

A photograph of a man performing a handstand on a sandy beach. He is shirtless, wearing dark shorts, and has one leg raised high. The background shows the ocean with white-capped waves under a clear blue sky. The overall scene is bright and sunny.

g

Lanzarote
life

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May 2019

100 MANRIQUE

LANZAROTE 1919 · 2019

CONCERTS

Manrique Stage EL REDUCTO

- 24th April** 20:30h. CONCERT:
"THE THRILL OF CÉSAR"
SHOW
Laboratorio Escénico
- 25th April** 20:30h. CONCERT:
IVÁN FERREIRO
+ **MUCHO**
- 26th April** 20:30h. CONCERT:
TALLER CANARIO
+ **TABURIENTE**
+ **MARU CABRERA**
- 27th April** 20:30h. CONCERT:
ATAÚD VACANTE
+ **INADAPTADOS**
- 28th April** 18:00h. CONCERT:
BENITO CABRERA
+ **ALEXIS LEMES**
+ **TOÑÍN CORUJO**
+ **JOSÉ VICENTE**
+ **EL COLORAO**
- 30th April** 20:30h. CONCERT:
BROOKLYN FUNK ESSENTIALS
+ **J.P. BIMENI AND THE**
BLACKBELTS
- 1st May** 20:30h. CONCERT:
OLGA CERPA
+ **MESTISAY**
BENY FERRER
- 2nd May** 20:30h. CONCERT:
DIEGO BARBER
+ **SIMBEQUE**
- 3rd May** 20:30h. CONCERT:
GORAN BREGOVIĆ
- 4th May** 20:30h. **"CARMINA BURANA"**
Instrumental group and
choirs of the Las Palmas
Symphony Orchestra.
- 5th May** 18:00h. CONCERT:
LOS SABANDEÑOS
+ **LOS GOFIONES**
+ **ACATIFE**

EXHIBITIONS

EL ALMACÉN

29th March 20:30h. Opening of the **Almacén 74** exhibition

EL ALMACÉN

29th March 20:30h. Initial opening of the exhibition of the project: **100 years, Lanzarote and César.**

SANTO DOMINGO CONVENT

14th April 12:00h. **"Unpublished Manrique: 1971-1992"**
Exhibition by Linus G. Jauslin.

CASA AMARILLA

17th April 19:00h. Opening of the exhibition as part of the project: **100 years, Lanzarote and César.**

MIAC

29th April 20:30h. Opening of the exhibition as part of the project: **100 years, Lanzarote and César.**

CONFERENCES

EL ALMACÉN

16th April 20:00h. **César Manrique bajo el volcán** by Fernando Castro Borrego.

MIAC

10th May 19:30h. **Speech Tourism, Art and Community** by Dean MacCannell, "godfather" of tourism anthropology and lecturer in environmental design and landscape architecture at the University of California.

4th March

Start of the campaign to compile images of César Manrique called **"César and me"** through the Data Center

EL ALMACÉN

23th March
20:00h

SHOWING OF THE DOCUMENTARY DISCO CONFESSIONS | JOHN MORALES, A LIFE IN THE MIX, and presentation of the Jameos Festival program.

Round table after the showing of the documentary with Diego Hernández: journalist and music critic, and columnist in the Culture section of La Provincia newspaper, Javier Senz: Documentary producer, Laro Basterrechea: Documentary sound engineer, production team member of the documentary and Gabriel Tineo: cameraman.

The event finishes with DJ Sessions: DJ Javier San Juan aka Mr Paradise, DJ Nacho Larache, DJ Javi Senz.

See the full program at:

www.manrique100.org



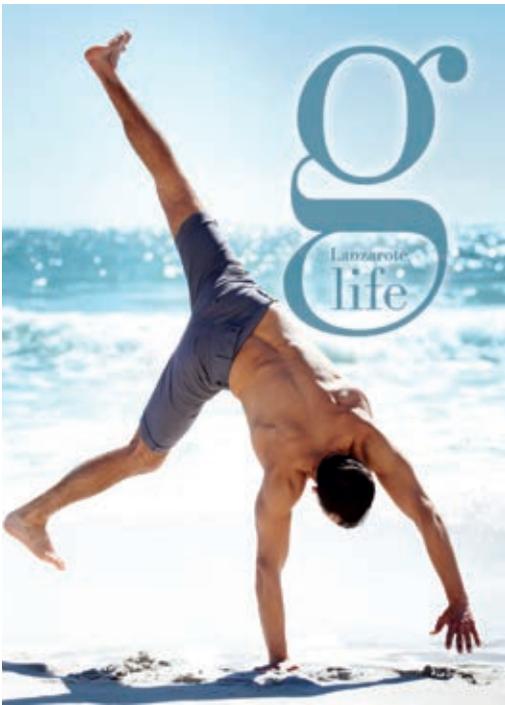
Cabildo de Lanzarote



Gobierno de Canarias

Editor's Letter

An Ocean Of Experiences



Canary Islands Day takes place on the 30th of this month, a day of celebration and relaxation after what promises to be a hectic month of sport, music, and political activity. It's the perfect way to end the month, but there's never a bad time to celebrate the Canary Islands.

I've visited seven out of eight of the Canaries now, and each one has left enduring memories

Lanzarote was the first, and after almost 20 years of calling it home, I'm still discovering new corners, new faces, new facts and living a love affair.

Then there's Fuerteventura, with talcum powder beaches, a rural heartland where time seems to stand still and an atmosphere so laid-back that you feel relaxed as soon as you step off the ferry.

Las Palmas in Gran Canaria is, I think, one of most spectacular cities in Europe, while Tenerife is a gorgeous paradox – an island of lush tropical beauty overlooked by a snow-topped volcano. In contrast is the tiny eighth island of La Graciosa – wild, charming and unspoilt.

La Gomera is a crumbling volcano with a stunning, mossy forest full of fairytale scenes at its heart, and then there's La Palma, where banana plantations tumble down to the sea and gleaming spherical telescopes guard the crags of the most immense, breathtaking vista on all of the islands.

It's only once you visit these islands that you realise how astonishingly different and varied they are, but you also notice the threads that tie them all together – the lilting accents, the fresh fish and mojo sauce on your plate, the beefy lads strolling to the wrestling ring, old men in long trousers and colourful shirts watching the world go by over a coffee, the sound of guitars and timplés and the ever-present ocean on the horizon.

That word, "Ocean", is the Canarian motto, almost certainly one of the shortest and simplest in the world but also one of the most expressive. Like the ocean, these islands contain astounding beauty and mystery and like the ocean, they all flow together as one.

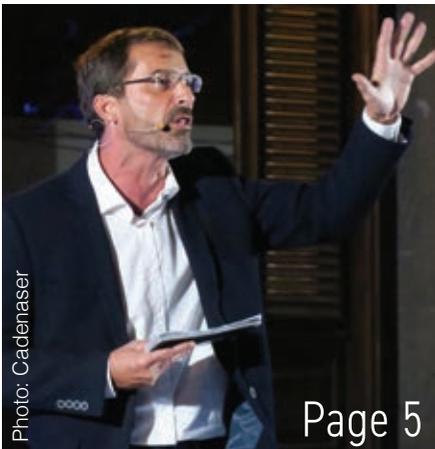


Photo: Cadenaser

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Dolores Corujo



Pedro San Ginés

Photo: Cadenasser

May 26th sees the Canary Island’s electoral “Super Sunday”, when voters go to the polls to elect their representatives for four institutions – the Ayuntamientos, the Cabildo, the Canarian Government and the EU parliament.

Four days before they celebrate their regional holiday, the Canary Islands could have a new governing party following more than 25 years of rule by the Coalición Canaria. The Socialists currently lead narrowly in the polls, which could see their leader Ángel Víctor Torres assume the presidency of the islands.

However, no polls predict an absolute majority, and the usual process of horse-trading and pacts will occupy the news in following weeks. Results of the local elections may also depend strongly on

the outcome of the Spanish general election held on April 28th.

All EU residents on Lanzarote, including British voters, will have the right to vote in the elections for their local Ayuntamiento, as well as for the EU Parliament. However, you may not receive a voting slip if you haven’t already registered your intention to vote with your local council.

Foreign resident voters are numerous enough to play a key role in the make-up of three

Ayuntamientos on the island. However, it has to be said that the “expat effect” has not had much influence in past elections.

Tías is the Lanzarote municipality with the most EU residents, and they could be decisive in the showdown between the PP’s Pancho Hernández and the Socialists’ José Juan Cruz. In Yaiza, a confusing situation could allow new parties to make headway while Tegui promises to return the CC’s Oswaldo Betancort.

Key Parties & Players

Coalición Canaria

Pedro San Ginés could face a strong challenge for the presidency of Lanzarote’s island government from the Socialists’ Dolores Corujo.

Socialists

The Socialist vote will be interesting on a local level. San Bartolomé is likely to remain in their hands, while Arrecife will be a key battleground.

Partido Popular

The local PP vote looks set to hold firm and the party will have influence, although their only probable outright win may be in Tías.



José Juan Cruz



Pancho Hernández



Gladys Acuña

Smaller parties

Newer Spanish national parties such as Ciudadanos and Podemos could decide the make-up of some institutions, but their influence is generally less pronounced here than on the mainland. The same looks likely for the far right

Vox party, with polls suggesting that the Canaries are not fertile ground for populism.

Other smaller Canarian and Lanzarote parties will also have a minor influence, with Yaiza the only council where they are likely to form a ruling group.

Remembering Felix



Felix the grouper

The giant grouper Felix, who was a regular companion for scuba divers off Playa Chica in Puerto del Carmen, will be commemorated with a sculpture at the roundabout outside the Biosfera shopping centre.

María Dolores Acosta, a young art teacher, won the contest for the sculptures that will adorn two roundabouts in the Old Town.

Titled Mar I and Mar II, both sculptures portray fish, reflecting the old village of La

Tiñosa's fishing heritage, as well as Puerto del Carmen's status as a scuba hotspot. Felix, who died three years ago after another grouper attacked him, will take pride of place. Nuria Olivé of Atlantis Diving, told us "I'm happy that Felix will be remembered. He made many friends and brought many tourists to the island."

Tías has already erected several statues on roundabouts in the municipality – an olive tree at the roundabout in Tías near José Saramago's house; a "Homage to the Fisherman" near the secondary school and a monument to Canarian wrestling in Tías's main street.

Pole Prize

Congratulations to Lanzarote pole dancer and instructor Diana López Gómez, better known as Didi Pole, who recently flew over to Novosibirsk in Russia to participate in the World Pole Art Championship. Diana's eye-catching routine, performed in zombie make-up, won her fourth place in the contest.



False witnesses

Arrecife judges have warned about increasing cases of false testimony in the city's courtrooms.

The warning followed a case in which a habitual drunk driver collided with a taxi and was fined €3,600 and banned from driving for four years.

Later, an employee of the accused claimed that it was he who had been driving the car. This story was backed up by the taxi driver, even though he had taken a photo showing the accused in the driving seat at the time of the accident.

Judges struck down the witness's testimony and claimed that this was just one of six similar cases in the last month. The judges also warned that perjury is a serious criminal offence.

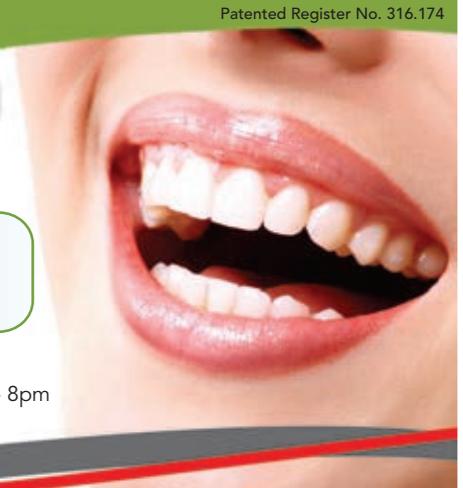


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Sort out airport taxis

AETUR, the tourist association, has asked for taxi services at Lanzarote Airport to be centralised in order to “avoid the bad image given by long queues of people waiting for a taxi.”



San Bartolomé taxi drivers have priority over pickups at the airport, and taxis from other municipalities have to wait until the queue reaches a certain amount of people before they are permitted to ply their trade.

AETUR have requested that the Cabildo permit taxis from all municipalities to operate during the busiest times at the airport.

Very good Plonk

Last year’s wine vintages have been given the grading “Very Good” at a tasting session held at the Castillo de San José in Arrecife last month.

The 2018 harvest was the largest since 1993, bringing in 39,000 tonnes of grapes, and has produced 3.2 million bottles of wine.

The “Very Good” rating is the second highest available, after Excellent”.

Under their own sail

The original inhabitants of the Canary Islands are likely to have been explorers who sailed to the islands themselves, a recent study has shown.

The study, which took place at the University of La Laguna in Tenerife, analysed DNA from remains on all seven islands, and confirmed that the original islanders were North African Berbers. Rosa Fregel, who led the study, believes the first colonists arrived around the year 100 BC, and all islands were settled by 1000 AD. The arrivals happened in two waves, with the eastern islands of Lanzarote and Fuerteventura being settled later, and results



show that these were deliberate migrations, made by people with the resources to survive.

The findings challenge the long-held theory that the island’s aboriginals were transported here by Romans or Carthaginians.

Power supply reinforced

The Canarian Government has approved the construction of a new power line connecting Lanzarote and Fuerteventura.

A single circuit 132-kV cable will be laid between the Playa Blanca substation in Lanzarote and the Corralejo substation in Fuerteventura. The cable will add more capacity to the grid connecting both islands, as well as serving as a back-up for the existing cable.

The connection will permit Lanzarote to use excess power produced by the windpark in Corralejo, as well as reinforce Corralejo’s supply if needed.



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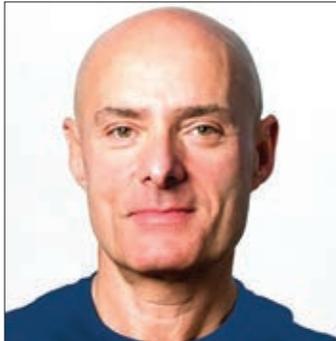
Geoparque signs

Readers have contacted us to ask what the recently-erected Geoparque signs, that can be seen in various parts of the island, mean.

The signs were put up by the Cabildo to publicise the island's fascinating Geoparque project, a UNESCO-recognised initiative that catalogues and protects the island's geological heritage.

However, the signs may not be visible for too much longer. The Cabildo is considering removing them after complaints that they spoil the landscape. Among the main critics was the César Manrique Foundation, who said the signs "vulgarise the landscape" and "discredit the Geoparque".

If you're interested in the project, go to www.geoparquelandzarote.org. We highly recommend the English-language guide to sites of special interest on the island.



Dr Ionel Cohn

At the Gazette we'd like to express our sadness at hearing of the recent death of Dr Ionel Cohn, who died suddenly in mid-March at the age of 58. Dr Cohn was the ophthalmologist who ran Clinica Omega in Arrecife, and impressed everyone who met him with his professionalism and expertise. Our condolences go to his family.



Adiós, Esther

We were sad to hear of the recent death of Esther Romero, the palm-weaver who could often be seen at Haría market and its craft centre, weaving her exquisitely-crafted traditional straw hats and bags from local palm leaves and rushes. Esther was 90 years of age, and her legacy lives on in her beautiful creations and the skills she taught younger artisans.



New Ferry

Lineas Romero is now running an extra passenger ferry between Playa Blanca in Lanzarote and Corralejo in Fuerteventura.

The Don Juan is a 30-metre fibre-glass catamaran that will cross the Bocaina Strait in just 30 minutes, considerably faster than Lineas Romero's other ferries, the Princesa Ico and El Gracioso.

The Don Juan will leave from Playa Blanca six times daily, at 9.30, 11.15, 12.30, 14.30, 16.30 and 18.30; and three times on Sunday (10.30, 12.30, and 16.30). El Gracioso will sail the same route every day at 8.00 and 11.15; and the Princesa Ico will operate the route on Sundays at 9.30.



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Karen Dawn Ayres: 30th June 1959 - 10th March 2019

Jeff, Mel, Andy, Gemma, Katie and Lauren Ayres write: "It is with great sadness and a heavy heart that we announce the passing of Karen Ayres on the 10th March, 2019.

As a family, we have lost one of the most important people in our lives - our beautiful wife/mum. She wasn't just a wife and mum - she was a nanny, an auntie, a cousin and a cherished friend who will be deeply missed.

Karen passed on the day after her favourite time of the year, Carnival. Every year she would sit for hours, days and weeks making our carnival outfits. She would jazz them up into something extra special every single year,

and she loved it when people stopped us on the Avenida to take photos and admire the hard work and imagination she'd put into the costumes.

On the day after this year's parade she was sunbathing at her favourite place on Lanzarote, the beach - or as she called it her "office" - when she passed away.

In honour of our mum we had a donation box at her funeral in aid of Sara Animal Shelter and raised over €300.

As a family we would like to say a massive thank you to everyone who has shown us support and love over these last few weeks.



Welcome, Father Stan

Fr. Stan Evans was installed as Chaplain of the Anglican Church of St Laurence in Puerto del Carmen on Wednesday 10th April at a service conducted by the Archdeacon of Gibraltar. The service was attended by both Anglicans and other denominations on the island.

After a period of uncertainty for the parish, Father Stan and his wife Rosie are expected to be a huge benefit - not only to this parish, but to the community as a whole. They come with enthusiasm and a background of both secular and experience in a varied ministry - Fr. Stan having held several senior positions in the Church of Ireland.

Fr. Stan was Rector of a large rural parish in the west of Ireland where his ministry included a large tourist population. He was also Provost of Tuam Cathedral. His wife Rosemary was also deeply involved in the management of a women's' refuge. As parents to four children, and grandparents to eight grandchildren, they are well-placed to be of service to young and old alike.

This is a permanent position and will see Fr. Stan staying on Lanzarote for the remaining years of his ministry.

Sorry, crossword fans!

Last month's prize crossword was printed with a numbering error on two clues, which prompted some more cross words from readers. Many entrants managed to work the problem out, but we'd like to apologise for testing your brains even more than usual.

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Irish Taoiseach Leo Varadkar

Irish stampede

Almost 200,000 people from the UK have applied for Irish passports, in an attempt to safeguard their rights as EU citizens following Brexit.

Anyone born to an Irish citizen, or who has a grandparent born in Ireland, is eligible to apply for an Irish passport. The rule applies to relatives born on the island of Ireland, not just the Republic, and a large proportion of recent passport applications come from Northern Ireland. However, 100,000 applications were also received from Great Britain.

Irish passport holders will be able to enjoy the freedom of movement to live and work in other EU countries that is likely to be restricted for UK citizens under proposed Brexit arrangements.

Unlike Spanish nationality, which requires the renunciation of British citizenship, Irish nationality can also be held dually with British nationality.



New choice for the EU

EU elections will take place on 26th May throughout Spain, and will decide the make-up of the European Parliament in Brussels for the next five years.

It is likely that several of the groupings within the EU parliament will see a shake up following the elections, with Emanuel Macron's new En Marche party likely to strengthen a centrist presence that could be supported by Spain's Ciudadanos. On the other hand, the two main groupings – the centre-right EPP and the centre-left S&D – look likely to remain dominant while losing considerable power.

Green parties are also hoping for a boost following

encouraging results in Germany, but the biggest winners could be hard-right Eurosceptic groups, with Italy's Liga and France's National Rally expected to benefit from protest votes. The Movement, a Eurosceptic grouping set up by Donald Trump's ex-advisor Steve Bannon, is likely to occupy the headlines following the elections, although other right-wing parties such as Germany's AfD have rejected it as an "American" idea.

At the time of writing it is uncertain as to whether UK citizens will have the right to participate in the elections.



Passport problems

Several UK passports have been issued without the words "European Union", as the Home Office gets to grips with the realities of Brexit.

The passports were issued after the original date for leaving the EU – March 29th – but an extension period meant that the UK had not left by that date. In one case, a British couple each received burgundy passports – one with European Union on the front, the other without.

The Home Office also plans to issue "old style" blue passports towards the end of the year. These predate the burgundy ones introduced in 1988, although many seem to remember them as black rather than blue. In any case, the new blue passports will look nothing like the pre-1988 models.



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Emmanuel Macron

BREXIT ON HOLD

The United Kingdom could remain in the European Union until at least the end of October after EU leaders agreed to grant a six month extension. But, as always with Brexit, nothing remains clear.

Theresa May went to the European summit in Brussels to ask for a short deadline until the end of June. She was received politely and even shared a joke with Angela Merkel, but was required to leave the room as the other leaders went into a marathon six-hour meeting to agree the extension period.

The majority of leaders favoured a longer extension, even lasting up to a year, but France's Emmanuel Macron held out for a much shorter period, earning criticism in the UK and Europe.

Macron's main fear is that, if the UK participates in the EU elections on the 23rd -26th of this month, it may return several populist eurosceptic MEPS, who are

likely to support Marine Le Pen's National Rally party.

Of all European leaders, Macron is the one most threatened by the far right, and he was keen to show his supporters that he could talk tough.

Spain's Prime Minister, Pedro Sánchez, did not back Macron's hard line, but had some tough words to say about the British referendum campaign, which he claimed was "based on lies". His comments, nevertheless, seemed to be aimed more at his opponents in Spain's April 28th general election than the UK.

Eventually, the leaders compromised and offered a flexible extension until the end of October, with the option that the UK could leave earlier if Mrs May manages to gain parliamentary support for her withdrawal agreement.



EXPAT ADVICE

The British Ambassador to Spain, Simon Manley, addressed all UK residents in Spain in an open letter issued on 12th April. He wrote: " I understand all of this is unsettling and frustrating for many of you. You want to know on what terms we are going to leave the European Union and what that may mean for you as a UK national living in Spain. During this extension period, the UK remains a full member of the EU and consequently your existing rights will not change. So, for example, your rights to healthcare, to residency and to travel throughout the EU, remain exactly as they are today."

Manley continued: "Nonetheless, during this extension period, as we prepare to leave the European Union, it remains really important to ensure that you are correctly registered. Should we leave the EU with a deal, as we very much hope, you will have until the end of the Implementation Period, currently set at 31 December 2020, to register, if you have not done so already. Should we, however, leave without a deal, as could still happen, the Spanish Government has said you will have a 21-month grace period from the date of our departure to register."



Nigel Farage



Jeremy Corbyn

Cross-party talks have, so far, produced no agreement.

WHAT NEXT?

After Theresa May announced the flexextension to parliament, British MPs took a well-earned Easter break – but few will have forgotten that the Brexit clock is still ticking.

