



Lanzarote

*Life*

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August 2020



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TO SEE IT?



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nuestras playas y fondos  
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**PLEASE DON'T LITTER**





# Contents

August 2020

GAZETTE LIFE

WHAT WE DO BEST

## Ed's Letter

A week ago I saw something I hadn't seen for a long time at Playa de Jablillo in Costa Teguise. Since lockdown ended, this beach has been popular with locals, with plenty of families settling on the sand and colonies of teenagers basking like lizards on the rocks.

But last week, all of a sudden, there were tourists – not just a handful, but dozens of them. The clearest sign they were tourists was not their language, their pale skin or their clothes – it was the joy of discovery that they and their children were experiencing on the beach; that precious, urgent sense of holiday fun many of us remember from our own childhoods.

We must never forget that we need tourists – not just because our economy relies on them, but because they are what we do best. The empty resorts during lockdown were eerie and

frightening, and now that we are returning to some kind of normality, the island finally seems to be starting to breathe again.

Much of it has been breathing through a mask for weeks, of course, but The Canarian Government has recently made the wise decision not to extend mask-wearing to all public areas. This is sensible on an outdoor island where the heat can regularly reach the 30s at this time of year, and it will hopefully be appreciated by those who choose to holiday here.

In return, we should be patient and tolerant with visitors who may not be aware of our laws and customs. Just like us, they'll have to adjust and you can be certain that the vast majority of them will do so politely and considerately.

Lanzarote is still beautiful, it's still safe, and it's still welcoming. Let's keep it that way.

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### EMAIL CONTACTS

EDITORIAL: [editorial@gazettelife.com](mailto:editorial@gazettelife.com)  
ADVERTISING: [advertising@gazettelife.com](mailto:advertising@gazettelife.com)  
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# TIE LOOSE ENDS



The Delegación del Gobierno in Arrecife

**THE SPANISH GOVERNMENT HAS ANNOUNCED THAT, AS OF JULY 6TH, BRITISH CITIZENS APPLYING FOR RESIDENCY IN SPAIN WILL BE ISSUED WITH THE NEW TIE, OR TARJETA DE IDENTIDAD DE EXTRANJERO (FOREIGNERS' IDENTITY CARD).**

The card is similar to the one already carried by third-country nationals from non-EU countries, and will feature the bearer's name, address, photo, fingerprint and NIE number, as well as a declaration that the bearer is entitled to rights arising from the Withdrawal Agreement between the UK and the EU.

According to the British Embassy, it is important to remember that it is not necessary to replace the current green residency card or certificate if you have one. You can, of course, do this if you wish, but the green document will be just as valid to establish your rights.

In fact, the only real advantages that the TIE has over the green documents seem to be practical. It's smaller and more durable than the old green residency certificate, and, unlike the newer residency card, it serves as photo ID. Holders of the older documents will still have to present other

ID such as a passport along with the documents.

Anyone who has not registered for residency yet is advised to do so as soon as possible. The cut-off date is December 31st, but several offices are already reporting backlogs in appointments. Further information can be found on the British Embassy's page at <https://www.gov.uk/guidance/living-in-spain> and the Brits In Spain Facebook page, where a useful Q&A session on the TIE card scheme was hosted by HM Ambassador Hugh Elliott on July 7th, and is still viewable.

## TIE ON LANZAROTE

On Lanzarote, applicants for the TIE card should go to the Government website and request an appointment at the Delegación del Gobierno in Arrecife. You will be asked to fill in an EX20 form, <https://sede.administracionespublicas.gob.es>. Guy Buske of A-Z Paperwork tells us that police

**"THE TIE CARD WILL BE THE FIRST TANGIBLE RESULT OF BREXIT FOR MANY BRITISH RESIDENTS IN SPAIN."**

have informed him that all residents must apply for a TIE, regardless of whether they have a green document or not; but that priority will be given to new applicants or those who have lost their green document, as the resources are not available to process the estimated 6,000 UK residents in time for 31st. The most important message, according to Guy, is "don't panic."



# LOCAL NEWS

## VACCINE READY "BY NEXT SPRING"



Spain's health minister, Salvador Illa, has predicted that a vaccine against coronavirus will probably be ready to be administered to the population in the second quarter of 2021.

Illá said that the vaccine "could be delayed or could arrive early" and assured the public that EU countries were working together to ensure an equitable distribution of the vaccine.

In the meantime, while no vaccine exists, Illá said that the populace must learn to live with the virus "without fear, but with respect."

"There are outbreaks now, and there will be more," he said, highlighting the importance of early detection and swift action to control outbreaks.

## LOW EXPOSURE, BUT MORE CASES

Spain's national random testing programme for coronavirus exposure has revealed that just 2.3% of Canarians have been exposed to the virus, just over half of the national Spanish average of 5.2%. On Lanzarote, the figure is even lower, at 1.7%.

The figures mean that an estimated 49,500 Canarians have been exposed to the virus, a far higher number than the officially recorded 2,442 cases that have been positively tested on the islands since the beginning of the pandemic.

Lanzarote's figure of 1.7%, which would work out at around 2,700 islanders, is also far higher than the officially confirmed 96 cases that the island had registered at the time of writing.

However, members of the tracing team at Arrecife's Dr José Molina Orosa Hospital say the number corresponds to the amount of islanders who reported symptoms. Most of these were monitored closely while isolating at home, but have never received a PCR test for the virus that would confirm them as official cases.

## CRUISE CHALLENGES

The British Foreign Office has issued advice to its citizens not to book holidays on cruise ships – a decision which adds more uncertainty to the future of an increasingly popular form of tourism.

At the start of the coronavirus crisis, images of thousands of cruise passengers who were not allowed to disembark from their ships because of outbreaks on board dealt a severe blow to the industry's reputation. The British announcement is also likely to cause more cancellations on previously booked cruises.

Lanzarote and the Canaries will not be affected immediately – the Canarian cruise season runs during the winter and spring months from



October to June – but it's still uncertain whether we'll see the familiar sight of gigantic cruisers such as the Aidanova, Mein Schiff and the British Cunard line cruisers Britannia and Queen Victoria return to Puerto de los Mármolés or the marina at Arrecife.



ANGLICAN PARISH  
ST. LAURENCE IN LANZAROTE

## ANGLICAN SERVICES IN AUGUST 2020



### CHURCH SERVICES

Every Sunday at 12.30 pm in Puerto del Carmen

- Service of Holy Communion (wafers only)
- Masks and social distance are mandatory
- Single-use service sheets will be provided



### ONLINE SERVICES

- LIVINGROOM Services for all ages
  - Monthly Online Service of Holy Communion
  - All our Services during Lockdown available
- >> YOUTUBE CHANNEL: ANGLICAN PARISH LANZAROTE

### SUNDAY CHURCH SERVICES

- PdC - August 2
  - PdC - August 9
  - PdC - August 16
  - PdC - August 23
  - PdC - August 30
- ALL AT  
12.30 PM**

Our Sunday Services in Playa Blanca will be resumed at a later stage.

Chaplain: Revd Canon Stan Evans  
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## CHANGE APOLOGY

Cabildo transport councillor Nerea Santana has apologised to passengers who may have been left out of pocket due to the policy of not issuing change during the coronavirus crisis.

Santana denied that the policy was to enrich the Cabildo, and said it had been introduced to protect bus drivers. She pointed out that buses are now equipped with perspex screens protecting the driver, and cash will be accepted by drivers "even if it isn't the precise amount."

Santana also urged islanders to use the bus pass system. Our contact in Playa Blanca, Terry Culligan, has informed us that the new machines on the buses are now up and running, and that you can now top up bus passes for three months at a time at the bus station in Arrecife.

## CADIZ FERRY RETURNS

The Transmediterranea ferry from Arrecife to Cadiz will resume its service from the 5th August,

Lanzarote's other link to mainland Spain, the FRS ferry which leaves Arrecife on Thursdays arriving at Huelva on Fridays, has been operating since the 29th June.

## AIRPORT ARRIVALS PLUMMET, UNSURPRISINGLY

Lanzarote airport has lost 2.1 million visitors in the first half of this year. In 2019, 3,591,000 passengers landed at the airport from January to June, but this year that figure was just 1,426,000.

The reason is obvious — during the whole of April, when the island was under the strictest period of lockdown, just 3,142 passengers arrived on the few remaining flights from the mainland. Although figures are improving, they are still far below last year's levels.

## SMOKING – ONLY FOR THE LONELY

Smoking should be forbidden on outdoor terraces and other communal areas as a measure to stop the spread of coronavirus, a public health commission organised by Spain's Health Ministry has recommended.

The commission recommended that those who do smoke should do so in "separate, outdoor areas", and that they should wash their hands before and after smoking. It concluded that smoking was not only harmful to health on its own, but the constant manipulation of face masks and hand-to-mouth touching that it involves makes transmission more probable.

The recommendations, which are not yet law but are likely to

## SAN GINÉS IN THE DOCK

Pedro San Ginés, who was president of Lanzarote's Cabildo until last year, will be tried for prevarication in November, after his court case was postponed three times by the coronavirus crisis.

San Ginés is facing charges relating to the forced closure of the a desalination plant in Montaña Roja, Playa Blanca, which was owned by Club Lanzarote. San Ginés is accused of abusing his position to benefit Canal Gestión Lanzarote, who were awarded the contract to supply the island's water during his time in office.



influence future policy, also apply to vaping and e-cigarettes as well as water pipes or shishas.

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# ISLAND INFO

## NEW CHAPLAINCY HOUSE

Father Stan Evans, Chaplain of the Anglican Church in Lanzarote, is delighted to announce that the church has located a new Chaplaincy House on the Camino de la Cuesta, La Candelaria, Tías. The news is the culmination of a highly eventful few months for the church.

"The lockdown changed everything," Stan told us, "On one hand there's been terrible sadness – I've attended funerals, dealt with anxious people without being able to meet them and watched my grandchildren grow up on an iPad."

"On the other hand, I've never been as busy in my life. We've made links we could never have dreamt of before, with our online services reaching out all over the world."

Father Stan Evans



The response has been incredible. A lot of this is thanks to Sunny Schwarz, who has really done an amazing job, but everyone is a part of this. The support has been fantastic!"

Now, the church has returned to its Sunday services in Puerto del Carmen, but the new property in Tías will be central to the church's work. "We're planning all sorts of regular groups and meetings - walking clubs, book clubs, healing services and much more. The online services will continue- they're essential now – but it's important to see people again, in safety and support."

## BLUE FLAG FOR PUERTO CALERO – AGAIN!

Yaiza's Mayor Óscar Noda and José Calero of Puerto Calero Marina recently presented the Blue Flag for excellence that Puerto Calero was awarded for the 25th year running last month.

Puerto Calero is the only marina on Lanzarote to boast this accolade, and one of just five marinas in the Canaries who have the right to hoist a blue flag.

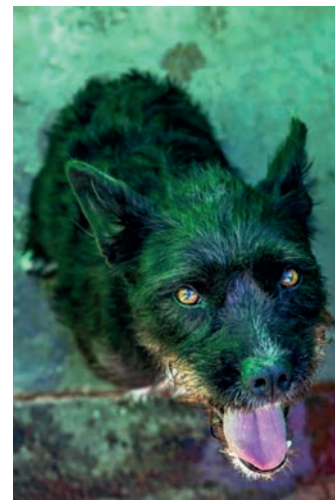
## MARKET TIME

Charity flea markets and car boot sales were suspended during lockdown, but the **Original PALS** bootsale at Lanzarote A Caballo is now back every Sunday morning from 9 am. Sellers should arrive from 7.30 to 8 am, and masks must be worn.

The monthly **SARA** car boot sale remains suspended, and organisers have appealed for anyone who may be able to offer or recommend a site for future boot sales to get in touch. In the meantime, you can donate, browse and buy at the Market Shed on Tuesdays and Fridays from 10 am to 12 midday. You'll find the shed behind the Animal Shelter in Tahiche on the left

**The Kennel Klub** have announced that their monthly sale will take place on 1st August at 10 am, at the house next to the Disa garage at El Cable. Check their Facebook page for more info.

## DOG OF THE MONTH



LANA, a pretty medium-sized Bulldog mix, was born in March 2018 and adopted as a puppy before being returned to Sara. Upset and bewildered, she is a sweet-natured dog, affectionate with people and gets on well with other dogs. She has a lot of energy, especially when setting off for her walks as she is still nervous and looking for her family. If you are interested in meeting her, please call 928 173417 between 10.30-13.00 Monday-Saturday to make an appointment.

## GOOD NEWS!

Whist in lockdown we received fantastic news from Kenya! - NTM supporters will remember how one of our projects was to fund the construction of a secondary school in Nyamanthi, a remote farming



Charity reg. no.: G1/S1/13926-06/LZ

community in Kenya's Great Rift Valley.

Seven years on and the school has produced its first students ready for university – what a wonderful achievement! We are so grateful to everyone who has made this possible and for your continued support.

The NTM team is currently finalising plans to send funds to more children's projects in Kenya and educational projects in Ethiopia and Peru. We welcome you to come and join us for our SUMMER BBQ to find out more about the charity's work.

[www.ntmlanzarote.org](http://www.ntmlanzarote.org)

WEDNESDAY  
19/08

SUMMER BBQ



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## THE LIGHTHOUSE LENDS A HAND

Shortly after reopening and hearing stories of financial struggle and hardship from locals. Steve and Steph at The Lighthouse restaurant in Playa Blanca have decided to host days where those in need could bring their families to enjoy a free meal. *Shay Rourke visited the first event.*



### How did you find the lockdown?

We struggled; it has been incredibly quiet, and it hasn't been easy. Judging by the response to tonight, we haven't been the only ones.

### How much preparation went into tonight?

More than we expected! We've had lots of opportunities to promote what we are doing and get the information to as many people as possible. We are expecting about 40 people to come tonight. The tables are spaced out according to the distancing rules, and the staff are wearing facemasks. We've been running this place for 12 years, I think we'll be fine.

### It's a fantastic idea, what has been the response to it?

We have had a great response from people. The last thing that we want is for people to be too embarrassed to ask for help. I think a lot of people would shy away from coming tonight and asking for help, don't be. There

is no shame in asking for help, especially in times like these.

