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Suitable for all audiences
The clocks go back on October 29th. This means that, after we’ve turned up for work an hour early while all the organised, intelligent people are still enjoying an extra hour in bed, we can look back on the summer that’s gone by and take stock.

In many ways it’s been a huge success – record amounts of tourists, several exciting and innovative events, no major disasters, and the island remains as beautiful and tempting as ever. The resorts have been purring along smoothly, and the airport has seen hundreds of thousands of people transformed from pale, stressed, nervous arrivals into happy, suntanned relaxed departures.

But there is still plenty of room for improvement – we’ve also seen beaches without sun beds yet again; tourist centres that were closed for weeks during peak season; even simple things such as beach showers that haven’t been working properly for months show that certain people aren’t taking responsibility for the very basic facilities that attract tourists to the island and keep them coming back for more.

I’d suggest that all the island’s politicians are given a beach towel, a bucket, a spade and a two-year old child and told to spend a day on their local beach. When they get back, maybe they’ll have a better idea of what it is that actually keeps this island in business.

Meanwhile, while folks in Britain and Ireland are turning up the central heating and putting anti-freeze in their tanks, we’ve still got a whole glorious month of summer to go. And there’s plenty to enjoy in what is one of Lanzarote’s loveliest times of year, with important cultural festivals, sporting events and plain simple fun happening all the time.

Here at Gazette Life we’ll be keeping tabs on all of it, but you don’t have to wait until next month to find out what’s been going on. Check our brand new Facebook and Instagram pages to keep up to date with things at a click.

Next month, of course, we’ll be back on the streets again, and it’ll be winter. But as anyone who’s spent time here knows, including the hundreds of “swallows” who fly south to join us, that’s a time that also offers its own unique charm and excitement.

We can’t wait. In the meantime, let’s suck every last drop of pleasure out of a wonderful summer.

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In July, the EU’s negotiator told Boris Johnson “the clock is ticking”, but six months after the declaration of Article 50, and 18 months before the UK formally leaves the EU, we seem to be nowhere near an agreement.

With the deadline in mind, Theresa May made a speech in Florence on 22nd September which cabinet colleagues described as an “open and generous offer” to the EU. This was thought to be an attempt to break the deadlock on the Brexit negotiations which recommenced on 25th September. As a result, a transition period lasting up to two years from the Brexit deadline is among Britain’s main demands.

May also promised that no EU country would be left short-changed by Brexit, and private sources claim she has offered up to €20 billion to cover gaps in the EU’s budget resulting from the UK’s departure.

However, Mrs May’s ability to get her way has been severely weakened following the results of the June general election, which she called expressly to strengthen her hand but which resulted in the loss of the Conservatives’ parliamentary majority.

Since then, many consider that May is likely to be replaced as leader of the Conservatives before the next election, and the jostling to take her place already seems to be underway.

Boris Johnson, one of the key figures in the Leave campaign, wrote a 4,000 word article in the Daily Telegraph on the Sunday before May’s speech. Written without the Prime Minister’s knowledge, and outlining a vision of Brexit that she has not endorsed, many have interpreted the article as an act of insubordination, and perhaps the first salvo in a bid for the leadership.

Another Brexit hardliner, Jacob Rees Mogg, has also been mentioned as a prospective leader. Another Brexit hardliner, Jacob Rees Mogg, has also been mentioned as a prospective leader. However, many Conservatives believe that a less polarising figure is what is needed.

Meanwhile, the Labour Party has slightly clarified its position on Brexit, with minister Keir Starmer claiming that the UK would not leave either the single market or the customs union during any transition period. After that, however, what Labour wants is still anyone’s guess.

Most importantly for UK expats in Spain is the fact that an agreement on citizens rights is no closer. A document leaked from Conservative central office in early September revealed plans to immediately end free movement after Brexit and deter future entry to all but highly-skilled workers.

However, any such restrictions may well be applied to British expats seeking to relocate to European countries – no problem for scientists and engineers; but a little more worrying for the thousands of British pensioners and casual workers who move to Spain every year.

What both sides agree, however, is that the clock is indeed ticking and many undecided issues will need to be sorted out far earlier than the March 2018 deadline.
Las Cucharas renovation
The Canarian Government has apportioned 1.5 million Euros to finish the improvements on the seafront of Playa Las Cucharas in Costa Teguise. The works are estimated to conclude before July next year.

Drone rescue
Two French tourists who got lost in the wild volcanic malpais region near Playa Las Malvas in Tinajo were rescued thanks to the use of a drone by local police officers.

The tourists lost their way at around 8.30 pm on Friday 8th September, and nightfall meant that a helicopter search could not be conducted. Instead, a drone was sent to the last GPS co-ordinates of the couple’s mobile phone. Just before the charge on the couple’s phone ran out, they said that they had seen the flashing lights of the drone, helping Emerlan emergency operatives to locate the couple.

It’s a fair cop
A man was arrested while reporting the theft of a car at the police station in Arrecife. Earlier that morning, police had chased a yellow Opel Corsa to the capital after its driver had snatched two bags in Puerto del Carmen. The car was later found abandoned. Later, a couple came to the police station to report the theft of the car. However, police arrested the man, saying “He was trying to pretend he wasn’t involved” and charged him with the thefts, as well as road safety offences.

Drug Ring Smashed
Guardia Civil officers arrested six men and confiscated 470 kilos of cocaine at the end of August, in an operation codenamed Miami.

The arrested men are charged with transporting drugs to Lanzarote from South America, with the intention of later selling them on the Canaries or on the Spanish mainland.

The operation involved cooperation with the US’s Drug Enforcement Agency and French customs, and involved tracing the movements of two men based on Lanzarote, one of whom was linked with a Peruvian drug cartel. The smugglers used a sophisticated code system and hired several assistants to hide their activities.

Gran Canaria Burns
A woman died, hundreds of residents were evacuated and thousands of hectares of land burnt in one of Gran Canaria’s worst wildfires, which started on 20th September in the uplands of the Tejeda area of the island.

The fire was one of the most aggressive experienced on the island, and at the time of writing the full extent of the damage has not been established. However, the arrival of light rain and cooler winds on Thursday meant that the fire was easier to control.

The fire occurred just weeks after a forest ranger was convicted of deliberately starting the worst fire in Gran Canaria’s history, which took place in 2007. Juan Antonio Navarro awaits sentence after confessing to starting the fire in order to ensure that he didn’t lose his job.
Looking for Love

A 30-year old Chinese woman from Arrecife has been chosen as one of the housemates in Spain’s new series of Gran Hermano (Big Brother).

Yangyang Huang, aged 30, is a single mother of two who lives in Arrecife and works as a Chinese language teacher on the island. Yangyang told panellists that she may be “looking for love” on the show, as she’s “currently in a relationship with an Irishman that isn’t going too well.”

Dirty Tricks?

An association of lawyers has been ordered to pay costs after their attempt to forcibly dissolve a group which has brought several anti-corruption suits on the island.

The Jiménez de Asúa lawyers association attempted to force the dissolution of the Urban Transparency association, which is the plaintiff in various corruption trials taking place on Lanzarote.

However, a magistrate judged that they had shown no good reason for their accusations and instead cast doubts on the legitimacy of the lawyers’ association, which has been accused of “delaying tactics” and fined for acting in “bad faith” when trying to remove a judge in the Union Case.

Urban Transparency accuse the Jimenez de Asúa association of acting in the interests of key defendants in corruption trials such as Luis Lleó, Juan Francisco Rosa, Felipe Fernández Camero.

Cruising ahead

September saw the start of cruise season at Arrecife, with more than 15,000 tourists arriving at the capital in just one week towards the end of the month.

Arrecife remains a popular stop for cruisers, and immense ships such as the Aida and Mein Schiff liners are already familiar sights in Arrecife. The mooring point at the new marina for smaller cruisers has meant that many tourists enjoy a much more direct access to Arrecife.

Among the scores of ships expected between now and early June next year are famous British vessels such as Britannia and the Queen Elizabeth.

It's Now or Never

In his Elvis jumpsuit, splendid sideburns, shades and with a gigantic finger sign strapped to his back, The King is on hand to make sure there’s no chance you’ll lose your way to the next gig during the Arrecife En Vivo concerts on the first two Fridays in October.

Buli Panés, a well-known drummer on Arrecife’s rock scene, has become the emblem for this year’s festival, and as long as concert-goers follow his lead there’s no chance they’ll be lonesome tonight.

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Clocks go Back

Don’t forget that the clocks go back on Sunday, October 29th. The good news is that this means you’ll get an extra hour in bed. On the other hand, darkness will fall an hour earlier in the evenings, with the sun setting at around 6pm for the next few months.

Lanzarote follows exactly the same time changes as the UK, and will be in the GMT +0 time zone until March 25th next year.

Early Christmas Shopping!

Don’t miss the Posh Clobber Sale in aid of SARA Animal Shelter on Sunday 22nd October, 11 - 2pm. It will be held at the Crossroads Bar, Los Gurupitos Complex, Calle Los Crotos, Costa Teguise.

The last sale was so successful that SARA volunteers are having another one! More chances to buy good quality posh frocks and shoes, men’s clothes, stunning watches and costume jewellery, and genuine luxury goods, including crystal Brandy and Port glasses and decanters. All pick of the crop items selected from the donated goods that you lovely people give to support the animals in the SARA Shelter in Tahiche.

Don’t forget the normal Saturday SARA market on the 14th of October at the Tahiche Garden Centre! A double whammy this month.

9Lives Lanzarote

Following the official closure of 9Lives, members are continuing to help the island’s moggies privately, with the dedicated help of core volunteers, and have neutered 60 cats in the last month. Two cats have been successfully rehomed in Germany and another one has found a home in the UK.

Members are using existing funds as mentioned before along with proceeds from our Facebook Page “CATch a Bargain”, where many clearance items are for sale.

Please check it out, and lend your help to Lanzarote’s cats.

6D Cinema

The 6D Cinema at the Marina in Arrecife has now moved across the water and can be found in Corralejo, Fuerteventura. However, you can still enjoy the thrills and
spills of 6D Cinema at the Rooftops Cinema in the Biosfera Shopping centre, Puerto del Carmen, on the top floor.

El Cuchillo race

The third Relevos Trail race in the wonderful landscape of El Cuchillo will take place on October 7th. Apart from its unique location, the unique element of this event is that it is dedicated to pairs, who run relays along the 9 km route. Open to adults and chinjos (kids), proceeds from the race will go to Lanzarote’s crusading cancer charity AFOL.

Tintin on Lanzarote

If you’re at Terminal 2 of Lanzarote’s Airport, don’t forget to take a moment to look at the Tintin in Lanzarote exhibition, which will be displayed in the terminal until October 15th. Tintin and his dog Snowy never actually came to Lanzarote in Hergé’s perennially popular books, so students from Arrecife’s Pancho Lasso art School decided to bring them over themselves, creating 30 paintings that feature the intrepid reporter in various well-known Lanzarote landscapes, from the lunar landscapes of Timanfaya to the abandoned dam at Maia. You’ll also spot Captain Haddock in front of the Telamon sunken ship near Costa Teguise.

Let’s go to Edinburgh!

After returning from a fun-packed weekend at Edinburgh festival, Deirdre MacFarlane is interested in getting like-minded people together for a group trip to the festival in 2018. The sooner flights and accommodation are booked, the cheaper it will probably turn out to be, so speed is of the essence.

If anyone is interested in experiencing one of Europe’s most important cultural events, as well as the fascinating hilly streets and typical Scottish weather, they can contact Deirdre on 630789447.

The Cinderella Chef

Maria Marte is the only chef in Madrid with two Michelin stars. Arriving in Spain from the Dominican Republic aged 26, Maria took a job as a dishwasher at El Club Allard. Later she was took on food preparation and cooking duties and slept in the stainway of the restaurant to keep up with the rhythm of her new shifts.

After three months, the head chef took her off dishwashing duty; Four years later, the restaurant gained its first Michelin star, with a second awarded in 2011. Maria is now the head chef, and her Cinderella story has made her one of Spain’s most popular cooking celebrities.

Maria Marte will be hosting three gastronomy days at the Restaurante Isla de Lobos in Playa Blanca’s Princesa Yaiza Hotel from October 5th to 7th. See the advertisement on page 62 for more information.
Europe

Germany Votes

As this magazine went to press before the German Federal Election on 23rd September, we can't bring you the results, but there will be a serious upset if Angela Merkel is not confirmed as the country's leader for a fourth time.

Merkel's CDU/CSU party has consistently led in the polls, and while Martin Schulz's SPD drew close earlier this year, they have fallen back more recently. As always, it seems a coalition will be formed, and as Merkel's party will form the largest element of the most likely coalition arrangements, it seems that “Mutti”’s leadership is assured.

Fish head north

Climate change could result in a radical change to British eating habits, according to researchers.

Warm water species such as anchovies and squid are moving further north and become ever more frequent in British waters. Meanwhile, traditional species such as cod and haddock, which prefer colder waters, are moving further north. Climate change has also affected the populations of seabirds such as puffins and terns, whose food fish also prefer cold water.

It's not the first time warm water species have been reported in British waters – ten years ago, bass were reported to be thriving on the south coast, although overfishing has failed to result in a stable population. Red mullet, John Dory and sardines are other warm water species that are increasingly found in British seas.

Pudding vs Pudding

Nick Pennell, aged 45, and 11 year old Jennifer Astle were the winners of the 2017 Black Pudding Throwing Competition at Ramsbottom, near Manchester.

The contest involves contestants trying to knock Yorkshire puddings off a plinth using a carefully aimed black pudding. Both winners managed to dislodge five of the puddings from the White Rose county, with a blood sausage made in Red Rose county.

According to organisers, the contest dates from the War of the Roses, when both opposing armies ran out of ammunition. Troops from Lancashire started hurling black puddings at the enemy, while Yorkshiremen responded with their own roasted batter puddings. Meanwhile, in the county of Stickytoffeeshire, they were too busy eating to fight.

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Harvey, Irma, José, Katia, Maria... this summer’s march of Atlantic hurricanes and tropical storms has seemed never-ending, bringing destruction to the Caribbean and the southern states of the USA. Meanwhile, here on the Canaries this summer has seen heatwaves and calimas. Has our weather changed for good, and what will that mean?

This year’s hurricane season has been the most destructive since 2005, with Hurricane Harvey the first major storm to make landfall in the USA since Katrina and Wilma, twelve years ago. In addition, hurricanes Irma, José, Katia and Maria have caused over 160 deaths and caused more than €130 billion worth of damage, mostly in the Caribbean.

It was widely expected that this year’s hurricane season would be more active than usual, and the period from June to November every year sees several storm systems arise in the central Atlantic. However, many experts have claimed that climate change may be the reason for the sheer destructiveness and intensity of this year’s storms. Hurricane Harvey, for example, gained in strength before hitting the US – an extremely rare occurrence caused by warmer water at deeper levels.

2017 is still far behind 2005 in the record books. That season not only shattered several records, but also saw Tropical Storm Delta hit the Canary islands. Forming late in the hurricane season, Delta did not move westwards like most storm systems, but headed erratically towards the east instead, causing €312 million of damage and killing 19 people on the islands.

Since Delta, the Canaries has experienced a number of storms of lesser ferocity, and many climate experts believe that climate change has increased the chance of eastward-moving storm systems. Reasons for this are complicated, but include the melting of polar ice caps, which produces effects in ocean currents that weaken the prevailing weather systems influencing the islands.

This weakening means that other weather systems have greater influence, for example; blocks of hot air from the African mainland and stormy weather from the central Atlantic. Jesús Agüera, the Canarian delegate for Spain’s meteorological agency AEMAT, stated earlier this year that trends show that storms are occurring earlier in the Canaries. “Winter is no longer the rainy season in the Canaries; now it is autumn,” he claimed. Agüera also says that local rain patterns have changed in intensity, resulting in fewer storms, but ones that are more intense.

Nevertheless, despite changes you can guarantee that Lanzarote and the Canaries will see far less rain than the rest of Europe.
The Heat is On

Often you feel it before you see it; a close, oppressive, dry heat that is not relieved by breezes. Look out of the window and the sky seems fuzzy and blurred. It’s another calima – the dust clouds from Saharan Africa that are becoming ever more regular elements of Canarian life.

This spring and summer has seen several calimas on the islands, with temperatures reaching more than 40 degrees during the worst heatwave in August. And experts believe we can expect more. Canarian summers have, on average, risen in temperature since the early 90s, a period of time which has seen six of the hottest summers on the islands since records began in the 1940s. In contrast, the 26 coldest Canarian winters all took place last century. Meanwhile, experts say that we can expect more calimas, which are also likely to shift to earlier in the year.

The Canarian Government estimates that temperatures are rising by at least 0.17 degrees celsius every decade, while the Spanish Institute of Oceanography claims that sea temperatures are rising by at least 0.26 degrees every decade. Rising sea temperatures are also resulting in a measurable increase in sea levels, estimated at up to 6 cms in the Canaries.

Global warming has also been linked with natural phenomena such as the plagues of toxic micro-algae that closed a number of Canarian beaches this summer.

So far, record tourism figures show that climate change in the Canaries has had no effect on the islands’ main source of income, and this perhaps is due to similar unpredictable conditions in the countries where tourists come from. While Britain sweltered in a heatwave in June, the summer soon became one of the wettest on record. While the sun can be guaranteed to shine on the Canaries, it seems people will continue to flock here.

Trump Backtrack?

2017’s hurricane season may have prompted a backtrack from Donald Trump’s administration on withdrawal from the Paris Agreement on Climate Change. Trump’s announcement in June caused huge controversy and left the USA alongside Syria and Nicaragua as the only countries in the world outside the agreement. Since then, Trump has been forced to visit Texas, Louisiana and Florida, all of which have been battered and flooded by 2017’s seemingly endless parade of Atlantic storms.

Last month, White House officials said that Trump was “willing to work with partners if we can construct a set of terms that we believe is fair and balanced for the American people.”

What these terms may boil down to is a face-off between the USA and China, which Trump believes has received preferential treatment in the Paris Agreement. The USA, nevertheless, remains the world’s second biggest producer of carbon emissions measured per person, ranking behind only the United Arab Emirates.
Catalonia Votes to Vote

The decision of Catalonia’s parliament to hold an independence referendum on October 1st has caused outrage in Madrid, and could lead to unprecedented conflict between the national and regional governments.

On September 6th, the Parliament of Catalonia passed the referendum law, which will ask four million residents of the region the question “Do you want Catalonia to be an independent country in the form of a republic?” However, the motion was immediately attacked by the Spanish government in Madrid, whose president Mariano Rajoy promptly ordered the vote to be annulled by Spain’s constitutional court.