On returning to parliament, MPS will have one month to pass a withdrawal agreement, which would avoid British voters having to take part in the EU elections, which start on May 23rd. Theresa May is still hopeful that the deal will finally be approved by Brexiters within her own party, but her failure to find common ground with the leader of the opposition. Jeremy Corbyn, leaves her with the tough task of winning over her own hardliners as well as the DUP.

If those elections take place, 73 British candidates will take their seats in the EU parliament on the 2nd July. Among them are likely to be Nigel Farage and members of his new Brexit party; as well as members of UKIP. British Remain parties such as the Greens. Lib Dems and Change UK are also hoping for a strong turnout, while Labour are currently leading in most polls. The Conservatives

are likely to face a thrashing – one of the reasons May wishes to avoid the elections.

May's future is also highly doubtful. After initially pledging that she would not stay beyond the 30th June, she seems to have reconsidered. Many Conservatives are furious with their leader, who has failed to deliver Brexit, but they lack the means to get rid of her.

May could stand down, probably in late May, which would trigger a Conservative leadership contest and probably a General Election in August. After that, what happens is anyone's guess.

Remain campaigners who are calling for a second, confirmatory referendum, will also have to work fast. Such a referendum would need to be approved by parliament by mid-May at the latest and, currently, there is no majority for such a measure in parliament.

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I DO LIKE TO RIDE BESIDE THE SEASIDE



Work has begun to finally complete the cycle path and pedestrian walkway linking Costa Teguise to Arrecife. Once the project is finished, cyclists and pedestrians will be able to travel from Costa Teguise to Puerto del Carmen along what is claimed to be the longest seafront promenade in Europe.

Motorists have been requested to take care when travelling along the route while the works are completed. However, once the path has been built, a new option will be available for cyclists, who have previously had to negotiate tricky and dangerous stretches of main road.

In 2016, when the project was first announced, Lanzarote's Chamber of Commerce claimed that the resulting seaside promenade would be "the longest in the world", with a length of 26.6 kilometres (16.5 miles), twice as long as the promenade in A Coruña, Spain (13 kms), and dwarfing those in Usedom, Germany/Poland (12 kms) and Atlantic City, USA (9 kms). However, the project has taken some time to get off the ground.

The main challenges have been the area around the busy cargo port of Puerto de los Mármoles; the stretch where the power station and desalination plant stand, and certain areas in Arrecife. But once the path has been completed, Costa Teguis residents who work in Arrecife (or even further away) will be able to cycle to their workplace.

Cabildo president Pedro San Ginés said "On this stretch between Costa Teguis and Puerto del Carmen, where 80% of the island's population live, we have prioritised the requirements of pedestrians and cyclists."

The establishment of a new route that will be shared by pedestrians, cyclists and other transport modes such as electric scooters is also likely to increase demands for clear and strict guidelines about use of the pathways. As both locals and tourists decide to stay off the main roads and use more environmentally-friendly means of transport, congestion and the risk of accidents is rising on the promenades.

Apart from adequate paths, the solution is to increase the consciousness of everyone using them - ensuring that pedestrians keep out of cycle routes and cyclists do the same thing. At the moment, clear marking and signposting of paths is the first priority.



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With Brexit occupying the news headlines every night, we have noticed that many people have decided to "hold fire" with financial planning exercises. However, the Brexit saga unfortunately doesn't look like reaching a finale any time soon, something which could leave clients in a disadvantageous position, should they decide to wait it out.

One of the key areas that often gets overlooked in financial planning is the importance of succession planning, whether this be from a UK inheritance tax point of view, or a Spanish Succession tax point of view.

This, without doubt, is a very complex area in financial planning and it is no wonder that the majority of clients do not fully understand the differences

between the two countries taxes and/or what can be done to reduce any liability.

As many of you may well know, Inheritance Tax in the UK is charged on the deceased's estate before any of their assets are distributed to their nominated beneficiaries. It is also a pretty straightforward operation with the standard rate of 40% being charged on any

assets above the deceased's Nil Rate Band. This can however be decreased to 36% if at least 10% of the estate is left to a charity, or for the national benefit.

In comparison, there is no "estate" in Spain, so the beneficiaries are asked to pay the tax liability before they are able to inherit the assets in question. Spain also have four categories of beneficiaries which begin with blood related individuals in the first category, to completely unconnected individuals in the fourth category. Each category has a different percentage of tax to pay.

From the UK's perspective, the important factor when a death occurs is where the deceased individual was domiciled. It is very hard to lose a domicile status even if you have lived abroad for a number of

years, so the majority of British nationals will still remain domiciled in the UK. A UK domiciled individual would be required to pay IHT on worldwide assets, including the UK.

This is where problems could arise as Spain are not concerned with the domicile of a person, for them it is to do with where the individual was resident. Under Spanish law, if you are resident in Spain at the time of death, you should pay Spanish Succession Tax on worldwide assets.

Careful planning needs to be taken when recommending solutions to reduce succession tax liabilities. There are plenty of solutions and products available, but a full analysis of a client's financial situation must be undertaken before a suitable recommendation can be made.

At Logic, we are proud to have built up some very good relationships with a number of professional connections, including lawyers and accountants. Many of these cases are so complex, it requires a well-trusted lawyer to be part of the financial planning process. We also have members of the team who are fluent in Spanish which we find invaluable when consulting with lawyers.

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The Tragedy of the Cruz Sisters

On May 9th 1919, the body of María Cruz Bello was found in her home in Teseguite, Lanzarote. The murder would become one of the most well-known and tragic cases on the island, and has become the inspiration for a recently-published novel.

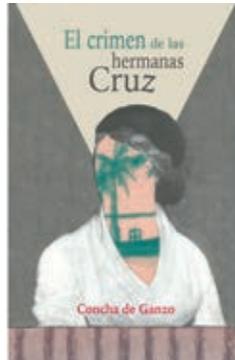


Photo: Rubén Acosta

In 1919, life was tough on Lanzarote. A six-year drought meant that families even shared water to boil vegetables. María Cruz made a modest living by selling items and lending small amounts of money, and on the fateful day, was alone in the house while her parents were at the doctors. On May 9th, three men knocked at her door and when she put her head out of the window, they grabbed her hair and cut her throat. They then entered the house and, finding no money, ate the rice with pigeons that María had prepared.

The investigation that followed, however, focused on María's sister Petra. Petra was separated from her husband, something that was enough to give

a woman a bad reputation in those days, and was formally charged with the crime and imprisoned, where she was raped and beaten. She died in a lunatic asylum in Las Palmas in a state of insanity.

However, rumours about the real murderers continued to circulate on Lanzarote and two men were finally arrested, charged and convicted. The third had emigrated to Argentina. Shortly after being convicted, the two murderers received a pardon from the Spanish government of dictator Primo de Rivera. It is believed that this was requested by the landowners who employed the men.

The tragic crime received national coverage at the time, and has been covered by local writers

several times. Recently, the journalist Concha de Ganzo launched her novel, *The Crime of the Cruz Sisters* (Ediciones Remota), a fictionalised account of the case based on interviews and accounts. The launch of the novel took place in Teseguite and was attended by several older people who knew the story well. Concha de Ganzo describes the event as a "catharsis."

The house where María lived and died still stands in Teseguite, abandoned and guarded by five palm trees that wave gracefully in the winds that cross the plain. One hundred years later, the terrible events that took place there, and the equally cruel injustices that followed, are not forgotten.

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The Instagram

Threat

A new warning about protecting the natural environment of the Canaries arrived earlier this year after Fuerteventura's "Popcorn Beach" went viral on the internet.

The beach, located in the north of the island near Corralejo, is formed of strange white granules that look like kernels of popcorn. These are not coral but rhodoliths, a type of seaweed that gathers calcium carbonate and is then washed ashore. A rhodolith can take up to 50 years to form.

Since the Popcorn Beach was first posted on Instagram in 2015, it has become an increasingly popular destination for holidaymakers, and there are well over a thousand photos currently on Instagram. However, officials warn that visitors are also taking fistfuls of the grains home with them as souvenirs at a rate of up to 10 kilogrammes a month.

Esther Martín, of the Natural History Museum in

Tenerife, fears a similar situation to another beach in Fuerteventura where rich fossil reserves were found. The beach had to be officially protected after it was discovered that fossils were being sold on the internet.

"Popcorn" rhodoliths can also be found on many Lanzarote beaches, although not in the amounts found on Fuerteventura. Nevertheless, authorities here have also warned that natural areas such as Timanfaya could be spoiled by tourists taking samples of volcanic lava home as souvenirs.

It is forbidden to take rocks off Lanzarote, where they are routinely confiscated at the airport. There have also been several complaints about the rock-stacking craze and the tourist pastime of



creating words or love hearts with stones. Both of these activities also seem to have increased since Instagram and other social media platforms became popular.

The objections are twofold: Firstly, environmentalists fear that moving rocks can damage fragile ecosystems and, secondly, visual impact - many visitors simply don't want to reach a wild area of Lanzarote to discover the names of football teams spelled out with stones.

Currently, Canarian authorities have restricted their actions to campaigns requesting tourists to, "leave no trace". However, more drastic measures may be considered if the problem continues.

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building hope

Arrecife lawyer Mario Izquierdo recently returned from Anantapur, the community in India founded by the Vicente Ferrer Foundation. He was there to take part in an annual run that raises funds for this world-famous initiative. He also saw how money from last year's run had been used to build 45 homes for the poorest of locals, with electricity, fresh water, schools, health care and much more. Already well known in Spain, the Vicente Ferrer Foundation is now expanding to Europe and the UK (Ferrer's widow Anna, who now runs the foundation, is British). If you want to find out more about the charity runs in Anantapur, go to www.1km1vida.org

Like many other supporters of the Vicente Ferrer Foundation, Mario has sponsored a local child. Here, he's sitting with the boy and his family.



"This place is a photographer's dream," says Mario. "You're welcomed everywhere you go, and children love to pose for the cameras."

Being born deaf in a remote Indian village offers a bleak future for any child, excluded from social and working life, and frequently shunned by others.



These boys, however, have found a new chance at Anantapur's school for the deaf. Bright, lively young lads, they're eagerly learning to make a place for themselves in the world.



This 21 year-old woman suffers from learning difficulties and was repeatedly sexually abused in her native village, which then expelled her when she became pregnant. Now she has found a home at the Anantapur community and, although workers have offered to help, she refuses to be parted from her baby. Now grateful to be living in a protected, supportive environment, she is also learning handicrafts that will allow her to live more independently.



This boy, who suffers from microcephaly, was found alone and abandoned in the street. Frightened and confused, he arrived at Anantapur where the woman in the picture, another resident at the centre, took care of him. She's the only person he trusts, and he hates to be parted from her.



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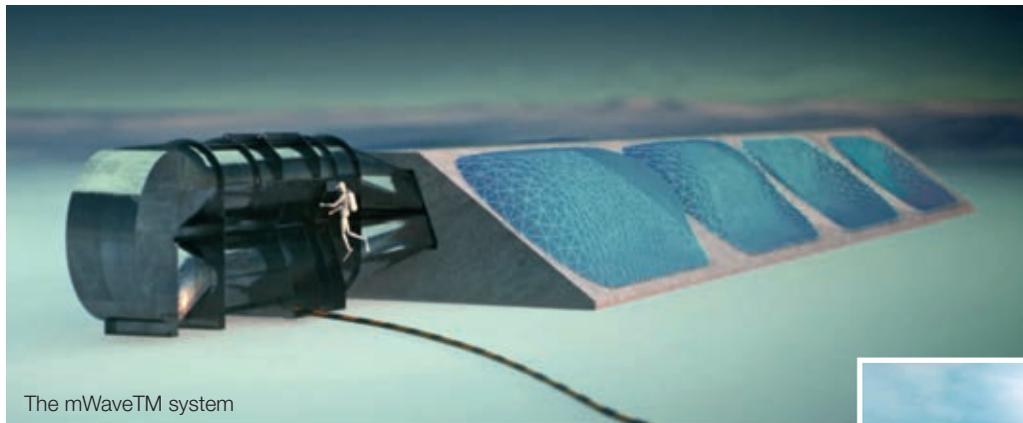


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Wave Power



Lanzarote's Cabildo is studying a project that will create energy from the constant waves that pound the northern coast of Lanzarote.

Lanzarote's southern coast is calm and sheltered – a magnet for millions of holiday makers – but the northern coast is completely different. Here, North Atlantic swells roll down for thousands of miles to break against black volcanic basalt, creating natural wonders such as Los Hervidores, where plumes of white foam shoot high into sky.

These waves have already benefitted the island, bringing a thriving surf scene to La Santa and Famara, but now they could also help power Lanzarote, as the Cabildo launches a study into the use of mWaveTM technology, developed by the Australian company Bombora.

mWave technology can be understood as a type of underwater windmill. The main part of the

installation consists of a concrete structure on the seabed with several large rubber membranes angled towards the waves. These rubber membrane are pushed in by the force of the waves, forcing air through a wind turbine which then sends power to shore. The air is constantly recycled and power is generated at all times.

The position of the installations on the seabed means that they are protected from the worst effects of storms, and will also not effect the passage of ships and boats above. mWave installations are already in place in Wales, the Orkneys, Portugal and Australia, and the Lanzarote project is planned to be a further step from the project currently being trialled in Pembrokeshire, Wales.



The Cabildo is also looking at the possibility of positioning floating wind generators off the coast of Lanzarote. After several years of inactivity, Lanzarote has committed itself to wind power again, and this technique has been found to be one of the most effective, while also cutting down on visual impact.

Ángel Vázquez, of the Cabildo's Energy Area, said, "We continue to work on integrating renewable energy sources on the island, investigating all the ways open to us, all of which will allow us to create new knowledge as well as employment."



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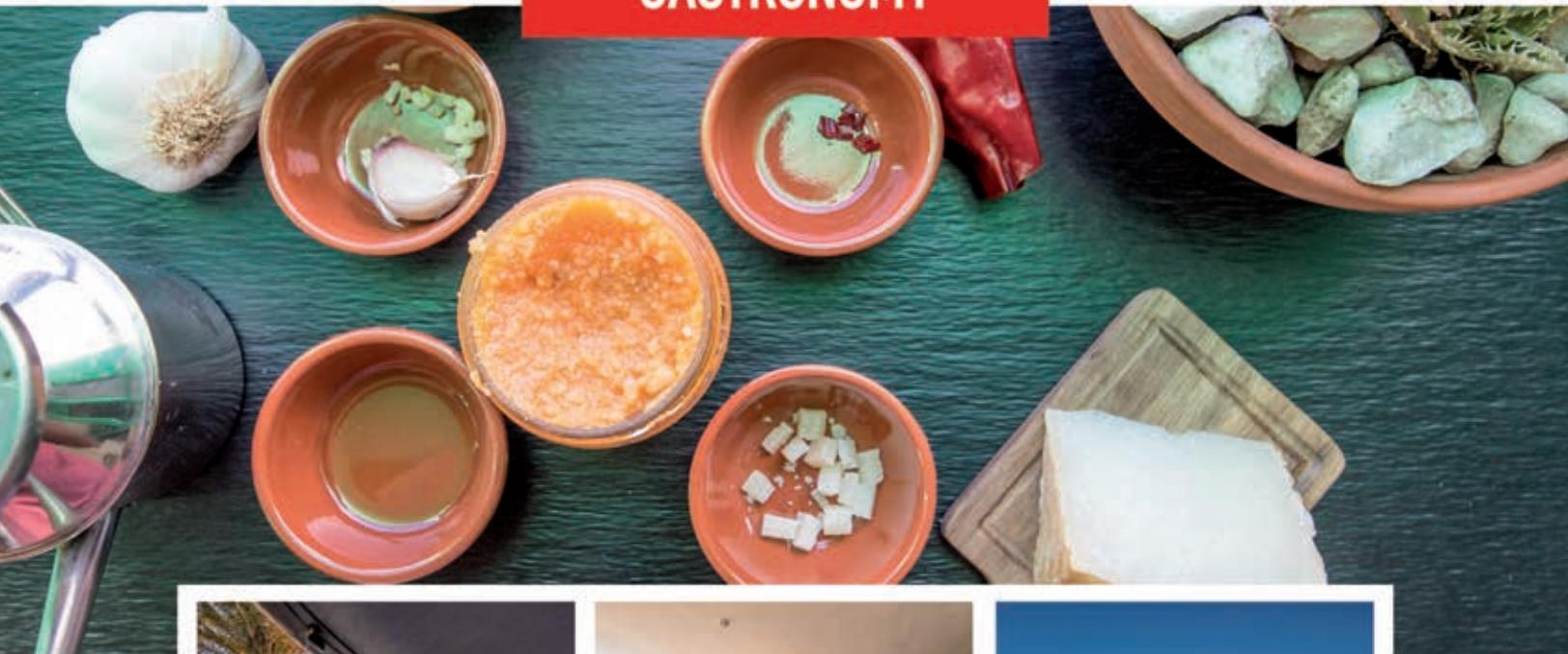
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Canaries



Canary Day:
Sailing upon hope

The community of the Canary Islands has its own flag; a tricolour of sunshine yellow, cloud white and ocean blue. It has its own coat of arms showing two dogs supporting a shield with seven white islands and the simple motto "Ocean". It has its own anthem based on an ancient lullaby sung by generations of mothers to their infants, and it has its own official bird and plant – the canary and the Canarian palm.

All these emblems are relatively recent, decided by a Canarian Parliament which first met on 30th May 1983, the date which will be celebrated this month as Canary Island Day. But all over this chain of islands, far older, deeper cultural traditions will also be celebrated.

They include a rich cuisine that takes its influences from three continents; a vibrant musical legacy whose influence has reached the Caribbean and beyond; an exuberant artistic style that is nowhere better represented than on Lanzarote; attractive and practical costumes; strange and

fascinating sports; unique farming techniques; a rich dialect spoken (or whistled) in a lilting accent and a tolerant, welcoming attitude.

This month, all of these, and much more, will be celebrated on eight islands that are looking towards the future, hand-in hand.

*I am history and the future
The heart that lights up the dawn
Of islands that awaken
Sailing upon hope*

From "Arorro"
- the Canarian anthem

Made in the

Canaries



Making their Mark



This month the Canaries will vote for their future on May 26th. Four days later, they will take a day's holiday and celebrate their past – their unique heritage, history, landscapes and culture.

As one of the most popular tourist islands in the archipelago, Lanzarote has changed more than many of the other islands.

However, it has also been incredibly successful in not only preserving its traditional heritage, but also building itself as a unique holiday destination, an ecological reference point and an artistic centre.

Here are just a few of the people without whom modern day Lanzarote would be a very different place.



Agustín Espinosa

On 1st November 1928, the Tenerife poet Agustín Espinosa was appointed as the headmaster and literature teacher of Lanzarote's first secondary school. During his time on the island he wrote pieces that would later be collected as the book *Lancelot 28°-7°*. Surreal, strange and evocative, Espinosa's unique vision would become a strong influence on artists that followed him.



Agustín de la Hoz

A tireless journalist and writer who was active on Lanzarote and in the broader Canarian literary scene, Agustín de la Hoz's guide to Lanzarote, published in 1962, is still one of the best histories of the island, covering the people, events, and physical aspects of the island.

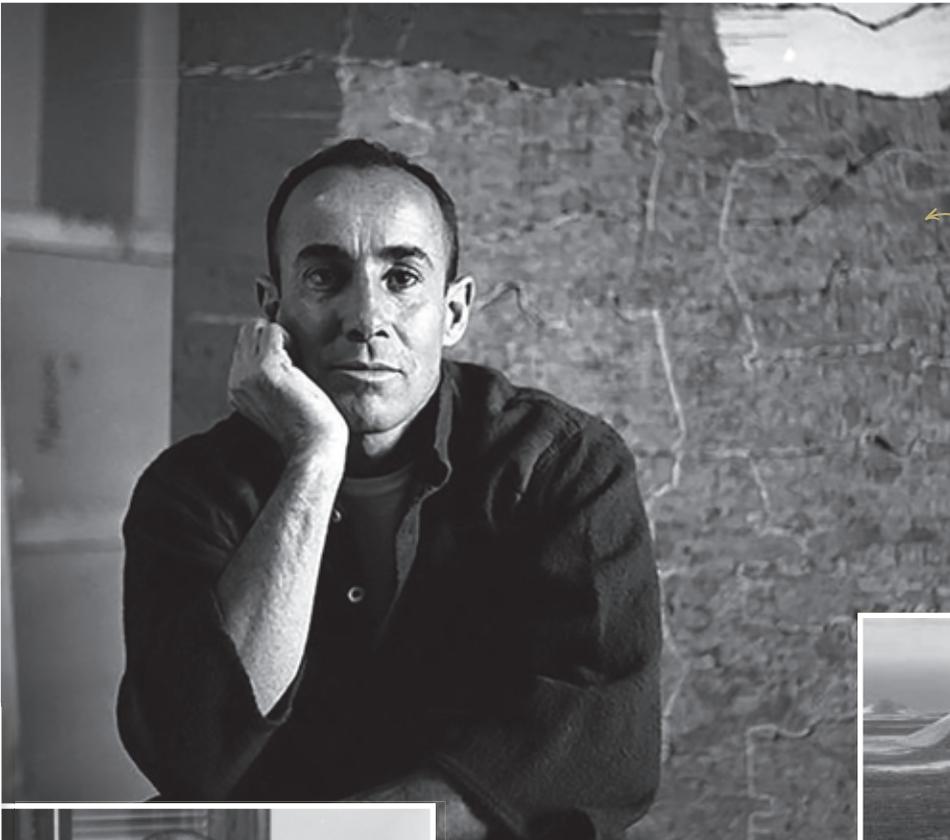


Pancho Lasso

The son of an Arrecife shoemaker, Pancho Lasso went on to become one of the island's first nationally recognised artists.

After the Spanish Civil War, Lasso became a close friend of the young César Manrique, influencing his work significantly.

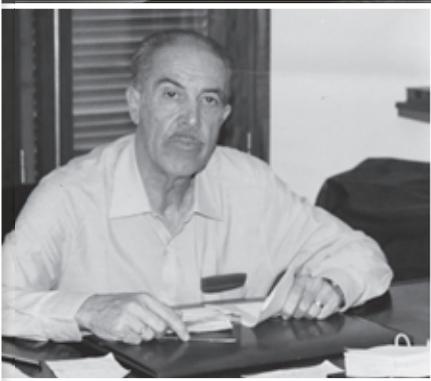
Today, Arrecife's art school bears his name, and his fascinating modernist sculptures are on display at the MIAC in the Castillo de San Gabriel, Arrecife.