### Are you seeing the same faces? Or are new ones coming to the Lighthouse?

We have had a lot more Spanish-speaking customers than usual. Our Spanish is okay, but our new waitress goes to school here and can communicate much better.

There are quite a few Spanish families coming tonight also. So in a sense, the lockdown has brought people together regardless of the language barrier. At the end of the day, we're all affected by this.

### We got in contact with Steph and Steve after the event to ask how it went.


"Everyone had a brilliant night. We served 37 plates of food to those in need, and all the plates came back clean!"

This was such an amazing experience; we were humbled by the thanks from those who came to us for help.

## TOP OF THE CLASS


Five Lanzarote students who were among the students who obtained the top 10 in the EBAU (University Entrance Examinations) were congratulated in an official ceremony at the Cabildo last month.

Paulina Martín Alonso from the IES César Manrique, Ariana Godoy Brito and Ignacio García Guadalupe from IES Las Salinas in Arrecife, Alba Armas Mesa from Colegio Internacional Arenas and Mar de la Hoz Morales from IES Costa Tegui were all congratulated by the rector of the university of Las Palmas at Lanzarote's Cabildo.




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# WELCOME BACK, TOURISTS!

## YOUR GUIDE TO LANZAROTE'S NEW NORMAL.

**If you're a tourist reading this, first of all – thank you for your commitment and loyalty to Lanzarote. We hope you're enjoying your holiday, and to get the best from it, we'd like to put your mind at rest about Lanzarote and coronavirus.**

At the time of writing, you are in one of the safest places in Europe. Lanzarote has reported just 96 cases of coronavirus and five deaths since March. In July, the island was cleared of the virus for two weeks, and it still has very few cases, all of which have been effectively controlled and isolated.

We want to keep it that way. Tourists are always welcome here, but it's only fair that they should know a little about the laws and etiquette they'll discover here.

### 1. MASKS

**BASIC RULE: CARRY A MASK WITH YOU AT ALL TIMES AND PUT IT ON WHENEVER YOU GO INDOORS.**



Masks are compulsory on public transport and taxis, and anywhere indoors or outdoors where distancing of 1.5 metres cannot be guaranteed. In reality, this means that masks are worn in most indoor areas. Owners of shops may refuse entry to those who don't wear masks.

This means is that, although it's not illegal not to carry a mask, it's a good idea to do so at all times, and to put it on when you go indoors. Surgical masks or FFP2 masks are most popular, while fabric masks are widely used, too.

Masks are not needed when practicing sport or eating and drinking. Children under 6 and people who can show they have a respiratory health problem do not have to wear masks.

If you feel uncomfortable about mask-wearing practices in any establishment, have a polite word with a member of staff.

### 2. HANDWASHING/ GLOVES

**BASIC RULE: FOLLOW HANDWASHING/ GLOVE ETIQUETTE**

A few shops still ask you to wear disposable gloves before entering, although this is quickly being phased out in favour of the use of hand sanitiser. If you're allergic to sanitiser, it's a good idea to bring your own gloves or a hypoallergenic alternative.



## YOU'RE IN A VERY SAFE PLACE INDEED

### 3. DISTANCING

**BASIC RULE: STAY 1.5 METRES (5 FEET) APART.**

The 1.5 metres applies in all public areas to all people who do not share the same house. Please do your best to observe distancing and take special care when near the elderly.



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# "PROJECTS THAT CREATE JOBS WILL BE VITAL"



**At the age of 32, Jacobo Medina is one of the youngest and most visible politicians on Lanzarote, who became the secretary general of the PP party on Lanzarote last year and currently holds the vice-presidency of the island's Cabildo after the agreement with the Socialists which ousted the Coalición Canaria from power last year.**

Medina is also the Cabildo's Councillor for Public Works at a moment in time when this department will be crucially important, not only to renovate and renew the island, but also to provide employment. *Shaun Addison spoke to him last month. Photos: Sabrina Suppers.*

**THE PP AND THE SOCIALISTS ARE TRADITIONALLY RIVALS, SO IT'S UNORTHODOX TO SEE THESE PARTIES GOVERNING TOGETHER IN THE CABILDO AND ARRECIFE. HOW IS IT WORKING OUT?**

It works because of the things that unite us. Although we are separate on many issues, a good level of agreement exists about what needs to be done. But we've been here for a year now, and we've already sown some seeds and have started to harvest the fruits.

**HOW HAS THE CORONAVIRUS AND LOCKDOWN AFFECTED THE CABILDO'S PLANS?**

It's been a severe blow, and we've had to change our plans to draw up a route map. This will prioritise four areas which will be vital following the crisis. The areas that need immediate attention are social services, public projects, employment and tourism.

**DOES THIS AFFECT PUBLIC WORKS THAT YOU'RE IN CHARGE OF?**

Yes. Obviously the first priority is the health situation, so we'll be doing renovations to care homes, disabled centres such as Adislan and day centres. But another important aspect is employment – public projects bring jobs, and that will be vital in the near future. We'll be carrying out several works all over the island.

**FOR EXAMPLE?**

There are many smaller projects planned (see next page), but some of the more visible works will include an aerial roundabout at the LZ2/LZ3 junction entering Arrecife and renovation of the Puerto Naos area in Arrecife that will include a park area.

**WHAT ABOUT THE BICYCLE PATH BETWEEN COSTA TEGUISE AND ARRECIFE?**

Work on that will be going on shortly, and I hope we'll see that finished by next summer.





**“What unites us is more important than what divides us.”**

#### HOW ABOUT MORE LONG-TERM PLANS?

There are studies being carried out to make the LZ 40 road to Puerto del Carmen a double carriageway, and another major project to improve access to the General Hospital.

#### WHAT ABOUT THE EXTENSION OF PLAYA BLANCA PORT? THE PRESIDENT OF THE CABILDO RECENTLY ASKED FOR THE CANARIES TO ESTABLISH AN “EASTERN AXIS” BETWEEN LANZAROTE AND FUERTEVENTURA. DO YOU SEE THAT AS A FUTURE POSSIBILITY?

The Eastern axis arose as part of a request for special consideration in funding, but it's true that Lanzarote and Fuerteventura together would have a greater GDP than Gran Canaria, and that the port will be vital for the development of the south of the island. But it's a Canarian government project, not ours. The works are 70% completed, I think, and should be finished by December next year.

#### HOW ARE RELATIONS BETWEEN THE CABILDO AND THE AYUNTAMIENTOS, GIVEN THE EXISTING POLITICAL DIFFERENCES?

There've been attempts to stir up tension, mostly by some of the people we replaced here at the Cabildo, but the fact is that I have a good relationship with the Mayors. I talk to the Mayors of Tías and Tegüise almost daily, even though they're not from my party, and enjoy good relationships with the other Mayors.

## BLUEPRINTS GALORE

Among the forthcoming works mentioned to us by Jacobo Medina are the following:

- General renovations in the village of La Degollada
- Resurfacing of the LZ30 between Masdache and Uga.
- Doubling-carriageways on certain stretches of the approach to Arrecife from Tahiche.
- A new road between Mozaga and El Peñon.
- Improvement of the LZ408 from Nazaret to the LZ30
- Renovation of the Tabayesco road
- Improvement of the Guatiza – Órzola road, including a roundabout at the dangerous Cueva de los Verde crossroad.
- Improvement of the Maciot – Playa Blanca road.
- A new sports pavilion in Tías
- A cultural cycle path in Costa Tegüise, between Los Arcos and the Hotel Beatriz.
- Resurfacing of the Avenida de las Palmeras in Costa Tegüise.



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# BREXIT IS BACK

THE BRITISH GOVERNMENT'S LAUNCH OF AN ADVERTISING CAMPAIGN TO PREPARE BRITISH CITIZENS AND EU RESIDENTS FOR THE END OF THE TRANSITION AGREEMENT ON DECEMBER 31ST OF THIS YEAR HAS BROUGHT THE ISSUE OF BREXIT RIGHT BACK ONTO CENTRE STAGE.

The word “Brexit” isn't mentioned in the campaign, which instead uses the slogan “The UK's New Start – Let's Get Going!” and urges citizens to “Check, Change, Go”.

The tone is upbeat and optimistic, a mood that hasn't been matched by many of the responses to the campaign. The Labour Party have criticised the cost of the campaign, while acting Lib Dem leader Sir Ed Davey said the campaign would fill businesses struggling with the impact of the coronavirus with “utter horror”.

The campaign offers advice and assistance on various matters. For example, it advises

comprehensive travel insurance. This, they say, is “particularly important ...if you have a pre-existing medical condition. This is because the EHIC scheme covers pre-existing conditions, while many travel insurance policies do not.” Policies that cover pre-existing conditions are, of course, likely to be considerably pricier than those that don't.

Travellers are also recommended to check their mobile phone roaming policy, as it is possible that some companies may re-introduce roaming charges that were abolished by the EU. Several companies have assured British clients that they will provide cheap or free roaming after the transition period ends, but it's worth checking to avoid nasty surprises.

Travelling with animals promises



all holiday makers going to EU countries to ensure that their passports have at least six months left until they expire before they leave. Currently, Brits can travel to Europe right up to the expiry date of their passport.

There is currently no guarantee that Britons will be covered by the EHIC scheme when travelling, and so the British government advises them to arrange



to be far more time-consuming than it is currently, as the EU “pet passport” will no longer exist, and pet owners travelling with animals are advised to contact a vet at least four months before their journey. The BBC's assistant political editor, Norman Smith, explained on the Today programme: “You are going to have to take your pet to the vet to get a rabies vaccination. You'll then have to return a month later to get a blood test, send that blood test to an EU laboratory. Their vet will then send back the ‘OK’. You'll then have to wait another three months before you can go. Speaking as a dog owner it looks to me frankly such a faff, you are just not going to bother.”

The government's campaign is also aimed at businesses, advising any company that exports or imports to or from the EU that they must register with the relevant customs authority, apply for an EORI number and work out how they plan to deal with customs declarations at the UK border.

Chancellor of the Duchy of Lancaster Michael Gove said “At the end of this year we



are leaving the single market and Customs Union regardless of the type of agreement we reach with the EU. This will bring changes and significant opportunities for which we all need to prepare.

While we have already made great progress in getting ready for this moment, there are actions that businesses and citizens must take now to ensure we are ready to hit the ground running as a fully independent United Kingdom.”

Key words in Gove's statement

are “regardless of the type of agreement”, which underlines the fact that the UK and the EU are still very far from reaching a deal, and that a no-deal exit remains very much on the cards. With just five months to go, several aspects of the UK's departure from the EU remain as uncertain as they did on 24th June 2016, but two things are certain – it's going to happen, and there is little time left to cross your fingers and hope for the best.

## “TRAVELLING WITH PETS IS LIKELY TO BE A “FAFF.”



### BREXPATS PREPARE

The end of the transition agreement means that British residents in Spain will no longer enjoy many of their previous rights of EU citizens next year.

Several rights have been guaranteed by the Withdrawal Agreement which was signed on 24th January this year, and the treat of a no-deal exit at the end of this year largely

relates to matters of trade. But things will still be different, and anyone who lives in Spain would be wise to check their situation.

Residency procedures will change in the New Year, and Britons who haven't applied for residency yet are being advised to do so as soon as possible. They'll be issued with the new TIE card (see page 5), but must obtain this by December 31st. For those who are already residents, your rights are

guaranteed and the British Embassy says that the green residency certificate or card will be sufficient.

Drivers should make an effort to change their licence to a Spanish one before the end of the year, and it's also worth checking how healthcare will be affected. The [www.gov.uk/guidance/living-in-spain](http://www.gov.uk/guidance/living-in-spain) web page provides plenty of useful information on these issues.

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# TESTING, TESTING

**In jobs where you are meeting members of the public, it can be reassuring to know your medical history.**

**Spain's health service still restricts COVID-19 tests to sufferers, suspected contacts, health workers and those about to undergo surgery. If you want to find out if you've had the virus, you'll have to go private.**

Even before lockdown started, our sales rep Beverley Farley hadn't been feeling 100% for a while. But a couple of weeks into the lockdown she started feeling really bad, with a fever and a nasty cough. This was the worst time for infections on the island, with the curve of new cases still rising alarmingly.

On March 26th she felt so bad that she contacted the coronavirus helpline set up by the Canarian Government, who

sent an ambulance to take her to Tias. She was assessed at Tias then taken to the Dr José Molina Orosa Hospital in Arrecife where blood, ECG and X-ray tests were performed. They told her that she had a suspected case of coronavirus, but she wasn't tested: at that time PCR tests were scarce and mainly reserved for frontline workers.

Over the following two weeks she was contacted daily by a health worker. "She was very reassuring," says Bev, "I was very impressed by the level of care that I got." Later on April 12th Bev was sent to the General Hospital again once more, where she waited in the special tent that had been set up for suspected cases and was given several more tests and told to return in 48hrs for the tests to be repeated, including a PCR test. This came back negative on April 15th, meaning that if Bev had had coronavirus, she had recovered and could not pass the infection to others.

Fast-forward three months, and Bev is back to normal but keen to know whether she ever had the virus. If so, she would have an explanation for her weeks of

illness and the possible consolation of immunity. If negative, it would mean that there'd be no excuse to let her guard down. At the Gazette we decided that it would be good to put her mind at rest and booked a private ELISA antibody test.

The result came back a couple of days later, and was negative. Bev has been told that this doesn't necessarily mean that she never had the disease – her body could have got rid of the antibodies – but it does mean there's no immunity.

**"The possibility of immunity could be a consolation for suffering."**

The idea of immunity is no longer as influential as it was at the start of the pandemic. Some studies suggest that immunity may not be acquired at all, and that Covid-19 may be like a common cold, capable of being caught over and over again. The idea of "immunity passports" for travellers and workers who had suffered the virus was often talked about at the start of the pandemic, but is no longer considered seriously.

And Bev is still left with a mystery. What exactly was the illness that laid her low in March as the rest of the island sheltered behind closed doors?



# Brexit: Is your money, and your adviser, in the right place?

As the UK edges closer towards the end of the transition period, potentially breaking all ties with the EU, it has never been more important to ensure your financial affairs are both compliant and suitable as a fiscal resident in Spain.