The Catalan speaker, Carme Forcadell, and other Catalan politicians could face charges for disobeying previous rulings forbidding moves towards independence.

However, Catalan President Carles Puigdemont has stated that if the referendum results in a “Yes” vote, Catalonia will unilaterally declare independence from Spain within 48 hours.

Recent polls have shown that a majority of Catalans are against independence (49%, compared to 41% in favour), but the fact that many opponents of independence will refuse to recognise and participate in the referendum could easily deliver a victory to “Yes” voters.

A ‘Yes’ vote could lead to an immediate declaration of independence.”

Puigdemont has stated that if the referendum results in a “Yes” vote, Catalonia will unilaterally declare independence from Spain within 48 hours.

One solution would be a nationally-approved vote resembling the Scottish independence referendum of 2014, but the Spanish government have consistently refused to countenance this option.

Could it happen here?

Although the governing party in the Canaries, Coalición Canaria, describes itself as “nationalist”, there is currently little appetite for Canarian independence on the islands.

The Canarian independence movement arose in the late 19th century in protest against Spanish colonialism, and reached its highest point during the transition to democracy in the late 1970s, when bombings were carried out by the Canarian terrorist organisation the MPAIAC.

More recently, however, Canarian political parties describing themselves as nationalist have committed themselves to the autonomous model of Spanish regionalism, and when a formal proposal for a Canarian republic was proposed in 2007 it was rejected by all major parties.
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The Socialist party have dissolved the pact that ruled the Cabildo for the last two years, leaving the Coalición Canaria (CC) party and Cabildo President Pedro San Ginés in a minority.

The Secretary General of the Lanzarote Socialists, María Dolores Corujo, said that “the refusal of San Ginés and the CC to provide an adequate response to the legal situation of the President has made the situation impossible.” Corujo was referring to the recent indictment of San Ginés in a court case relating to the forced closure of a desalination plant owned by Club Lanzarote in Playa Blanca.

The Socialists also expressed disagreement with the CC’s management of the recent strike at the Centres of Art, Culture and Tourism (CACTs) on the island, which saw some of Lanzarote’s most important tourist attractions closed to tourists for four weeks.

The strike came to an end after all the opposition parties in the Cabildo voted for an emergency general meeting to discuss the claims of the CACTs workers. However, strikers have not ruled out a return to strike action if the meeting fails to offer a satisfactory outcome, which mainly relates to unpaid wages.

The Socialists have ruled out any chances of a no-confidence vote to unseat San Ginés, and have also pledged to continue working with the CC in Ayuntamientos such as Arrecife and San Bartolomé.

Until recently, the five Socialist councillors had ruled in conjunction with the seven CC members and one elected representative of the PIL, forming a majority of 12 of the 23 Cabildo seats available. Now, however, the CC will find it increasingly difficult to push through legislation.

As is often the case, there may also be a Canarian dimension to the dissolution of the pact. In the Canarian Government, the Socialists withdrew from the pact they had reached with the CC, leaving Canarian President Fernando Clavijo also ruling in a minority. The recently-elected Canarian Socialist leader, Ángel Víctor Torres, is also reported to be far less patient with the CC than his predecessor.

Pedro San Ginés has been the President of Lanzarote’s Cabildo for over six years now, making him one of the longest-lasting occupants of the post in recent years.

His intelligence, charm and youth are undoubtedly part of the reason for his longevity in a notoriously unstable post, but San Ginés has also received his fair share of criticism in his time as Lanzarote’s leading politician.

His opponents accuse him of arrogance and high-handedness. While ruling in a minority may limit his powers, the absence of any serious opposition candidates to unseat him means that San Ginés is likely to remain at the forefront of Lanzarote life for some time to come.
Ryanair has announced that it will cancel 40 to 50 flights every day until the end of October. 400,000 passengers have been directly notified by Ryanair, while up to 18 million ticket holders remain uncertain as to whether their flights will go ahead or not.

At the time of writing, Ryanair has posted a list of scores of cancelled flights at the Help Centre of its official website. However, the only Lanzarote routes cancelled are the FR 2017 and FR 2018 services between Arrecife and Madrid on every Sunday in October. The fact that the law demands cash compensation of between €250 and €400 for flights of over 1,000 miles may be the reason why no routes between the British Isles and the Canaries have so far been listed.

The exact reasons for Ryanair’s decision remain unclear. The company claims it is changing its holiday year to run from January to December rather than from April to March. They say this means that hundreds of staff are, as a result, taking their holiday allowance before the end of the year so as not to miss out.

However, other sources claim that Ryanair simply does not have enough pilots. Rival airline Norwegian, which also operates from Ryanair’s Dublin base, claims it has taken 140 pilots from Ryanair recently, and Ryanair themselves have offered a €10,000 signing-on incentive for new pilots.

While no Lanzarote routes are affected as yet, anyone who plans to fly via Ryanair during October is advised to keep a close eye on the company’s website for updates.

Ryanair’s decision to cancel hundreds of flights has caused anger and led to a rare public apology from the company’s CEO, Michael O’Leary. However, at the time of writing, none of the affected flights connect Lanzarote with Ireland or the UK.

Luggage Revision
Ryanair has also been in the news after changing its hand luggage policy. From November 1st, only priority boarding passengers who pay an extra £5 will be able to take two bags on board. All other passengers will be limited to a smaller item of hand luggage. Larger wheelie bags will have to be checked in (for free) and reclaimed at the destination.

From 1 November, this check-in bag allowance will also increase from 15kg to 20kg, while the fee for extra luggage in the hold will be reduced from £35 to £25.

The move was prompted by the sheer overcrowding that the current policy caused on flights, where overhead cabin lockers simply do not have room for so many wheelie bags.
If you don't visit Arrecife...
...you’ll never truly know Lanzarote

Come and enjoy it

CULTURAL HERITAGE
SHOPPING
LEISURE AND
DINING
IN THE CAPITAL
This month, thousands of young seabirds will make their maiden flights from the islands around Lanzarote. It’s a time of huge risk, but also the beginning of an astonishing life-story that covers half the globe.

After mating, pardelas lay a single egg in June, which usually hatches in July. Then follows an intensive period of childcare during which each chick is crammed with fish hunted by its parents. The chicks soon become fat, furry balls, and it seems that such a dumpy little thing could never take flight.

However, the feeding is done for a good reason, because later in the summer the parents abandon their chicks, migrating down the west coast of Africa, with many flying over to South America for the winter. The fattened chicks are left to grow in their nests, using their energy reserves to become larger and stronger, before they make their maiden flights in late October or early November, after which they follow their elders south.

It’s the start of an immense journey.

This is the riskiest part of the young birds’ lives, with many falling into the sea and drowning. The flight takes place at night time, and the young birds use the moon to navigate by, but in recent years they have been led astray by lights in human settlements, meaning they often land in seaside towns or villages where they are easy prey for cats. It has been estimated that up to 50% of pardelas die at this time, and the council of Corralejo has switched off streetlights to help save the pardelas of the Isla de Lobo.

Stranded pardelas are also reported on Lanzarote, and last year over 100 birds were freed by an association devoted to helping the birds.

If you spot a stranded shearwater, or any other wild animal in difficulties (such as kestrels, doves, egrets or even dolphins and marine turtles), the Cabildo advises you to contact the Wildlife Recovery Service on 696 733 177 between 7am and 10pm. The Guardia Civil’s Seprona service (928 592 100 ext. 28) also offers assistance.

Pardelas Take Flight

Hedgehogs Abroad

Pardelas aren’t the only animals at risk this time of year. Young hedgehogs are also making their first forays into the wild, and sadly, this only too often ends up with them being squashed on the island’s roads.

Smaller and paler than their northern European relative, the hedgehogs on Lanzarote are Algerian hedgehogs, brought over just a century ago from North Africa. While avoiding them isn’t always possible, local animal charities recommend reporting all instances of roadkill to your local Ayuntamiento.

Hedgehogs are Crossing... Please Slow Down!

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Financial Clinics

Paul Montague, Blevins Franks Partner for the Canary Isles, is holding Financial Clinics at EBF Consulting.

Thursday 26 and Friday 27 October
EBF Consulting, Calle Reina Sofia 68, Puerto Del Carmen, Tias 35510

Key issues Paul can discuss:

- New automatic exchange of information between the UK and Spain
- When/where/why/how to pay your taxes in Spain
- Making sure your money is in the right place
- Your pension options
- Any other general financial planning questions

BY APPOINTMENT ONLY
Please contact Paul's office to arrange a time.

928 433 411
canaryisles@blevinsfranks.com

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Lanzarote will once again hit the big screen on October 20th when the horror movie *Cold Skin*, which was filmed on the wild and beautiful Tinajo coastline, hits Spanish cinemas. A worldwide release is likely later.

*Cold Skin,* based on the cult 2002 novel of the same name by Albert Sánchez Piñol, tells the story of a young man who accepts the post of weather observer on an isolated Atlantic island after his predecessor goes missing. The only other inhabitant of the island, a grizzled old lighthouse keeper, refuses to talk to the newcomer or help him.

On his first night in this creepy and remote place, the weather official discovers the terrifying reason for the lighthouse keeper’s hostility, and both men are soon pitched into a life-or-death struggle against a threat that they could never have imagined.

The trailer for the film, which stars British actors David Oakes and Ray Stevenson alongside the Spanish actress Aura Garrido, has already been released and instantly plunges the viewer into a landscape that will be familiar to Lanzarote residents – the jagged black volcanic rocks and pounding white surf of the north coast. The exact location for the film shoot was the isolated Playa de la Malvas in Tinajo, where a temporary lighthouse was especially built for the occasion.

*Cold Skin* is just the latest of many films to have been shot on Lanzarote. Last year, Ron Howard filmed segments of his Moby Dick-inspired film *In the Heart Of the Sea*, at El Golfo, while French director Lucile Hadzihalilovic also filmed her 2015 thriller *Evolution* on Lanzarote’s north coast.

Lanzarote is not the only Canary island to feature in films in recent years. The tense 2016 thriller *Mine,* in which Armie Hammer finds himself trapped in a hostile desert zone, was filmed on Fuerteventura. However, the biggest event on the islands this year has undoubtedly been the filming of part of the new Star Wars spin-off film about the young Han Solo. An entire settlement, closely resembling those on the planet Tatooine in the first Star Wars movie, was built in the desertified southern region of Fuerteventura in preparation for filming in May.

*Cold Skin* will receive its world premiere at the world renowned International Fantastic Film Festival in Sitges a week before its release in Spanish theatres.
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13:30 20:00

EXpress Ferry
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Playa Blanca to Corralejo
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10:00 11:15
12:00 12:45
16:15 17:15

EXpress Waterbus
from Puerto del Carmen
6€ ONE WAY
Puerto del Carmen to Playa Blanca
10:30 11:15
12:00 12:45
13:30 17:45

EXPRESS Waterbus
from Playa Blanca
15€ RETURN
Playa Blanca to Marina Rubicon
10:00 10:15
11:15 11:45
12:30 12:45
13:40 14:15
15:40 16:30
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"Y"ou can sit and watch them for hours” says Betty Bonanni as we approach the five small hives located on the finca in Mácher where she cultivates and produces fresh organic honey that comes purely from bees and flowers on Lanzarote. “They fly out rapidly, they return laden with pollen, they guard the hive from intruders, there’s always something going on.”

Even though this morning is overcast, with a threat of rain, she’s right. The hives are literally buzzing with activity, as their inhabitants go about their daily work. These are Canarian black bees, a naturally occurring sub-species of the Spanish black variety, and they were originally imported from Gran Canaria.

Although wild bees are also found on Lanzarote, they are few and far between, and the hives here are generally imported from Gran Canaria or Tenerife, greener islands with more established beekeeping traditions.

Betty warns me not to get directly in front of the hives “They can sting,” she says “And at certain times of day it’s like being at the school gates when the bell rings. Like young schoolchildren, they just come rushing out and bump into whatever’s in the way.”

**Raised Among Bees**

Betty was born in Argentina to Italian parents and grew up with bees. “My mother taught me the basics of beekeeping and, when I moved to Lanzarote, I found that I missed them,” she says. She met Klaus Guttemberger and Darlene Kist of the La Tanganilla organic gardeners association, who also felt an urge to keep bees and soon afterwards they acquired their first hives and set up the Apicultura Lanzarote business.

Betty and her colleagues know of no records of beekeeping on Lanzarote in the past, and they encountered some opposition when they first located hives around the island. “Some complained that they would get stung, and others even vandalized the hives. When that happens we’ll always move them elsewhere. Nevertheless, many other locals are delighted by the hives”

Now Apicultura Lanzarote manages more than 50 hives, which are situated all over the island in 20 locations ranging from Máguez and Haría to Masdache and Güime. “The hives have to be kept apart, so they’re not competing,” says Betty, “it’s also important for organic honey that the land around the hives is either wild, organic or abandoned for three kilometres in all directions.”

“The honey is different every time we take it from the hives,” says Betty. “It reflects the type of flowers that the bees have been visiting, which changes throughout the year. The honey from the barilla plant in May, for example, is very pale and clear, while other flowers produce darker honey.”

“It’s impossible to produce honey from just one type of flower here,” says Betty. One analysis of the honey identified 23 types of pollen in one sample, and this included garden plants such as lilies, as well as rosemary.
lavender, oregano, aulaga and fennel. Bees get around.

The organic honey produced by Apicultura Lanzarote can be found in many of the island’s health food shops, and has also been embraced by cooks on Lanzarote. “The hives here don’t produce a large amount of honey – the average is around 15-20 kilogrammes,” says Betty. “But it’s high quality. We have a waiting list whenever we produce a new batch.”

Nevertheless, honey is only one of the benefits of beekeeping, and Betty’s association originally brought them in to provide natural pollination of organic crops. “On Lanzarote, farmers have to pollinate pumpkins by hand,” explains Betty. “They wait until the flower appears, which may only be for a day, then they “marry” the blossoms by introducing pollen from another flower by hand. It’s a laborious job, and one that bees can do much more easily.”

Betty and her colleagues always leave some honey for the bees to feed on. “This is another commitment of organic beekeeping,” she explains, “Commercial beekeepers often feed the bees with sugar and water, but we think that if you are what you eat, that goes for the bees too.”

**30 days of Hard Work**

The average female worker bee has a lifespan of just 30 days, and every moment of that time is devoted to working for the hive. There are also other threats: “Birds and even lizards like to eat bees,” says Betty. “But the greatest threat by far are pesticides, which are destroying bee populations throughout Europe. It’s not just agricultural nicotinoids and sulphates – household pesticides are also a problem.”

Some complained that they would get stung, and others even vandalized the hives.”

Betty says that if you want to attract bees to your own garden, the best plants to choose are aromatic herbs such as rosemary, lavender, oregano and thyme. Citrus trees are also good, but “any flower that gives off a fragrance will attract bees. After all, that’s the only reason why flowers smell nice in the first place.”

She also pleads with gardeners to consider using natural ways of pest control, rather than chemical pesticides. “There are plenty of natural ways to deter insects without killing them,” she says. Clear, fresh water in your garden is also a blessing for bees, which love to take a drink while they’re working.

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This is one of the best times of year for getting out and about and exploring the treasures that lie off the beaten track on Lanzarote. Over the page, we’ll suggest some terrific longer routes for intrepid hikers, but remember that every year there are reports of tourists who have to be rescued by local emergency services after getting into difficulties.

**SET OUT SAFELY**

In almost all cases, people are rescued safely, but the case of Margaret Holt also remains strong in the memories of many. She went missing in 2011 after setting out on a hike, and her body was not discovered until 18 months later. It is believed she suffered a fall in the Famara cliffs region.

For such a small, modern island, Lanzarote can offer some surprisingly hostile territory. For this reason there are certain things everyone who ventures into the wilds of the island should take into account.

**Take a friend or notify someone**
It’s always safer to venture into the wilds with a companion, who can seek help if disaster occurs. If you do go alone, be sure to inform someone that you’re going, and give them as precise plans of your route as possible.

**Stay in touch**
Take a mobile phone, and make sure it’s well-charged before you set out. Remember the emergency number on the Canaries – 112 – but DO NOT rely on the phone alone. You may end up in an area without coverage or lose the phone.

**Be prepared**
Trainers won’t cut it on much of Lanzarote’s rough, rocky terrain, where you’ll be grateful for a pair of tough walking boots with ankle support. Also, make sure you take water for hydration and protect yourself against the sun with a shady hat, long sleeved shirt and sunblock. In the winter months, a sweater or light cagoule is also recommended.

**Do basic research**
Check weather reports – don’t embark on a cliff scramble if heavy rains are forecast, and take it easy during heatwaves. If your route takes you onto the seashore, checking tide tables will be useful. Above all, plan your route as much as possible before setting out.

**Use common sense**
Don’t set out into volcano country just before nightfall. Don’t tackle anything you’re not absolutely sure you can’t handle. Don’t leave the path in hazardous areas. Stay well back from rough seas.
October’s the ideal time to get out and about on Lanzarote and discover some of the most amazing landscapes the island has to offer.

Autumn on Lanzarote offers cooler, calmer weather, which is perfect for longer routes. It’s not a time for seeking greenery – for that you’ll have to wait a few months before rains turn parts of the island green – but it’s perfect for appreciating the stark contrasts and primeval beauty of volcano country.

**FEMÉS TO PAPAGAYO**
This route measures 14 kms (8.6 miles) and takes you through the oldest mountains on Lanzarote, the massif of Los Ajaches – a deserted place where the remains of ancient, elevated beaches can be found. Then it’s a tramp through the desert wasteland ending up on the stunning beaches of Papagayo, where you can enjoy a well-earned dip. Femés is also the starting point for another fascinating shorter hike, through the gorge known as the Barranco de Higueral and down to the sea before turning left to end up at Playa Quemada.

**MANCHA BLANCA TO PLAYA DE LAS MALVAS**
This route takes you through some of the island’s youngest volcanic terrain past the largest volcanic crater on the island, the astonishing Caldera Blanca. Many turn back here, but an extra five kilometres will take you to one of Lanzarote’s most isolated beaches, Playa de las Malvas, whose black sand and wild surroundings are spectacularly romantic. This is a long hike, as you’ll have to walk back, so allow yourself plenty of time.