César Manrique

This year, millions of tourists will arrive at the César Manrique international airport, walk past murals and photos created by the artist, drive past amazing wind sculptures, visit creations such as Jameos del Agua and Timanfaya, admire a landscape dominated by traditional white houses where multi-storey buildings and advertising hoardings are absent, marvel at the unspoilt nature of much of the island and, in this, his centenary year, visit exhibitions and concerts.

Lanzarote is César Manrique's world – we just live in it.



Pepín Ramírez

"I knew that artists were crazy, but Pepín seemed as crazy, if not more so, than César," said an observer after hearing Manrique discuss the plans for Jameos del Agua with the President of the Cabildo, Pepín Ramírez.

Ramírez, who governed the island from 1960 to 1974, had the political vision and the imagination to make the dreams of artists such as Soto and Manrique come true. Without his support, Manuel Díaz Rijo's water desalination plant may never have materialised, and Lanzarote's tourist future would have been far less viable.

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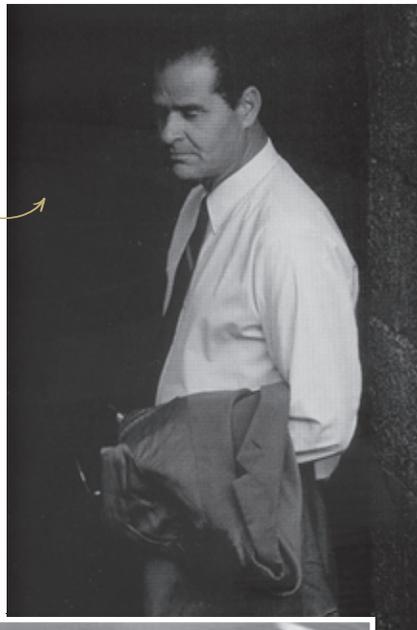
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Making their
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Jesús Soto

An Arrecife electrician who was hired by Pepín Ramírez to put some lights up in the Cueva de los Verdes for an archeological expedition, Soto's resulting creation is perhaps the key moment in Lanzarote's transformation, shedding a new, breathtaking light not just on the caves, but on the island's future possibilities. Soto later worked closely alongside Manrique, and his hand is behind several of the island's most stunning locations.



Manuel Díaz Rijo

Díaz Rijo was an engineer whose simple idea, inspired by the desalination plants that he'd seen on American boats, made Lanzarote's tourist future possible.

Born in La Vegueta, Díaz Rijo knew drought and never forgot the sight of his father washing himself in a camel trough. Later, after studying hydrodynamics, he set up the Termolansa company and constructed the first desalination plant in Europe, on the site it still occupies between Arrecife and Costa Teguise. In 1965, when doubtful islanders opened their taps, fresh, drinkable water came gushing forth and the future of the island was changed forever.

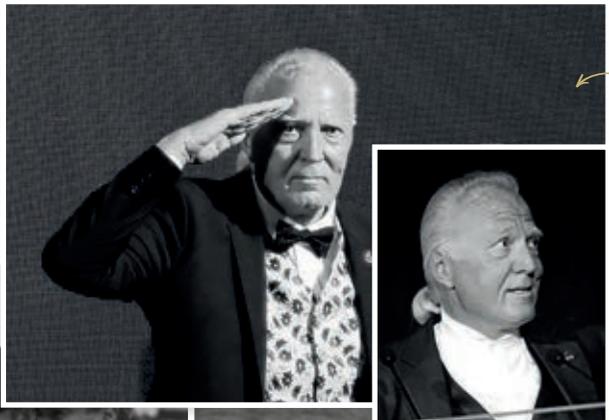
Dimas Martín

Currently imprisoned for several years on corruption charges, and awaiting further judgments, Dimas Martín is widely regarded as a villain, but his influence on the island's politics has been profound.

A charismatic, almost messianic figure, he founded the Lanzarote Independents Party (PIL) in the 1980s, giving the island a powerful identity and influence in Canarian

politics. Martín was an unashamed populist who did politics the old-fashioned way – face-to-face, making and keeping promises and standing up for his island. Unfortunately, he was just as fond of other old-fashioned practices such as cronyism and self-enrichment, which have put him behind bars and left his party's reputation in tatters.





Kenneth Gasque

In 1983, a Danish Royal Guard named Kenneth Gasque arrived on Lanzarote, working at the recently constructed Club La Santa. Shortly afterwards, he heard about the first Ironman race in Hawaii, but when he called to find out more he got the wrong island. By sheer chance, however, a guest at La Santa had recently participated in the Ironman and Kenneth took part in 1985.

In the same year he launched Spain's first international triathlon, the Volcano Triatlón.

In 1992, the Lanzarote Ironman became reality and is now the biggest sporting event on the island's calendar. This month, and every month, cyclists, swimmers and runners will flock to Lanzarote to train and compete. And it's all down to one man.



Sor Ana

Sister Ana Rodríguez, known by all as Sor Ana, came to Lanzarote from her native Asturias to work at the island's Insular Hospital – a normal posting for nuns with nursing experience

However, Ana also noticed that social problems existed on an island that was growing fast. In 1996 she set up the charity Calor y Café – a drop-in centre where the homeless and the addicted could find food, a shower and a place to meet.

Sor Ana is reference point for charity initiatives on the island, and is still there, still trying to make the world a little kinder, a little better.



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Hand Crafted



Traditional crafts can still be found all over Lanzarote – from the palm hats that are worn by field workers to the mojo sauces that are found in every local restaurant or bar. To find local crafts, visit artisan markets, take a trip to Haría’s craft centre or head up to San Bartolomé, where you can try your hand at various crafts at the Monumento del Campesino.

Gofio and mojo



Gofio is the toasted, milled cereal that every Canarian knows the taste of from early childhood. It’s used in several different ways, from thickening soups to creating moulded fancies. At the Monumento del Campesino, cereal is milled on one of the few remaining machines on the island, and classes in gofio preparation are available.

You can also learn to make mojo sauces – perhaps the emblem of Canarian dining. Fresh, tangy green herby mojos or spicy, rich red mojos add flavour to every meal and, while every cook has developed their own recipe, there are certain basics that everyone should know.

Weaving



Montse Selva can be found at her loom in the Monumento del Campesino, creating the fabrics that are used as shawls and sashes in traditional costumes, as well as upholstery. Weavers can also be encountered at the Haría craft centre next to the town’s indoor market.

Ceramics

Clay pots are one of the ways we can connect to the ancient traditions of Lanzarote.

On Lanzarote, it was Juan Brito who discovered several of these ancient relics in sites all over the island, and decided to learn the ancient ways of pottery. At the side of Dorotea Armas, he revived a craft that is unique.

Clay is extracted from the Famara cliffs and mixed with water to create pots, plate, bowls, dishes and sculptures. The clay is thick, unsuited to working on a wheel, and everything is done by hand. Seashells are often used to create the distinctive decorative marks found on aboriginal pots.



Organic produce

Manuel Peláez has been growing fruit and vegetables at his Finca Tres Peñas in Mácher for almost 12 years now, and is a regular face at the island’s markets. Exotic ingredients such as papayas, tomatoes, pomegranates, mangos, avocados and bananas are found alongside carrots, leeks, sweet potatoes, onions and garlic at the markets, as well as at the organic food stall in the Monumento del Campesino, and Manuel raises local Canarian black pigs to provide organic pork products. Manuel also shows tourists how to make a simple Canarian meal, such as rice with pork or the classic lentil potage, at the Monumento.



Rosettes

The *roseta* is a Canarian tradition that is still found on Lanzarote. It’s a form of needlepoint that creates decorative rosettes of all sizes. These can be stitched together to create cushion covers, used to adorn items of clothing or simply used as ornaments in their own right.

Macarena Arrocha learned to make rosettes from her grandmothers, and currently demonstrates the techniques at the Monumento del Campesino. Last year, the designer Custo Dalmau featured her Lanzarote rosettes in his collection for Lanzarote Fashion Weekend.



UNBEATABLE



IRON

Ironman Lanzarote is a race against rivals, against time, against Lanzarote and, above all, against oneself. . .

In the slowly breaking light of dawn on Saturday 25th May, athletes will converge on the Playa Grande in Puerto del Carmen. At this time of day the sun is low in the eastern sky, the air is cool and fresh and the beach is pristine, wiped clean and smooth by the high tide.

A strange, unforgettable scene forms in front of your eyes: an immense throng of competitors all dressed in dark wetsuits, swimming caps and goggles, gathered in an enclosure which is surrounded by bleary-eyed family, friends and supporters. There's a bit of camaraderie, some smiles, the odd back-slap – but mostly the atmosphere is tense, apprehensive and serious.

That's because, when the siren sounds at 7 am, every one of these athletes will begin a gruelling journey that will last for several hours: First, they'll plunge into the Atlantic Ocean for a chaotic, thrashing 3.86 kilometre (2.4 mile) swim in open water. Low visibility and a packed mass of flailing bodies mean that bruises and scratches are a fact of life at this stage.

Then it's out of the water and onto a bike for the longest stage of the race – 180 kilometres (112 miles) of hard road that takes competitors down to the wild coastline of El Golfo, through the volcanic landscape of Timanfaya and up to the



highest point of the island. As contestants pedal furiously, the sun climbs in the sky, beating down pitilessly while brisk winds can also make the going even more hellish.

Back at Puerto del Carmen, the bikes are jettisoned for the final stage – a full 42.2 km (26 mile) marathon along the seafloor in the baking heat of the afternoon. This is where the anguish and the agony really starts to show, in the elite athletes as well as the amateurs, with thousands of onlookers and supporters making failure a public affair.

The leading professionals will usually cross the finishing line at around 3.30 pm in the afternoon, around eight and a half hours after they entered the water. But as the

sun sinks and sets in the west, competitors will still be staggering home, urged on by supporters. The final competitors will desperately try to reach the line before the cut off time at midnight – 17 hours after the starting point.

And even the last straggler to come home will know that he or she has beaten the clock, has beaten the rugged, beautiful island of Lanzarote, and has beaten their own screaming muscles, ragged lungs and mental doubts to proudly wear an Ironman medal.





Ayuntamiento
de Tías

RED DE SENDEROS CIRCULARES

  **Municipio de Tías 2019**
Hiking Trails in the municipality of Tías 2019

ABRIL/APRIL

-  **Sábado 27, 16:00 hrs.**
Baja, 6 km.
Entorno de Tegoyo/Tegoyo Area.
-  **Saturday 27, 9:00 A.M.**
Difficulty: Low. 6 km.

JULIO/JULY

-  **Domingo 28, 9:00 hrs.**
Baja - Media, 8 km.
Tías/Pto. del Carmen/Pto. Calero.
-  **Sunday 28, 9:00 A.M.**
Difficulty: Low/Medium. 8 km.

OCTUBRE/OCTOBER

-  **Domingo 27, 9:00 hrs.**
Media, 7 km.
Tías/Maretas Mtña. Blanca.
-  **Sunday 27, 9:00 A.M.**
Difficulty: Medium. 7 km.

MAYO/MAY

-  **Domingo 19, 9:00 hrs.**
Baja - Media, 6 km.
Tías/Puerto del Carmen.
-  **Sunday 19, 9:00 A.M.**
Difficulty: Low/Medium. 6 km.

AGOSTO/AUGUST

-  **Sábado 24, 16:00 hrs.**
Baja, 6 km.
Masdache/Mtña. Juan Bello.
-  **Saturday 24, 4:00 P.M.**
Difficulty: Low. 6 km.

NOVIEMBRE/NOVEMBER

-  **Domingo 24, 9:00 hrs.**
Baja - Media, 7 km.
La Asomada/Gaida/Guardilama.
-  **Sunday 24, 9:00 A.M.**
Difficulty: Low/Medium. 7 km.

JUNIO/JUNE

-  **Domingo 23, 9:00 hrs.**
Baja, 8 km.
Conil/Montaña Negra.
-  **Sunday 23, 9:00 A.M.**
Difficulty: Low. 8 km.

SEPTIEMBRE/SEPTEMBER

-  **Sábado 28, 16:00 hrs.**
Baja, 6 km.
Entorno de Conil/Conil Area.
-  **Saturday 28, 4:00 P.M.**
Difficulty: Low. 6 km.

DICIEMBRE/DECEMBER

-  **Domingo 15, 9:00 hrs.**
Baja, 7 km.
La Vega de Tías/Lomo de Tesa.
-  **Sunday 15, 9:00 A.M.**
Difficulty: Low. 7 km.

THE BIKE GUY



Johan Wagenaar owns and runs Lanzarote Bike Sensations, and this time of year means big business. As a two-time finisher of the Lanzarote Ironman, he also knows what the race demands. We spoke to him recently.

Johan, why is the Ironman so important to your business?

Plenty of athletes who come to take part don't want to bring their own bikes. These are valuable pieces of kit, they're expensive to transport and they don't want to run the risk of damage or delay. So they hire bikes instead. I've got 90 road bikes, and they're all hired out when Ironman comes.

What sort of bikes are they?

Aero Ultegra road bikes, worth around €3,000 each. They're hired almost full time from October to May.

Do athletes have any problems adapting to a new bike?

Not really. We ask them for their measurements and make sure each bike is prepared to their

personal specifications

What are the main problems of the island for cyclists?

The main problem is untidy roads – the hard shoulder area which cyclists use is often messed up with stones or broken glass. It could be cleaned much more often, for safety's sake.

What about bikes in resorts and on seafront promenades?

The problem there is pedestrians walking on the cycle paths. People simply need to be more conscious of cycle paths, and with more signs things would be better.

What about mountain biking?

That's popular too, but people need to understand that it's different here than it is in other countries. In



the UK or Holland, mountain biking is riding through a wood. Here you're on seriously rough volcanic terrain.

What is the most important development in cycling?

Electric bikes are likely to change things completely. They've just built a cycle path to the airport, but other routes, for example to Tias, would give so many people the opportunity to use cycles to get to and from work – something that's been difficult on the island up to now.

You've finished two Ironman races on Lanzarote...

...and three in the Netherlands, as well as three Tri 122, Volcano Triathlons and

Ocean Lava races here...

So what's your best bit of advice?

Don't worry about times, don't talk about times. Enjoy the race, enjoy the people you meet and talk to along the way, and you'll be a winner. This is a race that will change your life, so enjoy it.



Lanzarote BIKE SENSATIONS

E-BIKE TOUR

Route: Arrecife/LagOmar
Teguise / Monumento al
Campesino / La Geria
Duration: full day excursion
(49 km)
Size: max 14 people
Difficulty: low
Includes: bike, insurance,
entrance fee, helmet,
water bottle, multi-
lingual assistance
€59 - E-bike | € 49 - Trekking



5 TIMES
IRONMAN
FINISHER

BRAND NEW
TO LANZAROTE
New excursion

ELECTRICAL *day*

ROAD BIKE TOUR

65km: €25 + bike
Timanfaya National Park
95km: €30 + bike
Teguise/Haria/Tabayesco
120km: €35 + bike
Teguise/Haria/Mirador del Rio

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Kids-Paradise

Lanzarote could have been designed for children. A sun-kissed landscape of dramatic volcanoes; miles of golden, sandy beaches; goats wandering free; warm, safe waters full of harmless, colourful fish; ice cream available everywhere – this is what memories are made of.

The islander's attitude to children doesn't do any harm, either. Lanzarote is a place where *chinijos* are accepted everywhere, where complete strangers will peer into a push chair to admire your baby, and where children are a vital part of almost every event. This month, for example, you'll see a special Kids Ironman, scores of niños dressed in traditional dress for Canary Day and much more.

Anyone who's watched their child strike up beach friendships with kids they've never met before, and who may even not share a language, knows that

Lanzarote's open, welcoming attitude is something we all recognise.

For decades, local children have played with tourists and new arrivals, the island's schools are a melting pot of backgrounds and cultures and new generations offer a vision of hope for a unique place in the Atlantic Ocean.

Hundreds of thousands of adults have happy memories of this island from when they were children, and those memories continue to be

one of Lanzarote's greatest products. The island has theme parks, activities, sporting facilities and leisure opportunities galore, and can cater to any and all children.

Even adults feel their inner child come to the surface when they first gaze on the beach at Papagayo, or hear the sound of waves caressing the shore. Lanzarote is a place where we can all look at the world through the eyes of a child – and you've got an endless summer ahead of you in which to do it.



Niños del Tercer Mundo

Charity Reg. no.: G1/S1/13926-06/LZ

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General enquires Trudy, Secretary; info@ntmlanzarote.org
Membership secretary Jane; membership@ntmlanzarote.org



KIDS AT KIKOLAND

School holidays are on the way and the same old question remains -what do I do with the children? A large duck and his friends have the perfect solution.



The Princesa Yaiza Hotel in Playa Blanca offers everyone on Lanzarote - and their children - a fun-packed daily childcare service filled with children's activities at the Kikoland facilities, where children from 3 to 12 years old can enjoy endless sports and leisure activities from 10 am to 6 pm every day of the week. Your children will be under the experienced care and supervision of the hotel's animation team at all times.

Kikoland, named after Kiko the Duck, is a children's theme park with more than 10,000m² of facilities for children's play, games and sports, a paradise of entertainment where every child will find a place for fun, with activities and games suitable for every age-group.

Kiko House is for children 3-5 years old. It has colourful swings, a pool and all you need to make handicrafts and play all sorts of different games with the animation team. At this house, children can stay under the supervision of the hotel entertainer in charge.

Hooky House (6-8 years old) is where children can enjoy endless activities, games, sports and activities conducted by the animation team. Again, children are safely supervised by the hotel entertainer in charge.

Gremlyn House (9-12 years old) is for older children where, always accompanied by the hotel entertainers in charge, they can play countless games and sports not only inside the facilities, but also beach-based activities such as

Kayaking, Paddle surfing and Banana boats on the nearby Playa Dorada.

Each entrance costs just €12 (all day) and €8 (from 2 pm onwards). However, if you want to spend a day with your family, a family ticket (for 4 people) is €24 all day and €12 from 2:00 p.m.

In addition, you can celebrate your children's birthday in our facilities, with various themes such as Pirate, Hawaii, Fantasy or Circus themes available. The birthday boy or girl will receive a gift as well as a special Kiko certificate, signed by all guests.

**For more information:
Call 928 519 300 extension 5206**



JUST DO IT!

The sun is rising, there's hardly a cloud in the sky, it's a glorious morning on Lanzarote and you've got the whole day ahead of you. So what are you going to do with it?

Beach expedition

Whether it's a fun day out on one of the busy, buzzing family beaches in the resorts; a trip to the stunning beauty of Papagayo or wild Famara, or a search for even more remote and secluded beaches, Lanzarote has plenty of sand to go with its sun and sea.

Sail away

Jump on a ferry to the unspoilt isle of La Graciosa or fascinating Corralejo on Fuerteventura; take a trip on a water taxi or a yellow submarine, try kayaking or book a trip on a catamaran. There are plenty of ways to mess about in boats on Lanzarote.

Saddle up

Hire a bike and bowl along the prom; put your head down and discover wilder parts of the island or try the rough, tough world of mountain biking on volcanic terrain.

Get wet

Take a scuba class or a snorkelling trip; ride the waves in Famara or La Santa, paddlesurf on calmer days or kitesurf and windsurf when the wind's up – or just head to a water park and slip and slide and have fun until you're exhausted.

One foot in front of the other

Get your walking boots on and scale a mountain,



explore rugged volcanic coastlines, tramp through volcano country, or discover delightful rural meadows and plains. Walking on Lanzarote always throws up surprises, and there's always a well-deserved meal and drink at the end of your hike.

Take an outing

Theme parks, petting zoos, museums, antique farmyards, wineries, castles, markets, marinas,

caves- Lanzarote's got the lot, and much much more.

Be a sport

Hire a tennis or paddle court, book a round of golf, play beach volleyball, have a crack at Canarian bowls, watch football, basketball or Canarian wrestling. There's always a game of something going on on this island.



And though she be but little,
She is fierce...

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Send your letters to Facebook @Gazettelifelanzarote, our email editorial@gazettelife.com or WhatsApp us on +34 642 485 645.

I expect to be safe when using a pedestrian crossing. Perhaps I have to wait to be hit before this is taken seriously.

Yours sincerely, Penny Pullin

Ed: This issue is becoming a real problem, Penny. Cyclists complain that pedestrians stray into cycle lanes, but you don't have to go far to see cyclists and scooter riders blatantly disobeying the rules either, and there are clear Give Way signs on the cycle crossings that are routinely ignored. It will be little consolation to pedestrians who are victims of a collision that they had the right of way, and it's high time the Ayuntamientos took this problem more seriously before we see something really serious.

■ Heat and dust

Dear Gazette Life

I am a resident on one of the complexes immediately adjacent to the Atlantic Park site in Playa Blanca.

As you previously reported, the works there have ceased pending a re-tendering process.

The first contractor started work, and stripped the site of all vegetation and all boulders, as well as demolishing the footpath across the site. This has created what amounts to a huge dustbowl. All adjacent properties and the main road suffer from huge dust clouds every time the wind speed gets above about 15km/h, which as we know, on Lanzarote, is very often.

It cannot be healthy for anybody living under this near constant dust storm, and it makes it virtually impossible to enjoy an outdoor lifestyle. Could the council be pressed to find some interim solution to this problem pending the work being completed? A layer of picón over the barren sand, or some lines of stones to break up the wind-flow maybe? Even a regular dousing with water would help.

Yours, dustily, Keith Lane

Ed: I'd bring this up with your Community Association, Keith. The president or administrator should know the relevant steps to take in order to find out who bears responsibility for dealing with this situation, which sounds like a health hazard.

Ten Pristine Sun-beds

Ten pristine sun-beds looking rather fine,

Then an owner snaffled one, which left only nine.

Nine lovely sun-beds, now looking less than great,

When someone stubbed a ciggie butt. Then there were eight.

Eight seductive sun-beds, a siren's call to heaven,

One got soiled with sun-oil. Then there were seven.

Seven useful sun-beds, fine for a family mix,

But came along huge Uncle Ted. Then there were six.

Six average sun-beds managing to survive,

One succumbed to plastic fatigue. Then there were five.

Five well-used sun-beds (some owners wanted more),

One disappeared without a trace. Then there were four.

Four careworn sun-beds beneath a shady tree,

A branch fell down and crushed one. Then there were three.

Three ragged sun-beds that bathers now eschew,

One just crumpled up in shame. Then there were two.

Two tatty sun-beds, no longer used for fun,

One was made redundant. Then there was one.

One rotting sun-bed looking lonely in the sun,

Spontaneously combusted. And now there are none.

John Leppard, Las Villas PDC

■ Pedestrians first

Dear Editor

I am a resident of Puerto del Carmen and frequently have occasion to walk along the main Avenida between the Fariones and the Casino. I normally walk on the sea side to avoid shoppers. Am I the only pedestrian who is heartily sick of cyclists trying to mow me down when I am waiting to cross the road at designated pedestrian crossings?

