





Indian Delights

THE MOST APPRECIATED
RESTAURANT IN THE HEART OF
PLAYA BLANCA WELCOMES YOU...

AN AUTHENTIC INDIAN-DESIGNED RESTAURANT OFFERING A MAGICAL DINING EXPERIENCE OVERLOOKING PANORAMIC OCEAN VIEWS.
GOOD VIBES IN THE HEART OF PLAYA BLANCA.

OPEN EVERY DAY FROM 12 NOON TILL 11:30PM

BIRTHDAY PARTIES, KITTY PARTIES, CORPORATE EVENTS, CATERING ORDERS. FOR INFORMATION AND RESERVATIONS

CALL US +34 686 01 01 25 -+34 612 27 82 26 - +34 828 058 229

LUNCH MENU - 14.95€ 7 COURSES 12 NOON TILL 5PM

















20%







WWW.INDIANDELIGHTS.ES

TAKE AWAY
FREE DELIVERY
IN PLAYA BLANCA

AVENIDA PAPAGAYO 15, PLAYA BLANCA 35580
NEXT TO THE MAIN TAXI RANK IN THE CENTRE
OF PLAYA BLANCA & NEXT TO BANKIA



Ed's letter

On an island which brings glorious sunshine, fresh air and a sense of hope every day, it's difficult to feel down; but this year started with sad news for many, as we learned of the deaths of familiar Lanzarote residents who had each changed the island in their own way and left a legacy of love, fond memories and generosity.

But the more time you spend on Lanzarote, the more you realise how this island can help you through the hard times. There's always a rainbow around the corner, especially at this time of year, and it's worth remembering that Lanzarote's existence is built on memories, with millions of tourists taking away fond reminiscences of the island.

Those memories can be sad or bittersweet, too, as many have learned, but Lanzarote keeps them vivid and precious, and somehow helps the healing.

Different emotions will arrive this month with the

arrival of the carnival parades that are such a unique feature of Canarian life, filling the island's towns with colour, rhythm, music and grace.

I've seen plenty of carnivals over the years, and while the humour, laughter and thunderous noise are always, exciting, what I always like best are the comparsas – those well-drilled dancing groups that dip and sway gracefully along the avenue in fantastically vivid costumes of plumes and glitter.

If you're lucky you'll get to see them sashay by in front of a gorgeous sunset, and you'll experience a thrilling moment of pure beauty. And then the parade has moved on.

Carnival doesn't last long, but that's the point. It reminds us that joy and beauty are fleeting, that life goes by quickly and that we should laugh, cry, dance and make the most of it while we can.

Regulars

06 | Local News

08 Island Info

22 Crossword

23 | Pet Spot

30 Recipe

43 | Maps

30 Property

70 Sport

72 Marketplace

75 Classifieds

78 Tide Times/Weather Watch

79 Tel Numbers

81 Horoscopes

Published By CANARY ISLAND IMPACT SERVICES S.L.

Apartado de Correos (PO Box) 27 35510, Puerto del Carmen, Tías. Lanzarote

Cif: B76362367

DEPOSITO LEGAL: GC 786-2015

Whilst we make every effort to ensure that material published in the magazine is decent, legal and accurate, it can take no responsibility for any damage or loss which might arise as a result of material published herein. We are not responsible for third party advertisers within the magazine. The opinions expressed are not necessarily those of the publishers or the editor.

EMAIL CONTACTS

EDITORIAL: editorial@gazettelife.com ADVERTISING: advertising@gazettelife.com CLASSIFIEDS: classified@gazettelife.com SOCIAL MEDIA: digital@gazettelife.com +34 928 093 823 +34 621 274 473 www.gazettelife.com





Ancient and Modern

A new museum will shine light on Lanzarote's mysterious past.

Bus Chaos

The island's public transport is failing to cope with increased pressure.

Salt Controversy

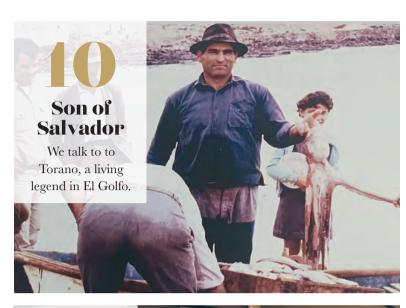
La Santa rejects a brine outlet from a desalination plant.

David's Detours

A climb to the island's largest crater.

Chicken Jalfrezi

A favourite Indian recipe, by the experts.





11-year old Kayden shreds his way to the top.



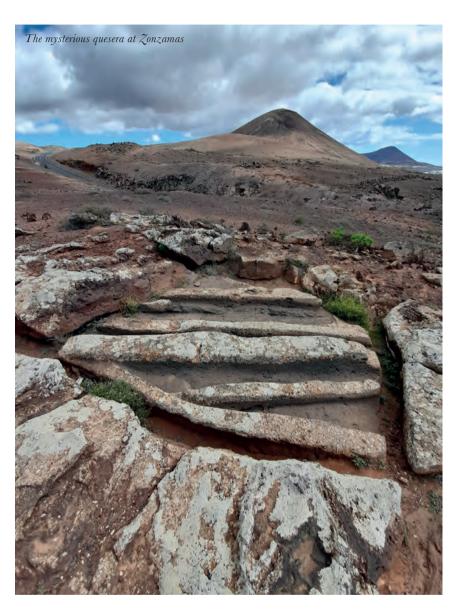
Carnival State of Mind

The biggest party of the year kicks off later this month.

What's On

Your guide to February events on the island.

ZONZAMAS MUSEUM FOR 2025



The Archeological Museum at Zonzamas will open in early 2025, after a €2.7 million investment from the Cabildo, it was announced last month.

Between 1997 and 2002, a remarkable building was constructed at Zonzamas, directly opposite the entrance to the island's main dump. Designed by the architect Fernando Menis, tthe concrete structure is strikingly modern, but also reflects the ancient, mysterious queseras carved into stones nearby by unknown hands centuries ago.

Those hands belonged to the Mahos – the original inhabitants of Lanzarote before the conquest of the islands by French mercenaries in the 15th century. A stoneage people who originally hailed from the African mainland, the legacy of the Mahos has largely been erased, although their language survives in several place names on the island.



"FROM THE HOME OF THE LAST ABORIGINAL KING OF LANZAROTE, GUADARFIA, TO A CENTRE FOR CULTURE."

Zonzamas is one of those names, deriving from the Maho king who is claimed to have built the settlement. Historical sources accept that it was the home of Guadarfia, the last aboriginal king of Lanzarote.

Archeological digs commenced at the site in 1971, with the work of Inés Dug, a Spanish archeologist who was recently awarded the title of "Favoured Daughter of Lanzarote" in the Cabildo's honours list.

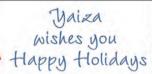
Their research established that the settlement was first used between the fifth and eighth centuries before being abandoned until the 12th century, since when it remained in partial use until the eruptions of 1730-1736, which buried much of the site in ash and lava.

For decades, the museum building has stood abandoned, but last month the Cabildo announced a $\ensuremath{\in} 2.7$ million project to finally create a museum there. The museum will be a centre for culture and education, according to Cabildo President María Dolores Corujo, and will have a car park and be powered by solar panels.

The finishing date for the project will be in early 2025, and work on the project will not interfere with recent renewed research and conservation projects in this historical site, which expert Ricardo Marrera has described as "unique in the Canaries."







LOCAL NEWS

NEW ROAD CONNECTS AIRPORT AND HOSPITAL

The Canarian Government has opened a tender for the new LZ-5 main road that will connect Lanzarote's airport with Argana Alta, the zone of Arrecife where the hospital is located.

The €1.6 million project will build a new stretch of main road behind what is now Playa Honda's industrial area, connecting the airport with the hospital roundabout more directly. The new road is planned to cut down congestion in Playa Honda and the ring road leading to the hospital.

Nevertheless, the project has been criticised for destroying 346,000 square metres of rustic land. Previous studies had shown that burying the existing LZ-2 road was the most environmentally-friendly solution, but this was rejected by the Canarian Government, despite its approval of similar projects on other islands.



"JUSTICE DELAYED IS JUSTICE DENIED"

Lanzarote was shocked last month when the man accused of murdering Romina Celeste in January 2019 was provisionally released from Tahiche prison.

The release was ordered after the four-year period during which a suspect can be held without trial expired. Raul Díaz has confessed to dismembering his wife's body and disposing of it, but denies murder. The decision to set him free caused angry protests at Lanzarote's courts.

Delays in the trial were caused by the pandemic, changes of judges and what Emilia Zaballos, the lawyer



for Romina's family, has described as "groundless" appeals by the defence.

After release, Díaz immediately flew to Madrid and prosecutors expressed concerns that he might attempt to flee justice. They have called for much stricter conditions to be imposed.

FEWER TOURISTS, MORE INCOME

Tourists to Lanzarote are paying more for shorter stays, recent figures suggest. Statistics show that Lanzarote made more money from fewer tourists during the first eleven months of 2022.

Although 10% fewer tourists arrived than compared to the last normal (pre-pandemic) year, 2019; the island made €27 million more.

Price rises are the obvious reason – in 2019, the average price of a night's accommodation only exceeded €100 once, in the month of August. Last year it was over €100 for four months, and very close to that figure for three more.

Figures also show that the average length of stays are getting shorter, with the exception being the high-season month of August.



IZQUIERDO Y DE LA CUEVA

ABOGADOS ~ LAWYERS ~ RECHTSANWÄLTE

Established since 1986 ~ Serving you on Lanzarote for over 30 years

- Spanish Wills and advice on English Wills
- Conveyancing and transfers of lease
- Personal Liability Litigation Family Law
- Specialists in Holiday Letting Law
- Company Law Assistance with Local Authorities

English Speaking Solicitors Jorge De La Cueva Terrer

Eileen Izquierdo Lawlor Mario Izquierdo Lawlor

Tel: (+34) 928 815 262 Fax: (+34) 928 802 200 info@lanzarotelawyers.com www.lanzarotelawyers.com

Arrecife Main Office Calle Ginés de Castro, 12 - 3° 35500 Arrecife - Lanzarote

By appointment only Tuesday & Thursday 9am - 1pm Playa Blanca Office Call: 928 815 262 Calle La Peña nº10, (above Foto Event) 35580, Playa Blanca - Yaiza - Lanzarote

By appointment only Puerto del Carmen Office Call: 928 815 262
Calle San Carlos 1, Nº. 26 Local 2 - Pto. del Carmen (Opp. Lidl beside Hiperdino Express and Tias Land Registry Office)

ASTRID PÉREZ TO STAND AGAIN



Astrid Pérez of the PP has formally announced her intention to stand for the Mayor's post in Arrecife, a position she has held for the last four years.

Pérez made her announcement to party members last month and stated her intention to win a "majority" for the PP in the capital.

This may prove challenging. The PP were the second-most-voted party in 2019 after the CC, and Pérez became Arrecife's Mayor after an unprecedented pact with the Socialists aimed at keeping the CC out of power.

Recent opinion polls and historical results suggest that Arrecife will once again be ruled by a pact, to which Pérez may or may not be party.

COSTA TEGUISE RENOVATION WORKS BEGIN

Teguise Ayuntamiento has announced the start of renovation works in Costa Teguise that, over the next 5 months, will see improvements made to several streets in the popular holiday resort.

The company awarded with the renovation contract will carry out work on several different streets and playgrounds thanks to an investment of over 440,000 Euros.

Works commenced last month on the Avenida del Golf, and the Lanzarote company Hormiconsa will have 5 months to complete the works.

Mayor of Teguise, Oswaldo Betancort, visited the works in the municipality and stated that the new phase



is "necessary to improve the town of Costa Teguise in terms of roads, works, safety and accessibility, which have been added to the plans for the renovation of lighting and asphalting, while new investments are being prepared in view of the unstoppable population growth of Costa Teguise and its urban development."

CC ABANDON YAIZA PACT

The Coalición Canaria (CC) party has abandoned the ruling group in Yaiza's Ayuntamiento.

Migdalia Machín, CC's secretary on Lanzarote, announced that the decision had been taken following Mayor Óscar Noda's "repeated refusal to hold a meeting on the continuance of the pact."

The news is no surprise. Relations between the CC and Noda's Unidos Por Yaiza (UPY) party have been tense for some time. It remains to be seen whether the two CC councillors in Yaiza's government will follow their party's lead and resign. If so, Noda will be left to govern in a minority.

Battle lines are now being drawn up for the May elections, in which the CC will attempt to claw back some of the power that they lost in 2019, when an agreement between the Socialists and the PP removed them from the Cabildo and Arrecife's governments. Since then, they have returned as a governing partner in Arrecife, but elsewhere only Teguise and Tinajo have overall CC majorities.

PLAYA BLANCA PORT OFFICIALLY OPENED

Canarian President Ángel Víctor Torres officially opened the new extended port at Playa Blanca last month.

The project commenced five years ago and yesterday Torres praised the "increase in security, the improvement connectivity between Lanzarote and Fuerteventura and the efforts that had led to 45 million Euros being raised.

Torres said that, last year, Playa Blanca's port had registered one million visitors and expressed his confidence that this figure would be exceeded in 2023.

Negotiations to allow cruise ships to use the port are still under way.







lan, George and Joe

Professional, Trusted Financial Advice

Your award-winning, family-run business.

With over 45 years experience, fully regulated

Logic Financial Consultants offer clear financial advice on; • Investments • Pensions • QROPS/QNUPS • SIPP's • Cross Border Tax Planning • Inheritance and Succession Tax • Modelo 720 Asset Declaration.

Guiding you to a future of financial security

Why not call for a free no-obligation consultation?

Ian Whitby DipPFS 634 706 748 George Whitby DipPFS 662 117 268 Joe Whitby 965 020 444

Email: info@logicfc.com www.logicfinancialconsultants.com



The advisers are Logic Financial Consultants are fully regulated and licensed by OpesFidelio who are a trademarked network of Aisa International, s.r.o., regulated by the Czech National Bank to act as an independent securities trader (MIFID) and as an intermediary for Insurance within the EEA. Aisa also holds licences for Supplementary Pensions Savings and Consumer Credit | The company's Identification number is 282 24 981 and can be found in the web app at www.cnb.cz | OpesFidelio and its Trademark are certification marks owned by Aisa Ltd who permit the use of this Trademark in the EU.

ISLAND INFO



RIP ROSEMARY MCMANUS

Rosemary McManus died on January 2nd at her family's home in Dublin.

Rosemary was well-known to many through her job at Sands Beach Resort, where she tirelessly worked to give thousands of holiday makers the best time on Lanzarote.

It was at Sands Beach that she became a close friend of Marieke Vervoort, the Belgian Paralympic gold medalist, and helped to arrange the dispersal of Marieke's ashes on Lanzarote after her assisted death

Rosemary will not only be sorely missed by her beloved son and daughter Jack and Sarah, and her extended family, but she will remain vividly in the memories of all those who knew her - a generous soul surrounded by laughter, dogs and love.

VOICES OF THANKS

Dena Emerson of Voices Lanzarote writes "Normality resumed at Christmas when Voices Lanzarote were able to resume Carol Concerts after three years. Thanks go to Decades Sports Bar in Costa Teguise, and the Parochial Church of Puerto del Carmen for their cooperation and use of their premises. Thanks also for the generosity of the audiences, with whose donations the grand sum of 861,43€ was collected and donated to Calor y Café, the charity which does so much to help the homeless and drug dependents of Lanzarote.

It was regrettable that the church authorities would not permit the use of Yaiza or Playa Blanca churches, and apologies go to those people disappointed by our non-appearance." Contact Dena Emerson on WhatsApp 686 323130 for any further information."

MIÓPTICA IS EIGHT!

We'd like to wish all the best to Mióptica in Playa Blanca, who celebrate their eighth anniversary this month.

The optical centre on C/Correillo has become a firm favourite among locals and tourists who value top quality care and attention combined with a wonderful selection of frames, sunglasses and much, much more.

VETERINARIA LOS CHARCOS

Veterinaria Los Charcos in Costa Teguise has now been providing care, treatment and supplies for pets for 11 years. We'd like to congratulate Nerea and her staff, and wish them many more happy returns.

GOODBYE, CHARLIE

The sudden death of Charlie Chapman in the New Year has saddened Lanzarote.



Charlie was a legendary character on the island. He arrived on Lanzarote in 1986 and opened Charlie's Bar, an exciting, welcoming venue that quickly became the reference for live music in Puerto del Carmen.

Later, Charlie was the driving force behind the St Patrick's celebrations that are now a fixture in Puerto del Carmen. In 2005, after the tsunami in Asia, he organised Lanzaid - a charity concert that was bigger than anything the island had seen before, and further charity concerts followed.

Charlie went on to open the Craic n' Creol in Puerto del Carmen, and then the Good Old Days bar. Just like the original Charlie's Bar, these venues became the firm favourites of thousands of visitors.

Next month will see Puerto del Carmen turn green as the resort celebrates St. Patrick's Day, and you can be certain that there'll be plenty of glasses raised to the man who changed the way things were done on Lanzarote forever.

We extend our condolences and sympathy to Charlie's family.



KIKI KIRK

27TH DECEMBER 1941- 22ND DECEMBER 2022



Kiki and some of her children.

Kiki Kirk, a philanthropist, creator, and long-standing resident on Lanzarote, passed away peacefully in her sleep at her home on Lanzarote on the 22nd of December 2022 aged

81. Born in 1941 in a small town in Denmark, Kiki is survived by two brothers, a sister, and seven nieces.

Kiki moved to Lanzarote in 1979, opening her flagship store Modas Micha on the Avenida in Puerto del Carmen, which still exists today. In 1986 she went into partnership with Kumar Dadlani and together they opened their first restaurant The Bistro. This was followed by several Lanis group restaurants, including La Ola, on the sea front in Puerto del Carmen, which still retains Kiki's unique and original decor.

Her last work was at Serenity in Puerto del Carmen. At 80, even a broken leg could not stop her creating her magic. Kiki changed the face of Lanzarote with her creations and designs.

But her legacy extends far beyond Lanzarote.

In 2001 she visited her niece in Nepal and realised that she could not forget or leave so many children behind when she could help them attain a better life. The result was more than she could have ever imagined.