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# COASTAL TREK FROM SOO TO CALETA DE FAMARA



**Tour guide David Penney used to live in Soo, and this month he shares a gorgeous, breezy route with special memories. Photos courtesy of Liga Caica.**

The walk starts at the Sociedad in the village of Soo, where we set out along the road towards Famara for a few minutes. As we leave the village there is a farmer's wall on the left and immediately after it we take the dirt track which takes us past the volcano on the left, going uphill slightly past the old abandoned finca (farm), which used to produce the local tomatoes. The track keeps the volcano on your left and the crater on your right.

We head almost north along the track towards the ocean, and as we leave the volcano behind and reach the highest point on the track, we're rewarded with an uninterrupted view over to the coast and the small north-western islands of La Graciosa, Montaña Clara, and Alegranza. As we continue down towards the ocean we see the spectacular cliffs of Famara over to our right.

## WALK INFO

**Distance:** 10 kms

**Time:** 3 hrs

**Terrain:** Easy - roads, sandy trails

**Type of walk:** Linear. You can leave a car at Famara before heading to Soo in another vehicle, or the No 20 bus will take you from Famara to Soo.

**Notes:** Take sun protection and water, as there is no shade on this route.



## SHELLS AND FOSSILS

It's hard to miss millions of tiny white snail shells scattered all over the terrain here. These are land-based snails that eat the vegetation, but you can also find thousands of small, sand-coloured cocoon-shaped things which are peppered on the surface and embedded in the sand. They are evidence that the island was once home to millions of hornet-type insects which lived thousands of years ago. They made their cocoons from sand and saliva and the creatures hatched from them, but climate change forced them to leave the island as it became too dry for them to produce their saliva.

We continue down the track until we see a flat metal post in the ground which is a marker for the mountain bike trail around the





island. Here we drop down into a barranco (dry river bed) which still contains the bleached bones of a donkey which was washed down from the hills by heavy rains many years ago.

We ascend up from the bed of the barranco and join the main track again, reach a T junction and turn left along the track heading back down to the ocean. If we look away in the far distance on the left we can see the village of Caleta de Caballo and the sports complex of Club La Santa.

**“Amazing views of distant isles and the spectacular Famara cliffs.”**

## CRAB WATCHING

Shortly, we turn right and follow the track running parallel to the ocean, reaching an area of soft golden sand where we walk over to the rocks at the waters edge. If we stop talking and walk gently across the sand we'll spot several red and black crabs sunbathing on the rocks. This area has special memories for me as this was the point where I used to rest after walking here from my home in Soo after I fractured my back in 2009. It was my goal to reach this point when I was building up my strength again.

After a short break for a banana and bottle of water we head off again with the view of the cliffs in front and the waves crashing to our left. (time this stretch for high tide to get the benefit of the bigger waves).

We pass the tiny scattering of houses on our right, known by the locals as Monique. This is a separate group of properties which didn't get basic utilities and was never allowed to be developed.

Shortly after this we arrive at the lovely beach area called Playa San Juan, which is almost unknown to tourists, but is popular with the local surfers.

We finally arrive at the village of Caleta de Famara where a cold beer or mojito is waiting. I particularly like the vegetarian/vegan restaurant called El Sibarita, which also offers great food.

Contact David on (0034) 649 389 888  
or [lanza888@yahoo.com](mailto:lanza888@yahoo.com)

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# ED'S POSTBAG

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Send your letters to Facebook @Gazettelifelanzarote or our email [editorial@gazettelife.com](mailto:editorial@gazettelife.com)

## MASK MOANERS

*Dear Gazette*

Today I watched a bloke send his wife into the supermarket alone. He refused to enter because he wouldn't wear a mask. The scientific knowledge he'd found on Facebook was apparently better than the Spanish government's, and his personal comfort was more important than other people's health

Later I chatted to my daughter, who'd just come off an 8.5 hour shift on an emergency ward wearing full PPE all the time. It's hot, uncomfortable and unpleasant work, but she still did a lot less moaning than the bloke at the supermarket.

Man up and mask up, guys.

*Dave Keating*

## WHAT'S ON?

I've been coming to Lanzarote as a tourist for over 20 years now, twice a year: *¡me gustó Lanzarote!* I had booked to come in May but it was cancelled for obvious reasons. So when it was possible again I booked immediately and now (7-14 July) I'm finally back on the rock again! I collected my free copy of the Lanzarote Gazette asap and tried to find the What's On section: nothing!

Of course I understand, but it makes me a bit sad anyway. Keep up the health checks, stay safe, and let's get back to business as (new) normal. To all tourists and visitors: keep in mind that the locals were in strict lockdown for 99 days! Many of them without any income!! Don't forget to tip generously please!

A quick question: Do you know whether Los Dolores will be cancelled completely, or perhaps organized "differently" this year?

*Eric Loman*

*Amsterdam*

*Ed: Thanks for your support, Eric. The lack of cultural events*

*makes us sad, too, and we'd love to write about events on the island again, but it doesn't look as though we'll have much until next month at least. Sadly, the Romería de Los Dolores has been cancelled completely along with all the other summer fiestas, although there will probably be religious services.*

## SQUATTING INCREASE

*Dear Gazette*

I am writing for help re increasing numbers of squatters on Lanzarote and the difficulty of getting them removed. A lot of apartment owners have been prevented from travelling to their holiday homes due to the COVID virus and now we have a huge problem of squatters taking over personal property and possessions and the police are unable to do anything about it! Would the Gazette be prepared to look into this matter on behalf of the people back in the UK who find themselves losing everything because of loopholes in the Spanish law?

I live on a complex and three weeks ago we had squatters move in to one of the apartments nearby. Do I have to sell my house having been here for more than 25 years to get away from them? This really needs some intervention NOW and I wondered if there is anything the Gazette can do? Many thanks for listening.

*Pauline Rand*

*Ed: Sorry about your news, Pauline. The housing crisis on Lanzarote hasn't been helped by the lockdown and there seems to have been a resulting rise in the occupation of unused properties. There isn't much we can do about it either, although it's an area where property management companies can come in useful. The current law means it's vital to act quickly and involve the police within 48 hours, after which getting rid of squatters is far more difficult.*

*If anyone has any experience of this matter, we'd love to hear from them.*



# SUBMARINE MAKEOVER



**THAT WILL COME WITH A COST, SURELY?**

Of course. The protocols will mean that, whereas before we used to be able to do an excursion every hour, I'm currently estimating a time of 90 minutes, which we'll hopefully get down to 75 minutes with practice.

**IT'S QUITE SURPRISING TO DISCOVER THAT THE YELLOW SUBMARINE ISN'T ALL THAT YELLOW AT ALL.**

That's because you usually only see the bit above the water. Below the water level we have to use a special anti-fouling paint, which does not come in yellow, unfortunately. Also, a lot of the yellow deck fittings have been removed, but will be replaced prior to placing her back in the water.

**HOW DIFFICULT WAS IT TO GET A 100 TONNE VESSEL INTO DRY DOCK?**

Not difficult at all, as we are lucky to have a travel lift in Puerto Calero. Once they start to lift, then it takes about 40 minutes to complete.

**THE SUBMARINE IS ONE OF THOSE LANZAROTE TOURIST TRIPS EVERYONE KNOWS ABOUT, AND IT WOULD BE GREAT BOOST FOR THE ISLAND TO SEE IT UP-AND-RUNNING AGAIN. WHEN DO YOU THINK YOU'LL BE RESUMING TRIPS?**

Currently, I'm pencilling in a restart in August. We'll be putting her back in the water soon, but there'll still be a lot of work to do. Dry dock is necessary for some jobs but others, such as interior work, are easier in the water where you don't need ladders.

*Thanks Paul, and the very best of luck.*

**The Yellow Submarine is an icon of Lanzarote tourism. Owner Paul Bunce estimates that 3-5% of all visitors to the island take a trip in the Puerto Calero attraction.**

Recently, we took advantage of the rare opportunity to see the submarine in dry dock, and get an idea of the challenges that are facing tourism businesses like Submarine Safaris as they prepare to live in the age of coronavirus

**WHAT EFFECT DID THE LOCKDOWN HAVE ON THE BUSINESS, PAUL?**

We closed everything down. It's been four months, now, and we've decided to give the submarine the refit of a lifetime. Everything's being inspected, renewed if necessary, repainted and we've added a few changes, too, such as replacing the fish-feeding system for a much more effective one.

For an example, we have replaced one of the passenger viewports and sent it to Germany for testing, which has to be carried out after 10,000 dives. If the test is successful, then they will certify the viewports for a further 10,000 dives. If not, then we would need to replace all the viewports at a cost of €150,000. This is stuff we do anyway, but to a much tighter schedule.

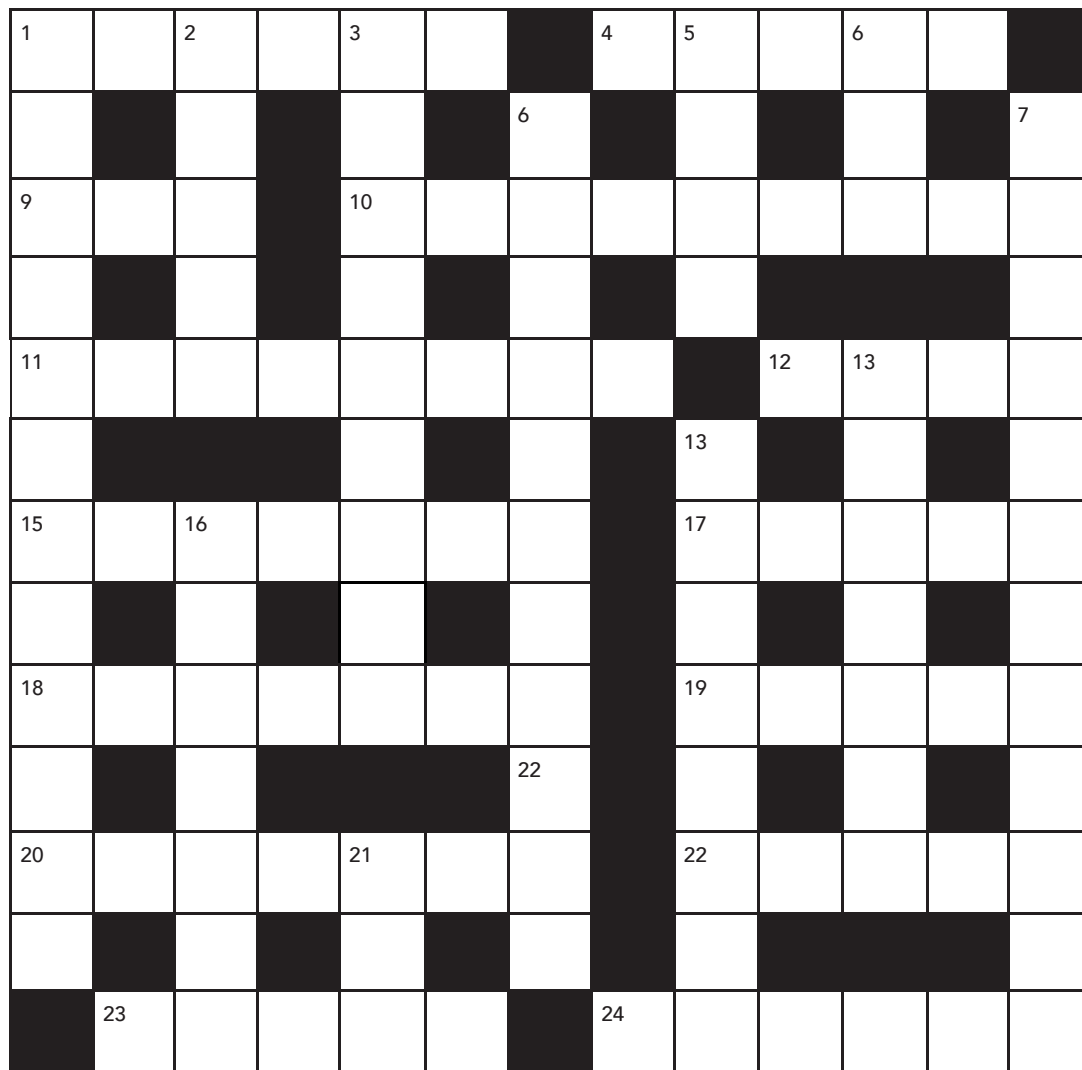
**HOW ARE THINGS GOING TO CHANGE IN RELATION TO CORONAVIRUS?**

It's a big challenge, and we started addressing it the minute lockdown began. A lot will have to change in the sub – we'll be installing screens so that passengers are separated, and mask-wearing will be compulsory; there'll be HEPA filters for air that will circulate and disinfect air with UV rays every seven minutes; we'll have to disinfect after every

**“She's had the refit of a lifetime.”**

outing and do a deep clean at the end of each day; and boarding and disembarking will have to be much more organised, with paper boarding passes and passengers entering so that they cross over as little as possible. Passengers' health is paramount, but so is that of our crew and staff, who spend all day in the submarine.

# Prize Crossword



## ACROSS

1. North-Eastern English cathedral town (6)
4. Whale's tail fin, or a stroke of outrageous luck (5)
9. Very High Frequency (1.1.1)
10. In the time before something else happens, or at the same time as it happens (9)
11. Terrible, awful (8)
12. Performs, or the 5th book of the New Testament (4)
15. ABBA album from 1976 (7)
17. Muesli, from the Alps? (5)
18. Magnify (7)
19. Indian rice dish (5)
20. Grown without chemical fertilisers or pesticides (7)
22. Rupert ..... aka Ron Weasley (5)
23. Smell badly (5)
24. Mole, Chiles or Mrs Rocky Balboa (6)

This month's crossword features a handful of famous people who've visited Lanzarote, so fill in the clues and send the completed puzzle to us, or snap it and send to [editorial@gazettelife.com](mailto:editorial@gazettelife.com) or Whatsapp 628 628 083. The first correct answer out of the hat will win a delicious bottle of Lanzarote wine!

We had a great response to last month's puzzle, but the first correct answer out of the hat was from Jan Jones. Well done, Jan!!!!