**UGA TO MONTAÑA TINASORIA**
Tinasoria belongs to the central ridge of Lanzarote and is one of the most visible peaks on the island. Starting at Uga, a footpath takes you through La Geria’s unique wine country and up onto the ridge, where you can also choose to scale the adjacent Montaña de Guardilama if you wish. The views from the summit of either Tinasoria or Guardilama are astounding, taking in Timanfaya, the Ajache mountains to the south, La Geria and the plains rolling down towards Puerto del Carmen and the coast.

**MIRADOR DE YÉ TO PLAYA DEL RISCO**
The toughest climb that Lanzarote has to offer takes you from the picturesque viewpoint near Yé down a rocky zig-zag path to the isolated Playa del Risco. Go early and there’s every chance you’ll have an unspoilt beach to yourself. Don’t forget to explore the old salt works to the north of the beach before facing the tough slog back up the cliffside. Take water and sun protection and, unless you’re at peak fitness, avoid this route on very hot days.
October 2017

Be on trend
AUTUMN-WINTER COLLECTION

OCTOBER ACTIVITIES

Sunday 1st, at 11:30 a.m.
Children’s Activities: AUTUMN WORKSHOP: MAKING PAINTINGS WITH SEEDS
Reserve places on 629818455. Maximum: 30 children.

Wednesday, 4th OCTOBER
World Animal Day:
INFORMATION STALL FROM SARA ANIMAL SHELTER.

Saturday 7th, at 12:00 p.m.
Activities for children and adults with stories of the GREEN FAIRY and the CLOWN ALBOROTO.

7th, 14th, 21st, from 6:30 p.m. to 8:30 p.m.
Sunday 22nd, from 11:30 a.m. to 1:30 p.m.
1st CHRISTMAS CARD CONTEST at DEILAND SHOPPING CENTRE

Saturday 7th and Sunday 8th
For every receipt of € 30 or more in any Deiland shop (or € 50 in HiperDino), you will be entered into the prize draw for hotel nights, spa vouchers, massages and more at the Hotel Hesperia. Check conditions at www.deilandplaza.com

Sunday 15th, at 11:30 a.m.
1st Floor.
Children’s Activities: WORLD HAND-WASHING DAY: WORKSHOP MAKING FELTED SOAPS. Reservations on 629818455. Max. 30 children.

From Thursday 19th to Sunday 22nd October
GRAND CLEARANCE SALE:
Come to the basement floor of our Centre and you can find incredible discounts from Deiland shops.

5th, 12th, 19th, 26th
Children’s Activities: HALLOWEEN NIGHT: FACE PAINTING, CRAFTS AND TRICK OR TREAT in the centre’s shops (Children between 4 and 12 years old)

The organisation reserves the right to modify or suspend events if deemed necessary by circumstances.

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• 2011 - Deepti Aswani, Doctor of Medicine from Cambridge joins the Oxford Medical School.
• 2015 - Arantxa González and Rebecca Clancy, both with the maximum GCSE passes in the world receive commendation from The Queen.
• 2016 - Lisa Tilokani studying for a Doctorate in Caius College, Cambridge in mitochondrial research.
• 2016 - Radhika Barchha, with highest marks in Spain for both Biology and Chemistry Advanced Level, was awarded a scholarship to Manchester University to read Chemistry.
• 2017 - Alana Echenique and Elena Gil, both with the maximum number of GCSE passes in the world study sciences at Advanced Level.
• 2017 - Jodie Burns and Elena Hoi extract DNA during a summer project in the school laboratories.
• 2017 - Arantxa González offered places at several universities throughout Spain to read Medicine.
• 2017 - Rebecca Clancy obtains five A* grades at Advanced Level at 16 years of age and is the youngest student reading Chemical Engineering at Imperial College London this year.

Quality costs. So if you want to give your children the opportunity to enjoy a lifetime of success, it is well worth the investment.

It is quite possible that in their first year of employment, your child could earn an amount equal to the whole cost of the fifteen years of education in this school.

The Hispano Británico educates youngsters to become individuals, and is dedicated to giving opportunities to young women. Ordinary youngsters who will now have such extraordinary lives.
More than 80% of extrajudicial bank claims have been rejected in recent months, and there are many clients who are giving up on their claims as a lost hope.

However, at Lanzarote Abogados we urge all clients with a mortgage to bring us their documents, because we can ensure that your bank pays back excess interest payments, as well as the costs incurred when you signed the mortgage.

"If your bank tells you ‘No’; we say ‘Yes’.”

We continue to achieve excellent results and considerable awards for our clients, especially against entities such as Banco Sabadell, SoIBank, Banca March, Banco Popular, Bankia, Credifimo, Abanca and Caixa. It doesn’t matter whether the floor clause was hidden in the small print or whether it was printed in bold capital letters – the important issue is that, in almost all cases, the bank failed to explain the implications of the clause to clients, what it exactly meant and what the financial consequences could be.

We also encourage those clients who may not be subject to a floor clause, but who did not sign at the time confirming that the Euribor would be the reference for interest rates; but instead signed up for other references such as the IRPH or multidivisa. In fact, these types of interest rate can also be annulled with huge economic advantages for the client.

Finally, anyone who has signed a mortgage contract, including those who repaid it in full less than four years ago, has the right to reclaim the majority of the expenses that they paid for the constitution of the mortgage. In other words: the notary fees, registry costs, administration and taxation fees etc. All of this is permitted due to the abusive practice of attributing all the costs to one party when both parties – bank and client – are beneficiaries of the mortgage contract given that the buyer not only obtains finance for his or her property purchase, but the bank also gains from the interest rates on the mortgage.

For this reason, the fact that clients have paid all costs without having been given the opportunity to negotiate this has been ruled as abusive by Spanish courts, and clients have the right to reclaim.

For all of these reasons, it makes sense to contact us with your mortgage agreement. We’ll provide you with further information and assess your claim.
Every now and then you stumble across an idea so simple and stunning that it takes your breath away. Many of us have, of course, looked out of the tiny, bleary windows of a plane approaching Arrecife airport to admire the aerial views of the island, but very few of us enjoy those sights every day from the cockpit of an aircraft.

On the Facebook and Instagram pages of Desdemicabina, (From My Cockpit), a commercial pilot stationed in the Canaries simply decided to share some of the astonishing aerial sights that are a part of his everyday job, taking and posting a series of outstanding shots that as a whole, sum up the beauty and variety of all seven of the Canary Islands.

It’s all there – the lush greenery of northern Tenerife contrasting with the typical terracotta rooftops of that island; the vast desert landscapes, ancient volcanoes and blindingly white beaches of Fuerteventura; the wrinkled terrain of La Gomera; La Palma’s unique ridges and Gran Canaria’s vast variety and its beautiful capital of Las Palmas.

Many of the photos are dominated by Tenerife’s Mount Teide, the highest peak in both the Atlantic Ocean and Spanish territory, and a landmark that is visible from almost every island.

Paradise from above

Lanzarote can also be seen in fascinating detail at Desdemicabina. New developments built in recent years cluster around the Montaña Roja in Playa Blanca, while the Pechiguera lighthouse stands like a figurehead at the prow of the island; the effect of the volcanic eruptions in the 1730s can be seen in a clear line of volcanoes marching away towards the horizon; even the island’s rubbish tip is revealed to be located within the sensually curved bowl of the volcanic crater at Zonzamas.
The photos don’t just reveal the beauty of the landscapes, though. Seeing the islands like this forces the viewer to see them as a whole and appreciate their fragility. These are not airbrushed images of wild nature – the effects of human activity can be seen everywhere and show us that it is us, rather than nature, that poses the most immediate threat to a unique place in the world.

While it’s interesting to identify the landscapes that have been photographed, there’s also just as much pleasure in looking at abstract shots of clouds and sunsets taken without any land in sight. “This is the view from my workplace”, the pilot posts above one magnificent skyscape, while in another shot of a landing strip under a multicoloured sunset he simply says “Flying is wonderful.”

To see the full range of photos go to Desdemicabina on Facebook or Instagram.

“Approaching Arrecife Airport”

Tenerife

Lanzarote wears green for spring

La Graciosa

There’s no doubt that we live in a paradise, but something so valuable deserves to be treasured, respected and protected. We are lucky enough to live in a unique place, and we are the ones in charge of caring for it.”
TUESDAY 31ST OF OCTOBER 2017

RANCHO TEXAS PRESENTS

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The modern-day popularity of Halloween is, without doubt, due to the influence of American culture, but Halloween celebrations such as dressing up and trick or treating have their roots in Celtic countries such as Ireland and Scotland, where the pagan festival of Samhain was once celebrated.

This year, the clocks go back on Sunday 29th October, meaning that darkness will fall an hour earlier on the 31st. Halloween is, effectively, the first major celebration of winter.

In Spain, the 1st of November is also All Saints Day, a holiday when believers pay respect to the dead, and this tradition has often tied in with Halloween, which falls on the day before. Here in the Canaries, locals have never needed much of an excuse to dress up and have fun, and Halloween celebrations have become more and more popular, especially considering that there’s a public holiday on the following day.

While Lanzarote may not have a long tradition of Halloween, the island certainly has its own spooky legends. Places such as Teguise and Las Breñas have long been associated with witchcraft, although this is often mixed with folk medicine traditions or surviving remnants of the pagan religion of the island’s aboriginal inhabitants.

The famous “luces populares” have also been seen on Lanzarote – strange, intelligent floating lights that are said to be the spirits of wandering souls, while the legend of the island of San Borondón – a mysterious vision that appears to sailors and fishermen – is as strong here as it is on the other Canary Islands.

Halloween is becoming more and more popular on Lanzarote, and on the last day of this month you’ll find plenty of places where you can dress up and enjoy a spooky evening out.
Halloween Fun

There are hundreds of ways to celebrate Halloween this October 31st. Here are some of the best.

They created a Monster!

Halloween is sure to be celebrated on Monster Radio, where October 31st also marks the station’s second anniversary.

Since Halloween 2015, when Monster first hit Lanzarote’s airwaves, the station has built up a dedicated following on the island and, via live internet streaming and apps such as Tune In, much further afield. Plenty of holidaymakers on Lanzarote have discovered that they can have a Monster at home, too.

The secret to this success is the station’s blend of live shows presented by dedicated Djs. For 90 hours a week you’re getting live shows with no “wallpaper” playlists – every song you hear has been selected by hand – and if you don’t like it, you can ring, email or text and ask for something else.

Station manager Dick Knowles says “we wanted to get back to the glory days of radio, when presenters had the freedom to do their own thing and connect directly with their listeners.”

During the daytime you can catch lively breakfast and general interest shows, while in the evenings the airwaves are handed over to specialist presenters and shows dedicated to soul, blues, jazz, reggae, rock, 60s, 70s and 80s music. And as Lanzarote is an international island, you’ll also find Spanish and German presenters – all sharing the universal language of music.

Each show is unique, but they all have dedication, enthusiasm and great music in common. Why not tune in today and put a Monster in your life.

Monster Radio broadcasts across Lanzarote and parts of Fuerteventura on 93.3 FM. To find out more, you can visit their website www.monsterradio.es, or find them at www.facebook.com/monsterradio.lz or @monsterradiolz on Twitter.

Carve a Jack o’Lantern

Halloween pumpkins are sold all over the island in the run up to Halloween, and preparing a pumpkin lantern is a great activity for kids. All you have to do is scoop out the flesh (which is ideal for a tasty pumpkin soup or pie), then carefully carve out the eyes and mouth (probably a job for older kids or adults).

Then just put a tealight or candle inside, light it and turn out the lights!

Make a Halloween Playlist

Here’s our Top 10 scary tunes for Halloween, but why not compile your own?

- Michael Jackson – Thriller
- Blue Oyster Cult – Don’t Fear The Reaper
- The Specials – Ghost Town
- Screamin’ Jay Hawkins – I Put A Spell On You
- Kanye West – Monster
- Creedence Clearwater Revival – Bad Moon Rising
- Bauhaus – Bela Lugosi’s Dead
- Siouxsie and the Banshees – Spellbound
- Kate Bush – The Hounds of Love
- Cachao – El Fantasma del Combo
Watch a Horror Film

There have been some great horror films in the last few years. However, while shockers like Raw and Get Out are well worth catching, Halloween is best suited to spooky, creepy films like The Babadook, The Witch or The Conjuring. Alternately, dig out some older ghostly classics like The Ring and The Sixth Sense or spooky Spanish chillers like The Devil’s Backbone or The orphanage.

Tell a Ghost Story

Probably one of the oldest Halloween traditions is gathering around a blazing fire and telling a spine-chilling story. Here on Lanzarote you probably won’t need the fire, but a few candles and blankets should set the scene nicely. Plan your story in advance, and make sure everyone’s sitting comfortably before you go for the goosebumps.

Dress Up

Halloween has become one of the main occasions for dressing up, but try and make sure your costume is scary. Here on Lanzarote there’ll be plenty of other opportunities to dress up as Wonder Woman, but the best Halloween costumes will blend scariness with topicality. Top suggestions for this year include Trump or Kim, Hurricane Irma or José, Grotbags the witch (the wonderful actress Carol Lee Scott died earlier this year) or Daddy Yankee, who has terrorised the world with hits like Despacito and Hula Hoop this year.

Make some Scary Food

You can have all sorts of fun in the kitchen on Halloween night, and the best thing is that kids can get involved too. Blood red food colouring is one of the main things you’ll be needing, so don’t forget that Lanzarote still produces home-grown cochineal.
The Vinyl Countdown

The ethereal, electronic music that you can hear at the tourist centres of Jameos del Agua, and Timanfaya was especially composed for the island’s tourist board by the composer Carmen Hernández with the assistance of César Manrique, and was released on an lp titled Cenizas in 1985. While this record only fetches around €20, Carmen’s other collaboration with César Manrique, for his “Banderas del Cosmos” project, has sold for between €80 and €110 to electronic music collectors.

Another Lanzarote artist, Ildefonso Aguilar, recorded another ambient electronic record in 1978. Titled Erosion, this has also become a collectors’ item, recently selling for up to €110. Before becoming an artist and the founder of Lanzarote’s Visual Music Festival (which returns to the island this month), Aguilar was a member of the pioneering Lanzarote beat groups Los Jovenes and Los Rebeldes. However, despite a thriving local scene throughout the 60s and 70s, no group from Lanzarote released a record until 1983, when the Maraballas Band’s Marra, Cortame El Queso came out. Mainly prized among local collectors, this record is now rare and difficult to find.

Lanzarote’s scene hit new heights in the 80s, with groups such as Papita Rala and one of Spain’s first all-women groups, Besos y Rasguños. In 1986, Lanzarote group Marca Acme released their only album. At the time the group were disgusted by the way the record company remixed the record, but it is still a scarce and sought after record, currently being offered for up to €100.

Canarian records from other islands also made their way to Lanzarote. Early singles from Los Canarios, the band whose Get On Your Knees became a favourite in British Northern soul clubs, can fetch a pretty penny, while one of the most sought-after records among Spanish vinyl collectors is a 1983 single by Familia Real from Tenerife. An original copy of this blast of pure punk energy sells for around €500 when it turns up, and even the reissue now fetches over €20.

Other valuable records with a Lanzarote link include the soundtrack from the 1971 film La Route de Salina, which was filmed on Lanzarote and starred Rita Hayworth in her penultimate screen role. Released in France, the atmospheric soundtrack received a new lease of life when Quantin Tarantino recycled some of its atmospheric tunes in Kill Bill 2, and is likely to sell for around €70 in good condition. The Italian composer Stelvio Cipriani’s score for the film Timanfaya, a romance set in the volcano country, is currently on offer for the same amount.

Nowadays, there are no record shops left on Lanzarote. But old records still turn up in junk shops and attics, and some of the records you might find on the island are not only fascinating documents of a thriving musical scene – they can also be valuable.
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One of the most common complaints we receive at Gazette Life concerns dog muck. While the island’s beaches and seafront promenades are generally scrupulously clean, there are certain residential areas in the towns where owners could certainly be a bit more responsible.

Tourists don’t bring dogs, so the problem is entirely to do with residents on the island. And it’s these that Teguise’s new video is aimed at.

The video shows a young man who, after letting his dog foul a verge by the pavement, plans to sneak off without cleaning up. He’s suddenly stopped by another man, played by the local comedian Gazz, who threatens to unbutton his trousers and copy the dog. When the dog owner objects, he receives a lecture about civic responsibility.

The video is the latest in a series titled “Be a Good Weather Neighbour”, which aims to get residents to take responsibility. Previous videos have advised residents not to throw furniture out by putting it near rubbish containers, and warned people about drink-driving during fiestas.

However, dog owners on the island also feel that their pets have been sidelined by the strict no-dogs laws on most beaches. For this reason, “dog beaches” were introduced in Playa Blanca and at Playa Guacimeta near the airport a couple of years ago. Arrecife also opened a “dog park” where animals could do their business earlier this year. Nevertheless, owners are still expected to clean up and disinfect after their dogs in these areas.

However, Teguise’s initiative is nowhere near as eye-catching as some of the initiatives that councils in Madrid have adopted to stop dog fouling. In the past, council workers have used remote-controlled dog poos on wheels that follow dog owners who don’t clean up their dogs mess, or have even parcelled up uncollected dog muck and mailed it to owners. More recently, Torreledones council displayed a 3-metre high inflatable dog poo, until it was stolen.

Teguise Ayuntamiento has launched a video that aims to educate dog owners in the municipality to get into the habit of picking up their dogs’ mess after them.

How to Walk your Dog

Lanzarote’s strict by-laws mean that dog owners need to be prepared before taking their pets out for a stroll. In most urban areas it’s forbidden to let dogs run free, so a lead will be the first necessity. Ayuntamientos also ask that owners not only bag any mess that your dog may make, but also squirt disinfectant on places where they pee, so a supply of plastic poop bags, a pooper scooper and a small bottle of alcohol-based disinfectant should also be part of your kit.

If your dog is classed as a “dangerous” breed (e.g. Pitbulls, Rottweilers, Presas Canarios), you will also need to muzzle it before taking it out in public.

So much to see, so little time!

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Build the Wall!

Dear Editor,

At the start of the year a stone wall supporting gardens collapsed on Playa Grande, Puerto del Carmen after a storm. The area was fenced off, with danger warnings posted around the area. And that's all that happened. The area remains potentially hazardous, even after a busy summer season. It's unsightly, and tarnishes the reputation of a resort that has recently carried out an immense amount of renovation and modernisation.

The way things are going Donald Trump will probably build his wall before Puerto del Carmen does.

Yours E. Franklin, Via Email

Where are the sunbeds?

Dear Editor,

We are at present taking a holiday in the delightful resort of Costa Teguise.