> Kiki's greatest love and legacy will always be the 25 children who called her 'Kiki mom'. She opened an orphanage in Kathmandu, Nepal, providing education, health, food, safety and an abundance of love for children who adored her as much as she adored them. As well, as this, street children were fed, families were given tools to change their

lives, and the elderly were granted the comfort and dignity denied them for most of their lives.

After the Nepal earthquake 2015 she got homes rebuilt, provided food, clothing, buried the dead, and paid for health care of the injured.

The pandemic, open heart surgery and a broken leg kept her away from her children towards the end, but her spirit and determination ensured that after a trip home to Denmark to see her family, she made one final visit to Nepal.

Despite an accident and a six-week delay, her wish to return to Lanzarote was fulfilled three days before she died.

Kiki will be missed by many on the Island, in Denmark, and Nepal. Her legacy will live on through her children and the many lives she touched wherever she went.

She was so beautiful with kindness - Atticus

BROXI DELIVERS THE GOODS

Members of the Lanzarote Loval Glasgow Rangers Supporters Club paid their annual Christmas visit to the children's ward at the General



Hospital Jose Molina Orosa in Arrecife. In addition to personal gifts for each of the children, the club was delighted to respond to a request from the hospital to provide a new tablet for the ward.

Club Treasurer, Andy McDonald said, 'While we were able to provide gifts to the children and assist the hospital with refurbishing a playroom over the past couple of years, Covid protocols curtailed the actual visits, so it was a delight to have our very own Broxi Bear deliver the gifts in person again this year. As always, it was a humbling experience and the children truly are an inspiration. We look forward to continuing this now long-standing tradition for many years to come'.

Pictured here, are Andy, members of hospital staff and of course Broxi Bear, the club mascot.

What paperwork problems?

We gave all ours to A-Z So we had time to do what we wanted to do!



From residencias, buying cars, NIEs, translating bank letters to police reports. We'll help you with all the details FAST, PERSONAL SERVICE







The Health Company that takes Complete Care of you

Discounts of up to 36% on various health care products

Mob: 678 451 168 Tel: 928 517 709

For all your insurance requirements

www.fia-lanzarote.com

info@fia-lanzarote.com

LIVING FROM THE SEA





Victoriano Santana Cabrera, known to all the world as Torano, opened the first restaurant in El Golfo 41 years ago. We visited him to hear his story, and the story of his village.

Torano was born in Playa Blanca 72 years ago to a local mother, Dolores, and a father, Salvador, who had arrived on Lanzarote at the age of 14 from Corralejo, the fishing town directly across the water in Fuerteventura.

Back then in Playa Blanca, men fished. While nearby towns such as Femés relied on livestock and farming, and Las Breñas provided workers for the saltworks; Playa Blanca men were out in their boats all year round. For the first years of his life that's what Torano did, too, learning at his father's side.

In summer, the fishermen from Playa Blanca would head up the coast and take advantage of the calmer weather conditions in the summer months to fish the waters off El Golfo. The fish they caught were cleaned, salted, dried and sold at Arrecife or further afield in Las Palmas, for prices that Torano remembers as around 25 pesetas a kilo. But during the winter months, El Golfo was deserted.

In the 1960s and 70s, following the rise of mass tourism, Lanzarote suddenly came to the attention of the world, and Playa Blanca began to see more and more visitors. Torano's parents took advantage of this to open Casa



Salvador, a restaurant where Torano learned cooking, waiting tables and other aspects of the restaurant trade.

Playa Blanca, with its stunning beaches and dreamy views over to Fuerteventura, was a magnet for tourists, but El Golfo was also very much on the tourist agenda, too. In 1966 the whole world had seen Raquel Welch being attacked by a pterodactyl at El Golfo in the film One Million Years BC, and Torano realised that the steady stream of visitors who came to marvel at the famous green lake and incredible volcanic landscape of El Golfo offered an opportunity,

In 1981 he was the first to open a restaurant in El Golfo. "People said I was crazy- there wasn't even a road to the village then," he smiles - but the gamble paid off, and 40 years later the small seaside village is perhaps the most famous seafood destination on Lanzarote, supporting 11 restaurants and almost 200 people. "We live well here," says Torano.



Torano with his mother.



"If you want to eat well, with joy and good flavour, come to the house of Torano, the son of Salvador." - Restaurant motto

TORANO ON FISHING

Torano still enjoys fishing, even after a lifetime. His favourite catch is the mero (grouper), because of its size and the quality of its flesh, but he tells us that the Lanzarote fisherman's most wily and respected adversary is the vieja, or parrot fish.

Catching viejas in the traditional way is an elaborate project and first requires heading to the shore at low tide to collect softshell crabs, the most deadly bait for this fussy fish. This is back-breaking work, but once the bait is ready, you can put to sea in your boat (professional fishermen rarely fish from the shore).

When the boat approaches the fishing area, a ground-bait of fish scraps may be thrown overboard to attract fish. Modern boats use sonar to locate fish, but traditional vieja fishermen used a mirafondo – a glass-bottomed bucket. Their rods were thick, often tipped with a seasoned, carved length of goat's horn that indicated bites immediately, and no reel was used – this was not sport fishing.

Torano shows me a selection of bait crabs from the fridge, and as we're chatting a friend hands over a bag containing three viejas – one vivid, brightly coloured female and two duller green males. They'll be on the menu soon.



BUS RAGE



"THE DRIVERS **ARE NOT** TO BLAME **FOR THIS** SITUATION."

The state of public transport on Lanzarote has led to passenger frustration and an increased risk of aggression against staff, according to a representative of the island's bus drivers.

The representative of the CCOO trade union at Arrecife Bus/ Inter City Bus, Ricardo Hernández, has said that delays are due to the fact that there are insufficient drivers to meet demand, and has called for an increase in staffing

On January 11th, a passenger attempted to stab a bus driver at a stop in Puerto del Carmen, apparently infuriated by the lateness of the bus. A few days earlier, the window of a bus was smashed by an angry passenger. Hernández said "Every day there are more acts of verbal, and even physical, aggression because of how passengers are affected. But they should know that the driver is not to blame for this situation."

At certain stops on the island, passengers are used to seeing already-filled buses drive past without stopping, and late arrivals have been a constant complaint about the service for years.

The situation has been made worse by the introduction of free bus transport for regular users, which has increased demand and led to some drivers being called into work on their days off. The return of tourism has also increased demand for buses.

Hernández called for "patience and empathy" from Lanzarote islanders, stressing that the situation is not the



fault of employees. "We need to support each other so that those responsible change the situation that none of us ought to be suffering, not the passengers nor the drivers."

The Cabildo's Transport Councillor, Marcos Bergáz, condemned the attempted stabbing, which "isolated he described as an incident". He claimed that the island government was aware of the problems, which had existed "for many years", and said that the Cabildo was working on a new public transport contract that would provide "more comfortable, frequent and widespread services". This contract would be unlikely to be agreed for several months, he added.

SCHOOL BUS STOPPAGE

On January 9th thousands of Lanzarote schoolchildren had to make their own way to school after the Canarian federation of bus companies, the FET, withdrew all school transport in protest at what they claim are unpaid bills from previous years.

The decision paralyzed school transport throughout the islands, and was supported by federation members Amanda Bus and Lanzarote Bus, the main suppliers of school transport services on this island. Unlike strikes held by workers, the withdrawal of services by companies is not limited by minimal service requirements.

Retired to Spain? Still using your UK-based financial adviser?

UK-based advisers generally do not have the deep understanding of the Spanish regime necessary to provide the most tax-efficient wealth management solutions. Additionally, UK banks, advisers and other financial providers may no longer be able to legally service EU residents now that Brexit has dissolved automatic 'passporting' rights for UK financial services in the EU.

Your adviser needs to live here to be up to date and react fast to changes. Blevins Franks has been established in Spain for over 30 years and has unique insight into the needs of British expatriates. We remain fully regulated to provide advice in Spain.

Talk to the people who know

928 433 411

canaryisles@blevinsfranks.com

www.blevinsfranks.com



INTERNATIONAL TAX ADVICE • INVESTMENTS • ESTATE PLANNING • PENSIONS

LA SANTA AGAINST SALT EXCESS



La Santa's fishermen have opposed the planned desalination plant brine outlet on Lanzarote's north coast, saying that "There are more modern methods, which are less damaging to marine life."

The brine outlet will be part of a major €10 million project of modernisation and improvement of irrigation in Lanzarote's northern areas, aimed at reducing the cost of fresh water for agricultural use. Plans include a desalination plant, a network of dams and

aerogenerators to distribute the water and the controversial brine outlet.

Salty brine is a product of the desalination process, and is usually fed straight back into the sea, although the concentration of minerals can cause changes to ecosystems.

The Piedra de la Salta association, representing La Santa fishermen, said "We understand that the idea of installing a desalination plant is important and beneficial for the farming sector, given how scarce water is. But we request that our fishing nurseries are protected, as salt water damages the weed beds where fish and other sea creatures grow and develop."

The fishermen also criticised the fact that they had only learned of the proposed desalination plant from surfers, who have also opposed the planned desalination plant because of the possible effect the pipeline may have on the famous waves of La Santa.

No studies have been done on the possible effect of the brine outlet, but surfers and fishermen are worried that any changes in the area could have permanent effects on the famous waves of the town, as well as its ecosystems.

Before Christmas. Tinajo Mayor Jesús Machín said that he would never agree to the location of a desalination plant in La Santa, and had always intended that the brine produced by desalination should be ejected at the El Picacho zone, near Montaña Bermejo, not near the town of la Santa itself.

However, the fishermen complain that neither Mayor Machín, nor the Cabildo nor the Canarian government, have informed them about the projects for desalination plants and their execution.



TELEPHONE: 658 753 941

FUNERAL SERVICES

BRITISH-STYLE FUNERAL ON REQUEST

ECOLOGIC URNS AND COFFINS

CREMATION REPATRIATION FLORIST

STRESS-FREE INSURANCE FOR EXPATS









ABOUT US WHO WE ARE

Insure Expats was set up by expat residents in Lanzarote, George and Mike who have the desire to improve insurance services for clients. As the majority of expats in Spain will know, getting anything done is always very "mañana, mañana". While this can sometimes be a positive, it's not ideal when talking about insurance claims or worse still, trying to get urgent cover out of hours!

OUR

SERVICES

Insure Expats services include a widerange of insurance cover for expats in Spain. This includes residents living in the Canary Islands and Balearic Islands. Our team speak fluent English and have lived in Spain for many years. We know how frustrating it can be to get things sorted here, and that's exactly why we started this company. It doesn't have to be difficult, and with Insure Expats services, it isn't.



OPEN 7 DAYS A WEEK

We aim to turn around all quotes within 30 minutes between the hours of 9am and 9pm, 7 days a week!



BEST PRODUCTS IN SPAIN

We have exclusive access to some of the best products and premiums in Spain!



DISCOUNTED RATES

If we can't beat your current insurance quote, we can usually PRICE MATCH!



(0034) 828 68 04 84



info@insureexpats.com



insureexpats



insureexpats

All of our services are English speaking, including a dedicated claims line so you will NEVER have a communication problem.







This year's carnival season will be the first fully unrestricted one for four years, so get those masks on and get ready to party!

Carnival is a Canarian obsession. That's because these islands do it better than the rest of Spain, bringing Latin American style and vivacity to an event that was banned and suppressed for many years.

ELEMENTS OF CARNIVAL

The big parade itself is the most visible part of carnival, but often one of the last of the events to take place in each town.

That's because much of carnival goes on out of sight of tourists and visitors. First, there are months of preparation and rehearsals in workshops and studios all over the island. Then there are several contests and presentations that usually take place in the local towns. Only in the final few days does everybody hit the street for the gran coso or cabalgata (parade).

COMPARSAS

Comparsas are dancing groups, and one of the most beautiful and memorable parts of the carnival parade. These are the women, girls, and often the guvs in amazing birdof paradise costumes, swaying down the street, dipping and twirling to the drums and bringing glamour, colour and grace to the whole affair.

MURGAS

Murgas are the irreverent, comical spirit of carnival. Usually dressed in clown outfits, these groups have practiced songs that will poke merciless fun at local politics or current affairs.

BATUCADAS

The batucadas are the samba-style drumming groups that provide the

thunderous pulse of carnival. Sometimes they're associated with a comparsa; more often they just turn up in their own wild costumes and start laying down the rhythm. You'll hear them long before you see them.



AYUNTAMIENTO DE **SAN BARTOLOMÉ**

Plaza León y Castillo, s/n 35550 - San Bartolomé



@ayuntamientodesanbartolome



www.sanbartolome.es

928 52 01 28 - San Bartolomé



928 82 03 08 - Playa Honda



CARROZAS

Carrozas are the floats that are painted, covered in papier mache, and adapted into all kinds of inventive shapes and styles. They're usually a mobile base of operations for a group of costumed carnival goers, and they may carry a full band or pump out carnival music in an

attempt to attract dancers to follow them.

CARNIVAL QUEENS

The carnival queens are elected at earlier events. The Queen herself may be seen in her astonishing carnival outfit – so big that she's unable to move without assistance. There'll also be a child Queen in attendance, while Drag

Queens – strange and fantastic creatures – will also be present

OLD TRADITIONS

You'll usually see the older carnival traditions at the beginning of the parade. In Arrecife, for example, that means the hoped-for appearance of Juan Medina Guzmán, the Charlie Chaplin impersonator who has led the parade for decades.

Even older traditions are Los Buches, an ancient carnival group who dress up as fishermen and carry inflated fish bladders.

Then, of course, there are Teguise's Diabletes, a shambling, clanking gang of blokes with bull masks whose only job is to scare you.

CARNIVAL MAGIC

At all fiestas on Lanzarote, it's not really the big events that are important. It's the smaller things that stay in the mind – children playing with each other in their costumes, old ladies laughing arm-in-arm, teenagers flirting with each other the way they've done for centuries.

The parade is fun, but once it finishes, adults will party until the small hours in the bars and restaurants. Carnival isn't just a night; it's a state of mind.

Carnival in February

ARRECIFE GRAND PARADE MONDAY FEBRUARY 20TH, 6PM.

Arrecife's parade is always the first and biggest on the island, and nobody wants to miss it. It gathers near the football stadium/bus station from 5pm on and the whole gloriously chaotic explosion of noise and colour heads off towards the Cabildo at about 6pm.

SAN BARTOLOMÉ GRAND PARADE TUESDAY FEBRUARY 21ST.

San Bartolomé holds its own carnival parade on Shrove Tuesday, a public holiday on most of the island.

ARRECIFE, BURIAL OF THE SARDINE SEAFRONT. WEDNESDAY, FEBRUARY 22ND

How does Arrecife mark the end of carnival? That's obvious – by making a gigantic fish out of papier maché then holding an immense funeral parade for it before burning it on the beach.

PUERTO DEL CARMEN GRAND PARADE SATURDAY, FEBRUARY 25TH FROM 6PM.

Puerto del Carmen's seafront route is one of the prettiest on the island, frequently taking place in front of a gorgeous sunset. It's always popular with tourists.

There'll be further parades over the following weekends, and we'll bring you full details in our March issue.





CKATER BOY

The surfers at La Santa and Famara aren't the only board riders on Lanzarote. The island also has a long-standing passion for skateboarding, with several skate parks dotted around the island. And one of the brightest hopes for Lanzarote skating is 11-year-old Kayden Hewson Cantoni, from Güime.

Kayden first jumped onto a skateboard on a summer camp at the age of five. His grandfather Bob said "I couldn't believe it. It was an old scrap board, but his balance was amazing." After more camps, Kayden started attending the Extreme Center in Playa Honda, an indoor skate park just down the road from his home in Puerto del Carmen, where he has received expert coaching for the last five years.

He's been wowing the judges at various competitions over the last couple of years, and his latest achievement was in the Mojo Wheels competition last November, where he won the under-12s competition and placed third in the under-16s, more than holding his own against older, more experienced skaters.

Bob says "He's made for it. His coaches say he's got a "skate brain". They also say he's a bit crazy, the way the best skaters have to be." Kayden's suffered a few injuries while skating, but sponsorship means that he always skates with the best

protective gear and equipment.

When he's not at the Extreme Center, Kayden heads up to Famara or Arrieta to skate with friends, and he also plays as a striker for the Puerto del Carmen football club. However, even though one of his trainers is convinced he'll be a natural at surfing, his parents are still a little nervous about seeing him on the waves at Famara.

At the age of 11, Kayden still has years to practice and perfect his skills. "This year and the next year will be a real learning curve, for him" says Bob, But he's willing to go anywhere. He just loves skating."

Kayden's coach at Extreme Center, Diego Rosende, says that the competition calendar for 2023 is still being finalised, but he hopes that Kayden will be competing on the Canarian circuit in Tenerife and Fuerteventura, and , hopefully, over on mainland Spain, too. "He learns fast and his progress over the last two years has been incredible," says Diego.

The Leading Insurance Broker for Expats and Foreign Residents in Lanzarote



- + 26 years of Experience
- + 25 Insurance Companies

Offices in Spain, Portugal & Germany



YouTube Chanel SPECIAL LANZAROTE VIDEOS

@c1brokerinsurance







Home





Life







+34 928 132 334

lanzarote@c1broker.es

We work with the Best Insurance Companies in Spain



































Ed's Postbag 🔑

Readers are reminded that views and comments expressed within the Ed's Postbag page are those of the contributors and may not necessarily reflect the opinions or standpoint of our staff. It should also be noted that we are an independent publication free from political persuasion or governmental censorship.

SOCIAL HOUSING AT LAST

Dear Ed,

I recently read an article on your website regarding the Arrecife Ayuntamiento's plan to construct much-needed social housing. It's good to see that finally, after what feels like an eternity, the island will be getting some housing options.

However, might I suggest that just "134 units" as your article says, isn't going to be enough. It's a good start but we need to keep going. More housing in different municipalities.

Sandra Goodson

LOOKING FORWARD TO CARNIVAL

Dear Editor.

I cannot wait for the return of carnival season! It's been a long two years and I'm sure this year is going to go big to make up for missing out due to Covid restrictions.

I've only been to carnival once so I would like to know which ones are the biggest and the best. Arrecife? Puerto del Carmen? And will you be reporting on them?

Thanks, Brian Hedding

Ed: Arrecife is the biggest, but Puerto del Carmen has a prettier route – they're both fantastic evenings out with plenty of incredible sights and sounds, and there's more to come in March. Details are on page 17 and we'll publish more info on our website. Enjoy the carnival!