## DOWN

1. British PM who got stung by a jellyfish at Arrieta (5,7)
2. Long-barreled firearm (5)
3. Pedro ....., Spanish director who brought Penelope Cruz to Famara (9)
5. Outdoor area of well-cut grass (4)
6. Ornamental carp (3)
7. 60s American sex symbol who came to Lanzarote in 1966 (6,5)
8. 2009 F1 Champion, who regularly holidayed at La Santa (6,6)
13. Peter ....., the 12th Doctor Who (7)
14. Stampeded, caused noise and damage (8)
16. Take That wanted you to do it to their Fire (7)
21. Sister of Mercy, for example (3)

**Last month's answers. Across:** 1. Prince Charles 8. Acres 9. Domingo 11. Instagram 14. Hip 16. Olga Kurylenko 19. Rule 20. Dynamo 23. Bocelli 25. Arena 26. Tom Hanks 27. Otis  
**Down:** 1. Placido 2. Idris 3. Cossacks 4. Cod 5. Aim 6. Lunch 7. Soo 10. Ola 12. Rare 13. Milky Way 15. Proposals 17. Gel 18. Nearest 19. Robot 21. Elba 22. Pink 24. Cam





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# Hot dogs & cool cats



## LANZAROTE'S HOTTER THAN EVER, AND YOUR ANIMALS FEEL THE HEAT JUST AS MUCH AS YOU DO. HERE'S HOW TO HELP THEM THROUGH AUGUST.

This year we've already had a handful of calimas and yellow alerts for heat. It comes with the territory, of course – Lanzarote is a sub-tropical island a hundred miles off the coast of Western Africa – but the sheer hostility of Lanzarote's August onslaught of heat can still come as a shock to those who aren't used to it.

Local wildlife is well-adapted to this constant struggle with the sun's scorching heat, and has adapted to make

the most of shade, sunshine and scarce moisture.

But unless you keep lizards or geckos, your pets probably aren't local wildlife. Cats and dogs are both introduced species that have only been on the islands for a few centuries, and their existence here has always been entirely dependent on humans.

You may be fooled into believing that cats have adapted to local conditions by the amount of feral cats that you see around. Some of these cats, it's true, have found a niche on the

outskirts of human existence, but most of them live short, brutal lives in which thirst, hunger and sun damage are constant threats.

### KEEP ANIMALS OUT OF CARS

We all know this by now, but each year we still hear reports of dogs dying in cars on hot days. On Lanzarote, the weather is warm enough so that this is an absolute no-no all year round, but in August it's unthinkable. Keep pets out of cars, and if you absolutely have to take them, make sure they get plenty of air and water, and do not leave them alone behind glass.

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Cars aren't the only threat on an island like Lanzarote – anywhere behind glass or without shade can heat up rapidly and cause risk for animals.

#### PROVIDE SHADE AND FRESH AIR

Always ensure there's a shady place for a cat or dog to rest from the heat, and try to ensure a well-ventilated spot, or even a cool fan, for them, too. Cats sleep a lot anyway, but in hot weather they will become siesta masters. Don't worry about your dozy moggy, it's just doing what a cat's gotta do,

Watching the weather will also be useful – calimas and heatwaves in August can make life very uncomfortable for almost every living thing on the island. If the usual north-east alisio breeze isn't blowing, bringing a little sweet relief, think about cutting down your pet's outdoor time.

### “CATS ARE WORLD SIESTA CHAMPIONS IN HOT WEATHER.”

#### DON'T OVER-EXERT YOUR DOG

Long walks, runs or even cycle rides with your dog can quickly cause problems in scorching weather. Dogs can only sweat through their footpads and lose heat by panting, and this is hard work in hot weather. Heatstroke is a real risk and can kill. Try not to let it happen in the first place, and if your dog suffers the signs of heatstroke (panting, drooling, collapse, vomiting) put it in a shady place, splash cool (not cold) water on it, use a fan if you've got one and give it a little water to drink.

#### SUN PROTECTION

Cats and dogs get sunburnt, too, especially if they have white fur or exposed pieces of pink skin. Ears are the most susceptible areas, and it may be worth putting some pet-friendly sunblock on your animal if it's going to be spending time in the sun.

#### AVOID HOT FLOORS

Hot floors can damage dogs' footpads and cause real discomfort. If a floor is too hot for you, chances are it's too hot for your dog, as well. In the middle of the day on Lanzarote, this will be pretty much any concrete floor or pavement. Care must be taken on beaches, too – sand gets hot and black sand really heats up.

As a general rule, darker floors absorb heat and are even hotter than lighter ones.

#### THE RIGHT TIME

Dogs should be walked in the morning or evening at this time of year; times of day when it's cool enough to be comfortable. Above all, avoid the hours between 12 and 3pm, when the sun is directly above and at its hottest.

#### REFRESHMENT

Always ensure your dogs and cats have a plentiful supply of clean, fresh water. That's the most important part of a pet's diet in summer, but you should also keep food supplies on the low side. Digestion is hard work, and will take up more energy in hot weather. Be especially careful with dried food, which can make animals very thirsty.



## PLEASE HELP US TO HELP THE ANIMALS!



SARA needs your support at a tough time. The collection boxes in tourist resorts remain almost empty and we are unable to stage car boot sales or other events. But while the island may have slowed down, our 300 dogs and cats still need the same amount of food, medical attention, exercise and love.

### Donate funds,

either directly at our office, via Paypal by clicking the **DONAR** button on our website [www.saraprotectora.org](http://www.saraprotectora.org) or transferring money to our account number at La Caixa E55321001510330200154756

It's still lockdown for these wonderful animals, but if you want to help you can: Sponsor one of our dogs or cats online at [www.saraprotectora.org](http://www.saraprotectora.org). **Donate money** or supplies such as **bleach, mops, cat litter** (we get through tons of this!), **blankets and towels**.



# Life & Style

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### What Really Matters

Lockdown has taught many of us what's really important in life.

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### Recipe of the Month

A succulent octopus and potato salad that's perfect for a Lanzarote summer's day.



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### Holiday Food

Holiday food is all about adventure and sweet nostalgia.



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### Healthy Holidays

Stay fit and well during Lanzarote's scorching summer.





# What Really Matters

Nowadays it sometimes seems like a strange collective dream, but the lockdown changed many of us and has shown us that, when it comes to priorities, fitness and beauty are pretty high up on the list.

Lockdown was tough on many, but it also highlighted what was important to many of us – Strangely, many of us grew closer to distant family, friends than ever, and we built up new communities of friendship and support. But it was also interesting how much importance was placed on our well-being, and the mental and physical importance of looking and feeling good.

“I was climbing up the walls by the second week,” says Diane Carlson, a waitress who found her gym classes were one of the things she missed most, “Me and my boyfriend fought about who’d take the rubbish down!” Diane burst out of her house on the first day exercise was permitted, and was first in line when her hairdresser opened a few weeks later, too: “It’s about self-confidence,” she says.

## Grooming

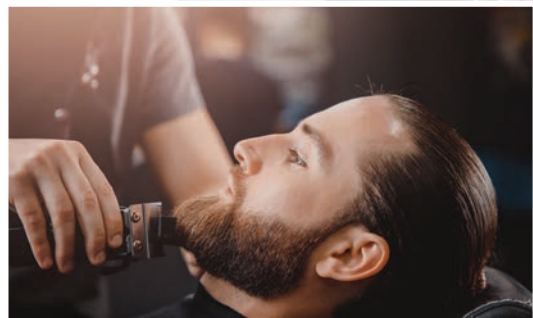
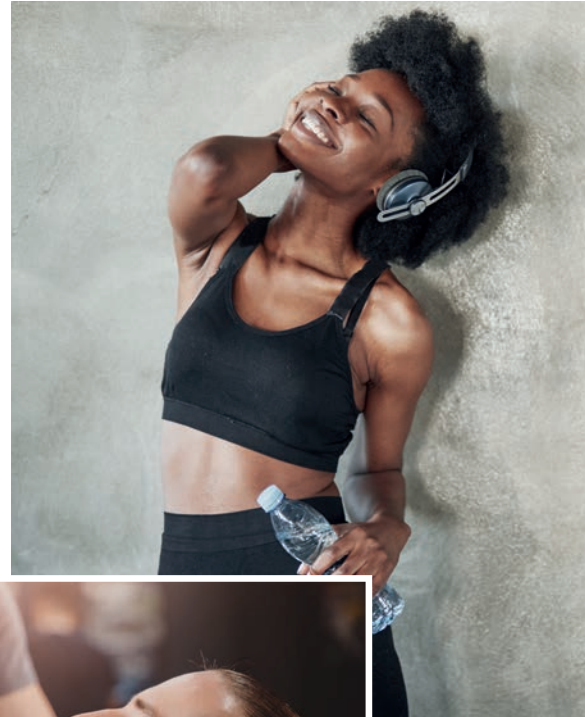
The return to the hairdressers has been one of the more heartwarming aspects of this miserable year – surprise, surprise! It turns out that we actually do like to look good and trust the professionals to do a decent job. Even the hairdressers, who have had to deal with the aftermath of scores of lockdown haircuts, are smiling behind their face masks.

But we’ve also learnt that we like to experiment and that the creativity that resulted from weeks of boring confinement can be hugely rewarding. Along with high-maintenance styles that will be a natural reaction to lockdown, expect to see some drastic cuts, wild colours and a fun attitude.

## Fashion

Vogue claims that, post-lockdown, trends will be less important, and we’ll instead be focusing on classic garments and socially-conscious dressing. “We need less,” the magazine concluded recently. “Much less than we ever thought we did, and we need to think harder about what we wear. This move to “anti-fashion” has been helped by people experimenting with the items they’ve got during lockdown, as well as new apps such as Vinted which allow you to buy and sell nearly-new items easily.

A billion Tik Tok videos also show that a casual, relaxed, unisex leisure wear is now an established global trend from Texas to Singapore. It’s hardly surprising: these items are meant for comfort, and comfort is what we’re seeking.



## Fitness

Gardens aren’t that common in Spain, and for many naturally active people stuck in apartments the lockdown was pretty hard going. By mid April, the urge to get out and exercise was so strong that the government simply had to permit it, for the health and sanity of the nation.

Cue a new army of runners and cyclists which still hasn’t subsided. On Lanzarote, this lifestyle was already well-established, but the end of lockdown allowed thousands to rediscover sport and exercise.

Gyms are now open as well, and personal trainers are available so that you can hone all that energy and all those good intentions into an efficient routine that’ll get you where you want to be.

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# Healthy holiday

August is the hottest holiday month on Lanzarote, a scorching time of glorious, intense sunshine and heat. But it's also a month that needs to be treated with respect. Here's how to stay healthy and happy when the heat is on

## Water

Hydration is now becoming a way of life for most of us, but on an island where it's permanently hot, sunny, dry and breezy, you really need to make an effort to keep your moisture levels up. Keep water with you at all times, and top up your levels regularly.



## Food

That barbecue smell is so good it's hard to resist, and there's no need to as long as it's once in a while. Otherwise, make the most of the bounty we're lucky enough to enjoy here on Lanzarote at this time of year, when you won't find a better melon, peach, grape or fig anywhere in the world; where crisp green lettuces are packed with flavour; where fish and cheeses offer tasty local protein, and where good food and good living are a way of life.

## Shade

Learn to look for the shade on Lanzarote, or get into the habit of taking it with you in the shape of floaty clothes and wide-brimmed hats. It can be tempting to stay in that incredible sunshine and feel those rays tan every bit of your skin, but remember that your skin, and the rest of you, needs a shady break often.



## Action

Exercise is vital to your health and luckily, Lanzarote in August offers all sorts of opportunities to get or stay in shape.

The heat may mean that running or cycling in the



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middle of the day are only for the hardcore, but the sunrise and sunset are gloriously fresh and enjoyable, while the Atlantic ocean is reaching the peak of warmth which means that, once you jump in you won't want to get out.

Then there are tennis, golf, paddle boarding, hang gliding, body boarding, hiking, and plenty of other activities that'll keep you firm.

## Protection

It's not just shade that'll protect you from the sun – a decent pair of sunglasses is essential on Lanzarote, and you'll find some fantastic places to buy the latest innovations or fashions. Sunblock is also a must if you're spending any time outdoors.

It's not just sun you need to protect against these days, though. Hand washing and distancing will protect you, while mask use will protect others. Before you start moaning about your freedom being infringed, remember that it's not all about you.

## Sleep

That siesta the Spanish are supposed to take in the afternoon is planned exactly for heat like this, when only tourists and lizards venture out in the early afternoon sun. A short nap will recharge your batteries for those long warm summery evenings.

## Viral etiquette

Although laws exist to enforce certain measures against the coronavirus, it's becoming clearer that it's quickly becoming a matter of social etiquette, as well.

Visitors from the UK will quickly learn that mask use is far more widespread here, and you're pretty much expected to put one on every time you enter a shop or enclosed indoor area. In a crowded outdoor area, you may also be expected to mask up. Get into the habit of carrying a mask everywhere, and pausing to see if shops are at or over their permitted limit before you enter.




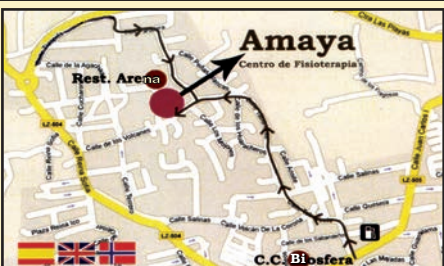
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# Holiday Food

Summer holidays are special in so many ways, and the experiences we have with food and drink are one of the most memorable of them. As Lanzarote gets back to normal, Lanzarote's skill at serving up those delicious summer holiday dishes is going to help us get there.

## Home favourites

Holiday food can be deeply nostalgic – the tang of salty, vinegary chips eaten with a wooden fork from a polystyrene tray to the sound of seagulls calling; that urgent hurry to lick melting ice cream from the cone before it drips onto your hand or the comforting warmth of candy floss on your face - most of us have



vivid memories of comforting, delicious foods we ate when we were younger and determined to enjoy our days in the sun

On Lanzarote, it's never hard to recreate those

memories and sit down in front of a slap-up meal that will make your day. This is a magical place where you can enjoy a fried breakfast almost any time of day or have a pizza for breakfast if you prefer – it's your holiday, after all – do what you want!



