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# Always something new

Over the last few months I've managed to tick off guite a lot of my Lanzarote wishlist. I've ventured into the desert area near Soo and spotted two of the island's most elusive birds - the huge Hubara bustard and the tinv. delicate cream-coloured courser; I've watched Egyptian vultures soaring near Maguéz and I've swum alongside a huge butterfly ray.

But last month I fulfilled one

of my longest-held ambitions when I met a turtle while snorkelling off Playa Blanca. This remarkable creature seemed to be flying underwater as it finned gracefully over the rocks before finally settling on a patch of sand, and watching me cautiously while I dived down to take a closer look. I haven't shut up about it since.

The longer you live on this island, the more you appreciate the nature that surrounds us. When I first arrived I thought this was a barren, dry place with hardly any wildlife at all. Now, when I go into the country I see lizards,

partridges, kestrels and shrikes all the time, and the ocean never fails to offer surprises and new sights.

And the amazing news of an immense water supply under the volcanoes (page 5) shows that there are still plenty of discoveries to be made. Lanzarote will always reward the curious, and even though its a small island there is always something new to experience - and it's never too far away.

This summer will see hundreds of thousands of visitors arrive on our island. A lot of them, sadly, will rarely venture out of their all-inclusive hotels, but those that do will find an island that contains so much more than you find in the tourist brochures. And it's not just nature – summer sees an explosion of cultural events, and an island that is doing what it does best - giving tourists what they didn't know they wanted.

The best holidays always contain welcome surprises and new discoveries, and the happiest holiday makers are those who have unforgettable experiences. Lanzarote is out there for you to discover – don't miss the opportunity...

The Editor



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# life

# Brief

# Fire and Water

The dramatic discovery of an immense deposit of fresh water beneath the volcanoes of Timanfaya could change Lanzarote's future.

anzarote was never the dry island lacking in underground water resources that the history books tell us it was. Today we are here to announce the discovery of the aquifer at Timanfaya."

These were the dramatic words of Carlos Meca, spokesman for the Podemos party in the Cabildo, at a press conference announcing the discovery of a huge underwater reservoir which he claims could make water cheaper for islanders and reduce Lanzarote's dependence on desalinated water.

Engineer Carlos Soler has spent two decades claiming that there was water beneath Timanfaya, but it was only two years ago that Podemos hired him to carry out an official report. With support from the César Manrique Foundation and the car-hire firm CICAR, Soler completed his report and was the centre of attention at the press conference announcing the discovery.

Soler's report claims that the 18th



This is
a Lanzarote
water
revolution."

century volcanic eruptions in Timanfaya created a huge impermeable rock basin measuring 200 square kilometres in which water has accumulated for over



two centuries. This means that there is an underwater aquifer containing between 12 to 17 cubic hectametres of water (one hectametre is roughly the length of a football pitch).

Soler claims that this water could be extracted by means of an underground dam, and that 50% of the annual rainfall on the island could be diverted to Lanzarote's water supply. This would mean water could be sold at a price of 10 cents a tonne, providing water that is "cheaper and of better quality" than the supply currently provided by the desalination plant between Arrecife and Costa Teguise.

However, the engineer stressed that further, more precise reports

needed to be made on the extent of the water supply, and how it could be extracted in one of the most environmentally protected areas of the island.

Carlos Meca said the discovery could mark "another revolution" for water supplies on the island, pointing out that the first revolution was caused by Manuel Diaz Rijo's desalination plant.

"Who would have believed that the biggest source of water on the island was not the enormous, long-disappeared mareta in Teguise, not the dam at Mala, the galleries at Famara nor the Maretas del Estado in Arrecife, but instead lay under the volcanic badlands that modelled our landscape?" said Meca.



# News life



## ■ 75% discount from July?

Canarian President Fernando Clavijo announced last month that the increased 75% discount for inter-island flights and voyages could be in operation from this month.

Residents' travel discounts were 50% previously, but Clavijo has pushed hard for an increased discount, which he claims will improve Canarian "business, tourism and social life."

As the extra discount is funded by the Canarian Government, it will not apply to flights to the Spanish mainland, where the 50% discount will remain.

And from October, inter-island travellers will also be able to book flights with Air Europa. The Spanish airline has announced that it will join Binter and CanaryFly and provide inter-island flights. Air Europa plans routes from Lanzarote to Fuerteventura, Gran Canaria and Tenerife North.

### Road Plans

The Cabildo of Lanzarote has submitted an official request for approval for various new roadworks on Lanzarote.

The biggest project is a completely new road that would depart from the Arrecife outer ring road, skirt El Cable and pass beneath the existing LZ2 main road to Matagorda. Another stretch of road would connect the El Toro roundabout outside Puerto del Carmen with the roundabout where Yaiza's secondary school is located.

However, priority will be given to a separate project to increase safety on the western approach to Arrecife. A multi-level roundabout system, similar to the one connecting Arrecife with Costa Teguise, is planned.

Earlier still, the LZ1 between Arrieta and Órzola will be renovated, and a roundabout built at Jameos del Agua.

## Pool peril

A 7 year-old boy and a 6 year-old girl were rescued from drowning in hotel swimming pools on Lanzarote in May, in two incidents that once again highlight the risks of pools.

The incidents took place in Costa Teguise and Playa Blanca. Parents of the girl claim that her hair was sucked into a swimming pool filter, while the boy was rescued and given CPR by other guests at the hotel.

Other incidents, including two fatalities, have also occurred in Spain recently, demonstrating that for children, pools are far more risky than the sea.

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# Yaiza wishes you Happy Holidays

## Privates on Parade



The Nueva Canarias political partv has denounced what it describes as "pornographic" souvenirs being sold in Lanzarote aift shops.

items question, which are basically big wooden willies. are openly displayed outside shops in Arrecife,

Playa Honda and Costa Teguise. Nueva Canarias claim the souvenirs "damage the image" of the island and should be taken off display. The day after their complaint, four shop owners were fined by the Guardia Civil and told to put their willies away.

If you'd prefer a more traditional souvenir of Lanzarote, why not visit the Monumento del Campesino, where you can buy replicas of the ancient sculptures known as "The Lovers of El Mojón", pictured above.

# Crocodile Capture

The Guardia Civil have confiscated a crocodile from a

home in Güime, in the belief that the reptile was stolen from the now-closed Guinate Park zoo.

The Guardia Civil conducted a raid following a report that stolen crocodiles were on the premises, and also wished to search for illicit substances, given that the owner of the house had previous convictions relating to drugs. However, they left the property with a 1.30 metre crocodile in apparently good condition.

The crocodile has been rehomed at Rancho Texas, where many of the other animals from Guinate park have also ended up.

### Costa Football Pitch

Works on Costa Teguise's first football pitch are due to commence in September, according to Teguise Mayor Osvaldo Betancort.

The football pitch will be located at the far eastern end of the resort, near Calle Chafari and Calle Atalaya. As well as an artificial grass pitch, there will also be a five lane athletics tracks and auxiliary buildings to be used as changing rooms, store rooms and a cafeteria.

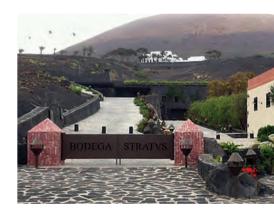
### Stratys Trial starts

The Stratvs Case trial began last month, with several local politicians and functionaries joining local businessman Juan Francisco Rosa

among the accused.

The case relates to the illegal building and licensing of the Bodega Stratys in La Geria, and the first stage of the hearings was concerned with how the Bodega was licensed by Yaiza Ayuntamiento. On the first day of the hearing, most of the accused, including Yaiza's ex-Mayor José Francisco Reyes, and the current Mayor Gladys Acuña, refused to answer the prosecutor's questions.

There was widespread disbelief when several of the accused claimed that they had not known that the Bodega was already open, or that it had a restaurant and a shop, when the licence was approved. Almost everyone else on the island knew these facts, and a number of the accused had attended an opening party at the Bodega several months earlier.



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### And the winner is...!

Is it a starfish? Is it a stranded superhero? No – it's little Sofia Lawson Hicks 'plane sailing' at the beach, and this fantastic photo has won first prize in the Selfie Splash competition we announced last month. Sofia's fantastic prize is a season ticket to Aqualava waterpark in Playa Blanca for herself and the adult of her choice.

We'll shortly be contacting all the other entrants with details of their free tickets.

The competition is now over, but if you want to share a selfie or anything else with us, just WhatsApp 642 485 645 or contact us at editorial@gazettelife.com.

## ■ Sidney the Kidney

In last month's issue we featured a heartwarming letter from Eddie Marsh, who wanted to thank the health services for their care during the kidney transplant operation he (and his brother-in-law Mark) underwent earlier this year.

Eddie wants to give something back, and for that reason he's set up the www.sidneythekidney2017. com website, aimed at raising consciousness of autosomal dominant polycystic kidney disease (ACPKD), as well as raising funds for Canarian nephrology services.

The first event is planned for 7th October, 2017, and will be a "Music Through the Ages" Disco, from 8 pm to 2 am at Mojitos Bar, Hotel Princesa Yaiza, Playa Blanca.

There'll be live music, a live DJ, karaoke and a raffle, and Eddie can also confirm that Elvis and Gary will be appearing live!

Fancy dress is optional but not essential. However raising money and having a great time is! For further details keep an eye on Sidney the Kidney.

## ■ 9 Lives Appeal



9 Lives Lanzarote is primarily a neutering and spaying charity, but they are continually asked if they can find homes for adult cats.

Many cats are abandoned here, for a variety of reasons. It is a very distressing situation for all involved. Adult cats, especially, are often overlooked by kind people able to offer a home.



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# 50 years of Felicidad

Congratulations to Allen and June Shaw, who recently returned to Lanzarote to celebrate their Diamond (50th) wedding anniversary. Allen and June made many friends during their time on Lanzarote, and their enthusiasm and friendliness were as strong as ever when they popped into the G Life offices to show off the letter from the Queen they received for their anniversary. It's hard to add any more sunshine to a scorching June day on Lanzarote, but Allen and June managed it.



This can be an opportunity missed, as they are usually affectionate, loving and happy to have a home. A lovely reward for just a little food and water and TLC.

If you are able to help in this way, or in any other aspect of the charity's work, please do contact 9Lives at www.9liveslanzarote.com and Facebook.

9Lives next Bargain Sale will be on Saturday July 29th at Güime Sociedad.

## San Bartolomé Summer

There's plenty of activity in San Bartolomé this month, as the municipality celebrates Young July. As well as various workshops, sporting events and excursions, there will also be a walk in Support of the Adislan, the Lanzarote Association for Disabled People. The walk will take place at 10 am on Sunday 16th July, and you can register free at the Playa Honda Sports Centre from the 10th to the 14th. A t-shirt will be available for €10, with all proceeds going to Adislan.

Check www.sanbartolome.es for more details.

# What's On Update

Jazz fans will want to make a date for 6th July. when American trumpeter Theo Croker will perform with his band at the MIAC (International Museum of Contemporary Art) at Arrecife's Castillo de San José.

Croker, grandson of legendary jazz pioneer Doc Cheatham, has been described as a "phenomenal talent" by fellow trumpeter Donald Byrd. He will be supported by the Juan Sebastian Vásquez Trio, who have recently recorded for the Blue Note label.

The concert will start at 9pm, and tickets are €10, available at www.culturalanzarote.com, the Cabildo's Culture Department or the Castillo de San José itself.

## Sara Sale

This month's SARA car boot sale at Tahiche Garden Centre will continue with stalls in the area where plants are kept. Last month's change was a big success, with many saying "it looks more like a market."

The market is on 8th July, with public entry from 9.30am and stall holders from 7.30am, at the main gate. If you would like to book a table please call Terry on 0034 646 838 749.

## ■ Blue over Jablillo

Teguise Mayor Osvaldo Betancort was proud to hoist the Blue Flag for excellence over Playa Jablillo in Costa Teguise last month. It's the first time Jablillo has won a Blue Flag, thanks to the recent installation of rest areas, improved access and a daily lifequard presence.

Jablillo's flag joins the one already fluttering over Playa Las Cucharas, and confirming the excellence of Costa Teguise's two most popular beaches.





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# **Europe** life



## ■ Ronaldo tackled

Cristiano Ronaldo is the latest high-profile footballer to be charged with tax evasion, after Spanish prosecutors accused him of using tax havens to hide €14.3 million of due taxes.

The amount is comfortably higher than the €4.3 million that Barcelona star Lionel Messi was found guilty of avoiding in tax payments earlier this year. Messi was sentenced to jail for that offence, but avoided prison thanks to laws on first-time convictions.

Ronaldo's case is likely to take some time to reach the courts, postponing arguments about who is the greatest tax-evading footballer of all time. Nevertheless, he could also face serious fines and a possible prison sentence.

The fact that neither Cristiano Ronaldo nor Leo Messi are probably able to spell the word "tax", let alone work out how much they're due to pay on their multi-million sponsorship deals does not stop them being personally responsible for tax dodges carried out by their advisers.



Belfast International Airport has launched a Brexit-themed newspaper and billboard campaign aimed at people who live south of the border.

The airport says sterling's weakness against the Euro means there can be a cost advantage to departing from NI. The adverts proclaim 'Vote to Leave from Belfast'.

The airport's chief executive Graham Keddie said: "We have been seeing a noticeable increase in the number of southern-registered cars in our car parks.

"For many in the southern border region it is easier to drive north than south."



## ■ Roam free but take care

British holidaymakers could still be caught out by high mobile phone bills despite the recent ban on roaming charges in the EU.

Roaming charges, which are added by mobile operators for calls, texts and internet browsing when phone users are abroad, were abolished on 15 June, meaning UK travellers can use their regular allowance anywhere in the EU.

But Which? Magazine has warned that exceeding allowances would still be chargeable while roaming territories varied between companies. "Many will reap the benefits of these changes and will no longer be put off from making calls abroad," said Alex Neill of Which?

"However, it is important that you take a close look at what is or isn't included in your current mobile deal. Not knowing what's included could lead to some surprising charges on your next bill".

Phone users are being reminded that, while their usual numbers will be charged as normal, foreign calls may attract higher charges.



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Theresa May

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# Total May-hem

The Expat Angle



Expats will be closely watching the early negotiations between David Davis, who was reconfirmed as Brexit Minister, and Michel Barnier's EU team. Both sides have stated that sorting the issue of expat rights is of the highest priority.

It is generally agreed that guarantees for expats will go hand-in-hand with reciprocal guarantees for members of EU countries who are living in the UK. The Labour Party pledged to immediately grant those rights in its manifesto, and a number of Conservative MPs, including Michael Gove, have also supported such a measure.

The EU, in the meantime, has already drawn up a detailed draught proposal guaranteeing those rights, and has also made it clear that negotiating these formal divorce matters will not go hand-in-hand with any trade negotiations, which must be agreed later.

The best outcome for expats would be a deal that fully guaranteed their existing rights, and this seems increasingly likely under May's weakened government.

However, reducing EU immigration has always been one of the main aims of Brexit and Theresa May has pledged to bring immigration below 100,000 in the next five years. This is likely to mean strict new criteria for new immigrants, which may well be applied tit-for-tat by EU member governments.

On June 9th, Theresa May won an election but lost the plot. The resulting hung parliament could put her hard Brexit plans in check, bringing a glimmer of hope to UK expats.

called election with the aim of increasing Conservative Party's parliamentary majority, allowing her to tackle forthcoming Brexit negotiations with "strong and stable leadership in the national interest." At the time, many polls indicated that she could win with a huge landslide. But on the morning of June 10th,

May was confronted with the crushing truth - no majority, 13 seats lost and a hung parliament. The resulting aovernment looks neither strong nor stable, and forced May to court the ten MPs from Northern

Ireland's DUP. For a Prime Minister who repeatedly warned against a "coalition of chaos", the result is bitterly ironic.

How did May make such an error? The answers are varied: First, there was the stark difference between the

campaigns of the two main parties. The Conservatives conducted a highly stagemanaged campaign and presented a manifesto that horrified many of their core voters, forcing May into a U-turn on social care payment plans. In contrast, Labour's manifesto was well received, and offered many voters a genuine difference to vote for.

# Stop Press...Stop Press...Stop Press...

Theresa May has made the first British offer concerning the future of EU citizens in the UK, which will directly affect how UK expats in Europe will be treated.

What May described as a "fair and serious" offer will involve a cut-off point before March 2019. Any citizen of an EU country arriving in the UK before that point will be given the opportunity to obtain residency and full rights.

Angela Merkel described the offer as "a good start", while Jean Claude Juncker, President of the EU Commission, said it was "insufficient." We'll analyse the offer in more detail next month.

> Labour was also helped by the increased turn out of younger voters, 70% of whom supported them. Their campaigning on social media was highly effective, while the attempts of the right wing newspapers to swing the vote to May seemed to fade into irrelevance.



Personality also played its part. Jeremy Corbyn made some mistakes, but generally came across as far more genuine, honest and committed than Theresa May, who often appeared brittle and defensive, and did her best to avoid TV debates and pesky members of the public.

Finally, the collapse of UKIP may have also helped Labour. The party that brought us Brexit did not win a single seat, and while many had thought that their voters would move to the Conservatives, it soon became clear that a significant number had also reverted to Labour.

The election result caused fury and dismay among Conservatives, but the party soon managed to pull together and present a united front. Theresa May will limp on, but few believe she will survive to fight another election. Indeed, the prospect of five years of a desperately weak government means that many commentators are expecting yet another election before too long.

# **Brexit in Check**

Considering that Theresa May called the election solely on the issue of Brexit, it was surprising how small a part this issue played in the campaigns. But the result of the election surely weakens the UK's hand in Europe.

With inflation rising, a weakened Pound, high street spending down and stagnant wages, the economic realities of Brexit are likely to hit hard soon, and there are already signs that the UK government will have to water down its hardline approach.

Labour have stated that they will not support the "no deal" Brexit threatened by Theresa May, and the Conservative's new companions, the DUP, are also keen on reaching an acceptable deal.

Nevertheless, May will face bitter opposition from her own hardline Tory MPs if she attempts to dilute her "hard Brexit" in any way.







# **Casualty List**

The main casualties of the 2017 General Election were the smaller parties. UKIP now seem to be a spent force, and their leader Paul Nuttall resigned shortly after the election. However, Nigel Farage has hinted that he may return to the party if Brexit is "uncompleted."

The Liberal Democrats did slightly better than their 2015 disaster, but also saw their leader, Tim Farren, resign. Their previous leader Nick Clegg also lost his parliamentary seat.

The SNP's honeymoon period also seems to be over as the Conservatives won several seats in Scotland, including those of SNP bigwigs Angus Robertson and Alex Salmond. Nicola Sturgeon has admitted that her plans for another independence referendum are now on hold.

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SUMMERSALE

# GONG GLOBAL

Kenneth with wife Anna-Lis

The Ocean Lava Triathlon will take place in Arrecife on 15th July. Founded in 2010 by Lanzarote's Ironman pioneer Kenneth Gasque, Ocean Lava has now gone global, with 21 events taking place all over Europe and beyond.



cean Lava races now take place in places as far-flung as Slovenia, Wales, the Ukraine and, later this year, on the French island of Reunión in the Indian Ocean. But each of those events acknowledges its origins on Lanzarote – an island that is rapidly becoming one of the sporting meccas of Europe.

And this month the Ocean Lava returns home to Arrecife, offering an Olympic and half-distance mode, and starting in Arrecife's Reducto Bay with the swimming stage. Competitors then mount their bikes for a tour of the volcanic landscapes that give the race its name. Back in the capital, the running stage takes in the whole of Arrecife's seafront and extends out to Playa Honda.

Uniquely among triathlons on the island, the Ocean Lava allows individuals and teams to participate, so if you fancy a swim, but know two friends who'd be happier with the cycling and running stage, you can all join in and tackle your speciality.

Kenneth Gasque told us "My ambition has always been to make a difference and to improve the life of people. I believe that dreams can be reality."