FARCICAL JUSTICE SYSTEM

Hi Gazette,

The decision to release the murder suspect in the Romina court case is heart-breaking not only for the victim's family but also the families of thousands of gender violence victims worldwide.

Released based on a law that has been taken advantage of by the defence lawyers... now free, what stops him from fleeing the country?

How has this happened? Surely, they can't just let him go.

Regards, Janet Beasley

Ed: Spanish law states that a suspect cannot be held awaiting trial for longer than four years, and delays due to Covid, changes of judges and defence appeals meant that this time has expired. The island has been shocked by the release, and the way the victims family been let down by the system.

Send your letters to Facebook @Gazettelifelanzarote or our email editorial@gazettelife.com



The Hispano Británico educates youngsters to become individuals, and is dedicated to

giving all students the very best opportunities, with many girls becoming

OUTSTANDING YOUNG WOMEN IN SCIENCE



Ordinary youngsters who will now have such extraordinary lives.

The Colegio Hispano Británico was founded in 1976.

It is the only accredited overseas British curriculum school (BSO) on Lanzarote. It is a recognized centre for the University of Cambridge (CIE), London Edexcel examinations and Trinity examinations. It is a UCAS centre for university entrance, an examinations centre for the Open University and the Goethe Institute.

In 2014 the school was authorized by the British Government as a Centre for the instruction of teachers in their postgraduate year.

It is quality assured by Ofsted (British DfE number: 141421)

Colegio Hispano Británico

in Puerto del Carmen

RECEPTION - PRIMARY - SECONDARY - A LEVELS

Information: 928 17 30 66 – info@colegiohispanobritanico.com

Prize Crossword





LANZAROTE DENOMINACIÓN DE ORIGEN

1	2	3	4	5	6	7
8			9			
10				11		
12		13	14		15	
16	17		18	19		
20				21		
22						

ACROSS

- 1. Neil Diamond song that has become a sporting anthem (5,8)
- 8. Small motorbike (usually less than 100 cc) (5)
- **9.** Masticating (7)
- **10.** Biggest (7)
- 11. African country, capital Niamey (5)
- **12.** Singer who joined The Pogues for Fairytale of New York (6,7)
- **16.** A layabout (5)
- 18. Refreshing hot drink served in Morocco (4,3)
- 20. The sack, or an exclamation used when doing heavy pulling (5,2)
- 21. Style of jazz pioneered by Charlie Parker and Dizzy Gillespie (2-3)
- 22. U2's breakthrough 1987 album, whose running order was decided by 12 across (3,6,4)

It's carnival season, but why bother going out and dancing in the street when you could be solving a crossword? Get cracking and send your answers to us at editorial@gazettelife.com (mark email "Crossword", WhatsApp to 628628083 or post/deliver to our address on pg 3. Then you can dance until dawn.

The winners will get a bottle of La Geria wine, and a €10 voucher for Hankey Pankys in CC Montaña Tropical in Puerto del Carmen.

Last month's crossword winners were Janet Hooper of Playa Blanca, who wins a bottle of La Geria's legendary Lanzarote wine; and Nicole Van, who will take a table at Hankey Pankys . Well done , you two, and you can both pick your prizes up at the Bookswap in Puerto del Carmen.

DOWN

- **1.** 1959 comedy film starring Marilyn Monroe and Jack Lemmon (4,4,2,3)
- **2.** The biggest species of penguin (7)
- **3.** In 2021 James Bond managed to do it despite having no time for it (2,3)
- **4.** Racecourse in Berkshire (5)
- **5.** Relating to the open sea (7)
- **6.** Sugary cake decoration (5)
- **7.** American writer of mystery and horror stories (5,5,3)
- **13.** A missile fired from a submarine (7)
- **14.** Extinct hairy elephant (7)
- **15.** U2's second album, released in 1981. (7)
- **17.** A word for holidays in the military, for example (5)
- **19.** A region in the south of Egypt and north of Sudan (5)

Last month's answers Across: 1.Bradley Cooper 8. Naked 9. Bathtub 10. Evade 11. Emperor 12. Rod 13. Divas 14. Par 15. Nylon 17. Saddled 19. Impress 21. Bongo 22. Green Fingered **Down:** 1. Binge drinking 2. Awkward 3. Ladle 4. Yob 5. Octopus 6. Peter 7. Robert Redford 11. Elves 13. Dungeon 14. Pilsner 16. Lapse 18. Debug 20.Ski

THE M®NSTER SOUND!

As Monster Radio builds up momentum, there are more reasons than ever to tune into your No. 1 local Live Lanzarote radio station.

Monster prides itself on being "The Little Radio Station with the Big Heart", and this claim has never been more justified as the station gets behind local charities who are raising vital funds, and helps to find lost pets. There have even been onair marriage proposals and recorded messages declaring unconditional love, and Monster's heart is sure to be beating as Valentine's Day approaches!

beating as valentine's Day approaches:

Every day prizes are given away, some from the station's sponsors and others from the owners and presenters of the station.

Whether you're tuning in on your wireless, listening in online or joining us in person for one of our hugely popular outside broadcasts, there's something for you on Monster FM. And if there's anything else you want, from a request to an announcement, then get in touch via WhatsApp on 620 448 789 (Add 0034 if outside of Spain) and let us know!







Monster is Live On Air 7 days a week from 7.30 am to midnight (beyond at the weekends), with dozens of presenters and shows, local and national news headlines and live traffic updates – as you listen.

So get that dial changed to 99.9 FM, or head to Monster's website at www. monsterradio.es, or www.radio.net.

Monster Radio – You Know it Makes Sense!



anzarote

99.9







Monster Radio

The Little Radio Station with a Big Heart!

Listen to us at: www.monsterradio.es or on the app: Radio.Garden





Caldera Blanca is one of the must-see volcanoes on Lanzarote - a huge crater that is at its best in the winter months. Tour guide David Penney takes his group on a short cut to the summit.

> The usual access to this crater is along a very rough lava track, so we took advantage of local knowledge, cut out the long lead-in and drove along the outskirts of the Timanfaya National Park area directly to the base of the volcano .This option is only accessible with a 4 x 4 vehicle and it is NOT accessible by a hired car.

> This short cut saved us more than 2 hours of tough trekking along a path which is not kind to your feet or footwear.

> Caldera Blanca is almost 1km in circumference and it is the largest crater of its kind here on Lanzarote. It gets its name from the almost-white colouring of the lava material, which is especially noticeable when the sun is shining directly on it.

> We agreed that it wasn't a race to get to the top, as the group was made up of a mixture of ages and fitness levels, with two of the women in their mid 70s. Everyone did







very well, and we stopped a few times on the climb up, often taking in the view of the impressive lava flows in the Timanfaya National Park area.

We could also see amazing views across to the North West coastline to Tenesar and Playa de las Malvas.

The track we took up to the ridge is longer and steeper than the regular route as it takes you higher on the ridge and round further to the west of the crater. Previously I have trekked clockwise around the ridge up to the trig point and highest section of the crater, but on this occasion we decided against it due to the profile of the group and the wind conditions. If it is very windy it can be quite dangerous along the top, as it is exposed and there is no shelter.

We spent several minutes taking in the magnitude of this enormous crater and enjoyed a wee break with nuts and raisins being shared around the group. When it was time to make our descent from the ridge, we discussed the options. One route was to drop down from our point on the ridge to the lowest part and then take the lower track down. This would then mean we had to walk anti clockwise back around the base back to the 4 x 4 parked up, and would add about another 40+ minutes to the trip.

We decided to take the same track back down as we had climbed up and use the time more productively to watch the sunset from Playa de la Madera.

We then celebrated Día de Reyes with some pasta and drinks which finished off our day nicely.

Alternative route: The usual route to the Caldera Blanca involves parking on the Camino al Cráter just off the LZ-67 exiting Mancha Blanca. The car parking area is about 800 metres from the road, and from there it's a 3 kilometre hike over extremely rough terrain, skirting the base of Montaña Caldereta before crossing the lava flow and ascending to the rim of Caldera Blanca.

If you choose this route, we'd advise taking sun protection and water, taking a companion and wearing tough footwear.

Photos provided courtesy of ADRIYANA HODGE.

For further information about walks around Lanzarote please contact, DAVID Penney via email lanza888@yahoo.com

OR via WhatsApp message 0034 649389888



Chu Cho's

- Boarding Kennels & Cattery
- Dog Grooming Service



- Fresh Food & Healthy Diet
- Two Walks Every Day
- Unlimited Cuddles & Daily Updates By appointment only please call:

+34 606 423 656





ARE YOU A DOG PERSON OR A CAT PERSON? THE ANSWER IS PROBABLY NOT WHAT YOU THINK.

For years, social media has been full of tests and socalled studies that try to tell you whether you're a cat person or a dog person. Endless arguments about which is the best pet have taken place, and many people are firmly convinced that they'll never change their preference.

Some psychological research does show differences - selfdefined cat lovers tend to be more open-minded, sensitive, solitary and score higher on IQ tests, while dog lovers are outgoing, social, energetic and lawabiding.

But maybe all this reflects is that dogs and cats are different. Dogs require exercise, space, social interaction and training, while cats are much more independent, selfreliant and unteachable. Your lifestyle, not your personality, will dictate the

pet that is better for you.

Then there is conditioning: many so-called cat or dog people simply grew up with their preferred pet, and have never changed.

It's a shame, because it may prevent some people from finding the right companion. Cats are often more suitable for older people than dogs, but if you've convinced vourself vou'll never have a cat, you may be missing out.

Many dog people who have ended up with a cat, and vice versa, have discovered their previous preferences were based on prejudice. And, of course, there are plenty of folk who have been lucky enough to share their lives with dogs, cats and other animals.

So the next time you're asked whether you're a dog or a cat person, think. You may be both.

SARA DOG AND CAT OF THE MONTH



Sacha is a typically exuberant podenco with a real lust for life. On the small-side, this 17-month-old girl is affectionate and loves other dogs. Although a little nervous at first, she is quickly gaining confidence and would make a wonderful companion for the right family or active person. Find out more about her at http://saraprotectora.org or book an appointment on 928 173 417 (English spoken). Dog walkers welcome from 10.30 13.00 Monday-Saturday (Saturday by appointment only). If it is your first visit, please bring ID.



NUA

Nua is a pretty two-and-a-halfyear-old female cat. She has been at the shelter for a while, which is a surprise. Although a little timid at first, once she gets to know you she is incredibly sweet and just needs a little place in your home - and your heart. Find out how to meet her and about adoptions at http:// saraprotectora.org. There are also limited places for people to help with socialising cats. Email info@sara-lanzarote.eu.

Celebraling

Anniversary!



Opening hours: Mon. till Thuis from 10am - 6pm and Fri. 2pm - 8pm but request an appointmentals each pet deserves its own time!



CONTACT INFORMATION:

Landline: 928827210 - WhatsApp: 634544110 - Email: nerea@loscharcosvet.com C.C. Los Charcos, Local 30 - Avda. Islas Canarias, Costa Teguise





We now offer regular, overland schedules to the EU and the UK.

Our overland pet carrying vehicle - Both the driver and vehicle (which is fully air conditioned) are licensed in the EU and in the UK for transporting pets.



ACTITUD MARCA LA DIFERENCIA

(0034) 639 322 396 - Stacey

©

OUR ATTITUDE MAKES THE DIFFERENCE (0034) 666 504 625

- Annette 💿 🏶

UNSERE EINSTELLUNG MACHT DEN UNTERSCHIED

(0034) 615 311 304

- Eva # 0 -

VISIT OUR WEBSITE OR FACEBOOK PAGE TO SEE WHAT WE CAN OFFER!

www.woodsidecargosl.com

f /woodsidecargosl

info@woodsidecargosl.com Office Tel: +34 928 344 580 UK 07365 734 003





It's not hard to wake up in a good mood on Lanzarote, where the sun is usually streaming through the windows, the weather is warm and there's a gorgeous island out there to enjoy. But many of us still don't take waking up refreshed and happy seriously enough. Here are some tips to get the day off to the best possible start.



The best way to start the day is after a long, peaceful uninterrupted sleep. Your batteries will be fully charged and you'll be ready for anything. However, many of us feel very different in the morning.

One of the main causes of poor sleep is an uncomfortable bed, and this can be an expensive problem to fix. That's why choosing a bed should be taken seriously - take your time, try beds out and make sure you're happy before you buy.

Other tips for good sleep are to avoid eating, and especially drinking alcohol, immediately before going to bed; turn off phones, tablets and other sources of "blue light", and do your best to cut down on noise.















Your optician in Lanzarote. Tel. 928 518 605 | Playa Blanca, El Correillo 42

Free eye test Digital retina exam Tonometry test Specialist in varifocal lenses Transition lenses Contact lenses



SUNGLASSES

RAY-BAN - PRADA - CARRERA CAROLINA HERRERA - RALPH 2 SINGLE VISION NEAR OR LONG DISTANCE, CLEAR OR SUNGLESSES WITH ANTIGLARE LENSES

LIZ FORMERLY OF HAIR & BEAUTY



For all your hair and beauty needs please call us for an appointment!

+34 606 423 656 F @LaLuzSalon



Wake up call

Getting active is important once you're awake. For many of us, the first activity of the day is a shower, which does much more than keep us clean. A shower will improve circulation, get your skin zinging and simply wake you up completely. It's also a highly symbolic ritual - an essential part of preparing for the day ahead.

Early morning exercise doesn't suit everyone, but those who do it usually swear by it, and you'll see early morning joggers and even swimmers in Lanzarote's resorts most mornings. While many believe that tiring yourself out so early might make you more tired later on, the truth is usually different, and that early morning work-out will give you energy to spare throughout the day.

Breakfast

Spanish breakfasts are not renowned for their healthiness. The most popular breakfast among children are sugary chocolate drinks such as Cola Cao or processed cereals. Many adults will often start the day with a hit of caffeine in the form of coffee, and a sweet pastry. It may hit the spot, but it isn't particularly healthy.

There are healthier options, of course. Lanzarote is full of fresh fruit, perfect for a vitamin-packed smoothie. You'll also find whole grains and seeds everywhere, and a handful of dates or dried fruit can provide enough energy for the day ahead. Porridge is also catching on



in Spain - its slow release of energy perfect for busy people.

Skipping breakfast is increasingly popular, but tends to cause tiredness and fatigue later in the day, as you start "running on empty". As a general rule, it's always a good idea to get something inside you in the morning.

Get your mind in shape

Mental preparation is also important to start the day right. Doing a crossword or sudoku over breakfast isn't just a pastime, it's a little work-out for the mind that helps wake you up. Meditation is also a really effective waker-upper - a moment of peace and calm that gets your head in just the right place for the day ahead.

Getting organised is recommended - if you have a list of objectives for the day ahead, you'll tackle them much more effectively.

Finally, there's the social aspect. This is no problem for families or most couples, but those living alone should make an effort to communicate with someone else each morning. It's the most effective way to engage with the day ahead and the world you live in.

If you don't have anyone to contact, a pet can be a great way to feel less alone in the world. Pets need care and routine, and your dog or cat will soon remind you when you've strayed, as well as giving you rewards you'll enjoy every day of your life.

State-of-the-art diagnostics: High resolution computed tomography (CT) Diagnostic ultrasound with colour / power doppler Skin cancer screening with computerized documentation



If you have any specific questions, please contact us. We have a broad network of doctors and will find a solution for you.



Puerto del Carmen - Playa Blanca - Costa Teguise

Medical Examination and Treatment • General Medicine • Internal Medicine

• Gynaecology • Surgery • Urology • Dermatology • Allergology • Pediatrics • Physiotherapy

Tel: 928 512 611 info@lanzamedic.com emergency phone: 649 973 366



Ramesh and Sara, owners of the popular Playa Blanca restaurant Indian Delights, share an Indian restaurant classic that's simple yet packed with flavour.

METHOD

- 1. Heat oil in a large frying pan on medium high.
- 2. Fry diced onion, add garlic paste, and fry until golden brown.
- 3. Add the tomato puree, the spices one by one, stir well for 2-3 minutes or until aromatic.
- 4. Add 200g cubed chicken pieces and fry well for 7-10 minutes. (To stop the sauce/chicken from burning, add a spoon of water as you fry.)

INGREDIENTS:



- 5. Add sliced green & red capsicum peppers and stir for a further 3 minutes.
- 6. Pour in a cup of water and leave simmering on medium heat for 5-10 minutes.
- 7. Check that the consistency of the gravy is to your liking, add salt to taste, and remove from the heat.
- 8. Serve hot and garnish with capsicum peppers and a sprinkle of fresh coriander.

















IN THE CENTRE OF PLAYA BLANCA, OPPOSITE TO THE MAIN TAXI RANK.

www.kebabhouseplayablanca.com

Find us at AVENIDA PAPAGAYO 11, PLAYA BLANCA 35580

CALL US on +34 686 010 125 or +34 828 047 091





IMAGINE INDIA

Playa Blanca

Avda Maritima Tel. +34 928 518 715 Near Pandora Shop & Yum Yum

OPEN DAILY 12:00 - 23:00

HOME DELIVERY NOW ALSO AVAILABLE IN PLAYA BLANCA contact 928518715 for

information & orders

WE SERVE WHAT WE EAT, HEALTHY FOOD

Children MenusGluten-free foodUnique vegetarian dishes





HOME DELIVERY ANYWHERE (CONSULT MIN. ORDER) CALL +34 676 229 497 OR+34 928 512 747



INDIAN **AROMA**

Puerto del Carmen Avda de las Playas 14, C.C. Las Tabaibas Tel. +34 928 528 405

Open daily 12.00am - 23.00pm

INDIAN **ZAFFRAN**

Puerto del Carmen

Tel. +34 928 512 747

Near the Biosfera Commercial Center

Open daily 17.00pm - 23.00pm

BOLLYWOOD

Puerto del Carmen Avenida de las Playas 67

Open daily 12.00am - 23.00pm

BOLLYWOOD

Puerto Calero Avenida Maritima 6 & 7 Tel. 928 511 532 Open daily 12.00am - 23.00pm



The big event in February will be carnival, but there are still several other tempting events taking place on the island, including a rare visit from a living flamenco legend.