The resort is unspoilt, has a lovely promenade and many good restaurants to choose from. There is also a pleasant, lively vibe in the evening at the downtown square.

However, we find the lack of umbrellas and sunbeds an issue which would possibly deter us from returning. Having spoken to others at our property we are not alone in seeing this a problem.

It is a nuisance to carry such equipment on a reasonably good walk to the beach. The mobile umbrellas one can use will generally not withstand the breeze, therefore people are forced to be exposed to strong sunlight endangering them with severe sunburn. This is especially a concern for young children but also for everyone who wishes to behave responsibly in caring for their body in the sun.

Regarding sun beds - obviously comfort is a key factor for all. However, the lack of them is probably denying less able people and the older generation the pleasure of the beach and accessing the lovely sea water which is so good for their health.

I cannot understand why this resort would want to deny people the choice of these necessary items when you are trying to promote tourism.

We look forward to a change in policy as we would love to make a return visit.

Yours, Jan Young, Aberystwyth, Wales

Ed: I think you’ve said it all, Jan. While many don’t use sunbeds, they are extremely useful if you have small children or limited mobility. Umbrellas are vital if you’re spending extended periods of time on the beach. The local councils who have repeatedly failed to organise these facilities adequately over recent years are failing in their duty to thousands who holiday here as well as everyone who relies on tourism in the resorts.

It’s not our fault!

Dear Gazette Life,

I’m writing in reference to your article about residents and holiday lets in the September issue.

I rented a holiday villa in Tias, not knowing it was located in a residential area.

We were all very excited; my three children playing the pool every day; we all sat outside talking until late in the evening.

Then some of the residents nearby complained about us making a noise. It made the dogs bark, they said, and we we were asked to be quiet. They objected to the property being a holiday let.

They should complain to the owner or the council, not to the holiday maker.


Ed: We couldn’t agree more, Ms. Simms. It’s unfair to blame holiday makers for doing what holiday makers do. If there is a shared pool, the problem is up to the local owners’ community to resolve.

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Musical Interlude

Dear Ed,

75 years ago, Oklahoma premiered on Broadway. It was an instant hit and has remained popular ever since. Among the celebrations of its Anniversary, the BBC devoted a whole Promenade Concert to a presentation of the show. Very good it was too.

To celebrate this event I have revamped one of the songs “Everything’s up to date in Kansas City”, and given it a local twist. It would be great if other readers could come up with their own local versions of musical songs. ‘Oh What a Beautiful Awning’ (Oklahoma), for example, or ‘What Are we Going to Do about Maria’ (Sound of Music).

John Leppard, Las Villas, P D C.

Everything’s up to date in P. Del Carmen

Everything’s up to date in P Del Carmen,
They’ve gone about as far as they could go.
They have a small theatre there, it’s called ‘The Music Hall’,
For the entry price you can see a cracking show.
One of the girls was soft and pink and pretty,
She had curves above and even more below.
But when later in the evening, I stepped out for a fag,
I noticed by my elbow, there was parked a pink handbag,
Then I realised that its owner was a fella dressed in drag.
They’ve gone about as far as they could go.
Gone about as far as they could go.

Everything’s up to date in P Del Carmen,
They’ve gone about as far as they can go.
If you want ‘designer’ anythings, you can pick them off a stall,
For just six or seven euros of your dough.
The other day I bought myself a Rolex,
From a ‘lookie-man’ I met while in a bar.
At first I was elated, for it looked so gold and bright,
But it’s loud, infernal ticking kept us all awake all night,
Then thankfully it went kaput, it lost the will to fight.
Gone about as far as it could go.
Went about as far as it could go.

Everything’s up to date in P Del Carmen,
It’s gone about as far as it could go.
Whenever you are thirsty, there’s salvation close at hand,
For bars abound every fifty yards or so.
The bar-staff there have never seen an ‘optic’,
They measure drinks by eye, or not at all.
So if you’re on a bender, then remember to take care,
High-octane drinks can quickly make you think you walk on air,
Far better just to use your phone, a cab is always there,
If you’ve gone about as far as you can go.
Gone about as far as you can go.

Pavement hogs!

Dear Editor,

I’m writing about the hire bikes that can often be seen in Costa Teguise, in which two people sit side by side and pedal. Surely these are vehicles and should stay in the road unless there’s a special cycle path provided? It’s not a problem on the beachfront promenades which are broad and have a marked-off lane, but when they ride on the pavements forcing pedestrians off into the road it’s very annoying. These aren’t mobility scooters – they go pretty fast and have almost run me over a couple of times.

I hope rental companies are warning customers about the right places to use these vehicles, but a few friendly warnings from the police might help, as well.

Name and address supplied.

Guessing game

Dear Gazette Life,

If two of you are waiting at the airport for friends or relatives, why not pass the time with a game my son invented. It’s simple, you toss a coin and the winner gets to guess whether the next person coming through the gate is male or female. If they’re right they win a point, if they’re wrong it’s the other person’s turn to guess. If there’s any doubt about the sex of the person coming through the gate (e.g., babies in a pushchair), go again. Pregnant women are counted as female unless you have conclusive proof that the baby they’re carrying is male.

Have fun! Dave, via eMail
Adopting a pet is one of the most rewarding things you can do, writes Lanzarote vet Jane Burke. But it’s also a serious commitment you must be absolutely sure you can fulfil.

I adopted my first dog from Liverpool’s dogs home when I was in my second year at college. We spent our first six weeks in my parents’ home. Cariad was a five-month-old male mongrel who had been living in a kennel for all his life. He resolutely refused to pee outside but instead preferred settees, beds and even his own basket. Cowed and hand-shy, he still slyly nipped visitors and attacked every dog he set eyes on except for my parents’ Basset bitch, who he adored.

For example: the amount of dogs euthanized for ‘behavioural problems’ was more than twice the total of those put to sleep for medical or age-related maladies. Even in those long-gone days the return rate of dogs adopted from the dogs home was some 15-20%. The repeat return rate was 80-85%.

I am willing to bet that it is much the same here and now in Lanzarote. And that is why it is imperative, for all concerned, to get adoption to work first time!

Ensuring Commitment

In England, thankfully, much has now changed. A really serious effort is made to ensure the physical well-being and neutering of every animal before it is offered for adoption, and what is equally important is that prospective adoptees are vetted to hopefully ensure they are making, and can reasonably hope to provide, a long-term commitment.

The rigorous requirements and not-insignificant donations required to adopt from the large charities in the UK may well seem intrusive and off-putting. But if a pet is mismatched and the adoption fails, the dog involved then has a very much-reduced chance of ever being successfully adopted again. This is a fact. And many of the nicest and caring people will not only never adopt again but will tell others of their distress and heartbreak and put them off what can be the most rewarding decision they could dream of.

In 2005 a massive study by the Dog’s Trust of nearly 6000 dog adoptions showed that the failure rate in the first six months was 14.5%, and of those 800-plus families that returned dogs, 96% did so because of behavioural difficulties. Analysis of the six-month follow up questionnaires indicated that people who had found the dog more hard work than they had anticipated were ten times more likely to return the pet within the first twelve months than those who felt the difficulties and time required were less than they had been told to expect.

To read the last 20 pet editorials from Jane Burke log onto www.gazettelife.com
My Cariad lived to be 14 and taught me a great deal about the very real and heartbreaking problems that unrealistic expectations can cause. Had I returned him, he would undoubtedly have died in those kennels, innocent of any crime other than the behavioural problems of growing up in the isolation of a prison cell and being adopted by a totally unprepared person. As it was, I could have paid the deposit on my first house with the costs saved in repairing and replacing the damaged cars, furniture, doors, shoes, vet fees for himself and the animals he damaged. Not to mention friendships. Nevertheless, like all dogs, he was the best bargain under heaven.

But please consider carefully before a cute puppy or a sad face in the kennel beguiles you into committing your home and your heart. Talk to your vet, search the internet, find people with the same type of dog and buy them a drink. Ask yourself honestly if you have now, (and for the next decade) the time and the energy to walk them every day, the safe walled outside run/toilet (and lack of concern for a nice garden!) and the commitment to provide for them and take them with you if you go. Never ever commit someone else, or imagine that a child can do any of this. Making the wrong choice will not just break hearts!

If someone says money can’t buy happiness, then they haven’t paid the adoption fee for a pet. Fill clean water bowls with clear water and join me in a toast to the twice-blessed joy of sharing your heart and home and saving a life, and to the incredible and incomparable joys of adoption.
As we approach Halloween, there's a spooky air about this month's crossword, so close the doors and windows, get cracking and do your best. The winner will receive a bottle of Lanzarote wine.

Last month's winner was Marion Hill. Well done, Marion!

**ACROSS**

1. TV series starring Andrew Lincoln and set in a world overrun by 15 across (7,4)
8. Royal Automobile Club (1.1.1)
9. Outlaw, or 1973 song and album by The Eagles (9)
10. Cutting open and removing the internal organs (13)
13. North-eastern Indian state famous for tea and silk (5)
14. Hurricane that devastated New Orleans in 2005 (7)
15. The undead (7)
17. Exaggeratedly masculine (5)
19. Caribbean Island where 22 across developed (5)
20. It doesn’t like garlic, crosses or wooden stakes (7)
21. Old word meaning ‘happen’, usually found after the word “Woe…” (6)
22. Slave religion found in Caribbean and New Orleans (6)

**DOWN**

1. 2013 Film about 15 across starring Brad Pitt (5,3,1)
2. Grasshopper-like creatures from the 8th biblical plague (7)
3. Improvised Explosive Device (1.1.1)
4. Hearty enjoyment, or the Spanish word for “taste” (5)
5. The world’s highest peak (7)
6. A Spanish day (3)
7. Director of Night of the Living Dead, who died earlier this year (6,1.6)
11. Preserved a body by embalming and wrapping in cloth (9)
12. “Here” in French (3)
14. Balkan state whose capital is Pristina (6)
16. The UK’s least favourite word, meaning “damp, humid”. (5)
17. Cuban rhythm popularised by Perez Prado (5)
18. A minor (5)
19. The centre of a wheel (3)
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Our open Fridays are a great opportunity to come along and find out what Sun Park is all about. Enjoy a coffee, a little entertainment and meet some of the guests that have already decided to make Sun Park their favourite spot in Lanzarote.
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If there’s one thing all doctors are agreed on, it’s that prevention is better than cure. That’s why they’re always banging on at you to give up smoking, lose weight and get some exercise.

But just as important as living healthily is making sure your body is in tip-top working order, and to ensure that you’ll need regular check-ups. And there’s no better time than now to find out what kind of shape you’re in – from head to toe.
PEACE OF MIND

Your mental health is as important as your physical state. However, the language situation on Lanzarote means that psychological services are not always ideal for foreign residents. Look around for private, qualified individuals offering counselling services. Remember that your financial situation is also strongly influential on your mental state, and an appointment with one of the highly qualified financial advisers on the island could also give you some peace of mind.

BARE YOUR TEETH

Dental check-ups should be carried out regularly, on an annual or six-monthly basis. On these occasions they’re usually accompanied by an intensive clean and polish, which will send you out of the surgery with a gleaming smile and an incentive to keep it shining.

The dentist will ask about any problems first, then take a good look in your mouth, examining each tooth as well as the gums, and identifying any developing problems. Depending on the severity of these problems, an X-ray may also be necessary.

Then he or she will give you advice on how to keep up an effective preventive dental regime. Pay attention.

OFF THE CHART

An annual opticians check-up is also advisable every year. Our sight changes throughout our lives, with long-sightedness typically setting in in the 40s, and other problems more likely to develop.

The earlier your vision problems are identified, the easier you will find day-to-day life. Squinting and straining can cause headaches and more serious problems, so it is vital that you get the correct prescription as soon as possible.

On Lanzarote, where sun and airborne dust are facts of life, an optician can also identify other non-vision related optical problems.

DOCTOR, DOCTOR

If you’re under 40 and think you’re in good shape, you won’t need a medical check-up more than once every five years (if you’re a man) or 3 years (if you’re a woman). Once you’ve hit 40, though, you’re advised to step up your regular check-ups so that you’re given a once-over every two years. Over the age of 60 an annual check-up is recommended.

The average check-up will involve questions about medical history, family illnesses, allergies and any recent problems. It will be accompanied by a physical check-up and a blood test. Women may also be referred for screenings or smear tests.

Your doctor will identify any budding problems and either refer you for treatment or recommend preventive measures.

SPECIAL CHECKS

More specialised check-ups, for example if you have hearing problems or chronic back pain, will generally be dealt with first by your doctor, who may then refer you to a specialist.

On Lanzarote these referrals may be covered by your social security, but there are private clinics that also offer a wide range of specialised health services.

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On Lanzarote, light is everywhere - sun-drenched daylight that’s life-affirming, joyous and inspirational – but it’s also honest. It will make every blemish on your face and limbs plainly visible, cast shadows on lines and wrinkles and highlight the tone, texture and colour of your skin, teeth and hair. So how do you hide the bad bits and let the good bits shine?

SLEEK SKIN

On Lanzarote your skin will be on display all the time, and a lot more of it will be out in the open. This means that you need to pay real attention to keeping it in great condition. Hydrate, moisturise, scrub, peel or get a facial, but ensure your skin is always zinging with life and health.

A tan looks natural and healthy, but keep it to a minimum, and ensure you’ve got plenty of sunblock products at hand for day-to-day use.

If you do have blemishes, spots or other defects, you’ll have to decide whether you want to conceal them or just live with them. A sheer foundation will help, but take time to ensure its evenly applied overall.

EYES OPEN

The bright sunlight here can often cause squinting and narrowing of the eyes – great if you’re Clint Eastwood, not so great for the delicate skin around your eyes. The first solution is sunglasses, which are absolutely vital for Lanzarote living, so you might as well have a few fashionable, attractive pairs to choose from. The second solution is to watch the sun and try and keep it behind you as much as possible – especially if you’re choosing a seat on a restaurant terrace.

Make-up wise, the eyes have it. A bit of time defining, shading and making your eyes look fantastic will draw attention away from other defects and really finish off your look.

Clever Tactics

We all make the most of circumstances, and seeking flattering light is one of those tricks it pays to learn on Lanzarote.

In the daytime stay out of direct overhead light, which causes deep shadows on your face. Better to find a shady corner with no blinding glare in your view.

In the evening, low-angled sunlight is much more flattering, but keep the setting sun behind or to one side.

After dark, learn a little about lighting. Avoid places with harsh neon light or unforgiving halogen lamps. Look for softer LED lights or low-wattage bulbs, and ensure you’re seated in a place where they bathe you in a soft light to your full advantage. Best of all is candlelight, still the most flattering and romantic of lighting techniques.

HOT HAIR

Your hair’s biggest enemy on Lanzarote will be the dreaded frizz – caused by sun, dry breezes and exposure to seawater or the chemicals you find in pools. Once again, prevention is far better than cure, so give your hair some regular TLC with rich, nutritious conditioners and don’t be afraid to tie it up in a bun or a back in a ponytail.
For many of those who live on Lanzarote, Autumn marks a return to a normal routine. The kids are back at school, the summer holidays are over, work settles down to normal and you can start making plans again. Make sure keeping fit is among them.

The routine of everyday life can be tiring: endless school runs, shopping trips and weeks of the old 9 to 5 can start getting you down. But if you want a tried and tested way to deal with it better, organise yourself a regular exercise routine.

"Why?" you might cry "I've got enough on my plate already!" The answer has to do with the way exercise not only keeps you strong and improves stamina, but also provides a sense of mental well-being that itself gives energy and enthusiasm.

Everyone knows the glow of satisfaction and bliss you get after a tough workout, the tingle of well-being after a hard swim, and the sense of achievement you can attain from meeting your goals. For many, there’s also another advantage own needs and requirements.

Remember to be realistic when planning your routine. You’ll need to take travel, preparation, warming-up, showering and changing into account, too. If your routine is going to be effective, it will take a significant chunk of time out of your week.

But it will be time well spent. While every bit of exercise you get is good for you, only a well-planned schedule can get you feeling consistently fit, energetic and ready for anything. Forget all that stuff about living longer – you’re doing this for yourself right now, and the sooner you get organised, the better you’ll feel.

Now's the time to get an exercise routine.”

– when you’re exercising hard you’re miles away from the worries and giggles of daily life, allowing to address them again refreshed and renewed.

Another advantage of exercise is that you’ll automatically start living more healthily in other ways. For some reason, as your body gets fitter you start craving fresh fruit, fresh water and healthy food; while fried brekkies, booze and cakes seem to lose some of their appeal.

You can do this on your own, and many do, but exercise doesn’t have to be solitary. If you get together with friends you can help each other along, providing more motivation to keep a routine up and hit your goals.

Or join a gym, where you’ll find social opportunities among people with a similar outlook to you, as well as expert advice and guidance. Best of all, a personal trainer can provide unbeatable motivation while tailoring an exercise routine expertly to your

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Drug Worries

I’m desperately worried about my son, who’s nearly 15 and seems to be fascinated by drugs. As far as I can tell he’s not actually taking any drugs, but he often talks about school friends who do and finds the subject amusing. He listens to music that mentions drugs and watches series like Breaking Bad and Narcos that revolve around the subject.

Here on Lanzarote there are cannabis shops in many towns. There seems to be a drug culture that many young people will find difficult to avoid. Is there any way I can keep him away from making a terrible mistake?

- This is fairly normal stuff, and the only thing you can do is trust your son to make the right decisions, while laying down firm rules as to what you’ll allow under your own roof. It will help if you discuss the subject openly with him, and the Talk To Frank website offers plenty of information that’ll help you do this in an informed way.

Many young people experiment with drugs but few end up with a serious problems, and the strong loving support of parents can be a strong factor in ensuring children act in a mature way.
**Kathy Lees**

International Clairvoyant

Kathy works with Angel cards and will pick a card for each question to help guide you through whatever it is that is troubling you at this moment in time.

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**Emotional Eating**

I’m a comfort eater and I don’t know what to do about it. If I have a problem, or feel nervous, I find solace in a packet of biscuits or crisps. This leads me to put on weight, which makes me even more depressed and prone to binge eating. Sometimes I finish a carton of ice cream before I’ve even realised what I’ve done. How can I break this habit?

Although food is not addictive, emotional eating is a widespread problem which has similarities to addiction. It follows familiar patterns of reward or self-justification as smoking, for example, with the difference that you do actually need to eat something.

The main things you need to do are identify the patterns that lead you to binge eating and, if feelings of depression or inadequacy are involved, investigate other ways of dealing with these. Try and stick to fixed mealtimes and cut down on snacking, which is difficult to control. When cravings occur, take time to analyse the reasons why. Above all, try and find support and encouragement from friends or family.