Kenneth's visionary attitude is also combined with a strong commitment to the island that he made his home, and which he transformed into a premier sporting destination.

"I wanted to design a unique event for people of Lanzarote," he says "Something legendary with a sense of timelessness that reflects the power of the island. An event that will live in the memory forever. It's a way of giving back something to this island, to make it known on a national and international level."

With the Ocean Lava brand now well-established far beyond Lanzarote's shores, it looks as if another of Kenneth's dreams is coming true.

There's still time to sign up for the event, but even if you don't want to take part, you can still volunteer to help or just come along and cheer the athletes along. It's a unique day for Arrecife and for Lanzarote – don't miss it.

To find out more, go to www.oceanlava.com, or pop into the Ocean Lava Planet Club House in CC Los Arcos, Puerto del Carmen.



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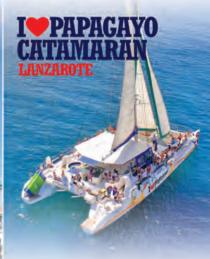


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Luxury catamaran sailing to discover Papagayo beaches and enjoy water activies. Free bar and delicious lunch on board.







Arrecife's remodelled seafront continues to create controversy, following requests by the PP party to suspend the Mayor of Arrecife's wages until the avenue is re-opened to traffic.



PP members on the council allege that Mayor Eva de Anta has ignored two council votes in favour of opening the Avenida Marítima to one-way traffic, and have declared that "a Mayor who ignores democratic principles should not receive a wage from a public institution."

Local business associations also voted to re-open the Avenida at a meeting held in the Real Club Náutico of Arrecife, which is located right in the centre of the affected area. Local entrepreneurs claim that the restrictions on traffic have damaged their businesses.

However, other Arrecife residents are not keen to return to the snarl of traffic that clogged up the seafront before the remodelling of the area. They point out that, even before the modernization of the area, only a handful of cars were able to park along the seafront. Eva de Anta, for her part,

# Avenue Argument



remains committed to the original vision of a semi-pedestrianized avenue that was approved before she became Mayor.

Arrecife seafront is now more tranquil and attractive."

Currently, the Avenida is closed to traffic from the Ayuntamiento building to the Gran Hotel, with exceptions for buses, taxis, bicycles, police vehicles and residents who have a special pass.

The result is a much more tranquil and attractive seafront, with wider pavements, larger terrace areas and newly-planted trees. Arrecife has also launched free shuttle bus services connecting the Cabildo to the Lanzarote Marina, allowing visitors to park and ride to the seafront.

Arrecife is, of course, not the only place on Lanzarote that has faced controversy over its seafront. The remodelling of the Avenida de las Playas in Puerto del Carmen, which is open to one-way traffic was also hugely controversial, but few would now like to see a return to the way it was..

What do you think? Would you like to see Arrecife or Puerto del Carmen return to the way they were before, or do you support the view that cities are "for people, not cars."? Contact us with your views.



# A Problem Shared...



Samaritans in Spain offers valuable emotional support to anyone who needs a friendly ear. Just call 900 525 100.



xpat life isn't always "living the dream". While many adapt well to their new life overseas, others can suffer from social isolation and difficulties in adjusting to a new culture and language. Financial problems and alcoholism can also contribute to depression.

An added problem is that, while Spanish health services do offer psychological support, this is not always provided by English-speakers. Meanwhile, the size and nature of most expat communities mean that counseling is difficult to come by.

Now, however, Samaritans in Spain offers anyone here the chance to unburden themselves and talk to a sympathetic ear.

Samaritans in Spain is a rapidly growing charity. Established in Costa Blanca in September 2005, the association's main function is to listen to anyone who is experiencing distress and suffering without offering advice or making judgements. Communication is mostly via telephone, free of charge, although there are facilities for face-to-face meetings

Samaritans lines are open 24/7 and are free of charge.

and email contact.

Samaritans in Spain are contactable 24 hours, 7 days a week for any English-speaking person who needs their help. There are also facilities to assist Spanish speaking callers, via a network of listeners based in the British Consulate in Madrid.

Samaritans listen to people who are either lonely, or feel themselves unable to express their feelings, concerns, or problems to those around them, The Samaritans' listener does not advise or counsel, but merely provides an empathetic ear, which has proven to be an effective emollient over the many years of the Samaritans' existence (since 1953 in UK).

Volunteer listeners are drawn from all backgrounds, all ages, and all walks of life. Following a successful interview, new Listener Volunteers are given an intensive Initial Training Package, consisting of ten modules, delivered by an experienced training team.

The aim is to equip trainees with the skills they will need when supporting our Callers, whether by telephone, face-to-face or email. Once completed, training continues by way of ten supervised duties with a Mentor who provides encouragement and support throughout. In all, new Listener Volunteers receive around 46 hours of training, with emphasis always on Listener welfare and support.

Anyone who feels the need for emotional support, encouragement, and lacking in self-confidence will benefit by talking to a Samaritans listener. A telephone call to the Samaritans could last a few minutes or even longer, as callers are never rushed.

Whatever the Samaritans in Spain undertake to offer in the public sphere is grounded on empathetic listening based on a solid moral and ethical foundation.



# Who can I turn to when I have questions about my financial position?

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exams in the Diploma of Regulated Financial Planning course offered by the CII (Chartered Insurance Institute). This means that we now have 2 fully qualified advisers working at Logic, something we feel sets us apart from the majority of other financial firms operating in Spain and the Canary Islands. Joe, my youngest son is also joining the business from July, after completing a course in Finance and Administration at Spanish College. He will start off in an administrative role whilst commencing his studies with the CII. We have also recently updated our website here at Logic so that it has become mobile/tablet friendly. We are pleased with the "new look" and would invite you to take a look for yourselves; www.logicfinancialconsultants.com



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# Flight History

Each year, seven million people pass through Lanzarote Airport. Without aviation, this island would still be very much a backwater of the world, so it's worth remembering that the history of flight on Lanzarote is less than 100 years old, and there's no better place to learn than at the Aeronautical Museum.







The museum's distinctive white building, topped with a control dome, was the first aircraft terminal on the island, and was originally built in 1940 as part of the defence plan for the Canaries. Previously, the only aircraft to be seen on the island were seaplanes, which generally landed off Arrecife in the Reducto bay. Occasionally, a Zeppelin would pass over the island, following the trade winds and dropping mail to islanders.

In 1946, the first civil flights started to arrive regularly on Lanzarote, generally from Gran Canaria and Tenerife, and flight finally became a reality for Lanzarote islanders. The Aeronautical Museum reflects many of those early, glorious days, when luggage was weighed on an ancient set of scales, when passengers lit up cigarettes on flights and when lack of radio facilities on planes meant that airport staff had to wait until they received a phone call from Gran Canaria



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or Tenerife confirming the safe arrival of a flight before they could go home.

Visitors can visit the old control tower and see the old logbook used by the lone controller. Down below, the small bar where passengers would take a coffee or something a little stronger is preserved, with photos of a group of merry islanders enjoying a drink several decades ago.

There are photos of the only visit of Concorde to Lanzarote, replicas of air stewardesses uniforms, a replica of the mural that César Manrique painted at the airport in the 1960s, and much much more. You can watch a US film promotion for the Lockheed Super Constellation and see the propellor and casing of one of these aircraft that made an emergency landing here after



three of its engines had broken down in 1969.

The building was vacated in 1970, with the construction of the new terminal (now T2), and the huge T1 building was opened in 1999. But it was not until 2005 that the Aeronautical Museum opened its doors, finally providing islanders and visitors with a fascinating glimpse of the transport that changed Lanzarote for ever.

The Museo Aeronáutico is open from 10 am - 2 pm every days. Entrance is free.



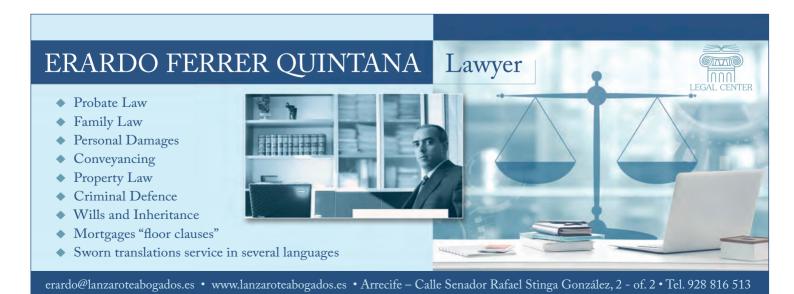
# Eagle Eyes

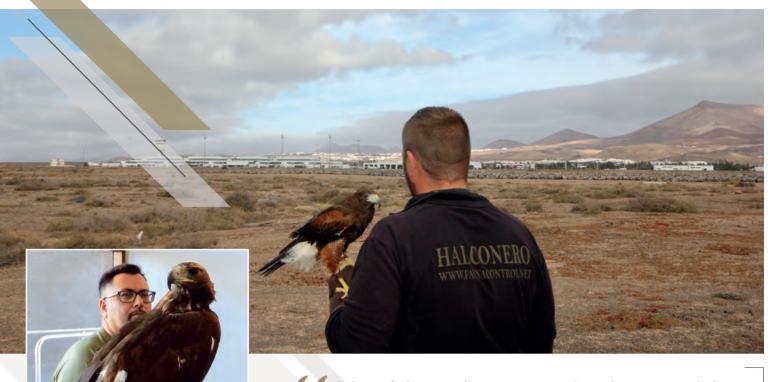
If you see the unmistakable silhouette of a Golden Eagle or a Buzzard winging its way around the Lanzarote Airport, don't be too surprised. These birds are working animals which provide a unique and valuable service, improving safety for anyone who boards a flight here.

Bird strikes are a constant threat at airports all around the world. Birds are attracted by the wide open spaces of the airport runways, and large flocks can cause serious problems to aircraft that are landing or taking off. On Lanzarote, the main bird problems come from seabirds, as well as egrets and pigeons. This is why fishing, both in boats and from the shore, is banned in the vicinity of the airport.

Various deterrents have been developed to get rid of birds, but Vicente Cabrera of the Fauna Control Department at the airport







says "Other methods only work for a while. The birds simply get used to noises or infra-red lights that are meant to deter them and start returning."

One thing that birds never get used to, however, is predators. That's why every major airport in Spain has a falconry department. The mere sight of a bird of prey flying around the perimeter of the airport regularly is enough to dissuade most birds from frequenting the zone.

# It's oldest deterrent in the world. Birds never get used to predators."

The Fauna Control service was set up in 2006 and now has 22 birds of prey, including peregrine falcons - the fastest living creatures in the world - buzzards, a Barn Owl, tiny American kestrels, hybrid hawks and a Golden Eagle called Freya, originally from the Czech Republic.

The birds do their rounds every single day of the year at times of day dictated by incoming and outgoing flights, and this continuous presence is enough to make the runway a no-go zone for most other birds. Although these are hunting birds, they are well-fed before their flights. A bird that is

actively hunting is harder to control and more likely to go astray than one that has no interest in food.

In fact, the Fauna Control service is more likely to rescue birds than to kill them. A few years ago, they found a gannet in the airport that had swallowed a fishhook. The bird was treated successfully and later released.

All the birds of prey are exercised regularly, with more care being taken with younger ones or new arrivals. It takes between 7 months to a year for one of the airport's birds of prey to be fully trained in the perimeter flights that are their main duty.

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Tuesday, July 11, from 5:30 to 7:30 p.m. Children's Activities: First floor. MOJOCHEF WORKSHOP: Learn how to make Canarian Mojo sauces

Saturday, July 15 Final jury decision and inauguration of the exhibition of the photographs taken during the 'IV CANDLIGHT CONCERT'. The works will be shown until August 12 on the first floor



Tuesday, July 18, from 5:30 to 7:30 p.m. Children's Activities: Ground floor. GOFICHEF WORKSHOP: Learn how to make traditional Canarian gofio balls.



Tuesday, July 25, from 5:30 to 7:30 p.m. Children's Activities: First floor. MOJOCHEF WORKSHOP: Learn how to make Canarian Mojo sauces.



Sunday, JULY 30, at 11:30 a.m. Children's Activities: PIRATE SHOW: let's sail the seven seas and hunt for the treasure chest!

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# Do you need to review your Estate Planning

By Paul Montague, Partner, Blevins Franks

Many readers are enjoying their retirement years in the Canary Islands, taking advantage of all the benefits living here has to offer. You are reaping the rewards of all your hard work advancing your career and accumulating your savings.

Even if you put a lot of thought into your financial planning in the past, there comes a time when we need to look at it again in terms of multigenerational wealth management.

How will your wealth be passed down to your children, grandchildren and other chosen heirs? How will they handle their inheritance? How much

66 How will your wealth be passed down to your children, grandchildren and other chosen heirs?" will they actually receive and how much will go to the taxman? Complex family situations need particular consideration - for example, if have children from previous marriages.

# ■ Taxation is another essential component of estate planning

If you live in Spain or you have Spanish assets you need to plan to protect yourself and your heirs from Spanish succession and gift tax. It is due when either the assets are located in Spain, regardless of where the recipient lives, or if the recipient of a gift or inheritance is resident in Spain, regardless of where the

UK nationals are also faced with UK inheritance tax. Determined by domicile rather than residence, it continues to affect many British expatriates. For wealthier families, the tax bills can be

If you are leaving your heirs savings and investments, once they receive the funds they will pay tax on the income and gains, so consider arrangements that would be tax efficient for them. Also consider how these investments will pass on to chosen heirs.

Finally, do not forget your own needs. You may want the best for your heirs, but you also have to ensure you and your spouse benefit from your wealth in the meantime.

Writing your 'last will and testament' is one key step in estate planning. You may need one in Spain covering your Spanish assets and one in the UK covering UK assets. But wills can only go so far. If you are looking to gift with control and reduce taxation you need to employ other arrangements as well.

Cross-border estate planning is complex, and needs to take multi-jurisdictional succession law, inheritance taxes and probate into account. There are compliant opportunities available in Spain that allow you do all this, and which provide significant tax advantages. Take specialist personalised advice to ensure you get it right.

Summarised tax information is based upon our understanding of current laws and practices which may change. Individuals should seek personalised advice.

Keep up to date on the financial issues that may affect you on the Blevins Franks news page at www.blevinsfranks.com

"I need an estate planning solution that gives me ownership, control and tax efficiency during my lifetime, but also protects my heirs."

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The Blevins Franks Estate Planning Review Service will provide an impartial review of your current arrangements and advise on the most effective solution for you. We look to provide tax efficiency for you today and your heirs in the future, and peace of mind that your money will go to the right hands at the right time.

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No, we're not talking about 999,950 years BC. Fifty years ago, in 1967, the world first set eyes on Lanzarote in a perennially popular British film that launched Raquel Welch to stardom. We look back at the legacy of the greatest caveman film of all time.

measure of the impact of Welch's role in *One Million Years BC* can be seen in *The Shawshank Redemption*, in which Tim Robbins hides his escape tunnel behind the iconic poster of Raquel Welch in a fur bikini that sold millions in the late 1960s. Welch had appeared in the science fiction film *Fantastic Voyage* earlier in 1966, but it was *One Million Years BC* that turned her into the biggest sex symbol on the planet.

When Welch accepted the role of cavegirl Loana after it was turned down by Ursula Andress, she expected a few weeks shopping and sightseeing in swinging London. Instead, she was shipped off to a remote island off the coast of Africa called Lanzarote where she stayed at the only hotel on the island, the Parador Nacional (which is now the UNED building on Arrecife seafront).

97-year-old Juan Brito was a taxi driver in Arrecife at this time and remembers driving the young actress down to Papagayo. "She was very well put together" he smiles. Nevertheless, censorship meant that many of the locals who worked on the film did not see it until many years afterwards.

In 2017, Raquel Welch is still acting at the age of 77, last appearing in the film *How To Be A Latin Lover.* 

Heraclio Niz, an Arrecife policeman and Canarian wrestling champion known as "El Pollo de Arrecife" was one of the many local extras hired to play cavemen. Another Lanzarote resident says "It's always a surprise to watch the film and see El Pollo de Arrecife gnawing a bone." The much-loved Niz died in 2010.

After the film, John Richardson, the British actor who played Loana's love interest Tumak, was considered as a

# 50 years after One Million Years BC



replacement for Sean Connery as James Bond, but retired from acting in the mid-90s. His ex-wife Martine Beswick (they married shortly after filming in Lanzarote), was

The film turned Raquel Welch into the world's greatest sex symbol.

already a double Bond Girl in 1967. She is also retired but popped up on special Bond edition of *Masterchef* a few years ago.

The other legacy of *One Million Years BC* is, of course, the amazing dinosaur special effects created by Ray Harryhausen. These may seem primitive today, but today's incredible CGI movie scenes and effects would not have existed without his pioneering work.

And 50 years later, the dramatic Lanzarote landscapes at Timanfaya, El Golfo and Papagayo have barely changed at all. It's still possible to visit the beach where Raquel Welch was menaced by a giant tortoise or see the rock at El Golfo where a pterodactyl tried to feed her to its young.





# Learn as you Go!

If you want to speak Spanish, you're in the right place. Get out on the streets and start learning!

Language experts agree that the best way to learn any language is immersion - living the language every day. That's why language students at universities spend a year abroad, and also why people who live and work with foreign language speakers simply pick it up much faster.

So if you're on Lanzarote, an island where Spanish can be found on every street, you have an opportunity that thousands of Spanish learners in faraway countries would kill for. But how can you make the most of it?

# Be Bold

Every language learner makes mistakes. Often they're frustrating, sometimes they're hilarious. But unless you get out there and practice you'll never succeed. And almost every local you meet will appreciate that you're making the effort

# Watch and Learn

At the beginning, you'll come across all sorts of things you don't understand. Don't try and learn them all, but do note down words and phrases you see and hear often, then research them when you get home. Next time you're out, give them a try. Try and see every day out, every shopping trip as both an opportunity to learn new language and a chance to try out what you've already learned.

# Work it out

As you learn more words and phrases you'll get a better idea of how the Spanish language works. Pick up a can of local Dorada beer, for example, and you'll see the slogan "Elaborada aquí cerquita". It means "Made very close to here", but studying the words closer you'll discover that the words are feminine (because the word for beer, 'cerveza' is feminine), and that the word 'cerquita' is version of 'cerca' that uses the familiar, comforting Spanish word endings 'ito/ita'.

The more you look, the more you'll learn.

# Socialise



Human contact is the best learning tool. Without it no child would ever speak any language. You will need books and a computer if you're planning to learn seriously, but however you plan to learn, you'll need people. Make friends, find Spanish language conversation groups, sign up for a class - but get talking.



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# ARRECIFE



# If you don't visit Arrecife... ...you'll never truly know Lanzarote

Come and enjoy it

















Sophie Jenot is an aerial dancer from Chamonix, France who recently swapped the circus tent for the sunset skies of Lanzarote, resulting in an unforgettable series of flights and a set of truly breathtaking images.

> ecently, while visiting the Mirador del Rio, Sophie and her partner Olivier Laugero met Robert Schwarzenbacher, a paraglider pilot who offers people a birds-eye view of beautiful Lanzarote with his Famaraiso company. It was this chance meeting that led to Robert taking Sophie for a magnificent flight from the cliffs of Famara.

> "It was like one of those dreams that have already come true before you get the chance to dream them," says Robert. "All of a sudden, she was asking me "Are you ready? Can I descend now?" I answer "Yes". lower the rope, open her harness, Sophie takes off her shoes and then suddenly slides down onto a mere thread suspending her 500 metres above the ocean."