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## Eating al fresco

Everyone who's tried it agrees that fresh air is a seasoning that can be as important as salt and pepper, adding a special something to any meal enjoyed on a terrace. In fact, as terraces are now permitted to seat 100% of their permitted number of clients, they're likely to be more popular than ever on lovely Lanzarote.

And Lanzarote has so many restaurants with wonderful views and gorgeous weather that eating outdoors has always been as normal as indoors here. It's just a more sophisticated level of the café culture we see everywhere – where chatting, people watching, snacking and just enjoying being in the moment are essential parts of life.

Formal picnics aren't all that popular on Lanzarote – the island is too hot and exposed to find shady spaces where you can lay a blanket on the ground – but there's still a big demand for pre-prepared meals and snacks you can take to the beach or on an excursion.

## An eating adventure

Summer holidays are also times when we discover exciting dishes and new flavours that may change the way we approach food in the future. Spanish classics such as paella or garlic prawns have been hugely popular on Lanzarote for decades and there are now plenty of holiday makers who are also happy to try less familiar dishes such as puntillas (deep-fried baby squid) or huevos rotos, and discover exactly how delicious they are.

Lanzarote also offers you the perfect opportunity to get to know local and Spanish wines, and beer drinkers have seen the classic local Dorada and Tropical brews joined by an increasing numbers of local microbreweries.

Lanzarote's food and drink scene has improved immensely over the last ten years, and you can now find brilliant ingredients, innovative chefs and a real enthusiasm all over the island. It's worth discovering.



## 5 Lanzarote Summer favourites

**Gambas al ajillo:** Garlic prawns are the all-time classic, sizzling in an earthenware dish.

**Tomato and cheese salad:** Ripe toms, queso fresco, olive oil and salt.

**Salpicón de mariscos:** A seafood vinagrette with onion and pepper – cool and delicious.

**Sunday roast:** No, it's not light and it's not local, but why should that stop you!

**Papas arrugadas con mojo:** Salty wrinkled spuds with tangy red and green sauce. Get in!





# The Grandfather

The Grandfather Bar in Costa Teguise bounced right back after the lockdown, and plenty of residents and islanders were grateful. Now, with a brand new bar conversion, the Grandfather is better than ever.



Bars and restaurant owners on Lanzarote were faced with tough decisions following the lockdown: open early and risk everything, or wait until the tourists return? The Grandfather, at 3, C/Las Acacias in Costa Teguise, opposite the Aquarium, decided to take the plunge. "We opened as soon as we were able to, back when you could only serve takeaway food," says owner Lee Alder, "And we've been open ever since."

One look at the busy terrace outside the bar shows that it was a wise decision. The Grandfather was always popular before, but its role as a pioneer in the post-lockdown Lanzarote has made it one of the talking points – not to mention meeting points – of Costa Teguise.

The Grandfather is now open from 10 am to 11 pm



seven days a week, starting the day by serving classic breakfasts such as a Full English, while the Build-Your-Own breakfast option is also popular. Then there are waffles, pancakes, omelettes and plenty more to start the day right.

"There's been a great mixture, too," says Lee, "We've seen British and Irish residents, of course, but also Germans and Spanish, and now the tourists are starting to come back it's even more exciting."

What brings folk to the Grandfather is a relaxed, friendly welcome, great service but most of all, good home-made food. Try the Early Bird specials from 1-6pm, when you can get any two of a burger and chips; egg, chips and sausages or a steak pie, chips and gravy for just €12.



Then there are the weekend specials: Fish Friday, with two fish and chips with mushy peas and a bottle of house wine for only €28; and Steak Saturday – two succulent steaks with all the trimmings and a bottle of wine for €35.

Then, of course, there's the epically good Sunday lunch – three courses, including roast beef, pork or chicken and Spotted Dick for just €9.95.

You won't be short of something decent to wash it down with, either, with great beers like Estrella on tap and local wines from the Yaiza and Princesa Ico bodegas, along with other well-selected bottles.

The Grandfather does what it does with the minimum of fuss – there's no TV and no live music, although you might find a fun quiz. What is guaranteed is a warm welcome, a great meal and an experience that'll leave you perfectly satisfied.

Go to the [Grandfather, Costa Teguise Facebook page](#) or call **928 39 50 58** to reserve a table or just find out more.

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# Octopus & Potato Salad



## Cook's Tip

This dish is best at room temperature. Add some roast red pepper if you want to add some spectacular colour.

A hugely satisfying Italian recipe that's perfect for a scorching August day. The only important thing is that the ingredients are of the highest quality.

## Ingredients (for 4)

- 1 kg octopus
- 1 carrot (chopped)
- 1 stalk celery (chopped)
- 1/2 onion
- 2 bayleaves
- Three medium potatoes (espunta are a good variety for this dish)
- Good extra virgin olive oil
- Fresh lemon juice
- Chopped fresh parsley
- Black pepper

## Method

Octopus are out of season in summer, but frozen octopus are fine, come pre-prepared and don't require tenderising. You can buy them defrosted at the counter or frozen from the freezer section. If frozen, defrost overnight before cooking.

Bring a pot of water to the boil and "scare" the octopus by dipping it into the boiling water for three seconds each time. This will make it less tough. Add the carrot, celery, onion and bayleaves to the water, then boil the

octopus on a medium heat for an hour, and allow it to cool in its own water. When a fork slides easily into the bases of a tentacle, the octopus is cooked.

Meanwhile, peel and boil the potatoes separately until soft and set aside.

Rub any skin you can off the octopus and cut it into bite-size chunks in serving bowl. Chop the potatoes into similar size chunks and mix. Dress with olive oil, squeezed lemon juice, salt and freshly ground black pepper.





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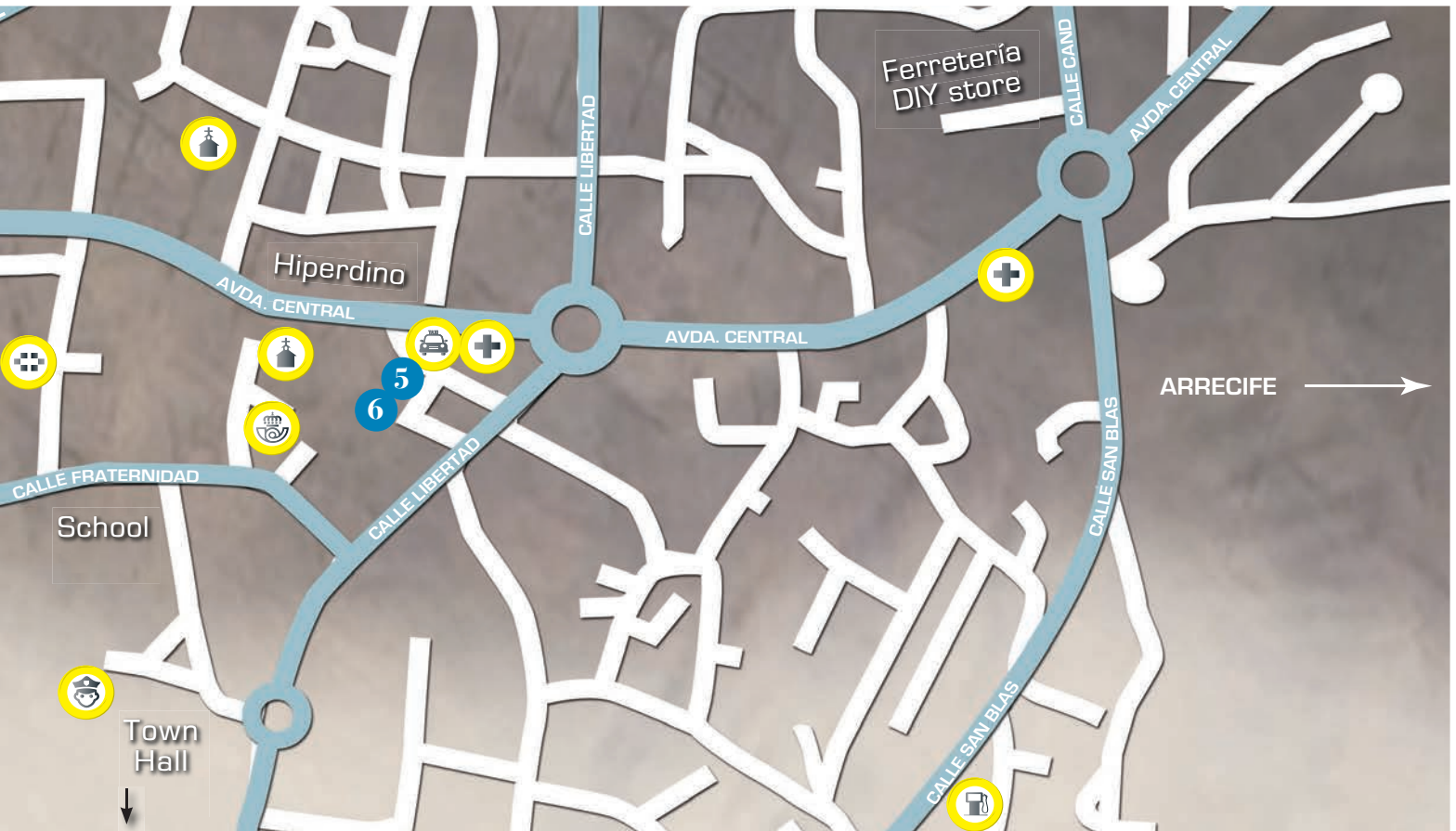
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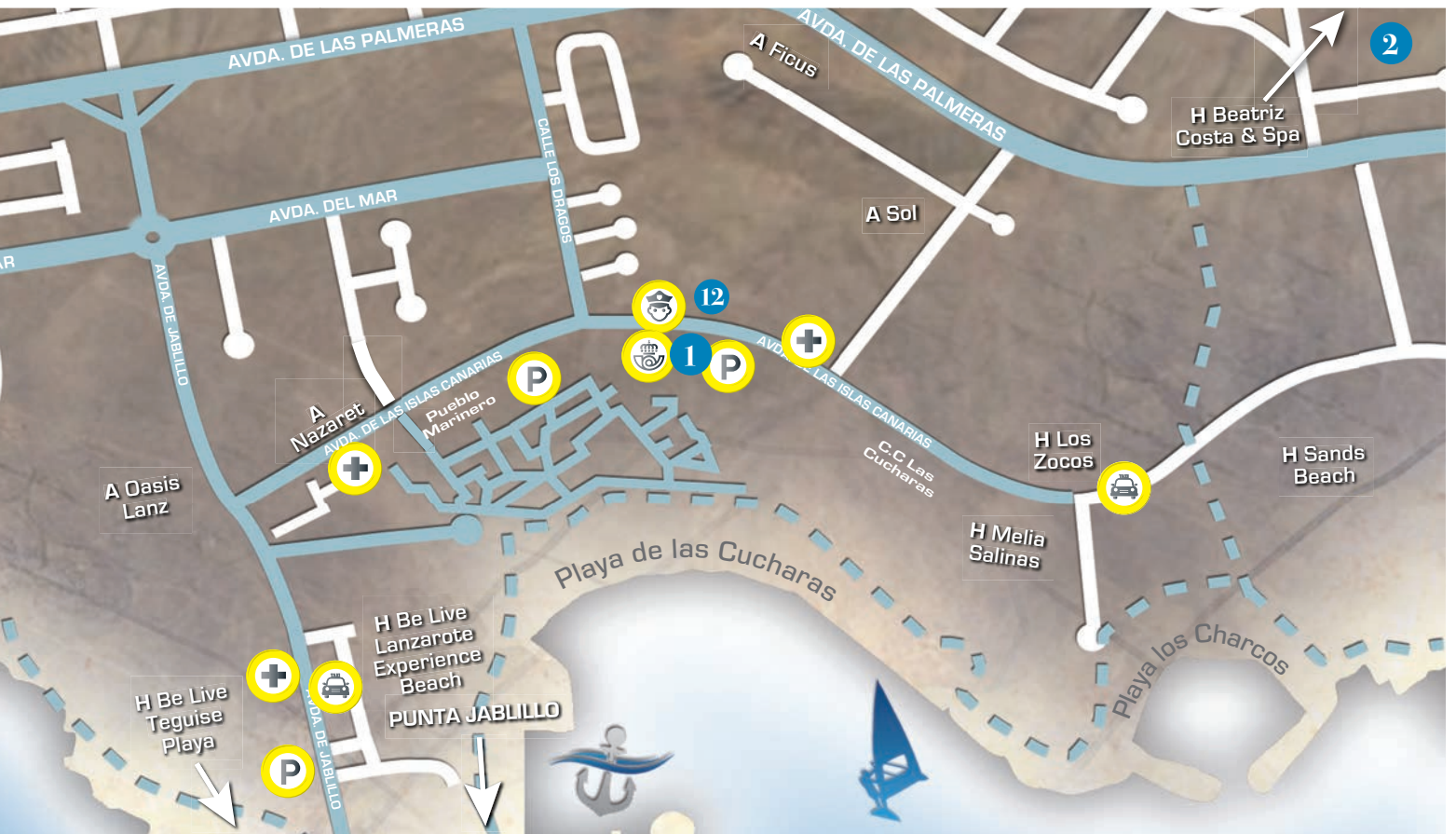
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# PROPERTY SHORTS

## LUXURY IN DEMAND



Just as the luxury sector managed to ride out the last crisis comfortably, the most exclusive villas and apartments are also well set to survive the coronavirus crisis.

This time it's the privacy and exclusivity of private accommodation, combined with the allure of high-class property in stunning surroundings, that is tempting more affluent guests to reach deep into their pockets and treat themselves after months of lockdown.

Owners of luxury rental properties are already looking to cash in with the assistance of specialist estate agents, or commissioning expert photo shoots to display their property at its magnificent best.

## RENTAL INDEX ESTABLISHED

Spain's government launched its State Reference Index System for rented accommodation last month. The index will compile 11.2 million pieces of information concerning rental prices over the last four years.

"This is an attempt to provide a statistical state tool that will be of use to agents or individuals operating in the rental market," said minister José Luis Ábalos.

"It will be useful to formulate economic or other policies that

will increase the amount of rental accommodation available, which will in turn, reduce rents," he continued. The government has already considered taxing properties left empty, and the high price of rental accommodation is one of the most pressing areas in Spanish housing.