---

**Special Delivery**

I’m five months pregnant, and have heard that some mums-to-be on Lanzarote go to Las Palmas to have their babies. Is this a wise idea? I’m also nervous about the whole experience of giving birth in a Spanish hospital, and am half-considering returning to the UK for the birth. What would you advise?

The Spanish health service is brilliant at childbirth, M. This is a country that boasts one of the best records for delivering healthy babies and healthy mothers in the world. Some mothers claim that the options here are not as wide as they are in the UK (no gas and air, for example, and home births are discouraged), but you will still be guaranteed of receiving the highest of professional care and attention, and the Spanish system is actually better than the UK one in many respects.

Las Palmas hospital has more specialist services than Lanzarote, but these are unlikely to be required in childbirth, and the hospital in Arrecife has an excellent record. Since last year it also allows expecting mothers to visit the maternity ward and ask questions. For this reason, we’d say that there are no real advantages to moving at a time when you need as little stress as possible.

Make sure you are registered with Social Security (childbirth is not covered by the EHIC card) and visit your local health centre for prenatal care if you haven’t already. Good luck!

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Bib Gourmand Restaurant” for its excellent value for money in the Michelin Guide.
When the first package tourists arrived on Lanzarote in the mid-60s, they were served with the fairly routine hotel fare of the time. If they ventured out to eat locally, they discovered a delightful cuisine based on fresh fish, fruit and vegetables, generally served in small family comedores.

However, things changed very fast. As the island became a more popular destination for Scandinavian, British and German tourists, new arrivals set up their own establishments to offer tourists a taste of home in a place where many were still wary of local fare.

At the same time, local restaurants began to up their game – quickly realising that a locale with a great view, a shady terrace and a tempting menu could be a real money spinner. Along the seafront of Puerto Del Carmen, and later in Costa Teguise and Playa Blanca, restaurants began to pop up all over the place.

The tourist trade also meant that the population increased, with workers from mainland Spain moving to the islands and often opening their own eateries. Indian, Chinese and Italian restaurants also arrived to cater for the insatiable British appetite for spicy, exotic cuisine and Mediterranean flavours.

And this continues today. In Lanzarote, the restaurant trade is competitive and strongly reliant on word of mouth, feedback on sites such as TripAdvisor and the high proportion of return visitors. No restaurant can afford to lose custom, and ones that offer a less-than satisfying menu, service or prices will soon fold.

It’s this survival of the fittest that means that standards here are as high as they are anywhere, and this is rapidly being reflected in Lanzarote’s increasing reputation as a dining hotspot. Recently, the capital Arrecife has joined the game, with the Charco de San Ginés and the Marina offering plenty of delicious food in pleasant surroundings.

You’ll also find wonderful restaurants in more out of the way places, such as Macher, El Golfo, the old town of Teguise, where fresh food and local wine make perfect sense in Lanzarote’s rural heartland.

“I don’t want to look back and think I could have eaten that”
Omar Allibhoy is one of the most visible members of the recent Spanish exodus to Britain, where Spanish food and Spanish chefs are more in-demand than ever.

Since the crisis of 2008, many thousands of young Spaniards have headed for the UK to find work, and many of them have found work in the catering sector. New Spanish restaurants are popping up all the time in Britain’s major cities and the Italian chain Bella Italia recently advertised for 300 trained Spanish chefs for their restaurants in the UK.

Omar Allibhoy is one pioneer who has marked the way for these hopefuls. The Madrid-born chef grew up in a typical Spanish household and one of his first memories is the burnt caramel smell of his mother cooking a flan. Young Omar took cooking lessons after school and never missed the shows of Spain’s most famous TV chef, Karlos Arguñano. After school he won a job in the kitchen of El Bulli – at that time the best restaurant in the world and a cathedral for Spanish chefs, but the crisis hit and he headed for London, quickly landing a job at Gordon Ramsay’s Maze before becoming head chef at El Pirata de Tapas.

In 2010, Omar and a close friend climbed onto their motorbikes and headed around the UK, cooking tapas for anyone who was interested. They cooked at Anfield Stadium and Manchester University on a culinary adventure that opened their eyes and those of hundreds of interested Britons.

More recently, Omar has opened two Tapa’s Revolution restaurants in London and his book – also titled Tapa’s Revolution – is flying off the shelves. The name is clever – referring both to a new-found interest in Spanish food and Omar’s Che Guevara-looks.

Omar Allibhoy is not the most adventurous of cooks. His bible is Simone Ortega’s classic Spanish cookbook 1,080 Recipes, a copy of which is found in almost every Spanish kitchen. He simply does what his mother and millions of other Spanish cooks do every day – prepare stunningly good meals based on quality products, time-honoured techniques and seasonal produce – and he does it brilliantly.

They climbed onto their motorbikes and headed around the world, cooking tapas for anyone who was interested.”

Cod with Peas & Parsley

Ingredients (for 4)

- 100 ml Olive oil
- 5 Garlic cloves, thinly sliced
- 1 tsp Plain flour
- 50 ml White wine
- 200 ml Fish stock (fresh or from a stock cube)
- Small bunch of fresh leaf parsley, finely chopped
- 100 g Frozen peas, defrosted
- 1 kg Cod fillets
- Sea salt and freshly ground white pepper

Directions

Put the olive oil and garlic in a large frying pan and place over a medium heat (you want to start frying from cold so that the oil becomes infused with the garlic aroma). When the garlic starts to turn golden, add the flour and toast it for a minute or so before adding the white wine, stirring all the time. Add the fish stock, little by little, stirring constantly so you get a smooth sauce.

Add the chopped parsley and peas and bring to the boil. Season the cod fillets and then place in the pan, skin-side down, and reduce the heat to low.

Cook the fillets for 3 minutes, shaking the pan gently to release the juices from the fish - this will make the sauce even more delicate and flavouresome. Turn the fillets over and cook for a further 4 minutes. Serve immediately.
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ODD COUPLES
We all know that pork goes with apples and lamb with mint, but chefs are now developing and discovering ever more surprising affinities between seemingly unmatched ingredients. Food pairing is the science of analysing the aromas that exist within certain ingredients and matching them together. The result finds ideal matches between unlikely pairs such as pumpkins and mussels; ketchup and apple; milk chocolate and gruyère cheese, or marmalade and nutmeg.

The results of food pairing have been seized on by well known chefs such as the Spanish master Andoni Aduriz or Claude Bosi at Hibiscus in the UK. But why not try it out for yourself?

FOOD FAIR IN TEGUISE
Don’t forget to pencil the 25th and 26th of November into your diary if you’re a fan of Lanzarote’s food and drink. This is the weekend when the Festival Enogastronómico Saborea Lanzarote will be held in the old town of Teguise – an event of huge importance that brings together the best of the island’s producers, chefs and food experts, with regular visits from nationally famous cooks.

Over the two days there’ll be cooking demonstrations, competitions and plenty of opportunities to sample the very best that Lanzarote has to offer. It’s an event that’s always surprising, always social and, above all, always delicious.

BEER AT THE HARBOUR
Puerto Naos in Arrecife is mainly known for chandlers shops, a few seafood restaurants and plenty of warehouses, but there’s a new attraction in the capital’s old fishing port.

NAO is a bar and microbrewery that has been quietly making a name for itself among beer lovers from Lanzarote and further afield.

With five fascinating brews – Capitán, a hoppy pale ale; La Gloria, a Berliner wheat beer; Marinera, an American blonde beer; the unique grape ale Maresia; and the recently launched IPA Mucho, NAO offers draught on the premises as well as bottles to take away, and other bars and the restaurants on the island are quickly realising the quality of the beer.

It’s worth checking their Facebook page for details of future tastings and brewery visits, where you can see the beer being made.
Dear Guests

We opened in 1999 and are still around, trying to preach the gospel that there really is no food as wonderful as Indian food. Now, almost sixteen years later we have converted several connoisseurs; some forcefully, but mostly by offering our seductive cuisine. The critics themselves think we are great and have even given us awards now and then. Some guests have even invited us over to feed their friends, which we do with pleasure. Some just ask us to drop it off and leave, but we watch them through the windows and see them hungrily devour our creations. We have even married a few of our customers off; weddings from 50 to 60 guests. We love to see everybody here, because this is our social life. We never leave our restaurant night or day, we cut and chop and boil and bake, stir and shake just for you, our dear guests, because we want you back with your friends even dragging them in by force if you have to - we will be gentle with them. If you throw a party, call us. We’ll cater it and it will be the talk of the town for quite a while.

Food has always been a passionate subject for us. We love it here – Lanzarote is really our home away from home – but most of all we love you, our dear guests. So enjoy, and if there is anything we can do to make your experience more pleasurable, do not hesitate to ask.

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Quality & Service since 1999

Imagine India

AUTHENTIC INDIAN CUISINE

At its Best

Lunch Menu at €5.95
“C’est Chic!”

Restaurante Chic, in Mách, is an exciting new addition to Lanzarote’s selection of fine restaurants – a place where a relaxed chill-out atmosphere meets some of the finest cuisine currently available on the island, prepared by one of the most promising chefs in the Canaries.

This is what I like to call My Little Ibiza.”

says chef Manu Liria, sitting on the terrace of Chic, where expansive views sweep down to the sea and the distant mountains of Femes, while chilled deep house music pulses gently from the speakers.

Situated just off the main road through Mách, which is rapidly becoming one of the island’s dining hotspots, Chic is an attractive new proposition for Lanzarote diners, a place where diners of all backgrounds can relax, listen to cool, chilled-out music played by live DJs and sample some of the finest food currently on offer on Lanzarote.

Manu Liria was born in Las Palmas and started his restaurant career washing dishes for pocket money, but was soon enchanted and fascinated by kitchen culture. After training at the prestigious Hofmann catering school in Barcelona, he worked at the Michelin-starred Gaudi restaurant in London, later travelling to New York, Sydney, Madrid and Ibiza, where he learned about cuisines from all over the world before returning to his native islands and finally setting up his own restaurant – Chic.

“I love the ingredients you can get locally,” he says “Tuna, stone bass, the local pork from black pigs, peas, sweet potatoes and, of course, the grapes, wine and cheese that are eaten every day.” These ingredients are reflected in a tempting menu that features starters such as a tartar of tuna or a carpaccio of figs, parmesan and pine nuts. For main courses there are delicious fish dishes showcasing local products such as cherm (stone bass) and sea bream; a selection of freshly grilled meats and other meat dishes such as ribs with peas. Manu also offers his own take on local favourites such as wrinkled potatoes and Canarian sancocho, and there is a range of vegan dishes available as well.

Desserts include a fascinating mousse of coca-cola, cream of lemon and mint sorbet or the devilishly tempting Passion for Chocolate, and the restaurant’s wine list is a meticulously selected range of local vintage and some of Spain’s best wines, including Rioja and Ribera del Duero favoured by the Spanish Royal family and the Vatican.

Chic is the perfect place for a celebration, but Manu Liria also offers a catering service if you’re planning a party elsewhere. However, if you really want to experience his vision, book a table at Chic for around sunset and prepare to let your senses be seduced.

Restaurante Chic is at Carretera Central Tías- Mách, no. 67, Mách. Tel. 618 06 81 88 or visit Facebook: Restaurante Chic.
Lanzarote living gives you the chance to really get passionate about the food you eat and become part of a culture where food, drink and good dining are fundamental aspects of life.

Food is central to Lanzarote life. Watch any family gathering at a restaurant on a lazy Sunday afternoon and you’ll see people discussing the dishes they’re presented with, sharing morsels with each other, urging fussy children to sample something new and chatting to the waiters about what’s on offer.

Food is so close to our lives here. Drive into the rural interior and you’ll soon see fields of onions, lettuce, potatoes and, of course, the unique horseshoe walls that signpost wine country. Pop into a local supermarket or grocery shop and you’ll find wine, cheese, fruit, veg and fish that comes from just a few miles away, as well as plenty more produce from further afield.

The Spanish have a much closer, more realistic connection with their food than other countries. Here, a fish counter is a fascinating display of marine life in all its toothy, finny glory, while plenty of bars have a pig’s leg hanging up to provide tasty slices of jamón. There’s little attempt to hide
Open your mouth, Open your mind

Central to this passionate attitude to food is an adventurous attitude. If you’re going to be too fussy about what you eat, you’re closing the doors to many experiences you’ll never know you missed. Sure, once in a while you may get something that really doesn’t light your fire, but that will be more than compensated for by the wealth of new flavours, textures and delights that you’ll encounter.

The best place to start your apprenticeship is in local restaurants, many of which use local ingredients in classic traditional, as well as innovatively new ways. They are places where you can pick at tapas, decide what you like, experiment with appetising new alternatives and, importantly, get expert advice from waiters and chefs who know exactly what they’re dealing with.

Once you’ve discovered a few favourites, you’re ready to hit the shops and markets to try and tackle some of these recipes yourself – but the interest in dining out will never go away. All the best chefs eat out all the time, soaking up new ideas and inspirations, and the best ones are as happy in an Indian, a Greek or a Nepalese restaurant as they are in places that cook stuff just like mama used to make.

Language helps, of course. If you know the difference between jamón serrano and jamón iberico; if you can order a cleaned dorada at the fish counter, and if you can tell the difference between a meal cooked a la marinera and one prepared a la plancha, you’ve got a headstart. But for most people, the language follows the passion – an interest in food opens new doors in terms of vocabulary, history, geography and many other areas.

the origin of food behind packaging, cleverly presented fillets or ready-made meals.

And that’s one of the keys to discovering the real pleasure that food can bring. Once you’re in close contact with what you eat, you pay far more attention to it. It’s a lifelong learning process, but one that will pay off every week of your life.

from the 19th October to the 16th November

Anniversary

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Expert advice from waiters and chefs who know exactly what they’re dealing with.”
Dining on Lanzarote offers the best of all kinds of worlds, from the exotic and exciting to comforting favourites. "It's the whole experience – a sunny terrace, a friendly waiter, and the prospect of an unhurried hour or two of enjoying the very best that life has to offer."

The island has over the years, positioned itself to offer pretty much anything that a resident or a passer-by could want, from a bag full of English goodies to a full English breakfast to a tapa or in most places a media ración (half portion) of anything on the menu. And the competitiveness of the catering sector here means that restaurant and bars can rarely rest on their laurels.

On an island that is surrounded by fish; whose markets display the surprising variety of fresh fruit and vegetables that are grown here, and which has made its living from its home-produced wine for decades, it's hardly surprising that Lanzarote has plenty to offer, but there's far more to it than that.

Lanzarote has also welcomed other cultures and other cuisines, meaning that you can find food from China, Italy, India, Greece and plenty of other countries – and that includes good old British or Irish cooking, too.

But the secret to Lanzarote dining isn't just what you'll find on your plate – it's the whole experience – a sunny terrace, a friendly waiter, and the prospect of an unhurried hour or two of sipping the very best that life has to offer.
Whether you’re eating out or preparing your own meals, Lanzarote offers endless possibilities for quick, easy eating - perfect for an island where it’s all go.

The ideal way to eat on Lanzarote is, of course, at your leisure – taking your time over a delicious meal with a perfect view and good company. But even among locals, this is something that only happens once or twice a week.

Residents and tourists also value meals that are quick and easy to prepare, or dining quickly – grabbing some great food to provide you with the energy for an active day on the island.

This free and easy attitude to eating has nothing to do with fast food, which is a way restaurant owners try and shift as many punters through the door as possible. A quick look at Lanzarote’s resorts will show you that the fast food model is still nowhere near as popular as other, more traditional ways of eating, but there are still plenty of place you can grab a meal on the run.
Lanzarote’s range of quick and easy meals also suits the island’s laid-back calendar perfectly, allowing you to eat what you want, when you want.

Plenty of other establishments will offer quick snacks or light meals that can be finished in a matter of minutes, leaving you recharged for an active day ahead.

Takeaway is another option that many don’t even consider, but there are many places that will happily box up a meal for you, so that you can take it to the beach, out into the volcanoes or wherever you like. And the alternatives are increasing all the time.

Tapas, of course, is the most famous way of eating quickly on the island. Bars and restaurants often offer plenty of choices of small dishes that fill a gap perfectly until mealtimes. They’re ready prepared, and absolutely perfect for a late breakfast or a mid-afternoon snack.

Spanish roast chicken joints are famous for providing quick, easy home-cooked meals and often offer a delicious range of other specialities, too. And they are now being joined by places offering vegetarian, vegan and various ethnic dishes – all piping hot and ready to go.

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■ Easy at home

One thing you’ll notice in local supermarkets is that there are far fewer oven-ready meals or microwave dinners on offer. Spain is still a place where putting a little bit of effort into preparation is valued.

Here on Lanzarote, the selection of fresh fruit and vegetables offers a huge range of quick salads, and you’ll also find bottled chickpeas and lentils that can quickly be rustled up into a tasty and hearty meal. Then there are eggs and delicious local cheeses, fish fillets and steaks that can be cooked in a trice, and much, much more.

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Reservations: 928 349 679
Old stereotypes die hard – there are still plenty who genuinely believe that Germans lack a sense of humour or that Spaniards take a siesta every afternoon - but it’s not just the British who like to hold on to their prejudices. All over Europe, people will wrinkle their noses and sneer when asked what they think about British food.

50 years ago they might have had a point. Britain was still recovering from the legacy of wartime years of rationing, and the restaurant culture in the country barely existed. But since then Britain has leapt forward to become one of the most influential countries in the world, foodwise.

Take TV. Star chefs such as Jamie Oliver and Gordon Ramsay have not only achieved fame at home, they’ve gone global. Jamie is regular on Spanish TV and Ramsay is a star in the US, while most people in Europe would be hard-pressed to name a celebrity American cook. British cooks like Heston Blumenthal have also won Michelin stars as well as international respect.

British TV has also pioneered TV shows such as Masterchef. Currently huge in Spain and the US, it’s surprising to remember that the show started 27 years ago in 1990, with Loyd Grossman. More recently, the Great British Bake Off has spawned several international versions from Brazil to Israel, and Mary Berry is an internationally known face. If any country is responsible for bringing cooking to the screen, it’s the UK.

Internationally, there have always been some well-respected British recipes. Trifle, for example, is a popular dessert known as “English soup” in Italy, while cheeses such as Stilton and cheddar are known and sold worldwide. In Spain, the classic British gin and tonic has become something of a cult, while craft beer companies all over the world (including Lanzarote) are recreating British brews such as Pale Ales.