Sophie Janot soars above Famara

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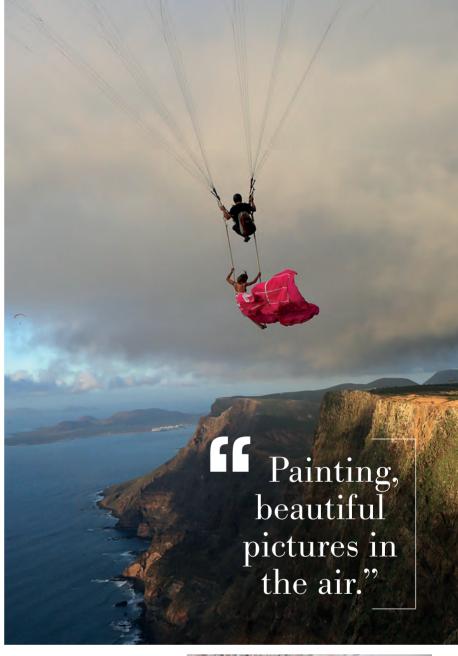
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"What comes next is hard to describe with words, and simply breathtaking," says Robert. Floating free from Robert's paraglider, Sophie dances, forming graceful shapes in the sky while soaring high above the waves of Famara. Meanwhile, Olivier also records the event from another paraglider. The ripples and contours of her dress show how the wind flows around her beautiful body, following all her movements, caressing her hair - and her goosebumps -because its a little chilly travelling at about 50kmh in cool Canarian winter air.

After 30 minutes, Robert hears Sophie saying she's getting a little cold and tired. So it's a soft and gentle barefoot on touch down on Famara beach.

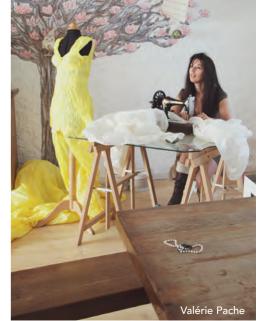
Sophie's dresses, in red, white and yellow, are a vital part of the spectacle. They are made from old parachute silk by Valérie Pache, a designer from Chamonix, who recycles old fabrics for her gorgeous aerial robes. The two met at the Air'tistic Festival in Chamonix, where aerial artists meet to paint pictures in the air.

According to Robert, sunset on Lanzarote was the perfect time and place for such an event. "The wind here is consistent – you can stay up for ages – and there's no turbulence. Above all, the scenery is astonishing.

Robert now plans to extend aerial circus activities on the island, perhaps working with the Malabharía Circus Festival that takes place in Haría each January.

us activities
Malabharía
ch January.

nbacher



Text: Robert Schwarzenbacher facebook/famaraiso
Website: www.famaraiso.es Aerial dancer: Sophie Jenot
Eco-designer: Valérie Pache Photos: Olivier Laugero, Robert Schwarzenbacher
Tandempilots: Olivier Laugero, Robert Schwarzenbacher

# Breeding Disaster

Lanzarote vet Jane Burke argues passionately for the early neutering of pets - a simple procedure that can prevent so much misery.



y father was a wonderful man. A lifelong agnostic, he tolerated my Christian faith and in so doing taught us tolerance. A mathematician and a scientist, he would argue both sides of any discussion and insist on accurate, unsentimental facts and figures.

He understood the relevance and the nonsense of statistics. He

considered sexism and racism to be indoctrinated rubbish, based on ignorance and the intolerance of fear. He sang in a clear baritone and taught us an eclectic appreciation of music and literature.

He believed that kindness was the most valuable virtue and twice-blessed. And he taught us with indisputable logic that the solution to all problems would ultimately

require population control.

War, famine, disease, global warming, unwanted pets overflowing rescue centers etc. can only, in the end, can only be resolved by limiting the number of creatures that co-exist on our planet. All other efforts are doomed to eventual failure. That is not to say those efforts are not important, they are simply never going to be enough. I beg of you to stop breeding cats and dogs, to stop enabling or encouraging them to proliferate and better still, to get them neutered.

In my other (pre-Lanza) life, against the veterinary wisdom of the time (and all business sense), once I had my own practice I was privileged to be able to forcefully encourage early neutering of female dogs and cats. And 40 years down the line, I still remain absolutely convinced that it is kinder for the individual and the pet population as a whole. As well as my own data, I continue to study the findings of my peers and I would still, hand on heart, advise that your pets and my own, be neutered before puberty.

# The arguments for early neutering bitches are as follows: animals could have gone to.

- It prevents most breast cancer and all cancers of the ovaries and womb.
- It prevents life-threatening infections of the womb (pyometra).
- It prevents pregnancies and false pregnancies and all the risks to life and limb involved.
- It prevents car accidents, falling off roofs, jumping out of moving vehicles of bitches in heat
- It is a much simpler safer surgical procedure requiring less anaesthetic.

# The arguments against are as follows:-

- It is not natural. (If preserving the savage cruelty of nature is your concern, just turn the page!)
- It reduces the size they will grow to. (True in many, if not all, cases.)
- It might change their coat texture. (Only if maturity would have done anyway.)
- It causes passive incontinence. (Just not true.)
- It causes weight gain. (Another lie. Eating too many calories causes weight gain. Full stop.)

The truth is that the veterinary income from any neutered pet permanently plummets, and furthermore, earlyneutered pets simple do not produce anywhere near the veterinary revenue of late-neutered pets. Veterinary practices, pet behaviorist centers, dog trainers, drug companies, etc. all lose significant potential revenue once your pet is neutered and very few will admit to the conflict of interest. Moreover the learning centres for those involved in the above pet trades only provide figures massaged to support late or no neutering. And I speak from experience when I tell you they get very aggressive when challenged.

Fill your glasses and your pets' water bowls with clean water and let's toast to no one breeding another pet until the shelters are empty; no one delaying neutering until one more litter doesn't have to mean half a dozen more shelter pets die or die on the streets from disease and deprivation. This magic island is sinking under the weight of the unwanted already here. Love is complicated and unreliable. Kindness is and indisputable. A toast to pragmatic kindness.

To adopt, sponsor, donate prizes or to help in any other way contact the charity of your choice

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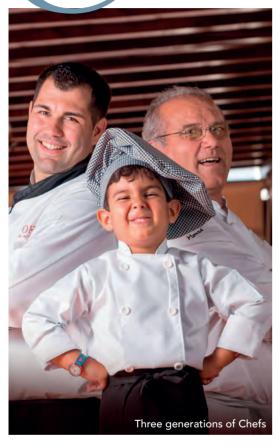


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# Business



## ■ Enter the Arena

Restaurant Arena is already a byword for quality and style on Lanzarote. The exclusive restaurant, tucked away in Puerto del Carmen's Los Mojones zone, offers exquisite food prepared by Chef Luis León, who founded the El Toro restaurant – now run by his family and another reference point for fine dining on Lanzarote. Arena doesn't just serve unforgettable food, though – it's an experience in itself, with beautiful, relaxing surroundings and a luxurious air.

Chef Luis León has been busy elsewhere recently – last month he celebrated Tías's Fiesta de San Antonio by teaching a group of under-12s to create delicious Lanzarote-based recipes from local ingredients.

The session at Tías's Casa Seño Justo was attended by Tias Mayor Pancho Hernández, who enjoyed the results of Luis León's workshop, including tasty banana and gofio balls and dogfish strips in a Canarian sauce.

## ■ Floor clause call

Abogado Erardo Ferrer, in Arrecife, would like to remind all readers that if you have a mortgage with the Banco Sabadell, SolBank, Banca March, Banco popular BBVA or any other bank, or have had one at any time in the last four years, then now is the time to check whether you have fallen victim to abusive floor clauses. To date, Abogado Erardo Ferrer has not lost a single case relating to floor clauses. Even if your bank assures you that clauses in your mortgage contract are legal, there's a high possibility that this may not be the case, entitling you to all the extra interest you've paid.

# Happy Anniversary Super Mario's

24 years is a long time in the Lanzarote restaurant business, and you don't achieve that type of longevity without giving the people exactly what they want. So let's lift a glass to Mario's Restaurante & Pizzeria in The CC Montaña Tropical in Puerto del Carmen, which is rapidly approaching its quarter century in the trade. Mario's formula is simple – great food, gorgeous views, helpful service and live music in the evenings. If you haven't discovered Mario's yet, you haven't discovered Puerto del Carmen.

# ■ This year's Vintage

Vintage Terraza Bar, in the heart of Arrecife, is one of those hidden jewels you'll be glad you hunted down. Behind the door of No 32 Calle Argentina you walk into an open-air terrace that looks more like rural Lanzarote than the centre of the capital. And from then on, it's fantastic food, perfect drinks, terrific live music and a uniquely welcoming atmosphere. In just one year since it opened, Vintage has become a must for anyone who's looking for an unforgettable experience.

# ■ 20 years of underwater excellence

Submarine Safaris is celebrating its 20th anniversary in style this month,, after being awarded a Tripadvisor Certificate of Excellence for the fifth year running. That's 20 years of giving excited tourists the chance to climb on board a submarine and submerge into the beautiful undersea world that surrounds Lanzarote, and five years at the top of the ratings on the world's most important tourist review site.

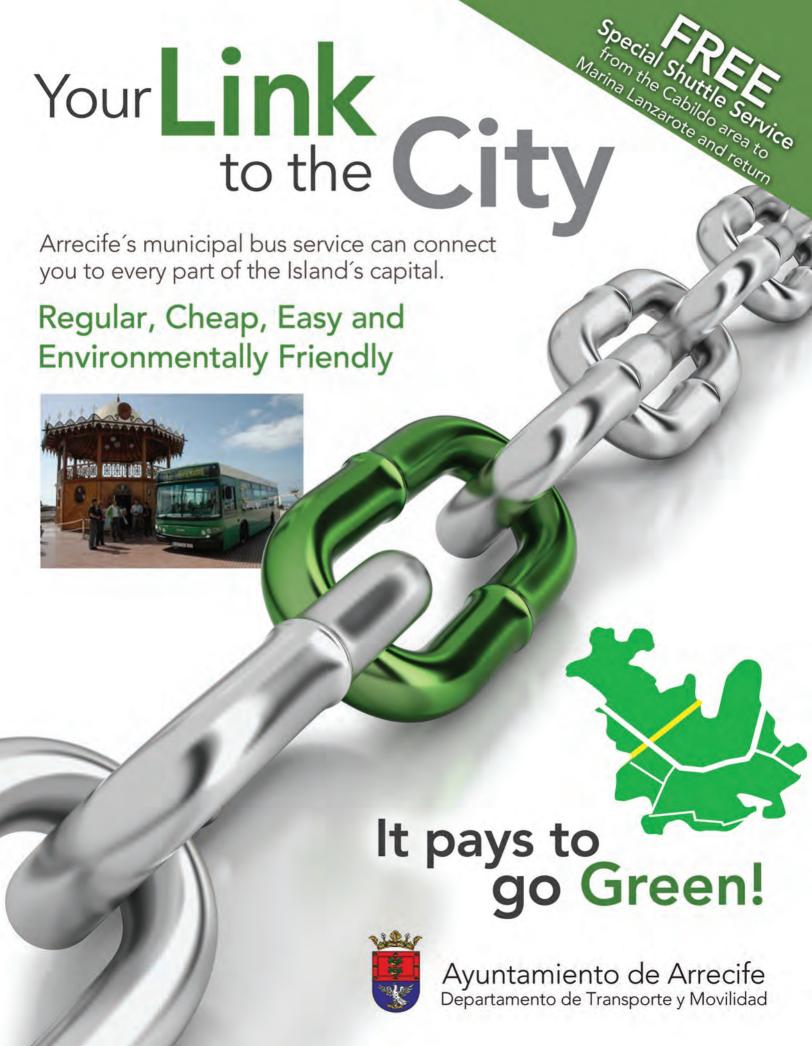
We wish submarine Safaris a happy anniversary and many more accolades.



# Aqualava - five years of fun

For the last five years, Aqualava has been Playa Blanca's premier destination if you want to get wet and wild. The water park offers slides, a lazy float down the Magma River, a Pirate Bay, a giant octopus, plenty of tasty snacks and meals and much, much more.

Aqualava is also ecologically friendly, with tempting water gently warmed by geothermal energy from the volcanic crust of the Earth. So treat yourself, the kids and the planet and get on down there!





eaders are reminded that views and comment expressed within the g-mail pages are those of the contributors and may not necessarily reflect the opinions or standpoint of our staff. It should also be noted that we are an independent publication free from political persuasion or governmental censorship.

## ■ Prom Clean

#### Dear Editor.

I am delighted to say I have been staying in beautiful Lanzarote for the past seven years with the exception of the summer months and Christmas. We purchased our little casa in 2011 and we love every minute spent here in Matagorda. However, I am shocked and disappointed to see that the beautiful promenade has become dirtier and dirtier over the past year or so. I walk every morning as do many of the locals and tourists and I am not sure whether it is dog urine, vomit or just drink spillages but the paving is an absolute mess. I always thought that Matagorda was so proud of the lovely, clean landscaped walk and constantly reminded my friends of this. Please

bring back the maintenance and in the absence of rain please wash the paving.

Love your magazine - keep up the good work.

Thank you Phil Duggan, Matagorda

### ■ The Best of Care

#### Dear Editor.

Approximately 4 months ago I was told by the cardiologist in Arrecife that I need to go to Gran Canaria to the main hospital for tests and a procedure.

As I have had some recent history of heart problems, but no knowledge of a stay in a Spanish hospital, I looked for help and advise through local websites and Gazette Life. Mv worries stemmed from my lack of Spanish and whether I would be able to make myself understood:

I have just returned from a week at the Dr Negrín in Las Palmas, and all my worries were unfounded. The care was amazing, they took a huge amount of trouble to make sure I fully understood every procedure and the quality of the hospital was very good. My wife was helped by the local Red Cross through arrangements made by Arrecife hospital. They supplied a room in a shared apartment right next to the hospital, collected us directly from the flight and helped to check me in and settled my wife. They visited me most days to see if I needed anything. Arrecife arranged the flights which they paid for and gave us open tickets, which was just as well as 2 -3 days turned into nearly a week.

I cannot express how grateful I am for the care I received from the Canarian health services. Many thanks to everyone concerned.

Paul Davis, Playa Blanca

# ■ Sign of the Times

### Dear Editor.

I'd like to add my support to the César Manrique Foundation, who have complained about the proliferation of advertising signs on the island.

Approaching Arrecife from the Costa Teguise side, there are some huge adverts visible - a



Do you want to give thanks, praise or just have a grumble...



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# WHATS ON IN JULY See full listing on page 53

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trend which I think was started by IKEA when it arrived on the island. If you've ever tried to put a modest sign up advertising your own business and been knocked back by the local authorities, it's perfectly obvious that there is one rule for some and another for everyone else.

Right now, this approach to the capital is starting to look like Las Palmas, where adverts and hoardings are one of the main differences between our beautiful little island and a big, commercial city.

How they get away with it I don't know, but if you go to the César Manrique Foundation you can see a wonderful video of the great man raging furiously against overdevelopment on the island. It's easy to imagine what he'd think of this.

Yours Diana Hodges

## ■ All-exclusive

#### Dear Editor.

Your article "Spending Power" (page 18, June issue) shows clearly that while the all-inclusive model remains dominant on the island, the local economy can not hope for too much in the way of recovery.

The all-inclusive model is understandable in third world destinations such as the Caribbean, where going into local towns may be risky, but here on Lanzarote there's absolutely no excuse for it. It is, effectively, a form of colonization, taking advantage of the existing infrastructure of the island without putting anything back.

In 20 years time, will we see an island of luxury hotels surrounded by desperately poor areas, or will the Canarian authorities actually take some measures to safeguard the economic future of their own people? As you mentioned, tourists who hire illegal holiday rentals put much more back into the economy than many of the legal hotels.

I'd like to suggest that instead of "all-inclusive", we rename these hotels "all-exclusive", as they shut local businesses, local communities and the local economy out completely.

Yours Jeff Greene

## ■ The worst noise in the world

#### Dear Editor.

I turn out the light, ready to drift off into blissful sleep after another wonderful day on my favourite island. Just as I'm on the point of no return, my peace is disturbed by the most horrible noise in the world. No, it's not Adele's "Hello" or the barking of the neighbour's dog - I'm talking about the high-pitched whine of a hungry mosquito.

I lie there for a while, occasionally slapping my

own face when the whining stops, but deep down I know there will be no sleep until I've hidden myself completely under the bedsheet (and even then I know I'll get bitten on whichever bit of me sticks out during the night).

So if any of my neighbours happened to glance through my window recently and see a naked man standing on the bed and wildly waving a rolled-up magazine about, I'd like to apologise. It was in self defence.

Yours Kev Playa Blanca

Ed: We've all been there. Kev. Remember that mozzies don't like wind and breezes, so it pays to ventilate your room as much as possible. Try and keep windows closed during twilight and after dark, or put up a light net curtain. Check ceilings and walls before turning in, and if all else fails try a plug-in deterrent or spray. Sleep tight and don't let the bed bugs bite.





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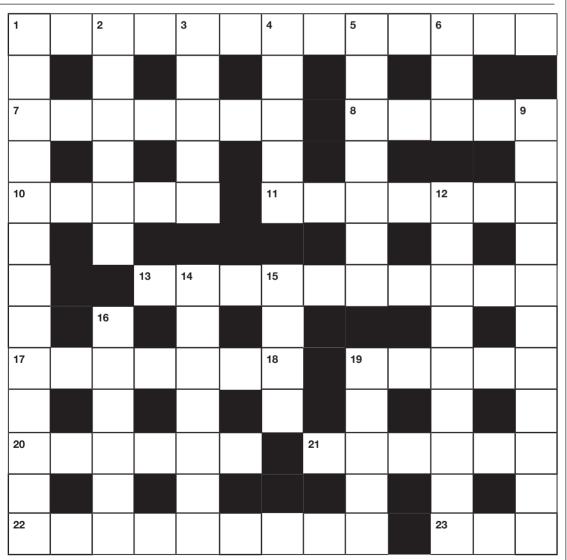
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hocword

It's World Chocolate Day on July 8th, so this month's crossword has a distinct choccie flavour about it. Once you've filled your entry in, send it to us for a chance to win a bottle of Lanzarote wine.

Winner of last month's crossword was Aida Darcy from Ireland. Well done Aida, and don't forget to pick your prize up next time you're on the island.



Last months answers: Across: 1.Vito Corleone 8.Indiana 9.Seven 10.Hobbled 12.Welsh 13.Nausea 14.Opens 16.Nutshell 19.Pops 23.Knowledge 25.Dum Dum 26.Nelson Mandela Down: 1.Voight 2.Ted 3.Charles 4.Roald Dahl 5.Eastwood 6.Nevile 7.Inches 11.Boa 15.Anakin 17.Troll 18.Hello 20.Oldie 21.Simba 22.? (Apologies for the absence of a clue for 22 down, which somehow fell off the bottom of the page).

# **ACROSS**

- 1. Brand of chocolate 6 down
- "How do you eat yours?" (8,5)
- 7. Feature in newspaper or magazine (7)
- 8. Buy One Get One Free (1.1.1.1.1.)
- 10. Quality Swiss chocolate manufacturer (5)
- 11. Chewy chocolate bar made by Rowntree, fishing boat (7)
- 13. Easy to reach, enter, speak with or use (10)
- 17. Ideal worlds (7)
- 19. Basic taste sensation caused by chocolate (5)
- 20. Type of chocolate 6 down containing a small toy (6)
- 21. 1980 No. 1 hit for Olivia Newton John and ELO (6)
- 22. Triangular, comb-shaped Swiss chocolate bar (9)
- 23. Spion ..., popular name for football stands, especilly that of Liverpool (3)

# DOWN

- 1. He won the Golden Ticket to the Chocolate Factory (7,6)
- 2. Making romantic appointments (6)
- 3. In original form (diamond) or undiluted (drugs) (5)
- 4. To give way, or to give forth (5)
- 5. Taxi drivers (7)
- 6. You can't make an omelette without breaking one (3)
- 9. "Life is like a box of chocolates", according to his momma (7,4)
- 12. Conversation and chat over a sit-down meal (5,4)
- 14. The world's most spoken language (7)
- 15. No. 1 hit ballad for The Commodores in 1977 (4)
- 16. McVities biscuit available in plain and chocolate (6)
- 19. To look at fixedly (5)



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## 28th July 2017



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# LANZAROTE COCO

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The latest health news from Lanzarote and Beyond.