However, Ábalos denied that the information would be used to introduce rent caps – one of the main demands of his coalition partners in the Podemos-Unidos party.

## WOODEN VILLAS IN COSTA TEGUISE

Construction of the first tourist complex in the Canaries to be made of wood commenced in Costa Tegui recently.

Dolce Vita Villas will consist of 32 duplex apartments constructed from X-LAM wooden panels, which the promoters, Pitaya Resorts SL, claim will provide maximum insulation from heat and noise.

The complex is located off C/El Timple in a quiet area of Costa Tegui, and a pilot home should be ready by October, with construction expected to finish next summer.

X-LAM panels are cross-laminated wooden panels that provide strength and flexibility for construction. They have been widely adopted as a solution for sustainable building.

## NO REPEAT OF 2008



While property prices are expected to decrease as a result of reduced tourism, experts such as the Idealista website and Spain's appraisers believe the effect will be nowhere near as drastic as it was after the global financial crisis of 2008.

At that time, Spain suffered from overvaluation of properties almost everywhere. Even before the crisis hit, government claims that prices would soon level off to a plateau rather than crash seemed to be based on little more than hope.

Overvaluation has still been a problem in some areas, including the Canaries, but nowhere near to the extent that it was 12 years ago. Forecasts seem to concur that price falls in popular tourist areas will occur in the short-term, but recovery thereafter will depend on how the sector performs.



## IMPORTANCE OF REVIEWING

## EXISTING ARRANGEMENTS

For many of us this year has been the strangest on record and it is only natural that keeping safe and healthy has been top of our agendas. Understandably, financial planning has been pushed onto the backburner, but as we move through (hopefully..!) the worst of the virus, we need to be mindful that Brexit is fast approaching. Perhaps now is therefore the time to review existing financial arrangements.

In the best case scenario, the Coronavirus will gradually make its way down onto the second page of our news feed as numbers reduce, but this will open up the door to other outstanding matters such as Brexit, the US Presidential Election and the US-China trade war, all of which are likely to have an effect on global markets.

Brexit is of course the topic that will affect the majority of us Brits here in Spain so it has never been more important to make sure all of our ducks are aligned before the end of the year.

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If you have any questions, why not get in touch with us? Our advice will provide peace of mind.

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# Talking Design

TRENDS AND TIPS FOR 21ST CENTURY INTERIOR DESIGN ON LANZAROTE.



“Modern items can be combined with modern pieces.”

Esmeralda González, owner of EG Interiorismo Lanzarote, is an interior designer with a distinct and committed vision. Working closely with clients to bring optimal results is the foundation stone of her work, but on an island where she is often called to design holiday rental apartments, function, beauty and space are also paramount concepts.

Esmeralda says that trends on Lanzarote are changing to reflect a commitment to more sustainable lifestyles, and that this is being reflected by architects and designers. Hand-in-hand with this is a society in which the image is becoming all-important for marketing – another aspect that designers must take into account.

**Here are three tips from Esmeralda:**

## 1. The new can coexist with the old

We have a tendency to get rid of everything that is old, However, on many occasions seasonal items can be kept and combined with antique or vintage pieces that will provide us with experiences, history and personality points. For example, wood restoration always adds character to any environment.

## 2. Less is more

We must be aware of which items are best for our lifestyle, our living room or our bedroom. One formula that never fails is selecting the right furniture, made from well-chosen and high quality materials. Focusing on quality rather than quantity will avoid making an environment seem stuffy or cluttered.

## 3. No plastic

At the moment there is a global cultural movement against plastic. It has reached right into our homes, and even affects our choice of decorative elements. And it is a choice, an active decision to use recycled materials that do not damage our environment. Awareness is important, but it's no use unless we translate it into action.

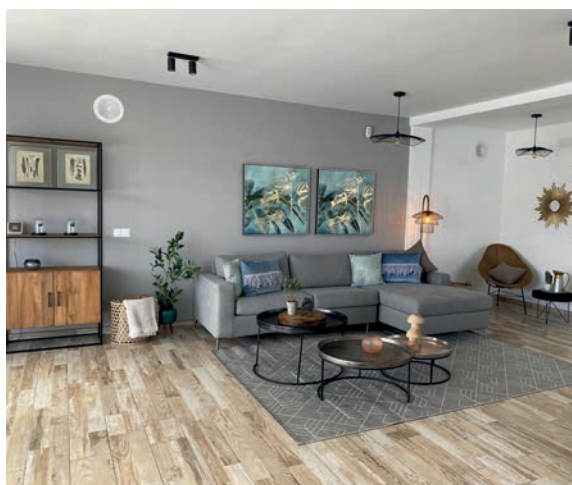


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## Go vertical!

When we decorate our homes, we have a tendency to look at things in landscape rather than portrait, but if you live in a smaller space, it can pay to start looking up and down rather than left and right.

Top decorators make the most of every bit of space in a room, and if the space is taller than it is wide, that's what they'll generally focus on. Using tall, vertical shapes in your rooms highlights space in that direction and can turn a room that looks poky and cramped into an elegant, tasteful area.

Pay special attention to naturally vertical elements such as curtains, pillars and columns, the vertical sides of shelves or bookcases and doors. These will be the raw elements you can really work with,

and putting a bit of thought into colour, texture and light in these areas will pay off.

When furnishing and decorating, add other vertical items such as floor lamps, vertically-oriented lampshades and maybe even a narrow strip of colour on a wall. Look for high-backed chairs, stools and high tables, but don't forget that horizontal items can cause a remarkable contrast.

**"GRAVITY MAKES MUCH OF THE NATURAL WORLD VERTICAL"**

Finally, don't forget nature. Gravity ensures that water tumbles downwards vertically, and also leads hanging plants to festoon walls with gorgeous greenery. Meanwhile, there's no shortage of tall, thin houseplants that strive ever upwards.

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# Holiday homes



Whether your Lanzarote property is rented out or not, it's still in one of the most popular holiday destinations in Europe, and that will always dictate the way you furnish and decorate it.

Most of us who've come here to live first arrived on Lanzarote for holidays, and we never forget those fantastic first impressions. Yet, as our lives here perhaps become dictated by work, family and those everyday chores that holiday makers rarely have to worry about, we can lose sight of the fact we live in a place that people pay thousands to enjoy for a couple of brief weeks.

One way to remind ourselves that we all live in holiday homes is to focus on five elements that the best holiday accommodation offers.

## Relaxation

What does a holiday home offer? First, there's sheer relaxation. No holiday maker reaches Lanzarote without a long journey, and the first impression should always be that you've arrived at a safe haven. That's also true when you live and work here – home is a place to kick off your shoes, take a deep breath and close the door on the outside world for a little.

You can achieve this by providing space, neutral, soothing colours, natural elements such as wood and stone, plants and flowers and, of course, comfortable furniture where you can truly relax.

**"EVERY DAY IS A HOLIDAY ON LANZAROTE."**

## Practicality

One way to discover the importance of practicality is to hire an apartment or villa yourself for a short break. You'll immediately get good ideas that could be used in your home, and you'll also realise what you're getting right. Practicality means efficient living – things that work the way they should so that we can live well, and it applies to everything from the location of your furniture to the cutlery in your drawers.

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**“A holiday home lifts the heart every day.”**



## Delight

Those things that lift your heart are what make a holiday home – sunlight streaming through a window in the morning, little birds chirruping in a tree, a palm tree nodding against the sunset. Delight can be coincidental, but you can also plan for it – this is where your taste for art and ornament come really into play, allowing to surround yourself with a few things that make your soul sing.

## Nostalgia

Nostalgia is an important part of holiday homes, which at their best always remind us favourably of great holidays we’ve had in the past. It could be a vase full of seashells or a lump of gnarled driftwood; it could be slightly faded canvas chairs or a bookshelf full of good reads, or it could just be the perfect place in the sun for a morning coffee. If your home brings these warm memories back, it’s doing its job.

## Activity

One of the big differences between holiday homes and residential homes is activity – the things the people who live there usually do. But whether you’re going out to waterparks or camel rides or just having a run and doing the shopping at Lidl, you’ll need to allow for these activities. A Lanzarote holiday home is never one of those sterile places you see in the Home and Garden magazines, where people barely exist and never do anything. It’s where you do what you love to do.

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# Can you handle the heat?

The heat is most definitely on, and there's no other time when you need your home to offer cool, refreshing relief from the scorching summer sun.



August is Lanzarote's hottest month, with average temperatures in the mid-20s and frequent highs in the 30s. It's a month when every day brings at least ten hours of blazing sunshine, when rain is almost unknown and when baking hot weather systems can sometimes move over from the Sahara desert, bringing stiflingly hot conditions.

Living comfortably in these conditions requires planning and routine. Open your windows at midday and your home will soon be an oven. Keep them closed all day and you'll feel stifled. You'll need to make full use of blinds, curtains, shutters and learn to understand the way air and ventilation works in your home.

**“You need to be in full control of the heat in your home.”**

Air conditioning is a popular solution, but if your home isn't tightly sealed against the outdoors, or sunlight is pouring through French windows, you're simply throwing money away. With the best air conditioning

system in the world, you'll still need to keep heat out and stop cool air escaping.

So the first consideration you should take into account are your doors, windows and anywhere indoors meets outdoors, making sure that you can seal them off completely or open them up according to your requirements.

This means making sure that all handles, locks and seals should all be efficient and perfectly maintained – and as you'll be using them a lot – durable. Spending money on these elements is likely to save you plenty in the future.

It's also worth remembering that double-glazing isn't just for cold northern countries. On Lanzarote it can also insulate your home and help you maintain a comfortable living temperature all your round. Double-glazing is also an effective noise muffler if you live in a busy area.

Once you've sorted your home out, you can enjoy life on Lanzarote to the full, flinging windows open at times of day when delightful fresh air will freshen your home, and closing things up when you wish to relax in privacy and cool, calm intimacy.



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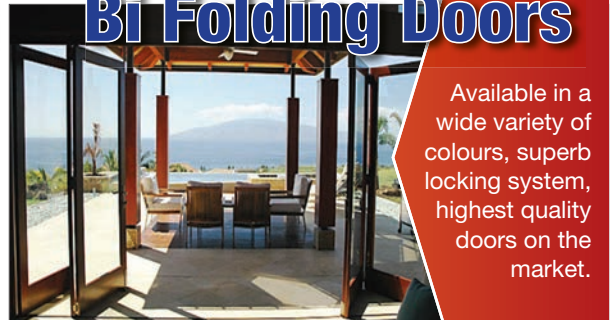
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**Round window, Restaurant - Jameos del Agua**

Nieves Martínez has spent 35 years in glass. She's in charge of Cristalería Managlass SA in Arrecife, which is one of the three parts of the CEPAL company (along with specialist metal and aluminium businesses), and she's one of the main players in the sector on Lanzarote.

Glass is perfect for Lanzarote, and Manrique's perfect window at the Mirador del Río and the modern glass and steel architecture at the island's newer hotels show how wonderfully it can suit the environment. Nieves, whose company have just worked on the renovations at Jameos del Agua, points out that glass railings and balustrades are aesthetically perfect for outdoor spaces, allowing light to pass through and minimally affecting views.

# Crystal Clear

GLASS IS THE BUILDING MATERIAL OF THE MOMENT – PROVIDING INCREDIBLY ATTRACTIVE AND PRACTICAL EXTERIORS THAT LET THE LIGHT FLOOD IN AND ALLOW STUNNING VIEWS.



**Automatic Glass Door, Reception Jameos del agua**

But glass also allows heat to pass through, and on Lanzarote that can be a problem. Nieves says that there are plenty of solutions to this, from double glazing and tinted or solar glass that blocks rays, to more traditional solutions such as blinds and shutters.

"There are fashions in glass, of course, just as there are in other decorating areas," says Nieves, who has been in the business long enough to know exactly what she's talking about. Her company have installed the glass in many of the island's most important and iconic buildings, from large public works to private projects of any size.

Right now, it's all about shower screens, says Nieves "The lockdown has made everyone take a closer look at their homes, and plenty have made a decision to change their bathrooms. Showers are vitally important on Lanzarote, so that's an obvious place to start."

Another unexpected area of activity for Nieves has become protection screens that are now compulsory for many businesses dealing with the public. "Plastic gets damaged quickly and doesn't give as good an impression as glass," she says, pointing out that glass screens can be as cheap as €60.





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# The best of times

August is one of the most critical times in Lanzarote gardens, a month when you can't afford to take your eye off the ball. If you do get it right, however, you won't regret it.

## Under the elements

The first thing to bear in mind this month is the weather. To put it simply: it doesn't rain in Lanzarote in August. Any water your plants get this month will come from the morning dew, if you live in a higher area, or from you and a watering can or a hose.

And they'll need it. The sun is scorching and bakes the earth hard and dry, but there can still be breezes that strip the moisture from leaves and petals in a moment. Hang out your washing on a sunny, windy day to get an idea of how effective the combination is.

So, water them lavishly, but also be sure to watch that breeze. Once in a while hairdryer winds can come from

Africa, and when this happens you need to move plants or just chuck an old sheet over them. If a plant is normally in a fairly breezy place, try and get it more shelter just for the next couple of months. Be kind.

And don't just be kind to plants. Place a few upside-down jam jar lids in shady spots on the ground and fill them up with water for lizards, birds and other creatures in your garden that could use moisture – it may keep them from seeking moisture by nibbling or pecking your plants.

Ask garden centres for ideas for windbreaks, shade solutions or portable containers, and give your plants a chance this August.



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### The right time

Even in the heat of a Lanzarote August, some plants thrive as long as they're well cared for. This is a terrific time to reap the benefits of tomatoes, chillies, lettuces and courgettes; and herbs such as thyme, basil, mint and oregano – which exist to convert sunshine into flavour – will never be more headily fragrant.

Fruits such as plums and peaches are at their best now, while malvasia grapes are now perfect for the table – sweeter and less tart than when they're harvested for this year's wine vintage. Melons can be cut and stored, and Lanzarote's fig trees are bearing their wonderfully ripe and delicious burden.

If you have any of these plants in your garden, you'll have work to do – watering, fertilising, protecting and checking for pests. But the rewards will be worth it.

