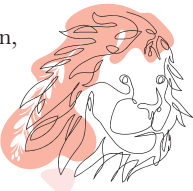
(21 JUNE TO 22 JULY)

Some of the best novels were written because the author couldn't find anything they wanted to read. So instead of complaining about being bored, why not have a go at entertaining others, Cancer? Who knows - you may discover a gift.

## Leo

(21 JULY TO 22 AUG)

Reputation is important in any social situation, Leo, and yours has taken a hit through no fault of your own. The solution? Build bridges, be patient, tell the truth and don't give in to anger. With a little work you'll find yourself more popular than ever.



## Virgo

(23 AUG TO 22 SEPT)

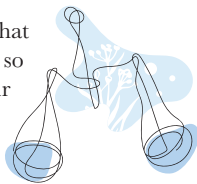
Watch children for a moment, Virgo, and see how they throw themselves 100% into any activity they enjoy. That's the sort of concentration and focus you'll need for much of this month, so try your best to keep your enthusiasm high - it'll be worth it.



## Libra

(23 SEPT TO 22 OCT)

Let's face it, Libra, there's a part of you that enjoys being up against it, because you're so good at finding solutions and charming your way out of trouble. But this month you'll find yourself using that gift for someone else. You'll have fun and cement a friendship.



## Aries

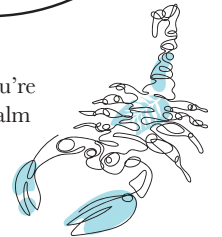
(21 MAR - 19 APR)

Those tempting dreams that run through your mind when you're lying in bed on a lazy morning will never come true, will they? Don't be so sure, Aries. Get up, get on with it and you'll soon see that you can make something memorable happen.

## Scorpio

(23 OCT TO 21 NOV)

Like a werewolf on the night before a full moon, you're feeling all sorts of pent up passion, Scorpio. Stay calm and wait, and when the moon finally comes out at the end of the month be ready to run with the wolves and howl at the moon for a really memorable night.



## Sagittarius

(22 NOV TO 21 DEC)

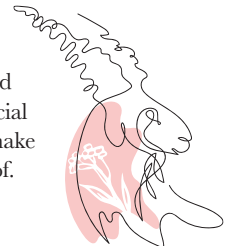
You love books and words, Sagittarius, but you're not so good at reading between the lines. This is a month when it pays to stay quiet until you know all the facts. Try and think before you speak and avoid putting your big foot in it once again.



## Capricorn

(22 DEC TO 19 JAN)

The wind is in your sails romantically, Capricorn, and you're heading towards a glorious horizon with a special person. But before you disappear into the sunset make sure everything at work is tied down and taken care of.



## Aquarius

(20 JAN - 18 FEB)

Someone you see often will suddenly reveal a surprising and fascinating new aspect to you, Aquarius. It'll reboot your relationship into something a little more meaningful and fulfilling, but let it take its time and grow at its own pace.



## Pisces

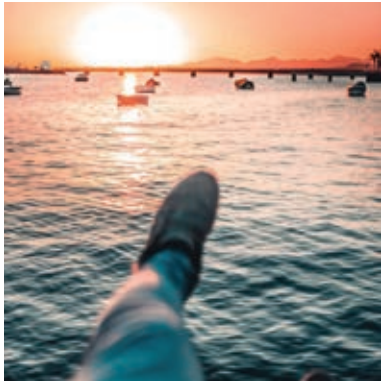
(19 FEB - 20 MAR)

Ok, Pisces, now you know exactly what you want, all you have to do is work out how to get it. It won't be easy, but without friends it'll never happen, so this is a month to nurture your relationships and have fun working on your social life.



# Instagram

of the month



@angelopezart



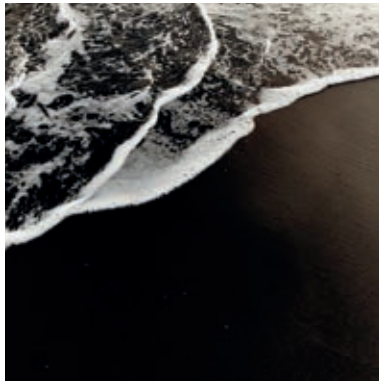
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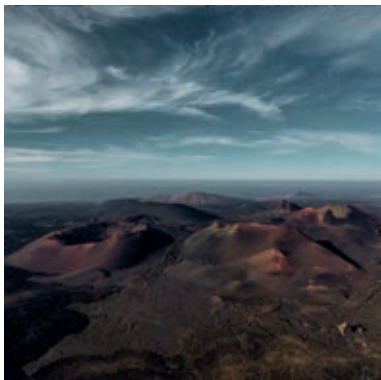
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## 19,20,21 Y 22 DE MARZO



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