#### **VEGAN PRESIDENT**

While he was President of the USA, Bill Clinton was notorious for his appetite, with burgers, doughnuts and barbecue meats high on his list of favourites.

However, after undergoing heart bypass surgery in 2004, Clinton has become slimmer than ever and

now regards himself as a vegan. He consumes no meat, no dairy products and no eggs.

Clinton is far from the only high-profile male vegan today. His successor as leader of the Democrats, Al Gore, is also a vegan, while other surprising vegan stars include boxer Mike Tyson, athlete Carl Lewis, singer Usher and actors Woody Harrelson and Joaquin Phoenix.







#### **BEAUTY SLEEP**

Swedish researchers have claimed to discover that beauty sleep is real.

122 observers were asked to rate photos of 25 volunteers on their attractiveness. The volunteers had been photographed after sleeping and after two days without sleep. Despite the fact that it was difficult to tell most of the photos apart consciously, the observers consistently rated the well-slept photos as more attractive than the sleep-deprived ones.

Researcher Dr Tina Sundelin said: "People who look more attractive are also presumed to have better social qualities (according to a lot of previous research), so it's perhaps not surprising that others also want to socialise with these people. When it comes to tiredness though, there might be other factors coming into play. Perhaps those who look tired are expected to be poor company (less attentive, less sociable) or perhaps they may even constitute risk - since lack of sleep has been associated with making more mistakes. Perhaps it's a combination of these factors."



#### FORGET SUN-BED PREP

Every year countless British and Irish holiday-makers head to tanning shops to get a headstart on their holiday tan. But a new study reveals that this could actually lead to worse sun damage and greater risk of cancer.

Researchers looked at 163 university students who had gone on holidays and discovered that those ones who had visited

sun beds before their holidays were more likely to return home with a sunburn, even though about 12 percent of the people who hit tanning salons said they did so in order to 'prep' their skin for the sun.

The Irish Cancer Society has warned that pre-tanning is more dangerous than exposing yourself to natural sunlight, as sunbeds give off UV rays that can be to fifteen times stronger than the midday Mediterranean sun.

#### **DOUBLE VISION**

The remarkable similarities between the eyesight of identical twins has revived the nature versus nurture argument.

British and Spanish scientists analysed 690 sets of identical and non-identical twins and found that the identical twins had almost identical eye defects, even after the age of 50.

The findings were surprising, showing that even after several decades of different "use", defects develop similarly and are governed by DNA.

The findings also back up recent studies that suggest that eye conditions such as myopia (short sightedness) and astigmatism are far more influenced by genetic factors rather than environmental ones such as eye-strain.



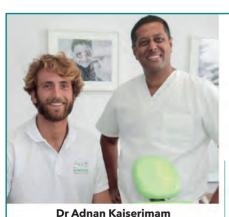


#### WHAT A WAIST

Simple waist measurements are becoming one of the most popular ways to monitor weight. The NHS advises everyone to simply measure their waist at a point midway between the bottom of the ribs and the top of the hips.

If the measurement is 94cm (37ins) or more for men, or 80cm (31.5ins) or more for women, then you are advised to lose weight no matter what height or body type you are. If those measurements are 102cm (40ins) or more for men. or 88cm (34ins) or more for women, then you are at "high risk" and should get in touch with your GP.

British scientists also believe that waist measurement may be a more reliable guide to obesity risks than the BMI. They claim that everyone should aim to keep their waist measurement down to less than half of their height.



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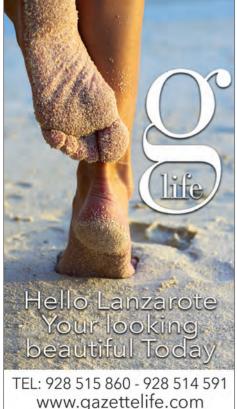
Holidays are supposed to be a time when you can relax, enjoy some quality time and let the pressures and tensions of life ease away. But in reality, they can be among the most stressful events of the year. Here's how to avoid holiday horror...

sk a psychologist how to reduce stress and there's a very high chance they're not going to say "Pack all you need into a suitcase, put your family into a car, queue for hours at an airport, sit in a space measuring 17 inches by 30 inches for four hours, then wait for your luggage before spending two weeks eating strange food in a country that speaks a different language."

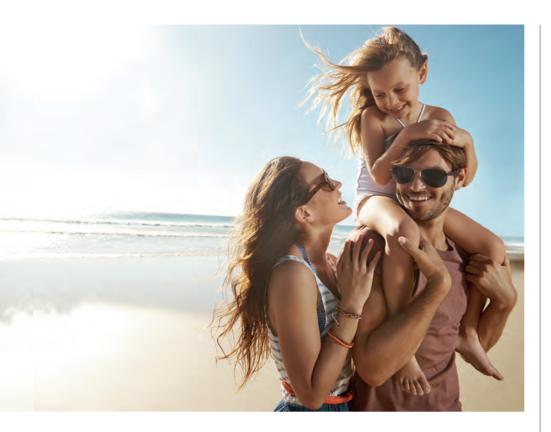
Summer holidays bring adventure and stress hand-in-hand."

Yet millions of us not only subject ourselves to this torture at least once a year, we pay through the nose for it. And, for the vast majority, it's a sacrifice that we consider well worth making for the treasured memories and experiences we get in exchange.

But there's also no denying that holidays can







be stressful. Even though we can't wait to get out of work and school, these places also offer a structured environment that means we can forget about the demands of family life on an almost daily basis. On our summer holidays, you're trapped in a room with your nearest and dearest for a solid fortnight, and tensions can easily arise.

#### Planning

There are two approaches to planning for summer holidays, and they both have their drawbacks. The first approach is to start too early, worrying about every last detail for weeks in advance, before reaching a climax of stress as the flight departure approaches. The other approach is to chill out and leave everything to the last minute, before realising you've forgotten to book airport parking or pack your sunglasses.

It's best to get the really important planning, such as documents, health cards and medical supplies, out of the way well in advance, while less important matters such as clothes can wait for a few days until your flight. Basically, if it's something cheap you can buy at your destination, it's probably not that important.

Writing a list will help. You can add things as you go along and tick those things you've sorted off. Encourage kids to make their own lists, saving you the time to do everything for them. Book more luggage allowance if you need it, but try not to arrive at your destination burdened down like a refugee.

#### ■ Travel hassle

When you're travelling alone, you can afford to saunter up to the check in 40 minutes before your flight leaves. But with a family in tow it makes sense to give yourself as much time as possible. But there's no need to set up camp at the airport, either, Remember that many checkins don't open until two hours before the flight, and no matter how long the queues are, no one gets left behind.

Once you're past security, take time to relax - all you need to know is which gate you're leaving from. If you've booked seats, there's no real need to join the queue for boarding too early, either.

Make sure kids will be entertained on the flight this is definitely a time when handheld consoles can be a godsend, and encourage your brood to get up and stretch their legs a couple of times during the flight.

#### Arrival

If you're hiring a car, the most stressful experience may still be ahead of you - getting behind the wheel and driving on the wrong side of the road. Take your time and, if you think you're not alert, rest or have a cup of coffee. Online map apps now make it a lot easier to plan your journey from the airport, and this is something it's well worth planning well for in advance.

If there are problems with your accommodation when you arrive, make your concerns known immediately. You've had a long day and shouldn't't be expected to put up with unneeded problems. Then, once you're content, treat yourself to a shower, a good meal and an early night - the fun has only just begun!



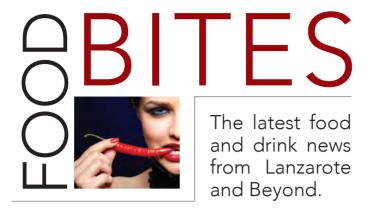


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The restaurant also offers a tasting menu, menus for business, groups or for any other kind of event Opening hours: from Monday to Sunday from 7:00 pm to 11:00 pm





### THE POWER OF PROSE

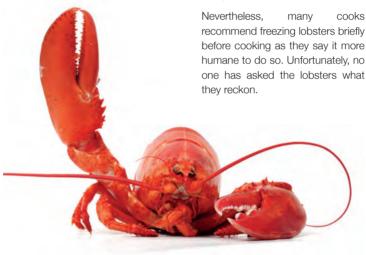
The more flowery the description of wine on the label, the higher consumers are likely to rank it, a study has shown.

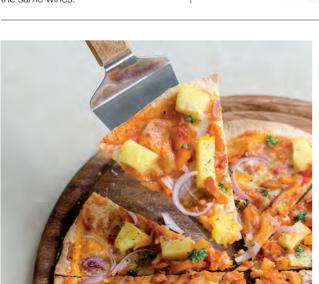
"Sensual fruity top notes, hints of brick and a generous, complex body combine to reflect the unique terroir of this vintage" - if this is the sort of thing that makes you reach for your wallet, then you're not alone.

The Food Research Guide conducted tastings involving three types of wine, each of which was presented with no description, with a basic description and with florid prose praising the delights in store. In every case, tasters rated the latter wine higher and indicated they would be willing to pay more money for it, even though they were drinking the same wines.

#### LOBSTERS ON ICE

An Italian court has fined a restaurant near Florence for keeping live lobsters on ice. The court ruled that freezing the crustaceans constituted "unjustifiable suffering", although





#### HAWAII OH WHY?

Last month the world debated whether St Peter would be opening the pearly gates wide, or pointing straight downstairs after the death of Sam Panopoulos, the man who invented the Hawaiian pizza.

plunging them into boiling water

and cooking them is apparently fine.

The court fined the restaurant €2,000

and recommended that lobsters

should be kept in oxygenated water

tanks at room temperature before

being boiled alive.

Panopolous was the Greek Canadian restaurant owner who took an Italian dish, added a South American ingredient and called it Hawaiian. And ever since the Hawaiian pizza took over the world in the 1950s, arguments have raged about whether his invention is genius or travesty.

Iceland's President, Guðni Thorlacius Jóhannesson, said he would ban pineapple on pizza if he had the power (although his chain of British frozen food shops do a roaring trade in ham and pineapple pizzas). Canadian premier Justin Trudeau then weighed in by saying "I stand behind this delicious Ontario creation."



#### 70 YEARS AFTER WHISKY GALORE

When SS Politician was shipwrecked near the Scottish isle of Eriskay in 1941 with 280,000 cases of whisky on board, the resulting events led to the best-selling book and film Whisky Galore!

But recently, two of the bottles of whisky from that historic shipwreck went up for auction. Both had been rescued from the seafloor of the Politician and had survived the dynamite explosion carried out by local authorities to deter locals from plundering the wreck.

The two bottles sold for £6,875.

## Take





July on Lanzarote is holiday season, a time to relax and do exactly what you want to do. For many of us, working daily in a high-paced world, snatching a bite to eat here and there or dashing into a fast food joint, it takes a little while to get used to the idea that there's no time limit on dining. But here on Lanzarote you can discover how to do it in style.

Sure, if you want to grab a quick snack, a burger to go or a sandwich, there's nothing stopping you. But it also pays to devote a little time to making your meal the highlight of your day.

Long, sun-baked days, warm evenings, endless ocean views, beautiful scenery, laughter, friends, family and, above all, plenty of good food and drink. On Lanzarote in the summer there's no hurry to dine. Take your time and enjoy the essence of good living.

In Britain and Ireland, lunch is something that only really comes into its own at the weekend, in the form of a traditional Sunday roast dinner. The rest of the week it'll be a light meal, often eaten at a desk. But here in Spain, the midday meal remains the most important meal of the day, with hundreds of establishments offering three course fixed menus or something even more lavish.

And at the weekend, many local families

really make an outing of it, occupying an outdoor table in a restaurant, chatting, laughing, sharing morsels with each other and simply soaking up the relaxed convivial atmosphere. There are no waiters trying to hustle them on, no sense of hurry or haste, just an openended glorious experience.

You can see this sort of experience all over the island, from beachfront restaurants in the resorts to the delightful seafood strongholds of El Golfo and Órzola, from tapas bars to rural restaurants where the fragrance of grilled meat whets the appetite and adds another layer of sensual pleasure to the outing.

You'll start with a drink, something icy, cold, clinking in a glass that's beaded with condensation, while you take your

Life is worth living to the full."









time looking at the menu. It's always worth chatting to the waiter to find out what specials are available, as well, before you make your choice.

After just enough time to bring your anticipation to a peak, you'll be presented with a starter. Or two. Or more. In Spain, these dishes are often placed in the centre of the table so everyone can sample a bit of everything. The conversation will often centre around the food in front of you, bringing to mind similar meals, similar slices of good living.

Then the main course will arrive and things may quieten down for a while, as some serious eating gets under way. This, of course, may be accompanied by plenty of good wine – either the fresh, dry whites that the island is famous for, a chilled rosé or perhaps a more full-bodied red *crianza* or *reserva*.

Once the main course is over, a kind of bliss will settle over the table, a perfect atmosphere that gives you plenty of time to enjoy the taste sensations in your mouth and perhaps consider a dessert. Dirty dishes are efficiently removed, your order taken and soon afterwards something sweet arrives to delight your taste buds.

After that, there's the option of a spirit, a liqueur or

just a good, powerful shot of coffee. Even though the main event is over, there's no hurry to move on. Settle the bill at your leisure and don't forget to tip that waiter.

This is something that happens thousands of times every day on Lanzarote; something the island has got perfectly right over decades, and with fresh produce, an ever-increasing range of ingredients and a new wave of cooks who are turning the island into a culinary mecca, there's never been a better time to experience it.

Take your time, because life is worth living to the full.

## RUBÉN CABRERA













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# A Little & Goerything



Eating habits are changing, and dining out offers us the best way to find out how.



hink of the word "dinner" and what comes to mind? If you're British or Irish, then it's almost certainly a plate of food containing some kind of meat, with a starchy staple such as potatoes or rice and some vegetables to one side. Anything not on the plate is a condiment.

So when we eat in, say, an Indian restaurant, we expect a similar structure. That's why Indian, Thai, Chinese and other restaurants will also serve you a main course, but often offer you the option of various side dishes.

In real life, though, Indian cuisine, as well as many other national eating traditions, does not really have the concept of side dishes, or even that of a main course. You either put lots of dishes on the table and help your self to each one, or you just keep separate dishes coming one by one.

This style of eating is also hugely popular in Greece, Turkey and the Middle East, with the Lebanese mezze perhaps being its most famous example. Those Chinese buffets where you fill your plate with whatever you fancy are

Don't limit yourself to one dish. Variety is the spice of life.

also a lot closer to traditional Chinese meals than a plate of chop suey with fried rice.

Spain does have a main meal tradition – the structure of the traditional midday meal is usually

starter (entrante), main course (plato principal) and dessert (postre) - but that is also changing fast. Many Spanish restaurants now offer the option of a *picoteo* – a series of plates containing delicious preparations that keep coming to your

table and which are meant to be shared and enjoyed by a group. Tapas dishes are also an indication that many of us don't feel the need for a central element to our meal.

In fact, the tradition of the main course almost certainly developed in homes, where the women who traditionally prepared food didn't have the time, energy or money to buy and prepare several smaller meals, and so relied on one large one instead.

But if you're eating out, there's no reason why should limit your tastebuds to just one part of the menu. Eat a little of everything and enjoy the best of all worlds!









**Quality & Service since 1999** 

## Authentic Indian food?

#### **Dear Guests**

We opened in 1999 and are still around, trying to preach the gospel that there really is no food as wonderful as Indian food.

Now, almost sixteen years later we have converted several connoisseurs; some forcefully, but mostly by offering our seductive cuisine. The critics themselves think we are great and have even given us awards now and then. Some guests have even invited us over to feed their friends, which we do with pleasure.

Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations.

We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We'll cater it and it will be the talk of the town for quite a while.

Food has always been a passionate subject for us.

We love it here —

Lanzarote is really our home away from home —
but most of all we love you, our dear guests. So enjoy,
and if there is anything we can do to make your experience
more pleasurable, do not hesitate to ask.

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- Children Menus
- Gluten-free food
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#### INDIAN AROMA

Pto. Del Carmen Avda de las Playas14, C.C. Las Tabaibas Tel. 928 528 405 Near Sunset Beach Bar & Tito's Bar Open daily 11.30am - 11.30pm

#### **BOLLYWOOD**

Pto. Del Carmen Avenida de las Playas 67 Tel. 928 511 532 Near Sam Perfumes Open daily 11.30am - 11.30pm

## Let # Music



Lanzarote is a place where music is a way of life, and this summer is no exception.

usic is everywhere on Lanzarote, and as the island has welcomed people from all nationalities and all walks of life, the choice on offer has never been wider. And as the listening public turn away from discos and dance floors to live music, Lanzarote is responding to the demand.

It always has, to be honest. The tourist industry

here has always relied on music, and you'll find talented musicians working everywhere from the biggest luxury hotels to tiny corner bars. The sound of sweet music is guaranteed to attract interested passers-by, and a talented resident band can ensure that a bar gets a huge amount of repeat custom and loyalty.

Most hotels reserve their artists for paying guests, but others, such as the Gran Hotel in Arrecife, offer live concerts open to anyone, where you can take a drink on an elegant terrace and soak up the sophisticated sounds.

The island's authorities are also fully aware of

Play

the importance of music to the island's culture. Every year sees classical and jazz musicians come to the island as part of Canarian festivals, and recent projects such as the Sonidos Líquidos concerts have broken new ground in providing some of the best current bands in Spain performing in surroundings that are remniscent of an upmarket, exclusive festival.

Then, of course, there is the local folk music scene. which is continuing as strongly as ever. You'll see folk musicians every week at the various markets around the island, but they really come into their own during fiesta season, which takes place in the high summer months.

Summer fiestas all over the island will be marked by several open air concerts and dances, as well as encuentros (gatherings) of local folk musicians.

But there's much more - Lanzarote has a strong underground rock scene, with a special fondness for the toughest of grindcore; there are talented jazz performers dotted around the island, flamenco guitarists, African and reggae groups, and a dedicated electronic underground. They're all there if you just dig a little deeper and look for them.

Open your eyes, and open your ears.

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JUL21: BOBBY & STEVE - GABRIELE POSO LIVE!

JOSE RIVEROL & YERAY TREMPS - KIKO NAVARRO

AUG 4: PARIS FERNANDEZ - MAD MATS - DJ FLORO

MARK DE CLIVE LOWE FT. OMAR LIVE!

AUG 18: JUAN SOUL FT. MIMI BARBER LIVE!

AUG 18: JUAN SOUL FT. MIMI BARBER LINE!
GASPAR ANTUÑA · DANIELE MAD · TERRY HUNTER
SEP 8: JOHN MORALES · JONI ROMERO · DJ SPEN · DJ INO

















# That's of the second se

#### **MUSIC**

#### SILVIA PÉREZ CRUZ "VESTIDA DE NIT"

#### 1st July @ 9pm

Arrecife, Teatro El Salinero, Entry 20€.



#### CANDLELIGHT CONCERT

#### 1st July @ 10pm

With the Lanzarote Classic Orchestra, Arrecife, Charco San Ginés. Free entry.



#### **CONCIERTOS CLÁSICOS ARRECIFE 2017**

#### 8th July @ 8:30pm

Quintet of the Lanzarote Classic Orchestra "La Música Española". Arrecife, Sala José Saramago FCM, La Plazuela. Entry 15€

#### LIVE MUSIC AND PRIZE DRAWS

#### 15th July @ 12pm

Live music from 2.30 pm; prize draws from 8.30 pm. Vintage Bar, Arrecife.

#### JAMEOS MUSIC FESTIVAL 2017

#### 21st July @ 9pm

With Bobby and Steve, Gabriele Poso, Kiko Navarro, José Riverol and Yeray Tremps, Jameos del Agua.



#### LOS SALVAPANTALLAS 30th July @ 12am

Popular local band. Conil. Teleclub

#### 10TH MAR EN CALMA FESTIVAL

#### 29th & 30th July

Music, theatre and more, Playa Honda.