MUSIC

EL AFECTO ILUSTRADO 3rd February, 8pm The El Afecto Ilustrado musical ensemble will perform a repertoire from the early Baroque and early romantic eras as part of the 39th Canarian International Music Festival. Tickets €10: www.culturalanzarote.com Teatro Víctor Fernández Gopar, Arrecife.

SHAILA DÚRCAL

February 2nd, 8.30 pm.

The daughter of Spanish legend Rocío Dúrcal is a hugely popular singer in her own right. She'll be performing at Tías's Canarian Wrestling Stadium as part of this year's Fiestas de La Candelaria. Free entry. Terrero de Lucha Ulpiano Rodríguez Pérez.

CORAL POLIFÓNICA SAN GINÉS

4th February, 8pm

Arrecife's excellent choir bring "La Justa" to the Convento de Santo Domingo this month, a concert featuring music from the Spanish Renaissance.

Tickets €10: www.culturalanzarote.com. Convento de Santo Domingo, Teguise





ESTRELLA & KIKO MORENTE

16th February, 8pm

An absolutely unmissable treat for flamenco fans, the internationally acclaimed Estrella and her brother Kiko will perform a tribute to their father, the legendary Enrique Morente.

Tickets €25. www.cactlanzarote.com. Jameos del Agua.

CINEMA

AFTERSUN

2nd February, 8:30pm

Paul Mescal and a brilliant young Frankie Corio star in this heart-rending film about a father and his daughter, which won several best film awards last year. "Aftersun" is directed by Charlotte Wells and will be screened in the original English with Spanish subtitles.

Tickets €3: www.culturalanzarote.com. El Almacén, Arrecife.





EXHIBITIONS

JUAN GOPAR

Until March

Local artist Juan Gopar's installation, Scheherezade and the 1,001 Arrecifes is a fascinating reflection on the Charco de San Ginés.

Casa de Cultura Agustín de la Hoz, Arrecife.

CARNIVAL IS HERE!

Lanzarote's biggest street party returns this month after years of restrictions, and it's going to be massive!

For February's carnival events see our feature on page 17. Parades will continue into March, and we'll keep you updated on those in next month's magazine as well as on www.gazettelife.com.

SPORT · · · ·

2023 HAND BIKE RACE

10th - 11th February

The 13th edition of the Lanzarote Hand Bike race will take place in Playa Blanca.

Registration for the upcoming race will open on the 7th of February.

Registration to be completed online: www. cronolinecanarias.com

O +34 660 661 104



VOLCANO TRIATHLON

25th February

The Lanzarote Volcano Triathlon will see many athletes and World Champions arrive on the island to participate in the first big triathlon event of the year.

Athletes will face a 1.5km swim, a 40km cycle, and a 10km

Registration to be completed online: www.clublasanta.com

ARKETS & FLEA MARK

FEBRUARY 11TH

SARA car boot sale

at SARA animal shelter starts 10am ends 12pm.

EVERY TUESDAY & FRIDAY:

Puerto Calero Market

(starts 9am ends 1pm).

EVERY SATURDAY

Haria Artesanal (crafts and food)

Plaza de Haría. 10am to 2.30pm.

Arrecife market,

Plaza de San Ginés (farmers market). Morning.

EVERY SUNDAY

Teguise Market

(everything) 9am to 2pm.

Original PALS car boot sale

Lanzarote A Caballo. 9am to 12pm.

Mancha Blanca

(food) Mornings.

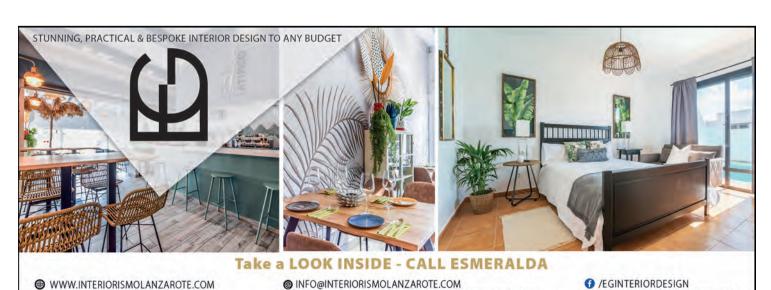
WEDNESDAY AND **SATURDAYS**

Marina Rubicon Market

(Souvenirs and gifts) Playa Blanca. 10am to 2pm.

PLAYA HONDA MARKET

Third Saturday of the month Calle Mayor. 10am to 2pm



O C/ DON JAIME QUESADA "EL MAESTRO" 6, PLAYA BLANCA

@/EG_INTERIORISMO_LANZAROTE





Julie's Live Music Guide

Come rain or shine, there is always amazing entertainment available on the island. February might not be the sunniest of months, but you can't go wrong watching one of the fabulous performers while drinking your favourite tipple.

This guide is divided by area and day. It's growing all the time, so it is a starting point rather than a definitive list. Gigs are subject to change, so please double-check the Facebook page of the bar or artist/group.

Please contact Julie Helliwell via Facebook to add or confirm your event in the next edition (in print and online).

- REGULAR GIGS -

Monday

COSTA TEGUISE

7.30pm: Julie H Music, The Shamrock 8.30pm: John Alan Pick, Four Seasons Rock Cafe 9pm: Scott McO. Tekkers

9.30pm: Carl White, The Shamrock

Band of Gypsies, Decades Bar Band of Gypsies, Decades

Wayne Harrison, Abbey Road 10pm: Darren Morgan, The Lighthouse

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola 7pm: Collie and Deanne, Lava Bar 7.30pm: Maryann, Dicey Reilly's, 8:30pm: Live music, The Dubliner Connor James, Roadside Grill 8:45pm: Dave Bandanna, Rocas Blancas

9pm: Andy King, Marco's Bar, Los Pocillos

Mick Garry, The Good Old Days Graham Jacques, Stars Café

10pm: Collie Farrell, Mulligans Bar, Old Town Mick Bennett & Connor Sloane, Craic n Ceol Gayle O'Donovan, Murphy's Irish Pub Liam O'Sullivan, Dicey Reilly's

PLAYA BLANCA

5pm: Alexander Lammers van Toorenburg, Paulo Bar

9pm: Don Parker, Paolo's Bar, Las Coloradas 9:30pm: Good Intentions, Bikers Beach Club

Tuesday

COSTA TEGUISE

9.30pm: Gerie B, The Shamrock John Alan Pick, Tekkers Bar & Restaurant 10pm: Scott McQ, Saxos

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola 7.30pm: Maryann, Dicey Reilly's 8:30pm: Live music, The Dubliner **9pm:** Nolita, The Good Old Days 10pm: Raggle Taggle Gypsies, Bar 67 Connor Sloane & Jordan Kenneally, Craic n Ceol Gayle O'Donovan, Murphy's Irish Pub

PLAYA BLANCA

9:30pm: Boulevard, Bikers Beach Club

Wednesday

COSTA TEGUISE

9.00pm: Scott McQ, The Venue 9.30pm: John Alan Pick, Cactus Jacks Tara, The Shamrock Gordon Mcfadden, Tekkers Bradley Bromley, Abbey Road 9.45pm: Abba Classics, Champs

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola 7.30pm: Maryann, Dicey Reilly's 9pm: Graham Jacques, Stars Café 10pm: Collie Farrell, Mulligans Bar, Old Town Cabaret & Comedy Drag Show, Betty Boop's Mick Bennett & Jordan Kenneally, Craic n Ceol Gayle O'Donovan, Murphy's Irish Pub Al Murphy & Steve Hogan, Dicey Reilly's

PLAYA BLANCA

9.30pm: The Millsy Brothers, The Harp Bar JäGerBone, Bikers Beach Club Andy King, Las Casitas

Thursday

COSTA TEGUISE

5pm: The Ska Duo, Decades Bar **7pm:** John Alan Pick, Decades Bar Wayne Harrison, Abbey Road

10pm: Darren Morgan, The Lighthouse

PUERTO DEL CARMEN

6pm: Concrete Jungle, Cafe La Ola 8pm: Pedro Ruiz, Dicev Reilly's 8:30pm: Live music, The Dubliner 9.30pm: Gary Mac, Brian Boru 10pm: Collie Farrell, The Irish Viking Andy King & The Gas Tank Dogs, Tequila Bar Alan Murphy & Jordan Kenneally, Craic n Ceol 10.45pm: Amo, Dicey Reilly's

9.30pm: JäGerBone, Bikers Beach Club

Friday

COSTA TEGUISE

PLAYA BLANCA

5pm: Jam Session, Tekkers

8.30pm: Good Intentions, Four Seasons Rock Café

9.30pm: Amy Louise, Abbey Road

PUERTO DEL CARMEN

7.30pm: Maryann, Dicey Reilly's

8.30pm: Cool for Cats, San Antonio Hotel

9pm: Graham Jacques, Stars Café

10pm: Collie and Deanne, Mulligans, Old Town Chris Green & Steve Hogan, Dicey Reilly's

PLAYA BLANCA

9.30pm: Andy King, The Old Mill Boulevard, Bikers Beach Club

Saturday

COSTA TEGUISE

9.30pm: The Ska Duo, Decades Bar

PLAYA BLANCA

9pm: Cool for Cats, Natura Palace 9.30pm: JäGerBone, Bikers Beach Club

PUERTO DEL CARMEN

3pm: The Ska Duo, Hankey Panky's 7.30pm: Maryann, Dicey Reilly's 8pm: Pete Worthy, Waves 9pm: Graham Jacques, Stars Café Gerie B, The Good Old Days 10pm: Al Murphy, Dicey Reilly's

Sunday

COSTA TEGUISE

8.30pm: Darren Morgan, Four Seasons Rock Cafe 9.00pm: John Alan Pick, The Venue

PUERTO DEL CARMEN

7pm: Dan Trayers & Steve Hogan, Dicey Reilly's 8:30pm: Live music, The Dubliner Pedro Ruiz, The Good Old Days 9.30pm: Gary Mac, Scotch Corner 10pm: Collie Farrell, The Irish Viking Comedy Drag & Cabaret Show, Betty Boops Mick Bennett & Connor Sloane, Craic n Ceol Steve Hogan & Chris Green, Dicey Reilly's

PLAYA BLANCA

9.30pm: Andy King, The Old Mill Don Parker, O'Connors

All information was correct when printed but is subject to change. Please check the Facebook page of the artist or venue to verify. To stand out from the crowd, please contact the sales department: advertising@gazettelife.com



LA DOLCE VITA

trattoria





De Jueves a Lunes From Thursday to Monday 19:30 - 22:00h

Horario para reservas telefónicas Reservation hours by phone 16:00 a 22:00

Tlf: 928 591 472







De Martes a Sábado From Tuesday to Saturday 19:30 - 22:00

Horario para reservas telefónicas Reservation hours by phone 16:00 a 22:00

Tlf: 928 591 696



Barceló Lanzarote Active Resort

Av. Del Mar nº 6. Costa Teguise. Lanzarote



LOCAL BULLETIN





RUNNING FOR THEIR LIVES

The Anantapur Ultramarathon saw its 8th edition on January 23rd and, as usual, Lanzarote lawyer Mario Izquierdo was there to take part in an event that has a special link with Lanzarote and the Canaries.

The ultra marathon is run in support of the Vicente Ferrer Foundation, an incredible organization that has existed for over 50 years and transformed the lives of thousands of desperately poor Indians Since the death of its inspirational founder Vicente Ferrer in 2009, the work of the foundation has been continued by Ferrer's English wife Anna.

The 1 km 1 Vida project was founded by Canarian runner Juan Manuel Viera in 2015 and has raised hundreds of thousands of Euros that support sponsorship and life-changing projects over its eight years.

The aim of this year's event is to raise money for an education centre for children with cerebral paralysis in Doranla, a place where no such facilities exist.

To find out more, donate or take part in other races, go to www.1km1vida.org

SHOPPING IN SAN BARTOLOMÉ

ACEA is the Ajei Association of Shops and Businesses, a new initiative that has been set up to promote commerce in San Bartolomé and Playa Honda.

Over 50 businesses have signed up to the project, which was founded by the well-known fashion designer Oswaldo Machín.

ACEA's Facebook page and website offer useful guide to shopping in San Bartolomé - a lovely town that remains little-known to many tourists, but which is well worth discovering - as well as in Playa Honda, where there are several shopping opportunities aside from the shopping centres and industrial zone.

Find out more at the Association Acea Facebook page, go to www.acea.com or check out the advertisement on page 43.





DON'T MISS THE SHORTEST MONTH OF THE YEAR!

Travel, Sail, Discover









SCAN & BOOK





Centres of Art, **Culture and Tourism**

Mirador del Río

Manrique's spectacular viewpoint set into the Famara cliffs looks out over La Graciosa and the rest of the islands of the Chinijo Archipelago.

Cueva de los Verdes

The oldest of Lanzarote's tourist centres is a marvelously lit tour through a volcanic cave system. The optical illusion towards the end is genuinely stunning.

Jameos del Agua

Manrique's space age party venue is located in a lava bubble, where a legendary lake filled with unique blind crabs is flanked by restaurants, cafés, a volcano museum and a natural concert auditorium.

MIAC: Castillo de San Juan

This 250-year old fortress overlooks Arrecife's commercial port and is home to an art gallery featuring works by Picasso, Tapies, Miró and other modern artists. With a famous restaurant and attractive gardens, it's a glimpse of the island's past and future.

Cactus Garden

Manrique's favourite of his creations, this charming garden features over 1,400 different types of cactus and is set in a disused quarry in the heart of Lanzarote's cochineal country. A traditional windmill overlooks the scene.

La Casa Amarilla

The "yellow house", located at the foot of Arrecife's main shopping street, is the old seat of the island's government, and is now an art gallery and information centre.

Timanfaya: The Fire Mountains

Lanzarote's most popular outing offers a pure, breathtaking spectacle at one of the newest landscapes in the world. Take an unforgettable coach trip through the volcanoes and see the power and heat of the earth's inner crust.

Casa-Museo del Campesino

This complex of buildings in the very centre of Lanzarote is overlooked by Manrique's 15m high monument to the Farm Worker. Visitors can buy unique souvenirs, see exhibitions and take part in traditional activities.

Other outings

Museo Agrícola El Patio

Step back in time at this charming and fascinating farm museum on one of Lanzarote's largest estates. Clucking chickens, windmills, living history and a gorgeous location.

Museo del Timple, **Teguise**

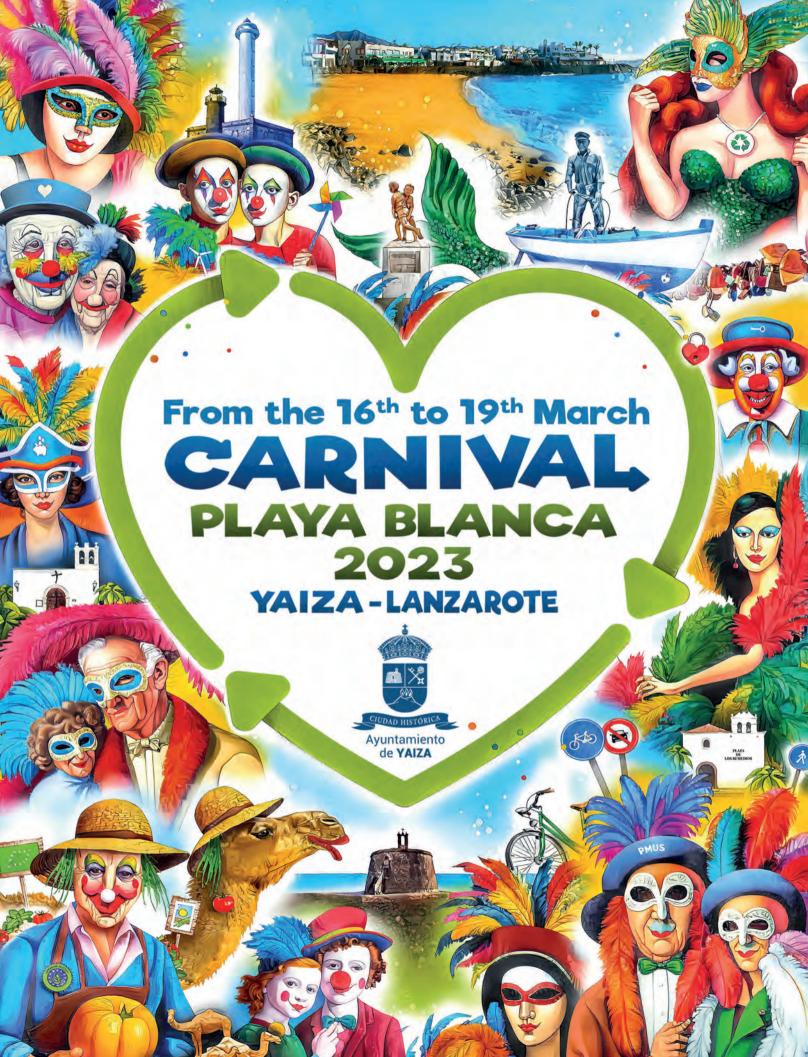
The timple museum is devoted to the small guitar that is the sound of Canarian folk music, but you'll also be amazed by the Palacio Spinola, the island's grandest colonial home.

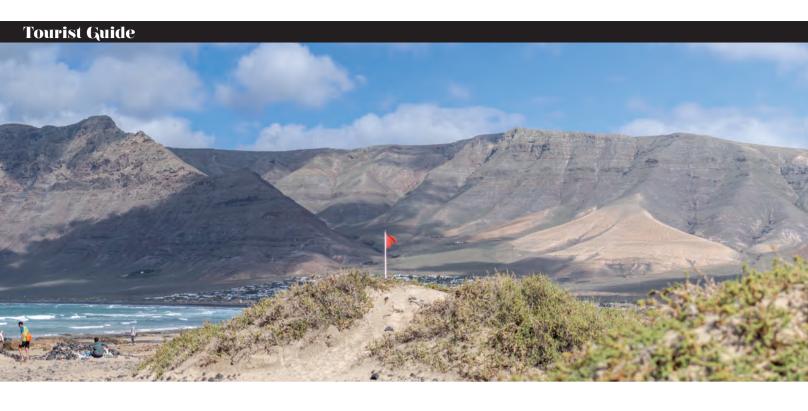
Mancha Blanca Volcano Visitors Centre

Often overlooked by visitors, this terrific little museum will teach you all you need to know about Lanzarote's dramatic volcano country.