But perhaps the greatest influence of British cooking is its openness to outside influences. Unlike other countries, where local traditions are proudly guarded, the Brits have always embraced foreign flavours and dishes, and this global outlook is now becoming the new normal throughout Europe, where it’s no longer so difficult to find Indian, Chinese or Thai restaurants. So the next time a Spanish, French or Italian friend sneers at British culinary knowledge, why not take them to a Chinese or Indian restaurant and watch them struggle with the menu?

British food is slowly changing its reputation overseas, and Britain is now one of the most innovative and influential countries in the world of cookery.

“ In food trends, Britain is a world leader. ”

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Wine Time

Harvest is home, many of the island’s wines are already bottled and there’s no better time to discover what Lanzarote’s wines have to offer.

The closer you look at a grape the more wonderful it is. A globe of sweetness and flavour that has been created by channeling goodness and moisture from the soil through a system of roots and stems. The resulting fruit is meant to be enjoyed – nature has made it as attractive as possible to birds and animals in order to ensure that the vine’s seeds are distributed as widely as possible.

For wine makers, however, this is just the start of the process. The grapes are pressed and the resulting sweet juice is allowed to ferment, with microscopic bacteria doing their work to transform sugar into alcohol. Many wines are then sold immediately, valued for their fresh, youthful flavour; while others are matured for months or years in wooden barrels that add their own touches of flavour.

On Lanzarote, the grapes absorb the rich minerals that surged to the surface of the earth from the earth’s mantle.

Canadian links

Five sommeliers from Canada were the special guests of Lanzarote’s Wine Council in early September, as the island attempts to boost the image of Lanzarote’s vintages overseas.

The Canadian wine experts visited various bodegas in the La Geria area, seeing the unqiue cultivation methods at first hand and, of course, sampling various wines.

Rated as some of the most important influencers in the Canadian wine world, the visitors are reported to have been surprised and impressed by Lanzarote’s wine, it’s food and, of course, its landscapes.
red wines are rapidly improving their reputation, and the island also offers excellent rosés and sparkling cava-style wines, as well as the traditional sweet dessert wines. Recently, the island has also offered wines whose selling points are that the grapes were picked at night time, or which have been matured under pressure in special casks on the seabed. Packaging and marketing has also improved immensely, and Lanzarote has a select few bodegas that can be considered as boutique wines, aimed at a discerning public with money to spend on fine things. But here on Lanzarote, the true home of wine is among friends, with music, laughter and old and young enjoying the very best that the island has to offer. Just lift your glass and say “Salud!”

less than 300 years ago, and precious moisture is preserved by the volcanic gravel called picón.

The favoured grape here is the green malvasia, the starting point for historical wines such as Malmsey, which were usually fortified, sweetened and hugely popular in Elizabethan England. Nowadays, most Lanzarote wines are young, dry or semi-dry whites made from this emblematic grape. They’re perfect for casual drinking, and the ideal match for the light, healthy diet of fish and poultry that abounds on the island.

However, local producers are nothing if not innovative – one look at the landscape of La Geria shows that. As a result, Lanzarote wines are rapidly improving their reputation, and the island also offers excellent rosés and sparkling cava-style wines, as well as the traditional sweet dessert wines. Recently, the island has also offered wines whose selling points are that the grapes were picked at night time, or which have been matured under pressure in special casks on the seabed. Packaging and marketing has also improved immensely, and Lanzarote has a select few bodegas that can be considered as boutique wines, aimed at a discerning public with money to spend on fine things. But here on Lanzarote, the true home of wine is among friends, with music, laughter and old and young enjoying the very best that the island has to offer. Just lift your glass and say “Salud!”

First on the Shelf

The Vega De Yuco bodega in Masdache had the honour of being the first wine producer in the Canaries to produce a bottled 2017 vintage. According to the bodega, the 100%, Malvasia, which was announced to have been bottled on 18th August, is, it also the first wine to be produced in Europe and the Northern hemisphere this year.

Vega De Yuco said “the harvest this year took place even earlier than usual, but the quality has been excellent. This wine has charmed us with its characteristic pale straw colour with green tones its intense bouquet of white flowers and fresh apples, and the freshness and sharpness of its youth.”
Sights and Sounds  Various Dates

Lanzarote’s Visual Music Festival returns after 15 years, with some fascinating and unique artists and events.

Lanzarote’s Visual Music Festival was the brainchild of local artist Ildefonso Aguilar, an eagerly awaited artistic event that, from 1989 to 2001, brought world-famous artists of the calibre of Brian Eno, Terry Riley, John Surman, Michael Nyman and Papa Wemba to the island.

This month, after 15 years of absence, the festival returns with a mouth-watering line up of artists with a strong Nordic flavour. On 7th October, the acclaimed Norwegian jazz pianist Tord Gustavsen will perform at Jameos, while a week later, on the 14th, “future jazz” trumpeter Nils Petter Molvaer and his group will perform at the same venue. Jameos will also host the unique Icelandic composer Johann Johannsson, who scored films such as *Sicario* and *Arrival*, on the 21st.

Other attractions include the cellist Anja Lechner and pianist François Couturier, whose last album received universally glowing reviews, and who will be Jameos on 11th October.

On the 12th October, the Lacunensis Chamber Group and String Orchestra of the Canarian Music Conservatory will play at the Convento de Santo Domingo in Teguise, while Lanzarote/Tenerife group The Landscape Project will appear in the Cueva de los Verdes on 20th October.

But the festival offers much more than music. At the Almacén Arts Centre in Arrecife, you can see dance performances by Chey Jurado (17th) and the 63-year old Spanish choreographer and dancer Carmen Werner (19th). There will also be screenings of documentaries and a series of fascinating workshops taking place at the Almacén, ranging from laptop projects to the formation of a “Sonic map” of Lanzarote.

For full details, prices and booking information, go to www.festivaldemusicavisualdelanzarote.com

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**Festival de Música Clásica Yaiza**  
18th – 25th November 2017

Saturday, 18.11.2017, 20.00 h, Casa de la Cultura Benito Pérez Armas, Yaiza  
Tuesday, 21.11.2017, 20.00 h, Camel House, Maché  
Thursday, 23.11.2017, 20.00 h, Bodegas El Grifo – Museo del Vino  
Saturday, 25.11.2017, 20.00 h, Bodegas El Grifo – Museo del Vino

**Ticket sale from 16th October:**
- www.musicaclasicalanzarote.com/tickets/
- Costa Teguise: Tourist Office, Avda. Islas Canarias s/n, Tel. 928592542
- Bodegas El Grifo, Museo del Vino, LZ-30, Km 11, San Bartolomé, Tel. 928524931
- Playa Blanca: BookSwop, C/La Corvina – opposite the church, Tel. 928349420

**Tickets:** 25 € each concert, all concerts: 90 €

**All details:** www.musicaclasicalanzarote.com

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Organisation: Asociación Música Clásica Lanzarote (AMCL) represented by Rosi & Hans Croonenbroeck, Tel. 928 836252 – 648 928814, info@island-challenges.com, in cooperation with Ayuntamiento de Yaiza, Camel House, Bodegas El Grifo, Hotel Jameos Playa.
MUSIC

ARRECIFE EN VIVO 2017

6th October from 6pm

13th October from 6pm
With bands Tokio Revolver, Cannibals, BEJO, Fuel Fandango and Eyella DJs. Arrecife, centre and marina.

THEATRE

SOY LUNA (“I AM THE MOON”), WITH CIRCUS ALBOROTO.
7th October @ 6:30pm
Show for children. Tías, Teatro. Entry: 10€

MUSIC

TINAJO YOU TRAIL
21st October
Trail running. Tinajo, La Santa

FESTIVALS

14TH Lanzarote AudioVisual Festival
3rd to 22nd October
3rd - Historia de un festival (Exhibition)
Arrecife, CIC El Almacén

4th & 12th - The Lost Paradise (Cine)
Arrecife, CIC El Almacén

5th & 11th - Sounds And Silence (Cine)
Arrecife, CIC El Almacén

7th @ 9pm - Tord Gustavsen (Concert)
Jameos Del Agua. Entry: 20€

11th @ 9pm - Anja Lechner and François Couturier (Concert)
Jameos Del Agua. Entry: 20€

12th @ 9pm - Camerata Lacunensis (Concert)
Teguise, Convento De Santo Domingo. Entry: 20€

13th - Mapa Sonoro (Workshop)
Arrecife, CIC El Almacén

14th - Laptops Acústicos (Workshop)
Arrecife, CIC El Almacén. 9pm: Nils Petter Molvær Group (Concert). Jameos Del Agua. Entry: 25€

17th - Agua (Dance)
Arrecife, CIC El Almacén

19th - En Blanco (Dance)
Arrecife, CIC El Almacén

BLOOBLOOP

6th October @ 9pm
Teguise, Casa-Museo del Timple
Entry: 10€

SPORT

SIMULTANEOUS CHESS
14th October @ 6pm
With international chess master José García Padrón. Arrecife Sociedad Democracia.

THE JUMP CANARIAS TOUR
14th October @ 9pm
BMX, motocross and show car madness. Arrecife, Explanada Recinto Ferial

HILOS (THREADS) - LA ROUS TEATRO
21st October @ 6pm
Theatre for families. Arrecife, Teatro El Salinero. Entry: 8€

CATALEPSIA
28th October @ 9pm
San Bartolomé, Teatro Municipal

MAGICIAN JOEL
28th October @ 9pm
The brilliant magician from Spain’s Got Talent. Tías, Teatro Municipal. Entry: 15€

WHAT'S ON
MOVIES
CANARIAS SURF FILM FESTIVAL
1st October
Surf films, live music, exhibition. Teguise, Teatro Municipal
13th & 14th October
Caleta del Sebo, La Graciosa

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ORIGINAL PALS CAR BOOT SALE
Every Sunday @ 9am
Lanzarote A Caballo. Sellers arrive 8-8.30am. No booking required. Price per stall €10

GREAT KENNEL KLUB SALE
7th October, 10 am – 2 pm
This month and the first Saturday every month. Terraza Concord, C/Mástil 71, Playa Honda.

XXIV MOTORBIKE-MEETING.
NÓMADAS CLUB DE LANZAROTE
13th to 15th October
Bikers get-together. Puerto del Carmen, Plaza del Varadero.

CAR BOOT SALE IN AID OF
SARA ANIMAL CENTRE
14th October, 9.30 am – 12.30 pm
Tahiche Garden Centre
Call 646 838 749 for info or to volunteer.

REGULAR EVENTS
...EVERY MONDAY...
11am: Beginners Line Dancing, Sun Park Living, Playa Blanca
12pm: Water Gym, Sun Park Living, Playa Blanca

...EVERY TUESDAY...
9am - 2pm: Farmers Market, Pueblo Marínero, Costa Teguise
8am - 3pm: Market, Puerto Calero
8pm to Midnight: Jameos Nights, Dinner and live music, Jameos del Agua

...EVERY WEDNESDAY...
9am - 2pm: Market, Playa Blanca, Marina Rubicón
10am: The Lanzarote Shed, Sports Centre, C/Los Roferos 1, Puerto del Carmen

...EVERY THURSDAY...
8.30pm: Live Music, Vintage Bar, Arrecife

...EVERY FRIDAY...
8am - 3pm: Market, Puerto Calero
10am - 2pm: Market, Old Town, Puerto del Carmen
5 - 10pm: Market, Pueblo Marínero, Costa Teguise
10am - 1pm: Social Friday, Sun Park Living, Playa Blanca
2nd Friday every month:
10pm: Tofín Corujo Quartet, Arrecife Gran Hotel and Spa

...EVERY SATURDAY...
9am - 2pm: Market, Playa Blanca, Marina Rubicón
9am - 2pm: Market, Arrecife, Plaza Iglesia de San Ginés
10am - 2pm: Market, Uga
8pm to Midnight: Jameos Nights, Dinner and live music, Jameos del Agua
Last Saturday every month:
10pm: Lanzarote Big Band, Arrecife Gran Hotel and Spa

...EVERY SUNDAY...
9am - 2pm: Market, Teguise
9am - 2pm: Farmers & Handicraft Market, Mancha Blanca, Plaza de los Dolores
10am - 2pm: Market & Handicraft Market, Uga
1 - 5pm: Cuban music, El Patio Creperie, Teguise
3 - 5pm: Jazz session at the Crafty Cow, Puerto del Carmen
9am: Lanzarote A Caballo Car Boot Sale

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TOURS

October 2017 | Gazette Life | 79
Various Dates

The Khachaturian Trio will return to Lanzarote next month to perform four different programmes of music in three separate venues – the Camel House, the Casa de Cultura in Yaiza and the Wine Museum at Bodegas El Grifo.

Pianist Sona Barseghyan, clarinetist Fabiola Porras Montes and violist Maxim Novikov will once again be the focus of the Yaiza Classical Music Festival, a unique event that has become a firm favourite among the island’s classical music lovers.

Each concert will provide wonderful music interpreted by artists of the highest quality, but the more concerts you attend, the more you’ll understand the way the festival works as a whole. Concerts will take place between November 18th and the 23rd, and tickets can be booked at www.musicaclasicalanzarote.com

Fuel Fandango

Various Dates

Arrecife en Vivo comes to its climax in October with two of the biggest bands that will be seen on Lanzarote this year.

In their nearly 25 years of existence, Asian Dub Foundation have become legends on the European festival scene, with a blend of dub, ragga, rap and rock that never fails to move the crowds. Always intense, always politically committed, London’s finest come to Arrecife on the 6th. On the same night you can catch Lanzarote’s Metalmorfosis, local punk legends Brutalized Kids and the fuzzed up surf twang of The Courettes.

Things are a little cooler the following week as one of Spain’s leading bands, Fuel Fandango headline the evening’s events. However, the utterly unique Canarian rapper BEJO, who has become a huge Youtube star, will also be unmissable, as will “tropical dance music” specialists Cannibals and local rockers Tokio Revolver.

As always, bands will be supported by DJs, and entertainment will be provided as concert goers trek from one venue to the other.
**Rhythm in La Villa**

**Various Dates**

In recent years the Casa-Museo del Timple in Teguise has quietly been hosting a series of concerts and events that focus not only on the traditional folk music of Lanzarote and the Canaries, but also show how this tradition is moving confidently into the future.

This year the museum has not only hosted legendary Canarian names such as the folk group Los Gofiones and the mercurial timple maestro Domingo “El Colorao”, but also comedians and musicians who blend local styles with jazz and pop.

On 6th October, the Museum hosts a unique act: two Canarian guys called Saulo and Adrian who, together, perform as Bloobloop, making fascinating and hilarious percussive soundscapes out of everything that comes to hand. One minute, Bloobloop are adapting the Canarian stick-fighting tradition into a fascinating, rhythmic dance; the next they’re creating music from stepladders and paint tins.

And don’t forget to pencil in the 24th November, when the young timplista Yone Rodríguez, whose blend of Canarian tradition with Latin American flavours has received huge acclaim.

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British interest in Spanish property remains surprisingly strong, despite the uncertainty surrounding Brexit and the associated weakness of Sterling.

Figures for the second quarter of 2017 show that British buyers were still the largest foreign market for Spanish property, with 14.9% of sales involving British buyers.

While the Brexit negotiations featuring David Davis’s and Michel Barnier’s teams look set to drag on indefinitely with few breakthroughs, it seems that a number of British buyers are thinking that it may be now or never when it comes to investing in the dream of Spanish property.

Admittedly, British purchases are down from 2016, when they constituted 19% of sales, but Spanish estate agents are surprised by the resilience of the market in a situation where currency fluctuations mean that British buyers are getting a lot less bricks and mortar for their quid than they have for many years.
All indicators show that the Spanish property market continues to heat up, although it has some way to go before it reaches the levels of 10 years ago.

The association of Spanish notaries printed figures claiming that house sales were up by 17.4% in June compared to the same month last year, with the average house price increasing by 1.4% in the same period.

The Spanish land registry issued an even more bullish assessment, claiming that house sales were up 19% in June. However, while the scale of activity is high, prices still have a long way to go before they match the levels before the 2007 credit crunch.

One of the key factors in the recent recovery is the sale of properties for rental purposes. Recent statistics show that 13% of all properties purchased by Spanish buyers are intended for holiday rentals.

Cardboard furniture is experiencing a renaissance, as home owners are increasingly attracted to recyclable, functional and convenient items.

Cardboard furniture was first developed by the architect Frank Gehry in the 70s, but more recently a number of design companies, such as Cartonlab and Krtomplan, are developing sturdy and attractive new items, ranging from beds and chairs to shelves and even bathroom furnishings.

Cardboard is extremely popular for children’s rooms, as it is much less likely to cause injuries from falls or bumps. Older people have also welcomed the fact that cardboard furniture is light and easy to move.

However, new cardboard beds can also support up to a ton per square metre, and manufacturers claim that items can last for up to 10 years.

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Location Consideration

The figures and statistics provided by Spanish property experts can often be misleading, as they tend to generalise and cover an entire nation, rather than focussing on the distinct areas of the country.

To get a better idea of the differences involved, it’s always worth considering the three main types of market in Spanish property, and how Lanzarote fits into those categories.

Coastal
The Costas of Andalusia and Catalonia and the island chains of the Canaries and Balearics have developed a property market that is quite distinct to the rest of Spain for decades. The main factor here is the popularity of these areas with foreign buyers, which has led to substantial expat communities that are almost always located near to popular sun-and-sand holiday destinations.

Most properties in and around Lanzarote’s three main resorts fall squarely into this category. Prices remain high, especially for luxury properties, and have recovered well after the crash of ten years ago. Lanzarote has also largely avoided the abuses and overdevelopment that has damaged the reputation of the market in mainland areas such as Murcia and Alicante.

Rural
The Spanish rural property market covers huge amounts of territory, from inland areas such as Extremadura and Castilla, where prices remain low due to the lack of economic activity and tourism, to more sought-after areas inland from the main tourist areas.

On Lanzarote, where nowhere is more than 15 minutes from the sea and the charm of the rural interior is much in demand, the rural property market is highly competitive and bargains are difficult to find unless you’re committed to some serious renovation and development work.

Urban
Just as it is in other countries, the Spanish urban property market is at its most overheated in the major cities, such as Madrid and Barcelona. It’s hardly surprising, given that most major companies have a big city base, attracting young, professional employees from all over the country as well as abroad. The fact that cities like Barcelona, Palma, Seville, Valencia and Madrid also attract millions of tourists has led to recent strains on the housing market, with a boom in holiday lets.