Unless I am mistaken at most, if not all, the pedestrian crossings the cycle way is interrupted by orange sections with clearly marked white lines on either side. I thought this was to allow pedestrians the right of way. I am blind on my left side and don't always see things coming, which is why I use proper crossings but surely I shouldn't be abused by cyclists with no intention of even slowing down as I am waiting to cross?

JAMES MARTIN Gwynne
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■ Poetry corner

Dear Ed,

An integral part of the scenery in Lanzarote is a sun-bed by a pool. We take them for granted, expecting them to always be there.

But they have a tough life. For them, like us, it is the survival of the fittest.

The Secret of our Success

"A greater breadth of knowledge improves student's results"

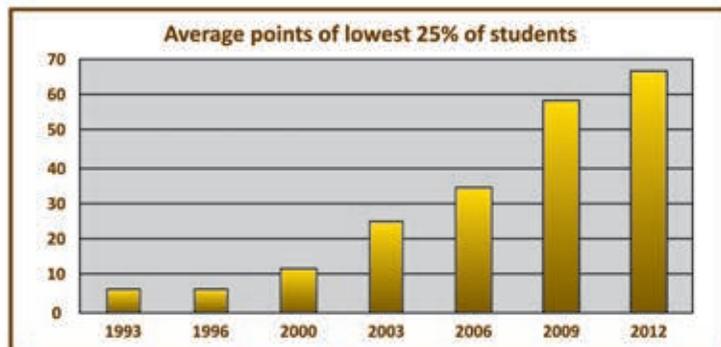
It is with students between the ages of fourteen and fifteen, in the international IGCSE exams, that the Colegio Hispano Británico in Puerto del Carmen shows its true teaching capacity.

Contrary to popular belief, children do not find it difficult to be taught more subjects than usual. On the other hand they find great delight in their own success.

Over the past 20 years the Hispano Británico has been gradually increasing the number of subjects offered at IGCSE and students are now taught a minimum of fifteen different subjects to be examined at that level. They will spend less time in lessons than they would in a school in Britain and they will study for fewer days in a year than in the UK. Nevertheless, their results will be outstanding.

If each exam grade is converted into a point score, where an A* has a value of 8 points and a G grade is given 1 point; when all the points are added and then divided by the number of students in the group, one can obtain the average individual point score of the group.

The first diagram (below) shows the improvement of the average points gained by our IGCSE students in three year periods over the past 20 years. Their average score has improved fourfold over this time and the average ability is now 80 points, equivalent to ten A* grades.



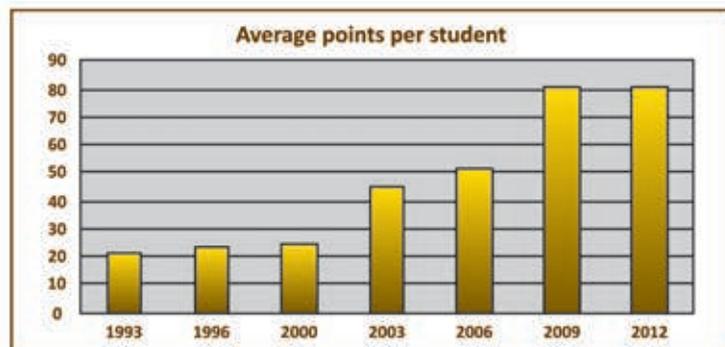
An even greater effort is made with those that do not find it easy to study and the improvement of their results has been spectacular.

By insisting that all students should try their best at 15 IGCSE exams, (as the above diagram shows), the 25% of students with lower ability have obtained on

average 10 times better results that they obtained 20 years ago.

Every year one, or a number of our students, will have the most extensive array of IGCSE results in the world.

In 2016 The Queen congratulated the school on its consistent success.



Years of evidence has demonstrated that increasing the number of subjects also increases the average results.

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IN PUERTO DEL CARMEN

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The Colegio Hispano Británico was founded in 1976.

It is the only accredited overseas British curriculum school (BSO) on Lanzarote. It is a recognized centre for the University of Cambridge (CIE), London Edexcel examinations and Trinity examinations. It is a UCAS centre for university entrance, an examinations centre for the Open University and the Goethe Institute.

In 2014 the school was authorized by the British Government as a Centre for the instruction of teachers in their postgraduate year.

It is quality assured by Ofsted (British DfE number: 141421)

Information: 928 17 30 66 – info@colegiohispanobritanico.com



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Find out more at www.tallerllave12.com

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Sol y Sombra offer a no-obligation, no-fee measuring service and will bring their catalogues and colour selector along to help you find the best options for interior and exterior sun protection.

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Emily and Gabriella are delighted to welcome you to their Teguisse Broker office in Costa Teguisse, where you'll be able to buy any type of insurance policy you require, tailored to your own personal requirements and at the very best price. Fluent in English and



Spanish, Teguisse Broker has become an institution on Lanzarote so why not visit them from 9am to 2pm at CC Las Maretas, Avenida Islas Canarias, Costa Teguisse, or call 928504239 or 619641164.



Look to the summer with Opti+ Vision

Alexandra at Opti+ Vision writes "We're refreshing our stock of designer sunglasses and preparing for summer with the new collection from Etnia Barcelona, whose colourful frames are always eagerly awaited. We'll also be offering normal glasses with magnetic sunglass lenses, perfect

for versatile living.

And, in Ironman season, we'll also be stocking new designs from Oakley and Rayban, as we do every year."

Just pop into Opti+ Vision at Av. Las Playas 72 Puerto Del Carmen or call 928514275

Anniversary offers at San Simón

May is here, and once again Muebles San Simón in San Bartolomé is celebrating its anniversary month with a range of special offers, with discounts of up to 50% on furniture, furniture, sofas, paintings, textiles, etc.

Customers will also be able to take part in their anniversary prize draw, with the chance to win an armchair or

credit voucher.

Friendly, professional service, careful selection of stock and competitive prices are what mark Muebles San Simón out as one the favourite furniture shops on the island, and the company would like to thank all customers who have helped them reach another anniversary.



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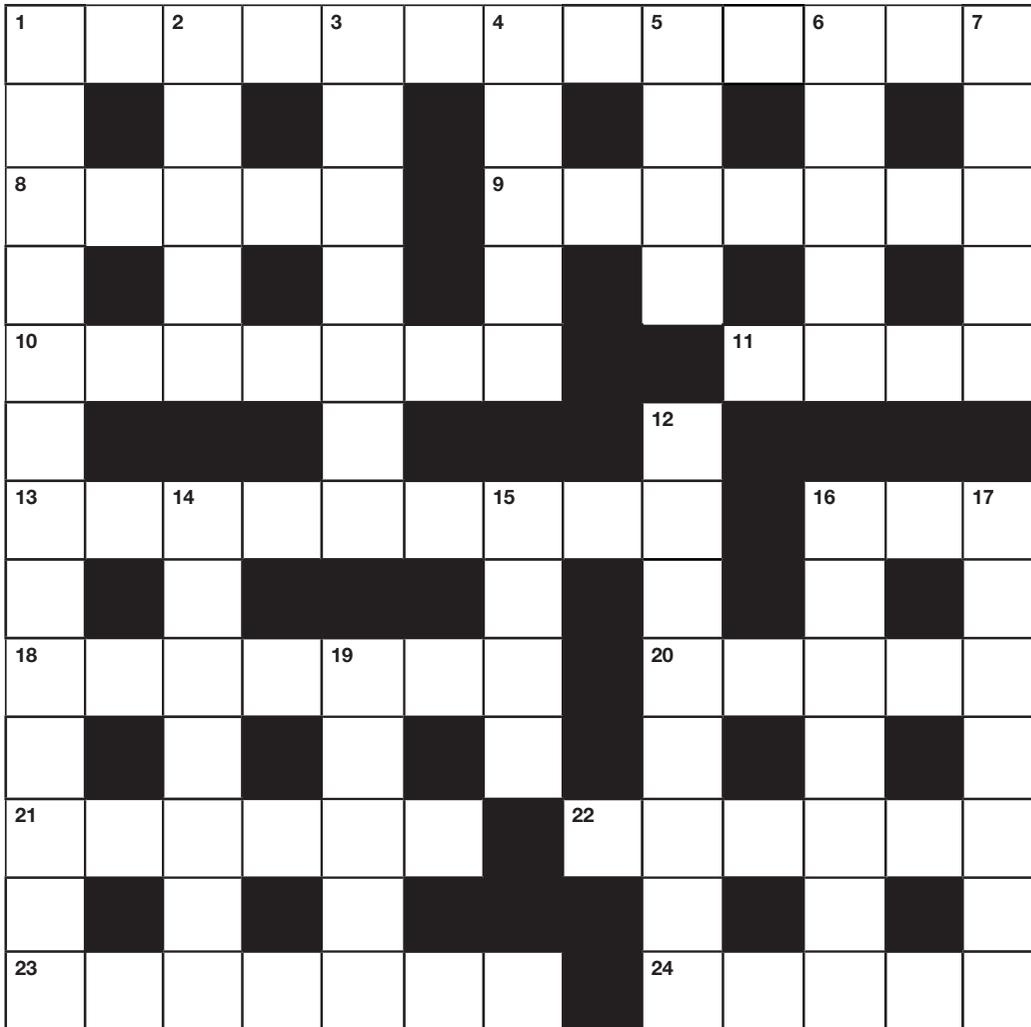
Subject to availability. Terms and conditions apply.
See website for details.

**SUMMER '19
NOW ON SALE!**

CROSSWORD



The theme of this month's prize crossword is Lanzarote wildlife. Send your completed answers to us by before 15th May and you could win a bottle of Lanzarote wine. Apologies for the numbering error in last month's puzzle, but most managed to sort it out and the winner was Francisco María. Send entries to editorial@gazettelife.com; or see addresses on pg 5.



ACROSS

1. Large rorqual occasionally seen off the coasts of Lanzarote (8,5)
8. Informal name for someone from Barbados e.g Rihanna (5)
9. E.g: Hulk, Thor, Iron-Man, John Steed, Emma Peel (7)
10. Rodents that give Lanzarote residents their conejeros nickname (7)
11. An apartment (4)
13. Meaty spaghetti sauce (9)
16. World Wildlife Fund (1.1.1)
18. False Widows, for example (7)
20. Wall-climbing lizard known locally as a perenquén (5)
21. Spanish word for eagle (6)
22. Predatory "butcher bird" that impales its prey on thorns (6)
23. Clothed, or prepared like a salad (7)
24. Billies, nannies and kids (5)

DOWN

1. Chlamydotis undulata: The largest bird on Lanzarote (6,7)
2. A poorly-paid dead-end position, perhaps serving fast food? (5)
3. Seed-eating bird species, e.g Corn, Snow, Reed, Ortolan (7)
4. Blind white ones are found at Jameos de Agua (5)
5. Seven days (4)
6. The Shark or Squatina squatina is often seen in Lanzarote waters (5)
7. Small white heron found on Lanzarote (5)
12. Prickly, nocturnal mammal (8)
14. Free time (7)
15. Not hard (4)
16. Lineman, Glen Campbell hit from 1968 (7)
17. Poppies, margaritas, speedwell, vetch etc (7)
19. Island in New York Bay where 12 million migrants arrived (5)

Last months answers: Across: 1. Fish and chips 8. Spandau 9. Ogden 10. Eligible 12. Lion 13. Wimbledon 14. Guv 17. Moron 19. Cricket 21. Let It Be 22. Ember 23. Sayings 24. Robin Down: 1. Fosse 2. Stadium 3. Aid 4. Double Deckers 5. Hood 6. Pudding 7. Anon 11. Islington 13. Engineer 14. Wombles 16. Veteran 18. Ratty 20. Kebab

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Brian's Way

Lanzarote vet Jane Burke pays tribute to the extraordinarily gifted veterinary surgeon who hired her and changed her life.



Brian Sayle was an extraordinary veterinary surgeon. He interviewed me for a job at his small animal and horse practice whilst taking me with him on a horse call to a very poorly foal. On the journey he started by explaining his reservations about employing a woman and then methodically outlined the terms of a trial period and his expectations.

Once there he examined the foal, then asked me to do the same whilst he gentled the worried mare in his quiet, confident way. He asked me to describe my findings and outline a treatment protocol which I then administered as he watched.

On the way home, amidst discussions about accommodation and cars, he asked me what I felt the outcome for the foal might be. He waited as I went over our clinical findings and how the drugs we had administered should control the pain, the diarrhea and replace lost fluids.

After a pause I told him I thought the little fellow would die. "Why?" he asked. I took a long moment before I answered, because I liked him and could tell, even after that brief time with him, that he was both very knowledgeable and kind and I wanted the job. But honesty was always my weakness and it was all I had. "It casts no shadow" I finally said in reply.

There was no further conversation on the drive and I assumed that my unprofessional explanation had confirmed his doubts about a female assistant. When we parked he turned, looked at me awhile and said, "So can you start

tomorrow if I get you a car?"

We talked some more about where I would live and before I left I asked what he thought of the foal's chances. He replied quietly, without looking at me, "Oh, it will die despite our best efforts."

There are so many stories I could tell you about Brian. His endless grumbling about unbilled time wasted on wildlife, but then finding him digging the front terrace at 5am to collect worms for a poorly hedgehog. His grumbles about unprofitable ventures and then orchestrating his whole team of vets and nurses to perform the first ovariectomy done on a tortoise. Teaching me how to neuter female cats and dogs with them "hung upside down" and telling me I could return to the usual method taught in veterinary schools if after 3 months I could look him in the eye and say it was as good.

This apparently extraordinary positioning for ovariectomies dramatically increases the safety margins of the surgery itself, is significantly faster and safer, thereby reducing the anaesthetic and infectious dangers of what is a major, if common procedure. As a bonus it allows the surgeon to operate with ease through a much smaller incision, reducing post-operative pain.

Brian arrived one night when I was performing an emergency operation on a dog with gastric torsion. He watched quietly for a few minutes before asking if I had removed the spleen. I asked why on earth I needed to do a splenectomy. He took another puff at his cigarette and told me it

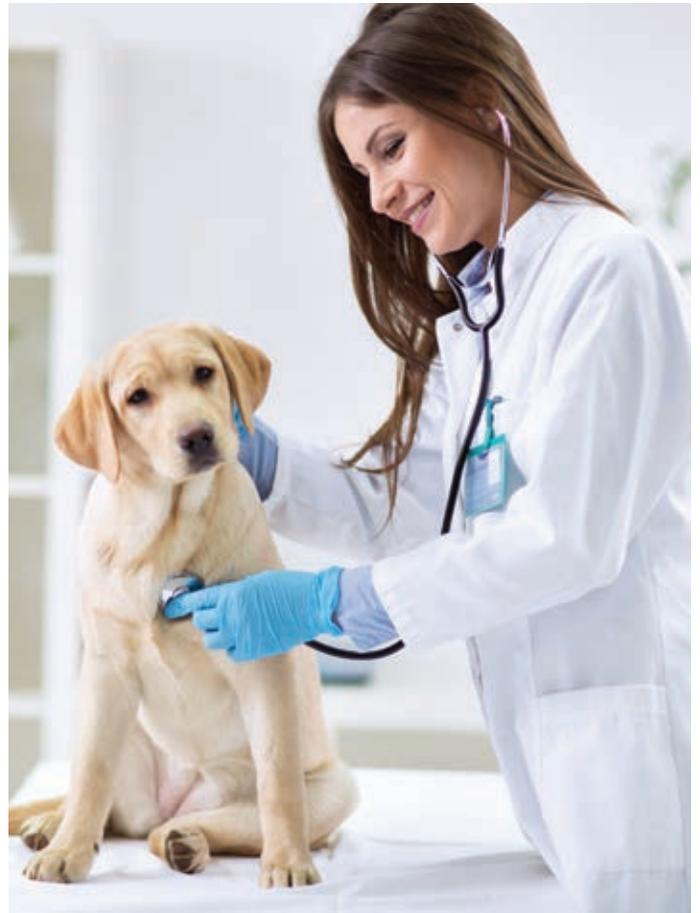
would permanently prevent recurrence. There is a book dedicated to the many and varied suture techniques described to try to stop a recurrence of this terrible, life threatening disaster that afflicts deep-chested dogs, and once it has happened it is very like to happen again because all the structures that hold a dog's stomach in the right place get stretched and torn. "Really?" I asked, "Why?" "Think about it whilst you are doing it!" he replied. He stood and watched for another half hour until I had worked it out. "It is the weight of the spleen that pulls the stomach into a torsion," I said as I finally removed the heavy solid organ from the last of its attachments to the stomach, and we both watched as the released stomach gracefully slipped back into its topographically correct and untwisted position. Has he ever had a torsion recur? No, and neither have I.

A few years after I set up on my own I saw a litter of puppies with what was then known as "big head disease". There was no known treatment. They developed massive swelling of their lymph nodes and one by one these beautiful strong Labrador puppies died. We had had blood samples and needle biopsies examined and it was clear that the nodes were full of infection which could not be isolated and responded to nothing.

To adopt, sponsor, donate prizes or to help in any other way contact the charity of your choice

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“ When we parked he turned, looked at me awhile and said, “So, can you start tomorrow?” ”



The same bitch had had a previous litter that had developed the same fatal symptoms but the owner told me that one puppy in that litter had survived because, she believed, when her previous vets had run out of ideas she had given them all massive doses of garlic. By this time only the strongest puppy was alive and I had nursed him day and night for a week. I was in despair. I had Wednesday afternoon off and I spent it on the phone to universities and eventually phoned Brian. He heard me out

in silence, and when I mentioned the garlic he sighed and suggested I should get the spleen from a dead kid (I did a lot of goat work those days) and run round the garden naked waving it over my head!

He could hear me weeping. So then, in a kinder voice, he told me to give ten times the usual dose of steroids intravenously. So, because this man was so far ahead of his time, I did as he suggested. Within an hour the puppy's breathing

was improving, within 24 hours he was playing and his glands subsiding. I quizzed Brian when I called to thank him and he admitted he didn't know how or why it worked but it always did. These days it is recognised as an inherited auto-immune condition, treated with intravenous steroids!

I have too many tales to tell of my incredible luck to have been employed and befriended by a deeply compassionate and gifted man.

SARA ANIMAL AND PLANT PROTECTION ASSOCIATION

With around 150 dogs in Sara at any one time and only half a dozen employees caring for around 400 animals, volunteer dogwalkers are desperately needed. Why not come along to Sara in Tahiche from 10.30-12.45 Monday-Saturday plus 17.00-19.00 on Tuesdays. The dogs would love to see you.



Adopted!

GINA who was Sara's dog of the Month in March has been adopted. After seven long years of waiting in SARA Protectora, GINA can finally enjoy the warmth of a home and the company of her new human and dog family. Thank you very much to her new family who tells us that Gina is adapting very well, that she is fantastic and very affectionate.



Dog of the Month

TELMA is an 22-month-old small Staffie mix who, sadly, has been in Sara for nearly a year. Her walkers say she's a loving, happy and good-natured little girl who more or less walks to heel. She's small, pretty and incredibly friendly. Young and super smart, it would be such fun to teach her tricks and games. Her bright personality makes her great company and she would be a fantastic companion. She loves humans, is great with children and gets on well with dogs she knows. Being part Staffie, she will need a special licence.



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30m

EXPRESS FERRY LA GRACIOSA

20€	11€	RETURN IDA Y VUELTA
ORZOLA	LA GRACIOSA	
← LA GRACIOSA	← ORZOLA	
08:30 16:00	08:00 15:00	
10:00 17:00	08:40 16:00	
11:00 18:00	10:00 17:00	
12:00 *19:00	11:00 *18:00	
13:30 *20:00	12:30 *19:00	

*1 May -31 Oct *1 Jul - 31 Oct



45m

EXPRESS FERRY LANZAROTE FUERTEVENTURA

29€	16€	RETURN IDA Y VUELTA
PLAYA BLANCA	CORRALEJO	
← CORRALEJO	← PLAYA BLANCA	
*09:30	*10:30	
10:30	11:30	
12:30	13:30	
16:30	17:30	
*17:30	*18:30	

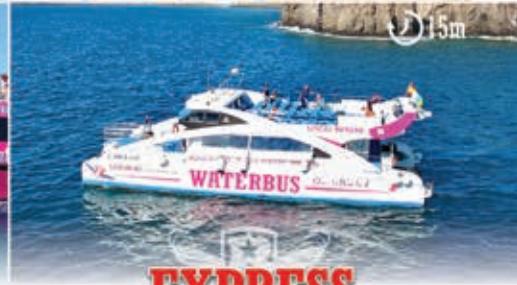
*Except Sunday / excepto domingos
*01/05-31/10 Et
Except Sunday / excepto domingos



25m

EXPRESS WATERBUS PUERTO DE CARMEN PUERTO CALERO

8€	6€	ONE WAY IDA
PTO CALERO	PTO CARMEN	
← PTO CARMEN	← PTO CALERO	
10:00 14:15	10:30 15:00	
11:15 15:45	12:00 16:30	
12:45 17:15	13:30 17:45	



15m

EXPRESS WATERBUS PLAYA BLANCA PORT MARINA RUBICON PLAYA PAPAGAYO

15€	8€	RETURN IDA Y VUELTA	
PLAYA BLANCA	MARINA RUBICON	PLAYAS PAPAGAYO	MARINA RUBICON
← MARINA RUBICON	← PLAYAS PAPAGAYO	← MARINA RUBICON	← PLAYA BLANCA
10:00h	10:15h	10:45h	11:15h
11:30h	11:45h	12:30h	12:45h
13:30h	13:40h	14:15h	14:45h
15:30h	15:40h	16:15h	16:30h
16:45h*	16:55h*	17:20h*	17:40h*

*01/06 - 15/10

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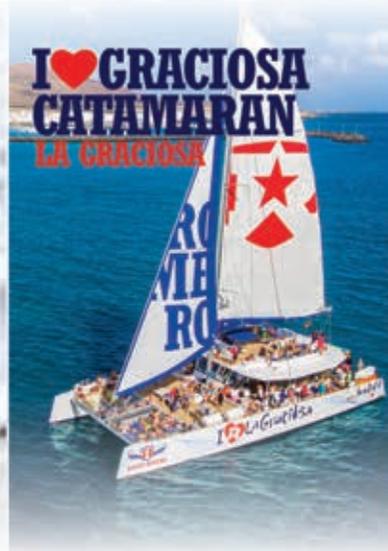
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LANZAROTE

Living

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TAKING THE Waters



"Time spent getting a massage is never wasted"

Spas have been an essential part of holidays and travel for centuries, and Lanzarote continues that tradition of health, luxury and relaxation.