César Manrique Foundation, Tahiche

Built in a lava bubble, Manrique's first island home is utterly fascinating. Solid lava flows into a lounge, trees grow out of underground caves, magnificent gardens flourish at every turn and the whole creation is inspirational.





Casa-Museo César Manrique, Haría

Manrique's second home in Haría has been recreated as if the artist had never left us, and gives us a glimpse of the man behind the legend. See his living room, his wardrobe, his record collection and visit the studio where he created many of his works.

Aeronautical Museum, **Lanzarote Airport**

Set in the island's first terminal building, this great little museum gives you a glimpse of bygone days when one plane a week landed here.

LagOmar, Nazaret

Built by Manrique's associate, Jesús Soto, LagOmar is an amazing gallery, museum and restaurant set in a mountainside. It's a magical, unforgettable place.

Pirate Museum, Teguise

Located in a hilltop castle where locals used to hide from raiding pirates, this museum revisits the island's lawless and often tragic past.

Museo Tanit, San **Bartolomé**

A lovely little museum that offers a fascinating glimpse of bygone Lanzarote and the tough, resilient and gloriously creative islanders who lived there.

Close up on: Castillo de San Gabriel

The ancient fort lies on a small islet just off the short of the Arrecife seafront, and is accessed by the Puente de las Bolas bridge, named for its large stone spheres.



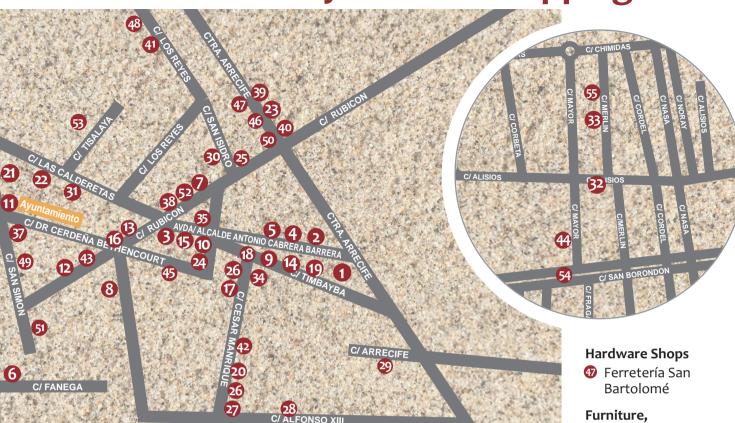
It isn't the original fortress, though. In 1586, the original fortress built on the islet was destroyed during a Turkish-Algerian pirate attack.

The following year Italian architect, Leonardo Torriani, proposed the construction of a new fortress in place of the original. Torriani also constructed the Puente de las Bolas drawbridge.

There are sandy beaches near the castle and a museum inside where you can learn about the island's history from items on display.

The castle museum is open from 10am – 5pm Monday to Friday and 10am – 2pm on Saturdays with English speaking staff and translations.

San Bartolomé & Playa Honda Shopping Zones



Fashion

- Deportes Yajova
- Sándalo moda y hogar
- Boutique Elvira
- Calzados Caché
- Aura Novias y fiesta
- **6** Frambuesa
- Oswaldo Machín
- Uniformes Tile
- El remendón

Restaurants

- Pizzería La Valentina
- Bar La Plaza
- Bar restaurante La Barraca
- Pizzería El Callejón

Coffee Shops

- Café Bar Avenida
- Café Barreto
- Mimos Pastelería
- Capi Blas San Bartolomé

Food to Go / Take-aways

- 1 Endulza 2
- Use Llévatelo
- 20 Autoservicio Raquel y Samuel
- Los postres de Noni
- Autoservicio Calderetas
- Vaya Vaya

Book Shop

- 24 Librería Juncar
- Color Plus

Beauty

- Estética Anaga
- Estética Marga
- Barber Canario
- Peluqueria Sagri
- 30 IR Barber
- Isaura Conde Peluqueria
- Elite peluqueros
- Manoli peluqueros

Health

- Fisiosan
- Optica San Bartolomé
- 6 Clínica Invale
- Centro Multidisciplinar Tagoror
- Adrián Martin Nutrición

Eco Shop

Biomeco

Leisure

- 40 Más deporte
- 4 Centro deportivo Alma y Cuerpo
- Celia Medina Estudio danza Emocional
- Cosquillitas en la panza
- Yoga con Amba

Chemists

- Farmacia San Bartolomé
- 46 Farmacia Reves

Decoration & Art

- Estudio Rufina Santana
- Muebles San Simón
- 50 Muebles Rubicón
- Pablo Ramos Baldi Shop & Art
- Muebles Machin

Garden & Pets

59 Cordovés y Morales

Electronic Cigarettes

Vaper Tienda

Travel Agencies

Viajes Playa Honda

Scan here for more information





www.acea.com



STYLISH AWNINGS 5 **SUN & SHADE BLINDS MOSOUITO BLINDS** SHOWER ENCLOSURES STRUCTURES & PERGOLAS **CUSTOM AWNING SAILS**

We are specialists in awnings, windbreaks and interior window blinds

See ad in Marketplace

Call for a visit and design ideas

■:3■ +34 626 492 701 **三起:** +34 928 524 013

www.lanzaroteblinds.es info@solysom.es





Opening hours: Monday to Friday from 08:30 - 16:30

COMPLETE SERVICE

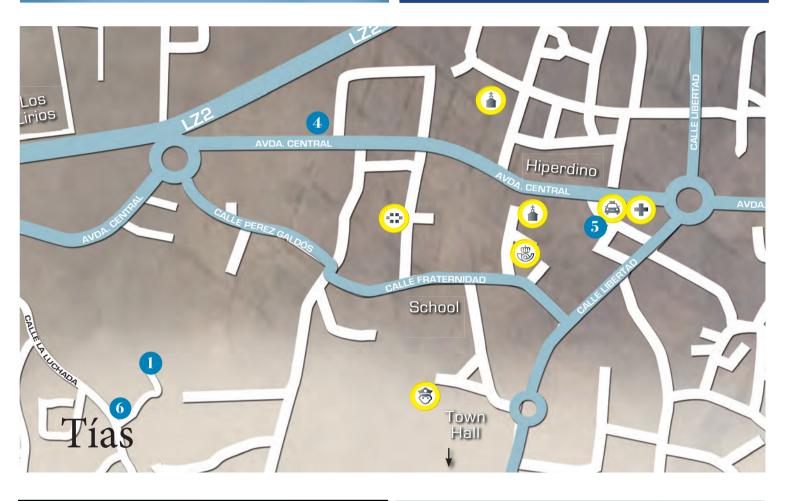
Check Exhaust System + Emissions, Brake Balance, Tyres, Steering & Suspension Check Levels, Check Seat Belts **Plus Electrics - From 90 Euros COURTESY CAR subject to availability**

Car, Home & Travel Insurance

Calle El Matorral, No.8 (off Calle Luchada) Tías

Tel. / Fax: 928 833 581 Mobile : 646 479 316

info@uk-autos.com www.uk-autos.com









INDEPENDENT DISTRIBUTOR KANGEN WATER

ilding, 1st floor - Loc 8A Mon - Fri: 10:30am -2.30pm & 5.30pm - 8pm Sat: 10.30am - 2.30pm



LA PAPPARDELLA

Welcoming and friendly restaurant serving authentic Italian cuisine. Only a few metres from the sea.

Tel: 928 51 29 11





Saturday 09.00-13.00. Email: 04902@grupomrw.com

www.mrw.es

35500 Arrecife Tel: 928 806 480 Fax: 928 806 480





Sports Bar / Cafe



Calle Toscon 7 Montana Tropical Puerto del Carmen 35510



Tel: 722 228 292

FOOD - LIVE ENTERTAINMENT - LIVE SPORTS



RUTA 66



Great atmosphere, good music and the latest videoclips. Only a few meters from the beach.

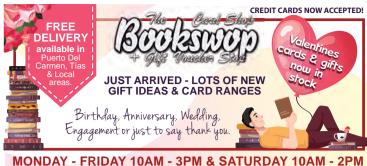
The best fun to be had - day and night in Puerto del Carmen

Avda de las Plavas 19 Puerto del Carmen. Tel. 928 51 40 27









- 1000's of Books, New & Second Hand
- Up to 50% trade-in on our returns
- Greeting Cards, Party Goods Stationery, Kids Books
- Scan & Photocopying Service + Boarding cards.

Hotel San Antonio end. C.C Costa Luz - A6 Tel: 928 513 563

E MAIL: bookswoplanzarote@gmail.com MOBILE: 628 100 023









Roper Properties

Estate Agents Since 1984

+34 828 667 472 www.roperpropertieslanzarote.com

Monday to Friday: 9:30AM to 7:00PM







All our team members are very experienced and highly qualified in

their respective fields.

Costa Teguise

e-mail: info@lanzamedic.com









Charming Finca with Sea Views

€ 360,000 - PLAYA BLANCA - REF. GE



NOW AVAILABLE ON OLSENESTATE.COM







OLSEN ESTATE
SALES - SUCCESSIONS - TAXES

Calle Azores, 2 · Playa Blanca (Lanzarote) Tel. (+34) 608 722 440

www.olsenestate.com Visit our website to discover all of our 3D tours!

MADE TO MEASURE



When you're decorating your home you'll immediately realise that space is one of the most important considerations, and your first challenge will be how to work out how much of it you've got, how much you need and what's going to fit. Measurement is one of the most valuable skills you'll need to learn.

There's a reason why Ikea offers free paper tape measures to all customers measurements are vital for home improvements, and learning how to work with measurements will require basic maths skills that you may have allowed to get rusty.

An extendable tape measure, often made of light metal so that it does not bend, is a vital tool for anyone involved in home decor.

Simple calculations such as multiplying length by width for area, or length, width and height for volume will be necessary, and are important in a country where properties are often sold with volume, in cubic metres, as a basic specification.

Even when painting you'll find that paint cans will usually give a rough estimate of how many square metres of paint are within. Combined with calculations of wall or ceiling space, this can save money, although it's always worth having spare

paint on hand, especially if it's a specially mixed colour.

Another important measurement that many people forget is the width of doors and entrances, which should always be taken into account when purchasing large items. Flat pack furniture helps avoid this problem, but the amount of people who've assembled a piece of furniture in their living room only to find they can't get it into the bedroom will surprise you.

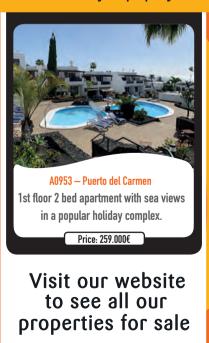
The carpenter's motto of "measure twice, cut once" is also one that decorators should remember. Accurate measurements are essential before you make a purchase or carry out all sorts of improvements. Make sure they're absolutely correct.

Complex projects such as kitchen units also require pinpoint measurement, and if you're not a professional it's easy to make mistakes here. Some jobs are best left to the experts.



Thinking of selling?

Call for a FREE No Obligation valuation of your property



www.HouseLanzarote.com

👔 www.facebook.com/HouseLanzarote

FOR SALE - ONE SITTING TENANT



Lawyer Erardo Ferrer, of Lanzarote Abogados, answers questions about an issue that affects both landlords and tenants.

Can an owner sell a house with the tenants inside?

Yes, property rights in Spain are not limited by lease contracts.

What rights does the tenant have?

The rights of the tenants will depend on the date of signing the lease (the Urban Leasing Law has changed its criteria on two occasions in this regard: in June 6, 2013, and March 5, 2019). Therefore, depending on the date of the signing the contract, the tenant will have a better or worse claim against the owner.

In some cases the lease, and its mandatory and legal extensions will be respected, and in other cases not. That is why it is very important to have the right legal advice.

Are tenants required to show the home to prospective buyers of the property?

No. The landlord cannot force the tenant to receive visitors, unless the lease provides for it.

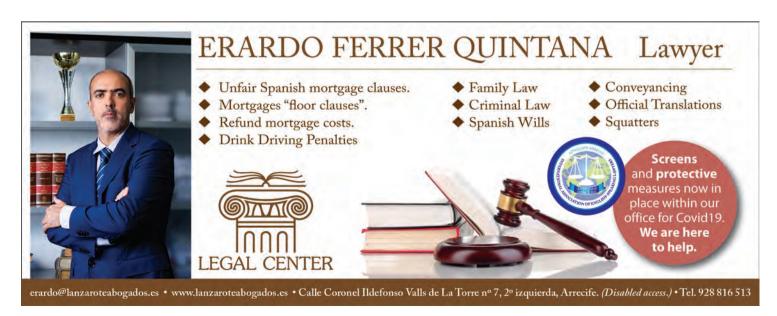
Do tenants have any pre-emptive rights on purchase?

Yes. The Urban Leasing Law establishes a preferential acquisition right for the tenant which entitles the tenant to buy the property at the price that a third party is willing to pay. However, most lease agreements include clauses stipulating that the tenant will waive this right.

Is the contract duration date the date stated in the contract?

In most cases, no. The Urban Leasing Law allows for minimum contract durations that are almost always longer than those stated in the contracts.

If this situation affects you, either as a landlord or a tenant, professional legal advice is highly recommended.









Please scan to visit our website









Ref. 294 - PLAYA BLANCA

Lovely 2 bed 2 bath duplex in a great location close to the sea front. Offering communal pool, balcony with sea views, and driveway.

Price: 299.000€



Ref. 108 - PLAYA BLANCA

1 bed 1 bath apartment in central location offering large terrace with views across Playa Blanca.

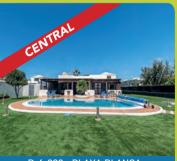
Price: 161.000€



Ref. 347 - PLAYA BLANCA

3 bed 2 bath villa offering sea views. With forward rental. For investors only.

Price: 385.000€



Ref. 330 - PLAYA BLANCA

Detached villa on large plot in Costa Papagayo. Modern and spacious.

Price: 595.000€



Ref. 401 - YAIZA

A 4 bed 2 bath duplex in Yaiza village. with terrace, balcony and garden.

Price: 229.500€

Rearrange

REARRANGING YOUR LIVING SPACE IS ONE OF THE MOST BENEFICIAL THINGS WE CAN DO IN OUR HOME - FOR OUR OWN WELL-BEING AS WELL AS FOR PRACTICAL REASONS.

renew and refresh that environment we can feel depressed and stagnant.



Rearranging can also reveal fascinating new things about the spaces we live in and the furniture and ornaments we fill them with. Some rearrangements don't work, of course but others will make you wonder why you never thought of them earlier.

The most refreshing thing about rearranging your home is the way that it manages to give a brand new aspect to your interior while retaining the old comfortable familiarity that you love. It's like seeing an old friend in a stunning new outfit, or even looking at your new haircut in a mirror and realising that you love it.

The interesting thing is that, in many cases, you'll never discover how good or bad a change is until you actually try it out. In that way, we're trying to live better - more comfortably, more practically and more beautifully - every day.

Psychologists have often been surprised by how often people report that rearranging their rooms makes them feel happier, but it's not

actually that strange. As humans, instinctually get pleasure from leaving our mark on our environment, and when we don't

Delight of the New

If you're investing in a new ornament, artwork or item of furniture; then it's a great idea to rearrange your room before installing it.

IQUIDATION : STOCK MUST GO!

Buy the Highest Quality Furniture at Factory Prices







Opening hours from 10:00 to 18:00 from Mon. to Fri. Email: mueblesmachin@gmail.com Calle Rubicón, 80, San Bartolomé 🕧 @mueblesmachinoutlet · Muebles

That way you'll get the full feeling of exciting, fresh newness, with the additional oomph provided by your new item. It's far more effective than just plonking that centrepiece down in your old layout and expecting it to transform everything on its own.

"CHANGING YOUR ROOM CAN CHANGE YOUR ATTITUDE. "

Shift It Round

Every room rearrangement starts with an idea. It may not be a plan exactly, but once we've decided to put something in another place, we seem to want to carry on.

If you have a fairly lightly furnished room, with items that are light and portable, then you can experiment however you like. Other rooms will need a bit more work to rearrange, and in some cases rearranging is a serious project - kitchens, for example.

In fact, it's worth thinking about kitchens when you rearrange any other room, because they represent many of the factors you'll need to take into account.



Every room needs to allow you to do what you do with the minimum of fuss, and efficiency is important in that. It applies to the distance between furniture items; the "paths" that people take when walking through the room; the light in the room and the amount of stuff that you actually have in the first place.

But just as importantly you need to think

of aesthetic aspects such as balance, flow, harmony and colour. These are what will shape your psychological response to the room.

For example, you may want to balance a minimal style room with elements of feng shui, or integrate old, much-loved ornaments into a new colour scheme. It'll take time, it'll take planning but most of all it'll take the nerve to try, fail and try again.



Invite the outside in



A conservatory or sunroom can soon become your favourite spot, allowing your home to invite as much sunlight in and brightening in the daytime.

"THE ADDITION OF A

CONSERVATORY OR

SUNROOM TO A DARK

HOME CAN TRANSFORM

THE ATMOSPHERE.."

On Lanzarote, a conservatory or sunroom can be the ideal choice for an area in your home that doesn't receive a lot of sunlight - in areas that aren't south-facing.

The island's year-round sunshine means that any enclosed area with plenty of glass will need to be easily opened up to the

outside, allowing fresh air to flow in and stop the interior becoming stiflingly hot.

If you're planning on building a conservatory onto your property, the most important step in the planning is location. Observe on which side of your home the sun rises and sets - then you'll need to decide whether you would like early

morning/daytime light or late afternoon/early evening light.

Whichever position you choose, be sure that it is attached to a room that you use often throughout the day.

PURPOSE

Now it's time to furnish the space but first you'll need to decide for what purpose it will be used.

A chillout zone is a common choice, however, you should

be mindful of the sunlight and its ability to bleach certain materials. Look for a material sofa rather than a leather one, the sun will damage it over time. You'll want to keep it spacious and uncluttered so try not to introduce too many new pieces that will block the light.

A room with plenty of natural light is a great spot to put a home office. You

can kiss goodbye to harsh artificial lights and welcome to sunshine. Be sure that the room has good ventilation to prevent it from heating up and becoming uncomfortable.