Here on Lanzarote, however, the only city is Arrecife, which is neither a business hub or a place where tourists tend to stay. It’s fair to say that nowhere on Lanzarote really corresponds to the model seen in major Spanish cities.

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LOCATION
Is your property is intended for holiday use, longer term visits, or do you intend to live here year round? Your choice of location should take your needs into account, such as schools, medical services and recreational outlets.

RESEARCH
You need to know a great deal more about your property than you would if you were just spending a couple of weeks there. If there is a community association, ask your neighbours if it is well run. Ask about the community fees - don’t forget that if you are in a Community you are legally obliged to pay these.

BUYING THE PROPERTY
First, make sure that the person selling you the property is entitled to do so. Your agent will be able to supply you with a list of suitable lawyers to act on your behalf, or the British Consulate in Las Palmas can provide a suitable list on request. Your lawyer needs to check out your intended property thoroughly.

A check of legal title will be made through a search in the local Land Registry Office, which will also indicate if there are any mortgages or charges against the property. If you are buying a plot of land, the lawyer will also check if you can obtain permission to build on the land, and what size and type of property you can build. Once you have been assured by your lawyer that all is in order, you will need to sign a Contract of Purchase raised by a lawyer, and pay a deposit which is usually 10% of the intended purchase price; this deposit is normally held by the lawyer who has been appointed to arrange the signing of the Title Deed.

The contract will state the terms and conditions of the sale and will state a specific time for completion of the transaction. If you decide, up to this completion time, that you cannot proceed with the purchase, you will forfeit the deposit paid, but if the seller changes his mind, he must return the deposit to you in full, plus a compensation payment for damages.

The next step is to complete the transaction by making the outstanding balance of payment and signing the title deed, which is known in Spain as the Escritura. This must be done in the Notary’s Office. The Notary’s task is to ensure that all of the legal documentation is correct. He will also carry out a search in the Land Registry Office on the day of signing to check the current status of the property or land (and will require the last annual rates receipt from the council in which the property is situated), that this is up to date as well. It is essential to ensure that your lawyer has all current receipts for all other payments such as
MONEY MATTERS

If you are not resident in Spain and are buying property or land it is advisable to bring money from abroad to complete the purchase. It is simple to open a non-resident account in a local bank, and your estate agent will normally help you with this. You can then transfer your funds from your own bank in the UK to this new account. On the signing of the new Title Deed your cheques for payment will be shown to the Notary and included as part of the documentation of the deed.

They must be inscribed with details of the property of land to be purchased, or have an investment certificate from the issuing bank attached. The Notary will also require you to sign a Spanish ministry form, declaring that the investment has been made. It is also possible when purchasing from a non-Spanish resident to pay the completion funds abroad in any currency. In this case, the deed will state an equivalent amount in Euros, as this gives the value in which the transmission tax (stamp duty) is calculated. You will have to produce more than one cheque as you must also pay a capital gains tax retention. In this situation, a sum of 3% calculated against the value declared in the title deed is retained and paid to the Spanish Tax Authorities to cover the seller’s liability.

Estate Agent’s fees are normally paid by the vendor and the details of the specific percentage to be paid will normally be noted in the Purchase Contract.

Some unscrupulous illegal agents have been known to charge the purchaser as well as the vendor for their fees, so ensure this is not the case. You may well also find that the price of your title deed is not exactly the same as the cost of the purchase, as some sellers prefer to treat the furnishings and fittings, if they are included, as a separate item.

OUTSTANDING BILLS

When you buy a property you become liable for any outstanding bills for water, electricity, local rates and community fees. Both the Electricity Board (UNELCO) and the Water Company (CANAL GESTION) have forms which you and the seller must sign, to transfer the bills into your name. When you go to do this check that all payments are up to date.

Local rates are payable at the Town Hall. You or your representative will need to visit the ‘Oficina de Recaudacion’ at the Town Hall to complete the form changing the rates into your name, and again, checking that all payments are up to date. As bills are not sent out for the rates, property owners often forget to pay them, and they can soon mount up.

OTHER COSTS

Other costs include the Transmission Tax, the Notary’s bill, the fees from the Registro and your lawyer’s fee. These and previously mentioned costs should total about 10% of the purchase price.

Your Lawyer will ask for these funds to be placed with him before the work is done as clients have often disappeared leaving these bills unpaid.

Non-residents will be liable for property tax, while residents will pay the IBI assessed by the local council.
Home can be many things – a refuge against hostile weather, a fortress of privacy, a financial investment or simply somewhere to get away from it all. But here on Lanzarote it’s also a place where you ‘ll want to fling the doors and windows open and show your home off to everybody.

All year round on Lanzarote, home is where you’ll find guests, laughter, sunshine, activity, food, drink, fun, entertainment and relaxation. And, of course, it’s the centre of operations for an island that offers all types of activities, social events and celebrations. And, naturally, you’ll want your base to be in the best possible shape – a place to return to and chill out with those you love most.

Over the next few pages we’ll help you get your home in shape for what’s in store, both inside and outside. Home may not be where it’s all happening, but it’s where the heart is.
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### Mediterranean Magic

For centuries, furniture was solid, functional and heavy. The first important influence on our furniture came from Renaissance Italy, with a lighter style and a distinctly ornamental touch.

Later, classic Greek and Roman designs became more popular, leading to a much more developed sense of proportion. The eastern Mediterranean also brought exotic Turkish divans and Ottomans, as well as a revolution in soft furnishings such as cushions and ornate woven carpets.

### Eastern promise

In the 19th century, Chinoiserie was a popular element of British stately homes, with delightful damask rose wallpapers, lacquer panels and other imports from outposts of the Empire.

This century, it’s probably the minimal, practical designs of Japan that have been in the ascendant, with futons and other simple items of furniture drawing millions of adherents.

Nevertheless, China is returning to high fashion, while other countries such as Indonesia and Thailand are also making their presence felt.

### Out of Africa

African influence on design has generally been limited to exotic animal prints and dark woods, but the kaleidoscopic colours of Moroccan interiors have always had a strong influence as well.

### Scandinavian Simplicity

In the 1970s, Sir Terence Conran revolutionised British interiors by bringing the refreshing, innovative designs of Scandinavia to the British High Street.

This new look, consisting of plenty of pale stripped pine, maximum sunlight and a focus on space and combined living areas, has remained hugely popular – not just in the UK, but throughout the world.

Currently, the world domination of IKEA means that Scandinavia remains the most important and influential area of design.
At this time of year, interior design magazines and websites are full of wintry wonder. It’s all about wrapping up warm, keeping out the cold and feeling cozy.

Last year’s craze for the Danish concept of hygge typifies this approach, with shops selling huge amount of tealights, woolly throws and other Scandinavia items.

But here on Lanzarote there’s no chance of locking the doors and letting it snow outside. This is an island where the official temperatures rarely drop below 10 degrees celsius, where sunshine is almost guaranteed every day, and where you can live an outdoor life all year round.

At this time of year, for example, you can see thick coats, jackets, jumpers and other wintry items in the high street clothing chains, but few of them will ever get sold on Lanzarote.

Sure, Lanzarote has its own winter. There can be storms, wind and rain in the winter months, and the evenings can get a little nippy. There’ll be whole weeks where you’ll probably feel more comfy staying indoors, but all in all it’s not that different from the average May in Britain – unpredictable, but frequently warm and sunny.

What this means for your home is that there are plenty of interior trends you simply don’t need to pay attention to. If you want real comfort in Lanzarote’s winter, then it’s best to adopt a sunshine attitude that will serve you all year round.

On Lanzarote, autumn and winter interior fashions are nowhere near as relevant as they are elsewhere in the world. So cast aside those glossy mags with their gloomy autumn and winter spreads and seek inspiration elsewhere.
Walk Away from Winter

When it’s cold and icy outside you want warmth indoors, and winter styles reflect this, with a strong emphasis on warmth and comfort. This often means thick, heavy textures and deep, rich colours, the perfect place for flickering firelight and cozy evenings. It also means closing off your indoor area totally from the outdoors.

On Lanzarote, we tend to live in spaces where the line between indoors and outdoors is much less defined. The weather is so gentle that we want to welcome it into our lives rather than shut it out. This means that your attitude to zoning, light, colour and texture can be much more positive – you can really make the most of what you’ve got.

Winter warmth can work here – we all have our favourite blankets, throws, plush cushions and warm, glowing wooden furnishings, but here on Lanzarote it should definitely be a detail rather than a defining style.

Warm Weather Style

When looking for ideas for your Lanzarote interior, you’ll find that UK and US magazines and websites often focus on northern climates. The answer is simply to look for sources that are more reflective of our own lifestyle.

Australian interiors, for example, are far more adapted to all-year round warmth, while you can also find ideas from the southern states of the USA, and especially warm regions such as southern California and Texas. Then, of course, there are places such as Morocco, Turkey and Hawaii that offer their own warm weather styles.

And, of course, the best thing you can do is to simply look around you. Canarians have been living and adapting to their own climate for centuries, and their designs and styles are perfectly suited for the place we live. Now, of course, you have the added advantage that these traditional ideas can be combined with exciting new materials and items.
If you want to make your home look amazing, then maybe it’s time to step through the looking glass...

Humans have used mirrors for thousands of years. Psychologists believe their existence may have completely changed the way we think about ourselves, and today they are everywhere. If you want to know the power of mirrors, just think about the last time you took a lift – most lift-makers install mirrors to make people forget they’re in a tiny box suspended by a cable, and to give them some visual stimulation while they ride. The simple, stunning magic trick that mirrors perform is also easy to adapt to your own home. When placing mirrors in your home, you need to think about two things – practicality and beauty. Designers have often installed mirrors in entry ways, simply because this offers a great opportunity for you to give yourself the once over before leaving the house. For this reason, mirrors that you’ll actually be using - in the bathroom, in the bedroom, in the hallway - are generally fairly plain, but they have to be well lit.

Practical issues also come into play in smaller homes and apartments, where light may be limited. In these situations, mirrors can be a lifesaver, instantly giving a feeling of space and reflecting light sources to brighten up your home.

If you’re using mirrors to create beauty, a good tactic is to simply look at them as windows. Like windows, they bring light indoors and create an illusion of space. If you have a gorgeous view outside your window, or even just a tree or flower that you love, why not double up on it with a strategically placed mirror?

Mirrors are also a feature that can take centre stage in a living room, becoming a focal point for the room. In this case, they don’t have to be large wall mirrors at all – you can use smaller mirrors with an eye-catching frame, or even work with artistic arrangements of multiple mirrors.

On Lanzarote, where many homes really don’t need any more natural light, it’s worth remembering that mirrors can not only reflect light, they can also create uncomfortable glare. Think carefully before placing mirrors anywhere near direct sunlight and instead think about using them to perform a more subtle function, opening up parts of rooms that would normally be left in the shade, and coming into their own after nightfall.

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The smaller apartment is the way that most Spaniards and a good proportion of ex-pats live – and it’s not necessarily a question of financial necessity. Many prefer to live in a place that is easy to maintain, which can be left unattended without too much worry, and which offers a simple relaxed way of semi-urban living, close to facilities and leisure opportunities, that those who are stuck out in the country can only dream of!

So if you’re living in an apartment, why not take a little time to consider it, before going ahead to make the most of your chosen way of life.

Space

Unless you’re a Zen monk, storing your stuff will be one of the main demands on your space, so look into the many new ways to store items. The key is using all the filler or empty spaces available. By arranging your furniture in a way that maximizes the space, it can feel completely different. It costs absolutely nothing to arrange your furniture in a way that leaves room for foot traffic. And before you place anything, consider the traffic flow—the paths that you use to get from one place to another. Leaving clear, uncluttered paths saves time and makes your flat far more liveable-in.

Furniture

With a small apartment it’s so much easier to get the furniture exactly right. Your limitations in space give you the chance to eliminate all sorts of things you don’t need. Start by choosing your main items of furniture, invest wisely, as you need less you can go for more quality pieces. In small spaces, flexible items are important – drop-leaf tables or sofa-futons can save a huge amount of space. In a boxy apartment, curves give an immediate sense of humanity and even sensuality, and armless sofas and chairs also give an impression of greater space. In any apartment there will be perhaps one or two signature items of furniture that dominate the room. Once you have invested in these, make sure you ‘anchor’ them. Anchors are complementary items that make it look as if the principal item belongs exactly where it is.

Once your flat is furnished and fitted, consider its colour scheme carefully, and invest in smaller items that match or set it off. This is where artworks, flowers, throws, soft furnishings and other decorative items can be brought together in a harmonic symphony.
Hot Spot

On Lanzarote you don’t have to retire indoors and forget about getting wet and wild once a night time chill arrives.

““ The perfect place to soak lifes cares away.”

Immersing yourself in warm water is one of the simplest, most luxurious experiences that human beings can enjoy, and it has been enjoyed by civilizations dating back centuries. The Greeks were the first to turn bathing into a culture, and the Romans brought it to a high art, but at the same time the ancient Japanese and Turks were also turning the sheer luxury of hot, running water into a cult.

Heat is not only pleasurable to experience, but is also therapeutic. When you ease into a hot bath or a Jacuzzi at the end of a hard day, the feeling that your cares and stresses are ebbing away is not just a psychological one. Heat relaxes stiff muscles, penetrates deep into the bones and eases twists, strains and aches.

In the evenings there can be a slight nip in the Lanzarote air, and this is when a hot tub will comes into its own, allowing you to warm up right to the bone and enjoy the profound sense of warmth and relaxation that a tub will give you. If you want to share this with a loved one or a friend, take a drink and have a laugh – even better.

Warm Plunge

A hot tub is basically a free-standing warm water plunge pool, and offers all the relaxing benefits of water immersion with added heat and massaging currents.

It’s the perfect place to relax on Lanzarote’s long, warm summer evenings, perhaps with a glass of wine and a close friend, but a hot tub also offers health benefits that will keep you full of energy. It will rejuvenate your skin and nervous system, ease aching joints and muscles and has been proven to contribute to a good night’s sleep afterwards.

And, combined with a plunge pool, you can recreate that hot/cold alternation that is key to the invigorating feeling of a sauna or steam bath.
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Motion

Motion is an essential factor to take into account when planning your outdoor space, where change and transition is all around you.

Stand in most living rooms and the only movement you’ll see is the movement of the second hand on a clock or the flickers on the TV screen. Our indoor spaces are, essentially, static – reliable, solid places where cosiness and comfort are more important than change. But how different it gets once we step into the open air! Immediately, a white ceiling will be replaced by the ever-changing sky, which looks subtly different all through the day. Trees and plants wave and tremble in the lightest breezes, birds and insects dart across our line of vision and, on Lanzarote, there is frequently a pool or water feature upon which the sunlight dances.

In short, nature is itself ever-changing, ever-shifting – not only dynamic, but also subject to various cycles of change, from morning to night, from high summer to cool winter. Stepping outdoors is like stepping into a flowing river of sensations, shades and sounds.

This essential motion of the outdoors has been recognized for a long time, of course. Just look at classic outdoor furniture such as hammocks, swing seats and chairs, and you’ll immediately see the way that designers have reflected nature’s movement in mobile furniture.

Take the rocking chair, for example. An American invention, the rocking chair was originally only ever found outdoors, in gardens or on porches, and was designed to mimic the gentle motion of nature. Rocking chairs are particularly associated with two age groups – the very old, who are soothed into naps by the gentle, rhythmic motion, and babies, who respond in a very similar way to rocking.

Giders and swing seats are other types of furniture that move gently back and forth, and which are almost always found outdoors; and on Lanzarote...
you’ll also find decorative and practical hammocks. There’s nothing that says you can’t put a hammock up indoors, either, but most people are generally drawn to suspending them from trees and using them as outdoor resting places.

On Lanzarote, shade is another element you’ll have to take into account, but movement can be used to good effect here, too. A natural canopy of, say, mimosa or frangipani leaves will shift in the wind, dappling everything below with shade and sunlight, while sail shades and awning will flutter and sway in breezes. For some reason, being the calm centre of all these tiny movements is immensely relaxing. Garden ornaments are, of course, an area in which you can really pay tribute to movement. Just think of all the possibilities – gently shifting mobiles or tinkling wind chimes; ornamental flags, banners or streamers, rotating windmills, swinging plant containers – the possibilities are endless.

Water, of course, is another ever-moving element that can transform your outdoor area. The shimmering, glinting reflections of sunlight or candlelight on water soothes and fascinates all of us, and when water is made to dance in the shape of a fountain, the effects can be truly stunning – even on a small scale.

Movement is, of course, just as important after the sun goes down, and well-chosen lighting can highlight areas of movement in pools or trees. It’s best to keep the lighting itself fairly static – flashing lights or sweeping strobes will look far too tacky unless you’re preparing for a full out Christmas; but while you browse those amazing LED displays, don’t forget that that the natural fiery flicker of candles, tea-lights and outdoor torches has been holding humans in its spell for millennia.

Convenient Movement

When you decorate an indoor room, you’ll probably plan on it remaining the same for months – even years. Outdoors, however, is different, and your layout may change with the times of day, the days of the week and the times of the year.

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A conservatory or a sunroom can soon become your favourite place during Lanzarote’s cooler winter months, allowing you to make the most of every little drop of sunlight.

Outdoor life on terraces, patios, balconies and gardens is glorious during Lanzarote’s scorching summers and mellow autumn, but the cooler months of winter and spring may see you wanting a little more warmth and shelter. This is when a conservatory or a sunroom can come into its own.

In northern Europe, conservatories are used to make the most of meagre amounts of sunlight, and were originally built to allow more exotic types of plants to flourish in a cool climate. Back then, they were limited to old country houses – Colonel Mustard and Miss Scarlett were often found doing evil deeds in the conservatory with the lead piping or the dagger – but more recently, new materials have meant they are more accessible to everybody.

On Lanzarote, a conservatory or sunroom can be the ideal choice for an area of the house that doesn’t get as much sunlight – in a zone away from the south-facing areas, for example - and they can also be an attractive choice in higher parts of the island where it is always cooler and often cloudier.

However, Lanzarote’s year-round sunshine mean that any enclosed area with plenty of glass will need to be easily opened up to the outside, allowing fresh air to flow in and stop the interior becoming stiflingly hot.

This is where newer materials on the market, such as UPVC and aluminium, come into their own, allowing to to open up or close off your indoor area at will, keeping it windtight when its closed and also watertight on the few occasions when it rains.

If you can’t stretch to an entire conservatory or a sunroom, you may still be able to partially close off a balcony or a patio area, which will allow a smaller, but every bit as tempting haven of warmth and quiet.