### Pure pleasure

Most gardeners don't do it for the fruit and veg, though – although those are wonderful bonuses. They do it because your garden is a unique place where nature is allowed to flourish in controlled conditions.

The rewards for a Lanzarote gardener can be almost inexpressible this month – the sheer wonder of saving a stricken plant from dying may be nothing in the grand scheme of things,

but every gardeners knows the fulfilment it can bring.

It's a time when you learn to live right alongside your plants, caring for them day in day out, watching their flowers open as the sun sets and smelling the fragrance they set loose on the night air. It's when you watch some of them get plump and glossy or explode in riotous colour, while others lie low and take it easy.

And it's a time when, in morning or evening, you can do what your plants do, and live life to the utmost in your garden.

*"August can bring moments of pure sensual pleasure in your garden."*



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# FOOTBALL

## PLAYOFF EXCITEMENT ON EL HIERRO

**The season for the Rojillos is well and truly over; however, the top four teams in their league battled it out on El Hierro with one side being promoted to Spain's Bronze league, Segunda B.**

Normally, each of the top four sides would be drawn separately against a mainland club. Champions CD Marino would have had a match over two legs against a mainland league winner with the victor being promoted directly to Segunda B and the loser dropping into the quarter-final stage of the playoffs.

The three other sides would also be drawn against mainland clubs who would also be in the quarter-final stages. It's quite a complicated affair.

But these aren't normal times, so the Spanish Federation sensibly decided to complete the playoffs provincially. From the 18th July until the final on the 25th July CD Marino, SD Tenisca, UD San Fernando and UD Tamaraceite played one of their club's most important matches (check my Facebook



Rosmen returns!

or website for results, details below) and, by the time this goes to print, we'll know which Canarian side will be playing their football in Spain's third tier next season, along with UD Las Palmas B.

The venue for the tournament was the Covid-free island of El Hierro. At the time of writing I have never visited this mysterious small island but I've booked tickets with my wife for a short break in the hope of obtaining a ticket, as 50% of the normal capacity of fans will be admitted to these matches.

Meanwhile next season many players from the

island will be given their chance to represent UD Lanzarote, so it's wonderful news that our two experienced captains, Rosmen and Ayoze Pérez, have already signed and will be bringing their wealth of experience to some of the novices.

At this moment there is no set date when next season will commence, though in all probability it will be in October.

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# GOLF NEWS

## BARBARA DEFIES THE WEATHER

**In the "new normality" on Lanzarote, golf is back in full swing. So much so that our last tournament was played on the 3rd of July in gale force winds during a yellow weather alert on the island! Jean-François Crinquant reports.**

In these extremely challenging conditions, Barbara Moss was the best golfer to master winds gusting at over 60km/h and she scored an

amazing 70 points in the July Hanson Cup medal play game. Great win, Barbara!

*Our weekly games are as busy as ever with a mix of Las Palmeras Golf Society Members, visitors to our beautiful Island and a group of lovely ladies from the Tias Golf Club (currently closed). Therefore, it is imperative for anyone wishing to join the Society for a game or two to let us know at least 24 hours in advance by email at: [lpgs2016@gmail.com](mailto:lpgs2016@gmail.com) Further information on our website, in the visitors section: [www.laspalmerasgolfociety.blogspot.com](http://www.laspalmerasgolfociety.blogspot.com) Costa Teguise Golf Club currently has a very special offer valid until the end of September*

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Barbara Moss

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# HEAT TREATMENT



**Motorists on Lanzarote in August are driving in some of the hottest conditions in Europe, and it pays to take the necessary precautions.**

## **SOL Y SOMBRA**

Every Canarian motorist seeks shade when parking. Indoor parking underground is best, but a sun roof is far better than nothing. Smart drivers quickly learn the location of trees, awnings or other overhead elements in places they habitually park, and if your car is going to be left for a long period, it's also worth remembering how the sun moves from east to west during the day.

## **LEAVE A GAP**

If you can do so safely, leave a small gap in the window to allow heat to escape.

## **PROTECTION**

Buy an aluminium sun reflector for your front windshield, which will reflect the sun's rays and stop your car overheating. If you have child seats, investigate sun shields for their side windows, too. If your car doesn't have tinted windows, have a think about replacing them.

## **SHAKE IT OFF**

Open a window and then "fan" by opening and closing the door opposite. This trick expels hot air from a car rapidly.

## **WIPE YOUR WINDSHIELD**

Dust, sand and heat can scratch your windscreen and destroy windscreen wipers quickly. A damp cloth will get rid of the worst, and will also provide a little moisture inside the car.

## **PAUSE**

If your car is baking hot, allow it to cool down a little before setting off. Let the air conditioning run for a couple of minutes, ensure surfaces are bearable to the touch and check that you're comfortable before setting off.

## **DON'T BE STUPID**

Leaving children or pets in a car is obviously an absolute no-no, but be careful with other things, too. Anything that melts or explodes in heat could cause nasty, messy accidents.

**“Lanzarote drivers quickly learn about sun and shade.”**





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# GREEN CAR SUBSIDIES



**Spain's President Pedro Sánchez has revived the PIVE Plans that helped to revive the country's motor industry and update its stock of vehicles six times from 2012 until 2016.**

The PIVEs (Efficient Vehicle Incentive Plans) became famous in Spain, as they offered buyers significant financial incentives to trade in older vehicles for new ones. The aim was not only to support Spain's automobile manufacturing

industry, but also to renew the country's driving stock, which was ageing rapidly as the financial crisis discouraged outlay.

Now, Sánchez has dedicated 3.75 billion Euros

to a new PIVE plan – the first operated by a Socialist government, and one that places an urgent extra emphasis on ecologically conscious motoring.

Those who stand most to gain from the scheme will be those who purchase cars classified as ECO). The ECO category applies to self-charging hybrids and chargeable hybrids with a range of less than 40 kms,

Fully electric vehicles and chargeable hybrids with a range over 40 kms fall under the 0 (Zero) category, and buyers will probably get a better deal if they buy them under a separate scheme called the MOVES Plan.

Cars in both of these categories will attract subsidies of up to €5,000, while cars under the C category (petrol cars registered after 2006 and diesel cars after 2014) will be subject to subsidies of up to €1,500. While cars in the D category will not be eligible for subsidies.

Spain's motor industry has been hit hard by the coronavirus crisis, with the worst blow coming when Nissan announced that it would close its factory in Catalonia, laying off 3,000 staff and threatening the livelihoods of an estimated 25,000 ancillary workers.

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## SAFETY CAMPAIGN LAUNCHED

“This country can’t take more deaths” is the stark slogan that the DGT have adopted for their latest road safety campaign. Launched by interior secretary Fernando Grande-Marlaska, the campaign was presented by Spanish skating world champion Javier Fernández from the Ice Palace in Madrid, which was briefly converted to a morgue during the worst of the coronavirus crisis.

The campaign warns drivers to exercise care during the return to normality, and has been prompted by a worrying 22% increase in road traffic deaths since the end of the State of Alarm.

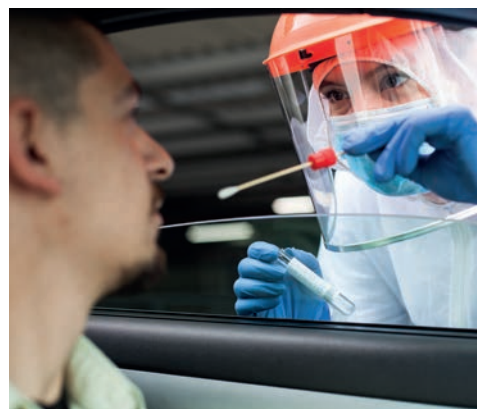


## NOW PAY ATTENTION, 007

James Bond’s most iconic car, the Aston Martin DB5 from Goldfinger has been recreated by the British company, with all the original features of the model in the film.

The DB5 Goldfinger, which Bond drove across the Alps to Switzerland in the film, is a replica of the original car, which was produced from 1963-1965. However, it will also have all the added extras that Q installed, such as smoke and oil dispensers, bulletproof shields and an ejector seat.

25 of the special models will be made until the end of the year.



## DRIVE IN C-19 TESTS AT ARRECIFE

Drive-in testing could become a common element in the future after various hospitals in Spain, including Lanzarote, have trialled the idea.

Conscious of the contagion risks of waiting rooms, health officials have encouraged people to drive straight through to the testing area, where a swab is taken from the driver or passenger by a health worker in full PPE, and physical contact is kept to a minimum.

The scheme only take saliva samples for immediate PCR testing – blood samples will still have to be taken inside the hospital. People who report symptoms or are suspected contacts must attend alone (if they don’t drive, a unit will be sent to their home). However, a test is now standard before any surgical procedure, and these subjects may be accompanied.

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L-B.F. (01.19)



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Mob:

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**606 823 718**

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Treatments

Vaccinations

Microchips

Surgery Etc.

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**928 070 421**

**603 649 020**

PIC-J.F.

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Surgery, laboratory, microchip, passport, checkups, vaccinations  
Dog and cat grooming

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**928 833 990**

**629 356 514**

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L-07.20

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## Miscellaneous

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[www.ronn-ballantyne.com](http://www.ronn-ballantyne.com)

L-07.20



# Telephone Numbers



## AIRPORT

Iberia General Info .....	901 111500
Aena General Info .....	928 846000
Flight Information .....	928 846001
Thomson.....	928 516930

## AYUNTAMIENTOS

Arrecife .....	928 812750
Haria .....	928 835251
San Bartolome.....	928 520657
Teguise .....	928 845001
Tias .....	928 833619
Tinajo.....	928 840021
Yaiza .....	928 836220
Lanzarote Cabildo .....	928 810100

## BRITISH SCHOOLS

British School of Lanzarote .....	928 810085
Colegio Europeo Daos .....	928 515818
Colegio Hispano Británico.....	928 173066
Colegio Arenas .....	928 590835
Queen's School (Playa Blanca) .....	928 518899

## CHEMIST

Puerto del Carmen .....	928 513207
Puerto del Carmen (Old Town) .....	928 512282
Playa Blanca.....	928 518942
Costa Teguise (CC Jablillo).....	928 826628
Costa Teguise (Islas Canarias) .....	928 590423

## CHURCHES

Anglican Chaplain.....	928 514241
Family Church .....	618 186755
Christian Worship Centre .....	620 309684
Sunday Worship.....	630 175810
Pastor Norwegian Church .....	616 407693

## CONSULATES

Britain .....	928 262508
Ireland.....	928 815262
Germany .....	928 491880

## CREDIT CARDS - LOST OR STOLEN?

4B.....	902 114400
AMEX.....	900 814500
Visa International.....	900 991124

## EMERGENCY SERVICES

Police, Fire, Ambulances .....	112
Spanish Emergency Services.....	061
Red Cross (Ambulance).....	928 812222

## FERRIES

Naviera Armas .....	902 220225
Fred Olsen .....	928 517266
Líneas Romero .....	928 842055

## GAZETTE LIFE OFFICES

Reception.....	928 093823
Mobile.....	621 274473
Website .....	www.gazettelife.com

## MEDICAL SERVICES

British Surgery Lanzarote .....	928 514274
OR FREEPHONE .....	900 811555
Hospital Arrecife .....	928 595000
Alcoholics Anonymous.....	638 484113
Dr. Mager Clinic.....	928 512611
Hospiten Lanzarote .....	928 596100
Overeaters Anonymous .....	662 116415

## POLICE

Arrecife .....	928 811317
Haria .....	928 835252
San Bartolome.....	928 520712
Teguise .....	928 845252
Tias .....	928 834101
Yaiza .....	928 830107

## POST OFFICES

Costa Teguise .....	928 827268
Playa Blanca.....	928 518389
Puerto del Carmen .....	928 510381

## TAXI RANKS

Airport.....	928 520176
Arrecife .....	928 800806
Haria .....	620 315350
Teguise/Costa Teguise .....	928 524223
Puerto del Carmen/Tías.....	928 524220
San Bartolomé.....	928 520176
Tinajo .....	928 840049
Yaiza/Playa Blanca .....	928 524222

## TELEPHONE (MOVISTAR)

Faults.....	1002
Directory Enquiries .....	11811
International Directories .....	11825

## TOURIST INFORMATION - LANZAROTE

Arrecife .....	928 813174
Costa Teguise.....	928 592542
Puerto del Carmen .....	928 513351
Playa Blanca.....	928 518150

## TOURIST INFORMATION - 7 ISLANDS

Lanzarote .....	928 820704
El Hierro.....	922 550302
Fuerteventura .....	928 860604
Gran Canaria .....	928 771550
La Gomera.....	922 870281
La Palma.....	922 423340
Tenerife.....	928 635192

## TRANSPORT

ITV Station (MOT) .....	928 582555
Intercity Bus .....	928 811522

## UTILITIES

Endesa (Electricity).....	800 760909
Canal Gestión (Water).....	928 814400
Iberdrola .....	900 225235

## VETS

Jane Burke.....	928 513895 or 649 910784
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# Need to Know



## GETTING THE NEWS

Spain has a strong journalistic tradition, and the Canaries is no exception. The recent improvement in online translation means it's easy to access the local papers. Here's a brief guide:

### LANZAROTE

Lanzarote newspapers are almost totally online. You may find a monthly free edition of El Diario de Lanzarote or Crónicas de Lanzarote, but the real day-to-day work happens online. Most popular of the online papers is La Voz de Lanzarote, while Lancelot Digital, Crónicas de Lanzarote and Diario de Lanzarote are also worth bookmarking.

### CANARY ISLANDS

The local Canarian newspapers you'll see in Lanzarote newsagents are Canarias 7 and La Provincia, both of which cover the eastern province of Las Palmas. Both are also online, although La Provincia's site operates a paywall. However, both are well-produced, serious papers that produce a wealth of information on a daily basis.

Tenerife's province of Santa Cruz also has its papers, but they're rarely spotted on Lanzarote.

### NATIONAL

Of the national newspapers, the bestseller is El País, which emerged as Spain's progressive voice following Franco's death. However, it's more recent move to a centrist position has allowed more left-wing voices, such as El Diario (online only), to establish a readership.

On the right, ABC is a traditional right-wing paper, and was the most popular daily during the Franco years. El Mundo follows a more individualist right-wing agenda.