YOUR RELIABLE FURNITURE SHOP SINCE 1985.





Muebles



SINCE 1985 FAMILY RUN BUSINESS RELIABILITY AND QUALITY







- MATTRESSES PILLOWS BEDS BEDDINGS SOFAS
- KITCHENS INDOOR AND OUTDOOR FURNITURE LAMPS
 - SOFT FURNISHINGS ELECTRICAL APPLIANCES
- - m www.mueblessansimon.com 👩 Muebles-San-Simón 🚮 mueblessansimon 💮

Ask for a free consultation or no obligation quote - we're always delighted to attend your needs.

Quality Furniture

Free Delivery

Free Assembly

Best Prices

Comforting Interiors





WINTER IS THE SEASON WHEN THICK BLANKETS, SOFA THROWS, AND CANDLES BECOME THE STAPLE. A TIME WHEN WE SURROUND **OURSELVES WITH WARM** TEXTURES, NOSTALGIC FRAGRANCES AND SOFT COLOURS. CREATING A COMFORTING **ENVIRONMENT IS KEY** TO TRULY ENJOYING THE WINTER MONTHS. The winter months on Lanzarote offer cooler temperatures ranging from 16 - 22 degrees Celsius at the start of the year; providing a slow and steady start to what will soon blossom into a scorching summer.

Most homes on the island will have access to the outdoors from the living room - this is where you'll be spending most of your time in the winter which makes it an ideal place to transform into your winter chilling area. The ability to open the space during cool evenings makes for a much more dynamic space.

Now look at the positioning of the furniture in your space. For it to feel cosy you'll want it to feel lived in - a minimalist space will leave the space feeling cold. Try repositioning some of your furniture and even add some new pieces into the mix.

Tiled floors are a staple on Lanzarote, but they'll turn cold at night. Try softening things up by putting down some fluffy rugs and textured throws over the sofa. Be sure to think about the theme of your room as too many different styles will leave it looking confused.

Now it's time for the finishing touches. Candles, wax melts, reed sticks, and fairy lights all lend themselves to the cosy atmosphere. Try draping some fairy lights over large units or across the coffee table (warm white or orange is the best tone.) For candle scents look for cinnamon, orange, forest berries, and vanilla.

Once you've created the perfect chill out spot, put a comfort film on the TV or a chilled out CD, pour yourself a glass of wine and relax at last.











Shop online: nortysurhogar.com







NortysurHogar - Arrecife - Tel. (+34) 928 811 111
Carretera de los Mármoles - Polígono industrial
Arrecife Puerto - C/ Océano Atlántico



The beautiful hilltop town of Sidi Bou Said in Tunisia.



The unique island of Santorini in the Aegean Sea.

LANZAROTE'S SIGNATURE BLUE-AND-WHITE COLOUR COMBINATION IS NOT NEW - IT'S FOUND ALL AROUND THE MEDITERRANEAN - BUT THIS ISLAND IS ONE OF THE FEW PLACES TO MAKE IT A FEATURE OF ITS HERITAGE.

he choice of white buildings on Lanzarote is not a coincidence. It dates back a couple of hundred years ago when lime production was one of the island's main industries.

Lime, or cal, was obtained by burning glasswort, or barrilla, in specially-built kilns called caleros. The resulting alkali was shipped abroad to be used in soap manufacture, but also produced cheap whitewash, which was often used to protect and paint homes.

Those homes would also decorate doors and windows with paint left-over from what had been used to protect fishing boats. This paint, usually blue or green, explains why Lanzarote's famous colour scheme was born in the fishing villages and towns.

You'll find white buildings and blue trim throughout the rest of the Canaries, too, but on the other islands they're often mixed with many other colours, and there are few places where they are the only colours on display.

Lanzarote's blue and white tradition results from bye-laws developed by César Manrique designed to give the island a unified appearance and preserve the visual heritage of the island.

Manrique's vision was possibly influenced by other famous blue-andwhite Mediterranean paradises such as Santorini in Greece and Sidi Bou Said in Tunisia. Both of these places were well known by the European jet set in the 70s and 80s, and their ancient, simple beauty has never fallen out of style.



Bust that dust!

ANY HOMEOWNER ON LANZAROTE WILL KNOW THAT DUST IS A REOCCURRING ISSUE. WITH THE ISLAND'S STRONG WINDS AND DRY LANDSCAPE, YOU'LL OFTEN FIND YOURSELF SWEEPING THE SAME SPOTS ALL YEAR ROUND. HERE'S HOW YOU CAN GET ON TOP OF IT.



Not only do the calimas from the African desert bring tonnes of dust over every year, but there's also plenty already around, kicked up by the strong winds and vehicles. Completely eliminating all the dust is simply not possible, however, vou can reduce it with some home improvements.

Control the airflow

Keeping an eye on weather forecast websites such as AEMET is a good way to foresee any strong winds or calima warnings - closing windows and doors can greatly reduce dust from blowing into your home.

Window shutters and pull-down nets are another measure that can be used to limit the dust. However, the most important factor is to make sure that your doors and windows are fully sealed against the outdoors.

Suck it up

Forget brushes and dusters, they will simply distribute the dust around your home instead of removing it.

Vacuums are your best friend, followed by damp cloths or a mop to wipe up every speck of remaining dust on your tiled floor.

For outdoors try using your garden hose to wash the dust into the picon - a brush is ineffective outdoors with the island's frequent gusts of wind which will see you sweeping the same spot for hours.

"DUST IS A CONSTANT CONCERN FOR LANZAROTE HOUSEHOLDERS"

Protect yourself

There is a reason that those who suffer from asthma have to stay indoors during a calima - which is why you should purchase a facemask when cleaning the dust in your home.

A mask will protect your lungs from dust particles. You can buy them from the pharmacy, however, you will find more protective masks in hardware shops also.



















Alu bi fold doors

We bring the best products from whole of Europe.

+34 928 518 663

www.milnrow-windows.com info@milnrow-windows.com



The wettest months



THE START OF THE YEAR HAS ALWAYS BEEN LANZAROTE'S COOLEST AND WETTEST PERIOD -THE ISLAND CAN EXPECT TO SEE INFREQUENT SHOWERS.

> The time to call for exterior home improvements has passed as the weather won't be dry enough to allow for that. If the weather takes a turn for the worst, now is the time to make note of any vulnerabilities in your property to fix in the drier months.

LEAKS

Showers are infrequent and unpredictable on Lanzarote - but when they arrive, you'll know about it. Short bursts of rain can crop up in a moment's notice and it may not give you enough time to position buckets.

DRAUGHTS

Because this is the coldest time of year, it is also the best time to detect draughts in your home. If there are draughts caused by loose window or door fittings, this is the time you'll notice them.

Draughts can be fixed cheaply with an insulating tape; however, it would be best to start thinking about changing the fittings completely or consider double glazing.

DAMP SPOTS

If initial damp goes unnoticed, it can soon become a costly problem especially on north-facing walls. Examine the exterior of your property and identify which walls feel the coldest.

A dehumidifier acts as a temporary fix, however, to have proper control over ventilation it is important to have airtight and adjustable windows/ shutters.



FINANCING AVAILABLE UP TO 100% FOR RESIDENTS

We guarantee the quality of our products, the service & delivery within established deadlines.



























WWW.ALUMINIOESTUDIOS.COM.ES

C/Alava n.1, 35500 Arrecife +34 828 880 022 | +34 621222306 info@aluminioestudios.com.es

ALUMINIUM Y PVC

WWW.CRISTALERIAMANAGLASS.ES

Calle Nestor de La Torre 18, 35500, Arrecife +34 928 844 813 | +34 621 223 997 info@cristaleriamanaglass.es

GLASS

WWW.CEPAL.COM.ES

Calle Bilbao n°48, Polígono Industrial Barriada de Tenorio, Arrecife 35500 +34 928 817 114 | +34 680 448 584 info@cepal.com.es

METAL



HERBS ARE NOT JUST USEFUL IN THE KITCHEN; THEY'RE FRAGRANT, BEAUTIFUL AND PERFECTLY SUITED FOR A LANZAROTE GARDEN. WHERE THE TROPICAL CLIMATE WILL ENSURE THAT THEY ARE AT THEIR BEST. HERE'S HOW TO DEVELOP YOUR OWN HERB GARDEN

Herbs are available cheaply in local shops, of course, with flat leaf parsley, coriander (cilantro) and spearmint (hierbabuena) among the most popular, but there are many more varieties you may prefer to cultivate in your home, and freshly-picked herbs will always be fresher and more fragrant than precut ones.

Some herbs can be bullies - mint, for example, has a way of taking over a garden rapidly by spreading at the root; while rrosemary and lavender can also get out of hand. You can keep them confined to containers - even if it's a buried flowerpot - or just make sure they're cut back and trimmed regularly.



MINT

The perfect ingredient for cooling summer drinks and desserts, fresh mint is always welcome in any garden. There are a number of varieties available, but mild spearmint is generally preferred to the harsher peppermint here on the Canaries.

THYME

Thyme comes in hundreds of species, but for a herb garden you'll want a fragrant, low-growing creeper that can thrive in cracks and gravel floors. It thrives in dry

conditions, and won't do well alongside more high-maintenance herbs. Grow plenty, as this is a herb that can liven up any dish, and loses very little of its aroma when dried.

OREGANO

An attractive herb that benefits from being cut back regularly, oregano is essential for fans of Italian cooking. With it's pretty little purple flowers, it's also an ornamental herb, perfect for window boxes or display containers.





BASIL

Basil should be grown in a container, in welldrained soil in a warm place away from hot, direct sun. The result will be one of the most fragrant herbs in your garden, perfect for dressing a simple tomato salad or pounding into a tasty pesto sauce.

PARSLEY

Flat leaf parsley is favoured here on Lanzarote, but curly leaf is just as easy to grow and many believe it has a stronger, more robust flavour. Parsley apparently thrives in households where women wear the trousers, but the herb is useful for anyone who spends time in the kitchen.

ROSEMARY

A tough, leathery plant with a powerful, almost chemical fragrance that is perfect for meats, rosemary is unmistakeable and easy to grow from cuttings. Try and cultivate it by pathways so that you release those fragrant oils as you brush past.

CORIANDER

An easy-to-grow green herb, you can sow coriander seeds throughout the year, harvesting as and when needed.

CHIVES

Chives are a delightful herb, adding subtle flavour to salads, but also providing beautiful

pom-pom flowers. Put a bit of space aside in a sunny spot for them, and make sure they're watered regularly.

SAGE

Sage, or salvia, is another underrated herb a perfect accompaniment for pork or chicken dishes. The herb itself grows easily in sunny places and well-drained soil, and the leaves can be dried effectively.

LAVENDER

The sweet smell of lavender is as loved in Spain as it is elsewhere, and this plant can be seen everywhere. Similar to rosemary, it's a tough customer that thrives in hot Canarian conditions.





EVER SINCE ADAM AND EVE, GARDENS HAVE ALWAYS BEEN SPECIAL PLACES FOR LOVERS. SO LET'S LOOK AT THE WAYS THAT GARDENERS CAN TURN THEIR GREEN FINGERS TO THE WAYS OF SEDUCTION.

THE APHRODISIAC MYTH

Real aphrodisiacs are few and far between, and the ones that apparently do work, do so by causing uncomfortable irritation of the erogenous zones, which isn't really as sexy as you might think.

Instead, when we talk about aphrodisiacs today, we usually mean healthy fruit and vegetables that improve our sex life by improving our health all over. So, for example, tomatoes, peppers and chillis will give us an intense dose of Vitamin C, while carrots offer plenty of Vitamin A.

"FLOWERS
HAVE BEEN
A LOVERS
GIFT FOR
LONGER
THAN
HISTORY."



The other reason that some fruit and vegetables are seen as aphrodisiacs is simply because they look a bit like private parts. That, more than any supposed shot of nutrients, is the reason why oysters are seen as the food of love, as well as the reason that an aubergine has acquired a new meaning in the post emoji world.

THE ART OF SEDUCTION

Even if aphrodisiacs are a bit of a myth, there are many tried and tested ways that we can use garden produce to win hearts and set sparks flying.

The first is simply by using their beauty. Flowers have been a lovers gift for longer than history, and are such a primal symbol of attraction that even birds use them to attract mates.

A spectacular arrangement of cut flowers may impress your lover, but cut flowers don't really do much for gardeners, so a trip to your garden centre for something fantastic is a great idea.

When choosing flowers for a lover, use your nose as well as your eyes - drink down those intoxicating scents and charm your chosen one with sheer beauty and sensuality.

SOMETHING'S COOKING

Cooking is another timehonoured way to the heart of a loved one, and while a shared meal is a custom for many couples on Valentine's Day, imagine how much more impressive it could be with products you've grown and cooked yourself.

Forget about aphrodisiac effects or healthy produce; focus on heady, tempting flavours - the sort of aromas and fragrances you get from fresh, sun-ripened herbs, citrus peel and other aromatics that grow in Lanzarote gardens.

Then of course, there's the garden itself as the scene of seduction. Whether it's a leafy balcony or a pretty patio, a garden can be a very special place for couples.

Overhanging, climbing plants, cascading flowers, night-scented blooms, the dappled shade of sun-kissed corners and that permanent presence of life-giving greenery – these are the basic elements of a romantic evening.





INTO THE PLAY-OFF ZONE



IN THE LAST GAME OF THE YEAR, ON 17TH DECEMBER, UD LANZAROTE CONFIRMED THEIR STATUS AS SERIOUS CONTENDERS WITH A SUPERB 1-4 AWAY VICTORY AGAINST THE MUCH-FANCIED UD TAMARACEITE, AS ARGENTINE STRIKER DI RENZO BANGED IN A HAT TRICK AND LIFTED HIS TEAM INTO THE PLAY-OFF ZONE, IAN LANE REPORTS:

Following the three-week Christmas break the Rojillos (The Reds) returned on the 8th January with a comfortable 2-0 home victory over Gran Canarian side Estrella CF and gave themselves a five-point cushion in fifth spot, the final playoff place..

Only a few weeks earlier Lanzarote were midtable and 11 points adrift of top spot, but six wins in eight matches not only saw them into the playoff positions but also just six points behind the league leaders.

Going into the local derby match on the 15th January against relegation-threatened Yaiza, the Rojillos were brimming with confidence. Yaiza were bottom of the league and were the only side without a win going into mid-December, until two wins on the bounce lifted

them to third from bottom. A 0-3 away defeat in the first match of the New Year looked as though it may have dented their confidence as we headed into the derby match.

Lanzarote learned early on that Yaiza's

A wonderful away trip for these fans who saw Lanzarote win 1-4 in Gran Canaria.



confidence had not been affected, as the visitors took the lead in the 20th minute from a deep corner which was headed in by striker Acorán. Lanzarote piled on the pressure but were met with a rock solid midfield and defence, and for the second season running, Yaiza ran out 0-1 winners over their local rivals.

Lanzarote are two points clear in fifth spot and still six points from the league leaders CD Mensajero but missed out on a wonderful opportunity to close the gap to top spot to three points. Yaiza remain in the final relegation position, but only on goal difference.

To come and watch a home match there is no need to book in advance, simply turn up on match day and pay 8 Euros adults and 6 Euros Pensioners, (2 Euro discount for residents), children under 16 years of age are admitted free of charge.

FORTHCOMING HOME FIXTURES (normally it is Sunday at 12 noon but please check)

12TH FEBRUARY: LANZAROTE V CD MENSAJERO

(league leaders, check k.o. time)

5TH MARCH: LANZAROTE V UD LAS PALMAS B

Go to Lanzarote Football Club (Facebook page) or www.mercancialanzarote.com for info, season ticket & membership details etc. All shirts and other merchandise can be bought at the Teguise market stall on Sundays; online at www.mercancialanzarote.com/shop/ or at the shop in Costa Teguise which is based at Centro Comercial Nautical, local 25 (up from Decades bar and behind Café Bonjour). The shop is open Mon to Fri 10am to 1pm.

SAFETY FIRST



REMAINS ONE OF **SPAIN** THE **SAFEST** COUNTRIES TO DRIVE IN EUROPE, ALTHOUGH A DISAPPOINTING YEAR IN TERMS OF ROAD SAFETY MEANS THERE IS IS STILL MUCH ROOM FOR IMPROVEMENT.

1,145 people died on Spanish roads last year, a 4% increase on 2019 (the last year not to have pandemic-related road restrictions) and a total that InteriorMinister Federico Grande-Marlaska described as "unacceptable."

Nevertheless, despite the poor statistics, Spain remains one of the safest countries in Europe. Its average of 24.14 deaths for every million people is significantly lower than the EU average of 44, and ranks Spain alongside countries such as Germany, the Netherlands and the UK for road safety.

Lanzarote also saw a bad year on the roads, with at least five deaths during the year, including the horrific deaths of two young people in a crash in Mala. There was also a dreadful start to the New Year as a French national was killed in the early hours of New Year's Day.

Almost every day brings news of an accident on Lanzarote, with the word "vuelco" figuring frequently. "Vuelco" means "flip", and scores of cars seem to end up on their roofs every year.

This is possibly a result of new, top-heavy car design, or the special nature of Lanzarote's roads where there is often a marked drop from the kerbside. But first on the scene to many of the flipped-car incidents are the island's firemen, seasoned professionals have won national competitions extracting people from wrecked cars.

Enrique Espinosa is the head the island's Emergency Consortium, the park in Arrecife where the fire fighters are stationed, and he believes that the high amount of flipped cars and crashes is related to the use of mobile phones. "Using a mobile

takes away reaction time.". He also believes that many cars have tyres that are unsuitable for use on the highways of Lanzarote "because they usually buy the cheapest ones."

FAILURE TO LISTEN

Another problem that the Traffic department has discovered is the basic failure of a hardcore of motorists to adopt safer driving practices. For example, 25% of fatal accidents on Spain's roads involved drivers who were not using seatbelts, despite years of laws and campaigns to promote this basic measure.

Last March, Spain introduced strict new laws prohibiting drivers from touching mobile phones while driving. At the time, the Traffic Department said these laws could be revised after a year if they failed to work, and indications so far show that they have not. In fact, 42% of fatal accidents involved cars leaving the road, usually due to some form of distraction. How the Traffic Department will tackle the problem next is anyone's guess.