Healthy spring waters have attracted travellers since Roman times. In the UK, Scarborough became the first seaside holiday resort in 1660 after a spring was discovered there. Bath, Cheltenham, Epsom and other spa resorts soon followed and, later, sea bathing also became popular for health reasons.

A whole industry based on transport, accommodation, catering and leisure

grew up around these spas, which are the foundations on which today's tourist industry is built. Even the Canarian tourist industry began with health tourism to Puerto del La Cruz in Tenerife.

Lanzarote doesn't have spring water, but it's surrounded by clean oceans and has plenty of fresh water on tap, and the island has seized spa culture with enthusiasm.

On Lanzarote you'll find many different kinds of spa treatments: saunas, jacuzzis, Turkish baths, steam rooms, ice fountains, Kneipp footbaths, plunge pools, showers of varying temperatures and powers for muscular relief or stimulating lymphatic drainage, thermal swimming pools and much more.

Some will use fresh water, others will offer invigorating filtered sea water Thalassotherapy treatments, some will be alongside gym facilities and almost all of them will offer special treatments.

These treatments range from a dizzying variety of massage techniques to skin and facial treatments, reflexology and manicures/pedicures.

And, of course, the relaxing environment of a spa is one of the strongest attractions. These are beautiful places, temples of bodily beauty and relaxation.

Why not treat yourself and discover what Lanzarote's spas have to offer?

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Look the Part



"With my sunglasses on, I'm Jack Nicholson. Without them, I'm fat and 60."
Jack Nicholson

Here on Lanzarote the future is always so bright that you gotta wear shades

On Lanzarote in summer, there is an average of 11 to 12 hours of sunlight each day. It beats down relentlessly and is reflected into our eyes by white sand, glaring white walls and water. In the early morning and late evening, this sunlight arrives at a low angle, directly into our eyes if we're facing it.

This sunlight contains ultraviolet (UV) rays. In the UK and Ireland, the UV index rarely reaches 8, the level described as "very high". On Lanzarote, the index is constantly higher than that from the end of March until October, and frequently reaches "extreme" levels above 11.

UV rays don't just cause sunburn. They have also been linked to macular degeneration and cataracts. If you want to protect your eyesight on Lanzarote, sunglasses should be an accessory you'll need on hand at all times. Even if you're dark-skinned and have skin that can handle sunshine, your eyes are just as much at risk.

Sunglasses are something you should be willing to pay for. Those cheap shades sold at supermarkets and souvenir shops don't offer much protection at all.

Instead, go for sunglasses that offer 100% UV protection. This doesn't mean they'll be darker - full protection is available with all types of tint. If you're out on the sea or in a high-glare environment, you may also find polarised sunglasses useful.

Tinted contacts are available, but even then you should wear sunglasses to protect the rest of your eyes and the delicate skin around them. Larger frames or closer, wraparound styles also protect these areas better.

If you wear glasses already, think about graduated sunglasses made to your prescription, or look for frames with clip-on or magnetic attachments. Drivers should always have some way of providing quick and easy eye protection at hand.

"Sunglasses and a great pair of heels can turn most outfits around"

Victoria Beckham

Fortunately, sunglasses are also one of the most stylish accessories you can buy, with a dizzying array of frames and style suited to all kinds of lifestyles, from light, flexible, tough frames for athletes to cool, funky fashionable frames of all kinds.



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HIT THE

Beach!



On Lanzarote, you're here to enjoy yourself, and in the summer that will usually mean the beach or the poolside.

The pressure to be "beach body ready" has been criticised for good reasons – starving yourself, surviving on dodgy protein shakes and asking your body to do unrealistic things is only going to lead to misery. But most of us could benefit from a healthier, fitter lifestyle, and early summer's a great time to start. Remember that you're doing it for yourself first of all, and prepare to be surprised by how great you feel.

"Strength and flexibility help you soar into summer"

Work it out

Getting in shape isn't just about hard running or swimming. Endurance and stamina are great for your health and toning, but you'll also need to pay attention to the aspects of strength and flexibility.

When weight lifting, push yourself with fewer repetitions and heavier weights, rather than several reps with lighter weights. Developing strength will build muscle and help lose weight. And don't forget that core – the very basis of all you do.

For flexibility, yoga is still a perfect technique, with all sorts of variations available on the island, from classic forms such as hatha and ashtanga and modern developments like hot yoga, yin yoga or acroyoga.

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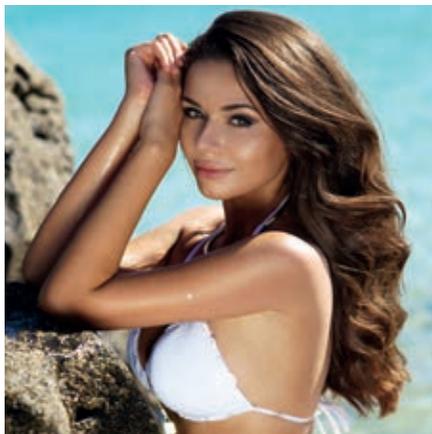
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Eat right

We're currently undergoing a massive revolution in diet, and there's no better place than Lanzarote to make the most of it.

To get in great shape for summer, cut down on the beiges and whites – bread, pasta, rice and other refined carbohydrates - and commit yourself to colour in your diet. Any fruit and veg counter here is a riot of colour, offering you plenty of possibilities.

Above all, ease back on sugar and discover fruit juices, water and herbal teas to keep yourself hydrated and your skin firm and supple.



Hair, teeth, nails

These are your body's accessories, and you should pay special attention to each of them. White, regular teeth are the final touch to a tan, while nails and hair will require extra care and attention around hot sunshine and salty or chlorinated water. Conditioning and protection are vital, and make sure that you're getting vitamins and minerals galore.

Sun worship

Sunshine can be kind and life-affirming, blessing us with its rays and warmth; but it can also be cruel and damaging. Always treat the sun with the utmost respect on Lanzarote.

That means sunblock should always be close at hand and part of your daily routine; it means taking tanning seriously and following SPF

guidelines religiously; it means floppy hats, collars and long skirts for everyday protection, and it means looking after your skin with body rubs, peels and treatments.

And, of course, it means a trip to buy the most stylish, most protective sunglasses you can find. Keep the sun on your side, and you'll reap the results.

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EXCITE YOUR Senses!



dishes arrive at the table, and you'll understand the importance of the visual.

You may think flavour is all to do with taste, but you'd be wrong. Scientists have shown that our perceptions of flavour rely on all five of our senses, with every one of our human capacities contributing to our enjoyment of a meal. And on Lanzarote, there's every opportunity to delight all five of your senses at the table.

AROMA

The human sense of smell is incredibly subtle and varied – when we chew food in our mouths, released molecules enter our nasal passage from within. But it's fragrance that really excites us and allows us to savour the difference between fine wine and cheap plonk, or rich dark chocolate and cheap imitations. A well-deserved cup of coffee, a warming bowl of soup or stew, the tempting whiff of garlic – Lanzarote is full of delightful fragrances that are only enhanced by fresh sea air and cool breezes.

SIGHT

Presentation is the key to really satisfying dining. Our eyes often make our minds up about a meal before we even take a mouthful. Whether it's the pure simplicity of a fresh piece of fruit or a professionally presented dish with garnishes and artistic squiggles of sauce and juice, it's our eyes that enjoy the spectacle.

Just go to any restaurant and watch how everyone's head turns and eyes light up when the

TEXTURE

Touch is the other key to fine dining – the best cooks are those who can excite the palate with the mere feel of food – getting pasta perfectly al dente, for example, or steaming vegetables so they retain a little crunch. It's a fine art, and one that involves absolute mastery of cooking techniques, ranging from slow cooking so that meat falls off the bone and melts in the mouth, or flash grilling to keep fresh fish firm and satisfying.

Above all, it's the sense that we most notice when it's wrong. Getting texture right is an art and a gift.

SOUNDS

You may think hearing has nothing to do with dining, but you'd be wrong. The mere sound of a restaurant – cutlery and glassware clinking, the low hubbub of chat and distant kitchen sounds, are enough to get our mouths watering. Then there's the sizzle of a freshly grilled steak, the crunch of a crisp salad and the gurgling and glugging of a wine bottle.

Sound also creates the perfect ambience for dining on Lanzarote, whether it's live music or just the distant pounding of surf against the coastline.

TASTE

Our taste buds detect five main flavours – salty, sweet, sour and bitter, and all of these elements can be found in Lanzarote restaurants: The salty coating of wrinkled potatoes; the sweet deliciousness of honey or ripe fruit; the refreshing sour acidity of a squeeze of lemon or a chilled white wine; the appetising bitterness of a leaf of rocket and the deep, savoury flavours of grilled meat or mature cheese.



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QUINTESSENTIALLY

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WHEN IT COMES TO DINING, THE CANARIES OFFER A BLEND OF NATIVE AND FOREIGN INFLUENCES THAT HAVE COMBINED OVER CENTURIES TO CREATE A FOOD CULTURE THAT IS UNIQUE IN THE WORLD.

At some point almost 2,000 years ago, human beings arrived on the Canary Islands. No one knows why they came, but they seem to have come from North African Berber tribes, and they brought goats, sheep and pigs as well as barley, lentils and wheat to the uninhabited islands.

All these ingredients are still central to Canarian cuisine. Wheat and barley are used in gofio (see page 57), goats milk is the source of prize-winning cheeses, goat meat is still popular in local restaurants; and Lanzarote lentils are famed through Spain. The early natives added fish and



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seafood to their diets, and once again, these remain essential to Lanzarote's modern diet.

The Spanish conquest brought wine, onions, spices and other ingredients to the islands, and shortly afterwards the Canaries became one of the stops on the trade routes to the Americas. This brought maize, potatoes, tomatoes, chocolate, chillies and peppers, papayas, peanuts and pineapples to the rest of the world, but the Canaries was one of the first places in Europe to benefit, and Canarian potatoes and tomatoes remain famous to this day.

FIFTY YEARS OF PROSPERITY

For centuries, the Canaries were a remote Spanish region, and most islanders lived a precarious existence in a place where water was a scarce and precious commodity. Famines and droughts were common, and thousands of

Canarians left their homeland to seek better lives elsewhere.

That all changed in the 1960s, when air travel and the tourist trade took off. All of a sudden, Canary Islanders found themselves making a fine living serving food to wealthy

“ FOR MORE THAN 1000 YEARS LANZAROTE HAS BEEN DEVELOPING A RICH AND VARIED MENU. ”

foreigners, and the island's history of excellent catering took off, firstly in the hotels, later in an ever-increasing amount of restaurants.

Many of those tourists found themselves staying for good, and they also brought their culinary

heritage to the island, where an Irish pub or a full English breakfast are never hard to locate. Scandinavians, Germans, Greeks, Italians and other Europeans have also brought their cuisines to these small islands.

And other national cuisines followed, as Chinese and Indian restaurateurs capitalised on the fondness for these cooking styles in the UK and elsewhere. Even more recently, Latin American incomers have brought their cooking to the party.

In the last few years, however, things have changed again, with a new focus on fine dining and quality cooking. Lanzarote now has restaurants of the highest quality and chefs who will never fail to surprise and delight you.

OPEN AIR

The secret of Lanzarote's tourism prosperity is, of course, its warm, tempting climate. But this is also one of the eternal elements of its dining traditions.

Islanders have always enjoyed parties, fiestas and meals in the open air, and when the tradition of barbecuing arrived from the Caribbean it was eagerly taken up here.

And all over Lanzarote, almost every restaurant offers a sunny terrace, a pleasant view and the option of eating and drinking in the open. There's no lack of salt and pepper on an island that produces both, but the most traditional Canarian seasoning is fresh air.



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Gofio Escaldado

For Canary Day, here's a simple, tasty Canarian gofio side dish that accompanies most celebratory meals.

Gofio is the toasted, milled cereal that is sold in every local supermarket, and whose taste every Canarian knows from the moment their mother mixes a little into the baby's milk. It's traditionally made from maize (maiz), barley (cebada), wheat (trigo) or rye (centeno) and blends are also available. Some brands specify the amount of time the grains have been roasted, with light toast (tueste ligero) having a milder flavour than the strong toast (tueste fuerte). Gofio novices should try a light toast first.

RECIPE of the MONTH

by Antonio Chicón of
Cook In Lanzarote

Chef's Tip:

You can serve your gofio escaldado with some green or red mojo sauce.

If you don't want your onion to be too sharp, peel and soak it for 12 hours in water with a little vinegar.

Ingredients

(For 4 servings)

100 gr of Gofio (maize or mixture of cereals)

200 ml of fish stock

1 onion

1 sprig of coriander (cilantro)

Method:

Bring the fish stock to boil, then turn off the heat, introduce the coriander branch and leave it to infuse.

Put the gofio in a dish and make a well in the middle, creating a sort of "gofio volcano".

Pour drop by drop the hot fish stock in the middle of your volcano stirring it well with a

spoon or fork. Continue adding fish stock until you get the consistency desired.

Peel and cut the onion in half. Separate the different layers of the onion to use it as a spoon.

Serve the gofio escaldado with the onions on one side and eat it while it's hot, using the onion to spoon it into your mouth.



Eco-friendly -
no prep - cookery courses in Uga

Informations and bookings:
cookinlanzarote.com +34 633 16 71 70



This Month

Spanish Classics
on Tuesdays

Canarian Tapas
on Wednesdays

Spanish Tapas on
Thursdays & Fridays



02/05 Chocolate workshop
with B. Large



15/05 Pasta workshop



17/05 Sushi workshop



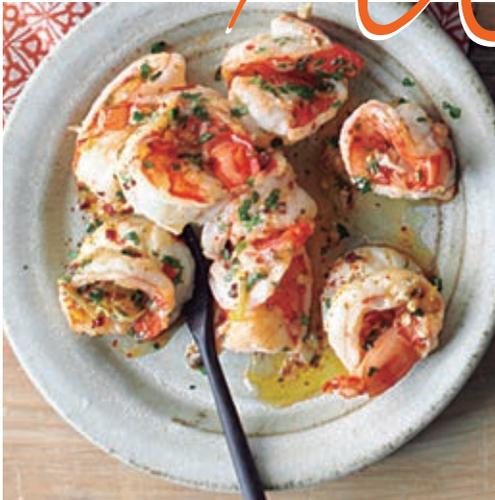
28/05 Express Cooking
"Garbanzo"



30/05 French Cooking

MEDITERRANEAN

Magia



LANZAROTE'S TRADITIONAL DIET SHARES MANY SIMILARITIES WITH THE MEDITERRANEAN DIET THAT HAS BEEN REPEATEDLY LINKED WITH LONGER LIFE, REDUCED HEART DISEASE AND GREATER OVERALL HEALTH. BUT WHAT ARE THE KEY ELEMENTS OF THIS LIFE-ENHANCING DIET?



In truth, there is no such thing as the Mediterranean diet. The cuisines of Mediterranean countries such as Greece, Italy, southern France, eastern Spain and North Africa are all delightfully different in their own way, with strong emphasis on different ingredients. In Greece, for example, lemons and yoghurt are essential items, while the Italians have adopted the tomato and made it their own. Spain prefers pork, while Greece and North Africa go for lamb, and herbs and flavourings change from one

country to the next.

Nevertheless, there are some items that appear to be constant all around the Mediterranean and further afield, such as in the Canaries.

OLIVE OIL

Northern Europe has traditionally used butter or lard to fry or cook with, but in those countries with enough sunshine to let gnarled, silvery-green olive

trees thrive, the oil pressed from the bitter fruits has always been used to cook with, to add flavouring and to dress salads. Olive oil's main health benefit is that it is mono-unsaturated, and thus less likely to raise cholesterol levels than other oils or animal fats.

WINE

Climate also caused a separation between northern Europe, where cultivation of wheat and barley



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meant beer was the most popular drink for centuries; and the south, where vines flourish in strong sunshine.

While beer is mostly composed of “empty calories” which give energy, but little else; wine has been shown to have strong health-improving properties – as long as you drink it in moderation.

FRESH FRUIT & VEGETABLES

Warmer weather allows you to grow more produce all-year round, which is why vegetables and fruit are such an essential part of the Mediterranean diet, while northern countries have always had to rely on a more limited range of seasonal staples such as potatoes or cabbages. Fresh fruit and vegetables retain more vitamins and the greater variety means a more rounded diet. It's also worth noting that garlic – still regarded with suspicion by many in Britain – is an absolutely essential ingredient in

Greece, Spain, Italy, France and elsewhere, and is an ingredient whose health-giving properties are well-established.

FISH

Fish is fresh, easily digested protein that is packed with vitamins, minerals and essential oils and has always been a major element of diets in Mediterranean countries. In Spain, Madrid's fish market – located hundreds of miles inland – is the second largest in the world after Tokyo's, and there is always a huge market for good, fresh fish. In Spain and the Canaries, fish and seafood are revered to a much greater extent than in the UK. It's food for celebrating, a symbol of good living.

All around the Med, fish takes the place of meat, which is eaten to a lesser degree and usually used as a flavouring, rather than the main element of a meal.

PULSES

Another vital source of protein, fibre and vitamins, pulses are perhaps the most overlooked aspect of the Mediterranean diet. Chickpeas, lentils, butterbeans and broad beans are eaten all around the Med, and also form a vital part of Lanzarote's diet.

DAIRY

Warm climates mean that milk is usually consumed in the form of cheese (in Spain, France and Italy) or yoghurt (Greece and North Africa). Both products contain important bacterial cultures that help to strengthen the body's defences and promote healthy digestion.

All the elements of the Mediterranean diet are widely available here on Lanzarote, in traditional restaurants and cafes with Mediterranean cuisine on the menu, as well as local supermarkets all offering the freshest ingredients available.

Sunday 12th & 26th May, Aroma Woodstock Brunch

It's our honour to invite all of you to our Woodstock concept – a brunch of the highest standards with local island products, aromas, and refined flavours, all served in a relaxed, colourful atmosphere to an evocative soundtrack. In addition, and to guarantee that your Sunday is an unforgettable luxury experience, after the Brunch you can enjoy our Lava Spa and heated pools.

- Hours: From 10 am to 12 midday
- Brunch, Spa and Heated Pools, from 10 am to 6 pm
- Second and fourth Sunday of each month.
- Price Brunch: 19.95€ per person
- Price Brunch, Spa and Heated Pools: 34.95€ per person

Enjoy Canary Island Day at our Lava Beach Hotel 30th May: Guachinche Gourmet

A tasting menu of the highest standard, with products from the island, five dishes full of memories and flavours of the island's cuisine, and a main dish, "Aroma a Brasa", prepared before your eyes on the barbecue.

- Hours: From 6.30pm to 10pm
- Tasting menu from 34.95€ per person.

Lava Beach
HIBISCUS HOTELS
Lanzarote

More information and reservations at aroma@hotellavabeach.com

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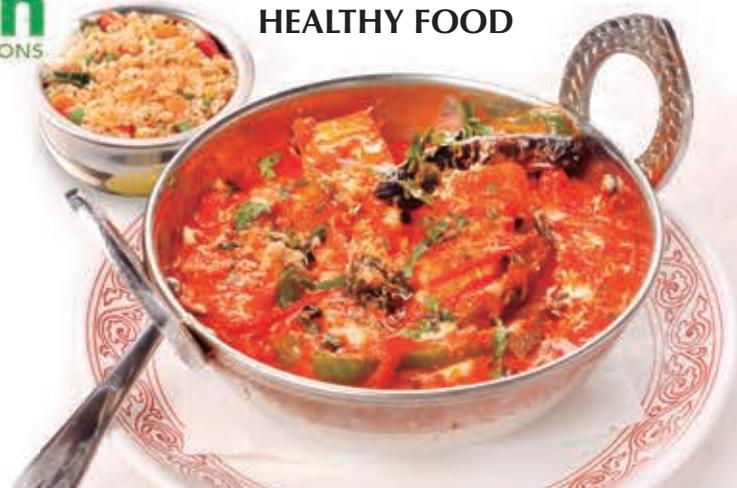
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Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations.

We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We'll cater it and it will be the talk of the town for quite a while.

Food has always been a passionate subject for us.

We love it here –

Lanzarote is really our home away from home – but most of all we love you, our dear guests. So enjoy, and if there is anything we can do to make your experience more pleasurable, do not hesitate to ask.

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BOLLYWOOD

Pto. Del Carmen Avenida de las Playas 67
Tel. 928 511 532
Near Sam Perfumes
Open daily 11.30am - 11.30pm



Sundown

Lanzarote nightlife isn't all about caning it until dawn – you can enjoy yourself after dark and still get your beauty sleep.

Spanish nightlife is famous for its full-on quality, with the real action starting around midnight and continuing well into the early hours. But if you prefer to get your head on the pillow at a civilized hour, there's still plenty going on in the early evening.

In fact, Lanzarote's huge tourist population, which is more mature than the hordes in Magaluf and Ibiza and largely comes from countries where the night is no longer young at midnight, has ensured that there's always plenty of buzz in the early part of the evening, too.

To check the truth of this, simply pop down to some of the popular areas in the resorts and see what's going on. In places like the Pueblo Marinero in Costa Teguise or the Old Town of Puerto del

Carmen, there's always an excited, happy, low-level buzz as tourists get dressed up and go out looking for a good meal and perhaps some live music or a show.

Make the most of the evening

Shopping centres such as the Biosfera are full of folks shopping, strolling, seeing and being seen; and now they also have the chance to catch a movie in the open air as well. At the bars and restaurants you'll see families, friends and couples chatting, laughing and simply enjoying the sultry evenings and the atmosphere.

Music is everywhere, many of the resident live bands in bars and restaurants take to the stage around 8pm, and the range of styles is amazing. You're guaranteed to find something to your taste.