#### **THEATRE**

#### LAS PÉREZ GARCÍA

#### 1st July @ 9pm

San Bartolomé, Teatro, Entry 5€.

#### COLORETE

#### 15th July @ 8pm

Puppet theatre, Tinajo, Teatro Municipal. Entry 3€

#### **SPORT**

#### LANZAROTE SUMMER CHALLENGE 2017

#### 1st July @ 9am

Crossfit Event, Arrecife, Playa el Reducto

#### EUROPEAN FREESTYLE PRO TOUR – WINDSURF

#### 5th to 8th July

Costa Teguise, Playa Las Cucharas

#### **TRANSAJACHES**

#### 8th July

Running competition, 14 and 20k, Femés.

#### OCEAN LAVA ARRECIFE TRIATHLON 2017

#### 15th July

Arrecife

#### IX TRAVESÍA BAHÍA DE PLAYA BLANCA 16th July

oth July

#### Swimming Competition, Playa Blanca.

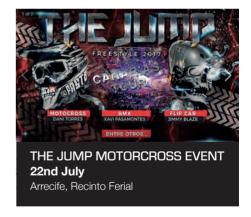
#### I MILLA POPULAR LA SANTA 22nd July

One mile running contest, La Santa

#### V CIRCULAR NOCTURNA ARRIETA

#### 22nd July @ 8pm

Running competition, Arrieta, Playa La Garita.



#### **EXHIBITIONS**

#### EL PAISAJE EN LA COLECCIÓN MIAC/LANDSCAPE IN THE MIAC COLLECTION

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#### Until 23th

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#### **OTHERS**

#### LA NOCHE BLANCA 2017 (WHITE NIGHT)

#### 28th July @ 5pm

Concerts, DJs, theatre and more. Villa de Teguise

#### ORIGINAL PALS CAR BOOT SALE

#### Every Sunday @ 9am

Lanzarote A Caballo. Sellers arrive 8-8.30am. No booking required. Price per stall €10

#### **GREAT KENNEL KLUB SALE**

#### 1st July @ 10am - 2pm

This month and the first Saturday every month. Terraza Concord, C/Mástil 71, Playa Honda.

#### CAR BOOT SALE IN AID OF SARA ANIMAL CENTRE

#### 8th July @ 9.30am - 12.30pm

Tahiche Garden Centre.
Call 646 838 749 for info or to volunteer.

#### **9LIVES BARGAIN SALE**

Saturday July 29th @ 11.30am - 1pm

Güime, Sociedad

#### EVERY ...MONDAY...

**11am:** Beginners Line Dancing, Sun Park Living, Playa Blanca

**12pm:** Water Gym, Sun Park Living, Playa Blanca

#### EVERY ...TUESDAY...

**9am - 2pm:** Farmers Market, Pueblo Marinero, Costa Tequise

> 8am - 3pm: Market, Puerto Calero

**7pm:** Jameos Nights, Dinner and live music, Jameos del Aqua

#### EVERY ...WEDNESDAY...

**9am - 2pm:** Market, Playa Blanca, Marina Rubicón

10am: The Lanzarote Shed, Sports Centre, C/Los Roferos 1, Puerto del Carmen

**6pm - 10pm:** Handicraft Market, Pueblo Marinero, Costa Tequise

**7pm:** Jameos Nights, Dinner and live music, Jameos del Agua

#### EVERY ...THURSDAY...

**8.30pm:** Live Music, Vintage Bar, Arrecife

#### EVERY ...FRIDAY...

8am - 3pm: Market, Puerto Calero

10am - 2pm: Market, Old Town, Puerto del Carmen **5 - 10pm:** Market, Pueblo Marinero, Costa Teguise

**10am - 1pm:** Social Friday, Sun Park Living, Playa Blanca

Last Friday every month: 10pm: Toñin Corujo,

Arrecife Gran Hotel and Spa

#### EVERY ...SATURDAY...

**9am - 2pm:** Market, Playa Blanca, Marina Rubicón

**9am - 2pm:** Market, Arrecife, Plaza Iglesia de San Ginés

**10am - 2pm:** Market & Handicraft Market, Haría, Plaza

10am - 2pm: Market, Uga

**8pm:** Jameos Nights, Dinner and live music, Jameos del Aqua

Last Saturday every month:

**10pm:** Lanzarote Big Band, Arrecife Gran Hotel and Spa

#### EVERY ...SUNDAY...

9am - 2pm: Market, Teguise

#### 9am - 2pm:

Farmers & Handicraft Market, Mancha Blanca, Plaza de los Dolores

10am - 2pm: Market & Handicraft Market, Uga

> 1 - 5pm: Cuban music, El Patio Creperie, Teguise

**3 - 5pm:** Jazz session at the Crafty Cow, Puerto del Carmen

**8am - 2pm:** Lanzarote A Caballo Car Boot Sale

#### WHATS ON IN To book your seats either call us (0034) 928 511690 or email us on info@cinemalanzarote.com Visit our website: www.cinemalanzarote.com Movies in English every night. Simply switch language on headphones. OPEN AIR Adults 15€ Children 12€ CINEMA THURSDAY **SATURDAY SUNDAY MONDAY TUESDAY** WEDNESDAY **FRIDAY** MOONLIGHT LA LA LAND 5 6 JURASSIC WORLD OFFICE CHRISTMAS PARTY GREASE MOANA WHY HIM? FIFTY SHADES DARKER THE GIRL ON THE FOUNDER ASSASSIN'S CREED SPLIT ALLIED ALLIED LEGO BATMAN GREASE LA LA LAND MONSTER THE GIRL ON ASSASSIN'S CREED **BAD MOMS** ALLIED SPLIT FIFTY SHADES DARKER SPLIT MOONLIGHT MOONLIGHT THE FOUNDER LA LA LAND 15 MOANA MONSTER TRUCKS 17 OFFICE CHRISTMAS PARTY 18 JURASSIC WORLD 19 MONSTER TRUCKS ASSASSIN'S CREED 16 THE GIRL ON WHY HIM? THE GIRL ON THE TRAIN SPLIT FIFTY SHADES DARKER MOONLIGHT ALLIED 22 LEGO BATMAN MOANA 24 BAD MOMS ALLIED 26 MOANA 27 OFFICE CHRISTMAS PARTY 28 LEGO BATMAN THE GIRL ON THE TRAIN **GREASE** WHY HIM? WHY HIM? **SPLIT** MOONLIGHT THE FOUNDER LA LA LAND JURASSIC WORLD MONSTER find us at: ROOFTOP Entertainment Centre , Biosfera Shopping Plaza Avda. Juan Carlos I, N°15 5ta planta - Old Town, Puerto del Carmen **ASSASSIN'S CREED** FIFTY SHADES DARKER **GREASE**

# Art& Culture



#### Jameos Festival

July 21st

If you were to sit down and try and dream of the perfect venue for a club night, your imagination probably couldn't come up with anything as spectacular as Los Jameos del Agua.

This stretch of an ancient volcanic tunnel was used as a tip until the 60s, when César Manrique transformed it into what film start Rita Hayworth described as "the eighth wonder of the world."

And this summer, Los Jameos once again welcomes some of the world's bnest Djs for four unmissable nights of music.

The first event, on July 21st, brings London garage legends Bobby & Steve to Lanzarote, along with a live performance by Italian multi-instrumentalist Gabriele Poso. They'll be supported by Spanish house DJ Kiko Navarro and Canarian duo

José Riberol and Yeray Tremps.

Later events in August and September will see attractions such as Mark de Clive Lowe and soull singer Omar; Mad Mats, Terry Hunter, DJ Spen and pioneer John Morales. Tickets are €34 (or €26 for the first 200) and are available at the www.cactlanzarote.com website.

## Get Wet this Summer

Various dates

For an island surrounded by water, it's not surprising that swimming plays a major part in the island's sporting calendar. But it's in the summer months that the sport really takes off, with a series of travesías (crossings) organised by swimming clubs all around the island.

This month, for example, the 15th will see the annual 1,500 metre swimming contest in Playa Blanca, with shorter distances for children; while on the 29th swimmers will plunge into the waters of Playa Jablillo in Costa Teguise for their swimming contest.

Competitions will continue throughout August and September, culminating on the 30th of September with the Travesía A Nado El Río - the epic swim from Lanzarote to La Graciosa.

If you're a waterbaby who fancies signing up for any of these events, you can register at www.lanzarotedeportes.com. A medical certificate from your doctor and a small fee are usually required.





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July 29th-30th Playa Honda Live music, children workshops and shows and much more July Youth Month
Trekking, Make-Up,
Tournements, short film Festival,

Playstation. Skate workshop



#### Jägerbone

#### Every Week

If you're in Playa Blanca on a Monday, Wednesday, Saturday or Sunday, pop along to the Jungle Bar, in the CC Papagayo overlooking Playa Dorada and catch Jägerbone. The resort's top rock band are Sly and Camy from France, Dan from Plymouth and drummer Zingro from Italy, and they've been packing them in on a regular basis.

Sly, Camy and Dan all sing, and play guitar and bass - taking turns to lead the pop and rock covers and the originals that have brought them a devoted crowd.

"it's like a dream to make your living playing music," says Sly, and the band have made plenty of friends in their time at the Jungle Bar, with musicians often stepping up to join them on stage.

Jägerbone play as a full four-piece at the Jungle Bar on Wednesdays and Saturdays, while the three guys also play on Mondays and Sundays. Sets start around 9.30 pm.





#### White Night

#### 28th July

The old town of Teguise's Noche Blanca (White Night) is now an established annual event, and one which thousands of islanders wouldn't miss for the world.

The idea of the White Night was born in St Petersburg, Russia, and marks an all-night arts festival held to take advantage of the light midsummer nights in that city. Nowadays, White Nights take place everywhere from Australia to Iceland.

Teguise's Noche Blanca will take place on 28th July, and as usual, Lanzarote's most historic town will open its doors for an evening of culture, music, fun, food and drink.

Many who attend the event dress up in white to celebrate this lively and enchanting evening, and this year the local council has promised even more street entertainment than in previous years.











Puerto del Carmen has become a

legend among millions of holiday makers; the scene of countless happy holidays and unforgettable memories.

But just 60 years ago it did not exist. Instead, the little village of La Tiñosa made its living from fishing and agriculture, just like the rest of the island.

Then, in the 60s, three things happened – air travel became cheaper; Lanzarote built a water desalination plant and César Manrique began to transform his native island into a unique destination. La Tiñosa was renamed and tourism arrived on the island.

Puerto del Carmen was the first resort on Lanzarote, it remains the biggest and most popular and it still sets the pace for Lanzarote. It's the heart of it all.

### FANTASTIC FACT

Puerto del Carmen has become a legend among millions of holiday makers; the scene of countless happy holidays and unforgettable memories. Holidays and unforgettable memories.

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#### Bookswop I Fariones Hotel end Corner of C/Timanfaya, Puerto del Carmen Mon - Fri 9.30 - 3.00 Sat 09.30 - 2.00 Sun closed Tel: 928 514 931

## Bookswop II San Antonio Hotel end C.C. Costa Luz, Puerto del Carmen Mon - Fri 9.30 - 4.00 Sat 09.30 - 1.30 Sun closed Tel: 928 513 563





#### FANTASTIC FACT

People have lived at La Tiñosa since the island was conquered in 1402, but it was the volcanic eruptions of 1730-34 that turned it into a village of importance.

You already know that Puerto del Carmen has shops, bars and restaurants galore, but it's also packed with facilities that make day-to-day living easy and convenient.

The resort boasts two excellent private schools, and state-run primary and secondary schools; and you're never far away from a clinic or other health facility. There are football pitches, tennis courts, pools galore and quick and cheap public transport links to the rest of the island.

There are English bookshops, a post office, insurers, accountants, lawyers, banks and almost everything you need to live and work efficiently and comfortably.



## Puerto = carmen

LANZAROTE

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#### Let your Hair Down

In Puerto del Carmen you're never far from a hairdresser or beauty therapist who can help you prepare for a special night out or just keep you looking fantastic for endless long and lazy days by the pool or on the beach.

Shopping is another plus, with plenty of places to find an outfit that's perfect for sun-kissed days or exciting nights. If you're on holiday, or if you live there, it's worth making that extra bit of effort in the island's capital city of leisure and fun.

#### Athletic style

Sporty style is everywhere on Lanzarote, and especially in Puerto del Carmen - the centre of the annual Ironman Race. From lycra to loose and funky surf gear to cool swimwear and preppy sailing gear, this is a place where the joy of active outdoor living can be seen all along the seafront and beyond. Clean, comfortable, well-groomed and bang on trend, it pays to make that extra effort.

Night on the Town

a effort. After sunset Puerto
del Carmen tends to
smarten up. We're not
talking formal wear here,
just making a little more effort
to sparkle and stun. Elegant but
still casual is the way to go. Dress
to impress, but stay comfortable –
Lanzarote nights can go on for a long time.

The action doesn't usually start until late, giving you the time to sort that hair style you need to shine or a beauty treatment that will add the finishing touches to your look.



FANTASTIC FACT

Puerto del Carmen is named after the Virgin of Carmen, patron of fishermen.

#### Be Cool

As a holiday resort, Puerto del Carmen is a place to relax and do exactly what you want to do. Hit the beach or find a shady terrace, and enjoy all the time in the world to get lost in a good book, peoplewatch or simply soak up the atmosphere.



Biolab

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Puerto del Carmen's appeal is hugely varied, but while the sun's sailing high in the sky it's the beaches that take centre stage...

#### Sun, sand and sea

Puerto del Carmen has four main beaches: the three immense golden strands of Matagorda, Los Pocillos and Playa Grande, and the small but perfectly formed Playa Chica, where bathers and scuba divers share

Swimming is safe and monitored by lifeguards, the waters are clean and refreshing, and the sands are golden and have kept millions of toddlers, children and even adults occupied for decades. And unlike the island's wilder beaches, you're never far from a bathroom, a shower, a shop or somewhere to get a meal or a drink.

The sands of Puerto del Carmen's beaches do not come from the Sahara, as many believe. They are naturally occurring, made of billions of seashells and have swept down to the south from the dunes of Famara over centuries.

#### Beach Reading

Thousands of Lanzarote holiday makers have returned home and shaken sand from the pages of the book they were reading on holiday. Kindles and smartphones may tempt many, but there's still no substitute for a sun lounger, a beach umbrella and losing yourself in a paperback for an hour or two. And in Puerto del Carmen you'll find bookshops that will keep you entertained in your own language.







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JULY

• Unique vegetarian dishes







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### **IMAGINE INDIA**

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Puerto del Carmen had fed and entertained many millions of tourists in the last 50 years, and judging by how many of them choose to return it's got it down to a fine art.

#### Spanish Flavours

There's no better place to sample the local cuisine than the island's principal resort. Try one of the upmarket Spanish establishments, where you're guaranteed to get terrific seafood, perfect steaks and an array of tempting tapas; or look for hearty and delicious Canarian cuisine, with its mouth-watering mojo sauces, fish so fresh it's almost jumps off the plate and those irresistible little wrinkled potatoes.

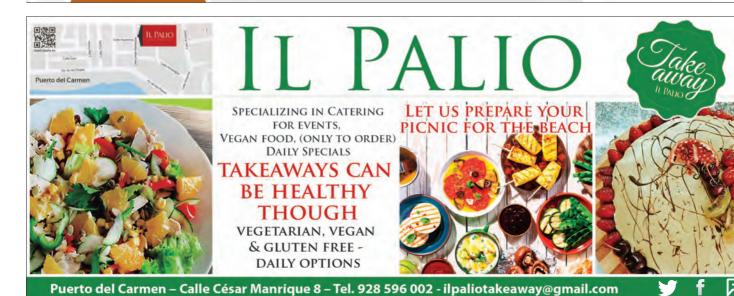
#### Dine in Style

A classy evening meal or a long, lavish lunch in luxurious surroundings are an essential element of many holiday makers' experience, and Puerto del Carmen certainly has plenty to offer in the upmarket sector.

You'll find great restaurants with skilled, innovative chefs throughout the resort, and your dining experience will be enhanced by endless sea views.

#### FANTASTIC FACT

The local fishing fleet still brings tuna into the Old Port.









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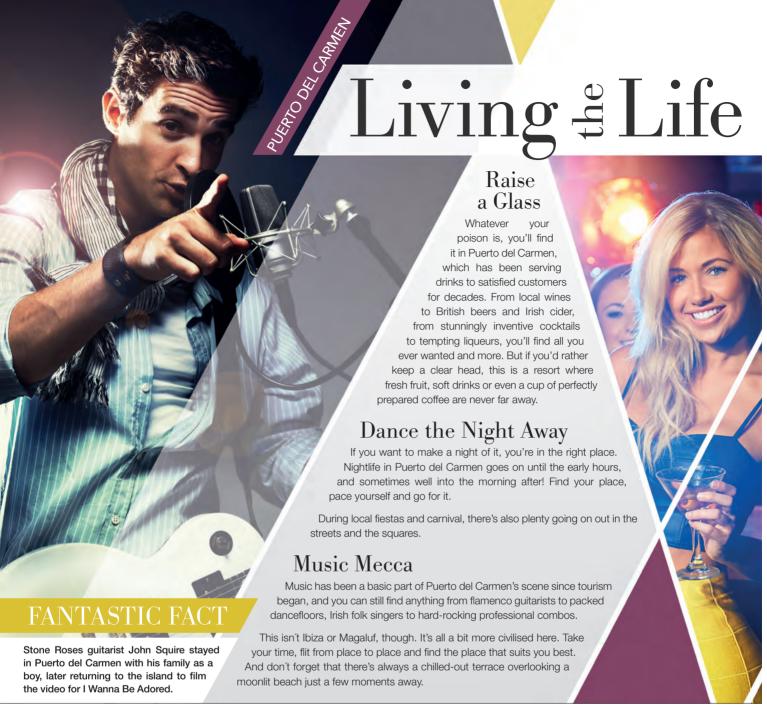














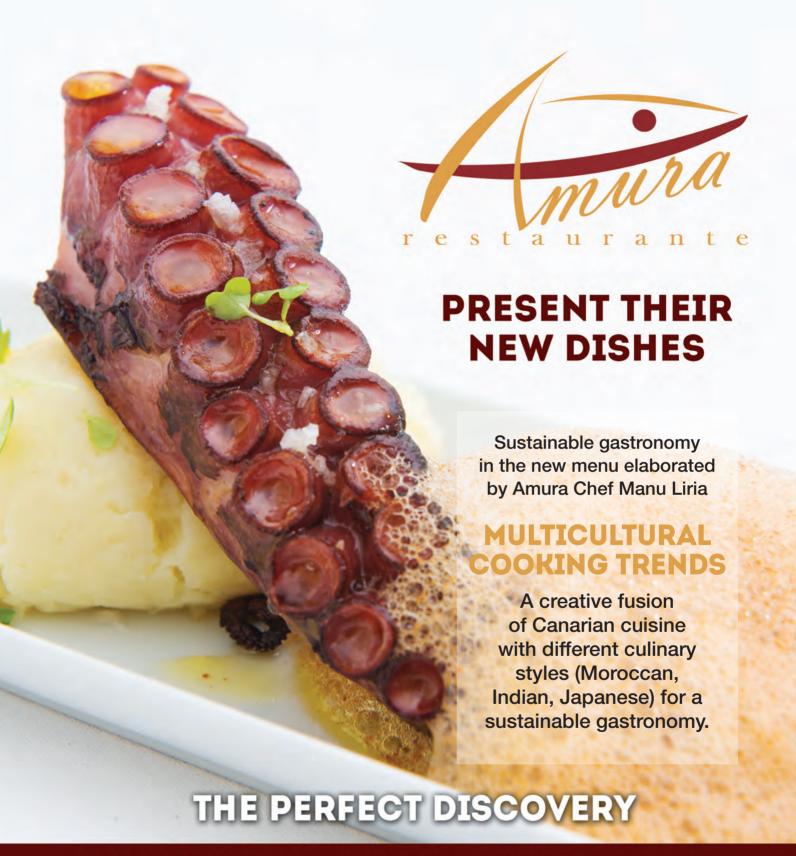












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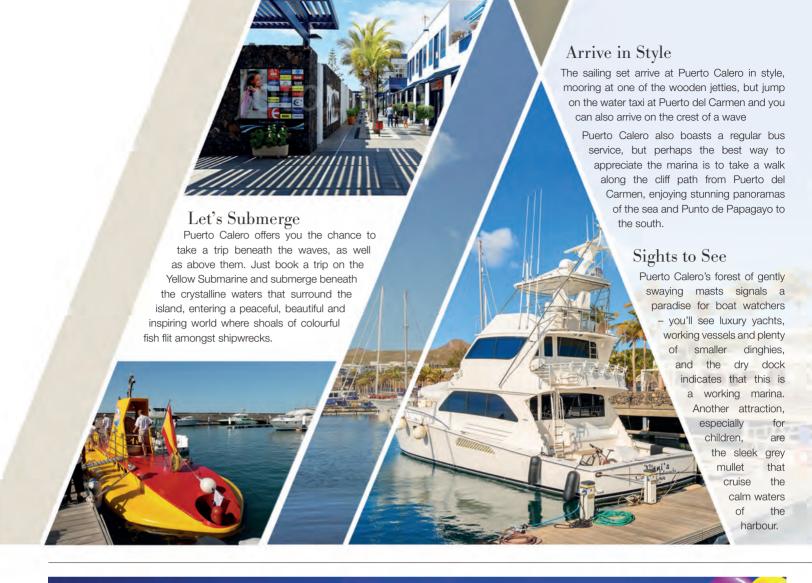