DRAIN SERVICES

Lanzarote Drain Services



- Drains Unblocked
 - High Pressure Water Jetting
 - Camera Surveys & Reports
 - Sonar Drain Tracing
 - Excavations & Repairs
 - **New Installations**

NOBBY

BUILDING SERVICES

THE COMPLETE BUILDING & MAINTENANCE

Professional **Specialised Trades**

Call: Paul Daly 678 802 666

dalybuildingservices.com

ALUMINIUM PRODUCTS



DESIGN & BUILDING SERVICES

Design to your specification at affordable prices, doors, windows, pergolas, etc. Free planning and advice service. 25 years experience

of renovating property in Lanzarote.

aluminiumdesignlanzarote.com Email: aluminiumdesignlanzarote@yahoo.es

Tel: 679 955 950

SECURE?

BUILDING SERVICES

LANZAROTE **BUILDERS** RENOVATIONS & POOLS

29 YEARS EXPERIENCE in Property Restoration, Renovations and Refurbishments

- Kitchens Bathrooms
- Fincas and Apartments
- Tiling Plastering Decorating
- Piedra Stone Installations Patios
 - Landscaping Pool Fibreing
- Tiling and Pebble Tec Finishing. Maintenance and Management.

Contact julian 637 832 982 Or visit www.lanzarote-builders.com

PARAPHARMACY

Give others and yourself wellbeing!

- A Nutritional Supplements
- ⇔ Acupuncture facelift
- 🖒 LaHoChi
 - (energy therapy, exclusive in Lanzarote)
- Aromathérapie massage
- UlaYou Lanzarote jewellery & Iranti candles
- → Personalised and professional health advice

Reina Sofía 3 - Puerto del Carmen ↓+34 608 195 902

pharmadvice.lanzarote@gmail.com

BUILDING SERVICES

SERVICE

with 30 yrs experience.

Visit our **website** to view our work

Email: dbslanzarote@gmail.com WELDING SERVICES

.E. Weldina bill.etchells@hotmail.com Over 30 years experience

IS YOUR HOME

- Customized window grills
- Security door grills
- Iron gates & railings
- All made to your design

Tel.: 639 916 557 **B.E.** Welding Services

Phone Billy for a free quote. Prompt reliable service

HIRE SERVICES

@PharmAdvice

harmAdvice

lanzarote





Free island wide delivery & collection, no deposit required and simply pay on delivery by cash or card

Quality products, top service and great value guaranteed!

Tel/WhatsApp: +34 677 324 839 Email: hello@easyhire365.com www.easyhire365.com

GRILLS AND GATES





BUILDING SERVICES

LANZAROTE **BUILDERS**

RENOVATIONS & POOLS

29 YEARS EXPERIENCE in Property Restoration, Renovations and Refurbishments

- Kitchens
 Bathrooms
- Fincas and Apartments
- Tiling Plastering Decorating
- Piedra Stone Installations Patios
- Landscaping Pool Fibreing
- Tiling and Pebble Tec Finishing. Maintenance and Management.

Contact julian 637 832 982 Or visit www.lanzarote-builders.com

MOBILTY AIDS

Mobility Equipment Hire

We supply MOBILITY SCOOTERS / WHEELCHAIRS **BEDROOM, BATHROOM and TOILET AIDS**



NO DEPOSIT REQUIRED - FREE DELIVERY & COLLECTION

- anywhere on the island PUBLIC LIABILITY INSURANCE INCLUDED

Please Contact Luis on: Tel - 07983552997 / 0034 620466745

Email - fabmobility@hotmail.com Facebook.com/ fabmobility | www.fab-mobility.com

Gazette Life is now offering translation services. We translate any text from or to English, Spanish, German and Dutch to the high standard you'll find in our magazine.

► BROCHURES ▶ WEBSITES

METALWORK

- ► MENUS
- ► ADVERTISEMENTS
 - ► INFORMATION

We also offer copywriting and design services. It's a one-stop service with reasonable rates.

Call us for a quote. +34 928 093 823



WINDOWS - DOORS - CONSERVATORIES



CARE SERVICES





Email: info@solucionesfb.com • www.solucionesfb.com CARPENTRY AND JOINERY







info@spanishpaperwork.com www.spanishpaperwork.com

POOL SERVICES



POOL FINISHES

- Range of colours
- · Stain resistant
- Non slip texture
- Over 160 completed pools in Lanzarote & Fuerteventura
- Skilled installers

with 10 vrs experience

Telephone Chris: 667 906 214 www.aquadreamspools.com



STYLISH AWNINGS **SUN & SHADE BLINDS MOSOUITO BLINDS SHOWER ENCLOSURES STRUCTURES & PERGOLAS CUSTOM AWNING SAILS**

See Tías map, Page 47, for location

We are specialists in awnings, windbreaks and interior window blinds

Call for a visit and design ideas

626 492 701 - 928 524 013

www.lanzaroteblinds.es info@solysom.es

Sol y Son Sun & Shade Blinds

HANDMADE ART









Commissions available. Contact the artist on stu18art@icloud.com | Or WhatsApp on 606 324 748

PAINTING



Reliable and Professional **Painter and Decorator** City and Guilds Qualified Over 30 years of experience

Quality finish at affordable prices

- Painting Interior and Exterior Wallpapering
 - Restaining and varnishing woodwork
- Also available for any household maintenance
 - References can be supplied All Areas Covered



Tel: 628 272 993 or 608 594 870 or Phone 928 836 868 Email: lanzadecor@yahoo.com • www.lanzadecor.com

TRANSPORT SERVICE

THE TOTAL LANZAROTE CARGO S.L EST. 2003 RELOCATION SERVICE **✓** By Air ✓ By Sea ✓ By Road ✓ Door to Door Visit our website or Facebook page to see what we can offer you! WWW.WOODSIDECARGOSL.COM **f** WOODSIDECARGOSL THIS COULD BE THE BEST MOVE OF YOUR LIFE!

info@woodsidecargosl.com Office Tel: (0034) 928 344 580 Mob: (0034) 666 504 625 - Espanol: (0034) 747 722 197

ENTERTAINMENT



COURIER SERVICES











DISTRIBUTION POINTS

Our magazines can be found in the first week of every month at numerous distribution points across the island.

Fax: 928 806 480

PUERTO DEL CARMEN

The Bookswop **Tourist Offices** Hankey Panky's **Threads** Smile Vet

TÍAS

www.mrw.es

Tías Fruits **PCAN Petrol Station** Tello y Aya

PLAYA HONDA

Overseas Deiland

COSTA TEGUISE

Tourist Office Sue Cox The New Mill The Boatyard

PLAYA BLANCA

The Bookswop **Tourist Office Indian Delights** Santo Zumo

ARRECIFE

Tourist Office Natural Treasure

FULL DISTRIBUTION LIST:





Get in touch:

www.gazettelife.com info@gazettelife.com



+34 928 093 823

Classifieds

Building Allied Trades



More than 15 years of experience in designing and manufacturing -PVC Carpentry, Metal Structures, Metallic Carpentry, Aluminium Carpentry, Glazing Services & Commercial Distribution.

Call us: 928 817 114 680 448 584

info@cepal.com.es www.cepal.com.es PIC-R F

DALY BUILDING SERVICES

The complete building & maintenance service Professional Specialised Trades with 30 yrs experience.

Call Paul Daly: 678 802 666

Web:

dalybuildingservices.com Email:

dbslanzarote@gmail.com L- 02.23



All types fo glass projects for interiors and exteriors. Mirrors, range of shower screens, shelves railings, glass doors (sliding and folding)

High quality service.

Call us: 928 844 813 621 223 997

info@cristaleriamanaglass.es www.cristaleriamanaglass.es PIC-B.F.

LANZAROTE **BUILDERS**

RENOVATIONS & POOLS 29 year experience in Property Restoration, Renovations and Refurbishments Kitchens, bathrooms, fincas and apartments, tiling, plastering, decorating

Contact 637 832 982

www.lanzarote-builders.com

B-02 23



WE MANUFACTURE, **SUPPLY & INSTALL**

powder coated aluminium windows. doors, pergolas, shutters and mosquito nets. Fast - Efficient & Reliable Service.

theallyshop@gmx.com 928 524 597

PIC-B.F.

ALU M STUDIO

Total solutions for systems of PVC, aluminium and glass. Wide range of products produced with the highest quality.

Telephone: 828 880 022 621 222 306

info@aluminioestudios.com.es www.aluminioestudios.com.es PIC -B.F.

ALUMINIUM DESIGN & BUILDING SERVICES

Design to your specification at affordable prices; doors, windows, pergolas, conservatories, etc. Free planning & advice service. 25 years experience of renovatina property in Lanzarote.

679 955 950

aluminiumdesignlanzarote@ yahoo.es aluminium design lanzarote.com P-02.23

B.E WELDING

Is your home secure? * Customized window

- Security door grills
- * Iron gates & railings
- * All made to your design

Telenhone 639 916 557 Facebook: B.E. Welding Services L- J.F

COLOUR TEAM

Painter & Decorators Fully qualified NVQ level 1, 2, 3 All aspects covered. Contact Lee

Tel: 655 781 735 colourteamlanza@yahoo.com Facebook: colourteamlanzarote

L-12.22

FLOORCARE LANZAROTE

MAURIZIO PIETROBON

Professional floor tile and grout cleaning. Marble polishing. Repair works.

642 170 866

www.floorcarelanzarote.com

MILNROW WINDOWS

Installers of high security windows, composite doors, French and sliding doors made to BBA standards Reinforced pergolas with gutter systems and LED liahtina.

Tel from Spain: 928 518 663 Tel from UK: 01706 940 886 WhatsApp: +34 711 005 003

info@milnrow-windows.com PIC-J.F.

Computing

SICK COMPUTER?

Call the doctor! Virus removal, repairs and upgrades. Systems built to order. Web design and hosting.

All credit cards accepted Phone: 696 473 446

Web: compdoc.es

L-01.23

Electrician

ELECTRICIAN UK QUALIFIED



Installation & repairs, heaters & pumps repaired. No job too small.

Call Peter: 636 611 408 PIC-12.22

Financial Services

GESTION ASG

Fiscal, labour, social security. Inheritance and non-resident tax. Tax returns. Annual account. Business services

(0034) 928 806 363 fiscal@asginterconsulting.es



CLEAR INDEPENDENT FINANCIAL ADVICE

on: Modelo 720 'Asset declaration, Cross Border Tax Planning, QROPS, ONUPS. Inheritance and Succession Tax. Pensions, Investments. For free consultation contact

lan Whitby: 634 706 748 George Whitby: 965 020 444

Email: info@logicfc.com www.logicfinancialconsultants. PIC-J.F.

For Sale



Art, Decor, Antiques, Home, Wear, Gifts, Yurts. Come and visit us on C/Notas 15 -Villa de Teguise

Telephone:

928 845 069 www.emporium.es PIC -H.S.

THREADS

Fashion Without Size Limits - UK Clothing - Ladies sizes: 6-32, Gents: XL - 5XL plus Homewares. All UK High St.Store includes - Next, M&S, Gap, Matalan, Bonmarche & many more

FB @threadslanzarote

+34 711 002 542 Open Tues. Thurs. Fri. Sat

10am - 2pm B-B.F.



Furniture and office furniture. Decoration and more. Design of homes, business premises, office and hostelry. Interior & exterior renovation Architecture and design See main advert in the magazine.

Tel: 928 521 413 www.pabloramosbaldi.com



High quality furniture. Everything for your home. Personalised service. Delivery & Assembly No obligation quote

Tel: 928 520 405

info@mueblessansimon.com www.mueblessansimon.com PIC -C.M.

Gas

CORGI GAS/PLUMBER

UK qualified. All works undertaken Heaters and pumps repaired.

+ property maintenance. Call Peter:

636 611 408

B-12.22

General Services



BUSY BEE MEDIA 7K Live Global TV Channels, 22K movies 4K TV Shows Firesticks, Smart TVs

PIC -01.23

MILNROW WINDOWS CONSERVATORY SPECIALISTS

INSTALLERS OF

windows, doors, shutters, pergolas, glass fencing & doors, porches, conservatories

Tel from Spain: 928 518 663 Tel from UK: 01706 940 886 +34 711 005 003

info@milnrow-windows.com

SEWING SERVICES

In need for custom made &/or alterations of cushions, other home items or personal clothings, etc.. Contact me with your project in mind.

Laura: +34 634 135 980 Email: m4labo@gmail.com

L-03.23

Classifieds

AGUA CLARA WATER FILTERS

All the fresh water you need for drinking and cooking for only 3 cents a litre. Domestic and commercial NO MORE HEAVY **LIFTING** NO MORE PLASTIC WASTE! www.aguaclara.eu

Call Ray 661 041 155

PEST CONTROL

Offers professional services from residential and commercial pest control

All work is guaranteed

Call Alex on 689 085 508

B-12.22

Health & Beauty



DR LEN LOFTS PSYCHOTHERAPIST

Now back on Lanzarote working with adults, couples, families and children. Targeted recovery from all mental health disorders. Therapy, support, consultations. Couples therapy. Sensible fees. Qualified, insured and strictly confidential.

drleonardlofts@gmail.com Call / WhatsApp UK 07531135691 or call 682 648 535 PIC-02.23

STARLIGHT CARE & BABY SITTING **SERVICES**

Do you need a carer? Do you need a home help? Do you need a babysitter? We have a team of qualified carers. Reasonable rates. For free assessment with no obligation please

contact us on 636 582 076

starlightservicesscp@yahoo.com B-01.23

(Nióptica

Ask for your varifocal. bifocal or transition lenses. Contact lenses. Make an appointment. Free eve test. Playa Blanca

928 518 605

PIC-B.F.

PERSONAL TRAINING

Whatever your age, shape or fitness level! Individual & group sessions Holidays & fitness breaks

For more information call Mitch: 618 498 662

Physiotherapy Centre Amaya

Physiotherapy, Rehabilitation Dry Needling Massages: Deep tissue + triggerpoints, Relaxing. Half hour 20€ Full hour 40€ Gift vouchers available

For appointment call 928 515 836

amaya barr@hotmail.com

PIC-B.F.

DR. MAGER

Medical examination & Treatment General Medicine Internal Medicine Gyneacology, Surgery, Urology, Dermatology, Pediatrics, Physiotherapy

Tel: 928 512 611

info@lanzamedic.com **Emergency Phone:** 649 973 366

Home & Garden

MANDRAGORA GARDEN

Natural and artificial grass. Design, creation and maintenance of all types of garden (small and large) Swimming pool maintenance

Call: 659 812 753

mandragoragarden@yahoo.es

GREEN AS GRASS

No. 1 artifical grass company in the Canaries. Product & service second to none. Specialist unique installation. Can be applied to any surface. Great around pools & Spas to avoid slipping Ideal for childrens' play areas

Please contact Lucy on: 696 270 282 Office 928 854 759 gagcanaries@hotmail.com

CANARY ISLANDS GRASS

Artificial Grass Installers & Suppliers. An expert in installations and supply of artificial grass in the Canaries, with 16 years experience. We provide premium quality artificial grass at affordable prices, with 10-year guarantee.

or call Pete on 658 258 782 canaryislandsgrass@ protonmail.com

LICENCED ENGLISH **SPEAKING**

tree surgeon. Any tree, any size, any location. Call Mr. Tree for a free auote on

648 758 798

L- 08.23

Insurance

C1 BROKER

Expat Insurance Specialists.

Contact William Smith on +34 611 604 174

lanzarote@c1broker.es www.c1broker.es

JENNIFER CUNNINGHAM INSURANCES

For all your insurance needs. Come and see us or give us a call. Call Head Office

966 461 690 Tias Office 928 091 427

www.jennifercunningham.net info@jennifercunningham.net

IC BROKER

Best prices ever for your car, house, medical & all types of insurance.

676 217 329

B-12.22



928 517 709 678 451 168

www.fia-lanzarote.com PIC-H.S.

TEGUISE BROKER

General insurances Call Emily & Gabriella

Telephone: 928 504 239

619 641 164

teguisebroker@gmail.com www.teguisebroker.com PIC-01.23

Legal Services

ASG LAWYERS

Premier legal firm for EU residents, ex-pats and investors. 25 yrs experience, bilingual staff, qualified and reliable professionals at your

Tel: (0034) 928 806 363 info@asginterconsulting.es

L- C.M.

LANZAROTE ABOGADOS

*Unfair Spanish mortgage clauses *Mortgages "floor clauses" *Refund mortgage costs *Family law *Criminal law *Conveyancing *Official translations *Spanish wills *Drink driving Penalties *Squatters

Tel: 928 816 513 erardo@lanzaroteabogados.com

L- B.F.

Locksmith

LOCKSMITH **UK REGISTERED**

Locks opened, windows & doors repaired. + property maintenance.

Call Peter: 636 611 408



Door opening. Lock replacement and repair. UK security products available.

Call Brian: 620 896 185

Miscellaneous

BOOKSWOP PUERTO DEL CARMEN

Greeting cards, Party goods, Stationary & Childrens hooks. 1000's of books, new & second hand. Fax & Photocopying Service & Boarding cards. Gifts & Cards for all occasions.

For more information please call 928 513 563

bookswoplanzarote@gmail.com R-R F

MOVIE VAULT

*Films *Figures *Books *Posters Licensed Product Supplier Disney, DC, Harry Potter, Marvel. Star Wars & much more. Come and celebrate Hollywood with us

Facebook: Movie Vault

110 Calle Limones Town Centre Playa Blanca

BOOKSWOP PLAYA BLANCA

Greeting cards for all occasions, Gift bags, Stationery, Helium balloons, banners, new & second hand books & children's books. Calle Corvina 4, Playa Blanca

Contact 928 349 420

Motors

CARMEN AUTOS

Servicing and repairs on all makes and model of vehicle. You will get: honest advice, friendly service and professional workmanship with no gimmicks or hidden extras; AFFORDABLE prices to keep your car on the road

call 928 513 182

R-R F

Classifieds

UK AUTOS

THE FIRST BRITISH GARAGE IN LANZAROTE English owned & staffed for over 29 years. Complete ITV Service Check exhaust system + emissions, brake balance, tyres, steering & suspension check levesl, check seat belts Plus electrics - from 90€

Tel/Fav 928 833 581

www.uk-autos.com

B-B.F.