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NEW
MENU

What's on

MUSIC

OLGA CERPA Y MESTISAY & BENI FERRER

1st May 8:30pm

Fiestas de Centenario César Manrique
Arrecife,
Escenario Manrique – Playa El Reducto



DIEGO BARBER + SIMBEQUE

2nd May 8:30pm

Fiestas de Centenario César Manrique
Arrecife, Escenario Manrique – Playa El Reducto

GORAN BREGOVIĆ

3rd May 8:30pm

Fiestas de Centenario César Manrique
Arrecife, Escenario Manrique – Playa El Reducto



LION KING TRIBUTE SHOW

4th May 5pm

Tías, Teatro Municipal, Entry: 15€

CARMINA BURANA – ORQUESTA SINFÓNICA DE LAS PALMAS

4th May 8:30pm

Fiestas de Centenario César Manrique
Arrecife, Escenario Manrique – Playa El Reducto

CONCERT LOS SABANDEÑOS + LOS GOFIONES + ACATIFE

5th May 5pm

Fiestas de Centenario César Manrique
Arrecife, Escenario Manrique – Playa El Reducto

JÓVENES CANTADORES

10th May

Teguise, Convento de Santo Domingo
Entry: 10€



TRIO CONTRASTE

11th May, 8pm

Venue tbc

IV MALVASOUL LOVE FEST

11th May, 12am

With DJs Pablo Fierro, Floro, Marcos Flores,
Sistah Vibes and Silvia Coco-Bassey
Costa Tegui, Sands Beach Hotel
Entry: 19€

CONCERT PAPAYA – SONIDOS LIQUIDOS

12th May, 1pm

La Geria, Bodega El Grifo
Entry: 18 or 25€

CONCERT ESTRELLA MORENTE

17th May, 9pm

Arrecife, Teatro Cine Atlántida.
Entry: €25

LANZAROTE ENSEMBLE

30th May

San Bartolomé, tbc

SKATOONS CHARITY CONCERT

31st May, 10 pm

La Grulla Bar de Cosas, Arrecife Marina
Entry: €5

All money will go to Arrecife homeless charity Calor y Café

EXHIBITIONS

INAUGURATION: CÉSAR MANRIQUE LANZAROTE

8th May, 7pm

Taro de Tahiche, Fundación César Manrique

INAUGURATION: EXHIBITION ENTRE ISLAS.

11th May, 12am

Arrecife, El Almacén

CINEMA

10th May to 18th May

FESTIVAL DE CINE DE LANZAROTE
Arrecife

THEATRE

ROMANCERO GITANO DE LORCA WITH NURIA ESPERT

11th May, 9pm

Jameos del Agua

Entry: 26€

DIVINO DESIERTO

11th May, 8:30pm

Arrecife, Teatro El Salinero

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ORIGINAL PALS CAR BOOT SALE

Every Sunday, 9 am.

Lanzarote A Caballo. Sellers arrive 8-8.30 am

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GREAT KENNEL KLUB SALE

4th May, 10 am – 2 pm

This month and the first Saturday every month.

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FARMERS AND ART MARKET

5th May, 10am

San Bartolomé, Plaza, Leon y Castillo

CAR BOOT SALE IN AID OF SARA ANIMAL CENTRE

11th May, 9.30 am – 12.30 pm

Tahiche Garden Centre

Call 646 838 749 for info or to volunteer.

LANZAROTE FASHION WEEKEND

18th May

With Ágatha Ruiz de la Prada

Jameos del Agua

REGULAR EVENTS

...EVERY MONDAY...

9am - 2pm: Market, Caleta de Sebo, La Graciosa

...EVERY TUESDAY...

9am - 2pm: Farmers Market, Pueblo Marinero, Costa Tegui

9am - 2pm: Market, Puerto Calero

9am - 2pm: Market, Caleta de Sebo, La Graciosa

7.30pm: Jameos Nights, Dinner and Live Music, Jameos del Agua

Entry: 39,90€ (concert only: 11,50€)

...EVERY WEDNESDAY...

9am - 2pm: Market, Playa Blanca, Marina Rubicón

9am - 2pm: Market, Caleta de Sebo, La Graciosa

6pm - 10pm: Handicraft Market, Pueblo Marinero, Costa Tegui

...EVERY THURSDAY...

9am - 2pm: Market, Caleta de Sebo, La Graciosa

...EVERY FRIDAY...

9am - 2pm: Market, Puerto Calero

9am - 2pm: Market, Caleta de Sebo, La Graciosa

10am - 2pm: Market, Old Town, Puerto del Carmen

5pm - 10pm: Market, Pueblo Marinero, Costa Tegui

...EVERY SATURDAY...

9am - 2pm: Market, Playa Blanca, Marina Rubicón

9am - 2pm: Market, Arrecife, Plaza Iglesia de San Ginés

9am - 2pm: Market, Caleta de Sebo, La Graciosa

9.30am - 1.30pm: Market, Uga

10am - 2.30pm: Market & Handicraft Market, Haría, Plaza

7.30pm: Jameos Nights, Dinner and Live Music, Jameos del Agua

Entry: 39,90€ (concert only: 11,50€)

10pm: Asadero Macher, International Live Music, Mompas Duet

...EVERY SUNDAY...

9am - 2pm: Market, Tegui

9am - 2pm: Farmers & Handicraft Market, Mancha Blanca, Tinajo

9am - 2pm: Market, Caleta de Sebo, La Graciosa

1pm - 5pm: Cuban music, El Patio Creperie, Tegui

3pm - 5pm: Jazz session at the Crafty Cow, Puerto del Carmen

8am - 2pm: Lanzarote A Caballo Car Boot Sale

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Art & Culture

Lanzarote Fashion Weekend

18th May, Jameos del Agua

Ágatha Ruiz de la Prada's scarlet love heart is one of the most famous logos in Spain, a reflection of the designer's vivid, simple and immensely appealing approach to fashion. In contrast to the great Balenciaga, who made sumptuous black his trademark, de la Prada is a riotous rainbow and a self-declared "enemy of black."

Born in 1960 to an aristocratic family, de la Prada burst onto the cultural scene in the early 80s during Madrid's "movida" - an explosion of art, music,

film and fashion. Later, she designed for Spain's most famous department store, El Corte Inglés, where her bold, colourful and often child-like designs have captivated millions.

De la Prada will be the special guest of honour at Lanzarote Fashion Weekend, an event whose first edition last year was a great success. Custo Dalmau of Barcelona will also be present for the second year running, and there'll be music, food, design, celebrities and fashion galore.



Agatha Ruiz de la Prada

A star is born

17th May, Teatro Cine Atlantida, Arrecife

The arrival of Estrella Morente on Lanzarote on May 17th is unbelievable news for flamenco fans; an event that brings one of the foremost exponents of Spain's most vital living folk tradition to this island.

Estrella's father, Enrique Morente, is perhaps the most influential flamenco singer of the late 20th century - a raw, thrilling voice and a tireless and controversial

inventor of the cante tradition. Her mother, Aurora, is a flamenco dancer from the famed Carbonell family.

Estrella Morente has gloriously continued that rich family tradition, with acclaimed albums that pay homage to legendary flamenco performers artists such as Pastora Pavón, appearances in films and acclaimed performances all over the world.



Estrella Morente

Sonidos Líquidos

12th May, Bodegas El Grifo

Papaya are one of the freshest concepts on the current Spanish pop scene. Led by the Canarian Yanara Espinoza, whose striking image nods to the fashions of the 80s and the 60s, the four-piece have been one of the biggest attractions on the festival circuit over the last three years. Yanara says her roots are in rock, but the influences that Papaya display range from Latin America to Jamaica, from synth-pop to 60s beat, with surrealist humour. On 12th May, Papaya will be the headline act at Bodegas El Grifo for the penultimate concert in this year's Sonidos Líquidos programme. Don't forget to book your ticket for the Malvasia Volcánica Weekend on June 8th, Lanzarote's biggest festival.



Papaya (Yanara Espinoza)

Canary Day

30th May, island-wide

30th May is Canary Islands Day – a regional holiday when all eight islands celebrate their shared heritage.

And this year on Lanzarote, it's going to come at the end of an incredibly busy month, which will start with a new Spanish government, see several fantastic events to celebrate César Manrique's centenary, as well as the local and EU elections on May 26th.

This is a day to wear Canarian traditional dress, enjoy hearty Canarian food, listen to trilling timplés and choruses singing their hearts out, and celebrate all those things – from Canarian wrestling to wrinkled potatoes – that define these islands.

Wherever you go there'll be special events, but it's a good idea to check your local council's culture department closer to the day itself.



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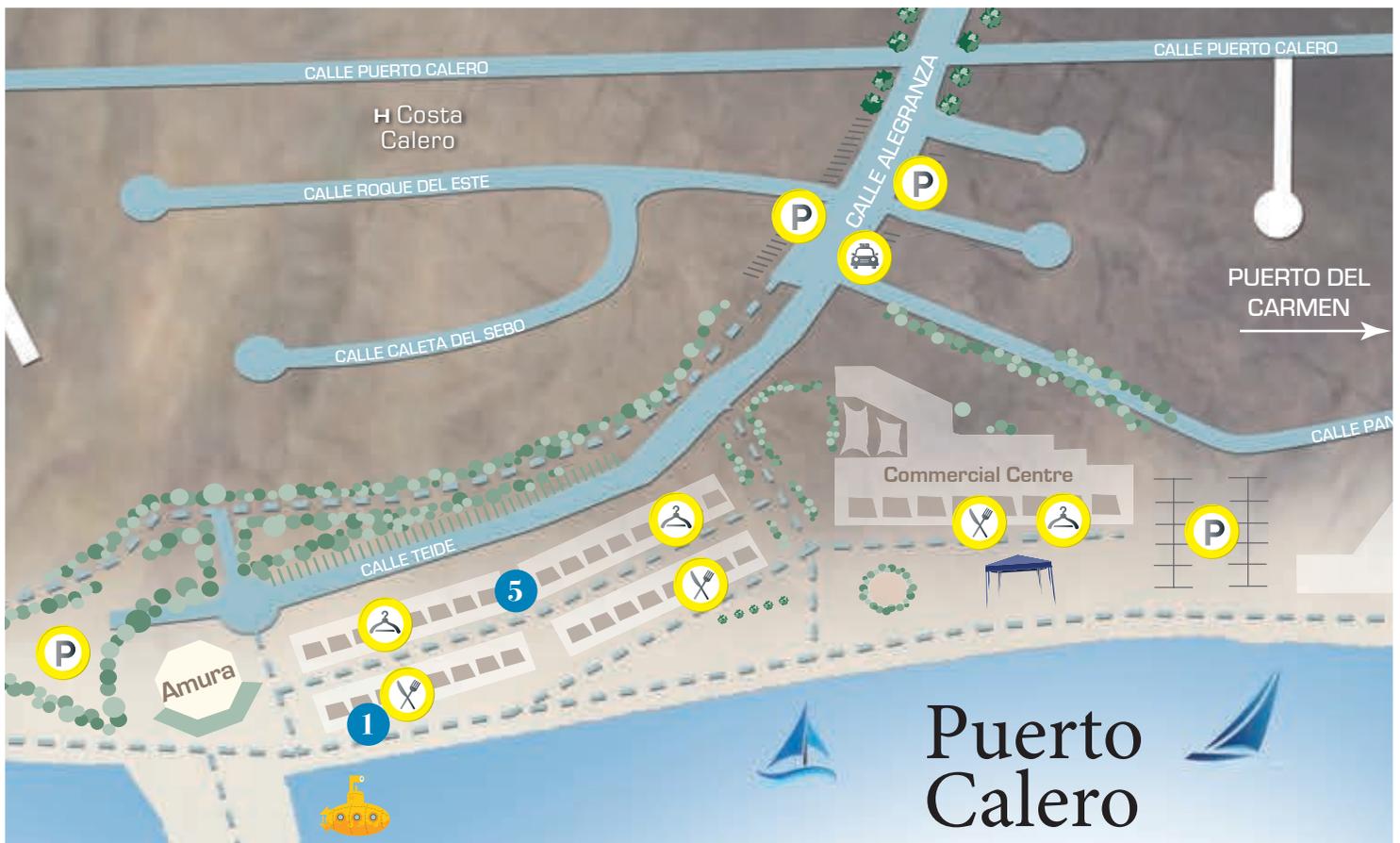
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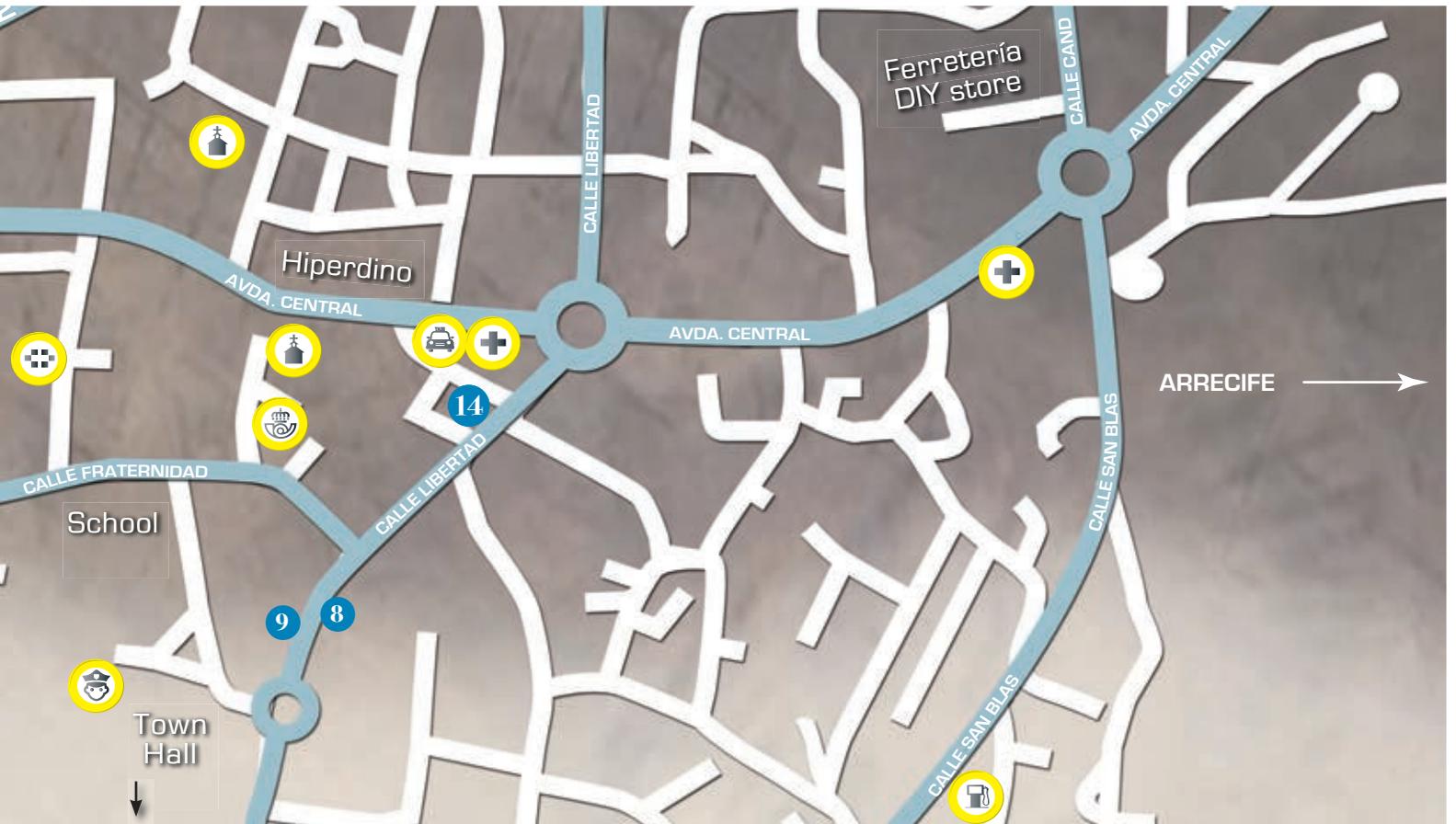
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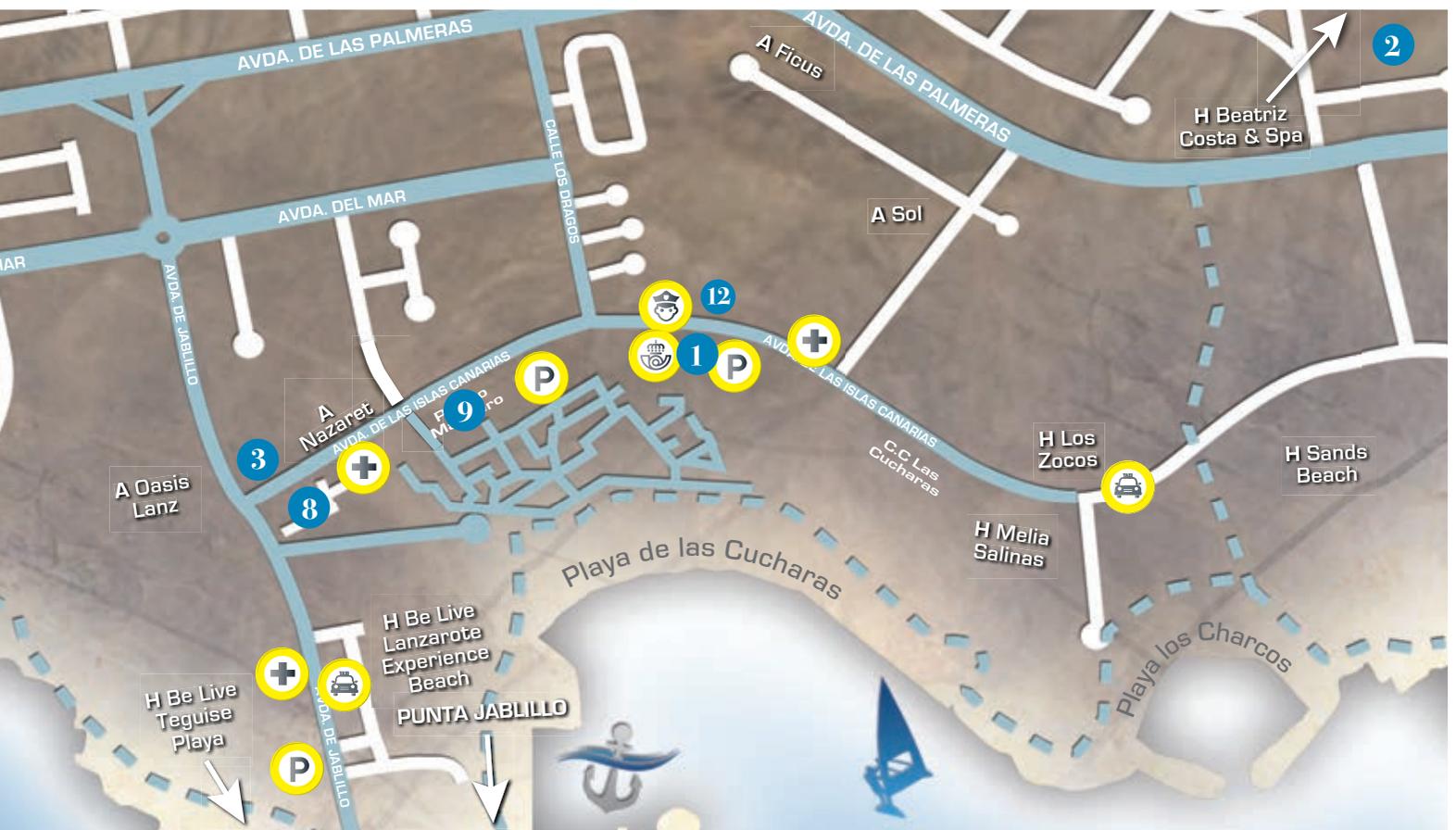
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Ref 325 - PLAYA BLANCA

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REF. 319 - PLAYA BLANCA

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Ref 240 - PLAYA BLANCA

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MY HOME

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PROPERTY SHORTS

GOLDEN VISAS ON BORROWED TIME

The EU Parliament has added its voice to the European Commission in demanding a crackdown on “Golden Visa” schemes such as the one operated in Spain.

A vote last month supported a hard-hitting report from the parliament’s committee on financial crime and tax evasion which called for all Golden Visa schemes to be “phased out” as soon as possible.

The parliament stated that residency and citizenship via investment schemes, “do not offset the serious security, money laundering and tax evasion risks they present.” Although the resolution is non-binding on member states.

Markus Ferber



EU legislators believe that selling visas and passports is an invitation to tax-evasion and money-laundering by wealthy individuals from countries where corruption is rife. Luxembourg, Cyprus, Ireland, Malta, Hungary, Belgium and the Netherlands have also been accused of acting as tax havens.

“A good first step to combat intra-EU money laundering would be to get rid of the so-called ‘golden visas’ which are a gateway for money laundering and organised crime,” said Markus Ferber, head of the conservative group in the parliament’s economic committee.



PALACE IMPROVEMENTS

The Spanish government has approved €30,000 for improvements to the Royal Palace at Las Maretas near Costa Teguisse. The money will be spent on improving sports facilities and a helipad at the palace.

A further €110,000 a year is devoted to the upkeep of the palace and the wages of four staff who work there permanently. In 2015, King Felipe

VI donated the palace to the Spanish state on the condition that it be used for the “promotion of tourism”.

President Pedro Sánchez visited the palace for New Year, and it was also a popular holiday location for the previous Socialist President, José Rodríguez Zapatero. Spanish royalty has rarely used the palace since the Queen Mother choked to death there in the year 2000.

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🛏️ 3

🚿 2

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WELL I DECLARE!

As the tax returns season starts, Spanish tax authorities will inform over 700,000 contributors that they are renting properties and are obliged to declare the income. A further 2.2 million taxpayers who receive income in other countries will be reminded that they need to inform the Spanish inland revenue of their operations.

The expected rise in rental declarations follows laws that have forced online rental platforms such as Airbnb to provide details of their clients to the tax authorities.

This year, almost 15,000 people will also be informed that income gained from cryptocurrencies are taxable.

HOLD ON TO YOUR HOUSE

A Spanish family will wait for an average of 14 years 8 months before reselling their home, according to recent figures from the Registrars College. This period of time is more than double what it was in 2009,

shortly after the property market had collapsed.

In fact, 70% of current Spanish homeowners have lived in their property for over 15 years.

Fernando Acedo-Rico, of the Registrars College said, "This statistic shows that the growth in the sector where buyers are purchasing properties to live in and not to resell is more realistic, more healthy and less volatile than during the boom years."

The figures also showed that 82.5% of Spanish buyers buy second-hand, with just 17.5% buying new builds. This reflects the higher prices for new builds, but also their scarcity. The hundreds of thousands of homes that were built in the boom years and remained unsold can no longer be classed as "new", and the recovery of the construction sector has been slow.



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REGISTERING GUESTS

As the summer approaches - and Spain's tax season is well underway - it's worth highlighting the requirements for holiday rental owners.

Since 2016, rental owners have been required to register details of all guests over the age of 16 with the Guardia Civil within 24 hours of their arrival. To do this, you must first register the property at your local Guardia Civil office, after which details of guests can be entered online.

A recent enquiry about whether this applies to non-paying family and friends led us to investigate the matter, and it seems that it is probably a wise idea to do so.

Put simply, if the registered owner of the property (whose name appears on the deeds) is present in the property while family and friends are staying, then there is no requirement to register those guests.

If, however, the owner leaves the property while family/friends are staying there, then they are legally required to register with the authorities.