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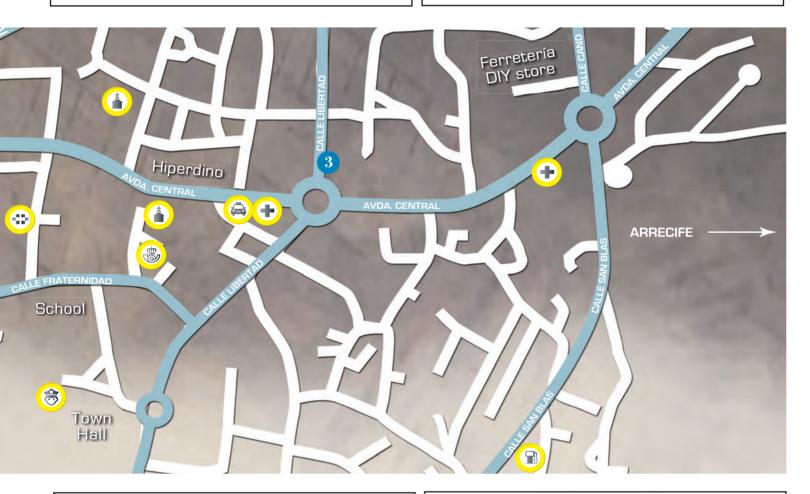
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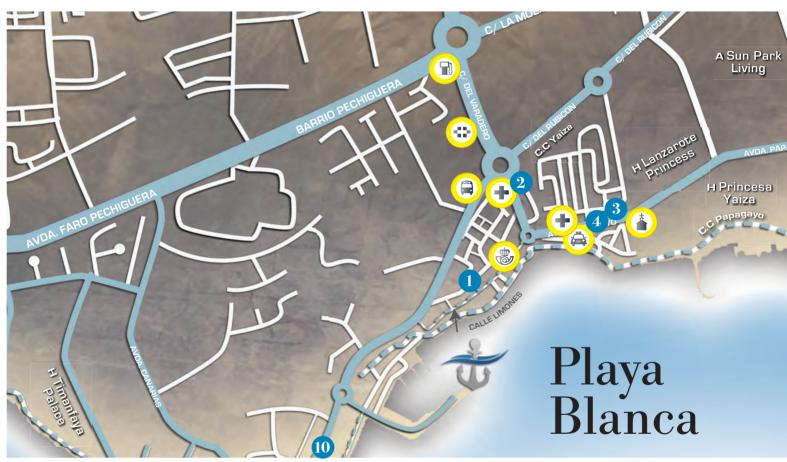




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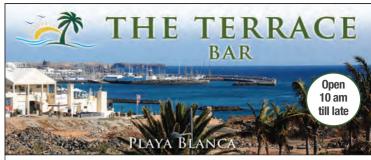
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NEW TO MARKET Semi-detached 2 bed 2 bath with scope for creating a further 2 or 3 beds and 2 separate apartments on the lower level. With private pool. An interesting project!

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Ref. 239 - PLAYA BLANCA

#### NEW TO MARKET

Detached 2 bed 2 bath property with roof terrace on corner plot with access to communal pool. Sea views.

PRICE: 289.500€



Ref. 261 - PLAYA BLANCA

#### SEA VIEWS

Detached 2 bed 2 bath property with private pool on large corner plot in gated

PRICE:290.000€



#### NEW TO MARKET

A detached 2 storey villa in a quiet area - 4 bed, 2 bath, garage and games room, private heated pool.

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3 bed 4 bath detached new build modern villas with private pools and sea views. In upmarket Los Mojones.

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Ref. 231 - PLAYA BLANCA

#### SEA VIEWS

2 bed 2 bath detached villa in Las Coloradas. With 2 lounges, dining room, conservatory and wine cellar.

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#### Ref. 345 - PLAYA BLANCA

3 bed 1 bath semi-detached bungalow on Casas del Sol. With use of heated communal pool.

PRICE: 215.000€







# L'roperty Shorts

Spain still attracting foreign interest



Property demand for Spanish Property rose by 15.6% in the first quarter of 2017. British demand,

though falling 23.6%, has not collapsed, according to statistics from the Spanish Land Registrars' Association.

The number of homes sales involving a foreign buyer inscribed in the Land Register in Q1 rose by 15.6% on the same period last year.

The British were still the largest group of buyers by a wide margin, with 2,150 home purchases and a 15% foreign market share, followed by the French (10% market share) and Germans (8% market share).

However, British demand has fallen by 23.6% in this period - clearly a result of currency fluctuations resulting Brexit. Irish purchases also fell by 5% in early 2017. In contrast, Italian buyers have increased by over 50%.

### Building in crisis

decade after the financial crisis that devastated the construction sector, more people in the Canaries are now working in construction every year. In 2009, two years after the property bubble burst, only 20,000 workers remained in the sector: however. that figure has now doubled to 40,000. Before the crash, there were 90,000 workers in the sector.

Many of the workers emigrated from the island or returned to their native countries, after the credit crunch saw countless projects stopped in their tracks. However, the figures now point to modest growth, with the main centres for building being Gran Canaria and southern Tenerife.

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Canaries in the top three



The Canary Islands are one of the three ■ Spanish autonomous communities where the prices of homes have increased most in May.

Figures from the Idealista Price Index show that house prices rose overall in 15 of Spain's 17 autonomous regions, with the Balearics (+2.4%), and Murcia and the Canaries (both +1.4%) leading the field. The province of Las Palmas, in which Lanzarote is situated, showed

an impressive rise of 2.1%.

As always, it is coastal and tourist areas that are showing the best performances, reflecting the huge importance of foreign buyers to the sector. While there are some signs of a recovery in the domestic Spanish market, this still seems to concentrated in the hotspots, while inland provincial areas such Castilla y Leon remain stagnant or in negative territory.



### Tenants better than tourists?

new study by two economics professors in AMallorca suggests that rental owners may make more money from long-term rental contracts than short-term holiday lets.

The shortage of long-term rental housing in many areas is based on the belief that landlords find it more lucrative to chase the tourist market than rent long-term. The study claimed that holiday rentals on Mallorca only provided an average income of €395 a month, making long-term contracts significantly more attractive as an investment.

However, the study was based on the Balearic market, where out-of-season holiday rentals between November and April are far less popular than they are on the sunny Canaries. The study has also been attacked by Pilar Costa, vice-consul of the Balearic government, which has taken strong measures to limit holiday rentals recently.

## No gain, no pain

Pain's Constitutional Court has ruled that taxpavers should not have to pay the municipal plusvalia tax if they have sold their homes for less than they purchased them for.

The Plusvalia tax is a tax on the increase in value on land, and is usually based on estimates made by local councils. However, cases in the Basque country in which sellers have still been taxed according to the estimates even after selling their property at a loss, or below the estimated price, prompted a court case.

The principal victims of the law existing previously to the court's decision have been those who have been forced to sell their properties back to banks after failing to pay mortgage payments, but who have discovered that they may still be liable for taxes

However, at the moment only those who have sold at an actual loss may be able to reclaim Plusvalia taxes, according to experts.





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## Scam Rental Crackdown



The Spanish National Police have arrested 10 people in connection with a holiday rental scam that has conned holiday makers out of an estimated €500.000.



Google reverse image search on any of the photos on the site would reveal that the properties, as well as the "employees" of the companies were simply photos stolen from other websites.

The scams mainly took place in Canaries Balearics.

police were alerted to the perpetrators after they opened bank accounts in Valencia using false documentation. The arrested appear to be Romanian nationals, who would immediately withdraw the money transferred and take it back to Romania.

Police also revealed another trick used by the conmen, who would contact advertisers on other rental sites and pose as site administrators, requesting passwords and access codes to deal with "technical problems." Once received, the conmen would change the details of ads. meaning that potential clients would contact them rather than the owner. Money would then be demanded for illicit rentals.

t has been confirmed that those arrested were responsible for the scams that this magazine warned readers about earlier this vear.

The group would set up websites named "Canaries Villas" or "Canarian Villa Rentals", advertising tempting rental properties at prices well below thew market average. These adverts would be accompanied by stunning photos of properties that the conmen had lifted from genuine real estate or rental websites.

Those who responded were encouraged to pay all or some of the rental money up front, but when they arrived at their destination they would

discover that the villa or apartment in question simply didn't exist. The unfortunate victims not only had to accept the loss of their money, but also had to shell out for replacement accommodation, too.

The websites used by the scammers were only online for a few weeks before they closed them down and opened another site. However, use of

Police traced the conmen to a bank account in Valencia."

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Playa Blanca - Price 260,000 euros Type Villa | Bedrooms 2 | Bathrooms 2 Plot 200.00 m<sup>2</sup> | Built 90.00 m<sup>2</sup>

2 bed villa with private pool and parking close to the light house in Playa Bland



Puerto del Carmen - Price 90,000 euros Reference PDC348 Type Apartment | Bedrooms 1 | Bathrooms 1 Plot 54.00 m2 | Built 48.00 m2

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Costa Tequise - Price 120,000 euros Type Apartment | Bedrooms 1 | Bathrooms 1 Plot 65.00 m2 | Built 55.00 m2

A variety of 1 bed apartments on a popular complex in Costa Tequise



Puerto del Carmen - Price 99,000 euros Reference PDC1033 Type Apartment | Bedrooms 1 | Bathrooms 1

Plot 60.00 m<sup>2</sup> | Built 44.00 m<sup>2</sup>

Large studio apartment with stunning views on a complex



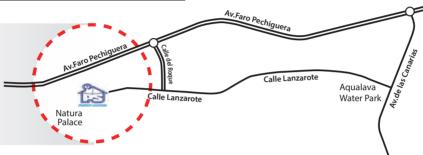
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PS20044:

The owners have taken great pride in the presentation of this property throughout. 2 Bedrooms and 1 Bathroom with communal pool 189,0000.00 Euro



## PROPERTY BUYERS This article is a general guide to buying guide as the Escritum Notary's Office.

This article is a general guide to buying real estate in The Canary Islands. It has been compiled from the knowledge and experience of a number of professionals involved in the selling, buying and conveyancing of property in Spain, but it should not be taken as a substitute for proper legal advice.

LOCATION

Is your property is intended for holiday use, longer term visits, or do you intend to live here year round? Your choice of location should take your needs into account, such as schools, medical services and recreational outlets.

#### RESEARCH

You need to know a great deal more about your property than you would if you were just spending a couple of weeks there. If there is a community association, ask your neighbours if it is well run. Ask about the community fees -don't forget that if you are in a Community you are legally obliged to pay these.

#### **BUYING THE PROPERTY**

First, make sure that the person selling you the property is entitled to do so. Your agent will be able to supply you with a list of suitable lawyers to act on your behalf, or the British Consulate in Las Palmas can provide a suitable list on request. Your lawyer needs to check out your intended property thoroughly.

A check of legal title will be made through a search in the local Land Registry Office, which will also indicate if there are any mortgages or charges against the property. If you are buying a plot of land, the lawyer will also check if you can obtain permission to build on the land, and what size and

o f
ng, property
ain, you can
build. Once you
have been assured
by your lawyer that all
is in order, you will need to

sign a Contract of Purchase

raised by a lawyer, and pay a

deposit which is usually 10% of the intended purchase price; this deposit is normally held by the lawyer who has been appointed to arrange the signing of the

Title Deed.

The contract will state the terms and conditions of the sale and will state a specific time for completion of the transaction.

If you decide, up to this completion time, that you cannot proceed with the purchase, you will forfeit the deposit paid, but if the seller changes his mind, he must return the deposit to you in full, plus a compensation payment for damages.

The next step is to complete the transaction by making the outstanding balance of payment and signing the title deed, which is known in Spain

as the Escritura. This must be done in the Notary's Office. The Notary's task is to ensure that all of the legal documentation is correct. He will also carry out a search in the Land Registry Office on the day of signing to check the current status of the property or land (and will require the last annual rates receipt from the council in which the property is situated), that this is up to date as well. It is essential to ensure that your lawyer has current receipts for all other such as





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water, electric and community charges, as debts such as these in Spain are levied against the property and not the owner. Notaries now also demand an Energy Performance Certificate. When in the Notary's Office, you will be asked to produce your passport as evidence of identification. You will also be advised to obtain a NIF number, which your lawyer can arrange for you.

#### MONEY MATTERS

If you are not resident in Spain and are buying property or land it is advisable to bring money from abroad to complete the purchase. It is simple to open a non-resident account in a local bank, and your estate agent will normally help you with this. You can then transfer your funds from your own bank in the UK to this new account. On the signing of the new Title Deed your cheques for payment will be shown to the Notary and included as part of the documentation of the deed.

**COMMUNITY** They must be inscripted with details of the property of land to be purchased, or have investment certificate from the issuing bank attached. The Notary will also require you to sign a Spanish ministry form, declaring that the investment has been made. It is also possible when purchasing from a non-Spanish resident to pay the completion funds abroad in any currency. In this case, the deed will state an equivalent amount in Euros, as this gives the value in which the transmission tax (stamp duty) is calculated. You will have to produce more than one cheque as you must also pay a capital gains tax retention. In this situation, a sum of 3% calculated against the value declared in the title deed is retained and paid to the Spanish Tax Authorities to cover the seller's liability.

Estate Agent's fees are normally paid by the vendor and the details of the specific percentage to be paid will normally be noted in the Purchase Contract.

Some unscrupulous illegal agents have been known to charge the purchaser as well as the vendor for their fees, so ensure this is not the case. You may well also find that the price of your title deed is not exactly the same as the cost of the purchase, as some sellers prefer to treat the furnishings and fittings, if they are included, as a separate item.

#### REGISTERING THE PURCHASE

To complete the transaction you

must register the deeds at the

Registro de la Propiedad

(Property Registry). When

the deeds are taken

to the Registro,

the purchase

tax of 6.5% **OF OWNERS** the value The Community of Owners is a Spanish institution o f affecting any property owners who enjoy shared facilities and services, such as lifts, swimming pools, gardens and communal garages. Information about your Association must be freely available to you, as do the accounts which have to be the published to the members every year. You should check before you buy that your Community property Association is functioning well, how must much the monthly payment is, paid. and whether the payments Later the Registro for your intended will request a second property are up payment to cover their to date. charges. In addition, a tax to the Local Authority, based on the increase of values of land in their area since the property last changed hands

THE

This is often negotiated between the vendor and purchaser. Your Lawyer can get an estimate in

(known as 'Plus Valía') is payable.

advance of the purchase, so that you have the funds ready. At the same time, a form should be entered to the local authority, advising them of the change of ownership. You should remind whoever is doing your paperwork about this, as it is often forgotten.

Residents must also be tax registered in order to sell property and avoid retentions, even if they pay no tax.

#### OTHER COSTS

Other costs include the Transmission Tax, the Notary's bill, the fees from the Registro and your lawyer's fee. These and previously mentioned costs should total about 10% of the purchase

Your Lawyer will ask for these funds to be placed with him before the work is done as clients have often disappeared leaving these bills unpaid.

Non-residents will be liable for property tax, while residents will pay the IBI assessed by the local council.

#### OUTSTANDING BILLS

When you buy a property you become liable for any outstanding bills for water, electricity, local rates and community fees. Both the Electricity Board (UNELCO) and the Water Company (CANAL GESTION) have forms which you and the seller must sign, to transfer the bills into your name. When you go to do this check that all payments are up to date.

Local rates are payable at the Town Hall. You or your representative will need to visit the 'Oficina de Recaudacion' at the Town Hall to complete the form changing the rates into your name, and again, checking that all payments are up to date. As bills are not sent out for the rates. property owners often forget to pay them, and they can soon mount up.



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TWO BEDROOM DUPLEX IN PUERTO DEL CARMEN Delightful two bedroom duplex on a small complex, lovely pool which benefits from sun right in to the evening, located in the sought after area of Los Mojones close to all required amenities. €230,000 • Ref: GJ1009



TWO BEDROOM APARTMENT IN PUERTO DEL CARMEN Large two bedroom, two bathroom property. It has sea views and the complex actually opens out directly on to the beach, a GENUINE front line complex. Extremely well maintained, good parking and in a great location. €199,000 • Ref: GJ1015



TWO BEDROOM HOUSE IN PUERTO DEL CARMEN Beautiful two bedroom, detached house on a quiet street in the heart of Puerto del Carmen. The exterior of the house consists of a front garden, off road parking, a rear sun terrace and also an enclosed ing area. Each bedroom has plentiful storage and lots of natural light. €275,000 • Ref: GJ1016



THREE BEDROOM HOUSE IN PUERTO DEL CARMEN An incredible three bedroom, two bathroom house in the area of Las Villas which is exceptionally well kept including a large communal pool and gardens. Ample outside space. This property will not be on the market for long! €299,500 • Ref: GJ1060



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#### Canarian Villa in Tias



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Ref. TS0001

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## Quality Counts

Lanzarote is now moving smoothly into calmer waters, as the property stabilises market enters a new era marked sensible investment and reliable, managed growth. It's the sort of situation where estate companies such Interval Marketing come into their own, with a focus on quality, sustainability and trust.

"The boom years are over," says Klaus Piesch, Interval Marketing's senior fellow, "And now we're looking at a much more stable, reliable future for property on Lanzarote. People are enquiring about buying once more, there's a lot of interest and a lot of offers."

Elisabeth Clancy, Sales Executive at Interval Marketing

to be those that had always offered reputable, experienced services. "The days when you could run a real estate company from a mobile phone are over," says Klaus.

Interval Marketing has been at the forefront of the real estate market

Lanzarote will be one of Europe's top locations for people with soul and spirit." César Manrique.

While the crash was disastrous for the national economy, it also had its silver linings. Not least among them was the fact that those property companies which survived tended in southern Lanzarote for over 30 years, but Klaus remains just as passionate about the properties that Interval Marketing deal with. "I don't have a window full of



apartments," he says. "At Interval Markerting we focus on quality homes, the sort of properties that cost money but which are also a solid and reliable investment. This idea of sustainability – firm, trustworthy investments - seemed to get forgotten during the boom years, when new complexes popped up all the time, designed by architects who seemed to get their training at Legoland."

Interval Marketing is committed to quality. Klaus, who arrived on Lanzarote in 1977 on the day Elvis Presley died, became a personal friend of César Manrique. The artist once told him that "Lanzarote will become one of the top locations in Europe for people with soul and spirit," and Klaus is dedicated to Manrique's vision of humanity living in harmony with nature and tradition.