Music & Entertainment

SPOTLIGHT

Part time contract employment agency. Musicians, singers, dancers, DJS & more!

Call Lez Barber: +34 690 964 520 I-01 23

Painter/Handyman

HANDY TANDY

Tiling, interior & exterior. painting, joinery work, flat packs assembled. Property maintenance. Any odd jobs large or small

Call Richard 638 734 491 L- 03.23

RELIABLE PROFESSIONAL PAINTER/DECORATOR

City & guids qualified with 30 vears experience. Also available for maintenance jobs etc. References can be supplied.

Prompt and reasonable. Contact me for free quote

628 272 993 608 594 870

lanzadecor@yahoo.com I - 01 23

Personal

LANZAROTE FREEMASONS

Are you a Freemason or ever thought of becoming one?

Contact Malcolm Wynd on: +34 711 098 503

malcolmwvnd@hotmail.com Find us on Facebook -

South Porch: Lanzarote Masons B-08.23

ANGLICAN PARISH

In February we will have our regular services of Holy Communion in English every Sunday at 12.30pm in Puerto del Carmen and 5pm in Playa Blanca. Everyone welcome.

www.lanzarotechurch.net or contact the Chaplaincy +34 928 514 241

+34 660 211 409

L-B.F

Pets



Veterinary Services. X-Rays. Diagnosis. Treatments. Vaccinations. Microchips. Surgery Etc. Dog and cat grooming

928 070 421 603 649 020

PIC-B.F

VET LOS CHARCOS

Opening hours: Mon to Thurs from 10am till 6pm & Fri 2pm till 8pm. www.loscharcosvet.com For all your veterinary needs Costa Teguise

928 827 210 WhatsApp 634 544 110

nerea@loscharcosvet.com L- B.F.

Plumbing

PLUMBER UK QUALIFIED



All plumbing works Heaters & pumps repaired + property maintenance. No job too small

Call Peter: 636 611 408 PIC-10 22

Lanzarote Drain Services

BLOCKED?

Toilets, baths/showers. sinks, drains, etc. Unblocked Fast

Call Nobby: 628 104 752

PIC-10.22

PLUMB CRAZY **PLUMBER & POOL ENGINEER**

30 yrs experience with over 21 yrs on the island.

- Domestic Plumbing Solar Heating
- * Water Heaters & Pumps
- * Bathroom & Kitchen Refits
- * Tiling
- * Painting interior & exterior

Call Steve Thacker: 669 663 602 928 520 640

PLUMBING SERVICES

Over 35 years experience Fully insured and reliable

- Bathrooms
- Kitchens
- Water Heaters
- Pumps
- Tiling

No job too small

Contact Kevin: 663 862 073 678 794 013

kb4maintenance@gmail.com

Pools/Jacuzzis



Bespoke pool covers made and cut precise measurements manufactured from quality UV protected materials designed specifically for the Canary Islands.

17+ years in business.

+34 928 518 980 www.lanzarotepoolshop.com

POOL CLEANING PERFECTION

Top quality care to fit your requirements. More than 25 yrs experience on Lanzarote. For free friendly advice or free quote

Phone/WhatsApp Derek: 678 007 244 634 490 333

Facebook: **Pool Cleaning Perfection** L- 01.23

Property for Rent

FREEDOM PROPERTIES

We are actively looking fro more rental properties. If you have any empty weeks let us know!

Puerto Chico Reception in Playa Blanca

sales@fplanzarote.com www.fplanzarote.com 928 349 232

B-J.F.

Property for Sale

Roper Properties

Sell Your property with the most trusted estate agent. Free valuation. video tour, professional photos, international portals, social media marketing, property alert.

Tel: +34 828 667 472 PDC OFFICES

PIC-B.F.

OPTIMA ESTATE

Thinking of buying or selling? Feel free to contact us at

- +34 620 803 510
- +34 671 543 239 info@optimaestate.com

www.optimaestate.com

B-J.F.

OLSEN ESTATE

We offer a comprehensive service for property purchase and sale. We offer advice to buyers and sellers alike during the entire process. Visit our website

Tel: +34 928 518 817 www.olsenestate.com 1 - C M

Property Management



Pool cleaning - Holiday or private residential pools Villa cleaning Villa management 24/7 Call out service

Jenny: 662 688 351 Martyn: 662 688 371 www.jammanagement.eu

PIC-B.F.

Villa management services Professional and caring company. For all your villa requirements:

Villa cleaning Pool cleaning Full management services

Holiday letting services Call David: 669 321 784

Office: 928 489 541 PIC-01.23

Situation Vacant

THE ALLY SHOP IS LOOKING

for a motivated, hard working person to join their team in the factory for the manufacturing of aluminium windows

Contact: 928 524 597

or email us theallyshop@gmax.com

B-B.F.

TXAO JEWELLERS

is looking for a woman to join their team. Must speak Spanish and

have sales experience. Send CV to:

ioveriatxao dasa@hotmail.com B-B.F.

Tuition & Translation

SPANISH CLASSES

Online or in person One to one or small groups. Call Jasper now for a free, friendly test

Phone/WhatsApp: 683 584 173

Facebook: Profesor Jasper profesorjasper@gmail.com

COLEGIO HISPANO BRITANICO

In Puerto del Carmen -Founded in 1976 - the only accredited overseas British curriculum school (BSO) on Lanzarote. Reception - Primary -Seconday - A Levels

Information: 928 173 066 info@colegiohispanobritanico. com

PIC -B.F.



Tide Tables for Arrecife, Lanzarote. Height is in metres. (Times may vary by a few minutes around the island)

	Times may v				
Day	Hour	Metres	Day	Hour	Metres
1	L: 04:35 H: 10:44 L: 16:50 H: 23:05	1.0 2.0 1.0 2.2	17	L: 04:53 H: 11:05 L: 17:13 H: 23:25	0.7 2.3 0.7 2.6
2	L: 05:29 H: 11:35 L: 17:37 H: 23:49	0.9 2.1 0.9 2.3	18	L: 05:49 H: 11:59 L: 18:04	0.4 2.5 0.5
3	L: 06:11 H: 12:15 L: 18:16	0.8 2.2 0.8	19	H: 00:15 L: 06:37 H: 12:45 L: 18:50	2.8 0.2 2.7 0.3
4	H: 00:27 L: 06:47 H: 12:50 L: 18:51	2.5 0.6 2.3 0.7	20	H: 01:00 L: 07:22 H: 13:28 L: 19:33	3.0 0.0 2.8 0.1
5	H: 01:00 L: 07:19 H: 13:22 L: 19:23	2.6 0.5 2.4 0.6	21	H: 01:43 L: 08:03 H: 14:09 L: 20:14	3.1 0.0 2.9 0.1
6	H: 01:32 L: 07:50 H: 13:52 L: 19:54	2.7 0.5 2.5 0.5	22	H: 02:24 L: 08:44 H: 14:49 L: 20:54	3.1 0.0 2.8 0.2
7	H: 02:03 L: 08:20 H: 14:22 L: 20:24	2.7 0.4 2.5 0.5	23	H: 03:05 L: 09:23 H: 15:28 L: 21:34	3.0 0.1 2.7 0.3
8	H: 02:34 L: 08:50 H: 14:51 L: 20:54	2.7 0.4 2.5 0.5	24	H: 03:44 L: 10:02 H: 16:08 L: 22:15	2.8 0.3 2.5 0.5
9	H: 03:04 L: 09:21 H: 15:22 L: 21:25	2.7 0.5 2.4 0.6	25	H: 04:25 L: 10:42 H: 16:49 L: 22:59	2.5 0.6 2.3 0.7
10	H: 03:36 L: 09:52 H: 15:55 L: 22:00	2.6 0.6 2.4 0.6	26	H: 05:10 L: 11:26 H: 17:36 L: 23:52	2.2 0.8 2.1 1.0
11	H: 04:10 L: 10:28 H: 16:32 L: 22:39	2.5 0.7 2.3 0.8	27 0	H: 06:04 L: 12:20 H: 18:39	2.0 1.1 1.9
12	H: 04:51 L: 11:09 H: 17:18 L: 23:28	2.3 0.8 2.2 0.9	28	L: 01:07 H: 07:24 L: 13:40 H: 20:09	1.2 1.7 1.3 1.8
13 0	H: 05:42 L: 12:03 H: 18:18	2.2 0.9 2.1	29		
14	L: 00:36 H: 06:53 L: 13:16 H: 19:39	1.0 2.0 1.0 2.0	30		
15	L: 02:08 H: 08:27 L: 14:47 H: 21:11	1.1 2.0 1.0 2.1	31		
16	L: 03:41 H: 09:57 L: 16:09 H: 22:26	0.9 2.1 0.9 2.3	O Nev Mo	$\frac{1}{1}$	rst Juarter Moon ast
H=Hi	gh Tide L=	Low Tide	Mc Mc	oon (Quarter Moon



Weather Watch

Fresh February

While we may miss the summer heat, the cool and fresh weather brought to Lanzarote during the winter months is refreshing. There'll still be plenty of sunshine to enjoy but this is a month where you'll have to keep one eye on the forecast if you have anything planned.

If there was ever a perfect time to tackle the island's various hikes and volcanoes, this is the month to do it. February is also beautiful, as the island's wildlife start to take a peep at springtime.

The temperamental weather also offers an opportunity to visit some of the island's indoor attractions such as César Manrique's Foundation in Tahiche; his final home in Haría, the Monumento de Campesino village, the Castillo de San Gabriel, art exhibitions at El Almacén in Arrecife, shopping centres, bowling alleys and squash courts.

What to Expect in February



Day Time Temps

22°C (ranges from 17°C to 28°C).



Night Time Temps

18°C (ranges from 14°C to 22°C).



Sunshine Hours

11 hours daylight. 7 hours full sun.

.....



Sea Temp

19**-**21°C



Rain

4-5 days



Wind

Moderate NE breezes



AIRPORT Iberia General Info 901 111500 Aena General Info 928 846000 Flight Information 928 846001
AYUNTAMIENTOS Arrecife
BRITISH SCHOOLS British School of Lanzarote 928 810085 Colegio Europeo Daos 928 515818 Colegio Hispano Británico 928 173066 Colegio Arenas 928 590835
CHEMIST Puerto del Carmen
CHURCHES Anglican Chaplain 928 514241 Family Church 618 186755 Christian Worship Centre 620 309684 Sunday Worship 630 175810 Pastor Norwegian Church 616 407693
CONSULATES Britain 928 262508 Ireland 928 815262 Germany 928 491880
CREDIT CARDS - LOST OR STOLEN? 4B
EMERGENCY SERVICES Police, Fire, Ambulances
FERRIES Naviera Armas 902 220225 Fred Olsen 928 517266 Líneas Romero 928 842055
FUNERAL SERVICES Atlantic (Alianza Canaria) 24h 928 800013 Funeraria Arroyo
GAZETTE LIFE Reception

Mobile...... 621 274473

Website www.gazettelife.com

A STATE OF THE STA	

MEDICAL AND HEALTh	
British Surgery Lanzarote	.928 514274
OR FREEPHONE	
Hospital Arrecife	
Dr. Mager Clinic	
Hospiten Lanzarote	
Overeaters Anonymous	
Overcators / thoriyimods	.002 110410
POLICE	
Arrecife	
Haría	
San Bartolome	
Teguise	
Tías	
Yaiza	.928 830107
POST OFFICES	
Costa Teguise	.928 827268
Playa Blanca	.928 518389
Puerto del Carmen	.928 510381
TAXI RANKS	
Airport	928 520176
Arrecife	
Haría	
Teguise/Costa Teguise	
Puerto del Carmen/Tías	.928 524220
San Bartolomé	
Tinajo	.928 840049
Yaiza/Playa Blanca	.928 524222
TELEPHONE (MOVISTAR)	
Faults	
Directory Enquiries	
International Directories	.11825
TOURIST INFORMATION - LA	NZAROTE
Arrecife	.928 813174
Costa Teguise	
Puerto del Carmen	.928 592542 .928 513351
S .	.928 592542 .928 513351
Puerto del Carmen	.928 592542 .928 513351 .928 518150
Puerto del Carmen	.928 592542 .928 513351 .928 518150
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340 .928 635192
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340 .928 635192
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340 .928 635192
Puerto del Carmen	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340 .928 635192
Puerto del Carmen Playa Blanca TOURIST INFORMATION - 7 IS Lanzarote El Hierro Fuerteventura Gran Canaria La Gomera La Palma Tenerife TRANSPORT ITV Station (MOT) Intercity Bus	.928 592542 .928 513351 .928 518150 SLANDS .928 820704 .922 550302 .928 860604 .928 771550 .922 870281 .922 423340 .928 635192

Canal Gestión (Water)......928 814400

Iberdrola......900 225235

Jane Burke......928 513895 or 649 910784

VETS



FUEL FOR THOUGHT

At the start of this year, the Spanish government halted the 20 cent subsidy on every litre of petrol that it had introduced in May to combat price rises caused by the Ukraine war.



The decision was taken following a steady fall in petrol prices, and only certain professional drivers will continue to be able to benefit from it.

Petrol prices are now around 15% cheaper than they were (pre-discount) in June 2022, but remain around 15% higher than they were at the end of 2021.

The price of butane gas, frequently used for cooking and hot water in Lanzarote, has also been reduced to €17.66 for a 12.5 kg canister recently, after reaching prices that exceeded €20.

Gas prices are standard and invariable, but the price of petrol varies depending on the station you use. Generally, the more remote the station, the higher the price, but there are several other factors in play.

To help consumers, Spain's Ministry of Commerce provides up-to-date prices at all petrol stations, which can easily be found by googling "precio gasolina lanzarote". There, you'll find the prices for standard and premium petrol and diesel. There is variation, but the PCan garage in Tias has been consistently among the cheapest stations on the island.

It's also worth considering saving fuel in other ways, by keeping tyre pressure correct and using gears wisely. In Lanzarote's hot climate, air conditioning is in frequent use, but experts suggest that opening a window is cheaper at speeds below 100 kph - which few drivers on the island will exceed for much time.

Visitors should remember that many larger petrol stations here still have attendants who will fill your tank. Tipping is not expected.



Find us in the Tias Map No. 1

We manufacture, supply & install powder coated aluminium windows, doors, pergolas, shutters and mosquito nets

Up to date machinery for manufacturing and construction of aluminium products



TWO COLOUR ALUMINIUM FRAMES

Interior & Exterior
Factory produced powder coating







Mosquito Nets:

Fixed - Roll down - Sliding



Also fly screen doors

C/ Matorral, 6-Tias. Tel: 928 524 597 Open: Monday to Friday 8am - 5pm email: theallyshop@gmx.com • www.theallyshop.com

Horoscopes

BY CLAIRVOYANT SHONA LANGHOLM

Aries

(21 MAR - 19 APR)

Time's running out for some of the things you've been planning, Aries. Time to get down to business and make some decisions. Your social life will be lively and inspiring, but don't let it get in the way of important matters.

Taurus

(20 APRIL - 20 MAY)

You're a little lost at the start of this month, Taurus. That's OK - things have been coming thick and fast recently. Take your time, then trust your instinct and choose your path. Friends and loved ones will help signal the right



(21 MAY TO 20 JUNE)

You've been running on a low tank for a while now, Gemini. Now's the time to slow down a little, treat yourself to some rest and recreation and get a full charge again. Once you're there, try to keep that energy topped up regularly. You'll be needing it.

Cancer

(21 JUNE TO 22 JULY)

This is a month to focus on love, romance and what you really want from life. If things aren't happening, be bold and push things along. Action will help you decide where you really want to be - even if you realise it's exactly where you are.



Leo

(23 JULY TO 22 AUG)

You're not always willing to learn from your mistakes, Leo, but this month you'll have little choice. If you're smart you'll learn a valuable lesson, end up a better, wiser person and, most importantly, you won't end up in the same situation again.

Virgo

(23 AUG TO 22 SEPT)

Friends are vital this month, Virgo. Your delicate web of relationships will grow and become stronger, and you should pay close attention to all the vibrations you're feeling. With a little thought, you'll make new friends and appreciate older ones more.



Aquarius

(20 JAN - 18 FEB)

A friend or family member needs support right now, Aquarius, and all you have to do is be there to listen. Be patient, and you'll gain self-respect. This thoughtful attitude will carry over to the rest of your life, bringing love and huge satisfaction.

Libra

(23 SEPT TO 22 OCT)

Time seems to rush away this month, Libra, so make an effort not to put things off too long. Make the most of every hour, and the rewards will come rolling in while you've earned a little more time to enjoy them to the maximum.



Scordio

(23 OCT TO 21 NOV)

Sometimes its best to stay out of arguments and disputes, Scorpio, no matter how annoyed you are. Remember that there's no point wrestling with a pig you only get dirty and the pig likes it. Stay serene, don't get involved and stick to the high ground.

Sagittarius

(22 NOV TO 21 DEC)

There'll be plenty of work to do this month, Sagittarius, but make sure to keep an eye on the long term as well as the near future. Big changes are coming, and you need to be ready for anything. You also need to get out a little more than you've been used to.



Capricorn

(22 DEC TO 19 JAN)

Think about giving this month, Capricorn. Deep down you know it's not all take, take, take, and sharing a little of what you've got to offer will make a bigger difference than you think, as well as provide real satisfaction.

Pisces

(19 FEB - 20 MAR)

You're finding it hard to light that spark that was there until recently, Pisces. If life seems a little dull and you feel a bit bored, make an effort to do something new, see new landscapes, hear new sounds and, above all, meet new faces.



Instagram of the month



@eomat7007



@em_pe_tri



@roberto_villar_fotografia



@archwav174



@alex.curbelo



@max krozza



@acoidanhdez._



@mingoduarteolivero



@ipedrakos

@gazettelife

use #lovinglanzarote and we will print your pictures



Shaila Durcal in concert

Thursday 2nd February, 2023. 8.30pm.

Terrero de Lucha Ulpiano Rodríguez Pérez



Performance by comedian Manola Vieira

Friday 3rd February, 2023. 8pm

Terrero de Lucha Ulpiano Rodríguez Pérez

Organised by:

Sponsored by:

Comisión de Fieslas La Candelaria 2023











Book your table online now www.cactlanzarote.com

ORGANIZERS







More info www.escenalanzarote.com @@culturacact