As well as ventilation and windproofing, safety and security will also be a consideration when you’re using a lot of glass. That’s why it makes sense to choose the toughest and most reputable products on the market.
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A pool that also functions as a jacuzzi makes entertaining that little bit more special too. It’s a place where friends and family can really get to know each other in an informal way. It puts the feeling of fun back into outdoor living. And it means that when you are making this sort of investment you will get much more out of it than just a place where the kids can splash around in.

And then there are the aesthetic benefits to be had from installing a pool in your outdoor space. Water, generally speaking, makes people feel more relaxed, so whether you go for an all out multi-feature pool, or a small fountain, you will be adding to the ambience of your outdoor space. This is especially true if you choose a water feature or pool that has the added benefit of running water sounds. Better than any outdoor sound system.

And there are numerous elements to be enjoyed from your own designed pool aside from the functional features. When you choose to invest in a pool you will consider its style and shape but you will also make a decision on what shade of tiles are used in it, and then your will have to make a decision about the kind of decking that is used around it. In fact, what is around a pool has just as much effect on the way the pool looks itself. It’s all very well having a beautifully designed brand new pool, but you don’t want what is around it to let the side down!

A pool will, effectively, change your life – making it more relaxing, healthier, more fun and giving you something beautiful and endlessly useful that you can look forward to every day of your life.
The latest gardening news from Lanzarote & Beyond.

**NIGHTS CLOSE IN**
The clocks go back on 29th October, meaning that gardeners will have an hour less light in their garden at the end of the day. Fortunately, this coincides with a time of year when your garden will require less intensive watering and care, but serious gardeners should still adapt their routine to the winter timetable.

The plants, of course, won’t be able to tell any difference, and will be happily soaking up the early morning sunlight while you’re still dozing in bed.

**PLANT A VINE**
On Lanzarote, grapevines are generally seen in deep pits surrounded by a horseshoe shaped wall. However, this style of cultivation is entirely adapted to the island’s volcano country and bears no relation to what you can do with a vine in your own garden.

Vines are climbing plants, and can be trained to creep up a trellis or even form a canopy on the roof of a pergola. And the advantages of this style of growing them are not just related to the fact that you’ll get fresh grapes growing in your own garden – the leaves of vines are large, a delightful shade of green and can provide welcome shade in Lanzarote’s heat.

Now is a great time of year to start your vine, which will bring joy and satisfaction for many years.

**GO BANANAS**
A banana is, technically, a berry, and bananas have been a central part of Canarian agriculture for decades. Since Asda started stocking small, sweet Canarian bananas a few years ago, British shoppers have joined Spaniards in appreciation of the islands’ bananas, which are smaller, sweeter and less mealy than their Caribbean equivalents.

Bananas can be grown in your garden, too, and their primary attraction is not the fruit, but the large, slotted deep green leaves, which bring a tropical touch to any outdoor space.

Remember that banana plants need plenty of moisture and a lot of fertiliser, and they often thrive when grown together, as each banana plant provides shelter for the other.

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October is a time when you can really enjoy the best of your garden.

The weather is warm, calm and mild, and it’s a time when you’ll want to be surrounded by beauty, colour and greenery. But get cracking, because there’s some work - or some shopping - to do if you really want to make the most of it. Finally, Lanzarote’s plant life can take a bit of a breather. Months of scorching heat, hot winds and, this year, a few calimas, have taken their toll and only the strong and the well-tended have survived. The summer heat has turned into something much kinder, and the generally calm and warm conditions mean it’s the right time for planting, potting and generally giving everything a good trim. It’s also a time when your garden can burst into colourful bloom.

In the island’s vineyards, farmers will be clipping back the vines and allowing them to simply rest for a few months before next year’s growing season. Some of these plants are over 200 years old, so it’s not as if they’re not used to it.

Elsewhere, growers will be taking advantage of the mild season to sow and plant green vegetables, onions and other perennial island crops, so that they’ll be strong enough to deal with anything that winter throws at them. In gardens, plants will be moved to larger containers that allow them to really spread themselves and flourish.

In many gardens the summer will have taken its toll, with dry, yellow leaves on many larger trees and shrubs. A good pruning is in order here, allowing new growth to establish itself (if you have palm trees, don’t forget you need permission from...
Top Tip:
October on Lanzarote is the equivalent of early spring in the UK as far as gardening is concerned - a time to plant, tidy and make your garden grow.

Flowering Free
High summer is too much for many flowers, and you should have moved your most vulnerable blooms to a protected place during the worst of the heat. But now’s the time you can put them back on display, shifting those containers back to centre stage and letting wall-mounted containers make an attractive statement. They’ll still need regular watering, of course – October doesn’t bring much rain – but you can lay off the intensive irrigation programme of summer.

Deadheading is important if you haven’t done it already, and this is also a great time to plan larger projects that will provide shelter for your flowers. Greener hardy plants give shade and shelter to delicate flowers, and add an attractive green backdrop that breathes coolness and life. Your cacti may also begin to flower at this time of month - so ensure they’re on display when they do. They’ll also need plenty of tender, loving care at this time of year.

Finally, this is also a time when you can jump into the car and go shopping. Touring the island’s garden centres will give you plenty of new ideas, and your sure to come home with new projects, new ornaments and – of course- some gorgeous new flowers and plants for your green space.
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**SPORT**

**The Marlins of Lanzarote canoeing club have been praised by the President of the Cabildo after what he described as a “brilliant” performance in Spain’s sea-kayaking championships, held last month in Alicante.**

The Marlins paddled their way to a gold medal, a silver and four bronzes, with Gabriel Cabrera winning the Spanish Champion title in the SS1 category, which means he'll go on to compete in November’s World Championship in Hong Kong.

Óscar Fermín took a silver in the young SS1 category, while bronzes were won by Iria Suárez, Adrián Duarte, Gabriel Cabrera, and Paulo Gomes. Overall, the Marlins came 8th out of the 53 participating clubs, and 7th in the “Young Promise” rankings.

**FOOTBALL**

**STRONG STARTERS**

Lanzarote began the season with an away defeat, but three wins on the bounce and a last-minute away draw in Las Palmas sees them move up to fifth spot in the Tercera Division (fourth tier), writes Ian Lane.

The five-plane return journey to La Palma on the opening day of the season on the 20th August was not much fun, especially when you return empty handed in a 2-1 defeat.

The second match of the season was another difficult encounter against local rivals U.S. Yaiza. After a competitive first half ended in a stalemate Los Rojillos (The Reds) showed their class in the second period with great goals from two top signings Javi Trujillo and Alex Cruz to earn derby bragging rights in a comfortable 2-0 victory.

A 0-2 away win in Gran Canaria against the highly fancied UD Santa Brígida a week later was followed by a midweek 3-0 home victory against Fuerteventura side CF Unión Puerto which moved Lanzarote up to fifth spot and has given all involved at the club huge optimism for the season ahead.

On Saturday 16th September the Rojillos had another difficult away match against second-placed side Las Palmas C. Striker Javi Trujillo opened the scoring with a powerful header to give his side a 0-1 half time lead.

The Gran Canarian side were determined in the second half and by the 86th minute
FOLLOWING HOME GAMES

8th October  Lanzarote v CD Buzanada
15th October  Lanzarote v CD Mensajero (league leaders)

were 2-1 to the good. Deep into stoppage time and a corner whipped in was headed by left back Josito, the keeper made a great save but the rebound fell to Trujillo who scored his second of the match rescuing a priceless point in a 2-2 draw to keep Lanzarote in fifth spot.

There have been 12 new signings over the summer, however the team has bonded so quickly and are playing some delightful football with new manager Maxi Barrera. We will update player’s details on website www.lanzarotefootball.com asap.

Missing out on the playoffs last season for the first time in three years hurt the club and there will be no doubt in the minds of all the players, management and fans that a top four finish which guarantees a playoff position is well within their grasp.

Tourists and expat fans have been increasing over the past few seasons and all at the club wish to express their gratitude to these fans as this is an enormous reason why the club has been successful as of late.

Season tickets are still available from me on Sunday at Teguise and Friday Puerto Del Carmen markets and are top value at just 50 Euros adults and 25 Euros Pensioners. To all those swallows (retired expats here for the winter) if you are a non-resident pensioner it costs 6 Euros entrance fee so a season ticket is paid back after only four games. This is still great value and you swallows know a bargain otherwise you wouldn’t be in Lanzarote for the winter!

For more info contact Ian Lane on 0034 649963943, info@mercancialanzarote.com or on www.lanzarotefootball.com as well as Facebook: Lanzarote football club. Official club shirts and merchandise are on sale with Ian at the Club’s stall at the Teguise market every Sunday (near the public toilets) and also at Puerto Del Carmen Old Town market every Friday. In Playa Blanca every Wednesday and Saturday at the Rubiçon market. All markets are from 10am to 2pm.

Records Shattered

South African pro athlete James Cunnama smashed the Club La Santa IRONMAN 70.3 race record on September XX, slashing almost 17 minutes off the previous record set by Spain’s Eneko Llanos in 2015. The new bike course produced faster bike splits which, together with overcast skies and light winds, provided the perfect conditions for a record-breaking performance.

First out of the water was Spanish 70.3 rookie Emilio Aguayo (00:22:31), only 3 seconds in front of first woman, Lucy Charles, and Holland’s Martin Rolli, was later disqualified during the run course, conceding his podium spot to 2016 runner-up, Belgian Kenneth Vandendriessche.

Spain’s Emilio Aguayo put in a fantastic performance on his 70.3 debut to finish second. Third-place finisher, Germany’s Markus Rolli, was later disqualified during the run course, conceding his podium spot to 2016 runner-up, Belgian Kenneth Vandendriessche.

The women’s competition was predictably led by British swimming phenomenon Lucy Charles until the second loop of the half-marathon. Olympic distance specialist Anne Haug, also debuting at half IRONMAN distance, powered past her during the second loop. Haug took the win, breaking Jodie Cunnama’s run course record with an incredible 01:18:15; ‘I really didn’t expect that, this is being my first 70.3. But I train a lot at Club La Santa during the year, so I’m in great shape and pretty happy!’ beamed the champion.

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STONIC BOOM
The Nissan Juke was one of those Marmite cars that took the industry by storm seven years ago, but the compact 4X4 with the distinctive pumped-up design is now one of those reference points for other manufacturers, with Konas, Capturs and Cactuses all attempting to muscle into the limelight.

Now, Kai step into the arena with their Juke rival the Stonic. With distinctive two-tone colouring and punchy design, the Stonic is based on the Rio hatchback and offers a turbocharged 1.0-litre petrol with 118bhp. Moving up the range, there’s non-turbocharged 1.25-litre and 1.4-litre petrols, while a 1.6-litre diesel will be offered for those doing higher mileages.

Buyers will also benefit from Kia’s generous offers of kit, even on entry-level models, and a budget price around €15,000 combined with Kia’s seven-year, 100,000 miles guarantee will also tempt.

DRIVE TIME SOUNDS
Joe Goddard of Hot Chip has released a new track especially designed for driving. Momentum, a “gentle disco” instrumental, was developed in combination with a neuroscientist, and has been used to publicise Ford’s new in-car entertainment system.

Neuroscientist Amy Belfi claims that the choice of the right music for driving can improve mood for up to two hours once the journey has finished. Other ideal “drivetime” tracks have already been commissioned for a special Spotify playlist.

It’s not the first time music has been used to influence drivers’ behaviour. In the 90s, Robert Miles laid-back trance track Children was credited with reducing road accidents suffered by Italian clubbers returning home after a night out.

BEEP BEEP!
Peeping your horn is the classic Spanish way of attracting attention of passers-by, celebrating your football team’s victory or simply telling the car in front to get a move on.

However, Spain’s Trafico Department has warned that sounding your horn unnecessarily could attract fines from between €80 to €200.

Horn use is permitted to warn other drivers of safety risks, for example when approaching a blind corner, a narrow tunnel or in any other situations of low visibility. Drivers may also use their horn to alert drivers ahead of their intention to overtake or to signal that they are reversing.

However, you are not allowed to parp at drivers ahead who are slow in responding to traffic lights or, indeed, to catch the attention of your mate Paco. The Traffic department also warns that horn use should consist of short blasts, rather than continuous blaring.

Gazette Life can also report that local police do not regard Leicester City’s historic premiership title win as a valid excuse for parping your horn to the rhythm of “Jamie Vardy’s having a party.”
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Units are in metres.

<table>
<thead>
<tr>
<th>Day</th>
<th>Hour</th>
<th>Metres</th>
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<td>H</td>
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<td>Arrecife</td>
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<td>San Bartolome</td>
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<td>Yaiza</td>
<td>928 836220</td>
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Last month’s eclipse heralds a positive period for fire signs, and you’ll soon find certain aspects of the future becoming crystal clear. Physical problems have troubled you recently, but you’re on the way to recovery. Stay creative and let the word see you shine!

Taurus 20 Apr to 20 May
Family life is fulfilling and frantic this month, Taurus, and your sense of humour will be in great demand. You’ve got goals you need to meet as well, though, so stay focussed on what will really count for the future. Work hard and play hard for a fulfilling month.

Gemini 21 May to 20 June
Standing on the sidelines won’t get you anywhere at work, Gemini. Jump in and let your voice be heard. Romantically, things are changing for the better, but don’t make any big leaps just yet. This is a time when you should let things develop and mature at their own pace.

Scorpio 23 Oct to 21 Nov
Sartre said “Hell is other people” but what did he know? This month, you’ll find real fulfillment in your friends and be inspired by strangers. You are a social animal, and those links and contacts with others are what makes life fascinating. Get out there and sparkle!

Libra 23 Sep to 22 Oct
There’s a real rhythm to this month, Libra, and you’ll find yourself marching to a drumbeat that is exciting and rewarding. Work will be productive, your social life will be vibrant and you feel that you’re really getting somewhere. Set your alarm earlier and make the most of it.

Aquarius 20 Jan to 18 Feb
Look after your health this month, Aquarius. You could be vulnerable to niggling problems unless you get enough sleep, cut down on those vices and keep fit. You sense you’re on the verge of a new phase in your life, and this change will become clearer towards the end of the month.

Pisces 19 Feb to 20 Mar
Competition will spur you on to success this month, Pisces, but don’t get too serious. The key is a sporting attitude, rather than cutthroat ruthlessness. While your social life is buzzing, make sure you find some time to be alone with your own thoughts.

Cancer 21 Jun to 22 Jul
Let beauty into your life this month, Cancer. Whether it’s art, poetry, music or nature, you’ll benefit from the things that make life worth living. Also, never forget that beauty and joy can sometimes be found where you least expect it – open your eyes and enjoy life.

Leo 23 July to 22 Aug
Be tough with a loved one who’s making unrealistic demands. Caving in won’t benefit anyone in the long run, and honesty is what’s need right now. You could use a short break, but take time to plan this so you get the maximum benefit.

Virgo 23 Aug to 22 Sept
You’ll find yourself looking at a familiar problem from a completely different angle this month, Virgo, and the solution will soon become much clearer. Sure, it’ll require work than tomorrow and start making plans to really seize those opportunities. Soon things will be moving fast and you’ll be sailing ahead.

Capricorn 22 Dec to 19 Jan
If you think your life is uneventful, remember that the sea is always calmest just before the tide turns. There are big changes on the way in your life, Capricorn, so look a little further...
Tell us a bit about your background, Inah.

My parents are Croatian, and left their country during the war in the early 90s. I was born and grew up in South Africa, first in the Gauteng province near Jo’burg, then on the coast near Durban. I spent some time in the UK and Croatia before coming to Lanzarote three years ago.

South Africa was undergoing big changes at that time, too, wasn’t it?

Yes, it was just after the end of apartheid. I grew up alongside kids of all races, there was no hate there, but the old attitudes are still there. I think the hope lies in the younger generation.

Do you feel African or European?

South Africa still feels like my home, because it’s where I grew up, but I’m starting to feel more European as the time passes here. It took me a while to adapt, but I have no regrets as the journey has had positive influences on my character.

What brought you here?

We came to Lanzarote for a short holiday and instead of going back to the UK with my mum and her partner, my sister and I decided to stay and find work. Everything just fell into place as we settled in! After a while I began to dislike it here as it is a very tranquil island and I’d have liked more things going on, but I think the island has helped me reconnect with myself. It is a great place to relax and clear your mind.

Do you work?

I’m a waitress. It’s pretty easy to find bar work here, so I like to save up then spend money on travelling. That’s my real passion.

Tell us about the Miss Global competition.

It’s a competition with 70 girls from all over the world. It’s not just about beauty, but it also aims to empower women and assist charity. I got a real shock when my application was accepted, as I haven’t modelled for a long time.

What outfits are you taking?

We have received a 18 day “daily-outfit” plan and I have yet to put my outfits together. I will be borrowing some items from my friends too as I don’t have some of the clothing items they have mentioned. I am also getting three dresses specially made for the gala as required. I am not sure I am going to get it all into one suitcase, to be honest.

It must be pretty expensive.

That’s why we’ve organised a raffle to raise funds for the trip. Prizes include a week’s holiday in villa in Playa Blanca or a week in an apartment in Puerto del Carmen. There are also catamaran excursions, 4X4 trips and restaurant meals.

Is winning your dream?

I’ve not even thought about that really. The main aim is the experience itself, and I’m looking forward to practicing on the catwalk and see some of the sights, like Angkor Wat, which looks amazing on Tomb Raider!

Will you be back?

I might travel on elsewhere afterwards. But my mum’s here, so I’ll be back on Lanzarote soon enough.

Thanks, Inah, have a brilliant trip and the best of luck.

You can buy raffle tickets at the Gazette Life office, Route 66, Smartie Pants and Naturally Floors in Puerto del Carmen, or at Cafe Terraza in Playa Blanca.
14th LANZAROTE VISUAL MUSIC FESTIVAL
3rd to 21st October 2017

TORD GUSTAVSEN
7th October at 21:00.
Jameos del Agua

NILS PETTER MOLVÆR GROUP
14th October at 21:00.
Jameos del Agua

ANJA LECHNER and FRANÇOIS COUTURIER
11th October at 21:00.
Jameos del Agua

LANDSCAPE PROJECT
20th October at 21:00.
Cueva de los Verdes

CAMERATA LACUNENSIS STRING ORCHESTRA OF THE CANARY ISLANDS HIGHER CONSERVATORY OF MUSIC
12th October Teguise at 20:00.
Convento de Santo Domingo, Teguise

JÓHANN JÓHANSSON
21st October at 21:00.
Jameos del Agua

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