"There are still excellent property opportunities on the island," says Klaus, "but you need to have an eye to spot them." Specialising in the south of the island, Interval Marketing focus on the type of typical, traditional homes that have always been solid investments on the island. Places where you can live a fulfilling life, places where you can raise children and be happy, places where you can follow a dream.

If you want to find out more, call 928 517 760, email info@ intervalmarketing.com or just drop into the Interval Marketing office at the Yaiza Shopping Centre, C/El Varadero 22, Playa Blanca.

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# E Only Way is Up!

Most rooms are roughly cubic, and as anyone who's thrown a dice knows, a cube has six sides. So why do we focus on just five of them? Instead of a flat, white expanse with a light bulb dangling from it, why not make your ceiling something special?

stunning ceiling can be exactly the finishing touch you need to make a room something really special, while an otherwise elegant room can be let down by a dull ceiling. On Lanzarote, the general style is minimal enough to allow you to get away with some eyecatching ceiling statements, but make sure to plan it right.

What you can do with your ceiling depends on its height, but if you've got enough space you can really go to town with wooden panelling, trims or beams, which will refect the rural styles of Lanzarote.

Another option is modern, minimal colour blocked panels or geometrical recesses, which will add a fascinating dynamism to your room. Choose light neutrals for your main colour scheme, but remeber that bold contrasts or vivid colours will immediately add interest and a sense of space.

### ■ Ceiling Stuff

Few ceilings are bare. You're always going to have to plan lighting, so you might as well do it well. Sticking a lampshade on a dangling bulb might work if you choose the right lampshade, but for really smart living think about other types of light, such as sunken spots or twinkling accent lights, to give real beauty. LED lighting has transformed interiors, and if you're not up to date with the LED revolution, it's time to find out what's possible.

Chandeliers can be absolutely perfect in the right place, but choose well – they can quickly overpower a smaller room, and are perhaps best suited for areas you use only occasionally for entertaining. Another tempting ceiling possibility on Lanzarote is a fan. With broad wooden or bamboo



vanes whirling silently above you, you can enjoy coolness in the heat of summer as well as keep air circulating

in your home. A fan is also a symbol of sunshine living and something that adds movement to your interior.



# Soft Style



Soft furnishings are the finishing touches that bring comfort to chic design and cosiness to minimalism. Let's face it - deep down we're all big softies!

t's no longer a case of chintz and floral, today you have a vast selection of colours, styles, themes and textures to choose from, so you will be sure to find something that is to your taste.

It can be easy to assume that if you have a penchant for less is more, if you like your floors clean and streamlined, your cupboards painted in classy beige or off-white, you won't be too enamoured by

elaborate velvet cushions. But the good news is you don't have to be, and here's how.

Cushions don't have to be flouncy, the more durable the material, the more minimal the overall effect will be. Also, bigger chunkier cushions tend to be less fussy, and you will only need two or three to create the right effect. These are a great way of colour blocking a room. Choose a few in just two or three colours, and try to go for bright tones. Placed next to each other on the sofa they can really draw a look together and make it look polished.

In a bedroom, it can be easy to overcompensate with soft furnishings in order to make a room look cosy, however it is far more sophisticated to combine a minimalist style of furniture, like a wrought iron bed with simple white linen and then soft muted pillow cases in greys or blues. Remember also that you can enhance the effect of soft furnishings by picking out the colours of rugs and cushions in things like vases and photo frames. This creates a very sleek overall look as well as adding charm.

Softness can also be added through good quality, artificial flowers. You can choose ones that blend well with the colour of your room, and it will be a permanent fixture rather than something that wilts after a few weeks. And don't forget a bedspread,

Cushions
don't have
to be
flouncy

as this is something that people often overlook. However when the bed is the focal point of the room, what's on it is really important. Cast aside ideas of traditional patchwork quilts for something that is simply patterned and elegant. Coordinate it with other elements in the room such as the curtains or a rug on the floor.





















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## CLEAN COMFORT





Lanzarote interiors tend towards the cool, clean, uncluttered minimal style, but that doesn't mean comfort isn't achievable, either.

Recent overall trends in interior design have shown two polar opposites arise. First, there is the sleek, minimal approach – all geometric perfection, open space and plain, stark design. It's a look that feels refreshing, dynamic and modern, and needs plenty of investment in storage and an overall design scheme.

On the other hand, we've seen a return to clutter more recently, with movements such as shabby chic embracing our human tendency to enjoy "lived in" spaces, cosy patterns, soothing colour schemes and unashamedly comfy furniture.

#### STRIKING A BALANCE

The problem is that you can go too far in either direction – no one wants to live in a sterile laboratory, but on the other hand no one fancies living in a dusty old junk shop, either. And, of course, we all want comfort – so perhaps it's a good idea to define what comfort actually is.

When we think of comfort, we probably imagine a soft sofa with plumped-up cushions, or a favourite armchair. But it's a mistake to mistake comfort for lazing around. It has just as much to do with practicality.

Practicality mean having the right thing in the right place for the most efficient working of your home. It saves time and effort, and it makes living simpler and easier. Here on Lanzarote, you can see that practical approach everywhere - tiled floors may not be as warm as carpets, but they're easier to keep clean, shutters allow you to control shade without cutting ventiliation - there are several examples.



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ff Don't use comfort as an excuse for being lazy.

#### PRACTICAL STYLE

Lanzarote's style is fundamentally practical, influenced strongly by the simple colonial architecture of the past and the functional dwellings built by the island's farm workers. Modern homes are distinguished by space, white surfaces and geometrical lines. The main function of these homes is to keep the heat out in summer and keep warmth inside in winter, and the island's breezy and dusty atmosphere means they should be easily cleanable and fully controllable.

But once you've got that sorted out, you can do what you like. These homes suit smart, low sofas with clear geometric lines; simple, comfortable chairs that offer full support; bold, standalone ornaments and plenty of contrast. Materials can

be anything from stone to wood, rattan and palm leaves to chrome and aluminum.

The most important aspect of any Lanzarote home, however, is space. Keeping as many areas as clear as possible allows you to live freely, and makes the furniture that you do have stand out. It also permits zoning within the house, with different areas leading naturally to one another and even indoors blending seamlessly with outdoors.

To emphasise this feeling of space, keep the overall colour scheme light and neutral. You can colour-block with deeper, lusher shades or incorporate bright, vivid pops for effect, but the general effect needs to be light, airy and free.





Nowadays, the borders between our living room and our kitchen are increasingly blurred. The new open plan living ideal is perfect for Lanzarote.

istorically, kitchens have been separate from the rest of the house. That's because cooking often produces strong odours and smoke. While upper classes kitchens were places where servants and cooks toiled, in lower-class homes they were often the main social hub for the family, with living rooms reserved for relaxation later in the evening. But in most cases, kitchens were kitchens, living rooms were living rooms and never the twain did meet.

That changed as recently as the 1980s, mainly due to the development of affordable, efficient extractor hoods that whisked away smells and smoke without affecting ventilation in the room too much. With this invention, the barriers between the kitchen and the living guarters started to come down.

Interior fashions such as the American ranch-style or the airy, pine.trimmed Scandinavian style suddenly became achievable in all sorts of smaller homes, and the open-plan interior as we know it was established as an all-time favourite.

Here on Lanzarote, it's the perfect style for your home, allowing you to move easily from a food preparation area to a zone where you can relax, sit back and enjoy life. It also makes much more sense here, where the concepts of indoors and outdoors are also nowhere near as distinct as they are in cooler climes.



#### MARK OUT YOUR 70NF

Nevertheless, to make the open plan work require some planning - the needs of a living room are nowhere near same as those of a kitchen. Kitchens are all about cleanliness, open surfaces and bright, focussed light, while a living room is a more comfortable, homely area.

As a result you'll need to consider a way in which vou can retain the link hetween kitchen and living room without letting your quests see stacks of unwashed dishes or steaming saucepans. This can be done in the following ways:



#### DOORWAYS AND DIVIDERS

Divide the living room and kitchen in the traditional way, with an open doorway or a partition, but don't bother to fit a door. The degree of separation of one room from another will depend on the width of the doorway. If you want to totally separate the living room from the working kitchen area, a standard doorway will suffice, but will greatly reduce the open effect. "Middle ground" can be wide arched openings. Any vertical partition separating the kitchen from the eyes of the guests must be at least 60 inches in height.

Sliding doors are another option allowing you the choice of open or close zones, and let you hide the parts of the kitchen you want.

#### **FURNISHING**

Zoning between a kitchen and a living room can be done by means of furniture. This is the classic approach, and is preferable to splitlevel floors in areas where you're likely to be transporting food. A dining table can serve as a soft transition: it will turn the kitchen into the dining room and the dining room into the living

A variation on the theme of the dining table is a high bar counter. It can be used for cocktails with friends; a cup of coffee with a loved one in the morning; or even a romantic dinner, if you want.

#### LIGHTING MATTERS

One of the easiest ways to zone off kitchens and living rooms is through lighting. In kitchens you'll need a source of general bright light, as well as strong focused spots for close-up prep work.

Living areas, however, require much softer lighting and benefit from ornamental elements such as free standing lamps or wall-mounted downlighters. With a bit of planning you can easily partition your open kitchen/living room area with smart use of lighting.



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On Lanzarote, insulation is every bit as important as it is in a British winter. Getting it right will keep you cool and save you money.

ere on Lanzarote, homes do not face the same heating problems as they do in colder climes. In the UK and northern Europe, investments such as cavity wall insulation and double glazing are used to stop heat leaving a home during the colder months.

On the Canaries, where the temperature rarely drops below 10 degrees Celsius, keeping winter heat inside is not so much of a problem. The real

challenge arrives in summer, when harsh sunlight will bake your property for several hours a day. For this reason, air-conditioning is increasingly popular in Lanzarote homes and apartments, but you can still lose plenty of money if your home isn't as tight as a drum.

Heat energy naturally transfers to cooler air. That's why un-insulated homes in northern Europe lose so much energy, and why air-conditioned homes on Lanzarote need to keep

the hot air outside at bay.

Older houses on the island are naturally insulated with thick stone walls, while newer builds use breeze blocks that also use air to insulate homes. There's no need for anything more, such as cavity wall insulation, on Lanzarote, but double glazing can be a comfortable investment.

Above all, however, you need to be be sure that windows and doors are well sealed and not letting warm air in. The principle is exactly the same in your car – you don't open the windows when your air-con's on.

That's why doors should be snug and well-fitted, and why windows should have tightly- fitting shutters, which not only provide insulation, but also increase your home security and allow you to manage light more effectively.

Some may worry that having an airtight house may mean it's too stuffy, but this is not usually the case. A good air-con system will provide circulating fresh air, but airtight, wind-tight fittings will actually increase your ability to ventilate your home effectively.

Curtains and blinds also help with heat management, but with double glazed windows you'll be able to enjoy light pouring in without too much overheating.

And once winter comes, you'll also be grateful for a home where unwanted draughts are non-existent. It's all about control, so make sure you're in charge now.

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## DON'T COMPROMISE



# Outdoor



On Lanzarote, outdoor furniture is not an option, it's a necessity. If you have an outdoor space, you'll want to make the most of it, and investing in attractive, durable items makes perfect sense.

#### Plan what you need

Before you go shopping for furniture, it makes sense to plan exactly what type of outdoor furniture you need. First, look at the space available, take measurements and remember that you may want to store the furniture at certain times. Then think about the activities you'll be needing it for

- if you're a social type that's always holding garden parties or barbecues, you may find investing in some stackable chair and tables a good investment. If the items will just be for use by friends or family, you can go for something a little more permanent.

Remember to allow plenty of space around the furniture, as well as a clear pathway to indoors, where you'll probably be bringing food, drinks and other items in an out on a regular basis.

#### • Style and Material

Outdoor furniture needs to be durable and easily washed. For that reason, plastic is one of the most popular materials and also offers lightness and stackability. But sadly, white plastic furniture has become a bit of a cliche



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and won't do any favours for your reputation as a stylesetter. If you're going to do it plastic, go for brighter colours and startling shapes.

Wood may require more maintenance, but it's worth it for it's sheer beauty, grain, durability and timeless air. There are literally thousands of wooden furniture items to choose from, but you'll need to make sure it's fairly portable and, above all, comfortable.

Metal furniture may last for ages, but you'll need to look after it. Aluminium offers lightness and strength, while iron is only suitable for the most permanent fixtures.

Then there is wicker, which is making a huge comeback right now, and is absolutely perfect for Lanzarote exteriors.

When buying your chairs, don't forget to try them out and take your time about it. You're going to spending a lot of time on them, so it makes sense that you know what you're buying.

And don't forget covers and cushions. In Lanzarote you can afford to live without the plasticised, waterproof ones that are sold everywhere in Northern Europe, simply because it doesn't rain nearly so much. You will, however, need to wash them fairly frequently, as dust will eventually gather in any fabric.

#### Accessorising

A table or two is important - you'll need a standard height one for entertaining and dining, and perhaps a lower coffee-table style one for drinks and relaxing. If you do a lot of barbecuing, you'll need even more space.

The only other thing you need is shade, which should be planned before you buy, and some ornaments. Nothing beats some well-chosen pot plants in this case.

Remember that colour-wise, neutral coloured furniture offers much more in the way of flexibility than brighter hues. With a cool grey, or pale wooden finish, you can accesorise with almost any colour, bringing all types of vividness and beauty to your outdoor haven.







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The latest gardening news from Lanzarote & Beyond.

#### **GECKO FRIENDS**

The *perenquén*, or Canary Island gecko, is a welcome resident to any Lanzarote garden. These amazing little creatures can scale sheer walls, and do a great job eating insects and pests.

These little lizards like to live under loose stones or old pieces of wood, and if you want to

encourage them to live in your garden, it's worth considering creating an untidy, natural zone where they can thrive.

However, if you're genuinely fond of geckos, then you may want to think twice before getting a cat. The gecko is not a threatened species on Lanzarote, but the presence of cats is likely to make them less common in your garden.



#### **BIRD OF PARADISE**

The strelitzia plant, more commonly known as Bird of Paradise, is one of the most spectacular sub-tropical blooms you'll see on Lanzarote.

Introduced to the islands from it's home in South Africa, the plant thrives in Lanzarote's sunny conditions, and provides unforgettable, bird-shaped orange blooms.

It's easy enough to grow strelitzia from cuttings, but they still need regular watering in the summer months. Ifr you're planting one in your garden, it's a good idea to do so in a sunken container, as an unrestrained strelitzia can soon get out of hand, with powerful roots that can crack or damage patios.



#### MAKE IT SAFE

Summer means that you may be welcoming guests and visitors to your Lanzarote property, and if any of them are likely to be children, then it's a good idea to check that your garden is completely safe for them.

Many of Lanzarote's garden plants have spiked or serrated leaves that can do serious injury, and this is more likely to occur with palm trees and agaves than it is with cacti, who make their presence known.

Eye injuries from spiky palm leaves are one of the commonest serious incidents, so be sure to clip back the lower leaves to a height where there is no risk of injury. It's also a good idea to spend some time nipping the tough, woody spikes off the end of agave leaves with a set of strong secateurs.







our the smaller rural villages of Lanzarote and you'll soon notice climbing plants being used in stunning ways. Creeping ivies, bougainvilleas and even honeysuckles can transform a white wall into something truly spectacular.

They're also perfect for turning a pergola or other shade-giving structures into something genuinely breathtaking, adding their own shade to the mix as well as providing colour, motion and even fragrance.

Some believe that climbers such as ivy can damage stonework or other structures, but there is no real evidence of this. In fact, climbers can actually offer protection to your property, insulating it further from heat or wind, and filtering out airborne pollutants.

Climbing plants don't occur naturally very often on

Lanzarote. That's because most climbers rely on other trees to exist, and trees are hard to come by on this arid island. But the arrival of homes and gardens has created some amazing habitats where

# Climbers bring depth and charm to any garden."

imported climbers can be used to full effect.

Climbers are also not suitable for those who want a formal, disciplined, easily-controlled garden. The defining attraction of climbers is their sheer unruliness – the way they seem to take over all nearby surfaces. You'll need to hack them back once in a while, but don't ever think they're going to be truly under control.

# ■ Getting Started

Establishing a climbing plant is a question of time, so you'll need to plan carefully and be certain that its what you want. Once you've made your mind up, prepare a border or a permanent container beneath the wall you wish to colonise, and leave a space of around 30-40 cms between the plant and the wall to avoid creating a rain shadow and dampness.





Then you're going to have to train them, especially on smoother surfaces. This will requires the fitting of a wooden trellis or some other framework, such as horizontal wires, for the plants to creep up.

Depending on the plant, you'll have to keep a close eye on progress, pruning tendrils that aren't going where you want them to, or tying up other shoots that you wish to encourage. It's this initial, postplanting aftercare that is crucial to the success of establishing a climber, and you'll need to commit to at least a year of fairly close maintenance.

#### ■ Plant Choices

Choose your plants carefully at a local garden centre, and seek the advice of the experts who serve you. They'll be able to offer you all sorts of handy tips and tell you what you can and cannot expect.

On Lanzarote you can grow favourites such as bougainvilleas, bignonias, fragrant jasmines and honeysuckles up any kind of wall that offers sunshine and a little wind protection, with welldrained, well-watered soil. Ivies also offer deep, lush greenery, and you can even experiment with training local grape vines.



No, the picture above doesn't show Princess Kate visiting one of the abandoned building sites on Lanzarote. In fact, she's giving the royal once-over to the garden voted "Best in Show" at this year's Chelsea Flower Show.

James Basson's garden was inspired by an abandoned limestone quarry in Malta, and its creator has claimed "It's not meant to be pretty. It's stark and monumentally brutal." The garden's most noticeable feature are several limestone blocks, around which local Maltese flora has been planted to create a

wild, abandoned look.

The garden has not been received well by traditional garden lovers, but if you are interested in quarry gardening, you're on the right island. César Manrique's Cactus Garden was created in a disused quarry at Guatiza, while the abandoned Cantera de Tinamala located on a nearby mountain is one of the most impressive hidden sights on the island. Quarrying at El Mojón, on the LZ-404 between Teseguite and the LZ1 road, has also created some of the most amazing lunar landscapes on the island.

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# TIED AT THE TOP



Khalsa and St Georges are going head-to-head into the final stages of the GJ Estates Lanzarote Cricket League, which reaches it's finale this month. Macca Hynes reports.



he first game of the month was between Khalsa and the LCC - a game with no love lost. The day kicked off with Khalsa being put in to bat. A wild 45, including one 4 and six 6's from Sukha Singh and a captain's knock of 75 including seven 4's and six 6's from Ruble Singh rallied a total of 178 for Khalsa being all out in the 25th over. A superb spell of bowling from Kunal Singh saw him achieve figures of 6-29 from 5.2 overs.

In reply, LCC lost a number of early wickets putting pressure on the batting side from the outset. The only real resistance to the bowling strength of Khalsa came from their captain Monish Tahiliani (30) who helped push to a final total of 89 all out in the 21st over.

The second game of the league campaign this month was fought between St Georges and the Cobras. Cobras won the toss and stuck St Georges in to bat. Darren Hawkins (55) and Adam French (63) put on a partnership of 149 for the second wicket in a total of 178-6 from St Georges' 35 overs. A phenomenal spell of bowling from Gill Singh of 3-8 from his allotted 7 overs stood out.

Peter Starmer (3-21 from 7 overs) took a wicket with the first ball of the innings which appeared to set the tone for things to

come. Gill Singh (61), full of confidence after his bowling performance appeared at 3 but was the only opposition to the bowling of St Georges, who crumbled to 111 all out in the 20th over.

Match three was between the Cobras and LCC. LCC were put in to bat and opener Rajesh Singh (40) led from the front. Extras were the second highest scorer with 25, giving the Cobras a total of 106 to chase. Sachin Jaswal chalked up notable figures of 4-24 from 5 overs.

Following on from his bowling performance, Jaswal (69\*) opened the batting and anchored the innings. There were a couple of quickfire cameos around him leading Cobras to finish on 111-5 in 21 overs.