These requirements result from a Spanish anti-terrorism law aimed at giving the authorities an idea of who is in their area at any given time. The law has nothing to do with tax.

However, if you are renting a property in the Canaries, and regardless of whether you have an official licence to do so or not, you will be expected to declare the income for tax purposes. Non-resident owners must do this on a quarterly basis while residents should declare income on their annual *declaración de la renta*. Tax season for this is underway right now, and will end in June.

IGIC (VAT) must also be paid on a quarterly basis. The current rate on the Canaries is 6.5%. Rental owners are advised to make out and keep receipts and invoices for all transactions relating to the property.

Tax liability and the licenced status of your property are unrelated. The tax authorities do not share information with regional inspectors. They are not interested in the legality of your property, only in the declaration of the income. Failure to fully declare that income can result in fines and estimated tax sums that may be far higher than your real income.

In both the above cases, it is advisable to contract the services of a professional who can fully advise you on your duties, and even carry them out for you.

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REF: 973 - €250.000



This fabulous 4 bed 3 bath villa in Playa Blanca is located in an elevated position offering panoramic views of the sea

REF: 1009 - €425.000



Nice and cozy 1 bed 1 bath top floor apartment located in PUERTO DEL CARMEN near the promenade with great sea views and very close to the beach.

REF: 1021 - €124.000



Modern 3 bed, 2 bath semi detached duplex for sale near the local school in PLAYA BLANCA situated in a popular area for families sold fully furnished.

REF: 1034 - €165.580



Luxury 5 bed, 3 bath villa with outstanding potential located in PLAYA BLANCA situated only 200 metres from a beach and with its own large private pool.

REF: 968 - Price €385.000



Ground floor apartment in excellent condition with terrace in PLAYA BLANCA. 2 bed, one with built-in wardrobe, a large bathroom with bathtub and living room with open kitchen, direct access to terrace, close to school.

REF 1056 - 106.000€



Lovely semi-detached duplex with 2 or 3 beds, 2 baths private pool and private plot located in a quiet residential complex close to the marina in PLAYA BLANCA. Only a few left!

REF: 1000 - Price: €175.650

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PROPERTY BUYERS GUIDE

This article is a general guide to buying real estate in The Canary Islands. It has been compiled from the knowledge and experience of a number of professionals involved in the selling, buying and conveyancing of property in Spain, but it should not be taken as a substitute for proper legal advice.

LOCATION

Is your property is intended for holiday use, longer term visits, or do you intend to live here year round? Your choice of location should take your needs into account, such as schools, medical services and recreational outlets.

RESEARCH

You need to know a great deal more about your property than you would if you were just spending a couple of weeks there. If there is a community association, ask your neighbours if it is well run. Ask about the community fees - don't forget that if you are in a Community you are legally obliged to pay these.

BUYING THE PROPERTY

First, make sure that the person selling you the property is entitled to do so. Your agent will be able to supply you with a list of suitable lawyers to act on your behalf, or the British Consulate in Las Palmas

can provide a suitable list on request. Your lawyer needs to check out your intended property thoroughly.

A check of legal title will be made through a search in the local Land Registry Office, which will also indicate if there are any mortgages or charges against the property. If you are buying a plot of land, the lawyer will also check if you can obtain permission to build on the land, and what size and type of property you can build. Once you have been assured by your lawyer that all is in order, you will need to sign a Contract of Purchase raised by a lawyer, and pay a deposit which is usually 10% of the intended purchase price; this deposit is normally held by the lawyer who has been appointed to arrange the signing of the Title Deed.

The contract will state the terms and conditions of the sale and will state a specific time for completion of the. If you decide, up to this completion time, that you cannot proceed with the purchase, you will forfeit the deposit paid, but if the seller changes his mind, he must return the deposit to you in full, plus a compensation payment for damages.

The next step is to complete the transaction by making the outstanding balance of payment and signing the title deed, which is known in Spain as the Escritura. This must be done in the Notary's Office. The Notary's task is to ensure that all of the legal documentation is correct. He will also carry out a search in the Land Registry Office on the day of signing to check the current status of the property or land (and will require the last annual rates receipt from the council in which the property is situated), that this is up to date as well. It is essential to ensure that your lawyer has current receipts for all other payments such as water, electric and community charges, as debts such as these in Spain are levied against the property and not the owner. Notaries now also demand an Energy Performance Certificate. When in the Notary's Office, you will be asked to produce your passport as evidence of identification. You will also be advised to obtain a NIF number, which your lawyer can arrange for you.

MONEY MATTERS

If you are not resident in Spain and are buying property or land it is advisable to bring money from abroad to complete the purchase. It is simple to open a non-resident account in a local bank, and your estate agent will normally help you with this. You can then transfer your funds from your own bank in the UK to this new account. On the signing of the new Title Deed your

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cheques for payment will be shown to the Notary and included as part of the documentation of the deed.

They must be inscribed with details of the property of land to be purchased, or have an investment certificate from the issuing bank attached. The Notary will also require you to sign a Spanish ministry form, declaring that the investment has been made. It is also possible when purchasing from a non-Spanish resident to pay the completion funds abroad in any currency. In this case, the deed will state an equivalent amount in Euros, as this gives the value in which the transmission tax (stamp duty) is calculated. You will have to produce more than one cheque as you will be liable for capital gains tax. In this situation, a sum of 3% calculated against the value declared in the title deed will need to be retained and paid to the Spanish Tax Authorities.

Estate Agent's fees are normally paid by the vendor and the details of the specific percentage to be paid will normally be noted in the Purchase Contract.

Some unscrupulous illegal agents have been known to charge the purchaser as well as the vendor for their fees, so ensure this is not the case. You may well also find that the price of your title deed is not exactly the same as the cost of the purchase, as some sellers prefer to treat the furnishings and fittings, if they are included, as a separate item.

REGISTERING THE PURCHASE

To complete the transaction you must register the deeds at the Registro de la Propiedad (Property

Registry). When the deeds are taken to the Registro, the purchase tax of 6.5% of the value of the property must be paid.

Later the Registro will request a second payment to cover their charges. In addition, a tax to the Local Authority, based on the increase of values of land in their area since the property last changed hands (known as 'Plus Valia') is payable.

This is often negotiated between the vendor and purchaser. Your Lawyer can get an estimate in advance of the purchase, so that you have the funds ready. At the same time, a form should be entered to the local authority, advising them of the change of ownership. You should remind whoever is doing your paperwork about this, as it is often forgotten.

Residents must also be tax registered in order to sell property and avoid retentions, even if they pay no tax.

OTHER COSTS

Other costs include the Transmission Tax, the Notary's bill, the fees from the Registro and your lawyer's fee, which will probably come to about 10% of the purchase price.

Your Lawyer will ask for these funds to be placed with him before the work is done as clients have often disappeared leaving these bills unpaid.

Non-residents will be liable for property tax, while residents will pay the IBI assessed by the local council.

OUTSTANDING BILLS

When you buy a property you become liable for any outstanding bills for water, electricity, local rates and community fees. Both the Electricity Board (UNELCO) and the Water Company (CANAL GESTION) have forms which you and the seller must sign, to transfer the bills into your name. When you go to do this check that all payments are up to date.

Local rates are payable at the Town Hall. You or your representative will need to visit the 'Oficina de Recaudacion' at the Town Hall to complete the form changing the rates into your name, and again, checking that all payments are up to date. As bills are not sent out for the rates, property owners often forget to pay them, and they can soon mount up.

THE COMMUNITY OF OWNERS

The Community of Owners is a Spanish institution affecting any property owners who enjoy shared facilities and services, such as lifts, swimming pools, gardens and communal garages.

Information about your Association must be freely available to you, as do the accounts which have to be published to the members every year. You should check before you buy that your Community Association is functioning well, how much the monthly payment is, and whether the payments for your intended property are up to date.

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10
Please see
Playa Blanca Map
for location

The Human Element



Le Corbusier (right) and one of his iconic buildings



Location is not the only factor to take into account when buying a property. On Lanzarote, the human factor may be every bit as, if not more, important.

Property buyers are now used to reading about "assets", "investments" and "potential returns," but while financial considerations will always remain important, is it possible that we may be losing sight of the real purpose of our homes?

When the famous architect Le Corbusier claimed to design houses that were "machines for living in," he put his finger on a very important truth – houses are for human beings. This influence can be seen on Lanzarote in modern homes, with open indoor-outdoor transition areas that are perfect for human interaction.

Every home should be able to accommodate all the

things that human beings do every single day – not just the necessities such as sleeping, bathing and eating, but also those less-obvious human requirements such as socialising with families, relaxing in a calm environment and stimulating our highly-evolved aesthetic senses.

Human beings are highly social. Unless you are a hermit, you'll not only have a family nucleus in your life, but also an extensive network of social

links to friends and acquaintances. Some of these will be the people who live closest to us – those strange and fascinating creatures we call our neighbours.

"Architect Le Corbusier claimed to design houses that were 'machines for living in'."

The idea of neighbours is still overwhelmingly positive. Even if it's just nodding and saying "Good morning" (or "Buenos días") is still seen as a virtue, and although it's one of those things that

is never reflected in house prices, it's something that can drastically affect your quality of life.



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INTERIOR

Elements



One of the simplest truths about decor is the fact that we love both repetition and variation; they make us feel comfortable and safe. There is a way of blending both these elements to make the perfect indoor space, by experimenting.

“One of the most recognisable examples of repetition with variation is Hilda Ogden’s three flying ducks.”

Indeed, we can see the idea everywhere we look once we’re aware of it – in three piece suites, in kitchen fittings, in crockery sets. The idea that the contents of our home reflect each other while retaining their individual identity is basic to our sense of order.

But sometimes we can forget exactly how effective the idea of sets are. Nowadays we’re encouraged to look for one, single central focus piece in our living room, but we could just as easily use two or more similar pieces.

For the perfect example, look at how paintings

are nowadays often mounted on three or more frames, each section with a part of the final painting on it, which are combined together to fascinating effect. These sectioned artworks can come in all sorts of varieties – from three piece works reflecting the classical triptych style to more modern, asymmetric works consisting of different sections. Nevertheless, they are always engaging and dynamic, attracting interest immediately.

Cushions, throws and rugs can also achieve similar effects, and repeating the colours and patterns of each is a task that is far more skilled than just matching, requiring a sense of equilibrium and dynamism.

With ornaments, dynamism is especially important, and you’ll be able to work in three dimensions, drawing the eye in and creating illusions of depth and size.

And perhaps the most stunning way that this technique can be used is with natural elements – plants, stones and pieces of wood that are each beautiful in their own right, yet which have been carefully chosen to complement and reflect each other.

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High Jewellery



BLOCK *Party*

Colour blocking is still a hugely popular technique in interior design, appealing to young hipsters and anyone with a fondness for the 60s. And here on Lanzarote, you can really afford to go for it!

Colour blocking is based on the colour wheel, a centuries-old method of ordering colour that is based on the way light is distributed on the spectrum. It simply reflects the way the primary colours of red, blue and yellow blend and change, taking in green, orange and purple shades along the way.

Blocking is the opposite of matching. So instead of buying azure blue curtains to match your azure blue sofa, you'll look at the colour-wheel, see that orange is directly opposite blue and invest in a set of tangerine curtains. Blocking is all about complementary contrasts – blue and orange, green and red, purple and yellow, and countless shades in between.

Although the classic colour wheel only features gradations of the main primary colours, more

elaborate wheels introduce lighter, less saturated elements of all the colours, meaning that pale lilacs lie opposite daffodil yellows, pretty pinks complement mint or pistachio greens, and sky blues team well with coral and salmon shades.

Even then, colour blocking leaves out black, white and all the shades of grey in between. However, as these shades are generally considered as neutrals, they simply offer the backdrop or contrast for your colour blocking experiments to take off. Look at the paintings of Piet Mondrian, the painter who is credited with developing colour blocking, in which primary colours are offset by white squares and black outlines.

Big blocks

In interior design, the term blocking

is also used to refer to the use of large, solid slabs of vivid colour. You don't necessarily need a colour wheel for this technique, in which bright colours are teamed with softer, paler shades of the same colour – a vibrant tangerine with a pale peach, for example; or bright lime greens and darker moss shades.

What's really important here is big chunks of colour, and items such as beds, sofas, rugs, cupboard doors and curtains are perfect for making this kind of statement. However, spectacular effects can also be obtained by painting blocked wall areas and accentuating them with panels or frames.

Material blocks

Be careful not to concentrate entirely on colour – you're not painting a picture, you're decorating a three-dimensional living space, and textures and shapes can also

be brought into play. Wood, for example, comes in natural finishes ranging from pale pine to deep, dark teak, and the lustre and gleam of metallic elements can really set off a blocked colour scheme.

Room to experiment

Remember that some rooms lend themselves to blocking more than others. A kids bedroom, for example, is the perfect place to go for some really adventurous blocking, while an adults' bedroom might require a more relaxed, chilled out approach to blocking.

Blocking is ideal to prevent your kitchen from becoming a dull white space, and bathrooms provide a chance to experiment with tiles and mirrors. Living rooms on Lanzarote are also a brilliant place to block, with day-long sunshine and vibrant colours giving a stimulating, satisfying place to relax.

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Creating Harmony

The ancient Chinese art of Feng Shui may not spring to mind when you're considering where to put a jacuzzi or hot tub, but the philosophy of balance and flow embodied in it makes for good principles of design from any point of view.

Feng means "Wind" and Shui means "Water", both of which are in abundance on Lanzarote, of course. Together Feng Shui is the "art of living in harmony with the earth". When we live our lives in balance and harmony, we are filled with happiness, contentment, and abundance. Feng Shui is a Taoist based vision of the natural world; alive and filled with "Chi", or energy. The ancient Chinese believed the land's energy (chi) could be positive or negative (yin or yang).

Feng Shui is an art form that has been practiced in the Far East for over five thousand years.

Yin and Yang are two opposites in the Living Universe. Yin is represented by black while Yang is white. Classic examples of yin and yang are; night versus day; short versus

tall; and male versus female. While they are opposite, it is also true that one cannot exist without the other. Without night there is no day and without black there would be no white... Thus, yin and yang energies are constantly interacting with each other in our daily lives,

Practitioners of the yin-yang concept advocate the need of a balance between the two forces.

Feng Shui is just another example of this eternal striving for balance that is at the heart of the Chinese way of looking at the world and forms the foundations of their way of medicine, of food and cooking and the way we exist in relation to the things that surround us in the world.





COLOUR YOUR

World

In spite of the white, Lanzarote's still offers brilliant opportunities to make the most of colour and colour-blocking techniques in your outdoor space.

are a cheap and brilliantly effective way of adding a deliciously gaudy daub of colour.

Without options such as rugs or curtains, you'll also have to seek other ways to incorporate other large geometric expanses of colour outdoors. These could involve awnings, pergolas or sailshades; or you could simply buy a few pots of paint and enjoy the fabulous feeling of painting a wall in a vibrant colour.

Lanzarote is a riot of colour, and in your outdoor space you can really use it to the best effect, making a bold statement while reflecting the island's heritage.

Colour-blocking often involves large expanses of primary colour, and on many properties the most noticeable slab of colour will be provided by the swimming pool. Swimming pool blue is opposite orange on the colour-wheel - something César Manrique may have thought of when he placed

bright orange space-age plastic furniture by the pool at his home in Haría.

Furniture will be one of the main ways you can make a visual splash outdoors, and you've got plenty to choose from. Just take a look at beaches or hotel poolsides to see how colourful sunloungers can instantly liven up a neutral background. It always pays to be a little bold on Lanzarote, but even if you'd rather play it safe with white or neutral outdoor furniture, cushions, blankets and throws

And then, of course, there are plants. Here on Lanzarote the natural wild flora generally comes in fresh, silvery or pale shades, with yellows and greens predominating. This is a palette that can be surprisingly attractive, but many property owners will also go for the intense colour of bougainvilleas, hibiscuses and other wonderfully exotic plants. Even geraniums do the job brilliantly.

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Tough STUFF

On Lanzarote there are a few very simple things you'll want your home to do above and before anything else.

Function,
control,
safety.



First, you'll want it to keep the weather out. This is an island with scorching sunshine during the summer months, occasional torrential rains in the winter and spring, and winds from the north east which bring fine weather, or south-easterlies that can cause dusty calimas.

We welcome sun, rain and cool breezes, but we

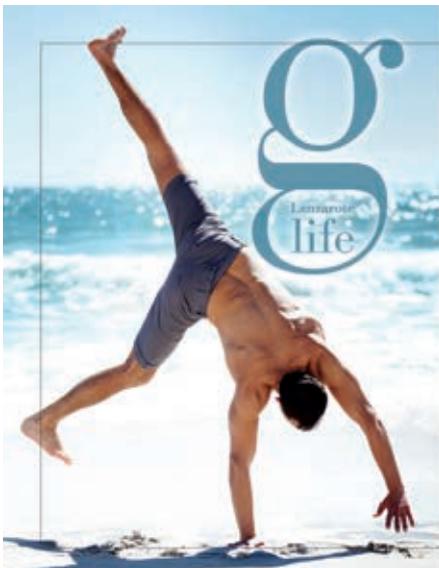
don't necessarily want them in our home. This is the same everywhere in the world, and human ingenuity has

given rise to all kinds of technological solutions to protecting and sealing your property.

Secondly, you want control. In the mornings we love raw sunlight and fresh breezes in our homes. Later, we'll want shade and calm coolness or comfortable

warmth. We need to let air get into our home to ventilate it and, of course, we need to get in and out of the house easily.

Finally, you'll demand safety. The assurance that the materials that your home is constructed of are not a hazard for children or careless adults, and the peace of mind that comes from knowing that, although burglaries are rare here, your home is



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Tough STUFF



capable of being locked down securely while you're away.

These demands have been addressed by generation after generation of architects and builders and technology has given us an amazing array of choices. Here are just a few of the materials that you'll find on Lanzarote, and their respective benefits.

Wood

Wood is almost certainly the oldest material that has been used to seal property. Light, workable, tough and attractive, it's still one of the most popular choices for doors and window frames. It's also a brilliant

insulator, a low-conductive material that never heats up or cools down too much. However, one look at the older, abandoned tumbledown houses dotted around the island will illustrate one thing – wood needs maintenance.

Wood needs to be sealed to avoid damp, rot shrinkage and warpage, and the paint, varnish or other sealant we use needs to be reapplied every few years. Another drawback is that, while wood is flexible, it can't be worked as easily as plastic or metal. That's why we need putty for window

frames, and why skilled carpenters are still in high demand.

Aluminium

Light, tough, malleable and lustrous, aluminium is a great choice for all sorts of elements in our home, from window frames to balcony rails.

If you have large, sliding patio doors, aluminium will almost certainly be involved – other metals are simply too heavy. Aluminium shutters are also everywhere on Lanzarote, once again because of their lightness and the way they can incorporate adjustable slats. And while aluminium is not the



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strongest metal, the fittings are designed to give the greatest of structural strength. An aluminium door or window shutter is as secure as you'll ever need it to be, and will last for several decades.

Steel

Stainless steel is chosen for its strength, its cheapness and its lustrous beauty. That strength comes into play when you need genuine security, such as with rolling doors and shutters to protect business premises, or garage doors. Steel doors will often be motorised, meaning the weight of the material is not a problem you'll have to worry about.

Plastic

UPVC is probably the most versatile material for doors, windows and other fittings – easily moulded into any shape required, tough, waterproof, low-maintenance, non-conductive and available in a dizzying range of colours and styles.

Plastic is also stronger and tougher than ever before, and relatively cheaper than metals. On Lanzarote, its insulating properties and sound-proofing are also an important consideration in certain areas.

Glass

It's hard to imagine the world before glass, but you only have to visit some of the older farm buildings on Lanzarote to see the dark, smoky, conditions many people lived in

before it became widely available. It allows light into our home while keeping the worst of the weather out, and recent technology has ensured that it is tough and safe.

Double glazing also insulates your home from excessive heat as well as cold, and new developments in air conditioning mean that glass is becoming a much more frequent feature in Lanzarote home design.

Your choice of material will depend on many things. Budget will be an important consideration, but so will the use you get out of your home. For example, if you have a pretty rural property, you may feel that the maintenance of wood is well worth it for the traditional look. In urban areas, metal and UPVC provide secure solutions and sleek, attractive looks.



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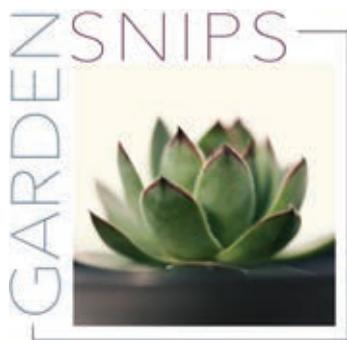
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FROM HERE TO PARIS

The Paris Daisy (*Argyranthemum frutescens*) is a hugely popular garden plant throughout the world – its joyful white petals and yellow centres brighten up any garden, an exuberant, larger-than-life version of smaller wild daisies.

But it has nothing to do with Paris – this small shrub is a Canarian native margarita found on all seven islands, especially in coastal areas. They flower about now, and those blooms may last all summer in the right conditions. Several cultivars of the margarita have been bred and it's not difficult to find all white versions, greeny yellow varieties and even pink-petalled margaritas.

Dedicated gardeners can even sculpt the shrubs into attractive pom-pom bushes.



MARIPOSA TIME

Lanzarote has 16 species of butterfly, and this

season is a great time to attract them to your garden.

Butterflies are attracted to flowers and greenery, which is why gardens – whether they're public parks, hotel leisure spaces or your own yard – are the best place to spot them. The island is home to several varieties of blues and whites, as well as Tortoiseshells, Red Admirals and Painted Ladies (you may remember swarms of these pretty creatures arriving last year).

Most memorable of all is the Monarch – an undoubtedly regal butterfly that makes transatlantic migrations and seems to be more and more common here.

The famous "Butterfly Bush", buddleia, is prohibited in Spain, but lavender, fennel, oregano and many other flowering plants will bring butterflies flocking.

TOUGH GUYS

Agaves are the tough guys of Canarian gardens, towering over puny aloes and putting cacti to shame with their pointy, serrated spikiness.

There are six varieties of agave found here – americana, attenuata, ferox, fourcroydes, sisalana and foetida - all of which have large rosettes of large, succulent leaves with sharp, woody pointed tips. Most have serrated leaf edges, too, and gardeners will need to take great care when dealing with these monsters.

But their sheer exoticism, in-



your-face weirdness, and don't-mess-with-me attitude make them a valuable addition to any garden. Just be careful that kids and pets don't get too close.