There is much more to discover, from satirical magazines to serious economic publications. Spain's press may have changed a lot, but it still remains in a healthy state.

## SIMON TURNER'S BEACH ART



**Simon Turner has been creating Land Art for over six**

**years. Last year he took part in the Festival de Arte in Órzola and designed a large-scale piece of art for the event. Currently, Simon is looking forward to start creating art again post-lockdown. Shay Rourke spoke to him.**

### **When did you start to create beach art, Simon?**

I created my first Land Art in March 2014. It was small compared to my more recent pieces and was drawn on a beach in Southport. I created it with the help of my partner not long after we had become a couple. I find it quite therapeutic to draw lines in the sand.

### **Did you start smaller and get larger?**

At first, they were just a couple of metres square, but at the time that felt and looked quite big to me. My art has become bigger and bigger since moving to Lanzarote as I live near the beach. My whole lifestyle has changed since moving here. I've been able to give myself more time to focus on my designs.

### **How do you create your Land Art?**

I never plan the designs. They are decided on the beach, as I rake. The design and scale of the pieces change depending on the beach size,

tide, weather and sunbathers. They are often site-specific, I try to take in the surrounding landscape, clouds and existing marks in the sand and the design follows suit.

### **What is the Festival de Arte?**

The Festival is an annual contemporary, international art festival organised by Lacuna Festivals and directed by my partner, Sarah-Jane.

### **It must have been an exciting experience for you.**

It was quite out of my comfort zone. I had to work with the audience to create the piece, something I'd never done before. Normally I don't like to announce where and when I create my Land Art. Some works will be seen by many people, others won't be seen by anyone before they are washed away by the rising tide.

### **What did you think of the piece when it was complete?**

I was quite happy with it. A friend took a picture of me in the middle of the artwork which really showed the scale of the works I can create now. You can't tell how large the piece is when you are looking at it from ground level.

### **Are you looking forward to resuming your art again now that the lockdown is over?**

Yes, I'm looking forward to getting back and drawing again, and seeing where my artwork takes me in the future. I was frustrated during the lockdown as I lived so close to the sea, yet I could not visit it!

---

*Do you have any photographs with stories behind them that would like to share? Email us at: [digital@gazettelife.com](mailto:digital@gazettelife.com).*





## Tide Times

August 2020

Tide Tables for Arrecife, Lanzarote. Height are in metres.  
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	H: 00:14	2.3	17	H: 00:41	2.4
	L: 06:23	0.7		L: 06:47	0.7
	H: 12:36	2.6		L: 12:58	2.7
	L: 18:57	0.5		L: 19:17	0.5
2	H: 01:04	2.4	18	H: 01:24	2.6
	L: 07:09	0.6		L: 07:29	0.5
	H: 13:21	2.7		L: 13:40	2.9
	L: 19:42	0.4		L: 19:58	0.3
3 ●	H: 01:48	2.5	19 ○	H: 02:05	2.7
	L: 07:51	0.5		L: 08:10	0.3
	H: 14:02	2.8		L: 14:20	3.0
	L: 20:22	0.4		L: 20:39	0.2
4	H: 02:27	2.5	20	H: 02:45	2.8
	L: 08:29	0.5		L: 08:51	0.2
	H: 14:39	2.8		H: 15:02	3.1
	L: 20:59	0.4		L: 21:20	0.1
5	H: 03:03	2.5	21	H: 03:26	2.9
	L: 09:05	0.5		L: 09:32	0.2
	H: 15:15	2.8		L: 15:43	3.1
	L: 21:35	0.4		L: 22:02	0.2
6	H: 03:37	2.5	22	H: 04:08	2.8
	L: 09:39	0.5		L: 10:15	0.3
	H: 15:50	2.7		L: 16:27	3.0
	L: 22:09	0.5		L: 22:46	0.3
7	H: 04:11	2.4	23	H: 04:53	2.7
	L: 10:14	0.6		L: 11:01	0.4
	H: 16:25	2.6		L: 17:13	2.8
	L: 22:43	0.6		L: 23:33	0.5
8	H: 04:46	2.3	24	H: 05:42	2.5
	L: 10:49	0.7		L: 11:52	0.6
	H: 17:00	2.5		H: 18:05	2.6
	L: 23:19	0.7			
9	H: 05:22	2.2	25 ○	L: 00:26	0.7
	L: 11:26	0.8		H: 06:38	2.4
	H: 17:38	2.3		L: 12:52	0.8
	L: 23:57	0.9		H: 19:08	2.3
10	H: 06:03	2.1	26	L: 01:29	0.9
	L: 12:09	1.0		H: 07:47	2.2
	H: 18:21	2.2		L: 14:09	1.0
				H: 20:26	2.1
11 ○	L: 00:42	1.0	27	L: 02:48	1.0
	H: 06:51	2.0		L: 09:09	2.2
	L: 13:01	1.1		L: 15:38	1.0
	H: 19:15	2.0		H: 21:56	2.1
12	L: 01:37	1.1	28	L: 04:12	1.1
	H: 07:53	1.9		L: 10:31	2.2
	L: 14:09	1.2		L: 17:00	0.9
	H: 20:25	1.9		H: 23:14	2.2
13	L: 02:48	1.2	29	L: 05:22	1.0
	H: 09:08	1.9		L: 11:36	2.4
	L: 15:30	1.2		L: 18:02	0.8
	H: 21:45	1.9			
14	L: 04:03	1.1	30	H: 00:12	2.3
	H: 10:22	2.0		L: 06:16	0.8
	L: 16:46	1.1		H: 12:27	2.5
	H: 22:57	2.0		L: 18:49	0.6
15	L: 05:08	1.0	31	H: 00:57	2.4
	H: 11:23	2.2		L: 06:59	0.7
	L: 17:45	0.9		H: 13:09	2.7
	H: 23:53	2.2		L: 19:29	0.5
16	L: 06:01	0.9	<div><div>○ New Moon</div><div>● Full Moon</div><div>◐ First Quarter Moon</div><div>◑ Last Quarter Moon</div></div>		
	H: 12:13	2.4			
	L: 18:33	0.7			
H=High Tide L=Low Tide					

H=High Tide L=Low Tide



## Weather Watch

with Terrie Weather

August 2020



August is usually the busiest month here and whilst it has been lovely to see a few more people in the tourist resorts, we are nowhere near the usual visitor numbers. Those that are lucky enough to arrive this month can expect sunshine - and lots of it! - as well as high temperatures, very high UV levels and, of course, an increased chance of calima with the stronger winds.

Last year the month started with temperatures bang on average but

from mid-month they crept up tipping 30 degrees and causing an amber weather warning. The official high for the month was 35 degrees although it felt more like 39 degrees.

We have a clever little weather system here, as during the Summer months we also see an increase in the wind speed; this essentially helps keep the temperatures at a bearable level. What does need caution is how the wind leaves beautiful clear blue skies which see our UV often hit 11+ with a very high risk of harm to unprotected skin. For some of you, that translates to a burn time of less than 5 minutes! As well as looking for sunscreen with both UVA and UVB protection please don't forget to protect your eyes - sunglasses need to filter both types of UV rays also.

Follow @TerrieWeatherLanzarote on Facebook for  
Weekly weather videos and daily posts!

## What to Expect in August



### Day Time Temps

29°C (Ranges from 26°C to 32°C)



### Night Time Temps

Average 21°C (ranges from 19°C to 22°C)



### Sunshine Hours

9-10 hours, 14 hours of daylight



### Sea Temp

22°C



### Rain

0 days



### Wind

35kph can be gusty up to 55kph

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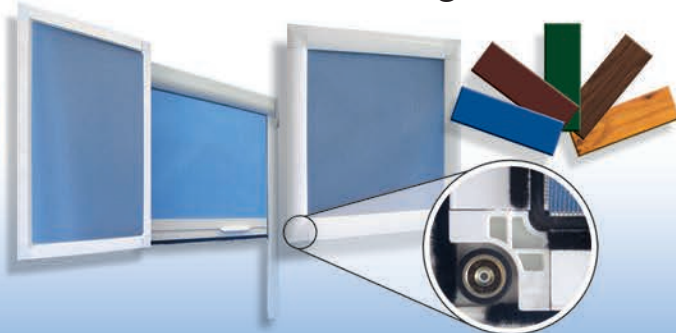


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# Horoscopes

BY CLAIRVOYANT SHONA LANGHOLM



## Aries

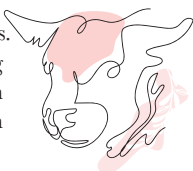
(21 MAR - 19 APR)

Sometimes it's more important to make a firm decision rather than a right one. We can't predict the future, but if we're on a firm course, we can face it with confidence. You've got the respect and support of the people that matter, so take that next step confidently.

## Taurus

(20 APRIL - 20 MAY)

Try not to be too much of a perfectionist, Taurus. Sometimes the time and money you spend getting things just right could be better employed on messy, imperfect activities that make you punch the air with joy.



## Gemini

(21 MAY TO 20 JUNE)



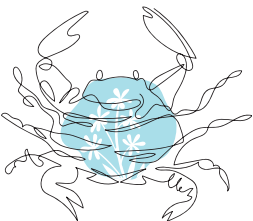
Oh dear, Gemini, you've been charming the birds out of the trees recently, but a couple of chickens have come home to roost, too.

Now's the time to find a new simplicity and clarity in your romantic life, and not let yourself be bogged down by old entanglements.

## Cancer

(21 JUNE TO 22 JULY)

Your mind is in good shape, and that mental sharpness is giving you the urge to get your body in tune, too, Cancer. Don't surrender to old, comfortable bad habits, and look for something new, challenging and rewarding that will change your life.



## Leo

(21 JULY TO 22 AUG)



Leos love to bask – it doesn't matter whether it's in glory, the admiration of others or just the sunshine. So let yourself relax totally this month, and see the fascinating places your mind takes you when left to run free.

## Libra

(23 SEPT TO 22 OCT)

You've cleared some important hurdles at work, and you've caught a glimpse of a fascinating new romantic or social situation. Enjoy the rewarding period of life that is coming – you've earned it – but let it happen at its own pace – don't try and hurry anything.



## Virgo

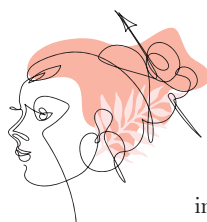
(23 AUG TO 22 SEPT)

Anticipation is the enjoyment of future possibilities, but before you start licking your lips, Virgo, make double sure that those possibilities are going to fall into your lap. Only when you've done all you can, can you afford to daydream about the good things coming.

## Scorpio

(23 OCT TO 21 NOV)

The night time is the right time this month, Scorpio. Your charm seems to multiply after dark, and you shouldn't miss any opportunities to shine. Be sure to stay healthy, get enough sleep and you'll shine like the star you are.



## Sagittarius

(22 NOV TO 21 DEC)

You'll feel the call of the wild this month, Sagittarius, so get off that couch and hit the wide open spaces, climb a mountain, jump into the sea or find a landscape where you're the only human in sight. Let wild life take you by complete surprise.

## Capricorn

(22 DEC TO 19 JAN)

Food is important this month, Capricorn – you've never felt so inspired by flavours and fragrances, but you also need to try and keep things healthy. Indulge yourself a little, but don't make a bad habit of it.



## Aquarius

(20 JAN - 18 FEB)

Never forget that your friends aren't just yours – they're usually someone else's too. Try and be understanding when loyalties compete – sometimes other people's needs are greater than yours. Step aside considerably, but don't storm off.

## Pisces

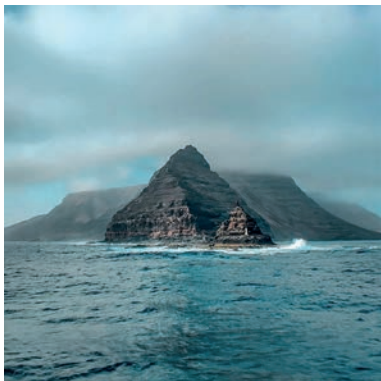
(19 FEB - 20 MAR)

Exciting times are just ahead, Pisces, but big changes are always frightening. This is a month when you should try and stay positive and not dwell on what can go wrong. Things may well go wrong, but you're going to triumph anyway.

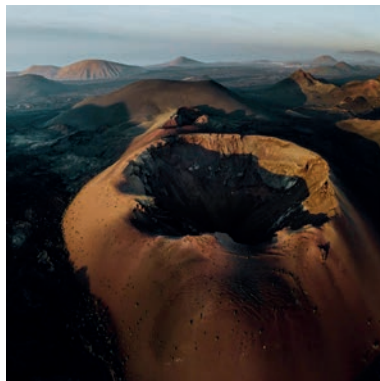


# Instagram

of the month



@joseassima



@jupolsk



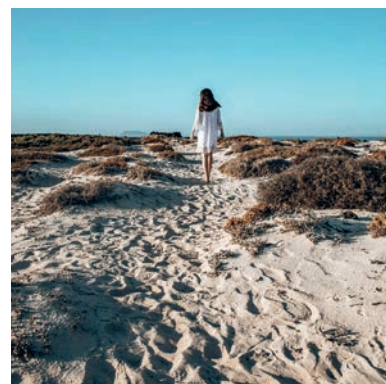
@andreasweibelfotografia



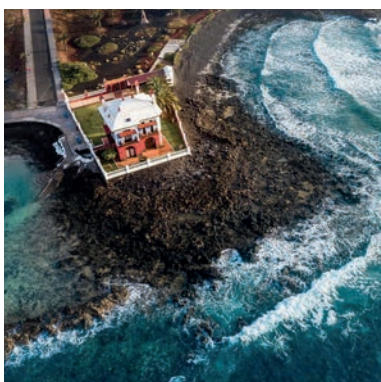
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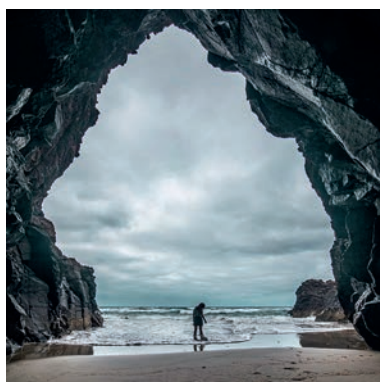
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