The fourth and final match of the month was the top-of-the-table clash between St Georges and Khalsa. St Georges won the toss and elected to have a field. Apart from the falling of a wicket in the first over, there was a steady flurry of runs throughout the Khalsa innings with decent knocks from Lali Singh (64), Darren Spur (20), David Leibrandt (30\*) and Rupon Singh (39\*). Khalsa left a decent total of 231 for St Georges to chase.

St Georges struggled to reply with regular wickets falling throughout their innings. David Smith (39) provided some opposition along with Wade Goodlet (21) but they ultimately fell short on 127. Khalsa now join St Georges at the top of the table with 30 points apiece.

Due to some events being carried out by the Ayuntamiento at the ground, the final game of the season will be held on July 9th from 10:15 am,

The season ends on 9th July, come and join us."

before the summer break. Please come along to spectate, enjoy the food and

drink in the bar and watch the 2017 GJ Estates Lanzarote Cricket League Winners be crowned. The address is the Campo de Futbol, Calle Rompimiento, Puerto del Carmen.

In other news, the annual beach cricket

tournament will be held on Playa Grande in Puerto del Carmen on July 23rd at 11:00. If you are interested in playing (this is huge fun, played with a tennis ball and not taken seriously - children are also welcome), please

contact us via the FaceBook page (LCA Lanzarote Cricket Association).





### CLUB LA SANTA IRONMAN 70.3 LANZAROTE 2017

On September 2nd, the 6th edition of Club La Santa IRONMAN 70.3 Lanzarote will take place, challenging athletes from all around the world.

This year's Club La Santa IRONMAN 70.3 starts with a 1.9 km (1 lap) swim in Club La Santa's lagoon; followed by a 90.1 km (1 lap) cycling stage through the heart of the island, and ending in a 21.1 km (3 laps) run through the fishing village of La Santa where spectators will cheer the participants all the way to the finishing line at Club La Santa.

The course is as tough as always, passing through some of the most beautiful scenery in Europe where Pieter Heemeryck from Belgium and Lisa Hütthaler from Austria endured and won the Club La Santa IRONMAN 70.3 title last year with the times of 04:08:23 and 04:47:07.

The Club La Santa IRONMAN 70.3 Lanzarote is a qualifying race for the 2018 IRONMAN 70.3 World Championship in South Africa at Nelson Mandela Bay.

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The European Freestyle Championship will take place from the 5th to the 8th of July on Lanzarote.

For the fourth year, Playa de la Cucharas, Costa Teguise will be the scene for this spectacular display of competitive windsurfing, which will attract some of the best pro windsurfers in the world.

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#### **OVERSEAS WORRIES**

A third of British drivers aged over 50 worry about having an accident when driving abroad, according to Saga Car Insurance.

A survey of over 10,000 drivers revealed that the main worry is having an accident (28%), driving on the wrong side of the road (23%) or breaking down (23%). 80% of claims made to Saga involve collisions or damage to

cars. Other drivers worried about not understanding signs, having to ask for directions in a foreign language and negotiating roundabouts.

The survey also revealed that over half of UK drivers were unaware of the compulsory safety equipment that must be taken in a car on the continent. Saga advised drivers heading abroad to take a little time to research the principal road safety rules in the destinations they were heading to.



#### SPANISH SALES BOOM

Car sales in Spain are moving back into high gear, with 7.9% more motors sold in the first quarter of 2017 than the same time last year.

A total of 307,911 cars were purchased during this time, according to the Spanish Association of Automobiles

and Trucks (ANFAC). The figures suggest that the recovery in the car market is due to more factors than the PIVE plans, government schemes which subsidised buyers of new vehicles until the end of 2016.

Among the most popular brands were Peugeot, Seat and Toyota.



#### SAFETY FIRST FOR VOLVO

Swedish brand Volvo continues to lead the field in car safety after its V90/S90 models won the highest marks for protection in the recent Euro NCAP rankings.

The Volvo models took the highest marks in all four categories used to evaluate car safety – adult protection, child protection, passenger protection and accident prevention technology. Other models that were awarded the full five stars were the Toyota CHR, BMW's Series 5, the Audi Q5 and the new Landrover Discovery.

Worst performing new car was the Ford Mustang, which received only two stars. Ford have announced that the legendary sports car will be updated later this year.

#### HAIRPIN HANDLING

El País newspaper recently printed valuable advice on handling tight curves which will be particularly useful for anyone heading to Haría, Femes, Tabayesco or other places in Lanzarote with snaky access routes.

Drivers approaching hairpin bends are advised to pay close attention to road signs and obey speed limits rigorously, slowing down even more if traffic is approaching. Shifting to lower gears will be necessary when ascending, but will also provide greater control when descending. Change gears early, and brake smoothly in advance of the bend.

Drivers should stay in their own lane at all times, and never "cut corners". At a blind corner, it is a wise idea to sound your horn to warn any oncoming traffic. Finally, avoid the temptation to put your foot down once you've successfully negotiated the worst of the bends.



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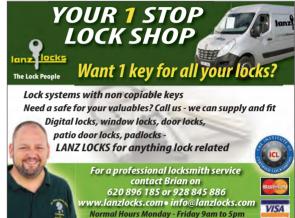
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L- N.P. (07.17)

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**Puerto del Carmen** L- 07.17

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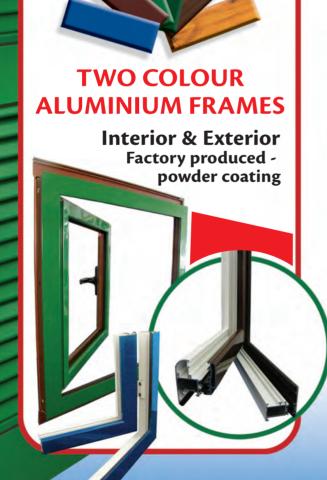


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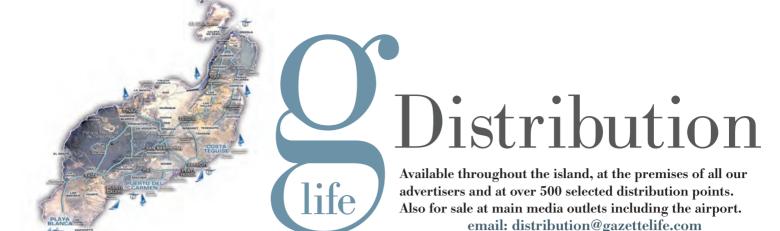
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#### PUERTO DEL CARMEN

- Bookswop I
- Bookswop II
- Smartie Pants
- Tourist Office
- Post Office
- Overseas Supermarket
- First Choice / Tui
- Casino
- Cafe C.C. Biosfera
- Oficopi
- Colegio Hispano Británico
- Gee Gee's
- Lanis Suites
- First and Last
- Smartie Pants
- Las Calas
- Real Estate Lanzarote
- Mucky Duck I
- Lili's Cafe
- The Tavern
- The Galeon
- Keanes
- E.B.F.
- Clásicos Café
- Hospiten
- Old Town Sports Bar
- Chemists
- Lanzarote Investments
- Rest. Sapporo
- The Nags Head
- Iberoservice
- Health Centre
- Hotel Lanza Playa
- Rancho Texas
- Mario's Restaurant
- Kinsale
- Crafty Cow Bar
- Viajes Caravana
- Indelasa
- Golf Club
- Lanzameat
- British Surgery
- Music Hall Tavern
- The Codfather
- The Hot Spot
- The Cavern
- House Lanzarote

#### COSTA TEGUISE

- Newsagent & Bookshop
- La Caixa Bank
- Tourist Office
- Location
- Dr Mager
- Shamrock Irish Bar
- Red Lion
- The Mill
- Café Bruno
- Hotel Coronas Playa
- Black Bull
- Motown
- · Cutty Shark
- The Swan Inn
- Sunset Sport Bar
- British Cafe
- Cactus Jacks
- Golf Course
- La Esquina
- Chemists • Coronas Apts
- Lottery shop
- The Crown
- · Post office
- Playa Bastián Apartments
- Viajes Las Caletas
- Hollywood Bar
- Vet Los Charcos
- Ferretería Costa Teguise
- Teguise Broker
- Dr. Lanz
- Vet Los Charcos

#### TÍAS

- British Dental Clinic
- Chemists
- Kuchen Kitchens
- La Tienda V
- La Caixa
- Galerias Laura
- Chacón
- Colorworks
- La Ermita
- Tienda Verde
- Cuco
- 4 Seasons
- Health Centre
- A Little Bit Bazar Veterinaria Tías

- PLAYA BLANCA
- Bookswop III • Locutorio Mundo Latino
- Sun Park Living
- C.C. Rubicon Shop & Fun
- Chemist
- Il Nuovo Gelato
- The Big Blue Sea
- Tourist Office
- La Caixa Bank
- Irish Anvil
- Kirsty Hairdresser
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- Casas del Sol
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- Property Solutions
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- Canary Yacht Brokers
- Post Office
- Imagine India
- The Terrace Bar
- C.C. El Pueblo
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- Parafarmacia
- Le Parisien
- Casablanca • Sol y Arte
- Amura • Puerto Calero Offices
- Submarine Safaris

#### PLAYA HONDA

- Overseas Supermarket
- Imprenta Minerva
- El Paso Chemist
- Lolita
- Frik.it
- Terraza Concorde
- Aquadreams

#### **DEILAND**

- Lolita
- Liquid
- Worten Chemist
- **OUTLYING AREAS**

- ARRECIFE
- Tourist Office Nortysur

#### • Lilium • Arrecife Gran Hotel

- FAMARA
- Tertulia
- HARIA

#### • Chemist • Rest. El Mirador de Haría

- LA GERIA
- Handicraft Centre
- LA SANTA • Club La Santa
- MÁCHER • Asadero Mácher • Flower Power
- MALA
- Chemist
- SAN BARTOLOMÉ • San Simón • Chemist • Health Centre
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- **TEGUISE** • Chemist • Bankia • Art Gallery
- Emporium Tourist Office
- La Cantina Bakery
- TINAJO • Bakery • Chemist
- **UGA** • Ahumadería de Uga
- Avuntamiento
- Chemist



Tide Tables for Arrecife, Lanzarote. Units are in metres. (Times may vary by a few minutes around the island)

Day	Hour	Metres	Day	Hour	Metres
First Quarter  Moon	L: 01:48 H: 08:02 L: 14:09 H: 20:23	0.8 2.0 1.0 2.1	17	L: 01:46 H: 08:02 L: 14:14 H: 20:30	0.8 2.2 0.9 2.2
2	L: 02:52 H: 09:09 L: 15:18 H: 21:31	0.9 2.0 1.0 2.1	18	L: 02:56 H: 09:14 L: 15:30 H: 21:44	0.8 2.2 0.8 2.3
3	L: 03:56 H: 10:12 L: 16:24 H: 22:33	0.9 2.0 1.0 2.1	19	L: 04:07 H: 10:25 L: 16:43 H: 22:55	0.7 2.3 0.7 2.4
4	L: 04:52 H: 11:07 L: 17:20 H: 23:26	0.9 2.1 0.9 2.1	20	L: 05:12 H: 11:28 L: 17:47 H: 23:57	0.6 2.5 0.5 2.5
5	L: 05:40 H: 11:53 L: 18:08	0.8 2.2 0.8	21	L: 06:10 H: 12:23 L: 18:43	0.5 2.7 0.3
6	H: 00:13 L: 06:22 H: 12:34 L: 18:49	2.2 0.7 2.4 0.7	22	H: 00:52 L: 07:01 H: 13:14 L: 19:34	2.6 0.3 2.9 0.2
7	H: 00:53 L: 07:00 H: 13:11 L: 19:27	2.3 0.7 2.5 0.6	$\overset{ ext{New}}{23}_{ ext{Moon}}$	H: 01:42 L: 07:50 H: 14:01 L: 20:22	2.7 0.3 3.0 0.1
8	H: 01:31 L: 07:36 H: 13:47 L: 20:03	2.4 0.6 2.6 0.5	24	H: 02:29 L: 08:35 H: 14:47 L: 21:07	2.8 0.2 3.0 0.1
Full 9 Moon	H: 02:07 L: 08:11 H: 14:21 L: 20:38	2.4 0.5 2.6 0.5	25	H: 03:14 L: 09:19 H: 15:31 L: 21:51	2.8 0.3 3.0 0.2
10	H: 02:41 L: 08:45 H: 14:56 L: 21:13	2.4 0.5 2.6 0.4	26	H: 03:58 L: 10:02 H: 16:14 L: 22:35	2.7 0.4 2.9 0.3
11	H: 03:17 L: 09:20 H: 15:30 L: 21:48	2.4 0.5 2.6 0.5	27	H: 04:41 L: 10:46 H: 16:57 L: 23:19	2.5 0.5 2.7 0.5
12	H: 03:52 L: 09:55 H: 16:07 L: 22:26	2.4 0.6 2.6 0.5	28	H: 05:25 L: 11:30 H: 17:43	2.4 0.7 2.5
13	H: 04:30 L: 10:34 H: 16:45 L: 23:06	2.4 0.6 2.6 0.6	29	L: 00:05 H: 06:12 L: 12:19 H: 18:31	0.7 2.2 0.8 2.3
14	H: 05:11 L: 11:16 H: 17:29 L: 23:51	2.3 0.7 2.5 0.6	30	L: 00:55 H: 07:06 L: 13:15 H: 19:28	0.9 2.1 1.0 2.1
15	H: 05:59 L: 12:05 H: 18:19	2.2 0.8 2.4	31	L: 01:53 H: 08:08 L: 14:22 H: 20:36	1.0 2.0 1.1 2.0
Last Quarter $16 \atop \text{Moon}$	L: 00:44 H: 06:56 L: 13:04 H: 19:19	0.7 2.2 0.9 2.3		H=High L=Low	

# mportant Telephone Numbers

AIRPORT Iberia General InfoAena General InfoFlight InformationThomson	.928 .928	846000 846001	
AYUNTAMIENTOS Arrecife	.928	812750	

AYUNTAMIENTOS	
Arrecife	928 812750
Haria	928 835251
San Bartolome	928 520657
Teguise	928 845001
Tias	928 833619
Tinajo	928 840021
Yaiza	928 836220

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Puerto del Carmen ......928 513207 Puerto del Carmen (Old Town) 928 515588 Playa Blanca......928 518942 Costa Teguise (CC Jablillo)......928 826628 Costa Tequise (Islas Canarias) 928 590423

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Tinajo	928 840049
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#### **TOURIST INFORMATION - LANZAROTE**

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Costa Teguise	928	592542
Puerto del Carmen	928	513351
Playa Blanca	928	518150

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El Hierro	922 550302
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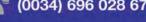
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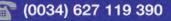


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# July 2017 By Clairvoyant Shona Langholm

Leo 23 July to 22 Aug
You're shining like a star this month, Leo, and attracting admiration everywhere you go. Social life will be hectic and hugely satisfying but be sure to get plenty of sleep and stay fit – you don't want to spoil this moment with niggling health problems.

Aries 21 March to 19 Apr Remember that your family is like a trusty old car – something that needs care and maintenance. This month is a great time to sort out some of those little problems, and get things running smoothly again. You'll feel the need for fresh air and open spaces- go for it!

Taurus 20 Apr to 20 May You've achieved a lot recently, Taurus, and it's time to relax a little. If you put a little planning into it, you'll be able to enjoy a genuinely refreshing and fulfilling break. You're also in demand socially and, perhaps, romantically, so step into the spotlight and shine.

# Gemini 21 May to 20 June

A close friend will have some personal problems this month. Let them know you're there if needed but give them space, too. Your mind is racing with new ideas and enthusiasm – try something new and take a few risks – you won't regret it.

Cancer 21 Jun to 22 Jul

Stay calm as things get wild this month. There's a lot happening, and a lot riding on your cool, compassionate response. Once things settle down you'll be held in greater esteem by others, and more importantly, you'll have pride in your own capabilities.

# Virgo 23 Aug to 22 Sept

The way ahead looks promising right now, but don't get tunnel vision. There are plenty of wonderful opportunities by the roadside if you just look around, and right now you have the time and the leisure to make the most of every inch of your journey.

M Libra
23 Sep to 22 Oct

It's time to think about love, Virgo. What is it? Are you getting and giving enough of it? Can you relight

your fire? Be honest with it yourself, and seek the opinion of friends, too.

Once you're clearer about what you've got and what you need, it's time to think about action.

it's downhill for a while. Treat yourself but don't let yourself get out of control money-wise all romance, things are about to get serious, with big changes on the horizon. Don't be scared - this to could be the best thing ever.



An old friend will get in touch with an exciting offer. It sounds great, but don't let him or her run the show. Family affairs require some time and patience, but you'll be full of energy this month, and there'll be plenty left over for your own affairs.

# Sagittarius 22 Novto 21 Dec

Sometimes life is about leaping into challenging new experiences, Sagittarius, so close your eyes and jump! Wherever you land, you'll find yourself looking at life with new, enthusiastic eyes, and side-by-side with some fascinating new friends.

# Capricorn 22 Dec to 19 Jan

You've climbed that mountain and now

# Aquarius 20 Jan to 18 Feb

This month will drag on a little, with niggles at work and some discord among your friends. Stay cheerful, and escape from the everyday with a good book, a boxset or a new hobby that will feed your mind and set your imagination alight.

# Pisces 19 Feb to 20 Mar

Hesitating over a tough decision? Just toss a coin – sometimes action is all that's needed. Once you've committed yourself you'll learn that you're flexible and clever enough to succeed, and that you're better off where you are than where you were.

And don't forget to have fun and now along the way.

# Baye Lam (Jimmy)



If you've spent time in Puerto del Carmen, you'll probably have seen Baye Lam around. Better known as "Jimmy" he's one of the 329 officiallyregistered Senegalese residents on Lanzarote, and a familiar face to folks in the island's main tourist resort. We thought we'd take a closer look...

#### ■ Where are you from, Jimmy?

A city called Touba in the middle of Senegal.

#### ■ Do you ever return home?

All the time. I'm here to do business and when I get enough money I'll fly back to Senegal from Las Palmas to visit my family. Usually it's every four or five months.

#### ■ Do you have family there?

Yes, I've got a wife, children and brothers and sisters. I don't know how many exactly. One of my brothers, Abdou Guittré Seck, is a well-known musician who has recorded in Paris\*.

#### ■ How old are you?

I'm 50.

#### ■ Well you don't look it. What brought you to Lanzarote?

I travelled around a lot, I was in Mallorca for a while, then Barcelona. I love Spain, very friendly people. I came to Lanzarote 20 years ago, and liked what I saw, and I've been here ever since. I used to live in La Santa and Famara. It was nice up there, but I had to travel down every day, so I finally moved to Puerto del Carmen.

#### ■ What parts of the island do you like best? Do you like the volcanoes, or the beaches?

It's all business with me. I don't have time for that. I like it here at the Montaña Tropical centre. Lots of friends here.

#### ■ How many languages do you speak?

A bit of Spanish, a bit of English, some French, a bit of German. My native language is Wolof, but I only speak that with friends from home.

#### ■ Do you miss Senegal?

Sometimes. It's my home. When I go back I love the food - Senegal has the Number One food in the world.

#### Any plans for the future?

I don't really think about it much. I don't know what time I'll be dead, so I just look at now.

#### ■ Thanks, Jimmy, and all the best.

\* You can hear some of Abdou Guittré Seck's wonderful music on Youtube.

# Doguaguismo

It's an intelligent, sustainable, reliable, economical and comfortable activity

Every day, Lanzarote's long-distance public service guaguas connect 57 urban centres, travelling 11,500 kilometres along the return-trip routes of its 35 lines and 346 stops.





<sup>\*</sup>According to the Dictionary of the Spanish Language of the Royal Spanish Academy (the definitive authority on the Spanish language), the term guagüismo – which was coined by the Lanzarote Island Council – describes the "attitude or condition of the person who habitually uses public buses in the Canary Islands".

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