Gardeners know all the dirt

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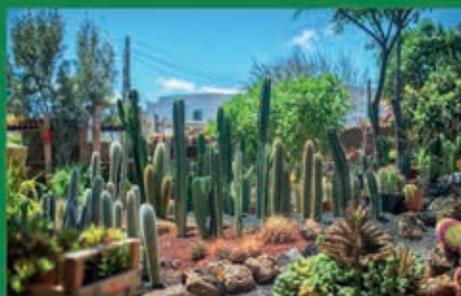
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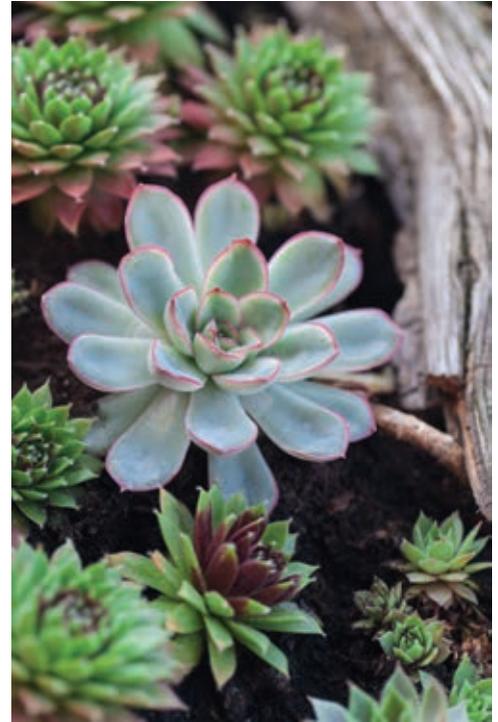
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MAY Flowers

Colour-blocking in your garden is a challenge, but it's one you can rise to with the help of those sweet-smelling friends called flowers.



Human sex is a lot of fun, but there's no denying that our private parts aren't the prettiest parts of our bodies. However, if we were more like plants and had to wait for insects to come and do the fertilising for us, they would probably be a lot more colourful and fragrant.

Flowers are simply nature's way of advertising nectar. This brings bees, flies and moths to the shop, and the payoff is that they accidentally get to carry pollen to the next flower, fertilising it and leading to fruits, seeds and lots more little plants.

Fragrance is one way to attract the insects, but colour is almost certainly the most widespread. Plants have developed an immense range of shades, hues and patterns that set those little insects' mouths watering, and humans have also loved and admired them for as long as history.

There isn't a colour on the spectrum that flowers don't reflect, but when planning complementary planting in your garden, you need to have an idea of what's possible.

Here on Lanzarote, solid beds of vividly coloured flowers will require an immense amount of care and maintenance. Flowers are the most vulnerable parts of a plant, and the conditions here are not kind to them. That means they're generally more sparsely distributed.

Planting will therefore be question of painting with a fine brush, using plants as details and employing contrast - white walls, black picón - to make them stand out.



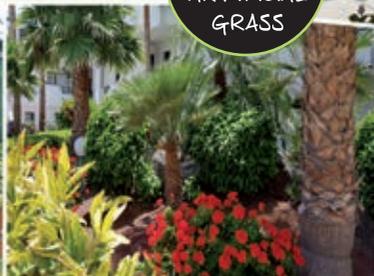
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Here are some examples of flowers from every shade on the colour wheel. Complement with the shade directly opposite on the wheel, or move gradually around the wheel, allowing blue flowers to give way slowly to violet or mauve and so on. And don't forget that white flowers also offer amazing opportunities for contrast.

Red

Poppies, geraniums, chrysanthemum, amaryllis, zinnia, anemone, crown-of-thorns, calla lily, carnation, hibiscus.

Purple

Bougainvillea, lavender, lilac, violets, heliotrope, verbena, clematis, campanula, salvia, indigo, dianthus

Yellow

Daisies (margaritas), dianthus, yarrow, zinnia, sunflower, jessamine, pansy, prickly pear, antirrhinum

Orange

Begonia, strelitzia, chrysanthemum, fennel, aloe, zinnia, dahlia, red hot poker.

Green

Green, of course, is the colour of leaves and a background neutral in most gardens.

Blue

Cornflower, globe thistle, hydrangea, gentian, hyacinth

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T Factor



Volkswagen T-Cross 1.0 TSI 115PS R-Line
Transmission: 6-speed manual. Front wheel drive.
Engine: 1.0-litre three-cylinder turbo petrol
Power/torque: 113bhp/200Nm
0-100 kph: 10.2 seconds
Top speed: 193 kph

The new Volkswagen T-Cross looks set to be a hugely popular smaller SUV in the Canaries. Built in Spain, it takes the Polo concept and gives it a full makeover, giving it a beefier, more rugged look and plenty of attitude, all at a highly affordable price.



VW describe the T-Cross as an urban SUV – it's not an off-roader, but it'll offer security and reliability for pretty much any type of normal use on Lanzarote. There's plenty of room inside and in the boot, and it offers a surprisingly good drive. It's a mature, well

thought-out and attractive proposition that shows exactly how VW can fill a gap in the market.

Four options are available – Edition, Connect, Design and R-Line. The options list is extensive, but all models come with VW's excellent 8-inch touchscreen infotainment system with full connectivity as standard, plus wireless charging

for your phone, LED lights front and rear, air conditioning and a range of active and passive safety systems that include lane assist, brake assist and side monitoring.

With the T-Cross, VW have made a bold move into the small SUV sector and, at a stroke, offered what is probably the most desirable model available.



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BABY ON BOARD

If you're driving with children, it's worth knowing the rules of the road in Spain.

Basically, it has to do with the size of the child. If a child is smaller than 135 cms (4 feet 5 inches) then the law says it must travel in the back seat. The only exceptions are when you have two more children already in the back seat, if you have no back seats or if it is impossible to fit baby seats in those seats. If you're caught with a baby or toddler up front, you can be fined €200, lose three points and have your car immobilised.

Parents are advised to use standardised baby seats and risers, and avoid buying cheaper versions. Although the law doesn't say how seats should be used, experts advise keeping babies and toddlers facing backwards for as long as possible, as this is a far safer position.



TRIANGLES OUT

Spain's Traffic Department is considering phasing out the requirement for every car to carry two reflective red warning triangles.

The Department's Ana Blanco revealed that 20 people died on motorways last year after leaving their cars. Many had been placing warning triangles.

Although red triangles are compulsory throughout most of Europe, it is illegal to use them on British motorways and dual carriageways.

New traffic laws will advise on how drivers should act in the event of breakdowns or accidents, and new technology involving flashing lights is also being considered.

SCOOTERS UNDER SCRUTINY

Lanzarote authorities are studying ways to deal with the electric scooters that have popped up in various parts of the island.

The scooters are owned by the German Wind company.

San Bartolomé has voted to confiscate scooters from the seafront at Playa Honda, forcing the owners to pay fines to retrieve them. A spokesman for the Ayuntamiento said that the scooters were "occupying pedestrian zones illegally"

and highlighted that the owners were paying no tax to the council.

Teguise is discussing new bye-laws that will regulate the use of vehicles in public spaces after Mayor Oswaldo Betancort highlighted that scooters were affecting pedestrians in areas such as Playa de las Cucharas.

In Arrecife, an order to withdraw the scooters is in process, although the council is also studying a revision to the law which may allow them to remain.



GREEN LIGHT FOR BLUE LIGHTS

All ambulances and fire engines on Lanzarote will shortly be equipped with blue emergency lights instead of the current yellow ones.

The change follows a decision by the Spanish government last August. It was decided that the yellow light created confusion with slow vehicles

or maintenance vehicles, which also use a flashing yellow light. The change will also bring Spain in line with most other European countries.

By August next year all ambulances and fire engines will be equipped with blue lights, which are currently only used by police vehicles.

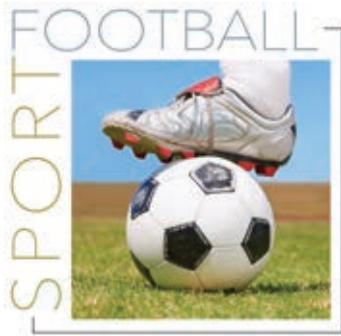


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NAIL-BITING

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Four wins in the last five matches have lifted the Rojillos (The Reds) into the playoff positions and into third spot with just six games remaining. Ian Lane reports.

It has not been a straightforward season. A drop down to 14th, just four points from the relegation zone, was followed by eight wins on the bounce hoisting Lanzarote into contention for a top four finish. This would ensure a playoff place and a chance to play Segunda B (Third Tier) football next season.

Then there was an unlucky three-point deduction for a mistake fielding an ineligible player, and now it's a tense battle until the 19th of May to hold onto their two-point advantage.

President Andrónico Pérez and all of the directors of the club continually tell me how grateful they are for the support the club receives from the British, Irish and all other nationalities.

The players also thrive on this support as do the local fans. The atmosphere at the ground has such a great vibe to it, with all nationalities united as one and all for the same objective.

The local bus from all the tourist resorts stops 100 metres from the ground in Arrecife and then all you have to do is simply pay €8 adults (€6 residents) €6 pensioners (€4 residents) at the gate, with children of 18 years and under admitted free of charge. Check all details on Facebook and website (details below).

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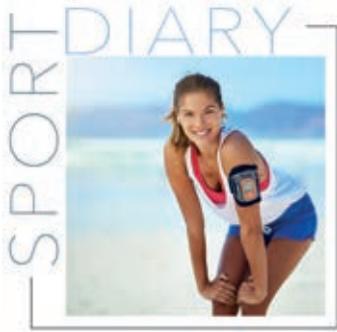
Official club shirts and merchandise are on sale with Ian at the clubs stall at Tegui market every Sunday (near the public toilets) and also at the Puerto Del Carmen Old Town market every Friday. At Playa Blanca on the Rubicon Wednesday and Saturday market. All markets are from 10am to 2pm.

FORTHCOMING HOME GAMES (Ciudad Deportiva Arrecife stadium)

5th May
Lanzarote v CD Marino

19th May
Lanzarote v CD Mensajero

-
End of May possible playoff matches



Carnival and Easter are long gone, and Lanzarote gets back to a full programme of sporting activity in earnest, with fantastic events taking place each weekend. Swimming season officially opens, the football season comes to a climax and we welcome the island's biggest and oldest triathlons.

UD LANZAROTE VS MARINO

Sunday 5th May, 11am
Football at the Ciudad Deportiva, Arrecife.

UNION SUR YAIZA VS BUZANADA

Sunday 12th May, 11am
Football at Yaiza Football Stadium.

UD LANZAROTE VS MENSAJERO

Sunday 26th May, 11am
Final match of the season at the Ciudad Deportiva, Arrecife.

5TH NUTRI-CROSS TRIATHLON

Tuesday 28th May
Triathlon Cross with swimming, mountain biking and running in Puerto del Carmen.



COPA DE CANARIAS J80 CLASS

10th - 12th May
International sailing event held at the Marina Rubicon, Playa Blanca.

DISCO NIGHT URBAN RACE

Saturday 11th May, 9pm
Nightlife meets athletics at the Disco Night Urban Race, an event where you can run 10 kms or 5 kms along the seafront of Lanzarote's capital after dark, to the rhythm of DJs and drum groups. It's fast, fun and unforgettable, and once the race is over the party's just begun!

VOLCANO TRIATHLON

Saturday 4th May
This is not only the first triathlon ever to be held on Lanzarote, but also the first international triathlon to take place in the whole of Spain. 1.5 kms swim; 40 kms on the bike and a 10 km race, all in the surroundings of Club La Santa on Lanzarote's picturesque north coast.



SAILFISH OPEN WATER

Saturday, 18th May, from 9am.
The first major swimming event of the year is also one of the toughest. It's an open water race rather than a travesia (crossing), and maximum distance is a testing 5kms. There are shorter distances of 3.8 kms and 1.9 kms, as well as two kids' races, and it all takes place at Puerto del Carmen's Playa Grande.

LANZAROTE IRONMAN

Saturday 25th May 7am onwards
The big one. Puerto del Carmen turns from a holiday resort into a battleground, as swimmers, cyclists and runners compete against each other, the elements and their own limits. From the spectacular dawn start to the final stragglers finishing the toughest challenge of their lives at midnight, it's an experience not to be missed.



Our monthly Sport Diary will be a regular feature of the magazine from now on, and is open to all events. If you have a sporting event you'd like to publicise FREE get in touch with us at editorial@gazettelife.com.

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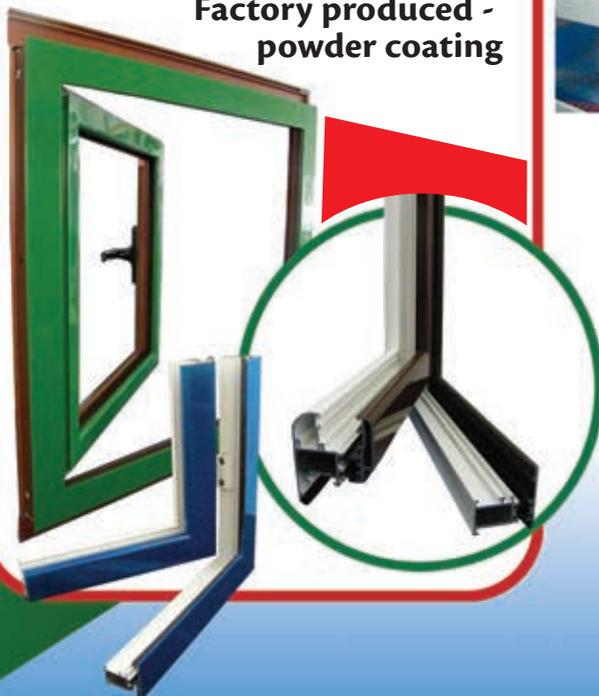
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Thomson.....	928 516930

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Tías.....	928 833619
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Costa Teguiise (Islas Canarias)	928 590423

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Sunday Worship.....	630 175810
Pastor Norwegian Church	616 407693

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Faults.....	1002
Directory Enquiries	11811
International Directories	11825

TOURIST INFORMATION - LANZAROTE

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Need to Know



How to Vote

It's been confirmed that British residents on Lanzarote will be able to take part in this month's municipal elections, and if Brexit is postponed, they may also be eligible to vote in the EU elections for a local MEP to represent Lanzarote.

It's too late now to register your intention to vote with your local Ayuntamiento (the deadline passed in January) but you can still check if you are on the electoral roll there – if you have registered earlier, for example. Voting slips for both elections should arrive via the post, and these should be taken to the polling station.

Polling day is on Sunday, May 26th, and all you have to do is find out where your local polling station is. There are 72 on Lanzarote, usually located at schools or other public buildings. Polling day is busy, with several volunteers manning the booths and monitors from political parties (who are not permitted to campaign or interfere) often present.

Show your ID and voting slip as you enter, and you'll be directed to the right ballot box. Voting is simple, and doesn't involve any box-ticking. Tables will display printed slips of paper for each list of candidates standing for every party in each election. Simply grab the list/party you want to vote for, put it in an envelope and post it in the correct perspex ballot box, showing your ID as you do. A booth is available if you wish to vote in secret.

In both the council and EU elections, you'll be voting for Spanish candidates and parties, so it's worth brushing up on your knowledge of local and national Spanish politics.



May 2019

Tide Tables for Arrecife, Lanzarote. Height are in metres.
(Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
1	L: 6:11	0.6	17	H: 0:44	2.7
	H: 12:18	2.2		L: 7:00	0.2
	L: 18:23	0.6		H: 13:09	2.7
2	H: 0:30	2.4	18	L: 19:20	0.2
	L: 6:45	0.5		H: 1:27	2.7
	H: 12:52	2.4		L: 7:40	0.1
3	L: 18:58	0.5	19	H: 13:49	2.8
	H: 1:04	2.5		L: 20:01	0.2
	L: 7:17	0.4		H: 2:07	2.7
4	H: 13:24	2.5	20	L: 8:18	0.2
	L: 19:31	0.4		H: 14:27	2.8
	H: 1:37	2.6		L: 20:41	0.2
5	L: 7:49	0.3	21	H: 2:47	2.6
	H: 13:55	2.6		L: 8:55	0.3
	L: 20:05	0.3		H: 15:04	2.7
6	H: 2:11	2.6	22	L: 21:20	0.3
	L: 8:21	0.3		H: 3:26	2.5
	H: 14:28	2.7		L: 9:32	0.4
7	L: 20:39	0.2	23	H: 15:42	2.6
	H: 2:45	2.6		L: 22:00	0.4
	L: 8:55	0.3		H: 4:05	2.3
8	H: 15:02	2.7	24	L: 10:09	0.6
	L: 21:15	0.3		H: 16:20	2.5
	H: 3:22	2.6		L: 22:41	0.6
9	L: 9:30	0.3	25	H: 4:46	2.2
	H: 15:39	2.6		L: 10:49	0.7
	L: 21:55	0.3		H: 17:01	2.3
10	H: 4:02	2.5	26	L: 23:26	0.7
	L: 10:10	0.4		H: 5:33	2.0
	H: 16:21	2.5		L: 11:34	0.9
11	L: 22:40	0.4	27	H: 17:49	2.1
	H: 4:48	2.3		L: 0:19	0.9
	L: 10:55	0.6		H: 6:28	1.8
12	H: 17:08	2.4	28	L: 12:29	1.1
	L: 23:32	0.6		H: 18:47	2.0
	H: 5:43	2.2		L: 1:23	1.0
13	L: 11:50	0.8	29	H: 7:37	1.8
	H: 18:07	2.3		L: 13:38	1.1
	L: 0:37	0.7		H: 19:57	1.9
14	H: 6:53	2.0	30	L: 2:35	1.0
	L: 13:00	0.9		H: 8:52	1.8
	H: 19:20	2.2		L: 14:54	1.1
15	L: 5:27	0.4	31	H: 21:10	2.0
	H: 11:40	2.4		L: 3:42	0.9
	L: 17:48	0.5		H: 9:58	1.9
16	H: 23:57	2.6	New Moon	L: 16:02	1.0
	L: 6:16	0.3		H: 22:12	2.0
	H: 12:27	2.6		L: 4:38	0.8
	L: 18:36	0.3	First Quarter Moon	H: 10:50	2.0
				L: 16:56	0.9
				H: 23:04	2.2
			Full Moon	L: 5:24	0.7
				H: 11:34	2.2
				L: 17:41	0.7
			Last Quarter Moon	H: 23:48	2.3
				L: 6:04	0.6
				H: 12:13	2.3
				L: 18:23	0.6

H=High Tide L=Low Tide



May 2019

May is truly a month for bright sunny days. We are starting to warm up nicely, seeing the sun rise a little after 7am, and as we approach the end of the month the sun will set at 20:45. It rarely rains in May, as the brisk trade winds do their best to keep the clouds away. The days can often start a little overcast but by lunchtime the clouds have usually cleared.

It is testament to the month that we see Ironman arrive on the island, and last year brought the perfect dry, bright and sunny day. The UV is already very high at 9 or 10 at this time of year, I mentioned sun safety last month and it is worth remembering that even in cloudier skies the UV rays are harmful.

We finish the month by celebrating the Day of the Canaries, spending plenty of time outdoors enjoying the various festivities.



Follow @TerrieWeatherLanzarote on Facebook for Weekly weather videos and daily posts!

What to expect in May

- 
Day Time Temps
 Average 25°C (ranges from 23°C to 27°C)
- 
Night Time Temps
 Average 15°C (ranges from 15°C to 18°C)
- 
Sunshine Hours
 9 hours
- 
Sea Temp
 Average 21°C
- 
Rain
 0 days (light showers, 1mm if any)
- 
Wind
 NE dominate with chance of calima

HOROSCOPES

May 2019

By Clairvoyant Shona Langholm



Taurus 20 April to 20 May

If you can keep your head when all about you are losing theirs and blaming it on you, you'll get through this month OK, Taurus. It'll test you at times, but coolness will pay off. Keep calm, be patient and you'll weather the storm.



Aries

March 21 to April 19th

You've been enjoying the scenic route and travelling along a fairly quiet road recently, Aries, but this month get ready to pull out onto the highway, put your foot down and really start going places. It could be a long drive, but it's also going to be one of the adventures of your life.



Gemini

21 May to 20 Jun

Make a list, Gemini. Right now. Go on, grab a pen, sit down and write down exactly what you want from your near future, at work, at home, in love and at leisure. Then make a timetable and a plan and start to make it happen. Off you go....



Cancer

21 Jun to 22 July

Doubts and worries can creep in to your life like shadows, hiding the most obvious things. If you start to feel insecure this month, make sure you talk about it - and be honest. Let the sunlight shine in and see the love and support that surrounds you.



Leo

23 July to 22 Aug

You're like a boat at high tide this month, Leo, bobbing happily about, buoyed up with optimism and a sense of possibility. But don't

set sail until you've prepared everything you need for a voyage of romance and discovery.



Virgo

23 Aug to 22 Sept

A coincidence will start a chain-reaction, leading you to strange but fascinating new faces and places. It may not change your life, but right now you're in the perfect position to enjoy the ride, learn new things and try new experiences.



Libra

23 Sept to 22 Oct

Do you remember those Christmas mornings when you didn't know which present to open first? That's you this month, Libra, with too many tempting offers in front of you. Take your time choosing, and don't be afraid of disappointment.



Scorpio

23 Oct to 21 Nov

Wake up, Scorpio. Reality is knocking on your door and if you've any sense you'll let it in and look it in the face. It may not be exactly what you were dreaming of, but it's real, it's here and you can get some surprisingly long-lasting pleasure from what's on offer.



Sagittarius

22 Nov to 21 Dec

Oh, did someone hurt your feelings? So sad, but guess what - no one

cares. If you're smart enough you'll stop moping and get back to doing what you do best - charming the pants off people and finding your own, crazy way in the world.



Capricorn

21 Dec to 19 Jan

Your mind's in the right place, Capricorn, so now's the right time to make your body follow. It's not so much about looking good as feeling great about yourself. Eat right, do some exercise and you'll be ready for whatever this eventful month will throw at you.



Aquarius

20 Jan to 18 Feb

Focusing on the little things will get results this month, Aquarius. You're good at detail, so make sure all the i's are dotted and the t's are crossed when starting a new project. The bigger picture will come into focus of its own accord, and it'll satisfy you immensely.



Pisces

19 Feb to 20 Mar

You're feeling romantic this month, Pisces, so take some time to shimmer and shine, and then look for that special connection. This is the stuff you'll remember for the rest of your life, so make sure you feel good about yourself first.

♥ Instagrammers of the month



Showcase your photos of Lanzarote with us and we will pick the best and put them in print!

[@Loving_Lanzarote](https://www.instagram.com/Loving_Lanzarote)

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